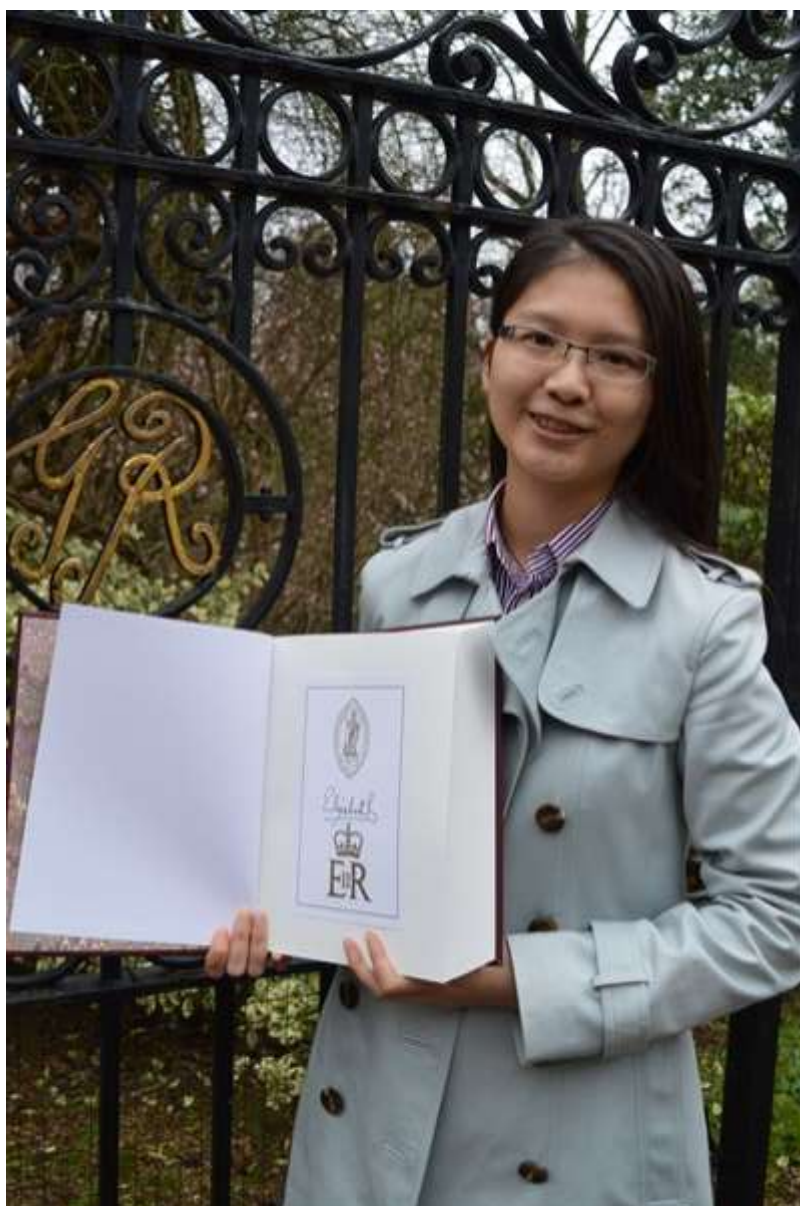




news@springwood

FLORENCE MEETS THE QUEEN

Florence Chung former Springwood Sixth Former met the Queen at Sandringham House. Florence, who attained Mathematics A*, Biology A*, Chemistry A*, Chinese A* and an EPQ A* (equivalent AS Level) was awarded the Queen's prize as she scored top grades in all 4 of her A Levels - a feat matched by no other student in her year.



Previously, Florence had celebrated her success at the School's Year 13 Presentation Evening but finally collected the real prize, a signed collection of the works of Shakespeare, from Her Majesty on 13th January. Florence was accompanied by her parents, brother and Springwood's *Executive Headteacher, Mr Andy Johnson*. "The school is incredibly proud of Florence's outstanding academic achievement."

Florence is now studying International Business and Global Management at the University of Hong Kong; one of the most competitive Business courses in the world.

