



GCSE PRESENTATION EVENING

On Thursday 9th November 2017, Springwood High School held its annual Year 11 Presentation Evening. A special evening to celebrate and present GCSE certificates and individual awards to prize winners. The prize for the highest GCSE grades went to Molly Paffett, who gained 9 A* and a 9 in Mathematics (the new highest score).

The evening was very well attended and a great success with an inspirational talk by guest speaker Miss Lucinda Knight. Lucinda talked about her life journey so far having battled two rare brain tumours.



Lucinda now raises funds for a charity which supports rare brain tumours, based at Addenbrookes Hospital.



Prize winners pictured above with the Guest of Honour Miss Lucinda Knight, Mrs Arterton (Vice Chair of Governors) and Mr Johnson (Headteacher). Prize winner details overleaf on page 2.



In the next issue ... New York Barrister, the Queen's Prize winner plus lots more!!

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| ART | AT L | Amber Glasel |
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| BUSINESS | 12112 | Rebecca Moyle |
| COMPUTING | | Sara Farrukh |
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| ECONOMICS | CAN A STANK | Alimay Campbell |
| ENGLISH LANGUAGE | | Daisy Key |
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| GEOGRAPHY | A MARKEN AND AND AND AND AND AND AND AND AND AN | Ana Alves |
| GERMAN | | Francesca Featherby |
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| HEALTH AND SOCIAL CARE | | Imogen Haylett-James |
| HISTORY | | Lewis Seymour |
| ІСТ | | Megan Freeman |
| MATHEMATICS | Summer of the second second | Finnegan Furey-King |
| ADDITIONAL MATHEMATICS | | Grace Brundle |
| MUSIC GCSE | | Rachel Ampomah |
| MUSIC VOCATIONAL | | James Tillott |
| PERFORMING ARTS | | Mary Simms |
| PHYSICAL EDUCATION | | Caitlin Bugg |
| RELIGIOUS EDUCATION | | Emmy Armstrong |
| SCIENCE | CORE | Caitlin Ward |
| | ADDITIONAL | Tia Ackers |
| | BIOLOGY | Harriet Surrage |
| | CHEMISTRY | Daniel Harvey |
| | PHYSICS | Megan Tomsett |
| SPANISH | | Hannah Long |
| SOCIOLOGY | | Vlad Cotton |
| TECHNOLOGY | FOOD TECHNOLOGY | Abigail King |
| | GRAPHICS | Amy Hughesdon |
| | PRODUCT DESIGN | Ruby Platt |
| BLICKLING HOUSE | | Felicity Webb |
| FELBRIGG HOUSE | and the second second second | Taylor-Anne Powell |
| HOLKHAM HOUSE | and the second s | Daniel Harvey |
| OXBURGH HOUSE | AND A PRIMA | Molly Holmes |
| SANDRINGHAM HOUSE | | Emmy Armstrong |
| AWARD FOR BEST ACADEMIC RESULTS | | Molly Paffett |
| MOST IMPROVED STUDENT OVER KS4 | | Daisy Key |
| ATTENDANCE PRIZE | | Rachel Ampomah |
| JESSIKA-MAE PRIOR SHIELD (For Inspirational Courage) | | |

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SPRINGWOOD HIGH SCHOOL MOCK TRIAL TEAM FROM KING'S LYNN HOPE FOR A SECOND BIG WIN IN NEW YORK WORLD CHAMPIONSHIPS

Ali Taz PUBLISHED BY EDP: 30 October 2017 to read the full article follow the link below

http://www.edp24.co.uk/news/springwood-high-school-mock-trial-team-from-king-s-lynn-hope-for-a-second-big-win-in-new -york-world-championships-1-5257364 - Thanks to the EDP and Ian Burt for permission to use the article



Students at Springwood School are preparing for a mock trial competition in New York. Pictures by Ian Burt

Seven students from a West Norfolk school may face trial next month in New York.



But they will be acting as prosecutors, defenders and witnesses for a mock trial competition in the Empire Mock Trial world championships. Students from Springwood High School sixth form, in King's Lynn, are hoping to gain a second big win after competing last year and coming fourth in the world. They are the only British school to make the top ten list against 43 other school teams from around the world.

