





Message from Mr Johnson

The annual West Norfolk Academies Trust Carol Service, held at St Nicholas's Chapel earlier this month, provided an excellent start to the Festive season. Well done to all the students and staff involved in this flagship event for our schools. I am really looking forward to Springwood's Carol service in the final week of term. This is another "sell out" event for the school in our newly revamped Peter Hopkins Hall. It was a privilege to offer sincere thanks to the Borough Council and our very own Springwood PTFA as we officially opened the excellent new tiered seating and LED stage lighting. We are proud of our outstanding arts provision and it was wonderful to watch Mr Ellin's production of Alice in Wonderland with such a large talented cast. Similarly, the annual Trust Art Exhibition has been officially opened. The quality of the GCSE and A level Art students was outstanding. Well done to all Art students and to Mr Eveson and his Art team.

Our Sporting prowess continues and this term our Sixth Form Male Rugby Team won the County Cup! Well Done to all team members and to Ms Lister and our volunteer Coach, Mr Charlesworth. Our students are very appreciative of the huge number of sporting clubs and competitive fixtures available to them. All credit to Mrs Honey, the PE team and the staff who volunteer to support this.

Academic study is at the heart of our school. Year 11, 12 and 13 had a successful set of examinations. Mr Adcock has led our early applicant scheme with record breaking success in terms of interviews for courses at Cambridge, Oxford and Medical Universities. I am sure that our students will gain the places at the elite Universities they deserve. It has been wonderful to meet our "Aiming for Excellence" students who volunteer to take on additional independent learning in areas of interest. Our intrepid year 7, 8 and 9 students have enjoyed "going the extra mile" in their learning journey at Springwood.

I have to say that this busy term has been so productive for the school. I wish all students, staff and parents a well-deserved break over the festive season.

Merry Christmas and a prosperous New Year!!

Mr Johnson

Head Teacher









Message from Mrs Bunting - Head of Year 8

I can't believe we are a third of the way through Year 8 already! This term has flown by in a complete flash. As always there is so much to celebrate as a year group and I thoroughly enjoyed our celebration assembly on Tuesday. I launched ENDEAVOUR to our students at the start of the term and I am so pleased that so many students have been actively trying to tick off tasks they have completed. One of those is presenting, and I'm really proud to say that Zuzanna H was brave enough to present to the entire year group in one of our assemblies about the history of Christmas. I'm excited to see future presentations from Year 8.

We have also had some excellent wins for our Sports team this half term, who have proudly been representing the school. Most recently we saw our boys and girls Basketball teams win a significant number of matches at their tournament. Well done to you all! Extra-Curricular activities are a great way for students to get involved in Springwood Life.

A reminder that students will be returning to school on Tuesday 6th January, and further key dates can be found on page 3. Thank you to all of you who are supporting with homework at home, a reminder of the support available in school for students completing homework can be found on page 16 & 17. We celebrate those completing their homework every week in assembly, and I look forward to more celebrations in the new year.

Maddy, Shanjana and Sophia were the winners of the Public Speaking Competition that is run within our trust. They really made the school proud and discussed a very important topic of 'Is TikTok responsible for poor mental health amongst teenagers?" Please have a read about this on page 23 where the girls talk about their experience of the competition. Well done to all three of you!

I hope that the Christmas break brings you some time to relax and I look forward to seeing you all in the new year!

Mrs Bunting
Head of Year 8



Year 8 Team

Mrs Bunting
&

Mrs Isle





YEAR 8 NEWSLETTER

October 2025



CONTACTING THE YEAR 8 OFFICE

Please can you use the following email accounts to make contact with the Year 8 Office Mrs E Bunting, Head of Year 8 e.bunting@springwoodhighschool.co.uk Mrs C Isle, Year 8 Manager c.isle@springwoodhighschool.co.uk General Year email classof2029@springwoodhighschool.co.uk The direct dial telephone number for Year 8 Office 01553 778092 School Website www.springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell? – If your child is unwell, please call the Year 8 Office on 01553 778092 or email classof2029@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a "Leave of Absence Form." These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 8 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

Year Group Key Dates

Date	Event
6 th January 2026	Return to school
27 th – 29 th January 2026	Les Miserables 6.30pm PHH
13 th February 2026	Last day half term
23 rd February 2026	Return to school







ATTENDANCE

Attendance December 2025

I'd like to begin this edition by celebrating the top attending tutor groups for each year group.

Year 7 - 7S2 Year 8 - 8B1 Year 9 - 9O1 Year 10 - 10B2 Year 11 - 11/Eng 5+

Congratulations to everyone in these tutor groups. There will be a tutor group treat coming your way!

Along with the rest of the country Springwood was hit a few weeks ago by a flu like illness which saw our attendance drop a little below National figures for the first time in a couple of years. Already, though, attendance has once again picked up and so hopefully in the new year our positive attendance patterns will return. Thank you once again for your support with this.

