



Springwood
High School
YEAR 8 NEWSLETTER
May 2026



Message from Mr Johnson

Although the weather is variable, the hard work of Springwood students and staff is not! Another terrific half term of work from all!! The current year 11 and year 13 have made a tremendous start to the public examinations. Seeing them leave their exams with a huge smile is incredibly rewarding for all staff. I wish them all the very best and look forward to seeing happy faces on the August results days

The dance show was amazing as ever. Well done to all who took part from every year group. I cannot think of a school where so many students love to dance! Well done to Mrs Paulo and her dance leaders it really was a night to remember.

Mr Cuss is busily reviewing the applications for Head Students from our current year 10. There has been a bumper crop of applicants who aspire to wear a black tie which is great to see. I look forward to interviewing those selected for leadership positions within this role

This half term Springwood High School received the Gold Artsmark Award, a prestigious national award from Arts Council England, following a two-year process in which we demonstrated our commitment to creative subjects ranging from music, dance, and drama, to art, photography, design and philosophy. Well done to everyone involved.



Have a well-earned rest over half term!

Mr Johnson
Head Teacher





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Message from Mrs Bunting - Head of Year 8

I cannot believe we are now heading into our final half term of Year 8. We have had such an incredible year so far, and I am so excited for the rewards that come with our final half term. Mrs Isle and I have been finalising the details for our Springfest in July and we know that Year 8 will have a fantastic day, as they deserve it.

Achieving the platinum achievement badge is a huge achievement, but to achieve it in Year 8 is even more monumental. Well done to Erick, Dexter, Sophia and Ayo. Please see the picture of our fantastic winners on page 23.

On the last day of last term, we had our Sustainability Awareness Super Learning Day. This was the most amazing day, and I could not have been prouder of the year group. The creativity, thought and effort that went into the products designed was phenomenal. We had some fantastic clothing pieces which were designed and then modelled for us. We also had a fantastic safety device, and a machine providing suggestions on how to be sustainable. Well done to 8H2 who were our overall winners. Palm Paper came to support the day, from providing us with materials for the day as well as being involved in the judging at the end of the day. They also brought in free goodie bags for our winners, which we are incredibly grateful for. Peter from Palm Paper was so impressed, he has invited our top three winners for a tour around Palm Paper which we are looking at organising for the next half term. Please see photos of the day on page 17,18 and 19.

The check in for Aiming for Excellence is one of my favourite events. I love getting to see the extra work students put in, and seeing and reading what they are passionate about. One thing that is very clear is we have some avid readers in the year group. In the most recent check in I was particularly impressed with Noah's work on the Holocaust, and he spoke impressively about what he has researched. I was also impressed with how much work Elizabeth L has completed while staying on top of her studies and her competitive swimming. Photos of some of the year 8s with their folders can be found on page 21.

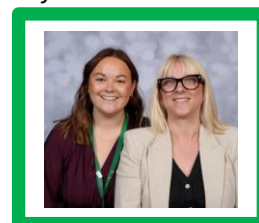
Year 8 have been navigating their end of year assessments. It has been lovely to see so many of them revising and testing each other at lunchtime. I look forward to seeing and hearing about their results over the coming weeks. We will have a parents evening on 25th June, so you can discuss progress with your child's subject teacher.

Students in Year 8 are making amazing progress with their academic studies, but also our sporting endeavours as a year group have been fantastic. The girls football team have had an incredible run and were very successful at their latest tournament. Both the boys' and girls' rugby team have been a credit to the school, and I have enjoyed cheering on at home games. Pictures of our sports teams can be found on page 26,27,28,29 and 30.

I have been encouraging students to ensure that they are equipped for learning every day, this includes a pen, pencil, ruler, calculator and a school bag. We are checking this every morning to ensure students are able to participate in lessons effectively. Please ensure your child has all the correct equipment they need.

Have a fantastic May half term, and I look forward to welcoming Year 8 back for their final half term.

Mrs Bunting



Year 8 Office

Head of Year 8 email e.bunting@springwoodhighschool.co.uk Year 8 Pastoral Manager email c.isle@springwoodhighschool.co.uk
General Year Email classof2029@springwoodhighschool.co.uk



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CONTACTING THE YEAR 8 OFFICE

Please can you use the following email accounts to make contact with the Year 8 Office
Mrs E Bunting, Head of Year 8 e.bunting@springwoodhighschool.co.uk
Mrs C Isle, Year 8 Manager c.isle@springwoodhighschool.co.uk
General Year email classof2029@springwoodhighschool.co.uk
The direct dial telephone number for Year 8 Office 01553 778092
School Website www.springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell? – If your child is unwell, please call the Year 8 Office on 01553 778092 or email classof2029@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a “Leave of Absence Form.” These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 8 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

Year Group Key Dates

Date	Event
Monday 1 st June	Return to school
Thursday 25 th June	Year 8 Parents Evening - Online
Wednesday 15 th July	Fashion Show
Thursday 16 th July	Rewards Day - Springfest
Friday 17 th July	Last Day of Term

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ATTENDANCE

Attendance Update - May 2026

As we approach half term, and hopefully some warmer weather, thoughts turn to holidays. As you are aware, schools are no longer allowed to agree to holidays in term time and these will be marked as unauthorised absences. 10 unauthorised sessions (or 5 days) across any 10-week period will result in action from the local authority. While we appreciate the cost of holidays in term time can be much cheaper than in school holidays, missed lessons can have a longer-term impact on learning.