The Springwood mock trial team was formed four years ago and has since taken part in both national and international competitions. Its current members are Sam Mount, 18, Abbi Peters, 17, Rachel Ampomah, 16, Izzie Russen, 16, Adam White, 16, Elliot Simpson, 17, and Sophie Ward, 16. On their first international competition, Sophie Ward said: "It was amazing, the whole experience was incredible. We got to do so many things but the best part was the competition." The team spent long hours in a district court in Brooklyn over the two days of the competition, presenting their cases to judges and winning seven rounds in total.



"When we went, we expected to come 40th, we are quite a strong team but we have never practised American law before," Miss Ward added. "The experience was so amazing we jumped at the chance to do it again. Even if we do not come higher than fourth we want to go and represent the UK." The team have been rehearsing ahead of the championships in King's Lynn crown court and have been receiving feedback from Judge Graham Boal. In order for the team to be able to compete in New York on November 16 - 20, they are hoping to gain as many sponsors to raise £10,000 to cover the expenses. The team would like to thank the following sponsors for their support: Norton Rose Fulbright, Fraser Dawbarns, Consent Solutions, Lady Leicester of Holkham, Ince and Co, CMS London, Squire Potten Boggs, Taylor Vinters, Simmons and Simmons, King's Lynn Rotary Club, Metcalfe Copeman & Pettefar, Savills, IBA Wealth Management and Fisher Jones Greenwood.

Mock trial

The team have been practicing the mock civil case of a fictional American teenager, Meric Calief, in King's Lynn Crown Court. Mr Calief, 18, took his own life 10 weeks after being released from the fictional Powers Prison. Plaintiffs Harry Calief (Meric's father played by Sam Mount) and former inmate Frank Lynn have brought a civil lawsuit against the prison for negligence. In his opening speech, team prosecutor Elliot Simpson told jury members and Judge Graham Boal that Powers Prison showed a "deliberate indifference to Meric Calief's physical safety." The court heard how Mr Calief was strip searched for drugs by correctional officer Meg James using "malicious and sadistic excessive force." Witnesses in the case include Mr Calief's psychiatrist Dr Hakka Singh (Adam White) and prison gang member Patten Schrier (Sam Mount). The trial continues... Hopefully, in the Empire Mock Trials world championships in New York.



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POETRY BY HEART

For Poetry by Heart recitation competition this year, students recited First World War poems chosen from the Poetry by Heart First World War Poetry Showcase. The competition was open to all pupils in Key Stages 3-5. Eight students from Years 8, 10 and 12 took part in it and showed their high appreciation of poetry.

Year 8 winner is Merissa Lawrence (8S1); Year 8 runner-up is Anouska Chandrasekar (8H1). Year 10 winner is Nina Koulman (10F2); Year 12 runner-up is Cait Zipfell (12-02).

Now our school winners will participate in the county final . Good Luck !







PELICANS HOCKEY CLUB

On Thursdays at 7.00 - 8.30 pm there is Boys' Development training at Lynnsport. It is a Development Squad for ages 12 and above, adults are allowed. It is a great way to make new friends improve hockey skills and enjoy a nice game of hockey with amazing coaching from the PelicanS staff.

We do a few skills exercises, a training game and a proper match all in a safe friendly environment. Any one attending will need to wear trainers (ideally hockey or astro trainers), shin pads and gum shields, as well as comfortable kit. There is no need to book just turn up and play.

For more information contact Jon Brown e.mail: Fairfield @itsadsl.net

Article By Matthew Lloyd 8F1





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BOOKS FOR YEAR 7





At the start of September Year 7 chose a book from a list of selected books. Bookbuzz aims to inspire excitement about reading and discovering new books and authors. It is hoped that they will enjoy their Bookbuzz book and encourage them to continue reading. The other titles can be found in the school library or public library. For more information go to http://www.bookbuzz.org.uk/. Year 7 pictured are with their English teacher showing off their books.



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STEMM AT RAF MARHAM

The Year 10's who are doing STEMM at Springwood High School visited RAF Marham for a plane building activity. Five teams of three built a plane based on the supplies given to us and we also had to draw a design inspired by RAF 100.

When we arrived we went on a long walk to the hangAr, where live aircraft were flying over us! We also went around eleven different stands for 20 minutes each and got to interact with them. They included 3D maps to evacuation seats to liquid oxygen and life rafts (which were incredibly comfy!)

The flying part was a great success as we (more specifically Tate) flew their plane closest to the target and won the trophy for best flight, and we also came joint first in the design of the plane.