If your child is ill with sickness. Diarrhoea or a temperature, please keep them at home until they are well. If their temperature responds to medication, they can return to school later in the day. If your child does require medication, please remember that this can be safely stored in the year office for later use. If you are uncertain whether to send your child into school or not please consult the NHS website: https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

Mrs Moss & Mrs Taylor









Parents can access details about their child at school by using the MyChildAtSchool (MCAS) app. Your child can access the student portal by using the Bromcom Student App.

These apps contain real time information about student timetables, attendance, reports, messages, homework, achievement/behaviour and paying for school trips and dinners.

The apps are both available from Google Play and the Apple AppStore. A basic user guide, along with other support materials can be found at https://docs.bromcom.com/article-categories/for-parents/

If you forget your password please click on the Reset Password link on the App, or, using your web browser, go to the relevant website and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS or Bromcom Student account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

MCAS: www.mychildatschool.com Bromcom: www.bromcomvle.com/?schoolid=14633







UNIFORM REMINDER

At Springwood High School we are very proud of our students who are wonderfully presented and wear our school uniform with pride. This is extremely important to build a school identity amongst the pupils and the wider community. We would like to remind all parents that the school uniform policy can be found on our website. We also, would like to draw attention to the following;

- The only jewellery students are permitted to wear is one pair of studded earrings and a wrist watch.
- False nails must not be worn.
- Any nose stud must be a clear plastic retainer
- Students are not permitted to wear leggings.
- Please check the policy for acceptable footwear and note that branded black shoes (Nike Airforce, Adidas etc) are not permitted.
- Blazers must be worn at all times.

With the change in season students are encouraged to bring a coat to school, this must be plain in colour and fit over the school blazer. Hoodies are not acceptable.

We thank you in advance for your support with this.

A copy of our full uniform policy can be found here:

https://www.springwoodhighschool.co.uk/_site/data/files/users/2/uniform/F3C8 97E71A779321B863438D129E094C.pdf







Music Events Calendar 2025

Autumn Term 2025

Date Date	Event	Venue	Ticket Prices	Time(s)	Groups Involved (Provisional)
Wednesday 5th Nov'25	Rotary Young Musician, Regional Heat	Recital Room (Mu1) Springwood High School	Free	4.30pm	Open to soloists grade 6+ standard
Thursday 20h Nov '25	Autumn Recital Evening (incorporating GCSE Mock Performance Exam)	Recital Room (Mu1) Springwood High School	Free (with retiring collection)	6.00pm	Year 11 GCSE Music Students plus Soloists and Small Ensembles from Springwood High School
Wednesday 3rd Dec '25			Free (with retiring collection)	6.00pm	c.40 members of Cantabene WNAT cross-trust Orchestra
Wc Monday 8th Dec'25 (tbc)	, , ,		tbc	tbc	Drama Production
Sunday 14th Dec'25	Sunday 14th Dec'25 West Norfolk Wind Orchestra Family Christmas Concert		Adults £5 Under 18s £3 Under 5 years free*	2.30pm	The Community Band of the West Norfolk Academies Trust
Thursday 18th Dec '25 Springwood Christmas Concert		PHH, Springwood High School	Adults £5 Under 18s £3 Under 5 years free*	6.30pm	Big Band Cantabene Rock Choir Bella Voces Concert Band Sinfonia Kingsmen Les Mis Preview Year 7 Choir Soul Band

Under 5s Free of Charge if do not require own seat (i.e. able to sit on parents' lap)

For Ticket Sales nearer the event date please visit

https://www.ticketsource.co.uk/springwood-high-school-music-department







HAIRDRESSING

Creations Hair Salon





Creations Hairdressing salon

Here at Springwood Highschool we offer all Hairdressing services. We have excellent salon facilities. Our year 12 (level 2) & year 13 (Level 3) students are always needing clients to complete their practical assessments.

All assessments are carried out under teacher supervision, we offer reduced prices due to the salon being a training environment.

If you would like to book in to help our students please call the salon on 01553 779403



We offer day appointments & every Tuesday evening.

Skin tests must be carried out for all colouring services 24-48hrs prior to the appointment.

We take Card payments only

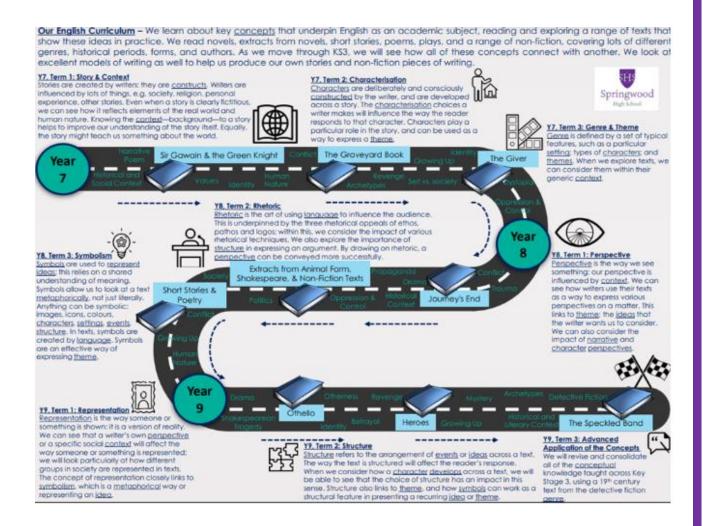






CURRICULUM OVERVIEW

It is important that parents have an understanding about the curriculum being followed for each of the subjects and what students are studying at different points in the year. Please log on to our website to see the curriculum overview and subject plans, here you will find learning journeys for each subject from KS3 through to KS5 and curriculum plans that give more detail on what will be taught. Curriculum and overview plans link