Of course, all of Springwood is very proud of Florence's success. Head of Sixth Form, Jessica Cuss, explained some reasons behind Florence's success: 'Florence worked extremely hard in her A Levels. She spent time on her studies and showed a genuine love for the topics she was studying at Advanced Level. She was inquisitive and determined in everything she did. Florence shows all prospective students the importance of choosing A Levels that you genuinely love and are passionate about.'

Everyone at Springwood wishes her well and is very proud of her achievements-

she will leave a renowned legacy.

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PRESENTATION EVENING



Springwood High School held its Year 13 Presentation Evening and the speaker for the evening was Rosie Hill, a previous pupil at the school who is now a successful Commercial Property Lawyer at Barr Ellison in Cambridge.

Miss Rosie Hill pictured middle right beside the Head Teacher, Andy Johnson, gave an inspirational talk to Springwood Sixth Form 2018 leavers. Class of 2018 achieved an outstanding 22% A*-A and 48% A*-B, with 46 students being named Norfolk Scholars- the most the school has ever seen. Mrs Cuss (Head of Sixth Form) said "it was great to have the year group together again and find out about their university, apprenticeship or employment situations. Our students should be so proud of themselves; they have certainly made the school proud."



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SPECIAL AWARDS TO MEMBERS OF THE SIXTH FORM 2016-2018

PRIZE AWARDED

AT SANDRINGHAM HOUSE BY
HER MAJESTY QUEEN ELIZABETH II

Florence Chung

HENRY SMITH SCHOLARSHIP

Rohan Rastogi

ROTARY CITIZEN AWARD

Presented by the Rotary Club of King's Lynn

Isabel Brown

MICHAEL GRIFFITHS PRIZE FOR ENDEAVOUR

Leah Bartlett

PETER HOPKINS GOBLET FOR DETERMINATION & COMMITMENT

Rebecca Sedgwick

HANOVER PRIZE FOR CONTRIBUTION TO THE ARTS

Sophie Ward

NORFOLK COUNTY SCHOLARS



<i>Leah Bartlett</i>	<i>Isabel Brown</i>	<i>Megan Byatt</i>	<i>Lauren Carson</i>
<i>Serena Carter</i>	<i>Holly Chen</i>	<i>Florence Chung</i>	<i>Luke Colbeck-Tate</i>
<i>Maisie Coldman</i>	<i>Ellen Debney</i>	<i>Ella Doughty</i>	<i>Daniel Drew</i>
<i>Alex Florance</i>	<i>Cameron Gibbons</i>	<i>Oliver Graves</i>	<i>Rosamund Gressieux</i>
<i>Holly Herbert</i>	<i>Olivia Hillier</i>	<i>Keeley Irons</i>	<i>Daniel Jackson</i>
<i>Scot Jones</i>	<i>Anam Khatrri</i>	<i>Shannon Lee</i>	<i>Grace Longmire</i>
<i>Joshua Lowe</i>	<i>Kaveeta Malhi</i>	<i>Ethan Moffat</i>	<i>Megan Moore</i>
<i>Evie More</i>	<i>Eve Norman</i>	<i>Chloe Pegg</i>	<i>Abigail Peters</i>
<i>Lauren Phillips</i>	<i>Rohan Rastogi</i>	<i>Alexander Read</i>	<i>Samual Reynolds</i>
<i>Toby Rice</i>	<i>Rebecca Sedgwick</i>	<i>Bethany Slack</i>	<i>Tijana Stephenson</i>
<i>Joseph Vayalil-Lawrence</i>	<i>James Wadey</i>	<i>Lewis Watson</i>	<i>Jessica Wells</i>
	<i>Jasmin Wright</i>	<i>Abbie Young</i>	

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Jessica Wells

Florence Chung

Abbie Young

Lauren Carson

Holly Chen

Luke Colbeck-Tate

Ciera McKenzie

Ann Thankachan

Serena Carter

Bethany Slack

Isabelle Franklin

Thomas Hoy

Marvin Anthony

Megan Byatt

Emily Carter

James Playford

Ethan Moffat

Matthew Burrridge

James Wadey

Jasmin Wright

Abigail Peters

Kaveeta Malhi

Megan Moore

Maria Ortega

youth@springwood

ROUND 2 WINNERS!



On Saturday 9th February we had the privilege of performing our planned speech on Vitamin supplements at the Lodge of the Grand Freemasons quarters in Cambridge.

