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SPRINGWOOD REMEMBERS

1914-1918



SPRINGWOOD REMEMBERS: 100 YEARS AFTER THE FIRST WORLD WAR

On Friday 9th November, Springwood High School's Year 7 took part in a Remembrance Service to commemorate the fallen in a Remembrance Service. They were joined by staff and distinguished guests from the British Legion, RAF Marham and Air Cadets. The service was the culmination of two weeks of dedicated lessons to remember the centenary of the ending of the First World War. History Teacher and co-organiser Mr Smith stated: "Students and staff were impeccably smart and showed great composure and respect."



Photographs taken by Chelsey Grimes and Lexiss Bedeser

remembrance@springwood

Head Girls at Town Remembrance

We attended the Remembrance Service at Tower Gardens, Kings Lynn on 11/11/18 and were given the greatly appreciated opportunity to represent Springwood and lay a wreath. It was a very moving and emotional service accompanied by many of the important people of Norfolk and other **schools and groups. It was an important reminder of the soldiers' courage and bravery that fought in the wars and a beautiful service to reaffirm that.**

Lucie Fenn and Anna Howlett



WN ACADEMY TRUST PRIMARIES PAY TRIBUTE



120 students from across West Norfolk schools commemorated the 100th anniversary of the end of the Great War through song and poetry.



On the 12th November 2018, students from six schools within the *West Norfolk Academies Trust* marked the moment the guns fell silent at the end of the First World War as they presented a musical showcase.

This event brought together many veterans and servicemen from across West Norfolk along with the High Sheriff of Norfolk, The Mayor of Kings Lynn, The Rotary Club and the Royal British Legion. The students also had the pleasure of performing to WW2 veteran Cyril Route who turned 95 on the day of the performance. This occasion was marked by the 120 strong choir and 300 audience members singing a collective Happy Birthday!

The event involved primary students from Walpole Cross Keys, Clenchwarton, West Lynn, Heacham, Snettisham and Gaywood schools. The

students took to the stage at Springwood High School to present WW1 inspired songs and poetry as they remembered the fallen.

Not only did this event bring the students and parents from across the schools together, but it also signifies how the trust strives to raise standards across all of its sites, by sharing opportunities and staff in order to provide an excellent education for young people in West Norfolk.

Songs included *Pack up your Troubles*, *It's a Long Way to Tipperary* and *Keep the Homefires Burning*, along with remembrance poetry that the students had been studying and composing in class.

The performance was a bespoke piece and took the format of each school having their 'moment' on stage to present narration, poetry and song. Students from all of the schools joined together at the beginning and end of the performance to collectively perform some of the classic tunes that kept the nation going during the Great War. This magical event involved Kings Lynn Mayor Nick Daubney (who is also a WNAT trustee), doing a reading of the poem *The Soldier*, by Rupert Brooke. The evening finished with students being presented with certificates of participation by Charles Watt, current High Sheriff of Norfolk.



poetry@springwood

POETRY BY HEART



CELEBRATING WWI CENTENARY

Our Poetry By Heart champions, Merissa Lawrence and Anoushka Chandrasekar (Year 9) had a unique opportunity to celebrate First World War Centenary by visiting Battlefields and War Memorials in Belgium and France.

They had an enormous thought-provoking experience: visits to War Memorials and WWI cemeteries, where they paid their respect to fallen soldiers; exploration of several WWI battlefields; participation in the Ceremony of The Last Post at the Menin Gate (a daily act of remembrance in Ieper /Belgium); taking an active part in numerous workshops and recitations of WWI poetry.

They also had an extraordinary 'dug –out' and 'life in trenches' experience; learned about the life of ordinary people at war and the role of an undivided India on the Western front; visited a place of inspiration for W. Owen's 'Exposure'.

