



## 3rd Newsletter

### Message from Mr Johnson

Thank you for all of your support this half term helping your child with their learning at home, or in school. I feel we have all learnt a lot this half term and all deserve a rest next week.

Please be reminded that tomorrow is a training day and the school will be closed. There will be no online lessons or in school provision.

Online lessons will resume with tutor time at 8:50am on 22nd February. The school will also reopen on 22nd for those students currently registered to attend in-school provision during the national lockdown.

Thank you for completing the survey sent out earlier this week. If you haven't completed it yet, we would still love to hear your views. Please also encourage your child to complete the student survey - they will have received an email from SPRINGWOOD HIGH SCHOOL with a link.

I would also like to say a huge thank you to the students who have raised money for their designated charity through fitness activities. I have been so impressed with everyone's efforts.

### Message from Miss Davies and Mrs Saxby

It has been a very unusual half term, and I have missed seeing you all on a daily basis. However as a year group you have been amazing. You have all worked so hard, I am always pleased to receive emails with photos of work that you have been doing, artwork you have created, food you have cooked or even clothes that you have made. I am blown away by the talent that is in year 8. On a daily basis I am impressed with the dedication you have shown with your online learning, I get regular feedback from your teachers and a lot of the time I am told, you by far have been the most engaged and have the highest level of participation in lessons.

I am requesting that you all have a break from the computers over half term. Take this time to read a book, get outside, be creative, dance to music, do something that makes you happy.

Hopefully I will get to see you back in school sometime next half term, but in the meantime keep safe and be happy.



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### Highest Achievement Points



Student		Total Achievement Points
Ramunas	B	100
Emilija	B	100
Blake	E	100
Caleb	S	100
Isabella	M	101
Milana	T	101
Billy	H	103
Robbie	S	104
Hope	G	105
Lorena	L	105
Maria	O	105
Karolina	R	105
Maddy	T	105
Oliver	C	106
Kevin	M	106
Eva	K	107
Ryan	L	107
Lola	C	109
Jessie	H	109
Theodore	M	109
Evelyn	W	110
Modestas	J	111
Sara	S	111

Student		Total Achievement Points
Milana	B	112
Kaiden	L	112
Imogen	C	113
Ruby	G	114
Marissa	H	114
Callum	P	117
Josie	D	118
Harvey	P	118
Freya Julleen	S	119
William	T	119
Keira	P	120
Neenu	T	120
Leah	C	124
Joshua	H	127
Kamayshika	S	136
Emily	L	137
Maddy	H	141
Julius	M	142
Salma	A	149
India-Rose	B	160
Nikita	C	170
Oliver	O	206