Year 9 have recently completed the process of making their GCSE choices for next year. A number of vocational subjects, including Health and Social Care, Construction and Hair & Beauty, along with GCSE courses such as drama, 3D design, art and photography, all require high attendance in order to complete the course. Most of the work completed in these lessons counts towards the final grade, and there is often no additional time to make up for lessons missed. Where a subject is oversubscribed, and required good attendance, this can make the difference between getting a place on the course and not - being unable to complete the course due to poor attendance means that place could have been given to someone else instead.

To the students: If you are already on these courses in year 10, make sure you keep your attendance up. If you are in year 9, 8 or 7, and are hoping to do these types of courses, strive for the best attendance you can. Remember, the aim is 95% attendance or better.

Taking part in extracurricular activities is also a way to encourage better attendance if your child is currently struggling. Clubs and activities happen every day at lunchtimes and afterschool. If your child hasn't tried one yet, please encourage them to do so - the team can help you with this. And if there isn't something happening yet that would interest your child, we are always open to suggestions about future clubs - again, please contact the year team.

Finally, I want to celebrate those students who continue to remain at 100% attendance since the start of this academic year. 88 students have not had a single absence since the start of September, and a further 148 have had no more than one day absent from school. A massive well done to all those students.

Hopefully we can all enjoy some summer sun over the half term holiday.

Mrs Moss & Mrs Taylor



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Parents can access details about their child at school by using the MyChildAtSchool (MCAS) app. Your child can access the student portal by using the Bromcom Student App.

These apps contain real time information about student timetables, attendance, reports, messages, homework, achievement/behaviour and paying for school trips and dinners.

The apps are both available from Google Play and the Apple AppStore. A basic user guide, along with other support materials can be found at <https://docs.bromcom.com/article-categories/for-parents/>

If you forget your password please click on the Reset Password link on the App, or, using your web browser, go to the relevant website and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS or Bromcom Student account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

MCAS: www.mychildatschool.com

Bromcom: www.bromcomvle.com/?schoolid=14633



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UNIFORM REMINDER

At Springwood High School we are very proud of our students who are wonderfully presented and wear our school uniform with pride. This is extremely important to build a school identity amongst the pupils and the wider community. We would like to remind all parents that the school uniform policy can be found on our website. We also, would like to draw attention to the following;

- The only jewellery students are permitted to wear is one pair of studded earrings and a wrist watch.
- False nails must not be worn.
- Any nose stud must be a clear plastic retainer
- Students are not permitted to wear leggings.
- Please check the policy for acceptable footwear - and note that branded black shoes (Nike Airforce, Adidas etc) are not permitted.
- Blazers must be worn at all times.

With the change in season students are encouraged to bring a coat to school, this must be plain in colour and fit over the school blazer. Hoodies are not acceptable.

We thank you in advance for your support with this.

A copy of our full uniform policy can be found here:

<https://www.springwoodhighschool.co.uk/site/data/files/users/2/uniform/F3C897E71A779321B863438D129E094C.pdf>



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Music Events Calendar 2025/26

Summer 2026

Thursday 11th June '26	WNAT Piano Recital	Recital Room (Mu1), Springwood High School	Free (with retiring collection)	6.00pm	Piano Solos and Duets from across all Trust Schools (All levels)
Monday 6th Jul '26	WNAT Community Music Festival (Band and Orchestra Night – plus Primary Ensembles)	Springwood High School	Free (with retiring collection)	4.00pm: Primary Ensembles 6.00pm: Bands and Orchestras	Concert Band Sinfonia Big Band Plus guests groups from across the local community.
Tuesday 7th Jul '26	WNAT Community Music Festival (Rock and Pop Night)	Springwood High School	Free (with retiring collection)	6.00pm	Cross Trust Rock and Pop Bands and Performers including voices with guitar etc. Also invitations to COWA etc.
Wednesday 8th Jul '26	Community Music Festival (Cross Trust Vocal Celebration)	Springwood High School	Free (with retiring collection)	6.00pm	Year 7 Choir Plus all choirs from across the trust 90s themed.
Thursday 9th Jul '26	WNAT Community Music Festival (Springwood Summer Concert)	Springwood High School	Free (with retiring collection)	6.00pm	Year 7 Choir Cantabene Bella Voices Kingsmen Big Band Concert Band Sinfonia Guitar Ensemble Brass Ensemble
Sunday 12th July '26	West Norfolk Wind Orchestra - 'Magic of the Musicals'	Drama Studio, Springwood High School	Free (with retiring collection)	2.30pm	The Community Band of the West Norfolk Academies Trust

Under 5s Free of Charge if do not require own seat (i.e. able to sit on parents' lap)

For Ticket Sales nearer the event date please visit <https://www.ticketsource.co.uk/springwood-high-school-music-department>

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HAIRDRESSING

Creations Hair Salon



*Creations
Hair*



Creations Hairdressing salon

Here at Springwood Highschool we offer all Hairdressing services. We have excellent salon facilities. Our year 12 (level 2) & year 13 (Level 3) students are always needing clients to complete their practical assessments.

All assessments are carried out under teacher supervision, we offer reduced prices due to the salon being a training environment.

If you would like to book in to help our students please call the salon on 01553 779403



We offer day appointments & every Tuesday evening.

Skin tests must be carried out for all colouring services 24-48hrs prior to the appointment.

We take Card payments only



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CURRICULUM OVERVIEW

It is important that parents have an understanding about the curriculum being followed for each of the subjects and what students are studying at different points in the year. Please log on to our website to see the curriculum overview and subject plans, here you will find learning journeys for each subject from KS3 through to KS5 and curriculum plans that give more detail on what will be taught. [Curriculum and overview plans link](#)

Our English Curriculum – We learn about key concepts that underpin English as an academic subject, reading and exploring a range of texts that show these ideas in practice. We read novels, extracts from novels, short stories, poems, plays, and a range of non-fiction, covering lots of different genres, historical periods, forms, and authors. As we move through KS3, we will see how all of these concepts connect with another. We look at excellent models of writing as well to help us produce our own stories and non-fiction pieces of writing.