SPARKS MATHS CHAMPIONS

October Winners



November Winners







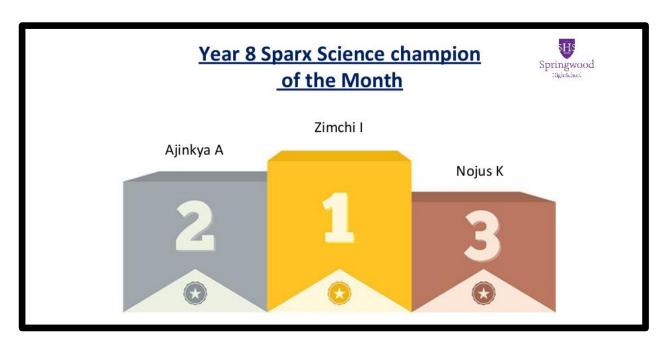


SPARXS SCIENCE CHAMPIONS

October Winners



November Winners







YEAR 8 NEWSLETTER

October 2025



SPARX READER CHAMPIONS

October Winners



November Winners









SPARX WINNERS

October 2025

Sparx Reader Form Winners

Winning Form 8H2

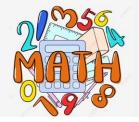
8B1 Luca G **Eleanor D** 8B2 8F1 Mohamed A 8F2 Aimy A 8H1 **Kevin J** Ethan AS 8H2 801 **Keith M** 802 Fiel V **8S1 Evelyn A 8S2** Delna D

I ♥ READING

Sparx Maths Form Winners

Winning Form 8F1

8B1	Elizabeth P
8B2	Sana G
8F1	Ajinkya A
8F2	Lacie-Jayne C
8H1	Seren F
8H2	Ethan AS
801	Keith M
802	Elizabeth L
8S1	Leoni-Mia F
8S2	Aronas M









SPARX WINNERS

November 2025

Sparx Reader Form Winners

Winning Form 8H2

8B1 Luca G Dylan B 8B2 Ajinkya A 8F1 8F2 Aimy A 8H1 **Kevin J** Ethan AS 8H2 **Keith M** 801 802 Fiel V **8S1** Joseph C

Sparx Maths Form Winners

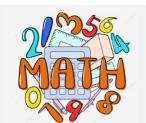
Winning Form 8S2

8B1	Elizabeth P
8B2	Lily A
8F1	Zimchi I
8F2	Lacie-Jayne C
8H1	Kevin J
7H2	Ethan AS
801	Dan J
802	Thea H
8 S 1	Peter P
8 S 2	Edward M



Delna D

8S2









SPARX WINNERS

November 2025

Sparx Reader winners

Winning Form 8F1

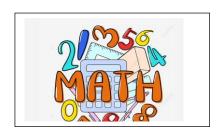
8B1	Luca G
8B2	Dylan B
8F1	Ajinkya A
8F2	Aimy A
8H1	Kevin J
8H2	Ethan AS
801	Keith M
802	Fiel V
8 S 1	Joseph C
8S2	Delna D



Sparx Maths Form Winners

Wining Form 8H2

8B1	Eliana A
8B2	Isabella M
8F1	Zimchi I
8F2	Lacie Jayne C
8H1	Paige A
8H2	Ethan AS
801	Dan J
802	Fiel V
8S1	Leoni-Mia F
8S2	Edward M









SPARX HOMEWORK



All homework's for all subjects are now being put onto my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

Year 7 are currently receiving weekly Maths and English homework on Sparx. After Christmas, they will also receive fortnightly homework's from Science, Geography, History and Languages.

The following homework support is available;

Maths

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm 4.30pm

English

• Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

All subjects

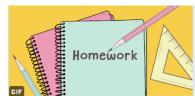
- Homework club in F10 3.30pm 4.30pm
- LRC before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.