Mrs Morris /English Department

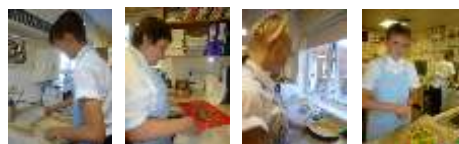


POETRY BY
HEART

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YOUNG CHEF COMPETITION 2018— YEAR 9

The Brief: *One dish with accompaniments
Suitable for teenagers
Using local produce
Under £5 budget
One and a half hours*



THE COMPETITION IN ACTION



Year 9 students were celebrated yesterday for taking part in the Springwood High School heats of the Rotary Club's Young Chef competition. Nearly 60 GCSE Food and Nutrition Students took part in the competition to produce a 2-course meal using local Norfolk produce. The judges, representing the Trinity Rotary Club in King's Lynn, highly commended four students for their tasty food and imaginative presentation: Katy Hearle, Grace Perrin, Fatima Massawi, Keaton Vincent, Jasmine Gribble. However, all the students taking part performed brilliantly and wowed the judges with the technical skills and time management. The overall winners of each heat were Jack Foreman and Joseph Pink they will now go on to compete against students from other schools in the Area Finals at the College of West Anglia in January. A huge congratulations to all the students who took part. N Thompson, Food Teacher

SEAFOOD WEEK



This term, Year 10 GCSE Food Students learnt how to prepare and cook a range of fish dishes as part of National Seafood Week. An experienced fishmonger from Billingsgate Market demonstrated the techniques for filleting and skinning fish and then students had a go at doing it themselves using mackerel. Students also had the opportunity to taste test a range of different seafood from scallops to monkfish. The visit was hosted in the Catering kitchens at the College of West Anglia.



english@springwood

ENGLISH LIT QUIZ 14 NOVEMBER 2018

The kids LitQuiz is a fun literary quiz competition to determine which team is the best in the world. Eight students from Springwood High School went to the East of England Competition to face off against many schools in the county, some including; KES, City of Norwich and Dereham Village college. At the quiz we were split up into teams, I was on the wonderful year 7 team, we absolutely thrashed the **competition, however we didn't get through to the National finals in London, or the World finals in Singapore.** We had an amazing time at the competition and got to meet famous authors such as Alex Scarrow and Alexander Gordon Smith - Who were even signing books there! On the way home Mr Munns and Miss Archdale took us to McDonalds – We were so happy! The whole day was one of the best experiences we've ever had! Ashhad Naqavi, Yr 7



Olivia, Louisa, Leah and I went to Neatherd Dereham High School to compete in the Kids LitQuiz, for the year 8 team. It was quite a challenging quiz, with 10 different categories. I really enjoyed the quiz as it was a new experience and a great opportunity to compete against other schools in the county. If our school enters again next year then I would definitely recommend the trip – **It's so much fun!** Caitlin Williams, Yr 8

FOOD TECHNOLOGY



WANTED

When you have finished with your Christmas sweets/biscuits the Food Technology Department would be delighted to receive any unwanted empty (or full) containers, as pupils often forget containers to take their products home in.

If your son/daughter has to borrow a container, please could you ensure that it is returned. Thanks Mrs Beech



superstudents@springwood



EZRA AWARDED SCHOLARSHIP

Ezra Nwobodo has been awarded a Robert Lewin Scholarship at the Awards for Young Musicians. In December he will be taking part in a day of cross-genre music with the BBC Symphony Orchestra at the Maida Vale Studios in London.

PARA-ATHLETE OF THE YEAR

Lily Edward showing her latest trophies—She was presented at the West Norfolk Athletic Club Award evening for Para-Athlete of the Year.

She was also awarded the smaller trophy which was for the IPC Champion at the Club Championships in September for 100 metres, long jump and shot putt.



BRITISH CHAMPION



Congratulations to Ashton Boughen for becoming the 2018 Judd KTM British Youth National Championship 65cc Champion in Weston-Supermare.

If you would like to see a short video of Ashton becoming British Champion. See link below

<https://www.facebook.com/345982868791844/posts/1995290077194440/>



Next month we will meet Kieran Boughen

year9@springwood

CELEBRATIONS FOR YEAR 9



Wednesday 30th October our Year 9's had cake with Mr Johnson in the LRC, whilst chatting about their sporting, musical and academic achievements. We could have had so many more present as so many of our Year group are achieving, these were our Top 20.