SAFEGUARDING AT SPRINGWOOD

Springwood High School is committed to working in partnership with parents/ carers to safeguard and promote the welfare of children and to support them to understand our statutory responsibilities in this area.

We would like to remind you that our Safeguarding Policy can be accessed in full through our school website in the About Us/ School Policies section.

The purpose of our policy is to ensure that every child who is registered at our school is safe and protected from harm. This means we will always work to:

- Protect children and young people at our school from maltreatment;
- Prevent impairment of our children's and young people's health or development;
- Ensure that children and young people at our school grow up in circumstances consistent with the provision of safe and effective care;
- Undertake that role so as to enable children and young people at our school to have the best outcomes.



#impact@springwood

NORFOLK EMERGENCY SERVICES VISIT

Norfolk Emergency Services visited Springwood High School on Friday 1 December to conduct a #Impact demonstration. # Impact, is an initiative aimed at educating young drivers about road safety and to highlight what can happen when things go wrong behind the wheel.

The emergency services came to Springwood High School and gave a demonstration on car safety.

A young driver that had once experienced a car crash which led to very

serious injuries for the rest of his life gave us a first-hand insight on the impacts of unsafe driving and how it could be prevented.

During the demonstration firefighters, police and paramedics were on site to explain what happens after a crash occurred. The ambulance service used a volunteer from the sixth form to explain the procedures taken if this were a real life situation; from stabilising the casualty to removing them from the car using a spinal board. Whilst the ambulance service were stabilising our volunteer the fire service began to cut away the car roof to enable the paramedics to extract the casualty safely. They began by breaking all the car

windows – this ensured that the glass did not smash due to a change in pressure and further injure the casualty when removing the roof. Once the roof had been removed the casualty was strapped to a spinal board and removed from the vehicle.

Once the fire service and the paramedics had finished getting the casualty out of the vehicle, the police service explained the steps that followed if this were a fatal accident – these steps included conducting investigations, taking statements, interviewing any eye witnesses to

help to find out the cause of the crash, identifying the victim and informing the family of the incident. The police explained how hard it is to deliver these messages to familIES and how much grief it causes.

This demonstration gave the sixth form a real life view of on what goes into rescuing casualties from crashes – It has really put the importance of following car safety rules into perspective and how much grief it can stop if all drivers young and old follow the rules of the fatal four; do not drink and drive, do not use drugs and drive, always wear your seatbelt, and to follow the speed limit at all times.

Report written by AliMay Campbell, Elizabeth Cerina and Josie Mapp, Year 12









year11@springwood

YR11 UPDATE

Congratulations to our new Head Boys and Girls.

Oliver Simpson 11B2 Malu Nair 11F1 Sophie Wareham 11F2 Olivia Morris 11F2 Claire Mellor 11H1 Emily Grimes 11H2 Jessica Taylor 11O2 Roshin Roy 11S1 Isabel Harmer-Borley 11S1 Harriet Tuck 11S1

As you can see, in a break from tradition, we have appointed ten of the very best at interview rather than two from each house. All have already got stuck into their new role representing the school at the presentation evening, meeting Mr Johnson



to discuss their plans for next year and organising an environmental working group. I am already enjoying working with them this year!

Elsewhere students have mostly now completed their applications for Springwood Sixth Form, college and apprenticeships. With a destination in mind, students now have a goal to work towards and they have been studying very hard indeed for their November PPE's. We have been very impressed with their performance so far and with Science and RE still to come in the final week of term, they will be very busy right up until Christmas. All of us in the year 11 team wish you a very Merry Christmas and a restful fortnights holiday and look forward to seeing the class of 2018 in 2018!

ATTENDANCE

Attendance at school is vitally important if you wish to achieve your goals. Your aim should be 100% attendance

Remember:

- Be punctual to every lesson. School starts at 8:50am, but you should be in school at least 10 minutes before then. At lunchtime the bell at 1:20pm indicates you should start making your way to lessons so that the lesson can begin at 1:25pm
- Unless you are seriously ill you should be in school. If you are off make sure that your parent/guardian telephones your Year office.
- Your attendance should not fall below 95% during the school year, and remember good attendance allows you to keep up to speed in lessons. If your attendance is around 90% or lower you will be called into a brief meeting to check that you are ok, and if you have any concerns within school.
- There are form competitions for the best attendance, and certificates/achievement points for individuals which count towards your year goals.



charity@springwood

Reports by India Knights, Chloe Church, Libby Bray, Evelyn Perryman Year 10

YEAR 8 SHOEBOX APPEAL



Congratulations to the Year 8's who have collected and packed the shoe boxes, they handed over the boxes earlier on in the month. They would like to thank everyone who donated a gift. They will be greatly appreciated.