Y7 Term 1: Story & Context

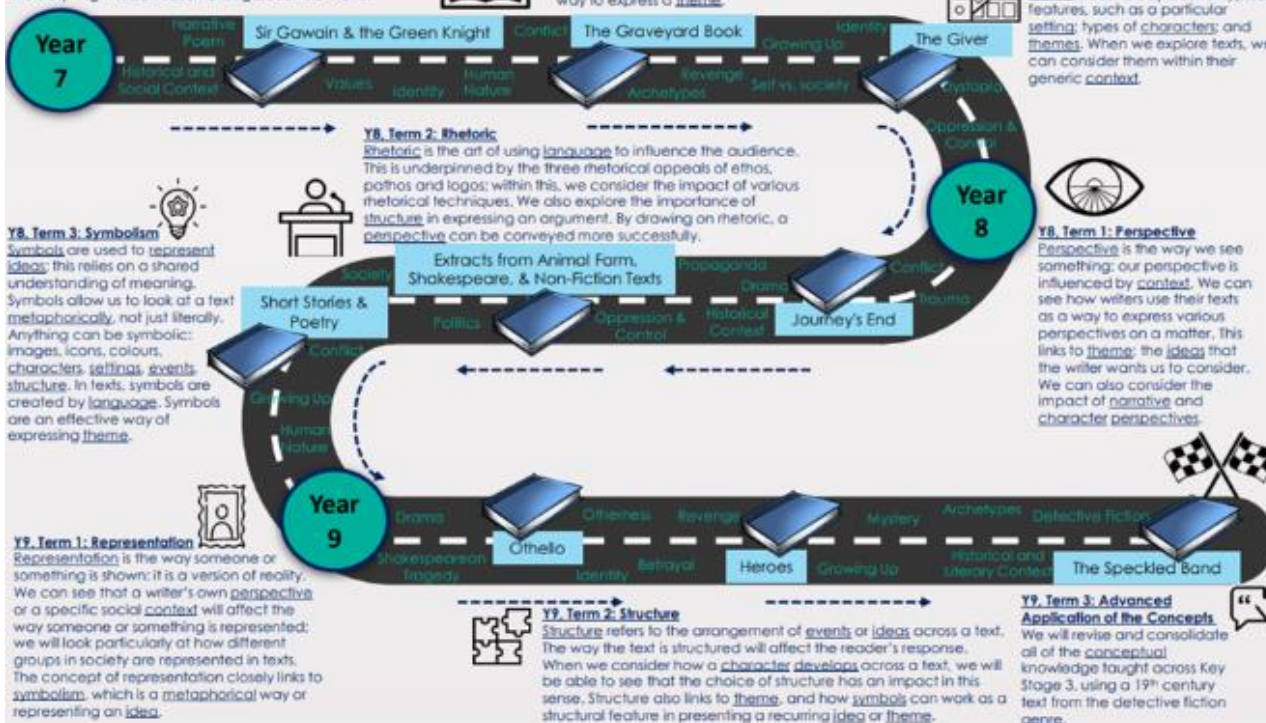
Stories are created by writers; they are constructs. Writers are influenced by lots of things, e.g. society, religion, personal experience, other stories. Even when a story is clearly fictitious, we can see how it reflects elements of the real world and human nature. Knowing the context—background—to a story helps to improve our understanding of the story itself. Equally, the story might teach us something about the world.

Y7 Term 2: Characterisation

Characters are deliberately and consciously constructed by the writer, and are developed across a story. The characterisation choices a writer makes will influence the way the reader responds to that character. Characters play a particular role in the story, and can be used as a way to express a theme.

Y7 Term 3: Genre & Theme

Genre is defined by a set of typical features, such as a particular setting, types of characters, and themes. When we explore texts, we can consider them within their generic context.





