



news@springwood

SPRINGWOOD ACHIEVES

Congratulations to our students pictured on the front page who have danced, written, spoken, hiked, read and stepped out of their comfort zones. Well done to you all, please read on further to see all their achievements in this newsletter.



magistrates@springwood

MOCK TRIALS TEAM report

My experience of being part of the SHS mock trials team so far, by Merissa Lawrence 8S1

Students accused of handling stolen goods and being in possession of a knife!...

Eleven students from the junior mock trials team are heading off to nationals!

Our newly formed 2018 junior team took part in the local heat of the *Magistrates Mock Trial* competition and came home with first place, (and also a McDonalds - shhh don't tell anyone!) THEN, on the 19th May, we took part in the regional heat of the competition at Mansfield Magistrates court where again, we were lucky enough to win 1st place! I must note that we felt the regional heat was a close one, with other amazing teams; but, our hard work paid off and we made it out on top. I was shocked but elated that we had just won a place at the nationals since it was my first year ever being on the team. Our team is a mix of students that took part last year (7) and those that are new to the team (4) so there were some déjà vu moments for the experienced students and even a few emotional parents! One thing that had caught my eye, was the shield. Not just the shield itself, but the names on the shield. When I was handed the shield to hold for our team photo, I saw that Springwood High School had been engraved onto the shield as winners for every year but the first! The feeling of pride danced upon me when I knew we had just kept our consecutive record for our school, and our hard work had paid off.



you can't stick to a script and have to come up with new questions on the spot. Unfortunately it is known for some witnesses to ramble on as a tactic in order to attempt ruin your time limit, and therefore as a lawyer I have to try and get the witness to answer with a yes/no by only asking them closed questions. Contrary

to popular belief, lawyers cannot be sarcastic or aggressive to a witness otherwise you will get marked down.

Furthermore, there are lots of formalities that the whole team has to remember. For example you have to refer to those playing the Magistrates as 'your worships', the other lawyers as 'my learned friend' and if you're a Magistrate talking to a fellow Magistrate, you'd say 'my colleague'. When entering court for the competition, like in real life, we have to dress appropriately and sit up straight and say 'excuse me' if you stumbled on a few words all to show respect.

The 16th June will be our national final which will take place at the famous Victoria Law Courts in Birmingham. I'm feeling partly nervous for my first ever national final but also excited. We only have 2 more weeks left before the competition and so far we've been raising money from sponsorship to cover the costs of staying over in Birmingham the night before the final. We've also been going through both legal criminal cases that we had to present in each round of the competition as for the final we have to present them both! But not all of both of them, just one side of each (prosecution or defence) However we won't know the selection until the day, so we have been revising everything!

I was selected as a lawyer back in the audition process and plays a Lawyer in the first round and, a Lawyer and Magistrate in the second. The first case was about a defendant being in possession of a knife and the second case was a defendant accused of handling stolen goods. Playing a Lawyer consists of either representing the government (prosecution lawyer) or representing a client who has been accused of something (defence lawyer). It involves performing what is called an 'examination in chief' where I have to ask my witness numerous, open questions in a specific time limit, trying to draw out the facts that are documented from that witness in a statement. This happens with a students from my own team.

However, then there's the really hard bit which is a 'cross examination' where I have to ask questions to a witness on another team and try to discredit his/her statement, also under a strict time limit! Cross examining is difficult as don't know what answer to expect from the witness who is from another school. You need to respond according to the witness' response therefore

The competition introduces the legal system to young people in an exciting way that has a lasting impact on all those involved as it gives us skills that will be of used throughout our lives such as public speaking. Being part of this team and taking on these competitions has definitely taught me to be more time efficient. Rehearsals have taken place after school, lunchtimes and Sundays. This has meant many of us missing out on other clubs and activities in order to prioritise this activity because if one person is missing, it can effect the people they directly work with. This has taught me how to balance different opportunities and schoolwork and how to make good use of my time.

