



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Message from Mr Johnson

I have one word to say regarding this term...WOW!!! I can honestly say in the last sixteen years of my Headship, I have not seen such amazing work from students and staff. Many thanks to everyone who has made Springwood such a great place to be this term. I am genuinely excited and looking forward to next year to see what the school can achieve next!

The year 11 and 13 examinations have gone very well indeed. It has been great to see the hard work of students and staff paying off. The feedback from students leaving examinations has been very encouraging. Similarly, the commitment of students to our collapsed revision days will pay massive dividends for every student. I am really looking forward to the A level and GCSE results days to see how all this hard work and commitment pays off.

The list of after school events this year has hit an all-time high! These have included;

House Dance
Trust Dance
Aiming for Excellence
Four nights of Music festival
Sports Awards Evening
Arts Awards Evening
Key Stage 3 Awards Evening
and finally, the Fashion Show!

Many thanks to everyone who has made this such a fabulous year for our students. Please have a wonderful summer holiday and I look forward to seeing you all in the new year.

Mr Johnson
Head Teacher





SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Message from Mrs Bunting - Head of Year 8

I am writing this as an incredibly proud Head of Year. Year 8 students are academic, creative, sporty and, above all, an exceptional group of young people. This is reflected throughout the rest of this newsletter, which showcases just some of their many achievements. We have had a huge number of events and opportunities this half term, demonstrating the fantastic experiences available to all Springwood students.

Our most recent Super Learning Day focused on sustainability, with students designing and building innovative projects while working towards their CREST Science Award. The projects received high praise from our guest judge, Dan from KLT Technologies, who was impressed by the creativity, originality and thought that had gone into both the projects and the presentations. It was a fantastic day, and you can see photos of the winners on page 26-27.

I have previously written about our Endeavour Award, and most recently we were treated to presentations from Havisha and Bradley, who shared their projects on buses and personalities with the entire year group. They both spoke with confidence and enthusiasm, and their presentations were truly inspiring. Havisha, in particular, should certainly consider a future in motivational speaking! As I write this, we are just days away from Springfest, our annual rewards day. I cannot wait to share the highlights and photos with you in our first newsletter of the new academic year.

This half term has also included trips to Watatunga and opportunities for students to learn to sail. This time of year, provides a wonderful opportunity to reward those who consistently go above and beyond, and it has been fantastic to see so many students taking part. We look forward to offering even more sailing opportunities next year. Please see photos on page 23-24.

The WNAT Photography Competition is a fantastic opportunity for students to try something new or continue developing a hobby they already enjoy. Every year the standard of entries becomes even higher, so I was especially proud to see Sid win the Key Stage 3 award for his stunning photograph of the moon. Please take a look at his winning entry on page 25—you will see why it was such a deserving winner. Congratulations, Sid. I look forward to seeing what you achieve in the future.

Both Year 7 and Year 8 students have excelled in the UKMT Maths Challenge. As a maths teacher myself, this is particularly pleasing to see, and I am excited to watch our students continue to develop and succeed in these competitions over the coming years. Congratulations to everyone who took part. You can read more about their achievements on page 19-21.

Finally, I would like to thank all of you for your continued support of your child and of the school. We have a long summer break ahead, so please take the opportunity to ensure your child has the correct school uniform, including school shoes, as well as the required equipment, including a suitable school bag. We will send further reminders about our expectations before the start of the new academic year.

I hope you all have a wonderful, restful and enjoyable summer. I look forward to welcoming everyone back as Year 9 students on Friday 4th September.



Mrs Bunting – Head of Year 8



SHS
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High School
YEAR 8 NEWSLETTER
July 2026



CONTACTING THE YEAR 8 OFFICE

Please can you use the following email accounts to make contact with the Year 8 Office
Mrs E Bunting, Head of Year 8 e.bunting@springwoodhighschool.co.uk
Mrs C Isle, Year 8 Manager c.isle@springwoodhighschool.co.uk
General Year email classof2029@springwoodhighschool.co.uk
The direct dial telephone number for Year 8 Office 01553 778092
School Website www.springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell? – If your child is unwell, please call the Year 8 Office on 01553 778092 or email classof2029@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a “Leave of Absence Form.” These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 8 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

Year Group Key Dates

Date	Event
Friday 4 th September	Return to school
Thursday 10 th September	Parent Information Evening
Tuesday 20 th October	Super Learning Day
Thursday 22 nd October	Last day of term
Monday 2 nd November	Return to school

Year 8 Office (24/7 direct dial) 01553 778092 Website www.springwoodhighschool.co.uk

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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



ATTENDANCE

As we approach the end of another positive year, we thank you once again for your support in helping us to maintain above national attendance figures this year. Encouraging good attendance helps students to additionally take part in the wealth of extra-curricular activities that the school offers daily, in addition to the normal daily tutor time and lessons. Good attendance is also shown to promote positive mental health and so is key to helping our young people develop and grow.

We wish you and your family a wonderful summer break and look forward to welcoming the students back to school in September.

Mr Wills Mrs Moss & Mrs Taylor



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Parents can access details about their child at school by using the MyChildAtSchool (MCAS) app. Your child can access the student portal by using the Bromcom Student App.

These apps contain real time information about student timetables, attendance, reports, messages, homework, achievement/behaviour and paying for school trips and dinners.

