



Nurturing passion and potential beyond the classroom

Springwood High School proudly offers students an exceptional extra-curricular programme, enhancing its esteemed reputation for academic excellence



From ground-breaking science projects to triumph on the sports field. From performing arts to visual arts; from fashion to conjuring up creative menus in the kitchen. The enthusiastic teaching staff at Springwood High School have created an outstanding programme of activities to inspire students outside the classroom.

In collaboration with the West Norfolk Academies Trust, Springwood is dedicated to delivering a holistic education. Students are empowered to develop, flourish and realise their full potential, with the school's rich extracurricular offering playing a pivotal role in shaping well-rounded individuals prepared to make their mark on the world.

"While Springwood is renowned for its academic prowess, we equally prioritise our extracurricular activities. These play an incredibly important role in a student's educational journey," says Andrew Johnson, Springwood's CEO and Executive Headteacher.

"They award our students valuable opportunities to discover new interests, broaden their skillsets and form strong friendships. The extensive enrichment programme we provide is one of our school's greatest assets."

This commitment means the options available to Springwood students have never been so diverse or exciting. What forward-thinking young person could fail to be enthused by the challenge of building a rocket car, extracting DNA from a strawberry, creating a bionic hand, unravelling the secrets of space or delving into the adrenalin-fuelled world of Formula One race design?

These are just a handful of the projects covered through STEM, the umbrella term for Science, Technology, Engineering and Mathematics. This has become one of Springwood's standout commitments and has earned it a Norfolk Education Award and a gold level STEM Clubs quality mark.

The inspiration doesn't end there; Springwood stands out as one of the only schools in Norfolk to enter teams

PICTURES: Earlier this year, the Springwood High School concert band performed a musical evening in support of True's Yard Fisherfolk Museum (above). In July, BTEC students and members of Springwood's fashion and textile clubs all participated in a sell-out fashion show marking its 10th anniversary (below right).

in the European Space Agency's annual Cansat competition. Additionally, all Year 8 students are set to complete a STEM Bronze Crest Award this year on the theme of renewable energy.

The school's commitment to championing arts such as music earned them the honour of being one of just seven in the UK shortlisted for the Music Department of the Year accolade in 2023. Music resonates throughout Springwood's vibrant community. It's not just heard during rehearsals or performances; it's part of their heartbeat.

Springwood's dynamic singing and instrumental programme also sets it apart from other secondary schools.





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PICTURES: The Springwood cast of Beauty and the Beast put on a spectacular performance over three evenings in February of this year (above). A group of year 10 students were challenged to prepare a two-course meal against the clock when Navy career advisors visited the school (below right).

Whether students aspire to kickstart a performing career or simply wish to learn an instrument as a hobby, they have plenty of exciting opportunities to explore. From a concert band, the big band and a Sinfonia string orchestra to various choirs, ensembles and rock bands, there’s something for everyone to tune into.

Beyond in-school concerts and recitals, the young musicians are regularly invited to perform on wider stages including prestigious events such as Sandringham Flower Show, the Royal Norfolk Show and even Disneyland Paris.

Also giving talented young performers a chance to shine in the spotlight, Drama has long been a popular part of school life at Springwood. Enthusiastic students are encouraged to write and direct their own plays to perform in front of

audiences of proud family and friends. The department stages at least two performances every year, showcasing a wide range of inspiring genres and giving students with a creative interest a chance to help artistically backstage. This year’s Beauty and The Beast was their most ambitious yet and now there is a whole school pantomime to look forward to!

Springwood’s sports programme is another asset going from strength to strength, now rivalling other schools in the area. Teams and squads take pride in competing successfully at district, county and even national level. The under-9 boys’ and under-16 girls’ rugby teams, along with the under-16 and under-14 netball teams, hold well-earned Norfolk titles - and the athletics squad proudly wears the crown of West Norfolk Champions

While actively representing the

school is an honour, pupils with less physical ambition get just as much encouragement. There are amazing things going on elsewhere at Springwood, with art and photography clubs taking advantage of excellent studio space to harness their creativity. A fantastic cookery club enjoys access to state-of-the-art kitchen facilities, producing delicious dishes and innovative menus whilst teaching students essential life skills.

In another dedicated studio, dance students can develop their confidence by choreographing their own shows to take to the stage. The fashion and textiles club hones skills in sewing, textiles, pattern drafting and making clothes, focussing on sustainability and upcycling, and showing their creations in the annual summer fashion show.

With this astounding wealth of opportunities at their disposal, coupled with the robust support and resources invested in their education, the students at Springwood High School have a future that’s exceptionally promising.