As Miss Roberts is not in school everyday, we have all communicated and worked lots over email and therefore I've had to ensure I check my emails everyday. I have also learnt how to interact with businesses (local and large corporate ones) when gaining sponsorship. I have seen 3 different court houses (soon to be 4 after the national) and I have learnt how to show respect in court and have met real magistrates and lawyers.

We could not have got this far in the competition without our teacher Miss Roberts. Miss Robert's expertise, knowledge and dedication were all key in order to our winning. She has given up so much of her time for us and we can't thank her enough. Thank you so much for giving us this extraordinary opportunity Miss Roberts.

english@springwood

YEAR 7 AND YEAR 8 CREATIVE WRITING



This year nineteen of our enthusiastic students decided to challenge themselves by entering the Rotary Club Young Writer's competition. This was a very successful even, as all students who entered the competition (for the Kings Lynn and Wisbech area) were highly commended for their



stories. Not only this, but for the area Springwood High School placed 1st, 2nd and 3rd!

- 1st- Archie Spindler (receiving a £25 Amazon voucher)
- 2nd- Olivia Harrod (receiving a £15 Amazon voucher)
- 3rd- Vinethmi Kulasingh (receiving a £15 Amazon voucher)

As Archie's story was the winner, it was sent to the regional competition.



Archie's story WON the regional competition for East Anglia! Congratulations Archie!

The regional prize was presented by Mrs M Barwell



year8@springwood

CULTURAL DANCERS AT RHS CHELSEA



To celebrate the cultural theme, on Press Day at the RHS Chelsea Flower Show eight students from Springwood joined the Iron Garden to perform a variety of dance routines to showcase a traditional culture as part of their extra-curricular activities, complete in traditional colourful dress and music. The girls attend the Taal-Ras-Bhava Dance Academy.



WALKING WITH THE WOUNDED



Pictured left are Diana and Chelsea from Year 8, with Mr Fitzpatrick they handed over a cheque for £115.50. They sold raffle tickets and ran a tombola. The proceeds were handed over to Mr Fitzpatrick for his charity Walking with the Wounded, he took part in the Worlds toughest footrace Marathon des Sable in April of this year. Well done girls.



dofe@springwood

GOLD AWARDS

On 17th May 2018, three students from Springwood High School travelled to London to receive their Gold Duke of Edinburgh Award Certificates. They committed two years or more to complete this, while taking A-level exams. This is a fantastic achievement and their awards are well deserved. The five sections include volunteering, physical, skills and residential and a difficult expedition – in awful weather!!! So arriving at Buckingham Palace with their parents in glorious sunshine meant that the day was wonderful and a lovely change from the expedition phase.

After spending time looking around the gardens and having many photographs taken it was time to get into groups for the presentations. Each group of 20-25 young award recipients then met the guest celebrity who presented the certificates. Our group was presented their awards by Alan Titchmarsh. After a photo shoot with him the Royals then arrived at the palace and walked through each group chatting to the award recipients and thanking the parents for their support. The Royals in attendance were The Earl and Countess of Wessex - Prince Edward and Sophie, and The Duke of York - Prince Andrew. The Springwood students receiving their certificates were Lucy Edwards, Alesha Jones and Jack Massingham.

A great day to end a hard won award.



RURAL CAREERS

More than sixty Year 9/10 students from schools from across Norfolk spent the day on the 25,000 acre Holkham Estate to see what it is like to work on the land. The careers day was organised by Take your Place and the Holkham Estate to inspire the youngster into going into High Education.

Lucy Hearle 10H2, who is interested in becoming a gamekeeper said "The day offered a lot of information about the different careers that went on in the park, and I learnt a lot about gamekeeping that I didn't know about."

The students learnt how the estate aims to be at the forefront of rural industries.



dance@springwood

HOUSE DANCE



HEROES AND VILLAINS

I want to begin by saying that this was probably by far one of the most competitive house dance competition in ages. After all the routines no one really had an idea who would win as they were all so stunning.