It was an early start and we had been working hard on our speeches following round 1 of the Youth Speaks competition in Kings Lynn.

This was now round 2 and the competition was tougher than ever. Not only were we up against other students our age, but also many from boarding schools. We wondered if we were at a disadvantage due to having less time together at school as a group. However, it appeared not!

We turned out to be the only team that did not use notes. However, we did not just assume that because of this we would win. There was a very good school who performed after us and we all agreed that they were fantastic in their presentations.

We kept the same title as in round 1; 'Are Vitamin Supplements Essential?' but following judges comments and suggestions from the last round, we edited our speeches to include more humour.

We remembered to use the rule of three when something was important and to use dynamics to make our voices louder and quieter when necessary. The most nerve wracking part is always when someone that is planted in the audience poses a question. For this part, all we can do is guess what they might ask! Luckily, it was something that could be answered easily by our main speaker, Nicola. She was asked if taking a supplement has a psychological effect, as opposed to a physical effect. Luckily she was able to speak on the Placebo effect which we were all very relieved about!

As usual, we had a long wait for the results. At least we could now relax as much as possible and have something to eat! When the results came we just didn't know whether we had made it Through, and therefore we were all thrilled when our names were called out as the winners!

Now, we move on to round 3 which will take place on March 9th in Romford. Nicola was due to perform with the mock trials group on this day, so she had to make a hard decision as to what to do. As our competition had already commenced and we gel so well as a three, we all decided it would be best for her to continue with us and find a replacement for mock trials for the first round of their competition.

We want to thank the KL Rotary Club who continued to support us in this round and were there with us on the day. We are very grateful.

We will keep you updated with how we get on in round 3!

Lexie, Elsa and Nicola



info@springwood

email

Emails sent to office@springwoodhighschool.co.uk regarding students should be headed up with the child's first name and surname and their form/year group so they can be forwarded correctly and quickly.



FREE REVISION AND HOMEWORK PLATFORM



All students and teachers now have free access to Seneca - a revision and homework platform making studying more fun. Seneca is an interactive way to learn official course content. Their web app covers 150+ exam board specific courses condensing what students need to know for their exams. The software is able to identify gaps in learning. For instance, when you get a question wrong, the platform will repeat the topic in different formats and their smart algorithm has proven to make students remember topics 2x faster. Seneca is totally free for students, teacher and parents. You can sign up via senecalearning.com.

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CHRISTMAS JUMPERS

Springwood gives to charity



Christmas jumper Day Tuesday
18th December raised £263.22
for charity.



SMALLS FOR AFRICA



This year 9H1 did a collection of pants and bras for charity Smalls for All. This charity donates underwear to women in Africa, to prevent sexual assault.

In total they collected over 100 bras and 70 pants!

Well done all! Mrs Redman



SUGAR FOR SHELTER

Springwood has been collecting bags of sugar to help local charity organisations which support the homeless, needy and vulnerable in Norfolk and Suffolk. The Buckingham Trust charity has been helping for over 30 years.

The reason they collect sugar is because it is an essential ingredient for Christmas foods such as puddings, cakes and hot drinks. It's also a fast energy boost for the homeless.

Overall the school has collected 44 kg of sugar. We are very proud of our students achieving this amount. Form 8F2 bought in the most sugar for the second year running—well done



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SENIOR CHRISTMAS PARTY

On Tuesday 12th December, we had an old people's Christmas party. Lots of people came from local care homes with their carers. Once they were all seated we went round with tea and coffee. The School Choir sang Christmas songs to them accompanied by the School band. We served food to them at their tables, handed out bingo cards, which they enjoyed, and Santa came with a trolley full of presents for them all! The party went really well and it was enjoyed by all. We would like to do it again another year. Sky Howard and Jasmine Gribble



CHILDREN'S PARTY

Students of Year 9 Child Development class held a party for children of 10 months to aged 4, this was held on Thursday 29th November. We held the party because it would help us with our learning of how a child develops. Before the party we did a lot of planning and preparation.

