

Year 10 PSHE and British Values

Vocabulary Practice

Spelling	Correction
Exploitation	
Bereavement	
Bigotry	
Prejudice	
Transphobic	
Contraception	
Stereotyping	
Resuscitation	
Misconceptions	
Vulnerable	
Criticism	

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Retrieval Practice

Knowledge	Meaning / Definition / Technical Point
The moral minefield	A situation in which there are a lot of dangers and difficulties, and it is difficult to make the right moral decision.
Bodytalk	Any conversation or comment that reinforces and keeps appearance ideals and pressures going.
Prejudice	Preconceived opinion that is not based on reason or actual experience.
Payday Loans	A short term loan at very high interest rates that is paid back when you next receive your pay packet.
Sleep deprivation	Teenagers are advised to average 9 hours of sleep per night; anything less is classed as sleep deprivation.
Positive mental attitude	
Exam stress	Negative mental health caused by worry of exams.
FOMO	Fear Of Missing Out; anxiety that an exciting or interesting event may currently be happening elsewhere, often aroused by posts seen on social media.
British Values	Democracy, Rule of Law, Individual liberty. Mutual respect
Honour violence	A violent crime or incident which may have been committed to protect or defend the honour of a family or community.