In the end Oxburgh won!! We won thanks to our amazing team of people. Thanks to the best sixth formers we could ever have, Lacy and Ceylan, our dance was well choreographed and absolutely amazing. Our theme was Suicide Squad and I loved taking part in this remarkable dance. Being one of the police men, we got to go into the audience and scare people, it was really funny watching all off their reactions. The costume for the Joker and Harlequin was quite complicated, with coloured hairspray and difficult makeup but they both looked exactly like the characters in the movie.

My experience working in this team was incredible, we all worked and functioned together really well and they were never any favourites; we all got equal roles. On show night we were all buzzing to get onstage and we ended up doing the best performance we ever had. Backstage was manic, but it was fun as we got to experience what it would be like doing shows and competitions. I loved house dance this year, this year will be hard to beat!

Willow Turner 802



btecfashion@springwood

SPRINGWOOD HIGH
SCHOOL
Presents

BTEC FASHION SHOW 2018



3RD JULY
7PM MSFCH
TICKETS £2.50
Available from the
school shop

youthspeaks@springwood

TEA FOR SUPPORTERS



An afternoon tea party was organised to celebrate our achievements. This gave us a chance to perform our speeches to senior members of staff, members of the rotary and also Mr. Johnson. It was a great experience.



SPELLING BEE FINALIST



Well done to Teagan Britten, Year 8, who came 3rd in the Regional Translation Bee final for German. He is now through to the National finals on 25 June. Thanks too, to Campbell Pick who went along to offer support.



final@springwood



The Rotary National Final 2018 Intermediate Competition Result

Highly Commended
Springwood High School

Team: Mackenzie Whitehouse-Baker; Finley Meehan;
Harry Davidson



rotary@springwood



YOUTH SPEAKS 2018

Over the course of this year, Finley Meehan, Harry Davidson and myself (Mackenzie Whitehouse-Baker) have been taking part in The Rotary Youth Speaks Competition. This competition requires teams to come up with a selected topic and talk about that subject; as a group, we chose to talk about E-Safety (internet safety). There are three roles to the presentation – hence why each team must have three people in a group to take part. There is the chair-person (Performed by myself), the main speaker (Finley) and the presenter of the vote of thanks (Harry). Harry and myself had to speak for two minutes, although, as the chair-person, I had the responsibility of keeping the presentation flowing, and introducing my colleagues throughout.

The reason this competition appealed to us and gave us the motivation to enter was mainly because of our experiences taking part in a Soroptimist Year 6 public speaking competition last year when we were year 6 students at Primary School. Harry, Finley and myself all took part in different teams from our respective Primary Schools, and Finley and his team came out victorious! This gave us inspiration to take part in this competition, run by the Rotary.

Ever since the first round back on the 28th of November 2017 (held at KES Academy), we have been working extremely hard to learn and recite our speeches, and to make them as good as possible. We knew no round was **going to be easy, and when we found out we'd been sent** through to the second round, we were very pleased, but we knew the work was far from done.

Next up was the district round, compiled of the four teams who had won the local round in their specific area. Yet again, we were making sure our speeches were the best that they could be, and that we had taken the feedback given to us into consideration.

The second round was at COWA (College of West Anglia) and we were presenting on the same topic, and to our delight, we won the Intermediate Competition and were through to the regional round. We were extremely happy with the result, but like last time, we had to use the feedback and prepare for the next round.

A few days after we progressed, we had the opportunity to perform our speeches to the Kings Lynn Rotary Club. It was a great opportunity to build even more confidence, and to prepare answers to potential questions we could be asked for the next round.

For the third round, we had to travel to Chelmsford to compete. Again, there were four participating teams and the stakes were higher than ever, and the teams were of a

higher standard than previously. We had to make sure we were 100% ready to present. And luckily, we were, as we came out of the round extremely happy with our performance and through to the national finals, where we would be presenting against teams from all over the UK.