On the morning of the party we met the parents and children at reception and took them to the drama studio. We had two classrooms one for food and the other for activities. For Activities we had colouring and playtime to help the children develop their fine motor skills. One of the first games was pass the parcel, we wrapped the parcel enough times so they all had a chance of winning, so they wouldn't get upset if they didn't win. After that we played musical statues, which only a few took part in, and the children sang nursery rhymes and some fun songs.

We then took the children and parents into O1 for some food and juice. While they were eating we put on Peppa Pig for them so they wouldn't get bored. We took them back in the drama studio and did some dancing, colouring and playing with toys. – Paisley Congreve



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CHRISTMAS FAIR— YEAR 10

Each week the year 10 council representatives meet to discuss new ideas. The council representatives voted to hold a Christmas Fayre on the last day of term to raise money for a local charity. Each form had to create a fun game to run on a stall. Stalls included, Balance the penny on a Lemons, Pin the nose on Rudolph, Hoop Me, The T-shirt game and many more. It was a really good afternoon with a good atmosphere and everyone enjoyed playing the different games and trying to beat the highest scores. The winners from each game were announced in an assembly and prizes were given. The Fayre was a big success and everyone really enjoyed it. It raised over £220 for the local charity. Thank you to Mrs Howlett for organising the fayre and to Mrs Churchyard for helping with the set up. Well done to the year 10 council representatives for making it happen and everyone that took part.

By Elea Simms 10S2



LEARNING CAFÉ—YEAR 8



Year 8 Learning Café

A group of year 8 students were selected to take a day off timetable with Mr Thurlow and Miss Archdale to organise a Christmas activity afternoon. These students were given the tasks of planning, being creative with crafts, budgeting, buying ingredients at the local supermarket, using their presentation and communication skills and finally, baking. Mrs Thomson and her lovely team showed the students how to make Christmas cookies, breads and pastries, our students then made their own – they were super delicious! Our students then made decorations out of paper and decorated the Bridge, as well as inviting their parents along to join them for a quiz in the afternoon. All students were fantastic and the parents were very impressed with all they had achieved during the day. It was a successful day and everyone had heaps of fun!

— Miss Archdale

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ACCELERATED READER PARTY



In the last week of term year 7 and 8 celebrated reaching 20 million words together on Accelerated Reader – wow! After working really hard and reading stacks of books in the first term, these students deserved to have some fun! The party was well attended, we had delicious food, a fabulous photo-booth, lots of crazy dancing and everyone enjoyed the hilarious games! It was a great pleasure to hold this party for our super students, and to see them have a great time! - Miss Archdale



CHRISTMAS SHOW



On Saturday 8th December some of Springwood High Schools most theatrical students took part in the Theatre Trains Christmas show. Theatre Train are a local drama, singing and dancing company who put on shows all around the country and even have one of our 6th form students teach the younger children. All of the Springwood students who took part performed 3 pieces including



singing, dancing and drama. They were a credit to the school. The pupils in the show were; Lauren Greengrass, Grace Hughes, Amber Thomas, Alina Zarova, Amelie Thompson and Cameron Tugado.

foodtech@springwood

YEAR 9 STUDENTS



Year 9 food students prepared and cooked pheasant as part of a national programme to promote the use of game. The pheasants were provided free of charge by the Taste of Game organisation and were made into Pheasant Goujons and Pheasant Casserole.

This fits perfectly with the new Food Preparation GCSE course, where students need to demonstrate high level knife skills and where they are expected to understand how animals are reared and prepared. It also educates them about the contribution of seasonal, local and nutritious foods to modern and traditional British cuisine.

Miss N Thompson
Food Teacher



KS4 STEM STUDENTS THROUGH TO CLEANTECH CHALLENGE FINAL



We have had confirmation that one of our teams has reached the final of the **Cleantech challenge**. Our winning students will now need to prepare to make a presentation for the final in March and they will then be quizzed by the judges.

The winning school will receive a **3D printer**, so fingers crossed that we win this competition. We are all so proud that students have reached this point.

Students from the winning team were Alina John, Sruthi Mampilly, Anoushka Chandraseka and Merissa Lawrence.

I would like to say a massive thank you to Miss Saunders and the other teachers & technicians who have contributed to the Friday Twilight STEM Club which is proving to be so popular. We are hoping to hold a STEM open evening next term for parents to come in to view some of the excellent work students have been completing. More on that in the next newsletter!