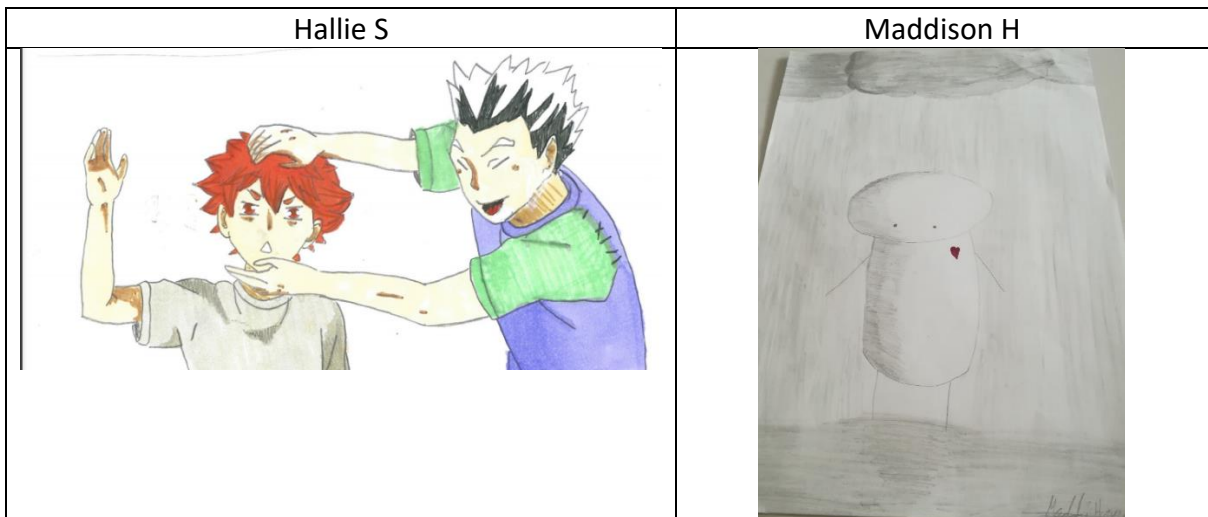
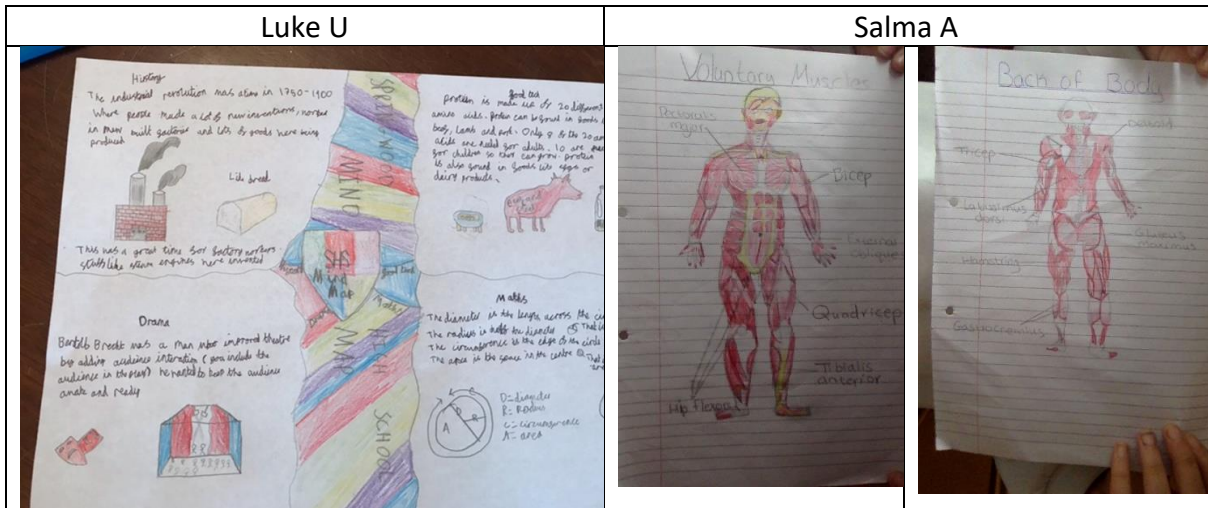
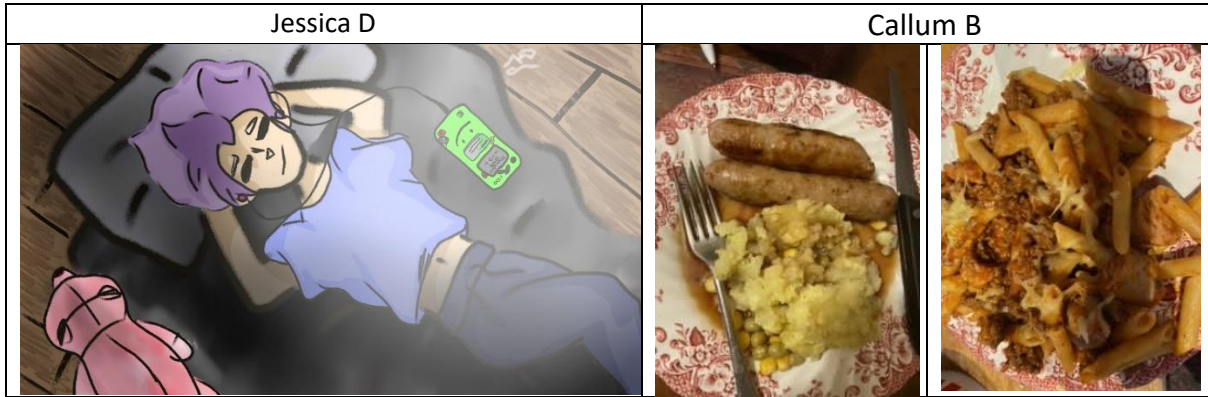
**German Quiz Winner**

**Emily L**





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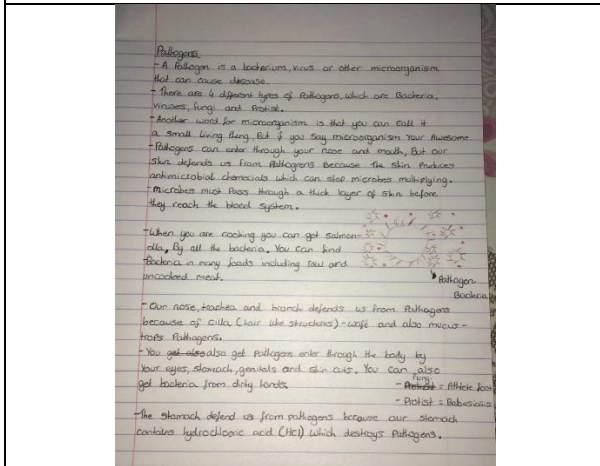
Hallie S