Following the result, a celebratory tea party was organised to celebrate our achievements. This gave us a chance to perform our speeches to senior members of staff, members of the rotary and even Mr. Johnson. It was a great experience

The competition final was held at a college in Exeter St. **David's, six hours from King's Lynn. The three of us**, along with our teacher Miss Roberts, travelled down on the train the day before the final, it was a great experience for all of us! Our parents also made the journey down to support us as they did throughout the competition. When we arrived, we did some last-minute practices to make sure we had everything up to standard, we were ready for the final.

The next day some of the nerves started to kick in, but **we knew we couldn't let those get in our way of the** presentation. There were seven participating teams, including us. We knew we had to put in a good performance, which we did, and although, in the end, the **result didn't go our way, we came out of the** competition with our heads held high and we were highly commended!

It was the first ever time a team from Kings Lynn had reached this stage, it was a great experience for all of us **and the King's Lynn Rotary Club were very proud.**

Although the main achievement was reaching the final, we also learnt a lot from participating. It has improved our writing skills, along with our public speaking, which is a good skill to have throughout life. The Rotary Youth Speaks Competition is a great opportunity to get involved in if you like a challenge, wish to enhance your speaking and presentation skills and like working as part of a team. It takes dedication and commitment but is very enjoyable, you get to meet lots of new people and listen to some great presentations.

We most certainly couldn't have got this far without the support from the Rotary Club, who were with us all the way! We are very thankful to them for all their support, encouragement and advice.

I hope that this inspires you to try public speaking, **we believe it's a very important and useful skill to have.**

Finley, Harry and Mackenzie

ptfa@springwood

Meet the Team

PTFA Committee:

Chair - Angie Kirkham

Vice Chair - Hayley Webb

Treasurer - Louise Paffett

Vice Treasurer - Samantha Cullan

Secretary - Jenine Samways



The Springwood Parent, Teacher, Friends Association or PTFA has recently been reformed as we feel it is an excellent way to bring together parents, teachers and the local community, to raise money and help support the school.

It provides an opportunity for everyone to work together to: Raise funds to help the school provide resources and extra for the pupils. Provide support for school trips and outings and other special events. All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events - you may even just like to provide the odd cake here and there! Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

For further information please contact Jenine Samways on one of the following:
Email: ptfa@springwoodhighschool.co.uk Telephone: 07793032238

FORTHCOMING EVENTS

Date	Event
Tuesday 11 September 2018	PTFA meeting in Room O11
October 2018	Second Hand Uniform Sale—Venue and Times TBC
Friday 12th October 2018	New Year 7 Disco @ 7pm Drama Studio
Friday 9th November 2018	James Bond Evening—further details to follow
TBC	Lincs Fashion Show

Click on link below for minutes of the meeting 5 June 2018

<http://www.springwoodhighschool.co.uk/page/?title=PTFA&pid=263>



Follow us on: @SHSPTFA



PTFA SPRINGWOOD



Date of Next Meeting

Tuesday 11th September 2018, 18.00pm—Room O11

Please email any agenda items to:

ptfa@springwoodhighschool.co.uk



sports@springwood

TOWN SPORTS CHAMPS



On Friday 18th May, 9 Secondary Schools competed in the West Norfolk Athletics Championships held at Lynnsport. The Springwood High School athletes dominated in all 4 age groups (ys 7, 8, 9 & 10), finishing 1st with 631 points, a staggering 102 pt lead over 2nd place Downham Market Academy (529pts) and 3rd place KES (481pts).

There were many fantastic performances during the event but in particular the following athletes will represent both their school and district at the Norfolk School Games, held at the UEA athletics track on Thursday 21st June:

Year 7: Ava Ess - 100m & 200m; Kyle Ostil - 100m & 200m.

Year 8: Amie Bugg - High Jump & 200m; Campbell Pick - 800m & 300m; Kayleigh Rudd – Shot; Jack Harvey – Javelin.