If you have any further questions, please do not hesitate to contact me

directly c.loizou@springwoodhighschool.co.uk

Year 8 have been receiving weekly Sparx Maths and English homework's and fortnightly homework's from Science, Languages, History and geography. All homework will be set and tracked on the my child at school app









HOMEWORK INFORMATION

Below is a summary of the homework's they will receive and the days they will be set. All homework will be set and tracked on my child at school app

Sparx Reader Sparx Maths Sparx Science G # SENECA

Homework



Subject	How often?	What day is it being set?	What is it being set on?	Support on offer	
Maths	Weekly	Wednesday	Sparx Maths	Breaktimes in B11 12:40pm -1pm in B11 After school sparx in B11 on Tuesdays, Wednesdays and Thursdays Email LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
English	Weekly	Friday	Sparx Reader	Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
Science	Fortnightly	Tuesday	Sparx Science	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
Geography	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
History	Fortnightly	Monday week 1	Google quiz/Seneca	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
Languages	Fortnightly	Monday week 1	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	







ACHIEVEMENT POINTS LEADER BOARD (as 8th December 2025)

Erick RA	225	Amelia K	133	Huxley P	122
Dexter W	198	Charlotte KL	132	Cassandra F	122
Felicity M	178	Jasper H	132	Kamile D	121
Joseph C	174	Evelyn A	131	Ebuka N	121
Teddy D	173	Florrie G	130	Ella M	121
Keith M	173	Daniele J	129	Adam S	120
Sophia D	168	Ajinkya A	128	Jackson C	120
Ethan AS	166	Marc A	128	Leonard L	120
Elizabeth P	152	Matas P	127	Delvin J	119
Eleanor D	147	Emmanuel A	127	Max F	118
Dan J	147	Mohamed A	126	Izzy F	115
Camden M	144	Melani Z	126	Leoni-Mia F	115
Eliana A	141	Riley S	126	Viktor K	114
Bridie D	141	Alexandra C	126	Abinal J	114
Ayo A	139	Jack T	124	Emelia-Laci B	112
Verity OC	138	Elizabeth L	124	Orinta P	112
Julia J	136	Isabelle M	124	Frances H	112
Tilly B	133	Lacie-Jayne C	123	Esme H	111
Lily A	133	Paige A	123	Gracella H	111
Keith P	133	Elsie S	123	Emily J	110
Vitar K	133	Lewis G	123	Ruby Y	108









ANTI BULLYING

ANTI-BULLYING AMBASSADORS FROM SPRINGWOOD HIGH SCHOOL EARN WELLBEING BADGE

In November 2022, 15 students from Springwood High School were trained by the Diana Award to become Anti-Bullying Ambassadors. The training looked at bullying in

different situations including face-to-face and online. The facilitators taught us how we can change the attitudes and behaviours of bullying in school by building our skills and confidence to address different situations.

Since then, we have worked together to develop our skills and raise awareness about the issues caused by bullying, by speaking in assembly and hosting events. All the Ambassadors received safeguarding training from our DSL, Miss Smith. After this training we decided to work towards the Diana Award Wellbeing badge, not just to help those who were being bullied, but to support everyone in our school community.

We had to do lots of challenges to receive our badge, including to raise money for a charity. Our most recent fundraiser was for the charity, 8:56 Time to Talk, a local charity who encourages men to speak up about their mental health and to combat the stereotypical narrative that men cannot show emotion. We held a concert that our students participated in and a fabulous performance from The Gliders. There were bake sales and challenges for students to take part in and we raised £85.60 which is a great achievement. All of these activities have led to us being awarded our Wellbeing badge from the Diana Award, which we can all now wear with pride!

By Elsie M







FURTHER INFORMATION DIRECT FROM THE DIANA AWARD'S PRESS RELEASE:

About The Diana Award

The Diana Award benefits from the support of HRH The Prince of Wales and The Duke of Sussex and was founded as a lasting legacy to their mother, Diana, Princess of



Wales' belief that young people have the power to change the world. The charity fosters, develops and inspires positive change in the lives of young people through four key programmes which include; a mentoring programme for young people at risk, a youth-led Anti-Bullying Ambassadors campaign, a collaborative Changemakers programme that aims to reimagine mental health support for young people from racialised communities and a prestigious award which publicly recognises young changemakers – The Diana Award.

About The Diana Award's Anti-Bullying Campaign

The Diana Award's Anti-Bullying Campaign involves several projects aimed at reducing bullying in schools. One of its main projects is the Anti-Bullying Ambassadors Programme, which has trained over 50,000 young people across the UK to lead on anti-bullying campaigns in their schools.

Social Media:

@DianaAward, @AntiBullyingPro fb.com/thedianaaward, fb.com/antibullyingpro twitter.com/dianaaward, twitter.com/AntiBullyingPro







REMEMBRANCE SERVICE



















Year 8 who received the scholarships last year:

Verity – Piano
Bridie- Piano
Mika - Piano
Elizabeth - Piano
Sophia - Piano
Noah - Cello
Brodie - Piano
Amaya - Clarinet
Isla - Flute
Frances - Saxophone
Fidan - Violin
Gracella - Violin
Amelia – Violin

MUSIC SCHOLARSHIP



We are really proud of our Year 8s who have continued their outstanding work as musicians after being awarded Instrumental and Arts Place scholarships last year. All of them were awarded these scholarships after being auditioned by Mr. Norman,



Director of Music. For the audition each had to perform a piece on their chosen instrument and then take part in a face-toface interview where their musical journeys and hopes for their time at Springwood were discussed. Last year was a tremendous year for them all, aettina involved in the rich and active musical life of the school and, this year, all have continued and many

will be performing in the Christmas Concert this coming Thursday. They are a real credit to Year 8 and, indeed, the music department at the school. We look forward to seeing how they progress during the rest of their time at the school.





