

# news@springwood

## VISIT BY SIR HENRY BELLINGHAM

Sir Henry Bellingham visited Springwood High School and West Lynn Primary School as part of a tour of Academies within the West Norfolk Academies Trust

During his visit he had time to speak to students, staff, trustees and local governors

The team of Springwood students who won the regional final of the Barristers competition were in attendance. They enjoyed speaking to Sir Henry, who had enjoyed a legal career before entering parliament as an MP.

Sir Henry was treated to a performance by a string quartet. Springwood is proud to subsidise music lessons for all students who would like to learn a musical instrument. The school has a strong emphasis on both academic study and extra-curricular activities

West Norfolk  
Academies Trust



Springwood

Executive Headteacher, Andy Johnson said "It was fantastic that Sir Henry took time out of his busy schedule to visit the Trust. I am very proud of the excellent students who met with him"

Roger Liversey, Chair of Trustees and the Springwood High School Chair of Governors said "It was great for the schools and the West Norfolk Academies Trust to be supported by our local member of parliament"

Sir Henry also visited West Lynn Primary School to see the improvements made since joining the West Norfolk Academies Trust. He enjoyed a tour of the school and spoke to children and staff about the impending improvements to the building as the school moves to single-form entry.



# mocktrial@springwood

## FROM KL TO NYC!

### FROM KL TO NYC!....BAR MOCK TRIAL STUDENTS DO IT AGAIN!

On 23<sup>rd</sup> April we were one of 15 schools partaking in the national final of the Barrister Mock Trials competition at London's Old Bailey.

It was the 25<sup>th</sup> anniversary of the competition run by the Citizenship Foundation and therefore we all felt part of something very special. The Springwood students all got to meet other competitors such as those from the Dalriada School in Northern Ireland who went on to win the competition.

Although we had competed in the Magistrates Mock Trials when the students were in years 8 and 9, this was the first year we had entered the Bar Mock Trial which is designed for students in years 10-13. Being the youngest team at the first heat in Norwich and again in London, the Springwood students felt extremely nervous, but had their parents and Mr Johnson there for support.

They had two cases to learn and prepare for; a drugs charge and a case of theft. Preparing for the competition was not easy; it required weekend, afterschool and lunchtime rehearsals, which could sometimes be a logistical nightmare. However, arriving at the Old Bailey the night before and getting the chance to view it when empty, was a once in a lifetime experience; as was competing in one of the most famous court rooms in the world!

Although the Springwood team didn't win, and didn't expect to, they had a fantastic experience and due to sponsorship were able to travel down the day before and stay over in a London Hotel.

They would all agree that it's been a fantastic experience and luckily for them it won't end here. Coming in the top 10 at the Old Bailey National Final has enabled them to secure a place in the international finals in New York in November; the only English school to make it through.

They will now spend their summer preparing for the trip and will have to learn American law as well as new criminal cases.

However, before that news, they were treated to a lunch with the governors and our local MP Sir Henry Bellingham who wished them well and took the time to hear all about the process.

They have all learnt so much about the law here in the UK and how our criminal Justice system works. As they always tell me....if I ever need representing, I know where to go! Miss Roberts



# cpr@springwood

## CPR

The British Heart Foundation mission is to introduce CPR into all secondary schools and Mrs Leeke's Tutor group at Springwood High School has accepted this challenge. Every year in the UK over 60,000 people suffer from cardiac arrest outside of hospital and do not receive bystander CPR which means less than one in ten people survive. In Norway CPR is taught in all schools. Resulting in 1 in 4 people surviving. In, Seattle America there is a 56% survival rate, compared to 2-12% in England. The British Heart Foundation want to create a Nation of Life Savers and I believe that the pupils of the school should play a part in potentially saving lives to increase a person's survival rate.

The Springwood pupils have been amazing throughout, filming using up not just tutor time but break times and lunch to complete this mission. Plus we have had years 7 to year 13 working closely empowering all year groups. The year 13 media students have also used the film in their university portfolios as they directed,

filmed and edited the finished product. Now the film has been made, the aim is to visit every tutor group within the school for pupils to teach pupils. Secondly, thanks to the kind donation from the BHF the pupils will be able to book out a CPR bag in order to teach somebody at home, thereby cascading the information down. We also aim to have a wall in the school from the photos that the pupils take of them teaching others as a reminder of how important this knowledge is.

All of this could not have been possible without the talent of the Tom Anderson, Ciaran Back and Ben Steel overseen by Mr Gavin McKenzie and music by Mr Peter Cuss.

The British Heart Foundation has also seen the finished film and could not praise the children enough for both their talent and involvement. Mission CPR began on the 22nd June when Springwood High School tutor group SD06 set out to teach other tutor groups within the school.

As from 27 June over 220 pupils have been taught CPR, with 12 members of staff by SD-06



# primaryart@springwood

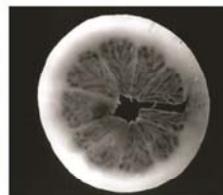
SHS  
Springwood  
High School  
Arts Faculty  
Naturally Creative.

Photography

## St Martha's Y4 Creating Photograms



photography



# primaryart@springwood

SHS  
Springwood  
High School  
Arts Faculty  
Naturally Creative.

## Gayton Primary School Looking at the 2016 Rio Olympics and David Hockney for Inspiration

### Photography



photography



More Primary Art in the next newsletter

# sixthform@springwood



## EU REFERENDUM 23RD JUNE

Springwood Sixth Form would like to declare its results in the referendum on Britain's membership of the EU.