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SPARX MATHS CHAMPIONS

March Winners

Sparx Maths

**Year 8 Maths sparx champion
of the Month**

Leoni-Mia F

Betsy H

Florrie G

April Winners

Sparx Maths

**Year 8 Maths sparx champion
of the Month**

Fiel V

Amelia K

Megan M

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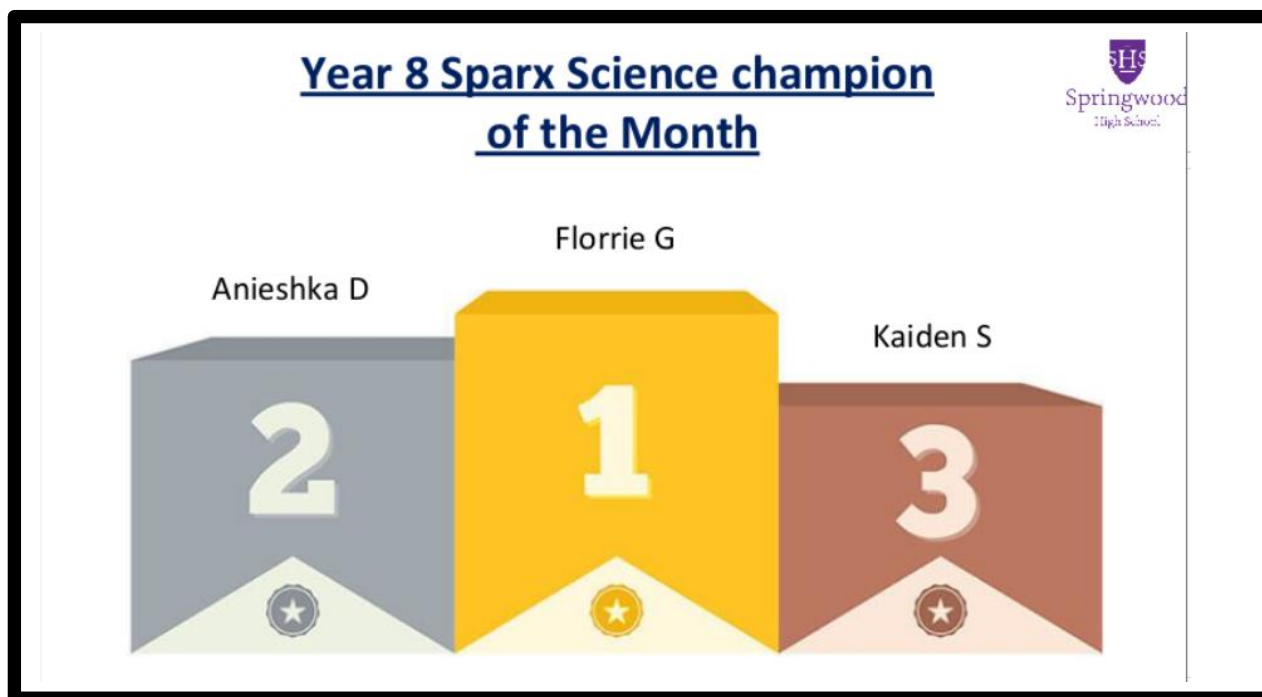


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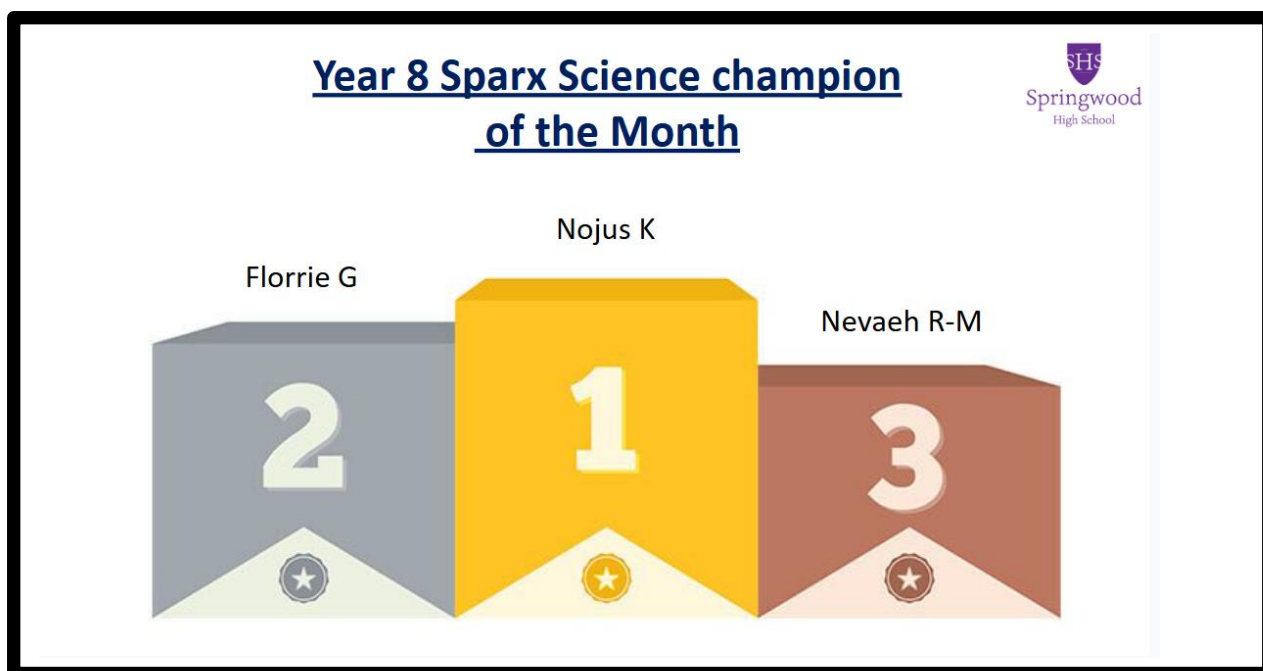


SPARX SCIENCE CHAMPIONS

March Winners



April Winners





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SPARX READER CHAMPIONS

March Winners

**Year 8 Sparx Reader
of the Month**



Ethan AS

Mohamed A

Rozaliya W

A graphic of a three-tiered podium. The left tier is grey with a large white number '2' and a small star icon at the base. The middle tier is yellow with a large white number '1' and a small star icon at the base. The right tier is brown with a large white number '3' and a small star icon at the base.

April Winners

**Year 8 Sparx Reader
of the Month**



Lewis G

Leonard L

Senchayan T

A graphic of a three-tiered podium. The left tier is grey with a large white number '2' and a small star icon at the base. The middle tier is yellow with a large white number '1' and a small star icon at the base. The right tier is brown with a large white number '3' and a small star icon at the base.



