



SPRINGWOOD SIXTH FORM OPEN EVENING

THURSDAY 13TH OCTOBER





Stepping up to Success





Current position



- All subjects predicting close to or above targets.
- Very positive start to the year.
- Excellent results being predicted.
- Students have experienced uninterrupted GCSE courses.





Current position

ENGLISH	Target	Predicted
4+	78%	79%
5+	55%	60%
7+	12%	23%

MATHS	Target	Predicted
4+	78%	72%
5+	54%	53%
7+	18%	24%







Key Dates – Autumn Term



- 6th Form Open Evening - Thursday 13th October
- Super Learning Day – Tuesday 18th October
- PPE exams – 31st October - 11th November.
- Health checks to follow.
- Destinations deadline – Friday 9th December.





Key Dates – Spring Term



- Year 11 Reports to parents – Thursday 12th January
- Parents Evening – Thursday 12th January (Online)
- PPE Exams – Friday 27th January - Friday 10th February
- Health Checks to follow
- Year 11 Reports to parents – Tuesday 14th March
- Alton Towers trip – Friday 31st March





Key Dates – Summer Term



- May 2023 External Exams begin
- July – PROM!





Support



- Revision sessions
- Careers advisor
- Academic mentoring
- Subject mentoring
- Revision packs
- 50 Things to Know booklets
- Additional subject support outside of lesson time
- Support for Parents!





Saturday
Maths/English
sessions





Online English
sessions
every
Wednesday
7-8pm





Current Revision Sessions



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PE (on certain dates)	Maths	Maths MFL History English Revision 7pm (Online)	Maths Science Geography	Dance (Let Mrs Paulo know in advance)	Saturday School





Do Simple Things Well



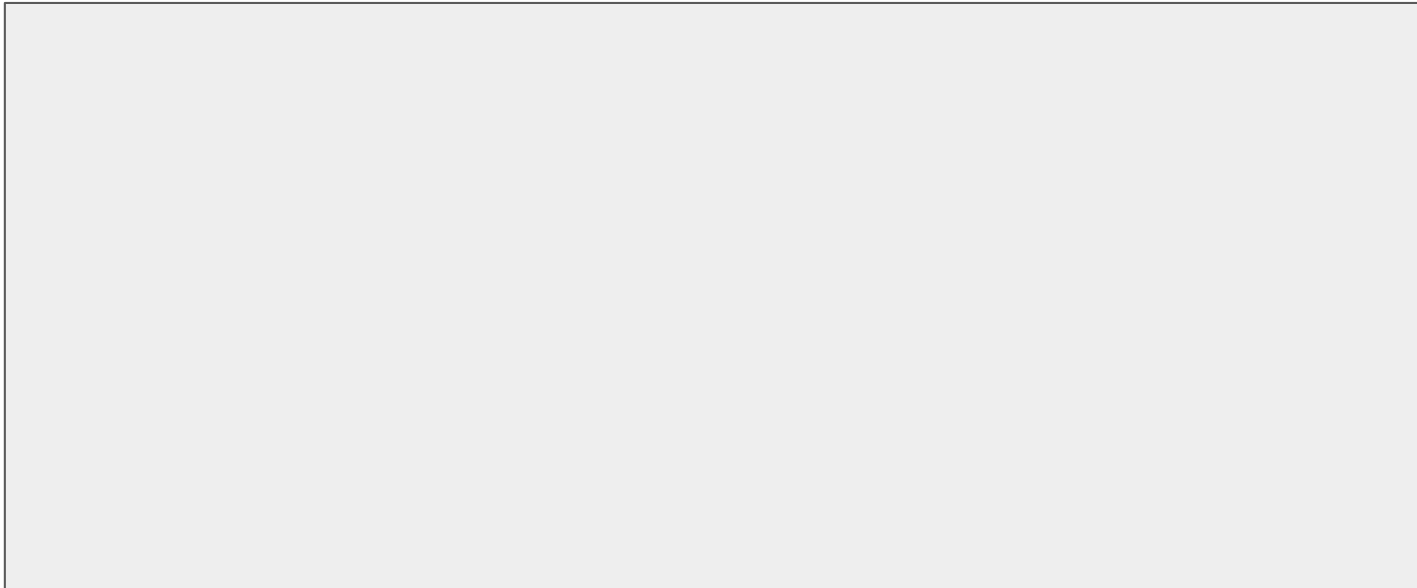


Attendance Matters



Average attendance - 87%

Average GCSE Grade - 4.5



How we learn...