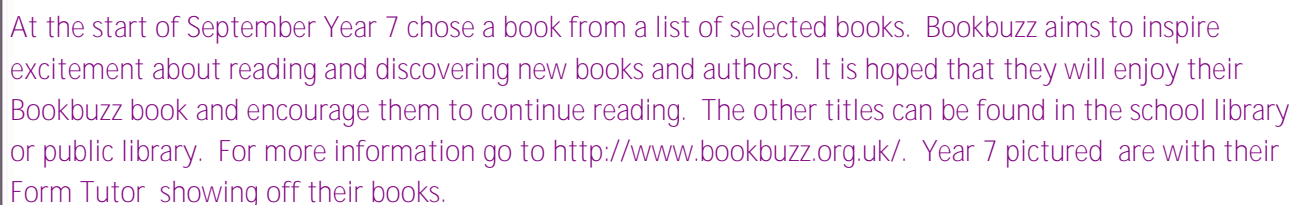
The celebration was enjoyed by all and it was nice to see some students who have faced challenges in the past are now working hard the results of which are reflected in your first report for Year 9. Well done all of you, be proud of what you are achieving! Mr Hobbs and Ms Craig.



Thursday, 15th November our Year 9's had cake with Mr Johnson in the LRC, whilst chatting about progress and improvements evidenced in their first ATL Report.

The celebration was enjoyed by all, Mr Hobbs and Ms Craig are especially proud of you and what you are achieving. Well done all of you, keep up this positive attitude. Mr Hobbs and Ms Craig.

BOOKS FOR YEAR 7



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GSUS BUS RETURNS

My day in the GSUS Bus was very good because I learnt lots of stuff about Christianity. My favourite part on the GSUS Live bus was the part where we got to use the touch screens that came out of the tables in front of us. Also when we got to use them we learnt about someone story. I learnt **about Sophie's, it was interesting watching the different videos . I also** liked the part where we got to listen to a song on the screen. At the end I loved that we got to write our own opinion on how and why we think it happened. At the very end the people on the bus told us some bullet points and talked us through them. Sophie O'Dell



Amy Cross writes—"What I liked about being on the GSUS Bus was we learnt about Christianity even though we are learning about Hinduism. It was good then we would know more about Christianity when we learn about it. I also liked being on the GSUS Bus. We got to choose what we follow. I liked listening to the people on the GSUS Bus".



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SIXTH FORM COUNCIL

At Springwood Sixth Form we understand the importance of listening to the student voice, promoting student leadership, and empowering our students so that they can work in partnership with the Sixth Form Management Team to make their experience with us the best and most rewarding possible. This in part is achieved through our Sixth Form Student Council.



Introducing Will and Izzy, Sixth Forms new Head Boy and Girl:

Hi, I'm Will and this year I'm Head Boy of the Sixth Form. I take English Lit, History and RE and I would like to study English at university. I wanted to be Head Boy as I felt I'd represent the views of the students at the Sixth Form well, and be very open to suggestions, improving it as a result of that. This year we plan to strengthen the community atmosphere of the Sixth Form through events such as our Macmillan Bake Sale and Quiz of the Year thus far. We're open to any suggestions anyone has whether that be the community, parents or students!

My name is Isabel, I study English, History and Biology and hope to continue both English and History at university. As Head Girl I hope to make sure everyone has a say in the sixth form in order to make it an enjoyable and productive experience! A large focus of ours is fundraising for prom and the interests of the sixth form itself.

GCSE PRESENTATION EVENING



GCSE pupils received their certificates and awards for all their hard work at a presentation evening held on Thursday 8 November. The evening was introduced by Mr R Livesey Chair of Governors, headteacher Mr A Johnson gave an address before introducing inspirational guest speaker Mr Ben Tansley. A vote of thanks was given by Izzie Harmer-Borley and Claire Mellor. Mr Johnson said It was fantastic to celebrate the success of this year group. Students, staff and parents had a wonderful evening. Pictured left to right Mr R Livesey, Mr B Tansley and Mr A Johnson.