YEAR 8 NEWSLETTER

October 2025



PUBLIC SPEAKING COMPETITION



It was a fantastic experience, and I feel more confident to stand up on stage now. We spent a lot of time practicing and preparing our speech, and it was all worth it. My teachers, team and I worked very hard to achieve the win, and I'm glad to have brought back the trophy for another year!

Sophia Dunning

Hello I'm shanjana and I'm going to talk about our latest speaking competition. Over the last few weeks, me, Maddie and Sophia have been closely working together to prepare for two public speaking competitions. In order to do this, we spent our first lunch time with the very helpful Ms Clark who helped us decide on our topic "Is Tik Tok responsible for poor mental health amongst teenagers".

From that we had the weekend to write our first draft of our speech; Miss Clark helped us to make our speech better. Few practices later we had our first competition being held at Marshland High School - and we were victorious!

We soon found out that our speech was 2 minutes shorter than the allocated 15 minutes that they gave us but the amazing Miss Clark had found a way to make it longer. We had our last practice until it was time for the next big competition. This time the competition was held at Springwood and we were accompanied by parents, Miss Clark and Mr Johnson. It was more of a challenging competition but we tried our best but Terrington took our win.

However, the scores were close!

I learnt a lot from this and I thoroughly enjoyed this as I got closer with Sophia (One of my best friends) and became friends with Maddie. To end this really long paragraph I would like to say a massive thanks to Ms Clark and everyone else who organised everything.

Thank you.

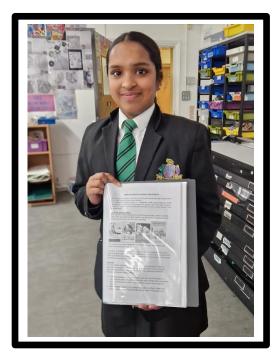






AIMING FOR EXCELLENCE





Our first aiming for excellence check in with SLT was fantastic. So many students had taken time already to research their areas of interests as well as engaging in the language task. I'm looking forward to the next check in that we will have so that I can see the progress of their projects.

Mrs Bunting







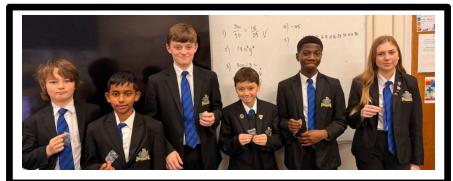
ACHIEVEMENT AND READING BADGES



8H2 – Silver achievement badge winners

8H1 – Silver achievement badge winners





8H1 – Gold achievement badge winners

8B2 – Gold achievement badge









ACHIEVEMENT AND READING BADGES



8B2 – Silver achievement badge winners

8S2 – Silver achievement badge winners 8S2 – Gold achievement badge winners









8O1 – Silver achievement badge winners 8O1 – Gold achievement badge winners







ACHIEVEMENT AND READING BADGES



8F2 – Gold achievement badge winners

8F2 – Aimy Bronze Reading badge



8F2 – Silver achievement badge winners

8S1 – Gold achievement badge winners







8O1 – Silver achievement badge winners







ACHIEVEMENT AND READING BADGES



8B1 – Silver achievement badge winners



8B1 – Gold achievement badge

Luca Bronze Achieveme nt badge winner





8F1 – Silver achievement badge winners



8F1 – Gold achievement badge







ACHIEVEMENT AND READING BADGES



8O2 – Gold achievement badge

8O2 – Silver achievement badge winners









ROLE MODEL STUDENTS



Sana G and Theo W recognised by Mrs Bunting and Mrs Isle for being a great role model in our year group

Sana - Kind and compassionate towards other students. An excellent example of how a

Springwood student should be.

Theo - shown kindness, commitment and maturity to school since day one







SEWING WITH MISS MARKWELL











we are learning how to use the sewing machine. We started completely from the basics so everyone could get the hang of it. We first learned how to thread the sewing machine and what settings it needs to be on. Then we learned how to sew a straight line and now we are learning plain seams. I can't wait to see what we will be doing when we have more experience and possibly get what we make on the school fashion show! – Esme H







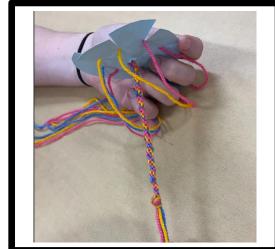






BRACELET MAKING IN MATHS























Year 7 and Year 8 Rugby



YEAR 7 AND YEAR 8 RUGBY V GLEBE

Springwood won 35-15! Well played all







GIRLS BASKETBALL TOURNAMENT



Year 8 Basketball
Tournament at KLA

Won 5 lost 2
Overall placing

On Tuesday 2nd December 2025 a few girls from Year 8 took part in a basketball tournament in KLA. We won 5 games and lost 2! None of us really knew how to play basketball or even any rules, but winning 5 matches is very good!