Voting has taken place throughout the day and students attended tutor time sessions devoted to the topic. The Director of Sixth Form, Mr Pettitt, organised the event as a way of promoting the core British value; democracy. The results are as follows:

Remain - 67  
Leave - 15  
Spoilt - 3

Turnout was recorded at 56% of students who had the chance to vote. The Year 12 politics class are pictured at the count of the ballot papers.



## CYCLALTHON



On Monday 6<sup>th</sup> June we delivered an assembly based on achievement, and in planning it, we started to think about how achievement can mean something very different for different people. We reflected on the small, everyday achievements for people suffering from mental health issues, and decided that our assembly and fundraising would be in aid of West Norfolk Mind.

From Tuesday 7<sup>th</sup> June–Friday 10<sup>th</sup> June, we hosted a Cyclathon in our 6<sup>th</sup> form social area, and took it in turns to ride the bikes during our free periods. We challenged our teachers and friends to have a go too, to see how far we could 'travel' in a week. By the end of Friday and through combined efforts, we cycled an incredible 372.2 miles.

We wanted to do something that would reflect the endurance of people suffering from mental health issues, as so often they have to be extremely brave and resilient, challenging themselves to do the things we take for granted.

To finish the week off, we hosted a BBQ for 6<sup>th</sup> form students and staff outdoors in the sunshine on Friday lunchtime, with all proceeds going to West Norfolk Mind, too.

In total, we have raised £178.90 and sincerely hope it will help the charity to continue providing vital mental health services in and around West Norfolk. Miss C. Webb & 12-09

# sixthform@springwood



## FUTURES DAY



Thursday 16th June marked the return of Futures Day, an event aimed at highlighting the range of opportunities available to our Sixth Students upon completion of their A Levels. The day started with a talk from a number of ex-Springwood students who outlined their current career and the different routes they took to enter them. Then it was on to the Employers Fair where students had the opportunity to speak to a range of employers from accountants to estate agents, the armed services to radiologists, primary schools to the insurance brokers, surveyors to the emergency services and many more besides.

A number of past students including those who had presented earlier were also available for in depth discussions. During this hour long session students were able to ask questions about the qualifications required for different roles, speak to professionals about their experience of their role allowing them to gain a better understanding of the different roles available and the routes that can be taken to enter them. A number of local universities including Cambridge University, Bishop Grosseteste University, University of East Anglia, Lincoln University and

University Campus Suffolk were also represented. Having been able to speak to employers about the possibilities of apprenticeships, students then received a talk from Carly from 3AAA apprenticeships who discussed the benefits of undertaking Higher Level Apprenticeships and how to access them.

After lunch students spent went on to hear about gap year opportunities from Flora who represented Project Trust, a gap year organisation which provides placements in teaching, social care and outward bounds in South America, Africa and Asia

The final session of the day, presented by Rebekah from UEA, focussed on applying for university through UCAS. This talk opened students' eyes to the sheer number of degree choices available to them (37,000!) and provided a brilliant starting point for our UCAS Super Learning Day on 8th July.

# sixthform@springwood



## YEAR 13 PROM

On 24<sup>th</sup> June 2016, 130 Year 13's danced the night away at the Sixth Form Prom, hosted at the Duke's Head Hotel!

The Sixth Formers enjoyed a welcome drink followed by a three course meal and disco. The disco was provided by Duplex Sounds, founded by one of our own Sixth Formers James Williamson! The Social Committee did a great job of spicing up the night with having casino tables, which proved to be very successful, with the teachers especially! The casino theme was shown through the table decorations with cards and diamonds. But it could be said that the highlight of the night was Mrs Cuss's and Mr Pettitt's speeches, which gave all the Sixth Form a great laugh.

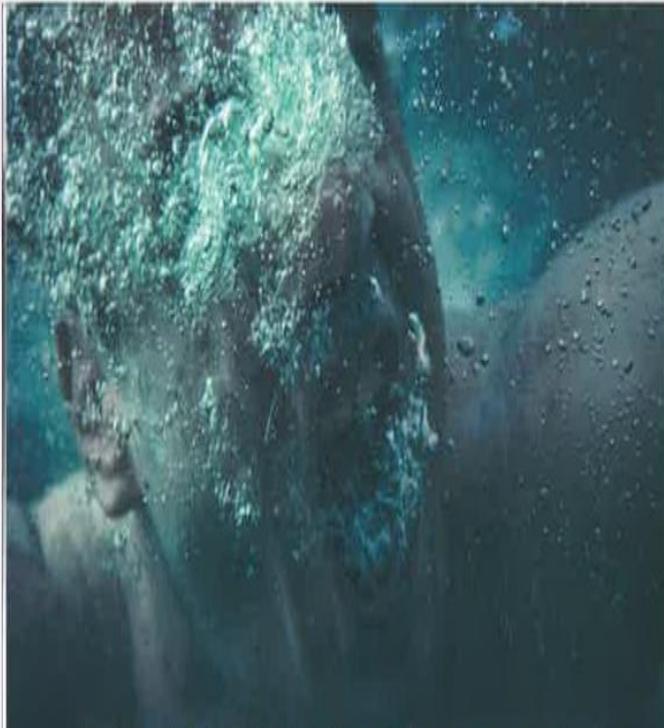
The Social Committee read out awards, ranging from 'most likely to end up in jail' to 'best couple'! Aimee and Maddie had the honour of giving the Sixth Form team their leaving presents on behalf of the Sixth Form, presents ranged from Flowers to Ghost Ship Ale! (No prizes for guessing who the ale was for!)

Overall the Sixth Form Prom was a massive success, and was a great night for the whole year to spend time together for the last time. Many thanks go out to the Social Committee for organising the Casino Night Prom as well as Mrs Cuss and Mr Pettitt that have helped the girls see through all of the organisation and effort that went into the fantastic night.

Report by Maddie Tunmore, Vice-Chair of the Sixth Form Council.



