## people@springwood



Thank you to all who supported this charity fundraising event with the cake/plant sale and games in the LRC. Many thanks to Mrs Frost for being very accommodating in allowing us to use the LRC facilities. The total raised was $£ 60.45$ p.

Future plant sales will be in aid of the Garden club at SHS as have lots of areas and ideas for next term.

Mrs Claire Cusdin (Tech T/A)


INTERSCHOOL GAME CONCEPT COMPETITION


The computing department organised a Game Concept Competition, against other schools. We had to design a new game that 8-16 years old would like and make it unique. We had to work in teams to create designs and all the information about the game. We then presented it at the end of the day.
"We came second place only beaten by four points. And we thoroughly enjoyed the experience. As it taught us about the game making industry. Our concept was tackling tough issues. We used our time well and we were very proud to finish our presentation. We loved doing something different for the day. (Kaja Janiszewska, Alex Bryan and Jacob Watson 7H2)"
We were asked to create a poster or powerpoint on Internet/Computer safety and include rules and methods to stay safe online. Being safe on the computer is very important because there are lots of hidden dangers.
Creating my poster I wanted to something different so I did it in the shape of a computer screen I hope I get ATL - Alyssa Baptist 7B2.
The winners were St Clements High with Springwood in second place Marshland High and Smithdon High were the other teams.


Photographs taken by Ben Croxford 12-08

# people@springwood 

## YEAR 7 AND 8 TRIP TO FRANCE - written by Zara \& Meggan

A four day trip to France which involved a day trip to Paris, a full day of activities at the Chateau where we were staying, also a visit to a French town, and to a bakery. In Paris the coach took us to Tour de Montparnasse and we went to the top and got an incredible view of Paris. It has the fastest elevator in Europe. We were then taken to the foot of the Eiffel tower to eat our lunch. The last visit in Paris was to walk up and view the artists square and look at various old buildings.

The next day was activities day which began with a tour of a French town. Back at the Chateau, we were split into six groups and each group did two activities, one dry and one water sport. The water sports were either paddle boarding, canoeing or kayaking and they were GREAT FUN.

Finally, on the fourth day, it was time to go home but we stopped at the bakery where we were shown how to make croissants and had to follow instructions in French.


## sport＠springwood



The annual sports days were held on 11 and 12 July．This Year the House Trophy was won for the third successive year by Felbrigg House．Awards were presented to the Victor and Victrix Ludorum for each age group by Mr Johnson．

|  | $\begin{aligned} & \text { ふ } \\ & \vdots \\ & \frac{9}{7} \end{aligned}$ | $\begin{aligned} & \text { ふ } \\ & \text { 箩 } \end{aligned}$ | $\begin{aligned} & \text { ふ } \\ & \infty \\ & \text { o } \\ & \frac{1}{\omega} \end{aligned}$ | $\begin{aligned} & \text { ふ } \\ & \infty \\ & \text { © } \\ & 0 \end{aligned}$ | $\begin{aligned} & \widehat{\omega} \\ & 0 \\ & 0 \\ & \stackrel{\rightharpoonup}{0} \\ & 0 \\ & \frac{0}{7} \end{aligned}$ |  | $\begin{aligned} & -1 \\ & -1 \\ & \underset{i}{2} \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| bLickling | 105 | 109 | 120 | 78 | 133 | 93 | 638 | 4TH |
| FELbRIGG | 143 | 97 | 139 | 137 | 169 | 147 | 832 | 1ST |
| ногкнам | 77 | 150 | 84 | 96 | 134 | 101 | 642 | 3RD |
| OXBURGH | 95 | 111 | 69 | 127 | 127 | 87 | 616 | 5TH |
| SANDRING－ HAM | 146 | 107 | 147 | 142 | 98 | 94 | 734 | 2ND |

HAM
VICTRIX／VICTOR LUDORUM

| A BUGG（S）29 <br> K RUDD（F） 29 | C PICK（0）29 | P BEALES（S）36 | W BRADSHAW（F）33 | L MOYSE（H）30 | K WELLS（F）24 |
| :---: | :---: | :---: | :---: | :--- | :--- |
|  | YR7 GIRLS | YR7 BOYS | YEAR 8 GIRLS | YEAR 8 BOYS | YEAR 9／10 GIRLS |

Continued／．．．．．


## THANKS FROM LUCY EDWARDS 13－06

I would like to thank the School for their support and for sponsoring me in the English Schools Competition，I came 11th in the Long Jump．