Cognitive Science



Three Brain Maturation Processes

Proliferation

New synaptic connections form and get consolidated with repetitive exposure

Elimination (pruning)

Use it or lose it. Synapses and fibre tracts not used will be eliminated.

Myelination

Consolidated networks build insulation (myelin) that makes use of a network faster and more efficient.

“We remember what we think hard about”

Time for a quick test...

How much do you remember from 12 months ago?

List of words...

Body

Bacteria

Hostage

Opium

Institute

Contract

Magazine

Tomb

Sunset

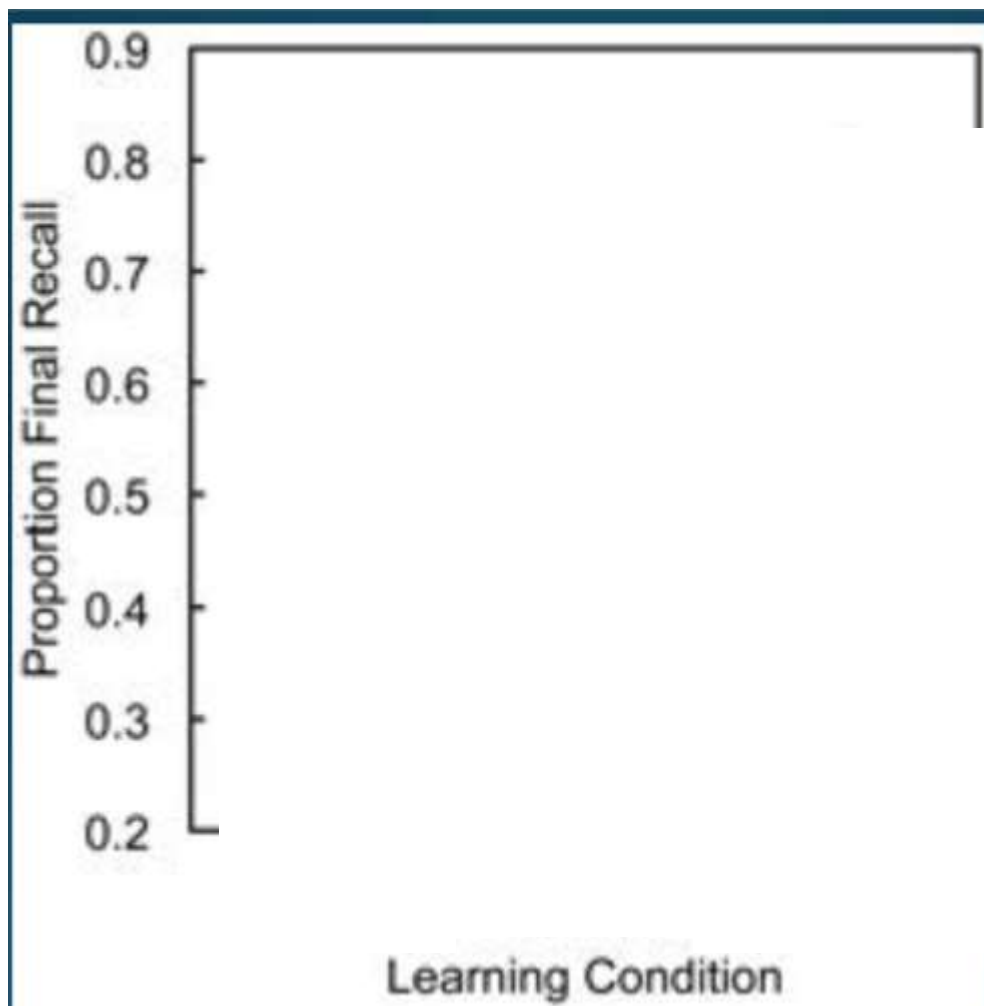
Strategy

Revision Techniques

Retrieval Practice with Vocabulary

(Karpicke, 2009)