# safety@springwood



**QUARRY WATER  
IS STONE COLD AND  
CAN KILL**

SPRINGWOOD HIGH SCHOOL

**STAY SAFE STAY OUT**

SPRINGWOOD HIGH SCHOOL

**A quarry lake can be very cold  
even on a hot summer's day  
– you could die from 'Cold Water  
Shock' in less than 2 minutes.**



SPRINGWOOD HIGH SCHOOL

**STAY SAFE STAY OUT**

SPRINGWOOD HIGH SCHOOL

# hefa@springwood

## HIGHER EDUCATION FIELD ACADEMY



On Thursday 2nd June a small number of Year 9 students who had participated in the Cambridge University Higher Education Field Academy Archaeological Dig came together to celebrate their handwork and achievement. They were joined by Lead Coordinator Mr Smith, Mr Johnson, Mr Whitlam Head of History and prestigious others.

Mr Smith said of the students who participated: "This is a celebration of their hard work, three days of digging and hours of report-writing. Grades listed below.



# geography@springwood

## RIVER GLAVEN – TUES 3<sup>RD</sup> MAY AND WED 10<sup>TH</sup> MAY

As part of the GCSE, all pupils need to complete primary fieldwork and as such the Geography Department took Year 10 pupils to the River Glaven, Holt to assess the discharge and sediment characteristics of the river. Pupils visited 3 sites along the river and collected primary data from the river to help with their controlled assessment. Pupils collected width, depth, velocity and sediment size and roundness at all three sites, and worked well in groups throughout the 2 days.

It was interesting to see the pupils' definitions of appropriate fieldwork wear, as some pupils ended up with ankle high wellington boots, and then wondered why their feet were going to get wet! I fear that we should have made it clearer to some pupils, and next year a visual show of appropriate dress maybe needed!

Pupils were sensible in the collection of their data, but at times there were opportunities to act like a muppet...and this award has to go to Joseph Griffin! If there is one thing that Joseph can do is to make those around him laugh!

I would like to take this opportunity to thank Mr Durham for organisation of the trip, and to Mr Singh for acting as honorary geographer and driver for the day! Miss Grant



## WICKMERE FARM – THURS 23 JUNE

The Geography Department took a select number of Year 12 pupils to our annual field trip to Wickmere Farm near Holt. Pupils had the opportunity to visit a variety of information stands which outlined career opportunities within this primary industry – farm management, environmental protection and sustainability, machinery and seed sales and seed modification and engineering. Pupils had an interesting day appreciating the range of careers within the farming industry, and offered some important questions, many linked to the recent EU referendum!

The day ended with a visit to the hog roast, and it was nice to see pupils were prepared here with Jade Kite bringing along her bottle of ketchup! It was also an opportunity for staff to understand the importance of PE within the school curriculum, with Rebecca Derry trying to show us how to get onto a hay bale.....and failing miserably!

Thank you to Mr Durham for organising the trip and doing all the paperwork!

Miss Grant



# naming@springwood

## LOVELL

### Creative King's Lynn students name new homes developments

Students from Springwood and St Clements High Schools drew creative inspiration from King's Lynn's past to name three new housing developments set to be built in the town.

Housing developer Lovell and the Borough Council of King's Lynn and West Norfolk asked Year Nine students at the two schools to come up with the names that will be used to market the new homes for Lynnsport. The three developments will create approximately 220 new open market sale and affordable homes.

Having carried out extensive research, including being given a tour of the development sites by Lovell, the student teams pitched their ideas to a panel of judges from Lovell, the council and the West Norfolk Academies Trust.

The winning names – Valentine Fields, Cowper Place and Dewside – were inspired by historical and cultural figures associated with the area as well as the local landscape. Valentine Fields (proposed by a Springwood High School team) commemorates John Sutherland Valentine, who was the chief engineer of the old King's Lynn to Hunstanton railway line, which ran near the area where the new homes will be built. Cowper Place (proposed by a St Clement's High School team) honours 18<sup>th</sup> century poet William Cowper who wrote about the draining of the river estuary which led to the development of King's Lynn. Dewside (proposed by a Springwood High School team) relates to the area's brooks, streams and waterways.

Lovell regional director Simon Medler says: "All the teams had done excellent research and gave thorough and considered presentations. We set the students the challenge to select names that would ensure the developments could be marketed successfully while promoting all the best aspects of the area for future residents. The names chosen more than meet the brief, thanks to a strong performance by all the teams involved. Wherever we build, we look to involve and benefit local communities, so we're delighted to have been able to engage with the Springwood and St Clements students so successfully through this project. We plan to continue working with the schools throughout the construction programme." As a follow-up task, Lovell has asked the students to develop potential names for the roads which will make up the new developments and will be putting these forward for consideration by the council.

Cllr Alistair Beales, deputy leader of the Borough Council of King's Lynn & West Norfolk and cabinet member for Regeneration, says: "I was delighted to see the huge effort the Springwood and St Clements students had so obviously put into their proposed names. It takes courage to stand up in public and present your ideas. Early nerves soon gave way to confident and inspiring presentations and all the teams had come up with names that evoke the history of King's Lynn with a modern twist. I am sure the experience will stand the students in good stead in the future and repay all the time and effort they put in – let's also not forget the support of their teachers who should be very proud of what has been achieved."

Springwood High School deputy head teacher David Hutton was delighted by the way students had engaged both in the research process and the presentation to the judging panel: "Both Lovell and the Borough Council have committed to this venture, so working with them has been a fruitful experience and hopefully will lead to other projects where the worlds of business and education benefit from a collaborative approach."