Year 9: Will Bradshaw - 800m; Joe Williams - 200m & Long Jump; Mia Moore - 300m & 1500m; Ben Gotsell – Discus; Shakur Casaleiro - 1500m.

Year 10: Lauren Moyse - 100m, Long Jump & High Jump; Ezra Nwobodo - 100m & 200m; Holly Clark - Shot Putt; Jessica Bateman – Javelin; Kyle Wells - 800m & 400m ; Dong Ting Xu - Triple Jump.

Springwood High School has had fantastic sporting successes throughout this academic year – accumulating in Norfolk Titles in Rugby (yr 8 County Cup Bowl Winners and Yr 9 County Cup Bowl Runners up) as well as West Norfolk Titles in Cross Country (Yrs 7-10), Football (Yrs 8 & 9), Hockey (U14), Netball (U14 & U16) and Swimming (Yrs 7-10).

people@springwood

VISITORS FROM EMMERICH GERMANY



On 21st May 6 students and their teachers came for a visit to Springwood. They were received by some of our wonderful Year 9 and 10, who gave them a tour of the school, shared facebook details, invited them in to class and generally made them feel very welcome. Thanks too to Mr Bliss for entertaining the teachers in a typical drama lesson. The Springwood students are: Kyle Hill, Mia Moore, Sophie Hopkins, Lewis Bunting, Lennon Packwood, Tiegian Hitchcock, Elianna Dockerty.

MICHAEL'S 5 MILLION

'Michael's mighty reading success.'

In May, we had a celebratory 'cake and sweets party' for Michael. He was presented with a voucher for reading over 5 million words since starting year 7. Michael's dedication to Accelerated Reader has been brilliant. Since then, he has gone above and beyond and has carried on to read 10 Million words and 100 books.

'They've only gone and done it!'

In January, year 7 were set a target to read 50 million words collectively by July, they have now reached that target and will be celebrating the achievement at the end of the year with a big party on the field. Congratulations to all students in year 7 for your hard work and dedication.



CHARITY @SPRINGWOOD



Mrs Cusdin and the Garden Club sold plants at lunchtimes also at the Charity Garden Party for the King's Lynn Breast Care Unit. They raised £23.66.

Well done to Year for raising £76.98 for Marie Curie.



people@springwood

FREEDOM OF KING'S LYNN

Springwood students watch the Freedom of King's Lynn parade.

The sun was shining on the 3rd of May, we took some of our year 7 students to see personnel from RAF Marham exercise their 'freedom of the borough' parade. It was located on the Tuesday Market place in King's Lynn.

Our students really enjoyed the experience, and got a real treat as they saw the last ever flypast from the Tornado aircraft, which has been strongly associated with RAF Marham for the past 35 years. Springwood had a prime spot on the Market place to see the parade. Our students loved the drumming and music from the RAF band, they each received a flag to wave during the parade and even got to do an interview with Jill Bennett from BBC radio Norfolk.



CINDERELLA



Three students, Teddy Parker, Chloe Raab and Sophia Collins had the opportunity to perform with the English Youth Ballet at the Norfolk Theatre Royal at the end of May.

They had to audition for a place, there were over 300 applicants and they were one of the lucky 100 to go through. Over seven weeks every Saturday and Sunday with an odd Friday they rehearsed for up to 6 hours. They enjoyed the experience, dancing with the professional dancers and have realised that this is something what they would like to do in the future.



sixthform@springwood

FUTURES DAY

14th June was sixth form's annual futures day. This day followed on from our trip to the UCAS convention and the beginning of futures activities during tutor time as we begin to sharpen our focus on the futures of our sixth formers.

The day started with a budgeting exercise to help sixth formers to understand how far their money will (or won't!) go when they are in their careers. Sixth formers had to budget for everything a working person might have to spend money... on from mortgages to water bills! Sixth formers certainly learnt a lot about the price of mortgages - I certainly would like to have a mortgage at some of the rates they proposed!