It was a very fun experience, every one of us knew at least one person from a different team. Taking turns in playing different matches to take a rest then go back on again. Every one of us took part in every match though just taking a couple minutes of rest to catch our breath from all the running.

All of us led our team to a win, some were defending some were shooting and the others were attacking. A special shout-out to the shooters like Ellie for getting 11 balls in the basket!!! Whilst also a big shout-out to everyone else who played! We did so well!

Overall, we came 2nd out of all the teams and just a tiny bit away from first place. Hopefully next time we will be able to take the win!

Written by Elizabeth L







KUK SOOL WON



Martin and his sister competed in a European competition at Liverpool for Kuk Sool Won and Martin won a total of 4 medals Well done!!







GYMNASTICS





I competed at the Durham City
Gymnastics Club Open Tumbling
Championships on the 6th December.
I competed at Regional Level 4 with 5
others from different clubs. I
completed 3 clean tumbles and landed
new skills. I got the highest score I had
ever had at an away competition and
won the silver medal

from Eryn







YEAR 8 AFTER SCHOOL CLUBS

Monday	Lunchtime: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 First lego league - 12.40 to 13.20 - O7 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 After School: Cantabene singers (invite only) - 15.40 to 16.40 - MU2 Chess club - 15:25 to 16:30 - LRC
Tuesday	Lunchtime: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 After School: Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Netball girls - 15.30 to 16:30 - girls changing room
Wednesday	Lunchtime: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Crochet knitting club - 12.50 to 13.15 - LRC Lego coding club - 12.50 to 13.15 - O6 Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 -MU1 Language club - 12.40 to 13.20 - F4 After School: Maths Club - 15:30 to 16:30 - B11 Photography club - 15.30 to 16.30 - B12 Cooking club - 15.30 to 16.30 - JL11 High voltage (rock/pop choir) - 15.40 to 16.40 - sixth form hub Soul band (invite only) - 15.40 to 16.40 - MU2
	Cooking club (week 2) - 15.30 to 16.30 - T5 Boys rugby - 15.30 to 160.30 - boys changing rooms









Thursday

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1 Bella voices (Female voices) - 12.40 to 13.20 - MU2

After School:

Maths Club - 15:30 to 16:30 - B11

History club (Starting 18th Sept) - 15.30 to 16.30 - S7

Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio

Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than

2½ years) - 15.40 to 17.00 - MU1

Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2

Basketball all - 15.30 to 16.30 - boys/girls changing rooms

Football girls - 15.30 to 16.30 - girls changing room Football boys - 15.30 to 16.30 - boys changing room

Friday

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11

Guitar group - 12.40 to 13.20 - MU1

Vegan & vegetarian society - 12.40 to 13.20 - S12 (start date TBC)

After School:

Dance club - 15.30 to 16.30 - West gym

Fitness Friday - 15.30 - 16.30 - South gym and south field (weather dependent)

Big band (invitation) - 15.40 to 16.40 - MU1 'Les Mis full cast - 15.40 to 16.40 - PHH

Rugby girls - 15.30 to 16.30 - girls changing room







EXTRACURRICULAR AT SPRINGWOOD HIGH SCHOOL

We are exceptionally proud of the free extracurricular offerings we have at Springwood high school.

All the clubs that are being offered can be found here <u>Extracurricular</u> <u>timetable</u>. This half term has seen a large number of students getting involved in a variety of different clubs.

If there is something your child would like to do that is not offered, or if you know someone that would be willing to come and run a club after school that we currently don't offer please contact extracurricular@springwoodhighschool.co.uk

Thank you to everyone that has responded to the extracurricular outside of school form that has been sent out. Please do keep the relevant year office updated with any new achievements that your child accomplishes outside of school so we can celebrate it.

PE AFTER SCHOOL CLUBS



2025-2026 EXTRA-CURRICULAR SPORT (3.25 – 4.30pm)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Y7 Football Jca Y10 Football Jbx Y7 Netball Jb] Y8 Netball Lev	Boys Rugby All Years Jca, Jbx, Odn Y9 Netball Su	All Years Basketball Jea Girls Football All Years Jbx Y8 Football Jpg Y9 Football Pdn Y10 Netball Les Y11 Netball Bf	Girls Rugby All Years J.C.A.

Any questions: Please see your PE Teacher for further details.







School Term Dates

First Day of Term	Last Day of Term
Thursday 4 th September 2025	Thursday 23 rd October 2025
Monday 3 rd November 2025	Friday 19 th December 2025
Tuesday 6 th January 2026	Friday 13 th February 2026
Monday 23 rd February 2026	Friday 27 th March 2026
Monday 13 th April 2026	Friday 22 nd May 2026
Monday 1 st June 2026	Friday 17 th July 2026

Training Days & Bank Holidays

Training Day – 1 st and 2nd September 2025, 24 th October 2025, 5 th January 2026
Good Friday – 3 rd April 2026
Bank Holiday – 4 th May 2026



We have now moved over to Bromcom.