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Subject

Art
Business
Computer Science
Construction
Dance
Drama
Economics
English Language
English Literature
French
Geography
German
Hair & Beauty
Health & Social Care
History
ICT
Mathematics
Further Mathematics
Music GCSE
Music Rock School
Performing Arts
Photography
Physical Education
Religious Education
Science
Combined Science
Biology
Chemistry
Physics

Sociology
Spanish
Statistics GCSE
Technology
Food Technology
Graphics
Product Design

Blickling House
Felbrigg House
Holkham House
Oxburgh House
Sandringham House

Award for Best:

Academic Results
Most Improved Student over KS4
Attendance Prize (Highest attendance over 5 years)
Jessika-Mae Prior Shield (For Inspirational Courage)
Governors Plate (For service to the School)

Award Winners

Beth Parlett
Sara Kadhm
George Holt
Ben Halls
Isabel Harmer-Borley
Lauren Greengrass
Abdullah Farrukh
Lydia Burton
Ewan Harvey
Areej Khatri
Daniel McDermott
Georgie Thrower
Linzi Egginton
Roshin Roy
Abbie Rose
Hollie Anderson
Rosie Huang
Megan Tarry
Malavika Nair
Libby Ellis
Alisha Taylor
Lexiss Bedeser
Brandon Tuttle
Holly Perryman

Wesley King
Shayan Shaikh
Alvin Jaison
Joseph Pembro

Lauren Kitney-Foster
Molly Bramham
Noah Docking

Nisha Sirju
Samantha Leet
Ogechukwu Nwoka

Libby Ellis
Erin Williamson
Claire Mellor
Kayleigh McDonald
Harriet Tuck

Malavika Nair
Nish Sirju
Max D'Aloia
Luke Fisher
Isabel Harmer-Borley

year7@springwood

Yr7 News!



Find out all the latest news, pictures and information for Yr7 on the school website.

The second half of the autumn term has continued to be a huge success with Year 7 having now found their feet and making huge strides forward! The whole year group marked the centenary of the end of the First World War by learning about the closing months of the war in lessons and producing flags of all the nations involved in the conflict.

These were placed around our school flagpole and representatives from RAF Marham, the British Legion and our local air cadets; led by our school vicar held this years ceremony.



During form time I asked each form to produce a logo that they felt represented them; this led to some excellent conversations and drawings about what they wanted to achieve during this time each day. The winners from each form were awarded 25 achievement points and this is what they came up with!



The students were also asked to design a praise postcard that the Year 7 Office could use to praise those students who are doing well; some fantastic entries were received, far better than anything I could have produced! The winning entry was voted for by the whole year group and was produced by Jessa Joshy; well-done Jessa!



I was especially pleased by the last set of reporting data that showed that every child in Year 7 had at least an average ATL 2 in their lessons, which reflects the positivity and hard work that they have shown in their lessons. Six fantastic students had achieved an average ATL of 1! These students were rewarded with donuts in the year office with myself and Miss Smith. Well done to you all.

Finally every child in Year 7 participates in the Accelerated Reader programme which encourages students to read a book and then tests them for their understanding of what they've read. So far Year 7 have read a whopping 7,235,869 words! More importantly we have seen some of our students reading ages improve by over a year in the first half-term. These students have a celebration coming up and would encourage all our students to read as much and as widely as possible. To this end I have, in response to requests made at our drop-in tutor evening, asked each subject at Springwood to produce a reading list of books and web-sites that students could read to broaden their knowledge and understanding of that subject. This can be found on the school website in our Year 7 area.

If we don't speak to you before the term finishes, thank you for your support this year and have a wonderful Christmas! Mr Scoles and Miss Smith.

For more information go to: www.springwoodhighschool.co.uk

charity@springwood

YEAR 9 CAKE SALE



Poppy Burrell, Lily Doughty, Grace Roger, Mia Pightling, Jasmine Gribble, Olivia Dark, Amy Littler 901 raised £73.00 for CIN. Went around the forms and then organised, baked, and set up their very own bake/cake sale. Well done girls. We are so proud of them. Mr Hobbs & Ms Craig



ANY ONE FOR AFTERNOON TEA?



With Erasmus visitors looking to experience something quintessentially British, Year 9 GCSE food students prepared a posh afternoon tea for 50 people including cucumber and smoked salmon sandwiches, scones with clotted cream and jam and mini strawberry sponges. Brilliant teamwork resulted in a great display on tiered cake stands - and judging by the empty plates it was tasty too.