Lovell is set to build up to 600 homes in the King's Lynn area over the next five years through a development management agreement with the Borough Council of King's Lynn and West Norfolk. Work is set to start next month (August) on the first homes to be built, at Marsh Lane, King's Lynn, with Lovell beginning construction of 130 new homes.

The developments which have been named Valentine Fields, Cowper Place and Dewside by the King's Lynn students will be built during later stages of the construction programme.



# people@springwood



## Dates for Australia 2017

### Car Boots

**31 July 2016 and 28 August 2016**

**8.00 am for the public**

**(7.00 am for Traders)**

**£5.00 per pitch (No need to book)**



## SPELLING BEE SEMI-FINALS

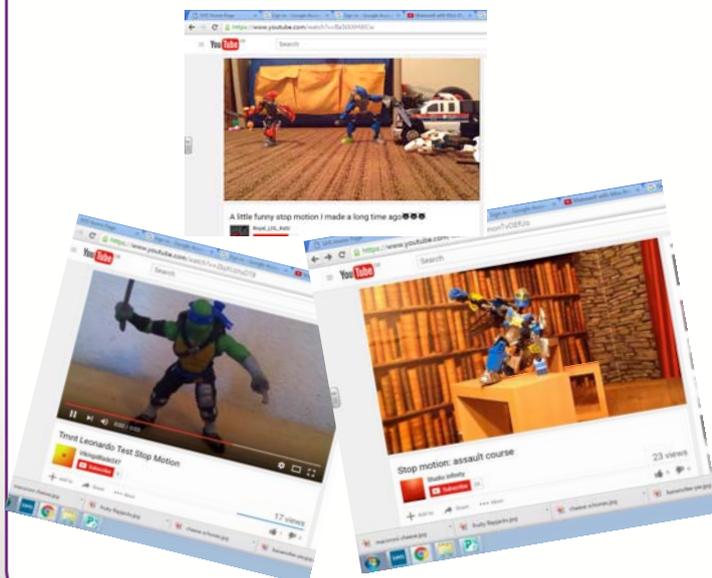
Emily Riggs (year 7) and Jannis Koulman (Year 7) took part in the Spelling Bees semi-finals which were held at Anglia Ruskin University in Cambridge on Friday 1st of July. They competed against pupils from all other the country. Out of 75,000 competitors they finished in the final 103.

Congratulations to both of them!



## YOU-TUBE STARS

Check out Ralph Ritchie's FB-10 Studio Infinity on U-Tube:



Makewell with Miss Markwell

Check out Miss Markwell's latest videos on U Tube:

- Banoffee Pie
- Macaroni Cheese
- Fruity Flapjacks
- Cheesy Scones



# geography@springwood

## SORRENTO

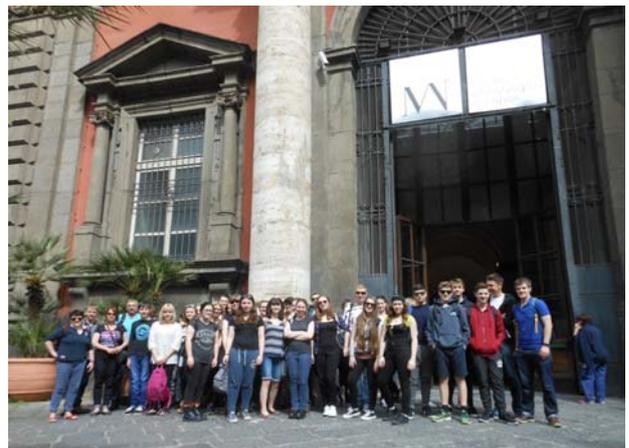
Between the 7<sup>th</sup> and the 12<sup>th</sup> of April I went on the Geography/Classics trip to Sorrento, Italy and it was thoroughly enjoyable. After arriving at school at 1.00 am to head to Stanstead airport for the early morning flight to Naples, once we were all awake we headed for the Archaeological Museum of Naples, in which were some of the remains and mosaics recovered from the sites of Pompeii and Herculaneum after they were buried by the ash and lava of the 79AD eruption. The condition of the artefacts was quite remarkable. After the museum we ventured into Naples and stopped off at a pizza restaurant, of which we ate in the cellar which we had all to ourselves. The prices were very reasonable and the pizzas were exquisite. That afternoon we checked into Hotel Zi'Teresa, Mr Ballman took us on a tour of Sorrento in which we had free time to go shopping. I found a very nice little homemade ice cream shop where I would return everyday to buy 9 scoops of mouth wateringly tantalising ice cream.

The second day of the trip was most probably my favourite and also very interesting because we visited Mt. Vesuvius National Park where we climbed up to the peak and took a group selfie with a selfie stick. It was a long climb for the majority of the group however I had stormed ahead completing the climb over 13 minutes before anyone else but the time passed quickly because they sold pizzas at the top. Following Vesuvius was a sojourn at the burial site of Pompeii. I found it so fascinating that I drifted away from Mr Durham's luxury tour and ended up following an English speaking official tour. Once reunited with the group we were given two hours to explore 'The Forum'. That evening's entertainment was a bowling competition but that was after the tub of 9 scoops.

The plan for day 3 was to go on a full day excursion to the Island of Capri however, due to an inconvenience with the weather the seas were 'too rough' and so the days were swapped and the geography group went to

the currently active Volcano of Solfatara. This was a new and thrilling experience because we were able to walk around the crater itself. Our guide then conducted an experiment waving burning newspaper towards the ground creating a giant plume of smoke engulfing the inner batter of the crater. We all went inside a Roman Sauna that was inside the volcano and it was incredible how hot it was inside. That night was followed by a Quiz of the whole trip, volcanoes and other Geographical and Classics Knowledge. Unfortunately my team was second as we were just beaten on the home straight. To drown the sorrows of coming second the quiz was followed by another 9 scoops.