## sportresults@springwood

Year 9 \& 10 Boys

| EVENT | EVENT | RECORD | FIRST-10PTS | Hs | Time/Dist | SECOND -9 Pts | Hs | Time/ Dist | THIRD -8 PTS | Hs | B | F | H | 0 | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 18 | 1500 m | 4 m 31.60 | B TUTTLE | 0 | 5.04 .84 | K SMITH | F | 5.08 .94 | A POWELL | F | 0 | 17 | 0 | 10 | 13 |
| 24 | TJ | 11 m 84 | $\begin{aligned} & \text { L JOHNSON } \\ & \text { K MAYES } \end{aligned}$ | $\begin{aligned} & \hline B \\ & S \\ & \hline \end{aligned}$ | 9M40 |  |  |  | A KUZAS | S | 10 | 0 | 6 | 7 | 18 |
|  | LJ | 5m19 | L RUDD | F | 4M50 | C HAZEL | H | 4M32 | K MAYES | S | 6 | 17 | 9 | 0 | 8 |
| 59 | 800m | 2m13.70 | K WELLS | F | 2M30.56 | J ISLE | S |  | O SIMPSON | B | 15 | 10 | 0 | 6 | 9 |
| 30 | Javelin | 39 m 60 | J TIVEY | B | 38M70 | B ANDREWS |  | 27M36 | W FREENMAN | F | 16 | 8 | 0 | 9 | 7 |
| 53 | 400 m | 54.62 s | K WELLS | F | 59.11 S | K SMITH | F | 60.93S | T LOCKEY | H | 0 | 19 | 8 | 7 | 6 |
| 36 | Discus | 31 m 17 | M HIGBY | H | 32.3 | R STRANVINSKAS | F | 24.9 | J BAKER | B | 8 | 16 | 16 | 0 | 0 |
|  | 200m | 24.95 s | E NWOBODO | F | 25.06 S | E HEWITT | H | 25.52S | K PEDDERSMITH | 0 | 0 | 10 | 16 | 8 | 6 |
| 12 | HJ | 1 m 72 | L JOHNSON | B | 1M55 | JHANSON | F | 1M47 | J UTTERIDGE | S | 17 | 15 | 0 | 0 | 8 |
| 47 | 100 m | 11.42s | E NWOBODO | F | 12.42 S | E HEWITT | H | 12.71 S | $\begin{aligned} & \text { J STREZNI- } \\ & \text { OSK } \\ & \hline \end{aligned}$ | 0 | 7 | 10 | 9 | 14 | 0 |
| 71 | $4 \times 100 \mathrm{~m}$ | 48.25s |  | H | 51.58 S |  | 0 | 53.18 S |  | F | 14 | 16 | 20 | 18 | 12 |
| 41 | Shot | 12 m 70 | M HIGBY | H | 11M65 | L RUDD | F | 11M22 | B ANDREWS | 0 | 0 | 9 | 17 | 8 | 7 |
|  |  |  |  |  |  |  |  |  |  |  | 93 | 147 | 101 | 87 | 94 |



Key—New Record

## sportresults@springwood

## YEAR 8 BOYS

| EVENT | EVENT | RECORD | FIRST-10 PTS | Hs | Time/Dist | SECOND-9PTS | Hs | Time/Dist | THIRD-8 PTS | Hs | B | F | H | 0 | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 91500m | 5 m 09.63 | S CASALEIRO | 0 | 5M15.55 | O KITCHENER | F | 5M22.08 | J KOULMAN | F | 0 | 17 | 7 | 10 | 6 |
|  |  |  | R WAKE | S |  | $J$ PARISH | B |  | P WHITE | 0 | 5 | 0 | 2 | 3 | 5 |
| 16 | 6 Javelin | 35 m 36 | J WILLIAMS | Hs | 27M35 | B GOTSELL | 0 | 23M60 | K HLYMINAS | S | 0 | 0 | 10 | 16 | 14 |
|  | 6800 m | 2 m 25.69 | W BRADSHAW | F | 2M25.55 | C LAKE | B | 2M35.91 | O KITCHENER | F | 9 | 20 | 0 | 7 | 6 |
|  | 4 TJ | 9 m 75 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 4LJ | 4 m 45 | W BRADSHAW | F | 4.75M | K CHLYNINAS | S | 4.26M | J NEALE | S | 0 | 12 | 0 | 14 | 17 |
|  | 2400 m | 60.31s |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 22 | 2 Discus | 25m45 | B GOTSELL | 0 | 24M30 | MAYES | S | 21M90 | $J$ PARISH | B | 8 | 6 | 0 | 10 | 16 |
|  | 3200 m | 27.20s | J WILLIAMS | H | 26.57S | W BRADSHAW | F | 26.96 S | J NEALE | S | 0 | 9 | 10 | 7 | 14 |
|  | 8 Shot | 10 m 71 | L COSTA |  | 8M72 | S CASALEIRO | 0 | 8M17 | A LEGARTE | B | 8 | 0 | 7 | 9 | 16 |
|  | 5100 m | 12.95s | J WILLIAMS | H | 12.91S | J NEALE | S | 13.45 S | J TARRY | F | 0 | 8 | 19 | 6 | 9 |
|  | 9 HJ | 1 m 56 | H OSBOURNE | S | 1M42 | MAYES | S | 1M38 | $J$ TARRY | F | 6 | 15 | 0 | 0 | 19 |
|  |  |  |  |  |  |  |  |  |  |  | 48 | 107 | 71 | 100 | 136 |