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MASTERCHEF FINALISTS COOK UP STORM

Masterchef finalists Jack Harvey and Joseph Pink are practising their skills for the Area Finals of the Rotary Club Young Chef competition in January by assisting Trust Chef, Mark Johnson, to prepare a fine dining experience for Erasmus visitors. After winning the Springwood Masterchef competition last month, the boys are learning about menu design and plating up from the experts. With dishes including wild pheasant and fresh figs they are also using new ingredients. A brilliant experience for them both ahead of their trip to COWA to compete against students from other schools.



UNIVERSITY PATHWAYS

On Monday 26th November, seven high achieving year 9 pupils from Springwood High School accompanied Dr Angus and Mr Garrod to Cambridge University for the launch event of a programme running at a handful of schools across the country called **"Uni Pathways"**. Uni Pathways is a course run by trainee teachers, like Dr Angus, who have a PhD. The goal is to increase the numbers of students attending highly selective universities by running seven university style tutorials for a small group of students. The pupils will follow tutorials designed by Dr Angus and based on his PhD research in astrophysics.

The first of the tutorials was delivered at the launch event in St. John's College in Cambridge. This was followed by a tour of St. John's led by a current student at Cambridge. The students who attended from Springwood were Alyssa Baptist, Anoushka Chandrasekar, Freya Garford-Turner, Isabel King, Merissa Lawrence, Neyah Leroiya and Amber Thomas. Those pupils asked many questions on the tour and got a feel for what it might be like to study at a top university like Cambridge.

In year 10, the same students will follow a similar programme of 7 university style tutorials, but they will address a particular part of the GCSE physics curriculum. A big thank you to everyone who helped organise the trip. Mr. Thompson



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RUBBISH FRIENDS

Improving Springwood Environment - "Rubbish Friends"



We are very proud of our school environment and we like to instil in our students that a sense of pride in their environment is very important. Our twenty amazing Year 11 Head Girl/Boys including assistants are championing our campaign which is titled "Rubbish Friends". During the last 1/2 term, they have visited all our Year 7 and 8 forms and delivered independently a short tutorial on the damage litter can cause to the environment. They are now running a litter pick every day for 20 minutes at lunchtime with volunteers from Year 7 and 8. This will have a positive impact on our environment and set an excellent example to all off our students. The program will be rolled out to Year 9-10 over the next ½ term. Volunteering to support this activity will count towards both AHERO and

ENDEAVOUR awards. I would like to say a big thank you to Phoebe Claxton for her brilliant organisational skills and also to Anna Howlett for producing a fabulous promotional poster. See photograph left of our amazing Year 11's and Anna's equally amazing poster! More on the environment in the next newsletter. Mr. Thompson.

SCIENCE KNOWLEDGE NINJA



Science knowledge ninja – year 11

December saw the launch of knowledge ninja with year 11. They have all been provided with 150 key pieces of knowledge that they need to know in order to be successful in their Science GCSE's. Each week students will be tested on 30 of them, 10 from Biology, 10 from Chemistry and 10 from Physics. Students that consistently gain high scores will gain the award of knowledge ninja. Parents you can help support your child at home by testing them on these key items of knowledge.

Who will become the first ninja?



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STEMM award 2017-2018

STEMM award 2017-2018

This year saw the largest number of Springwood high school students take part in the youth STEMM award. During the year students took part in a number of activities to complete the various levels. Activities including organising and running a SLD, working with students from younger years, organising and presenting an assembly to year 8 students, creating resources to inform others about STEMM careers and opportunities, entering competitions, visiting RAF Marham.

We had great success with 5 students achieving the gold award, 7 silver and 3 bronze.

Gold: Maggie Howlett, Megan Tomsett, Scott Kimber, Elliot Jones, Onur Atalay

Silver: Abdullah Farrukh, Sam Manesh, Rosie Huang, Jewel Joshy, Alvin Jaison, Loreta Paliakaite, Shayan Shaikh



COSMOS

We were delighted to welcome back to Springwood the Cosmos Roadshow. The Cambridge Science Centre have put their creative energies into devising activities that make science really fun and accessible – to help spark scientific curiosity in even a uninterested child.