Day 4 commenced with the trip back down to the harbour to see if we could get to Capri. After half an hour of waiting in the blistering sun we were allowed to board the boat to the island. The journey to Capri was about 15 minutes and when we landed the majority of students were complaining that they were feeling seasick, including 'The Ladz', only to find out that next on the agenda was a full boat excursion around the island. The on-sea tour lasted an hour which mainly consisted of the lower school 'geographers bringing up their breakfast and turning their heads over the side of the boat, feeding the fish. When back on the safety of dry land we were given free time to go shopping but everyone spent it at another pizzeria. Once everyone had been well fed, we were taken on an adventure to the top of Capri, to the ruins of Villa Jovis, Emperor Tiberius' house and temple from which he ruled until his death in 37AD. Like Vesuvius the climb showed just how un-fit most people were. After exploring the ruins we were given the option of either more shopping on Capri or a visit to the 'Arc Natural'. Having chosen the Arch, due to previously studying coastal landforms, had turned out to be a disappointment because they were trying to preserve it and so it was covered in scaffolding. Never the less, it should be finished by the time of the next trip in 2018



# geography@springwood

## SORRENTO CONT'D

and I would definitely recommend it because that which could be seen was impressive.

The evening of day 4 was definitely a big highlight of the trip because we went to an ice-cream factory, where we were greeted with a demonstration on how they made Lemon sorbet and were also given free samples and the recipe to take home. This was of course followed by another 9 scoops of tantalising ice cream.

The final day had come too soon. We had to be packed and out of our rooms by 11:00 am but were then given 3 hours to explore Sorrento a little more and go souvenir shopping. In the town centre there were street performers who would dance through the streets. I, of course, went back to the little homemade ice cream parlour where I went even bigger than normal and bought a small tub of 12 scoops of ice cream. The owner of the shop was so amazed that he took a picture of me with my ice cream and put it up on his wall and the parlours Facebook page. In the afternoon, we went back to Naples and were taken on a tour of the underground tunnels that were originally used as a mine to retrieve the building materials used to build the city buildings and then in the Second World War were used as a city wide air raid shelter from the allied attacks. In one of the old tunnels that connected to the ancient theatre of Naples the served a traditionally made pizza. Finally it was our time to leave taking the evening flight from Naples back to Stanstead.

The trip was highly enjoyable and I would definitely recommend it. I was new to the school the year that I went and it was a great chance to forge friendships with others studying the subject. The only real downside to the trip that could not be helped was, because of my allergies, the restaurant at the hotel could not serve me the desserts and so after each meal I was greeted with the phrase "No Eggs!" and given a plate with a piece of fruit and a knife upon it. I would recommend always having food on your person as well because there is always a hungry Durham. By James Young



James learning to make ice-cream the Italian

## AS FIELDWORK TRIP TO BRANCASTER

On the 2<sup>nd</sup> and 3<sup>rd</sup> March, Year 12 Geography students undertook AS fieldwork at Brancaster on the North Norfolk coastline. Despite typical March weather of icy cold temperatures, rain and high winds on the Wednesday, students battled on to record data on sand dunes. In contrast, the following day was beautiful sunshine. Students were investigating how plant species adapt to surviving in the coastal environment and how sand dunes form and develop over time. The data collected was then used in their AS exam this summer.

Student Alisha Jones managed to keep warm during the fieldwork by wearing a fetching Panda outfit!



# stemm@springwood

## YOUTH STEMM AWARD CELEBRATION CONFERENCE

Aspiring STEMM students from across the county, including Year 9 & 10 students from Springwood High School, attended a celebratory Youth STEMM Award conference at the University of East Anglia Innovation Centre on Thursday 30<sup>th</sup> June.

The Youth STEMM award is targeted at those aspiring to pursue a career within the Science, Technology, Engineering, Mathematical and Medical fields. These are areas where women are currently underrepresented and we are delighted that twelve of our Year 10 girls have completed the Bronze Youth STEMM Award this academic year. This involved the running of a STEMM club with year 7 students; attending a variety of trips including a tour of Sizewell B in Southwold; attending talks from inspiring Scientists such as James Wong; and finding out about different careers that are STEMM linked and presenting this information to others in an inspiring way.

This celebratory conference included a motivational talk by Professor Danielle George MBE, a leading expert in radio frequency. She discussed her career in science, talking passionately about how it had opened up a world of opportunities for her including delivering the Royal Institution Christmas Lectures in 2014. Her latest project involves international



collaboration working as the UK lead for amplifiers in the Square Kilometre Array (SKA) and developing instrumentation for researchers exploring the Big Bang. This was followed by a lecture from Professor Mark Miodownik on "Materials for the 21<sup>st</sup> Century" which looked at how modern cities would be built and which materials could be used.

The evening ended with our Year 10 girls being presented with their medals and certificates. There is no doubt that our Year 9 students who also attended were inspired by this experience and will continue the excellent STEMM work started by these

## STEMM VISIT

On Thursday 30<sup>th</sup> June 5 year 7 and 1 year 8 pupils went to Newmarket Race Course to visit the Big Bang Fair as part of their Science, Technology, Engineering, Maths and Medical (STEMM) club activities. During the day we visited the stands from companies providing information about possible careers for people who were interested in any of these areas – they included the Army, GlaxoSmithKline, CLAAS, Cambridge Science Centre, ROCHE, Lockheed Martin, Royal Air Force, Scottish Power and Stansted Airport. We collected information about the companies and what they did and also information about possible future careers with them.

There was also 28 stands where schools from the Eastern Region demonstrated the Stemm projects they had done during the year. These gave us some ideas and thoughts about activities we could do next year as part of our Stemm Club.