There was then a session from visiting alumni of our sixth form. They spoke about their lives so far and gave advice to the current crop of Springwood sixth formers. Grateful thanks to Roisin Mallen, Hollie Nelson, Jordan Baines, Harry Seaton, Jacob Bullock, Sophie Cole and Reece Townsend for coming back to see us and talking about their exciting lives so far!

The day included talks from apprenticeship providers and a full guide to university and the UCAS process. The day concluded with an 'Employers' Market.' Students could see stalls from a full range of employers and universities. Over 40 companies had stalls and we are very grateful to them for taking time out of their schedule to attend our Futures Day.



Please see the images from the Employers' Market and look out for our current year 12s in the future!

GOLD FOR LILY

On the week-end of 12 May, Lily brought home a total of five gold medals from having competed in the Norfolk County Athletics competition winning:

IPC 100m 20.0 secs (Gold) ~ IPC Long-jump 2.34m (Gold) Abled bodied shot 4.04m, she competed alongside athlete Sophie Mackenna once again. On the Sunday she competed in the Special Olympic Norfolk Competition -

100 m 19.9 secs equal PB (Gold) Long jump 1.98 m (Gold), Shot 3.72m (Gold).

Lily is hoping once again this year to take part in the National School games at Loughborough.

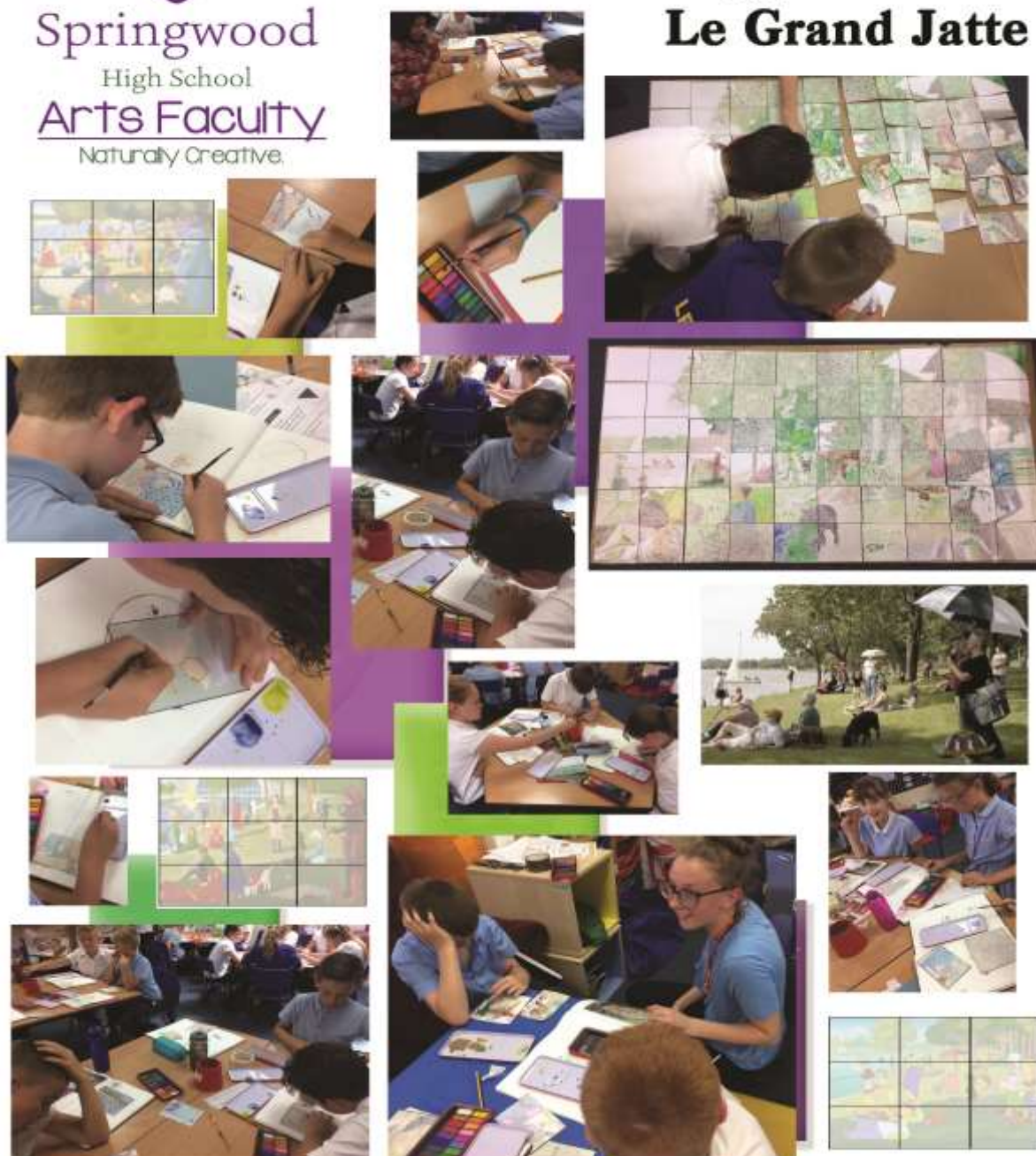
Lily took part in Chelmsford on the 10 June in the Eastern Regional Disability Champs. Lily opened the proceedings with the long jump with a jump of 1.99m winning a gold medal. Her next discipline was the 100m sprint, setting a new record for the club and county of 19.83 seconds. Lily's last event was the shot put and she took a silver with a throw of 3.94.



