

WNAT SCHOOLS WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	CHICKEN PASTA BAKE	LEAN MINCED BEEF LASAGNE SERVED WITH GARLIC BREAD	CRISPY TORTILLA BASKET TOPPED WITH LEAN CHILLI BEEF SERVED WITH A GREEN SALAD AND CRÈME FRAICHE	ROAST OF THE DAY SERVED WITH HOMEMADE YORKSHIRE PUDDINGS	<u>FISH SHOP DAY</u> BATTERED COD, BREADED FISHFINGERS WITH LEMON AND HOMEMADE TARTARE SAUCE
VEGETARIAN	QUORN MEATBALLS IN A RICH TOMATO SAUCE	QUORN LASAGNE SERVED WITH GARLIC BREAD	CRISPY TORTILLA BASKET TOPPED WITH SEASONAL VEGETABLE CHILLI SERVED WITH A GREEN SALAD AND CRÈME FRAICHE	MOROCCAN ROASTED VEGETABLES SERVED WITH SPICY FRUIT COUS COUS	LEEK AND CORIANDER PUFF
POTATOES	NEW POTATOES	ROSEMARY WEDGES	MEXICAN SPICED WEDGES	ROAST POTATOES	CHIPS
TODAYS FRESH VEGETABLES	SWEETCORN	CAULIFLOWER AND PEAS	SWEETCORN	ROAST PARSNIPS, CARROTS, CAULIFLOWER, BROCCOLI	GARDEN PEAS
DESERT OF THE DAY	DESERT OF THE DAY	DESERT OF THE DAY	DESERT OF THE DAY	DESERT OF THE DAY	DESERT OF THE DAY
PASTA DISH	PENNE WITH CHOICE OF SAUCES	TWISTS WITH CHOICE OF SAUCES	SHELLS WITH CHOICE OF SAUCES	FARAFELLE WITH CHOICE OF SAUCES	MACARONI WITH A CHEESE SAUCE
DAILY SPECIALS	SALAD BAR PLUS GRAB AND GO SALAD BOWLS	SALAD BAR PLUS GRAB AND GO SALAD BOWLS	SALAD BAR PLUS GRAB AND GO SALAD BOWLS	SALAD BAR PLUS GRAB AND GO SALAD BOWLS	SALAD BAR PLUS GRAB AND GO SALAD BOWLS