In the afternoon we watch 2 presentations – the Ugly Animal Roadshow and Punk Science. The ugly animal roadshow introduced us to those endangered animals that are just a little bit more unusual than the ones everyone talks about. These included the Blob Fish – their mascot, The Gob faced squid and the ghost bat. Mrs McKenzie

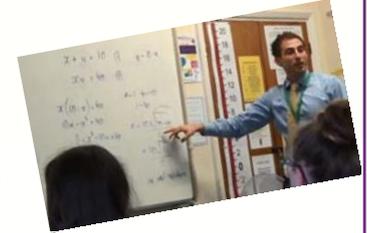


# sixthform@springwood

## INDUCTION DAYS



The 5th and 6th July were our annual induction days for Springwood Sixth Form. Over 250 students joined us for the 2 days. They experienced sixth form lessons, attended a question and answer session with the sixth form council and were treated to a performance from the school's band; the wonderful Springettes. Students also had the opportunity to visit enrichment sessions and find out about the Sixth Form's super-curricular offerings; including Duke of Edinburgh Gold and EPQ.



The days ended with a quiz and they had a first look at the video of the induction day in a session hosted by Mr Merritt. Students were reminded to confirm their place with the school on GCSE results day by coming in to school, calling 01553 778091 or emailing [admissions@springwoodhighschool.co.uk](mailto:admissions@springwoodhighschool.co.uk).



Students must bring in their results statements when they register with the Sixth Form. A scanned copy of their results statement attached to an email will suffice if they are confirming by email.



Springwood Sixth Form looks forward to welcoming the new year 12s in



## THE TIMES TABLES ROCKSTARS WRANGLE



On Friday 24 June, Springwood chose three people from Year 7 to take part in The Times Tables Rockstars Wrangle in London. Their names were Zara Bek, Shakur Casaleiro and Alistair Lee. There was a maximum of 50 schools participating in this event.



All the schools were put into 3 teams: Pool 1, Pool2 and Pool3. Each Pool team completed three different activities: MathStock, Competition and Photo. MathsStock are maths problem solving puzzle games which you compete against your own team members. Photos were taken with our own school team members.

In the competition, we had 60 seconds to answer multiplication questions for 2 times table up to 12 times tables on the computer. The aim is to get as many correct within the given time. Although our team members didn't get through to the quarter finals, we were all very happy, we had a wonderful opportunity to compete with the schools in London.

# dance@springwood

## COLOUR WAR DANCE COMPETITION

'Colour War' has been created in order to allow students at Springwood High School the opportunity to dance on stage to an audience. It is a platform to encourage, promote and praise the talents of our students. The title of this evening encapsulates the theme for some pieces in sound and choreography.

The five acts had been choreographed by our Dance Leaders in Years 11, 12 and 13. The Dance Leader task serves as part of their enrichment in which these students have led dance activities and created promotional events. Each Dance Leader had a designated House to lead. That part of the evening served as a competition between the Houses in which a trophy was awarded. The Houses were judged on originality, choreography, performance, and the 'wow' factor.

The trophy was presented by Mrs Paulo at the end of the evening to:

**Winners: Felbrigg House, 'Revelations',  
Leaders: Olivia Grant & Elisabeth Dale  
Runner Up: Sandringham House,  
'Sandringham Soldiers', Leaders: Caitlin  
Kitney-Foster & Tegan McLatchie-  
Brown**

The remainder, and majority, of the evening served as an uncompetitive performance opportunity whereby Mrs Paulo had choreographed dances and some students had been asked to perform their own choreographies based on their dance achievements throughout the year.

We have some amazing dance talent at Springwood High School and tremendous achievements have been made by some of the students this year. Mrs Paulo



# art@springwood



Fine artist Jack Clifford came into school to work with some of our Year 11 art pupils on a recycling sculpture project to enhance their GCSE portfolio. The students were introduced to a number of new ways of thinking and working, and were really pleased with their outcomes.

Mr Eveson



# english@springwood

## YEAR 10 SLD MACBETH AT THE GLOBE

*I bear a charmed life, which must not yield  
To one of woman born. (5.7.41)*



*Macbeth* proved to be a popular trip with year 10 this year, and all seemed to enjoy the experience of visiting The Globe to watch the drama unfold and the blood spill (even if their feet and legs suffered afterwards). Standing in 'the yard', surrounded by hundreds of people, year 10 were treated to a range of acting styles, as well as a couple of faces recognisable from film and TV, such as *Legend*, *Game of Thrones*, *Harry Potter and the Philosopher's Stone*, and *Doctor Who*.

The intensity of the play was cleverly delivered, with moments of humour to keep the audience interested, as well as audience participation. (Year 10, where had Macduff gone?) The gatekeeper's speech was one of the standout scenes where the script was manipulated to suit a modern audience; a special mention of Donald Trump as the Devil got the laughs!

The actors made use of the entire theatre to make dramatic entrances and sneaky appearances, popping up in the middle of the yard to join the scene, or running out of one of the doors to appear somewhere else and often having to jump over bags as they went.

With the sun shining and only a couple of drops of rain, the trip to The Globe was a huge success, although future trips may need to include more water and a couple of fans!



# klic@springwood

At Springwood we work exceptionally hard to produce university and work ready students, who have the professional skills needed to move forward in an ever changing and dynamic work place. Visually Connected is a way of celebrating all of the skills that they have learnt and the determination and hard work of both staff and students. This year we were exceptionally lucky to be able to host our exhibition in the newest landmark building in Kings Lynn (KLIC) and what a beautiful setting it made. More than 120 students work was on show in over five rooms and I am exceptionally proud of the students achievements. Mr Eveson



in association with



# people@springwood

## PATHWAYS

Springwood Sixth Form was delighted to host our annual Pathways Evening. Over 300 students and parents from year 10 from Springwood and other local high schools were welcomed by Mr Johnson and then heard a talk from Mr Pettitt (Director of Sixth Form) and Mrs Cuss (Assistant Director of Sixth Form) about pathways after high school. The students were advised to aspire highly and to gain the experience needed for their dream futures.



