

# **Summer Task July 2023**

## **BTEC Level 3 Health and Social Care**

### **READ CASE 4 x STUDIES BEFORE BEGINNING TASK QUESTIONS**

#### **Unit 5: Meeting Individual Care and Support Needs**

##### **Care Study 1: Valerie B. aged 24 years**

Valerie B. was admitted to the community hospital, following surgery for her appendix which burst before she could reach hospital.

Valerie has mental health problems which began when her parents died when she was six years old. Valerie's surgery was complicated due to her being obese. She has low self-esteem and cannot see why she needs to lose weight or change her lifestyle.

Valerie lives in flat provided by a housing association, but has been bullied by local teenagers because of her obesity.

Valerie's surgical wound is healing, but she does not want to go home because she is afraid that the bullying will start again. She is unemployed and receives Universal benefit.

Valerie has a hearing impairment but has never been assessed for any support to improve her hearing. Valerie is a vegetarian.

##### **Case study 2: Tremayne M. aged 54 years**

Tremayne M has autism. He was admitted to the community hospital after being transferred from a larger hospital in the city. Tremayne had fallen and broken his left leg in three places.

Tremayne lives independently and has a team of carers who support him but do not live with him. He was transferred to the community hospital because he has continually tried to remove his cast and the staff felt that he was not ready to go home.

Tremayne has a wheat allergy, but does not understand why he keeps feeling ill. He tends to live on pizza and sandwiches bought from the local shop.

Tremayne is quite disruptive and is subject to outbursts of temper, which cause other users of the service to become distressed.

##### **Case study 3: Aisha H. aged 82 years**

Aisha M. was admitted to the community hospital, to recover from a bout of pneumonia. Aisha has vascular dementia, which is becoming more severe. Currently, Aisha lives alone, having been single for all of her life so far. She has no family. Aisha is a practising Buddhist.

The neighbour who visits Aisha, said that Aisha often wanders around late at night in the garden, muttering to herself. The neighbour doesn't think that Aisha is safe living at home, but has no one to look after her, as her siblings are now dead. The neighbour also said, that the flat was dirty and that Aisha didn't appear to have any food in the cupboards or fridge.

Aisha has developed incontinence since being admitted to the community hospital and requires constant changing. Her vascular dementia is causing her to have delusions, where she appears to hear voices and can be heard speaking to her former friends who she no longer has contact with.

#### **Case study 4: Billy G. aged 18 years**

Billy is homeless and was admitted to the community hospital by a passing paramedic, when he had an asthma attack in the street. The city hospital did not have beds and so a place was found in the community hospital.

Billy left home following an argument with his mother's partner, which resulted in a violent fight between Billy and the man. He has been living on the streets since this incident. The weather is cold and damp which contributed to the asthma attack.

Billy has a visual impairment and finds street living difficult. He cannot clearly read road signs or find his way around the city easily. Billy has complained about stomach pains since being admitted to hospital, which could be due to him living mainly on food from rubbish bins, thrown out by local restaurants.

Billy cannot go back home from hospital, because his mother has changed the locks and has refused to visit him.

## TASK

*You have just completed your work experience in a community hospital which provides support for adults who are recovering from illness. The individuals are not yet ready to go home. You have been asked as part of your work experience portfolio, to produce a report, which shows how working practices are used to successfully meet the individual care needs, of each of the individuals.*

*Base your work on each individual in the case studies. The report will demonstrate your understanding of the issues involved in meeting the needs of individuals who have diverse needs, preparing you for work experience. All of the individuals in the attached case studies, have needs that require particular support.*

### Task focus is on promoting anti-discriminatory practice

Your report should be a response to these case studies and be detailed, looking at strategies to overcome any challenges

- An **Explanation** of the **benefits** of promoting **personalisation** with the individuals, as part of overcoming the different challenges they face.
- An **Explanation** of the skills and personal attributes necessary for the professionals at the hospital when working with your selected individuals
- **Explanation** of the importance of **promoting equality and diversity** for your selected individuals
- **Explain** the **strategies** and **communication techniques** used with individuals **different needs** to overcome different challenges.
- An **explanation** of how to incorporate **ethical principles** into the provision of the support

Make sure you include a **bibliography** which shows **ALL** the resources which you have used.

Approx word count: 2000

Please ensure your work has your name on it and PAGE NUMBERS

Please ensure you list any references you use i.e. books and web