If you have not signed up or experiencing difficulties, please go onto the school website and click the Bromcom tab. There are instructions for logging in and an email address for help.

Latest News



For all the very latest Springwood School news please follow @SHSKingsLynn

For all the latest Sport & PE news please follow @SHSS_PE



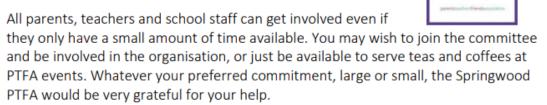




Springwood

The PTFA need you!

We are always on the lookout for new members.



To get in touch, please email ptfa@springwoodhighschool.co.uk. We would love to hear from you.

Lost Property

If your child loses any property during the school day, they can check in the following places –

- Year Office
- Lost Property basket in the canteen near the music rooms
- Lost property basket in the LRC near the teacher's desk
- Go to reception and ask if anything has been handed in

If they do not find it, please tell them to ask the Year Office to send an email to the Lost Property email address

TIES TO ORDER

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office. The child will get a note when they are ready to collect.





CHRISTMAS

School Uniform Policy

We are proud of our uniform at Springwood, it promotes the ethos of Springwood, provides a sense of belonging and identity for the students and sets an appropriate tone for education. We therefore ask that students wear their uniform correctly and with pride

School Uniform & Sports Kit Checklist

- *Blazer
- *White, stiff collar school shirt
- *House colour school tie
- **Plain black tailored trousers
- *School skirt
- *School shorts
- *School jumper

Plain black tights or plain black socks that must at least cover the whole ankle (Trainer socks, and footless tights or leggings are not allowed)
Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)
Plain coat (no logos or other markings) long enough to cover blazer properly





PE KIT

Compulsory:

*Springwood PE shirt Black Shorts Black Socks

Trainers (non-marking sole with grip) Football Boots

Optional:

*Springwood sweatshirt
Black Track Suit Bottoms
Plain Black leggings
Plain Black 'skin' can be worn under
PE shirt
Shin pads and gumshields

Items marked * can only be bought through the school website from Price & Buckland

**Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website.









Price & Buckland Update

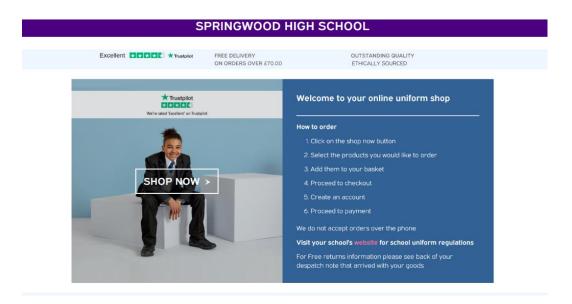
Price and Buckland are updating their uniform shop for parents.

The new website will give parents the following benefits:

- Parents with children at different schools will be able to order from multiple schools with ease.
- Parents will be able to spread payment across 3 months through Klarna.
- Parents will be prompted how close they are to the free delivery threshold.
- Parents will have more payment options with the introduction of Apple Pay and Google Pay.

Parents who have ordered from them previously will need to reset their password and they can use the same password as before. Parents, who are new to Price & Buckland, will need to register as usual.

It goes live on the 11th February and the school website link is updated.









EQUIPMENT

Equipment Checklist

All students should have the following with them every day – School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen, Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU









INFLUENZA

Don't let flu ruin your festive fun

Get your flu vaccine now

Clinics available across
Norfolk
Call 0300 555 5055 or email
hct.csaisnorfolk@nhs.net to

book your child's flu

vaccination at a clinic near

you today.



Parents/carers to make them aware of upcoming flu vaccination clinics for students who missed it in school.







KINGS LYNN FOODBANK



22rd Doo



12-2pm

CHRISTMAS OPENING HOURS ST.MARGARET'S LANE CENTRE



23rd Dec	ruesaay	12-2pm
24th Dec	Christmas Eve	Closed
25th Dec	Christmas Day	Closed
26th Dec	Boxing Day	Closed
29th Dec	Monday	Closed
30th Dec	Tuesday	12-2pm
31st Dec	New Years Eve	Closed
1st Jan	New Years Day	Closed
2nd Jan	Friday	12-2pm

St. Faiths and KLBC satellite distribution centres will be closed from 23rd Dec and re-open 5th Jan 2026.

Please use main centre on 30th Dec and 2nd Jan.

Main Distribution Centre (PE30 5DS) opening hours are: 12-2pm, Monday - Friday St Faith's Community Hub (PE30 4DZ) opening hours are: 10-12noon, Wednesdays only

We are currently most in need of - tinned meat, cooking sauces and deodorant

If you would like to know the best way to support us, please visit our website:

King's Lynn Foodbank





October 2025



BIG NORFOLK HOLIDAY FUN











Dear Parents and Carers,

We're excited to let you know that as part of your family's eligibility to claim means-tested free school meals, your child can take part in the Holiday Activities and Food (HAF) programme – known locally as Big Norfolk Holiday Fun (BNHF) – completely free of charge.