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SPARX WINNERS

Sparx Reader Form Winners

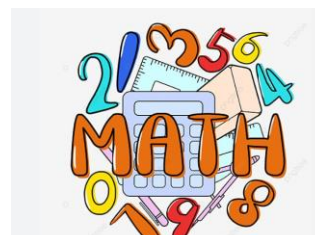
Winning Form 8H2

8B1	Charlotte KL
8B2	Ellison R
8F1	Ajinkya A
8F2	Aimy A
8H1	Kevin J
8H2	Ethan AS
8O1	Dan J
8O2	Emily J
8S1	Joseph C
8S2	Delna D

Sparx Maths Form Winners

Winning Form 8F1

8B1	Eliana A
8B2	Callum L
8F1	Ajinkya A
8F2	Ibrahim C
8H1	Teddy D
8H2	Florrie G
8O1	Keith M
8O2	Elizabeth L
8S1	Amelia K
8S2	Aronas M



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SPARX WINNERS

Sparx Reader Form Winners

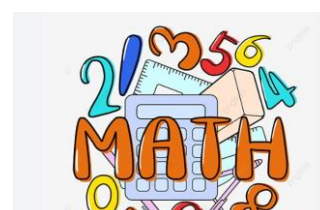
Winning Form 8H2

8B1	Charlotte KL
8B2	Dylan B
8F1	Ajinkya A
8F2	Aimy A
8H1	Kevin J
8H2	Ethan AS
8O1	Keith M
8O2	Emily J
8S1	Joseph C
8S2	Delna D

Sparx Maths Form Winners

Winning Form 8O2

8B1	Elizabeth P
8B2	Scarlett H
8F1	Ajinkya A
8F2	Megan M
8H1	Elsie S
8H2	Florrie G
8O1	Aneesia R
8O2	Tailers K
8S1	Leoni-Mia F
8S2	Aronas M



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SPARX HOMEWORK



All homework's for all subjects are now being put onto my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

Year 7 are currently receiving weekly Maths and English homework on Sparx. After Christmas, they will also receive fortnightly homework's from Science, Geography, History and Languages.

The following homework support is available;

Maths

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm - 4.30pm

English

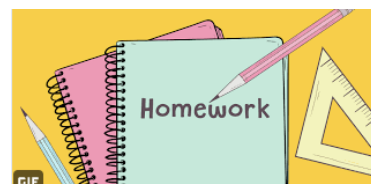
- Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

All subjects

- Homework club in F10 3.30pm - 4.30pm
- LRC - before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.

If you have any further questions, please do not hesitate to contact me directly c.loizou@springwoodhighschool.co.uk



Year 8 have been receiving weekly Sparx Maths and English homework's and fortnightly homework's from Science, Languages, History and geography. All homework will be set and tracked on the my child at school app



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HOMEWORK INFORMATION

Below is a summary of the homework's they will receive and the days they will be set. All homework will be set and tracked on my child at school app

Sparx Reader

Sparx Maths

Sparx Science



SENECA



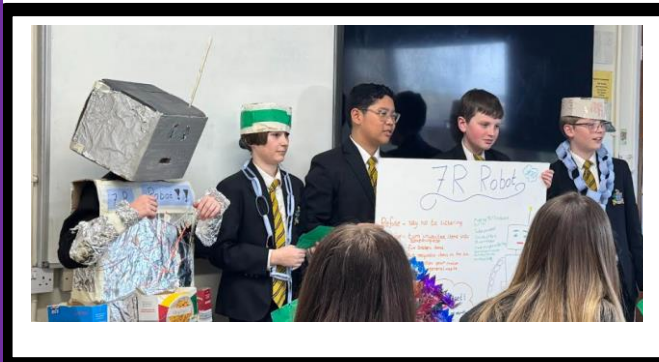
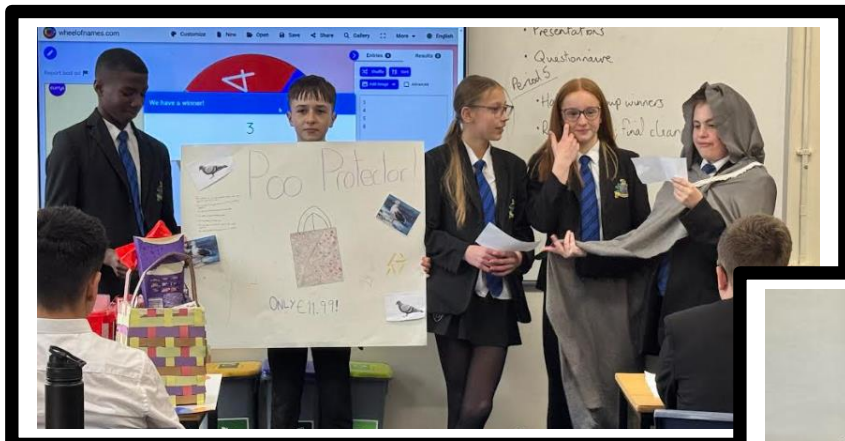
Subject	How often?	What day is it being set?	What is it being set on?	Support on offer
Maths	Weekly	Wednesday	Sparx Maths	Breaktimes in B11 12:40pm -1pm in B11 After school sparx in B11 on Tuesdays, Wednesdays and Thursdays Email LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
English	Weekly	Friday	Sparx Reader	Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
Science	Fortnightly	Tuesday	Sparx Science	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
Geography	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
History	Fortnightly	Monday week 1	Google quiz/Seneca	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
Languages	Fortnightly	Monday week 1	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)



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INDUSTRIAL AWARENESS DAY – SLD – PETER - PALM PAPER



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INDUSTRIAL AWARENESS DAY – SLD – PETER - PALM PAPER



Winners
were 8H2



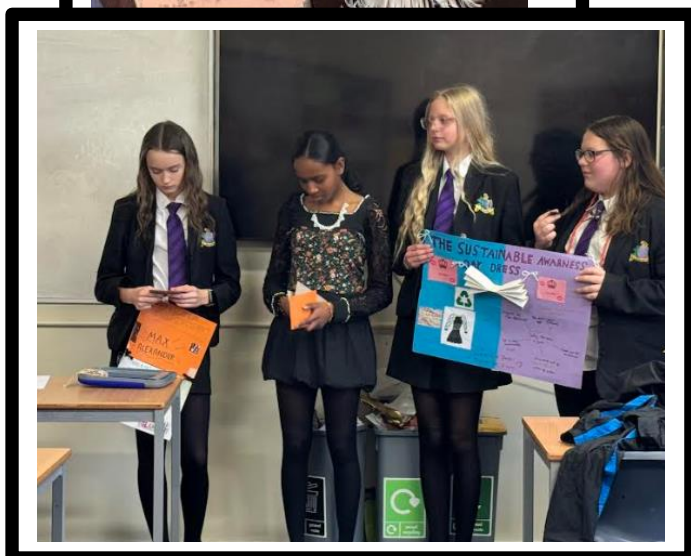
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Codeavour Competition Certificate – Ahmed A