Our Year 7 and 8 students engaged in a wonderful workshop and show including time to independently explore some fabulous interactive exhibitions. The engagement from our students was amazing to watch and they thoroughly enjoyed these activities during the week.

We look forward to welcoming Cosmos back next year. Mr. Thompson.



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YOUTH SPEAKS COMPETITION



On Wednesday 28th November, three SHS students took part in the **Rotary Club's Youth Speaks competition**. This year it was held on home turf in our very own drama studio!

Lexie Ampomah, Elsa Mathew and Nicola Mathew had to speak for ten minutes between them, on their chosen topic.

Their chosen title was 'Are Vitamin Supplements really essential?'.

They chose this topic due to having parents in the pharmaceutical industry along with Nicola working in a pharmacy.

Elsa took the role of the chairperson who had to control the meeting, Nicola the main speaker and Lexie the vote of thanks.

Although they could prepare for most of their speeches, they also had to improvise answers to questions posed to them from the audience and respond with their own ideas.

They did fantastically well and were thrilled to be called out as the winning team. Their hard work has enabled them to progress through to round 2, which will be held on Saturday 9th February in Cambridge.

Mr Johnson was in attendance and was thoroughly impressed by their dedication and fantastic presentation.

Miss Roberts



YEAR 11 SUCCESS!!



In November our fabulous Year 11 students took part in a series of PPEs, to gain an insight into what the real exams will be like. This will show students where they currently are in terms of progress. 20 of our Year 11 students achieved at least 1 grade 9 in these PPEs! This is a fantastic success at this time of the year. Well done to all of our Year 11 students for their effort.

stemm@springwood

STEMM YOUTH AWARD



Youth STEMM Award - Bronze, Silver & Gold.

The Youth STEMM Award (YSA) provides a focused and engaging framework for young people aged 13-19 to further their passion, knowledge and skills in STEMM (Science, Technology, Engineering, Maths and Medicine).

The bronze & silver awards are aimed at our Key Stage 4 students with the gold award aimed at our Key Stage 5 students.

Miss Saunders is co-ordinating the bronze & silver awards where we are hoping for 40 students to complete this award over the next academic year. To support this process, Miss Saunders with support of several other staff has been running a fabulous STEM activity post school every Friday. The engagement from students has been excellent and we have some exciting activities coming up which include catapults, salt circuits, parabola curves, binary jewellery and gum drop Christmas trees. We are also competing in the national CleanTec contest to create environmentally stable futures, potentially to win a 3D printer! Fingers crossed! Below are some lovely photographs of students enjoying the Friday twilight STEM Club.



stemm@springwood

STEMM YOUTH AWARD



Youth STEM Award – Gold Focus.

The award is made up of 4 strands shown below and our gold students have the biggest challenge where they have to accumulate 150 hours associated with these strands. They are already making excellent progress as all are completing mentoring with lower school students, many are completing an EPQ and some already have secured work experience in STEMM related activities. They meet fortnightly as a group with Mr. Thompson who provides guidance with their award – their current task is to research and create resources for STEMM which will be delivered through the tutor time program – both in form time and assemblies. These are a fabulously talented group of students which I fully expect to secure places at top universities – the Gold STEMM award will help them stand out during the application phase to these universities.

Achieving an award involves...



Head of Year 12, Mr. Rawlings, pictured proudly with our Year 12 Gold Stem Students.



Finally, I would like to thank all staff, especially Miss Saunders, involved in the co-ordination, delivery and logistics of these awards. We fully expect numbers to grow and if anyone is interested in STEMM in any year group, please talk to Mr. Thompson or Miss Saunders.

We will update all with news on the Youth STEMM Awards in the next newsletter.

Mr. Thompson

technology@springwood

ROTARY CLUB TECHNOLOGY TOURNAMENT 2018



The Lynn Priory Rotary club held its fifth Technology Tournament at King's Lynn Academy on Tuesday, November 20.

Eighty students from Springwood High School, King Edward VII Academy, Smithdon High School and King's Lynn Academy took part. Dozens of students demonstrated their skills during the technology tournament; the pupils were set the task of building a crane from a limited range of materials. The students were judged on their team working and problem solving skills. The event was sponsored by Bepak.