Funded by the UK Government, BNHF offers schoolchildren in Norfolk the chance to enjoy fun, active, and enriching activities during the Easter, summer, and winter school holidays.

We're also delighted to share that the UK Government will fund the programme for an additional three years, meaning that families can continue to access free holiday activities for their children until 2029.

Across Norfolk, we offer a wide variety of sessions, including:

- Sports and outdoor adventures
- · Cooking and food-based fun
- Swimming and water-sport activities
- Dance and creative workshops

And plenty more exciting experiences!

Each holiday brings new activities to discover, alongside much-loved favourites, ensuring there's something for everyone.

Children are eligible if they are:

- Registered as receiving benefits-related free school meals. Please note that universal free school meals (from reception to Year 2) are different from benefits-related free school meals.
- · Aged 4 to 16 and in full-time education.











The UK Government have announced upcoming changes to free school meal eligibility. All households receiving Universal Credit will be entitled to free school meals from September 2026. Please note that the current rules still apply for the winter 2025 programme.



Scan the QR code if you have any questions regarding your child's eligibility.



Winter activity bookings open on 17th November 2025. Activities will run over 6 days throughout 22nd December to 5th January.

For more information on booking your child's place, simply scan this QR code.



Stay in the loop and sign up to our newsletter to be the first to hear about future programmes, activity dates, and booking information.

We can't wait to welcome your family onto the Big Norfolk Holiday Fun scheme. Let's make this holiday as active and exciting it can be, full of opportunities to make new memories!

Best wishes,

The Big Norfolk Holiday Fun Team







October 2025



SANTA'S WORKSHOP















This half term in the lead up to Christmas has been another busy one with a number of events and our second '100 Club' lottery draw. Since the students returned after the October half term break, we have run or helped at the following school events:

Bingo – 21 November Christmas Craft Fair – 28 November Community Carol Service – 3 December Alice in Wonderland – 10 & 11 December

We are also proud to have supported a community event on two dates in November (15 and 22) by selling refreshments. 'The Nativity and the stolen Christmas Elves' was a production run by the Why Not Us Theatre Company, which is made up largely of young people with neurodiverse conditions such as ADHD and autism.









One of the biggest events of our PTFA calendar is the annual Christmas Craft Fair and this year, our third year did not disappoint. We raised just over £1000 for the school with 30 stalls run by local businesses, PTFA raffles and refreshments and a large number of Springwood students running activities including a human fruit machine and other festive games. Thank you to everyone who came and supported the event and a special thank you to those local businesses who generously donated raffle prizes. This included:

Kinkz hairdressers KL basketball club Timbos Denny's Fish & Chips

Reffley Fish Bar Adrian Flux

KL Rink Hockey Club Sandringham Estate

Bawsey Estate Heather & Bear

Copeman ConstructionJavik Laser Ltd Tesco Hardwick Tesco Gaywood

Asda South Wootton Majestic Cinema

West Norfolk Electrical Ltd Morrisons

We're also thrilled to announce the 100 Club winners for the draw that took place on Wednesday 10 December as follows:

1st prize of £51.30 - Number 43 - Mr R Howell

2nd prize of £30.78 - Number 5 - Mrs Carley Bird

3rd prize of £20.52 - Number 34 - Mrs Heidi Barlow

With £125.40 going to the PTFA fundraising pot.

Congratulations to you all. Payments will be winging their way to your bank accounts within the next few days.

There is still another 4 draws to go this academic year, so if you fancy getting in on the action, you can. Applications are now open for the remaining draws at a cost of £16 (£4 per draw), Full details of the lottery, how to apply and the application form are on the PTFA pages of the school website:

https://www.springwoodhighschool.co.uk/page/?title=PTFA&pid=137.

The more people that join, the bigger the cash prizes!







Upcoming events in the New Year include:

Year 7 New Year's Disco – January date tbc

Third '100 Club' lottery draw – 4 February

Bingo - tbc

Full details of all events can be found on the <u>Springwood High School</u> <u>website</u> and our <u>Facebook page</u>.

And finally, if you have any unwanted Christmas presents you do not know what to do with, please think of the PTFA. We would gladly take them off your hands for future fundraising opportunities. Please contact us via our Facebook page or email ptfa@springwoodhighschool.co.uk. Any donation (big or small) is greatly appreciated.

The PTFA wishes you all a very Merry Christmas and a Happy and Healthy New Year.







Our current PTFA committee members are shown below:

Chair	Vice Chair	Secretary	Treasurer
Fez Williams	Emma Norris	Rachel Curtis	Geoff Martin
S X			
Member	Member	Member	Teacher
Laura Farr	Suzi Pimlott	Leena Prins	Richard Thompson
		Picture not available	
Member	Member	Member	
Gem Coady	Jody Bunting	James Hoyland	









Happy Christmas Holiday And Happy New Year

See you all back on Tuesday 6th January 2026