Mrs Cuss explained the key objective of the evening 'it is all about the students being able to leave school with as many choices as possible. Some may want to pursue higher level apprenticeships and some may aspire to the best universities. What ever their ambition is, having the option to choose their path, rather than having options closed off to them, is very important.'



Students and parents then visited a Pathways Fair where 25 local employers, universities and previous students from Springwood advised the Year 10s and helped them to understand how to reach their ambitions.

## FRENCH TRIP TO CHÂTEAU WARZY



Our trip began with a very early 4.30 am departure from SHS and after a smoothly ferry crossing our first taste of French life was in a Boulangerie where we learned how to make French bread and croissants.



On Saturday we visited Paris and were taken 56 floors up in a high speed lift to look down on all the famous monuments. From the top of Tour Montparnasse we then had a boat trip on the Seine saw the Arc de Triophe and the Stade de France.



A town tour and an afternoon of sports activities followed on Sunday and some brave students sampled frogs legs.

The sun shone on us and we had a fantastic time. We're looking forward already to going back again next year.



Comments from Year 7: It was an amazing experience—Abi Simms. Brilliant.... Nathan. The French trip was full of new experiences and cultures... Becky I really recommend it! - Miriam My favourite part was going to the top Montparnasse—Corey Staying at the pods was really fun—Amani

## YEAR 9 SAIL AT SNETTISHAM



# Class of 2015-16 @ springwood



The Class of 2015-16 celebrated on 1 July. The theme was the Oscars the students arrived to a red carpet. They enjoyed a meal served by Staff and 6th Formers. Mr Johnson proposed a toast to everyone who was involved in making the evening such a success.

# people@springwood

## TOWN SPORTS

We had 60 pupils from years 7-10 taking part in today's West-Norfolk athletic meet, for some it was their fourth year participating, but for the year 7 pupils it was a new experience.

Throughout the course of the afternoon we had some great highlights, but it was the athletes that never gave up to run as fast as they could or jump/throw as far as they could, to accumulate as many points as possible for Springwood. It would be very easy to pick out the winners but it was a team effort and that is how it should be celebrated.

When the results came in Springwood finished first for year 7, year 8 and year 10 and finished third in year 9. With points added together, this gave us the overall victory and lot of proud pupils, parents and Springwood staff.

In the five years previous to 2016 Springwood have finished first three times, second once and tied for first place so was nice for the school to win it outright again this year.

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## WELCOME TO YEAR 6

Springwood was delighted to welcome new cohort of Y7 students across a two day taster event on Tuesday 28th and Wednesday 29th June. What historically is seen as a huge step academically and emotionally was taken very much in the stride of our excited and enthusiastic visitors.

Across two very challenging days students participated in lessons organised by many faculties including English, Maths, Science and the Arts some of whom set homework for students to complete over the summer holidays (don't forget!! - all can be found on the schools website). The taster days were one of many transition activities which consisted of Student led Q&A sessions at Junior Schools and a 1:1 interview with the house teams. The Music faculty will draw everything to a close with their taster sessions due to take place on Monday 18th July (please contact us for details).

On behalf of the staff and students who participated we would like to thank all students and parents who attended the events and look forward to seeing you all again soon for the start of what promises to be another exciting and challenging period of the school's history.



# ptfa@springwood

## PTFA WHAT'S ON

The Joules Sales held on 7 June raised over £600 for the Ghana trip. Thank you to everyone who supported the event. Mrs Jen Samways PTFA Secretary

Joules



Tropic Beauty



Andlis Glass Design



Scrumptious Delights



### SOCIAL EVENING At Frankie & Benny's

All welcome

Tuesday 19 July

@ 7.00 pm

Reserve your place ring:

Mrs Samways

(Mobile No: 07793032238)

**Frankie & Benny's**  
NEW YORK ITALIAN RESTAURANT & BAR



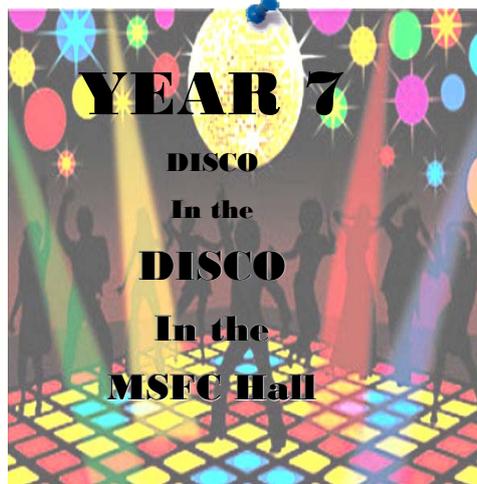
### AGM

14 September

@

6.30 pm

In Room O11



### LINCS FASHION SHOW

22 September 2016

Starts at 7.00 pm

In the MSFCH

Tickets £4.00 (From the School Shop)

Proceeds for the Australia 2017

Brands offered are from Marks and Spencer, Wallis, Next, and most high street stores. The clothes are half price or less and are not seconds or faulty. We carry a full range of sizes and styles to cater for all ages, sizes, and tastes. The clothes we offer are the current in season styles and many are currently in the stores.