Year 8 Girls

| EVENT | EVENT | RECORD | FIRST-10 PTS | Hs | Time/ Dist | SECOND-9 PTS | Hs | Time/Dist | THIRD-8 PTS | Hs | B | F | H | 0 | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9 | 1500m | 5m50.87 | M MOORE | F | 6M35.61 | $\begin{aligned} & \text { K CLARKE } \\ & \text { L ALLEN } \\ & \hline \end{aligned}$ | B | 6M46.27 |  |  | 9 | 10 | 6 | 7 | 9 |
| 10 | HJ | 1m43 | P ANDERSON | F | 1M22 | R ELLIS | F | 1M17 | E DOCKERTY | B | 8 | 19 | 0 | 0 | 6 |
| 56 | 800 m | 2m47.36 | M MOORE | F | 2M49.09 | 1 JEFFERY | 0 | 3M07.69 | L ALLEN | S | 7 | 10 | 0 | 9 | 14 |
| 21 | Javelin | 20 m 93 | C PAPWORTH | H | 14M40 | M BOWLING | B | 12M00 | S PATTERSON | F | 16 | 8 | 10 | 0 | 6 |
| 33 | Shot | 7 m 77 | M MOORE | F | 5.84 | K POWLEY KEATING | F | 5.7 | E MELVILLE | B | 8 | 19 | 0 | 0 | 13 |
| 62 | 200m | 29.66s | P BEALES | S | 29.55S | L HENRY | B | 31.72 S | L THOMAS | F | 9 | 8 | 7 | 0 | 18 |
| 27 | LJ | 4m27 | P BEALES | S | 4M27 | $\begin{array}{\|l\|} \hline \text { R ELLIS } \\ \text { C PAPWORTH } \\ \hline \end{array}$ | $\begin{aligned} & \hline \mathrm{F} \\ & \mathrm{H} \end{aligned}$ | 3M29 |  |  | 13 | 9 | 9 | 0 | 11 |
| 44 | 100m | 14.03s | P BEALES | S | 13.53S | E WHITNORE | H | 14.88 | L HENRY | B | 14 | 0 | 9 | 0 | 19 |
| 38 | Discus | 19m60 | A PAGE | S | 16M60 | K POWLEYKEATING | F | 15M60 | R DIACK | S | 6 | 9 | 0 | 7 | 18 |
| 49 | 300m | 55.25s |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15 | TJ | 7m79 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 68 | 4x100m | 59.94s |  | F | 62.36 S |  | S | 62.89S |  | B | 16 | 20 | 14 | 12 | 18 |
|  |  |  |  |  |  |  |  |  |  |  | 120 | 139 | 84 | 69 | 147 |