art@springwood

SHS
Springwood
High School
Arts Faculty
Naturally Creative.

Holly Meadows Primary School The Bigger Picture Le Grand Jatte



Miss Simons has been doing some Primary outreach work in the local area and visited Holly Meadows Primary School for the afternoon working with Year 6. They have spent some time in class looking at 'A Sunday Afternoon on the Island of La Grande Jatte' by Georges-Pierre Seurat and Miss Simons, with the assistance of two of her Year 13 students - Kerry Bensley and Anam Khatri, introduced them to mixing colours on the page using pointillism in the style of Seurat. The class worked collaboratively to create the bigger picture of a modern day scene based on the painting, working on individual sections and putting it all together, as well as more comical variations of the Simpsons, Pokemon and Marvel Characters to name a few in the same pose. A fun afternoon was had by all.

sport@springwood

2017-18 SPORT RESULTS ROUNDUP

OCTOBER 2017



WINNERS OF WEST NORFOLK TOURNAMENT– WENT ONTO NORFOLK SCHOOLS HOCKEY TOURNAMENT

@ GRESHAMS SCHOOL

Springwood tops the Norfolk State Schools! U14 Girls Hockey team come 3rd in County!

DECEMBER 2017

NORFOLK SCHOOLS CHRISTMAS

SHOW JUMPING EVENT @LIME KILN

EQUESTRIAN CENTRE (THURSFORD).

Overall The 4 girls achieved a 3rd in the 80cm team class, an Individual 3rd in the 80cm, a first in in the 80cm Pairs class and an individual 1st in 90cm class



JANUARY 2018

YRS 7 -10

SWIMMING GALA

WINNERS



sport@springwood

NETBALL

LEAGUES

YR7, YR 8, YR 9

YR 10, YR 11

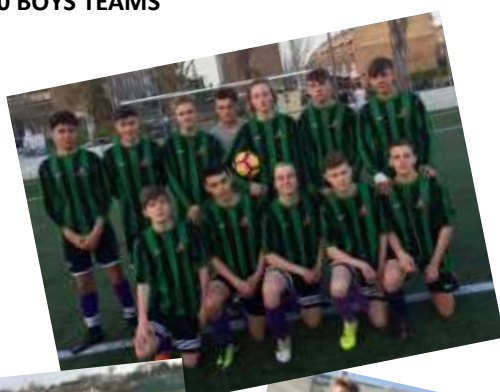


Both U14 & U16 Netball teams won the West Norfolk Schools Tournament to proceed to the Norfolk Final