The Year 8 students won second place in the Foundation Group Task. Year , 9 , 10 and 13 all did really well but unfortunately did not win their categories. Well done to all involved! The Rotary Club said that Springwood students represented their school really well.



DESIGN AND TECHNOLOGY SHOUT OUT

Year 11 Shout out:

Design and Technology Year 11 - Makewell with Miss Markwell x A big improvement for most with the Year 11 mocks - well done!

Wiktorja - for being super independent!

Jess Grzeb well done for making her designs

Owen - why can you not take a good photo!

Shania and Ella - always independent and keen as mustard.

Patrick Boon and Tate Giller - always know the answers for all questions - keep up the good work!

Chloe Conway - for loving the coursework!!!!

Maddy Rayner and Riannon Venner - a pleasure to

Zak, Bunkle, Albie Devanche-Drew, Sam Partridge, Owen Burge, Oscar Wardill - well done for always attending catch-up sessions.

Ema Masvicate with one 'M' - you make me laugh as you are always so enthusiastic.

Phillip Larcercas-Santos - seen the biggest improvement with work and home-work - well done!

Lily Edwards for being a pleasure to teach!

Makewell with Miss Markwell

sport@springwood

U16 HOCKEY



U16 Hockey

v Sacred Heart – won 3-1

v Marshland – won 2-0 (POM Myah Easter)

U14 HOCKEY

Winners of U14 West Norfolk Netball Tournament – winning all our matches.

Won a place in the County Netball Finals at UEA on Saturday 17 November

Played Norwich School, Reepham, Attleborough, Ormiston Venture Academy, Thetford Grammar



Unfortunately losing all our matches but marvelled at the quality of play from other schools – playing against elite players with potential England aspirations.

WEST NORFOLK CROSS COUNTRY CHAMPIONSHIPS – Friday 23rd November @ Springwood

A record number of 22 Runners qualified to the County Championships to be held on Tues 22nd January at Langley School.

INTER BOYS (Yrs 10/11) J Koulman S Casaleiro O Kitchener W Bradshaw	INTER GIRLS (Yrs 10/11) M Moore P Beales K Clarke E Farnsworth
JUNIOR BOYS (Yrs 8/9) C Pick O Hopgood J Russell K Vincent A Rippen	JUNIOR GIRLS (Yrs 8/9) S Barber K Rudd R Faulkner A Ess
U13 BOYS (Yr 7) T Turner C Wood	U13 GIRLS (Yr 7) J Beck A Beck L Toll



NORTH WEST NORFOLK SCHOOLS SHOW JUMPING @ Lime Kiln Equestrian Centre (Thursford) on Saturday 24 November



Class 1: 70cm – 2nd Springwood Team (Lucy Allen, Isabel Allen, Sammi Barlow)
1st Sammi Barlow (individual)

Class 2: 80cm – 5th Springwood Team (Lucy Allen, Isabel Allen, Sammi Barlow, Summer Barber)

Class 3: 80cm Pairs – 1st Sammi Barlow and AN Other (Wisbech Grammar)
6th—Lucy Allen & Isabel Allen

Class 3: 90cm – 5th Summer Barber (individual)



erasmus@springwood

MONDAY

On the first day of the school week for the exchange students, everyone was nervous but excited to see what their school week was going to be like. The introduction was the first thing that happened to introduce everyone to the school. This was then followed by a school tour to make the exchange students feel comfortable and can start to make their way around the school. This was done during the **rest of the school's lesson times so that there were not too many people about making the exchange** students not feel to overwhelmed. A small buffet was provided to everyone within the Erasmus project on that day; there was food from different counties. Every country had brought a logo design that someone in their country had designed. It was a logo competition and each country had to present their chosen logos to everyone, to say why and how they designed their logo in that way. Later in the evening, there was a "bring and share" party in the Drama studio where Mr Bliss told ghost stories about the history of Kings Lynn. Then prizes were given out to the winner and runner ups of the logo competition and entertainment was provided by students from Springwood High School and from other countries. On that evening we had another buffet which also had food from the other countries our school is partnered with.



TUESDAY

We had presentations on heritages, school and town history from the other countries. This was a good way to find out about the other countries technology and the setting of the place they live.