# sport@springwood 

## Year 7 Boys

| EVENT | EVENT | RECORD | FIRST-10 PTS | Hs | Time/Dist | SECOND-9 PTS | Hs | Time/Dist | THIRD-8 PTS | Hs | B | F | H | 0 | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | 1500m | 5m08.09s | J RUSSELL | H | 6M04.53 | K VINCENT | S | 6M07.05 | A RIPPEN | B | 8 | 0 | 16 | 0 | 16 |
| 32 | TJ | 9 m 45 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20 | LJ | 4 m 17 | JNWOBODO | F | 3M55 | C PICK | 0 | 3M53 | J GRIFFIN | B | 8 | 10 | 7 | 9 | 6 |
| 55 | 800 m | 2 m 27.81 | C PICK | 0 | 2M38.71 | J GRAY | S | 2M45.70 | L ROBBINS | H | 13 | 0 | 8 | 10 | 9 |
| 14 | Discus | 21 m 87 | T OSBOURNE | F | 18M50 | S WOODLOW | B | 17M95 | $J$ HARVEY | H | 16 | 10 | 8 | 0 | 7 |
| 23 | 400m | 63.82s |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26 | HJ | 1 m 40 | C PICK | 0 | 1M30 | J RUSSELL | H | 1M25 | j NWOBODO | F | 0 | 8 | 15 | 10 | 7 |
| 61 | 200 m | 27.76s | T GOODSON | 0 | 29.50S | J HARVEY | H | 29.83S | M DEXTER | H | 7 | 6 | 17 | 10 | 0 |
| 37 | Javelin | 26 m 12 | S WOODLOW | B | 19.55 | D GOOD | H | 18.3 | J PINK | S | 10 | 6 | 9 | 7 | 8 |
| 43 | 100m | 12.89s | T GOODSON | 0 |  | M DEXTER | H |  | J RUSSELL | H | 0 | 7 | 16 | 10 | 6 |
| 8 | Shot | 9 m 39 | L WEBBER | H | 7M35 | M LLOYD | F | 6M55 | ZADWORNY | 0 | 6 | 9 | 10 | 15 | 0 |
| 67 | 4x100m | 58.95s |  | H | 60.36S |  | 0 | 62.43 |  | B | 16 | 12 | 20 | 18 | 14 |
|  |  |  |  |  |  |  |  |  |  |  | 109 | 97 | 150 | 111 | 107 |

Photographs by Anna Howlett 9F1


Year 7 Girls

| EVENT | EVENT | RECORD | FIRST-10 PTS | Hs | Timel Dist | SECOND-9PTS | Hs | Time/Dist | THIRD-8PTS | Hs | B | F | H | 0 | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1500m | 5m23.00s | S BARBER | B | 6M26.74 | G EGGLETON | S | 6M37.20 | H BYRON | B | 18 | 0 | 0 | 6 | 16 |
| 25 | Discus | 20 m 68 | E GREENACRE | H | 15M50 | K DOWSE | 0 | 13M70 | A BAPTIST | B | 8 | 6 | 10 | 9 | 7 |
| 54 | 800m | 2m42.11s | K RUDD | F | 3M04.99 | G EGGLETON | S | 3M06.63 | S BARBER | B | 8 | 17 | 0 | 0 | 15 |
| 13 | Shot | 8m23 | K RUDD | F | 6M94 | T REED | S | 6M22 | N LAROIYA | B | 8 | 17 | 0 | 6 | 9 |
| 31 | Javelin | 17m34 | K SAMWAYS | 0 | 14.4 | K BURGESS | B | 11.6 | N LAROIYA | B | 17 | 6 | 0 | 10 | 7 |
| 60 | 200m | 29.08s | A BUGG | S | 30.02S | M BRADSHAW | F | 30.81S | L STEWART | S | 0 | 16 | 0 | 6 | 18 |
| 7 | LJ | 4 m | S KWA | F | 3M35 | M BRADSHAW | F | 3M25 | $\begin{array}{\|l\|l} \hline \text { E CLARK } \\ \text { S BARBER } \\ \hline \end{array}$ | $\begin{aligned} & \mathrm{H} \\ & \mathrm{~B} \end{aligned}$ | 8 | 19 | 8 | 0 | 6 |
| 42 | 100m | 14.10s | H SCANLON | F |  | A BUGG | S |  | E CLARK | H | 0 | 10 | 8 | 6 | 16 |
| 33 | HJ | 1 m 40 | A BUGG | S | 1M31 | K RUDD | F | 1M31 | K BURGESS | B | 8 | 9 | 7 | 0 | 16 |
| 48 | 300 m | 52.37s |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 66 | $4 \times 100 \mathrm{~m}$ | 59.47s |  | F | 63.99S |  | S | 64S26 |  | 0 | 14 | 20 | 12 | 16 | 18 |
|  |  |  |  |  |  |  |  |  |  |  | 105 | 143 | 77 | 95 | 146 |

## computing@springwood

## COMPUTER SCIENCE



In line with Oxford University, students from Years 10 and 12 studying Computer Science participated in an online examination.

The ethos was computational thinking providing students with problem solving situations within a 40 minute time frame. This was marked by the University and grades awarded Distinction, Merit and participation level.

As seen from the photographs, our students performed extremely well under pressure gaining awards. This is the underlying theme of Computer Science so we wish them well with their external examinations and coursework when they will be putting these skills into action next year!


## computing@springwood

## ERASMUS + GREECE TRIP



It all started by entering a competition in Year 9 to create a role play emphasizing the problem of being in a country which does not understand my language; the prize was to represent Springwood in Greece!