Explain and describe
ideas with many details



Practice bringing
information to mind



Use specific examples
to understand abstract
ideas



CONCRETE EXAMPLES

ELABORATION

RETRIEVAL PRACTICE

Space out your
studying over time



SPACED PRACTICE

INTERLEAVING

DUAL CODING



Switch between ideas
while you study



Combine words
and visuals

LS
Scientists



LEARN TO STUDY USING...

Retrieval Practice

PRACTICE BRINGING INFORMATION TO MIND

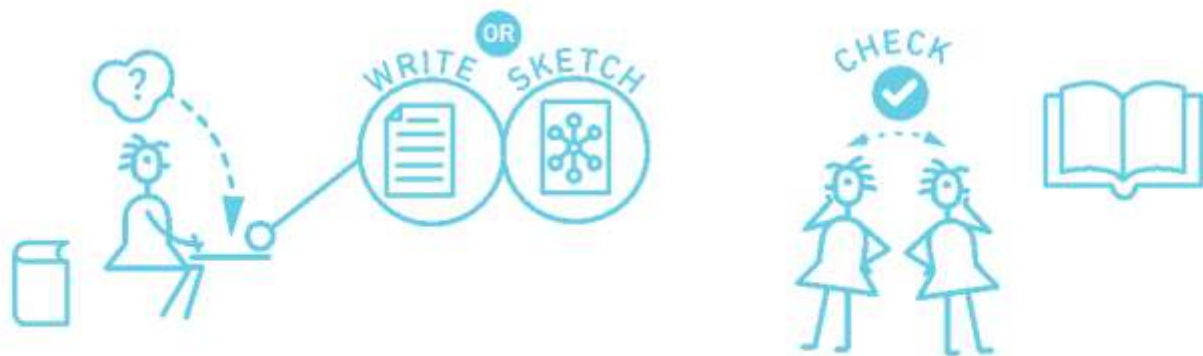




Retrieval Practice

HOW TO DO IT

Put away your class materials, and write or sketch everything you know. Be as thorough as possible. Then, check your class materials for accuracy and important points you missed.

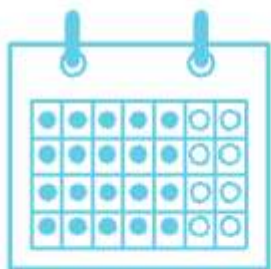




Retrieval Practice

HOW TO DO IT

Take as many practice tests as you can get your hands on. If you don't have ready-made tests, try making your own and trading with a friend who has done the same.

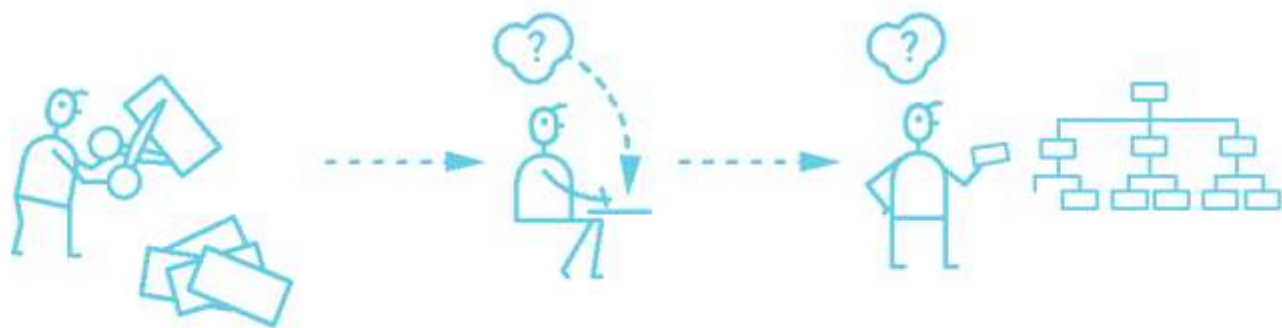




Retrieval Practice

HOW TO DO IT

You can also make flashcards. Just make sure you practice recalling the information on them, and go beyond definitions by thinking of links between ideas.