# people@springwood

## OXBURGH FAIR



## SCRATCH-OFF IT CHALLENGE

When we arrived at UEA we were set a challenge—to create an analogue and a digital stop watch. At first we struggled to position the hands in the right place and write a corresponding code, we had the problem that they rotated around a fixed point and we couldn't find code to help this so we had to use it. We then began to try the digital clock with limited successes at first but after trial and error I found a way to use costumes to make it work well and in unison with the analogue clock. We managed to implement a reset, stop and start button in the period of about 2 hours we had on it. Out of all the participant groups we managed to come 4th for this with groups of year 9s, 8s and 7 competing from across Norfolk.

Jake Parish



## SLT DIAMOND DofE WALK



In celebration of the Diamond Anniversary, the DofE has organised a once-in-a-lifetime DofE-inspired Diamond Challenge to raise funds for the Duke of Edinburgh locally. This enables adults to gain an award for taking up a personal challenge.

SLT at Springwood decided to take the challenge to walk up to 26 kms along the Peddars Way, and gain the Diamond Pin in addition to getting some exercise ....Members began their challenge in North Norfolk and walked to Castleacre, stopping off at Gt Massingham for a lunch break. All members of SLT completed their challenge and enjoyed the experience, and the challenge has encouraged them to strive further and another walk will be organised at the end of the summer holidays for any staff wishing to join in.

# Goodbye and Good Luck!

We shall be sorry to say goodbye to the following members of staff and wish them well in retirement, promotion, new school, at university or career change:  
Mr Jas Singh (aka Mr Springwood!) finally retires after an amazing 37 years at Springwood High School  
He is joined in retirement by several other colleagues who have dedicated most of their teaching careers to our school:

Mr Terry Rumbold 35 years in the Science Faculty

Ms Kath Smith 26 years in the Faculty Department

Mrs Linda Massingham 26 years with our SEN Department

Former High School pupil Mrs Helen Carty 23 years in Geography

Mrs Sian May is moving to the East Midlands after 20 years in the English Faculty

Mrs Christine Cave retiring after 17 years in Languages

Mrs Mary Thorpe 12 and a half years in Admin

Mrs Jaime Spooner after 17 years to have a career break to raise a young family

Mr Tom Calow (MFL) leaves after 16 years for a promoted post at Wisbech Grammar School

Mr Gordon Diffey retires after 9 years in the Technology Department

Mrs Susan Curcillo (MFL) is moving to the Middle East after 7 years with us

Mr Ryan Payne (PE) returns to his native West Country also after 7 years at Springwood

Mrs Chris Dougall (History) retires after 3 years helping the Humanities Faculty

Mrs Sarah Saunders moves to Litcham High School (almost 3 years in Maths)

Ms Julia Fagan (2 years in Science) for a teaching post abroad

Mrs Teresa Knight (English and Drama 1.5 years) for a teaching post in Kent

Mr Stuart Vinen (Science 1 year) for a teaching post in Dereham

Ms Sophie Cohen Jones (RE and Sociology 1 year) is taking time out to travel

Mr Tom Grimwade for a post in a virtual school in Cambridge after 6 years in F10

Also leaving after a brief period with us are:

Mr Martin Hindstridge (Science) Mrs Lesley Coote (Maths) Mrs Rosanna Phillips (Technology) Mrs Maria Payne (Art)

Mrs Annette Stratton (Hair and Beauty)

Finally, we say goodbye to Teaching Assistants Jade Hooks, Lauren Phillips, Alex Tuck, Nina Elvin and Mike Chivers.  
We shall see Lauren, Alex and Nina back next year however as they start their teacher training courses

## Welcome next term to:

Ms S. Dungarwalla (MFL) Ms B. Holmes (Dance) Mrs N. Thompson (Technology) Mr E Jones (Technology) Mr J. Piper (MFL) Mr J Chima (PE and Geography) Mr M Garrod (Science) Mrs E Dyble (Science) Ms K Finch (MFL) Mrs N Cooper (RE) Mrs L. Clarke (Sociology) Mr S Blades (Maths) Mr N Essex (Technology) Mrs D Redman (English) Ms M Hitchcock (Science Mentor) Mr P Hind (Behaviour Manager) Ms B Clark (Maths Mentor)

# headteacher@springwood

## MESSAGE FROM MR JOHNSON

So, we come to the end of another school year; the time passes so quickly it seems like only yesterday I was writing the first newsletter of the year.

The summer term is always busy and this year has been no exception.

We have had wonderful Arts performances during this term and I thoroughly enjoyed the Primary Concert and the Springwood Summer Concert, both held in the beautiful St Nicholas' Chapel in King's Lynn. We held our very own Art, Drama, Music exhibition in the newly opened KLIC building in South Lynn, and the dancers in the school entertained us all with their stunning House Dance show at the school.

At the time of writing I am looking forward to 2 sports days and our very own fashion show to be held at school next week.

We said goodbye to our Year 13 and Year 11 students by celebrating their time at Springwood with Proms. We also welcomed our new Year 7 and 12 students with taster/experience days and we look forward to them all joining us in September.

I would like to thank everyone, staff and parents, for their support throughout the year and I hope that you all have a happy, sunny holiday.



*A M Johnson*

SCHOOL CALANDAR 2016-17		
<b>Autumn Term 2016</b>		
Monday 5 September	-	Friday 16 December
<b>Autumn Half Term Holiday 2016</b>		
Monday 24 October	-	Friday 28 October
<b>Spring Term 2017</b>		
Thursday 5 January	-	Friday 31 March
<b>Spring Half Term Holiday 2017</b>		
Monday 13 February	-	Friday 17 February
<b>Summer Term 2017</b>		
Tuesday 18 April	-	Friday 21 July
<b>Summer Half Term Holiday 2017</b>		
Monday 29 May	-	Friday 2 June
Training Days : 1 - 2 September 2016		
Wednesday 4 January 2017		
+ 2 more days		