Regarding my project, I was working in a team of three on a project that aimed at improving education, promoting self-confidence, maintaining wellness and mental health of the blind students. The idea was to replace learning via braille by an AI enhanced platform that used voice detection and speech to text. I was the programmer of that platform, whereas the rest of the team did all the paperwork and presentation. There was also an option to enable these students to ask questions, and relieve stress as well by various ways.

Ahmed A



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AIMING FOR EXCELLENCE



I was impressed last year with our Aiming for Excellence students, but this year they have topped that. They have been working really hard on their extra projects, and have been excellent at talking to us about topics they are passionate about. We look forward to the aiming for excellence evening on Thursday 2nd July. Mrs Bunting



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STEM ON TRACK - Careers



A handful of students have been working on a go kart project. They have spent the whole year building the model. The photos are from their test race day. This is where they had their go kart assessed by formula 1 experts and were given the opportunity to test it on the track. The official race day is coming up in June so we are excited to see how they get on. Mrs Bunting

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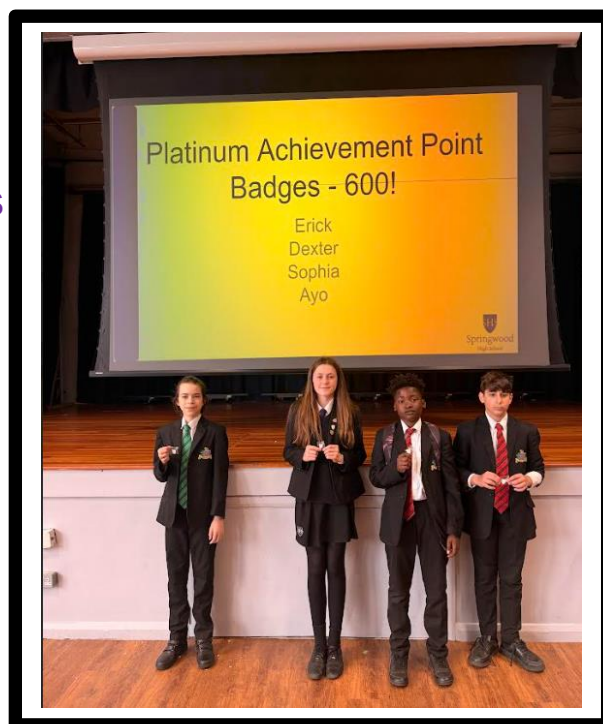


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ACHIEVEMENT

PLATINUM ACHIEVEMENT BADGE WINNERS



100% ATTENDANCE WINNER



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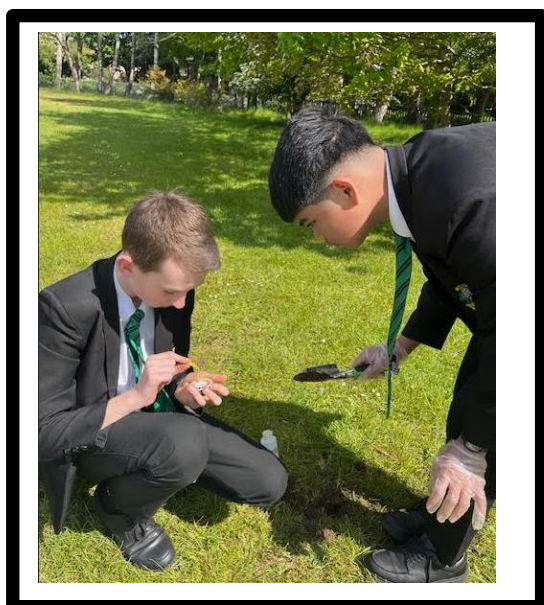


STEM WORM PROJECT - Careers



Stem UEA showcase trip

Students presented in front of around 60 people and won the award for the most connections for how well they interacted with other schools



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FARADAY CHALLENGE - CAREERS



Students who took part were

Dan J Bridie D

Amelia K Noah C

Betsy H Charlotte KL

Farrah A Farshad A

Joseph C Fiel V

Jan selected but unable to attend





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FOOTBALL – YEAR 8 STUDENTS – REFFLEY TEAM



Springwood students pictured above just after they won the u13 Mid Norfolk Youth league cup. Ellie D is pictured on the left with more year 8 students in the team, everyone worked and played very hard.

Names are

Charlie M. Harry S. Teddy D. Ellison R. Jacob D



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SPORT



Massive well done to our Y8/9 Girls Rugby team who narrowly lost to the West Norfolk Rugby Club U14 team 22-20 a massive achievement getting so close to a win



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SPORT

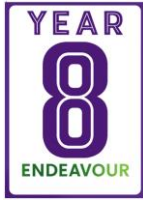
England Lionesses v Spain Trip



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SPORT



Y8/9 Girls Rugby team with a super win



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YEAR 8/9 GIRLS FOOTBALL



The girls travelled to Norwich to partake in a 7 aside plate tournament against schools from across the county.