Emily L



Science Work



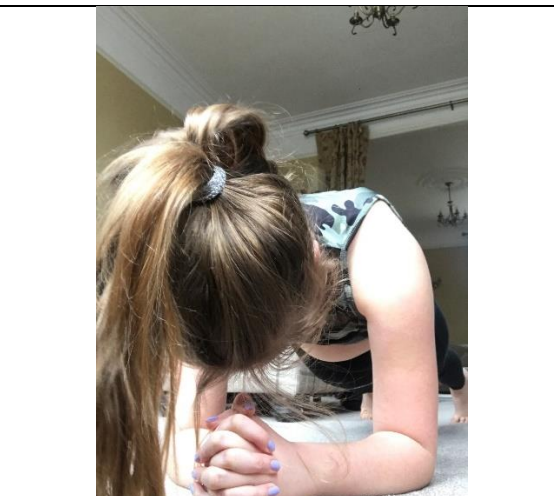
Timothy S



Salma A




Josie D





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	Year 8 2020-2021	Date and Details	Staff
<b>E</b>	<b>Extra-Curricular Activity</b> Show that you have attended extra-curricular clubs, or outside school activities during Year 7 or Year 8. <i>Gold standard: Show that you have gone outside your comfort zone to try two brand new extra-curricular activities. You must demonstrate a regular commitment to these new activities.</i>	Extra-curricular activity or club	
<b>N</b>	<b>Numeracy and Literacy</b> Complete your Timetable Rockstar activity. Read 2 books during Year 8 and create the padlets in your tutor group classroom <i>Gold standard: Either take part in a Maths challenge activity or review, in detail, the 2 books you have read and email the reviews to your Tutor.</i>	4 books read and brief PPT made	
<b>D</b>	<b>Display</b> Get your work presented in an assembly, the year group half term newsletter, the Year 8 corridor or the school's twitter account <i>Gold standard: Produce a project about a topic that interests you which could be displayed around the Year 8 corridor. See Guidance Sheet. This also counts for Gold Understand badge.</i>	Work on display in an assembly/year 8 corridor/newsletter/twitter	
<b>E</b>	<b>Explore</b> Attend two individual virtual trips and write a short summary of each trip. <i>Gold standard: Produce an article for the school newsletter about a virtual trip you have been on.</i>	2 virtual trips	
<b>A</b>	<b>Attendance</b> Have excellent attendance or improvement in attendance to school <i>Gold standard: Achieve an average of 97% attendance.</i>	Attendance excellent or improved	
<b>V</b>	<b>Value Others</b> Make a difference by taking an <u>active part</u> in organising and promoting a charity fund-raising event. <i>Gold standard: Organise your own charity fund-raising event.</i>	Active part in an event	
<b>O</b>	<b>Organised</b> Demonstrate that you can manage your own time and engage with online lessons during lockdown. <i>Gold standard: Engage with all lessons – no N's from any subject</i>	Engagement with online lessons	
<b>U</b>	<b>Unstoppable</b> Write a letter to your form tutor to explain a challenge you faced during one of the lockdowns and what you did to overcome that challenge. <i>Gold standard: Show evidence that you have gone 'above and beyond' in helping others during Year 7 or Year 8.</i>	Letter to tutor about a challenge you overcame	
<b>R</b>	<b>Represent</b> Represent your tutor group in the knowledge organiser challenge, submit your weekly scores <i>Gold standard: Take part in a national competition outside of something organised by the school.</i>	Weekly scores handed in	



## 3rd Newsletter

If you would like to take part in the National Science Competition below, please can you email [r.davies@springwoodhighschool.co.uk](mailto:r.davies@springwoodhighschool.co.uk) to request a pack.

**BAYER** Baylab  
*National Science Competition*

We hope you enjoyed the Heart Mechanics workshop. As you can tell, heart health is important to Bayer, and we want it to be important to you too. Making the right food choices and getting regular exercise are key to maintaining a healthy heart.

**Think you have what it takes to be a top heart mechanic?**  
Then enter your ideas for the Baylab nationwide school competition. You could win up to £2,000 in vouchers for sports or science equipment for your school!

With the Olympics hopefully taking place in Tokyo this year, we would like you to take on our triathlon competition. You will participate in each of the 3 challenges will test your heart health knowledge and will be awarded points based on your imagination and creativity.

The entry with the most points will be the winner, so will you take the Gold, Silver or Bronze medal?

Send your entries in to Baylab, 400 South Oak Way, Green Park, Reading, RG2 6AD or by email to [Baylabinfo@bayer.com](mailto:Baylabinfo@bayer.com) by no later than 31st March 2021 for your chance to win.