RUGBY TEAMS

YR 7, YR 8, YR 9, YR 10 BOYS TEAMS

U13 GIRLS TEAM



sport@springwood

WEST NORFOLK SCHOOLS

BADMINTON

TOURNAMENT @ ST CLEMENTS:

KEY STAGE 3 (BOYS & GIRLS)

KEY STAGE 4 (BOYS AND GIRLS)

WINNERS KEY STAGE 4 GIRLS



JANUARY 2018

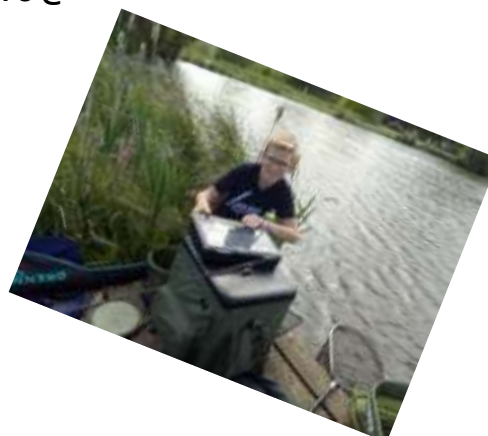
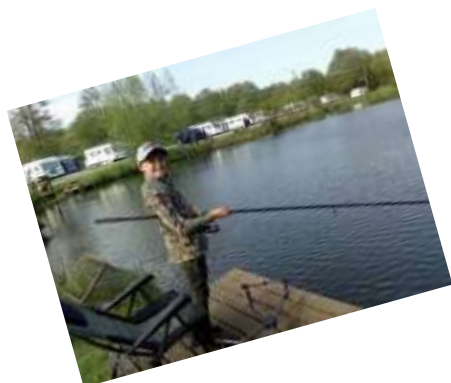
WEST NORFOLK SCHOOLS **BASKETBALL** TOURNAMENTS @ KLA

YR 7/8/9 BOYS TEAMS YR 7/8/9/10/11 GIRLS TEAMS



MAY 2018

WEST NORFOLK SCHOOLS **ANGLING** CHAMPIONSHIPS @
NARBOROUGH TROUT LAKES: 5TH PLACE



MAY 2018

U13 **CRICKET** TEAM

FIRST WIN OF THE SEASON

Vs LITCHAM

U13 & U15 LEAGUES



headteacher@springwood

MESSAGE FROM MR JOHNSON

The sun is shining outside as I write to you all. Year 11 and 13 have now come to the end of their examination season. It is very pleasing that our examination invigilators have commented to me on the outstanding behaviour of all our students. This year, our year 11 students take the new GCSE in all subjects for the first time (other than Mathematics and English which started last year). The new GCSE qualifications are more challenging and I am proud of how both the Teachers and Students have worked to ensure the best possible grades in the Summer. As I always say, the August results days are my two favourite days of the year. I am looking forward to seeing the smiling faces of our successful youngsters who will then move on to the next stage of their education, either at Springwood or elsewhere.



The next month is jam packed with after school events ranging from the Primary Concert to the Fashion Show (and all manner of other events inbetween!). All of them will be the product of a huge amount of talent and hard work to achieve a professional quality performance. I hope you will come along and celebrate the many and varied talents of our students.

Today is the first of our transition days for the new year 7 intake. I am proud to say that Springwood has been over subscribed again this year. To my Governors and I, the passion from parents and students to attend our school is worth a 1000 Ofsted judgements. We will continue to strive to improve our school so that it remains a popular choice.

Please enjoy the beautiful Summer weather!

Andy Johnson
Executive Headteacher
West Norfolk Academies Trust



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