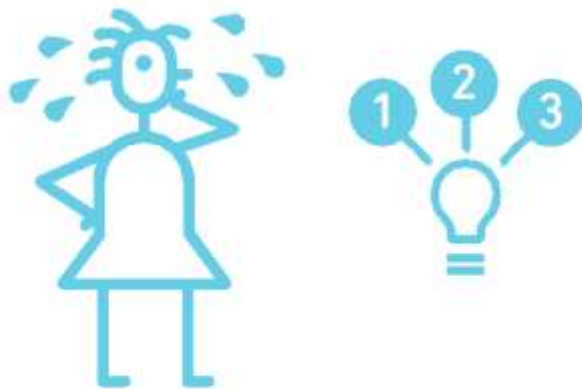




Retrieval Practice

HOLD ON!

Retrieval is hard! If you're struggling, identify the things you've missed from your class materials, and work your way up to recalling it on your own with the class materials closed.



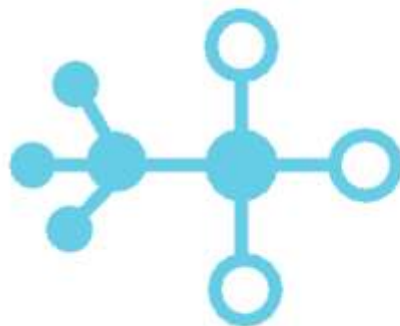


Retrieval Practice



HOLD ON!

Don't only recall words and definitions. Make sure to recall main ideas, how things are related or different from one another, and new examples.



**TOP TEN TIPS
FOR
EXAM SUCCESS**

Before

1. Eat

- It is or a
- Resatte will



some
nts'
cereal

2. Put your

- This should
- Researchers
- person's ability to
- is out of mind



ough to reduce a
er: out of sight really

During revision sessions

3. Start early and spread it out

- **Actors** don't leave their rehearsals until the day before opening night.
- **Athletes** don't only train the day before a match. **To commit something to memory takes time.**
- It allows time in between revision sessions to **forget and re-learn** the material

4. Test yourself

- Leading researchers in the field of memory consider testing yourself as one of the most effective ways to improve your ability to **recall information**.
- Testing yourself also helps you check for any **gaps in your knowledge**.
Practice papers provide a good starting point

5. Teach someone

- After you have tested yourself, teach the material to someone else.
- This has been found to **help aid memory and recall.**



6. Think twice about using highlighters

- Des
- Qui



of text

7. Don't listen to music

- Students who study in a **quiet environment** can **recall more** than those who revise while **listening to music**



8. Get some fresh air and exercise

- You cannot
- Revision ha
- Going **outsid**
better able t
- Doing a **little**
it reduces a



shed and

ul situations:

9. Sleep

- Students & ...
however, ...
- Sleep tips ...
bed, but if ...



their exams:
sleep.

mobile phone in

10. Talk to your child...

- What did you do today?
 - NOTHING!!
- What was the most interesting thing you did at school today?
- What made you happy today?
- 5 things that you learnt today?
- When you answer these questions you are RETRIEVING!

Whether you think

you can,

or you think

you can't --

YOU'RE RIGHT.

-Henry Ford



Final Message From Me



- Reinforce key messages. Together Everyone Achieves More.
- Treat every test like it counts.
- Make use of as much additional support as you can.
- Have discussions at home about next year, and where your child is headed.
- Be PROUD of your child, and tell them, they love and need to hear it.





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THURSDAY 13TH OCTOBER

<https://www.eventbrite.co.uk/e/springwood-sixth-form-open-evening-tickets-407977390357>

