

PSHE Learning Journey

Independent living, Media literacy & Dark web, NHS blood & organ donations, CPR, Personal safety, Revenge porn & upskirting, Teen Pregnancy II, Sexual bullying, Pride month.

Body positivity, Intersectionality LGBTQ+, Eating disorders, Tattoo's & Piercings, Anti-social behaviour, Drugs, Gambling, Fake News, Employability.

Revision study skills, Why is PSHE important, Uni or College, Consent & rape, Unhealthy relationships, Unsafe sex, What makes good sex, Fertility and reproductive health, Body appearance.

11

Drugs, Binge drinking, Teenage pregnancy, Screen time, Time management, Role models, Mental health, Online fraud, Break ups, Gender around the world

Grief, Identity & diversity LGBTQ+, Exam stress, Employability, Social media & self esteem, Body shaming, FGM, Relationships II, Smoking & Vaping.

Starting GCSE's, Goal tree, Being an ally 2 LGBTQ+, Relationships I, same sex relationships, Homelessness, Gangs, County lines, Carrying a knife.

10

Self image & self esteem, FGM, Gambling, Body image, Social media & mental health, How to revise to achieve, Online influencers, First Aid.

The sleep factor, Child exploitation, Cigarettes & alcohol, Drugs, Positive Relationships 2nd visit, Politics, Work & Money, Healthy Living, Risk taking.

Personal Understanding, Growing up LGBTQ+, Consent, body image & relationship abuse, Transgender, Positive Relationships, Movember & men's health.

9

Alcohol & peer pressure, Vaccinations, The sleep factor, Family life. My rights and parents separating, Puberty, Being an ally LGBTQ+, Carrying a knife.

Peer pressure, Bullying & Cyberbullying. Democracy, Relationships, Gender & sexuality, Commitment, Drugs, Smoking & Vaping,

Mental health, Online safety, Managing emotions and behaviour, Coming out LGBTQ+, Dealing with change, Finance, Age & Media,

8

Drugs & Alcohol, Positivity, Money, Sleep, Online Safety, Student Council, Relationships and Sex Ed, Phobia in action LGBTQ+.

Respect, Meaning of the LGBTQ+ flags, Feelings, Puberty, Friendship, Resilience, British Values, Environment, Hate Crime.

Getting to know, What is Pride, Them and Us, Organisation, Bullying, How to learn Remembrance, Road safety, Well-being.

7