The girls worked very hard and were a pleasure to take. They represented the school very well across all the matches with a mixture of results throughout the day.

Looking forward to next season for more girls fixtures.



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GIRLS FOOTBALL ENTHUSIASTS

Looking for year 8 / 9 students

The poster is for Necton Girls FC, featuring a team photo of girls in blue and yellow kits. It includes the club's logo, a 'HER GAME TOO' logo, and a list of recruitment details. The background is blue with a yellow starburst effect behind the text.

Necton Girls FC are recruiting for the 2026/27 season

Following our success of winning our Division this year we are on the lookout for players to boost our squad for next season in Division 2

- Training on Monday evenings at Necton Sports Field (6.45 until 7.45) - all abilities welcome
- Matches on Saturday mornings
- Current school years 8 and 9 are eligible
- A club with an "all-inclusive" ethos - we keep our fees very low
- To find out more contact one of our coaches:

James - 07821 387799 Nat - 07896 316557

Timber Services
BSA Mouldings



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YEAR 8 AFTER SCHOOL CLUBS

Monday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 AFTER SCHOOL: Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O7
Tuesday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 Textiles/Fashion Club - 12.40 to 13.20 - T4 AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Netball girls - 15.30 to 16.30 - girls changing room School community choir - 16.00 to 17.00 - PHH 'Les Mis full cast - 15.30 to 17.00 - PHH
Wednesday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Crochet knitting club - 12.50 to 13.15 - LRC Lego coding club - 12.50 to 13.15 - O6 Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 - MU1 Language games club - 12.40 to 13.20 - F4 AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 Photography club - 15.30 to 16.30 - B12 Cooking club - 15.30 to 16.30 - T5 STEM club - 15.30 to 16.30 - JL11 Art Club 4 weeks each half term - 15.30 to 16.30 - BA4 Soul band (invite only) - 15.40 to 16.40 - MU2 Cooking club (week 2) - 15.30 to 16.30 - T5 Boys rugby - 15.30 to 16.30 - boys changing rooms



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Thursday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1 Bella voices (Female voices) - 12.40 to 13.20 - MU2 AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 History club (Starting 18th Sept) - 15.30 to 16.30 - S7 Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2 Basketball all - 15.30 to 16.30 - boys/girls changing rooms Football girls - 15.30 to 16.30 - girls changing room Football boys - 15.30 to 16.30 - boys changing room
Friday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Guitar group - 12.40 to 13.20 - MU1 Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1 AFTER SCHOOL: Dance club - 15.30 to 16.30 - West gym Fitness Friday - 15.30 - 16.30 - South gym and south field (weather dependent) Big band (invitation) - 15.40 to 16.40 - MU1 Rugby girls - 15.30 to 16.30 - girls changing room 'Les Mis full cast - 15.30 to 17.00 - PHH



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EXTRACURRICULAR AT SPRINGWOOD HIGH SCHOOL

We are exceptionally proud of the free extracurricular offerings we have at Springwood high school.

All the clubs that are being offered can be found here [Extracurricular timetable](#). This half term has seen a large number of students getting involved in a variety of different clubs.

If there is something your child would like to do that is not offered, or if you know someone that would be willing to come and run a club after school that we currently don't offer please contact extracurricular@springwoodhighschool.co.uk

Thank you to everyone that has responded to the extracurricular outside of school form that has been sent out. Please do keep the relevant year office updated with any new achievements that your child accomplishes outside of school so we can celebrate it.

PE AFTER SCHOOL CLUBS



2025-2026
EXTRA-CURRICULAR SPORT
 (3.25 – 4.30pm)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Y7 Football</u> <u>Jca</u>		<u>All Years Basketball</u> <u>Jca</u>	
	<u>Y10 Football</u> <u>Jbx</u>	<u>Boys Rugby</u> <u>All Years</u> <u>Jca, Jbx, Odn</u>	<u>Girls Football</u> <u>All Years</u> <u>Jbx</u>	
	<u>Y7 Netball</u> <u>Jbl</u>	<u>Y9 Netball</u> <u>Su</u>	<u>Y8 Football</u> <u>Jpg</u>	<u>Girls Rugby</u> <u>All Years</u> <u>Jca</u>
	<u>Y8 Netball</u> <u>Lev</u>		<u>Y9 Football</u> <u>Pdn</u>	
			<u>Y10 Netball</u> <u>Les</u>	
			<u>Y11 Netball</u> <u>Bf</u>	

Any questions: Please see your PE Teacher for further details.

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School Term Dates

First Day of Term	Last Day of Term
Thursday 4 th September 2025	Thursday 23 rd October 2025
Monday 3 rd November 2025	Friday 19 th December 2025
Tuesday 6 th January 2026	Friday 13 th February 2026
Monday 23 rd February 2026	Friday 27 th March 2026
Monday 13 th April 2026	Friday 22 nd May 2026
Monday 1 st June 2026	Friday 17 th July 2026

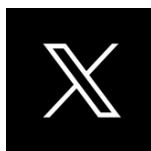
Training Days & Bank Holidays

Training Day – 1 st and 2nd September 2025, 24 th October 2025, 5 th January 2026
Good Friday – 3 rd April 2026
Bank Holiday – 4 th May 2026



We have now moved over to Bromcom.
If you have not signed up or experiencing difficulties, please go onto the school website and click the Bromcom tab. There are instructions for logging in and an email address for help.

Latest News



For all the very latest Springwood School news please follow @SHSKingsLynn

For all the latest Sport & PE news please follow @SHSS_PE



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The PTFA need you!



We are always on the lookout for new members.

All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events. Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

To get in touch, please email ptfa@springwoodhighschool.co.uk. We would love to hear from you.