STEM Club is every Friday after school in Lab 11. Come along if interested, you will be made welcome.

Mr. Thompson

english@springwood

ENGLISH VISIT POETRY LIVE!



The English Faculty took a coach of 52 Year 10 and Year 11 students to see Poetry Live in Cambridge. During the trip, students were lucky enough to see Carol-Ann Duffy, Simon Armitage and the favourite poet of the day John Agard. Agard successfully brought his poetry to life and in the words of one Y11 student "raised the roof". It was a very beneficial trip to anyone doing English Literature this year. One Y11 student said, "Thanks for taking us. I took so many notes on the poems. I've learnt so much!"

So Y9 and Y10, look out for your letter for Poetry Live next year. You would miss a treat, if you didn't go!

READING DOG!



Springwood have been lucky enough to acquire the services of a new member of staff to help with Literacy. This is Bea, the English Setter! Bea is owned by Ellie and has agreed to come to visit us once a half term, to help people with their reading. This time, seven lucky Year 8 students sat and read a group reader with Bea. After working with the small group, Bea then did a tour of the library and had a bit of time with two classes. Bea will be visiting again, so if you missed her, look out for your red flag, as you may be reading with her next!



science@springwood

A MAGICAL MYSTERY TOUR OF OUR AMAZING COSMOS

Some of our Key Stage 3 STEM students had a delightful trip to Bedford School to see the amazing Professor John C Brown, Astronomer Royal for Scotland, Lecturer at the University of Glasgow and semi-professional magician! He conducted a high speed tour of the wonders of our cosmos, from shooting stars to planets, stars, galaxies and beyond, showing the diversity and beauty of how they look and how they work. He addressed the remarkable workings of aurorae and magnetic eruptions on the sun, as well as the nature of gravity and black holes.



Some reflection from the students:-

Mackenzie - I really enjoyed the science trip because it gave me an opportunity to see a great presentation on Astronomy. I learnt a lot from this and it has made me think a lot more about our world and space and how fascinating it is.

Finley- I really liked the astronomy trip because I am really passionate about science and astronomy is a sector which can be really interesting with amazing facts but at the same time, slightly "unknown", which is an excellent part because you can ask so many questions and wonder what the answer to the universe is. The show was really enjoyable because it involved magic as well and in the end, opened me up to new facts and ideas about the universe.

Thank you to Miss Henderson and Mr. Dobbing for accompanying the students on this trip and the wonderful work Ms Munns does with our KS3 Stem club. **Mr. Thompson**

science@springwood

GIRLS STEM CONFERENCE AT BRITISH AIRWAYS HEADQUARTERS

Some of our wonderful Year 8 girls attended a conference at British Airways Head Office in London where they took part in workshops and listened to some engaging speakers. All found the event both inspiring and empowering. I suspect these girls will be future leaders at school and beyond!



Some reflection from the students:-

Lexie Ampomah. Hearing the empowering speech of Dr Emily Grossman really resonated with me. Listening to a woman in science talk about all of the struggles she had to go through from, high school all the way through her career, and overcoming them to do the job she wants, a science communicator, was truly inspiring. Hearing her talk about how to overcome the difficulties of being a 'sweat' and trying hard in everything was an important message in not giving up.

Amelia Harris. During the trip the whole experience was very inspiring as there were many great women that had come so far from where they began. They only got there thanks to hard work, determination and believing in themselves. Hearing everyone's story was very empowering. I learnt that no job is only meant for boys or girls.

Iorwen Engledow. I had a great time on this trip. It was really interesting to learn about other peoples' experiences and how they got where they are today. I learnt that if you work hard enough you can achieve anything.

Thank you to Mr. Cuss and Miss Archdale for accompanying the students on this trip. Mr. Cuss commented that students were an asset to the school interacting with the guest speakers, and answering deep and meaningful questions in front of a 200 plus audience.

Mr. Thompson

attendance@springwood

Attendance Update- February 2019

The following information is to help all students achieve a good or excellent attendance. Many students continue to achieve 100% - congratulations as this is a brilliant achievement! As a school and for individual students our aim is to continually improve our attendance as this positively impacts on learning and progress, both academically and socially.

