



"I had an amazing month and every day I wish I could go back and do it all again – it was an unforgettable experience!" Charlotte



els in my gap year, its really given me a taste for adventure". Sam

"I had an incredible time volunteering in Tanzania and Kenya, meeting incredible people and being part of the unstoppable Team Papa. By far the best month of my life, it opened my eyes to how hard life can be for others whilst mine is easy, yet they remain so positive and hap-Py. Would definitely want to do something like this





"This month in Africa has opened my eyes so much as to how some parts of the world live and it really has made me appreciate the little things I have since being back. I loved every second of the month and was so lucky to spend it with a bunch of amazing people, roll on a Team Papa reunion!!! "

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"Volunteering in Tanzania and Kenya for the last month has honestly been one of the best experiences of my life. I feel so blessed to have had the opportunity to meet people and experience their culture which has changed my whole perspective on my life". Vicky

"Over my time in Africa, I learnt a lot about myself and how privileged I am to live so comfortably compared to the people we met in Africa who have next to nothing yet remain so positive in their environment. This definitely taught me to not take what I have for granted, to always be positive and to help those who may not have the privileges that we have.". Ryan



"Children seeing their education as a blessing, rather than a waste of time. Being taught Swahili and learning family recipes to truly immerse in the traditions of such a variety of wonderful cultures. Tribal dancing with the Massai tribes, who have so little, but fully cherish life. Building homes, not just houses, for remarkable individuals, impacting whole communities. Running after goats to deworm them, for a mother to sell at the market, to pay for her child to go to school. Making bracelets and elephant dung paper with the inspirational local Women's group. Learning to Scuba dive in the Indian ocean, after only previously been paddling at Hunstanton beach. Taking part in group Beach Olympics and hilarious Talent shows in our free time. Feeling genuinely welcomed and respected by everyone we met, knowing our hard-work would be appreciated by all. Experiencing all of this with the most fantastic group of people I've ever met, all of whom will remain friends for a very long time, and have given me memories that will last forever. I am so pleased and proud of myself I chose to do this trip, and have no regrets of going through years of exhausting fundraising, as the end result is a once-in-a-lifetime expedition, which I will never forget." Dillon