The trip to Greece was a great experience. We were given the opportunity to meet new people, try new food, speak new languages and explore new places. When we arrived in Athens, we met all the other students from 5 other European countries (France, Germany, Spain, England, Italy and Greece) and we introduced ourselves to each other. We then were taken to our hotel which was very nice
 and the rooms were very luxurious.

Everyday after that, the Greek teacher, Aliki, who was in charge took us to some very nice localities. We went into a lot of monasteries which were nestled in the mountains and the view was amazing. We also did a lot of educational activities about the EU working with and talking to the other students.
The restaurants we went to were really unusual. Everyday we went to new
 places and the food, local delicacies, was delicious. In our free time, we had an allowance of 20 euros to spend and we were allowed to go to the shops nearby the hotel. A lot of Greek people there knew how to speak a bit of English but it was fun listening to all the different languages!

During the last couple of days, we practiced our roleplay (written by Ajram and Shania as the competition winners within Springwood) with the other students to perform on the last day. This day was really fun because after we performed our roleplay, everyone wore uniform or smart clothes as Europeans don't all wear uniforms-our blazers were a real hit with everyone trying them on! we had a party with everyone and we played music and everyone had a great time. Some people were sad though since it was the last day of the trip.

The following day all the teams separated and we all went back to Athens at different times to go back home. It was a very good week and it was a great experience to remember.
Akram Ziane, Nina Koulman, Shania Paul

## computing@springwood

## SCRATCH OFF BY aKram ziane 9H2

Being chosen to represent Springwood for the Scratchoff Inter School competition was an honour and the trip to UEA was a very good day.

We had to take with us a prepared Scratch game made by us students which had to be multi platform and role playing. It was judged throughout the morning against games from other schools around Norfolk by university lecturers. When we arrived, we were introduced by the scratch team and put into groups of 2 to work on the unseen task. We were then taken to a computer room to start on the task which was to
 make a turtle pen that can be controlled by the user.

While we were making this, the judges came to each team. We had to show them the code and explain to them how the game works. We also had to tell them if we had any issues while creating the game.

After they judged our main game, they then came again after a while to judge the unseen task. After they judged all the teams, we all went and had lunch.

After, we all went in the lecture theatre to see the results of who had the best game and who completed the best task. Unfortunately, none of
 Springwood won this year, but it was ok because we had a really good time there anyway. We finished the day with a tour of the university campus.


## goodbye@springwood

## LEAVERS 2017

John Merritt is retiring after 37 years teaching in the Maths Faculty and Sixth Form

Terry Rumbold retires (again!) after 36 years in the Science Faculty

Mary Hirst retires after 21 years as a Lab Technician
Seeven Soobaroyen will take up a promoted post at Long Stratton after 12 years teaching in the IT Faculty

Paul Collison retires after 9 years as Technology technician.
Kayleigh Miller moves to Dereham Northgate after 8 years teaching in the Drama Department Isabel Curtis moves to a promoted post at Priory Academy , Lincoln after teaching Science for 6 years.

Karen Douglas leaves for a position outside of teaching having set up the Hair and Beauty Salon 6 years ago.
Keely McCarthy leaves to develop her own beauty business having been a cover supervisor for 5 years.
Natalie Carlton begins her Teacher Training year at Smithdon High School after 4 years in the English Faculty and pupil support.

Martin Hinstridge will return to Agency work after teaching in Science and Maths for 2 years

Anna-Maria Carter retires after 2 years in the RE Department
Kerri Lanham move to another post at the Short Stay Centre after 2 years in both the SEN and English Faculties.

Steve Blades moves to Stanground School, Peterborough after 1 year teaching Maths
Kate Finch moves to KES Academy after 1 year maternity cover in the Languages Faculty
Beth Holmes moves to Sudbury school after 1 year maternity cover as our Dance teacher
Beth Clarke starts her teacher training year at Marshland HS having been a Maths mentor this year but will return in January 2018 to complete her training with us.

Louise Ritchie starts her teacher training in RE at Homerton College, Cambridge after a year with us as Teaching Assistant

Madison Hitchcock returns to her final year at University having completed her year's placement with us as a Science Technician

Neale Banks takes up a position at Sheringham HS having taught in the Technology Faculty since January of this year.

Jackie Reddy leaves after 6 months working as a Teaching Assistant

## headteacher@springwood

## Message from Mr Johnson



May I take this opportunity to thank all the students and staff a very happy Summer holidays. This year has been another fantastic one for Springwood. I look forward to the August results days to congratulate our Year 13 and 11 students. I am sure they will get the results they deserve

## Andy Johnson

Executive Headteacher
West Norfolk Academies Trust


What is Year 8 up to? Report in the September/October newsletter.