If your child is ill you need to contact their Year Manager for **every day that they are off school**. If your child has a headache, cough, cold or stomach pain please give them some medication to help them through the day and if they become really unwell while at school we will contact you. For longer term absences we will require a letter from your GP or medical professional. If your child has a sickness bug where they are suffering many bouts of sickness then the 48 hour policy applies; once they are well and clear of sickness they can return to school. For any other sickness your child should return to school as soon as they feel better. Additionally, we require advance notification and medical notes for all hospital, dentist or other medical appointments. As far as possible, all appointments should be made after school. If your child's health improves during the day, and is well enough to attend, please do not hesitate in sending them back to school.

If your child needs medication in school please speak to their Year Manager who will offer advice and guidance with regards to your child on their needs. Painkillers and any other medication can be left with the Year Manager for your child to take as necessary. A letter from the parent will need to be written giving permission for the school to hand out the named medication at a certain time. This reduces the need for your child to be absent for minor illness, headaches and periods.

The Local Authority operates a system where any student will meet the criteria for legal intervention where they have 85% attendance or less. If your child's attendance drops to below 90% the school will monitor attendance levels. Your child will have an informal meeting to discuss their attendance which gives them the opportunity to advise the school about any concerns. You will receive a letter or telephone call advising of any interventions that the school needs to take.

If your child is late in the morning or for lessons during the day this will result in a detention. Arriving late not only affects your child but causes disruption for the whole class.

Super Learning Days are part of the school curriculum and aims to enhance your child's education. It is compulsory for your child to take part and attend on these days; it is not an opportunity to miss a day of education. The last week/ day of each term is equally important as any other time; consequently it is imperative your child is in school.

Requests for leave of absence from school will be considered but other than exceptional circumstances you should expect this request NOT to be granted. The school has an expectation that family holidays are taken during the existing school holiday periods.

From 1st September 2017 parents may incur a fixed penalty fine where students have either

- 10 consecutive sessions of unauthorised absence where some or all of the absence may be attributed to an unauthorised holiday in term-time.
- 15% unauthorised absence over a period of 6 weeks for reasons other than unauthorised term time holiday.

Any pupil in Springwood High School who meets either criteria, will be referred to the Local Authority for action to be considered.

We want your child to feel happy and supported in school, we are on their side. Let us work together to ensure that your child gets the best out of their time in school in order to maximise their full potential.

Miss D Raynor

Attendance Officer

headteacher@springwood

MESSAGE FROM MR JOHNSON

As the first half of the Spring term draws to a close, I have to say i cannot remember a more positive and constructive half term. Students and staff alike are working so hard to achieve. A great Secondary education begins with an excellent year 7 experience. As our Year 7 celebration evening showed, our year 7 students are fully engaged and have made an excellent start to their secondary education. I must congratulate Mr Scoles, Ms Smith and the Year 7 tutor team for their efforts.



Once again, it was a pleasure and a privilege to accompany our Queen's Prize winner, Florence Chung and her family to have an audience with the Queen at Sandringham. Florence's excellent A level results stands as testament to her own and her teachers hard work and dedication. On a similar note, I was so proud to have the opportunity to hear our former student Abigail Peters give an after dinner speech for the King's Lynn Rotary Club. She was truly inspirational and a perfect role model for our Sixth Form.

As a school and within our Academy Trust, we are always seeking to improve our practice and collaborate with the best schools nationally. It was a pleasure to have a visit from Dame Rachel De Souza, CEO of the Inspiration Trust. We hope to work closely with them to continue to provide the best education possible for our students.

Last weekend, I travelled to Cambridge to see our Rotary Youth Speaks team compete in the Regional finals. Their performance was nothing less than exemplary, beating a strong field to move onto the next round! Congratulations to Elizabeth Mathew, Nicola Mathew, Lexie Ampomah and their coach Ms Roberts

The Parents, Teachers and Friends Association of Springwood is currently a small group of parents who do an awful lot to support our numerous school events. If anyone is interested in helping out in any area please make contact: ptfa@springwoodhighschool.co.uk

Hope you had a peaceful and restful half term

Andy Johnson
Executive Headteacher
West Norfolk Academies Trust