Lost Property

If your child loses any property during the school day, they can check in the following places –

- Year Office
- Lost Property basket in the canteen near the music rooms
- Lost property basket in the LRC near the teacher's desk
- Go to reception and ask if anything has been handed in

If they do not find it, please tell them to ask the Year Office to send an email to the Lost Property email address

TIES TO ORDER

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office. The child will get a note when they are ready to collect.



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School Uniform Policy

We are proud of our uniform at Springwood, it promotes the ethos of Springwood, provides a sense of belonging and identity for the students and sets an appropriate tone for education. We therefore ask that students wear their uniform correctly and with pride

School Uniform & Sports Kit Checklist

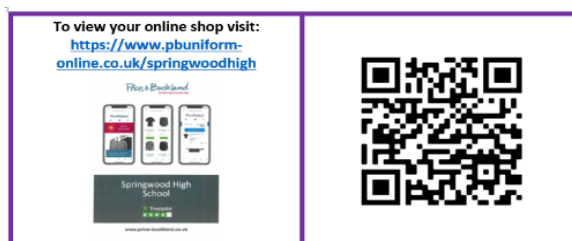
- *Blazer
- *White, stiff collar school shirt
- *House colour school tie
- **Plain black tailored trousers
- *School skirt
- *School shorts
- *School jumper

Plain black tights or plain black socks that must at least cover the whole ankle
(Trainer socks, and footless tights or leggings are not allowed)

Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)

Plain coat (no logos or other markings) long enough to cover blazer properly



PE KIT

Compulsory:	Optional:
*Springwood PE shirt	*Springwood sweatshirt
Black Shorts	Black Track Suit Bottoms
Black Socks	Plain Black leggings
Trainers (non-marking sole with grip) Football Boots	Plain Black 'skin' can be worn under PE shirt
	Shin pads and gumshields

Items marked * can only be bought through the school website from Price & Buckland

**Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website.



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Price & Buckland Update

Price and Buckland are updating their uniform shop for parents.

The new website will give parents the following benefits:

- Parents with children at different schools will be able to order from multiple schools with ease.
- Parents will be able to spread payment across 3 months through Klarna.
- Parents will be prompted how close they are to the free delivery threshold.
- Parents will have more payment options with the introduction of Apple Pay and Google Pay.

Parents who have ordered from them previously will need to reset their password and they can use the same password as before. Parents, who are new to Price & Buckland, will need to register as usual.

It goes live on the 11th February and the school website link is updated.

SPRINGWOOD HIGH SCHOOL

Excellent ★ Trustpilot

FREE DELIVERY
ON ORDERS OVER £70.00

OUTSTANDING QUALITY
ETHICALLY SOURCED

Trustpilot
We're rated 'Excellent' on Trustpilot

Welcome to your online uniform shop

How to order

1. Click on the shop now button
2. Select the products you would like to order
3. Add them to your basket
4. Proceed to checkout
5. Create an account
6. Proceed to payment

We do not accept orders over the phone

Visit your school's [website](#) for school uniform regulations

For Free returns information please see back of your despatch note that arrived with your goods

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EQUIPMENT

Equipment Checklist

All students should have the following with them every day –
School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen,
Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result
in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU





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Over the last 6 weeks the PTFA has organised or supported the following events and has raised just over £1,500:

- **Bingo** – 24 April
- **Supporting The Players by selling Refreshments at their performances of *The Lion, the Witch and The Wardrobe*** – 2 & 3 May
- **Selling refreshments at SHS's 'Dance Off'** – 1 May
- **Quiz Night** – 15 May. Picture of the winning team below!



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The fifth 100 Club draw took place on Wednesday 13 May, and we're pleased to announce the lucky winners:

- **1st prize £52.20** – Number 53 – E McHale
- **2nd prize £31.32** – Number 10 – H Ireland
- **3rd prize £20.88** – Number 20 – J Thorne
-

Congratulations to all three winners. The PTFA profit from this draw was £127.60.

The sixth and final draw for this academic year will take place on 15 July, and there's still time for new members to join. Full details, including the application form, can be found on the PTFA pages of the school website. The cost is £4 for the remaining draw.

Future events for your diary are:

Bingo – 12 June 2026, Peter Hopkins Hall

Refreshments at the Primary Dance Show – 1 July 2026, Peter Hopkins Hall

Refreshments at the West Norfolk Academies Trust (WANT) Community Music Festival – 6-9 July 2026, Springwood High School.

Year 8 Disco – 10 July 2026

Refreshments at the Fashion Show – 15 July (Peter Hopkins Hall)

100 Club lottery draws:

15 July 2026

2026/27 dates to be confirmed.

Please check out our Facebook Page 'Springwood ptfa' or the school website for further details.

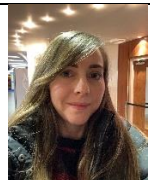
And finally, if you have ideas for future events you'd love to see, or if you're interested in getting involved with the PTFA, we'd be delighted to hear from you. You can reach us at
ptfa@springwoodhighschool.co.uk.



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Our current PTFA committee members are shown below:

			
Chair Fez Williams	Vice Chair Emma Norris	Secretary Rachel Curtis	Treasurer Geoff Martin
			
Member Laura Farr	Member Suzi Pimlott	Member Leena Prins	Teacher Richard Thompson
		Picture not available	
Member Gem Coady	Member Jody Bunting	Member James Hoyland	




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HAPPY ½ TERM

ENJOY THE SUNSHINE!

**MAKE SURE YOU BRING
A BOTTLE TO SCHOOL
AS THE WEATHER GETS
BETTER**

**SEE YOU ALL BACK ON
MONDAY 1ST JUNE**