Later on we went to the MSFCH to do team building activities organised by the RAF for all the students. This was a fun experience because we were split into random groups and we all got to communicate with each other and it was also like a trust building exercise. Afterwards we went to the town hall and we met with the mayor, the teachers were really interested in the architecture of the hall.



WEDNESDAY

On Wednesday all of the Erasmus group had an introduction to The Duke of Edinburgh award by Mrs Petch. We were asked to create a food and drink supply for 4 days and 3 nights. But the catch was that **it couldn't be over a certain number of calories. So this made it difficult to create a substantial meal for 4 days.** In my group there was Jere with a fig allergy which made it hard because fig rolls had a high calorie count. **We had an early break then we boarded a bus to King's Lynn town centre for a guided** historic tour of the town. Many exchange students thought this was long winded but many of the English students thought that there was a lot of history in the town which we never knew. We then went to the Castle Rising Tea Rooms where we had a meal which was underrated. Then we were at castle rising for 30 minutes for a small tour without a guide which made the experience more enjoyable for everyone which turned into a massive game of tag. Then there was a traditional English afternoon tea hosted by the Food and technology department which was made by the students. Everyone enjoyed the cake and scones but the sandwiches were still available to eat. Then at 5:30 Oliver Weightman, Jannis Koulmann,, and my exchanges went bowling and ate fish and chips organised by me and Jannis. It was worth it that we all made friends.



erasmus@springwood

THURSDAY

Day 4: "Should Politian's be payed the average minimum wage?" this is the subject that we discussed in our debate on Thursday morning. For the debate, we were put into groups with people from different countries. It was really good to speak to new people, listen to their ideas and opinions, and make new friends!

Then in the afternoon, we did a treasure hunt that India organised. We started with a clue in each team and went around the school to find the next one. When we got to the right place there was a person with the next clue, but in order to get the clue, we had to do a challenge. The challenges were to come up with dance moves, answer science and maths related questions, which some teachers created, do times sports activities such as sit-ups and basketball, and many more. It was really fun working as a team to complete the challenges and getting to know the other people!



FRIDAY

On Friday we went to Norwich castle, we had a tour of the castle and looked at the ruins of rooms. We went around the exhibits, they included, animals, ancient clothing and old stories. After we had some free time to look around Norwich and go shopping in the various malls. The German exchanges and their hosts went to strikes to go bowling as one last activity.



SATURDAY



All of the students left on the 1st of December (Saturday) it was very sad they were leaving and I wanted to say goodbye. At the start I thought I was just going to go to say goodbye to the people that stayed at my house (Leonarda and Hannah) but when I got there I decided that it would be very sad if I didn't say good bye to all of them. As everyone from each different country got to the train station to leave, we all went up to the train with them to say bye as they were leaving. When they left I was crying because I missed them .



headteacher@springwood

MESSAGE FROM MR JOHNSON

We have had a very busy term and one that has been enjoyable.

There have been some wonderful music and singing performances including travelling to Birmingham to take part in the 100 year Remembrance service, a stunning WW1 presentation by our Trust primaries culminating with an outstanding Carol Concert at St Nicholas Chapel just last week.



The school held its annual Remembrance service around our memorial attended by members of the armed forces and The Royal British Legion, which as always, was a very moving event.

We welcomed visitors from around Europe to our school as members of the Erasmus project and students from Springwood will be travelling to Croatia in the New Year.

At the end of November I was honoured to accompany a number of our construction students to the official **opening of the King's Lynn Police Station which was attended by His Royal Highness Prince Charles.** The students were invited as they had taken part in the design of the renovations and they were a credit to the school.

Finally this year we have re-named our main school hall to The Peter Hopkins Hall in memory of the last Headteacher of Springwood who sadly passed away at the start of this year; it is a privilege to follow in his footsteps.

I wish you all a very happy and restful festive break and a good new year.

Andy Johnson
Executive Headteacher
Springwood High School and West Norfolk Academies Trust



West Norfolk Academies Trust

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Mrs Lucy Hipperson

West Norfolk Academies Trust, Queenaway, Kings Lynn, Norfolk, PE30 4AW

Tel: 01553 773393

email: l.hipperton@springwoodhighschool.co.uk

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