Well done



SUGAR FOR SHELTER

Springwood has been collecting bags of sugar to help local charity organisations which support the homeless, needy and vulnerable in Norfolk and Suffolk. The Buckingham Trust charity has been helping for over 30 years.

The reason they are using the sugar as it is an essential ingredient for Christmas foods such as puddings, cakes and hot drinks. It's also a fast energy boost for the homeless.

Overall the school has collected 117.5 kg of sugar. We are very proud of our students achieving this amount.





7F2 bought in 22 Kg of sugar pictured right

NELSONS JOURNEY





Nelsons Journey is a charity that supports children and young people up to their 18th birthday who have experienced a death to someone special to them. They offer one to one with other children that have also felt a loss of someone they love.

Springwood year 9 students Alyssa Dean, Keeley Todd, Ellie Clark and Chloe Fysh have helped to rise \pm 155.10. To win they have to name a pig. The winners are Mrs Richter and Chloe Fysh.



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CAKES AND SHAKES

TOP SPORT BOYS AND GIRLS PE- YEAR 9

On the 29th of November the year 9 top 6 boys and top 6 girls celebrated being the best in PE. They had shakes and had some cakes. Mr Bliss and Mrs Penny are very proud of their year 9.

Girls -9B1-Regan Palmer, Ella Howard -9F1-Katlyn Powley – keating-9F2-Mia Moore-9H1-chloe Papworth-9S2-Poppy Beales

Boys -9B2-Allen Hegante-9H2-Jacob Tarry-9H2-Harvey Maxwell-9O2-Shak Casilero, Archie Minns-9S2 Issac Mayes



The following students celebrated with Mr Bliss and Mrs Penny and devoured 'cakes and shakes'. They are the Year 9 Top Achievers – with the highest Conduct Points in Year 9 so far. Well done.

ELEA SIMMS, NEETHU THOMSON, ZARA BEK, ELLA CHIM, EMILY RIGG, TALLY DOYLE, CARLY ENGLISH, KIERA CLARKE, CHARLOTTE ASHFIELD, SARAH HAJOMAR.



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8H1 HELP THE FOOD BANK



8H1 have been up to their usual festive tricks, CHARITY WORK!

8H1 have organised a collection through November, to get food for the local Foodbank. They even did an assembly on the topic to get food, as well as spoke to the local Foodbank to arrange collection and to get some facts about the Foodbank in King's Lynn.

As a team, they collected a car boot full of food. We have been informed that they will have given several families (around 50) a very merry Christmas!

TESCO..... EVERY LITTLE HELPS!





Many thanks to all those that supported our school through the Tesco Bags of Help scheme. With the grant received we managed to re-vamp the much neglected roundabout!



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WALKING WITH THE WOUNDED



I am Mark Fitzpatrick, the Director of Operations for West Norfolk Academies Trust and in April 2018, in aid of the charity Walking With The Wounded, I am attempting the gruelling Marathon des Sables (MDS), which is said to be the toughest footrace on earth. The MDS consists of six marathons in six days across the Sahara desert, covering over 250km, in temperatures rising to 50 degrees centigrade. The rules require me to be totally self-sufficient, so I have to carry everything I need to survive on my back, except water which is rationed to 12L a day. I am taking on this challenge to raise vital funds and the profile of this Norfolk based charity.

Walking with the Wounded (WWTW) was established in 2010 to support the employment aspirations and vocational outcomes of our wounded, injured and sick servicemen and women. WWTW assists them in finding new long term careers outside the military, reintegrate into society and provide long-term

security for themselves and their families.

This is a charity that I am very passionate about, being an ex-service man myself and I hope to raise \pm 15,000 for this worthwhile cause,. All funds raised will go to WWTW's programmes that provide help to veterans who experience mental and physical health difficulties.

Every penny counts so please sponsor or assist me in order to help those who need WWTW's support. I really appreciate any backing as this will really drive me forward when the going gets tough.

To support Mark in his challenge, we will be holding a Christmas Jumper day on the 19th December with proceeds going to this worthwhile cause.

If you would like to donate then please visit my virgin money giving page: https://uk.virginmoneygiving.com/mdsmark2018