**Task 1 - 10 points**  
We want you to design a completely new Olympic sport. The heart is your theme, so make sure that whatever you design gets your heart pumping. Please include a description of your sport with your illustration and explain how this new sport helps keep your heart healthy.

**Task 2 - 10 points**  
All Olympic athletes need to fuel their bodies with healthy meals. Get creative and design a new 3-course meal fit for champions. You can draw your meals if you wish, but please include your recipes for the starter, main and dessert and the healthy heart ingredients you will use to create your super meal, with a short description on why you chose those ingredients to be included.

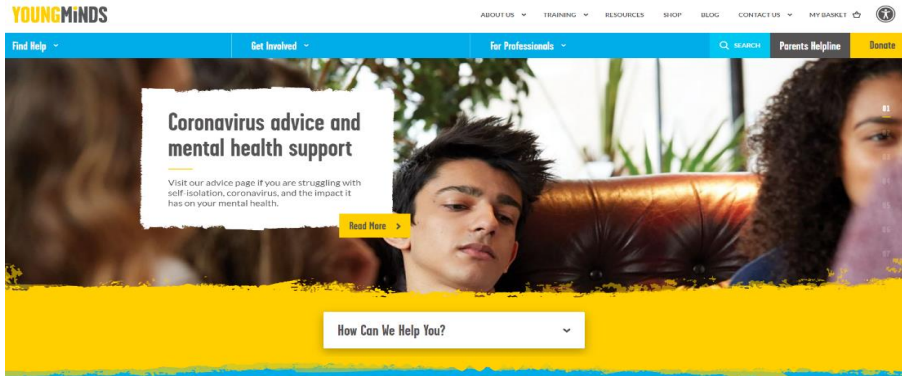
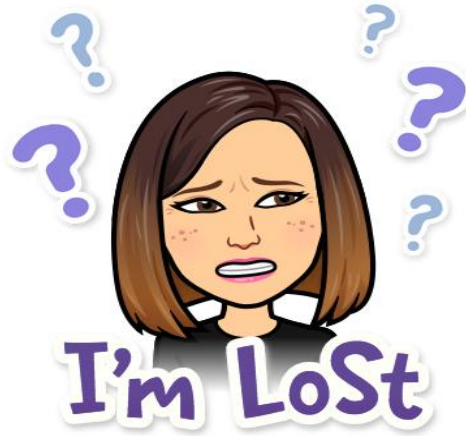
**Task 3 - 30 points**  
Show us that you are a true heart mechanic. Design your own anatomically correct and accurate model of a heart, labelling all the major features. You can make it out of any material you like, for example Paper Mache, clay or even Lego, the choice is yours! Take a photograph and send in your pictures with a brief description on how the various structures in your model work. Don't throw it away once you're done, Bayer will visit your school if you are chosen as the winner!

**Good luck!**

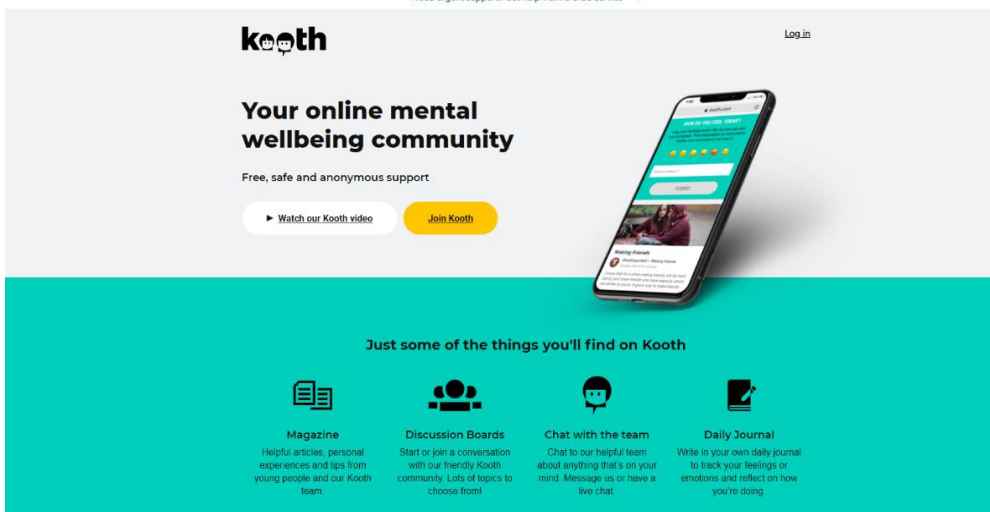




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- <https://youngminds.org.uk/>
- <https://www.kooth.com/>



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