

Springwood

Enlightening Enduring Excellence
ELEVEN

Year 11 Tips and Techniques for GCSE Revision and Success

Regardless of what's happened in the past
you can always change your future.

You only ever fail if you give up!

"Practice is controlled failure" (Will Smith)
So practice until you no longer fail...

NEVER EVER
EVER
GIVE UP!



What can you do now?

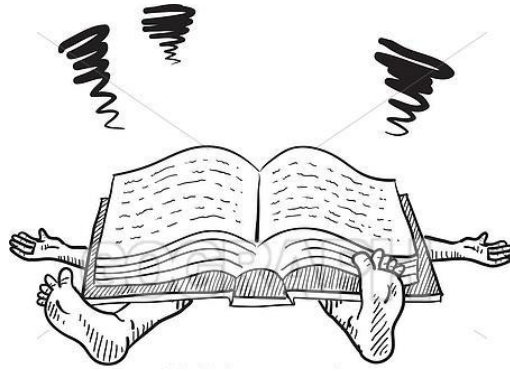
Read this booklet carefully; it provides examples of best practice and suggestions of how to revise. Each subject has provided a clear summary of what you need to know and where you can find it.

Remember everyone at Springwood is here to support and assist you; speak to your teachers, share your concerns and seek their advice!

**I never lose.
I either win or learn.**

- Nelson Mandela





Good habits and tips.

- Make yourself start however much you don't want to - the hardest bit is now out of the way.
- Leave your phone on silent in another room, don't listen to music if you are trying to learn and remember items.
- Take short breaks.
- Do frequent short exercises - stand up and walk around, do stretches, especially your neck and shoulders.
- Drink water and get fresh air - have your room cool enough or you will fall asleep!
- Eat well - not too many sugary snacks; little and often is best.
- Don't leave the difficult bits until last - get them sorted first!
- STOP if you feel frustrated, angry, overwhelmed and take a break. Make a note of the problem and deal with it next lesson - move on to something else.
- Make lists of what to do; tick them off and concentrate on what you've achieved, not what you've still to do.
- At the end of each session, pack away so you can start your next one straight away.



Use the English, Maths, History and Geography Apps
to change how you revise!

PiXL
Partners in excellence



- 1) Create a revision timetable; you now know when your exams are. Work backwards and plan what you need to do.
- 2) Take regular breaks; half an hour of hard work learning and remembering is enough. Stop, refresh and go again! Several of these are more productive than one huge mammoth effort.
- 3) Use mind maps to link key ideas, organise your thoughts and summarise key content.
- 4) Produce your own flashcards, make a pile of all the ones you know and work on the ones you don't; get someone else to test you. You will soon see an improvement!
- 5) Get hold of any example or past exam paper; make sure you can easily answer any question on them.
- 6) Don't just read it, go through your classbook, textbook or revision guide and summarise the content into ever smaller chunks.
- 7) Stick post-it notes around your room, have an area for each subject and try to visualise what you've added there.
- 8) Teach someone else without using your notes; if you can explain it - you know it.
- 9) Don't revise late into the evening; sleep deprived zombies tend not to do well in exams!
- 10) And finally believe in yourself, be positive. If you think that you can succeed you will! Everyone has to go through this once at 16; it's just your turn...