The apps are both available from Google Play and the Apple AppStore. A basic user guide, along with other support materials can be found at <https://docs.bromcom.com/article-categories/for-parents/>

If you forget your password please click on the Reset Password link on the App, or, using your web browser, go to the relevant website and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS or Bromcom Student account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

MCAS: www.mychildatschool.com

Bromcom: www.bromcomvle.com/?schoolid=14633



Springwood
High School
YEAR 8 NEWSLETTER
July 2026



UNIFORM REMINDER

At Springwood High School we are very proud of our students who are wonderfully presented and wear our school uniform with pride. This is extremely important to build a school identity amongst the pupils and the wider community. We would like to remind all parents that the school uniform policy can be found on our website. We also, would like to draw attention to the following;

- The only jewellery students are permitted to wear is one pair of studded earrings and a wrist watch.
- False nails must not be worn.
- Any nose stud must be a clear plastic retainer
- Students are not permitted to wear leggings.
- Please check the policy for acceptable footwear - and note that branded black shoes (Nike Airforce, Adidas etc) are not permitted.
- Blazers must be worn at all times.

With the change in season students are encouraged to bring a coat to school, this must be plain in colour and fit over the school blazer. Hoodies are not acceptable.

We thank you in advance for your support with this.

A copy of our full uniform policy can be found here:

<https://www.springwoodhighschool.co.uk/site/data/files/users/2/uniform/F3C897E71A779321B863438D129E094C.pdf>



 Springwood
 High School
YEAR 8 NEWSLETTER
July 2026



Music Events Calendar 2025/26

Summer 2026

Date	Event	Venue	Ticket Prices	Time(s)	Groups Involved (Provisional)
Wednesday 9th Sep '26	Concert Band Instrument Demonstrations	AM: Primaries PM: Springwood Y7	N/A (PRIVATE EVENT)	Tbc	Concert Band Plus Selected Strings
Thursday 10th Sep '26	Instrument Taster Session	4.00-5.30pm, Music Dept	N/A (PRIVATE EVENT)	Tbc	Open to new Year 7 and other students considering starting instrumental lessons
Thursday 15th Oct '26	WNAT Piano Recital	PHH, Springwood High School	Free (with retiring collection)	6.30pm	Piano Solos and Duets from across all Trust Schools (All levels)
Wednesday 4th Nov '26	Rotary Young Musician, Regional Heat	Recital Room (Mu1) Springwood High School	Free	4.30pm	Open to soloists grade 6+ standard
Thursday 19th Nov '26	Autumn Recital Evening (incorporating GCSE Mock Performance Exam)	Recital Room (Mu1) Springwood High School	Free (with retiring collection)	6.00pm	Year 11 GCSE Music Students plus Soloists and Small Ensembles from Springwood High School
Wednesday 3rd Dec '26	WNAT Christmas Carol Service	St Nicholas' Chapel	Free (with retiring collection)	6.00pm	Year 7 Choir WNAT cross-trust Orchestra
Thursday 10th Dec '25	Springwood Chamber Christmas Concert	Drama Studio, Springwood High School	Adults £3 Under 18s £2 Under 5 years free*	6.30pm	Guitar Ensemble Kingsmen Rock Club/Student Rock Band Bella Voices Piano Soloists Choir 2 Brass Ensemble Woodwind Ensemble
Sunday 13th Dec '26	West Norfolk Wind Orchestra Family Christmas Concert	Drama Studio, Springwood High School	Free (with retiring collection)	2.30pm	The Community Band of the West Norfolk Academies Trust
Thursday 17th Dec '25	Springwood Christmas Concert	PHH, Springwood High School	Adults £5 Under 18s £3 Under 5 years free*	6.30pm	Big Band Choir 3 Choir 1 Concert Band Sinfonia Jesus Christ Superstar Preview Soul Band

Under 5s Free of Charge if do not require own seat (i.e. able to sit on parents' lap)

For Ticket Sales nearer the event date please visit <https://www.ticketsource.co.uk/springwood-high-school-music-department>

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YEAR 8 NEWSLETTER
July 2026



HAIRDRESSING

Creations Hair Salon



*Creations
Hair*



Creations Hairdressing salon

Here at Springwood Highschool we offer all Hairdressing services. We have excellent salon facilities. Our year 12 (level 2) & year 13 (Level 3) students are always needing clients to complete their practical assessments.

All assessments are carried out under teacher supervision, we offer reduced prices due to the salon being a training environment.

If you would like to book in to help our students please call the salon on 01553 779403



We offer day appointments & every Tuesday evening.

Skin tests must be carried out for all colouring services 24-48hrs prior to the appointment.

We take Card payments only



CURRICULUM OVERVIEW

It is important that parents have an understanding about the curriculum being followed for each of the subjects and what students are studying at different points in the year. Please log on to our website to see the curriculum overview and subject plans, here you will find learning journeys for each subject from KS3 through to KS5 and curriculum plans that give more detail on what will be taught. [Curriculum and overview plans link](#)

Our English Curriculum – We learn about key concepts that underpin English as an academic subject, reading and exploring a range of texts that show these ideas in practice. We read novels, extracts from novels, short stories, poems, plays, and a range of non-fiction, covering lots of different genres, historical periods, forms, and authors. As we move through KS3, we will see how all of these concepts connect with another. We look at excellent models of writing as well to help us produce our own stories and non-fiction pieces of writing.

Y7 Term 1: Story & Context

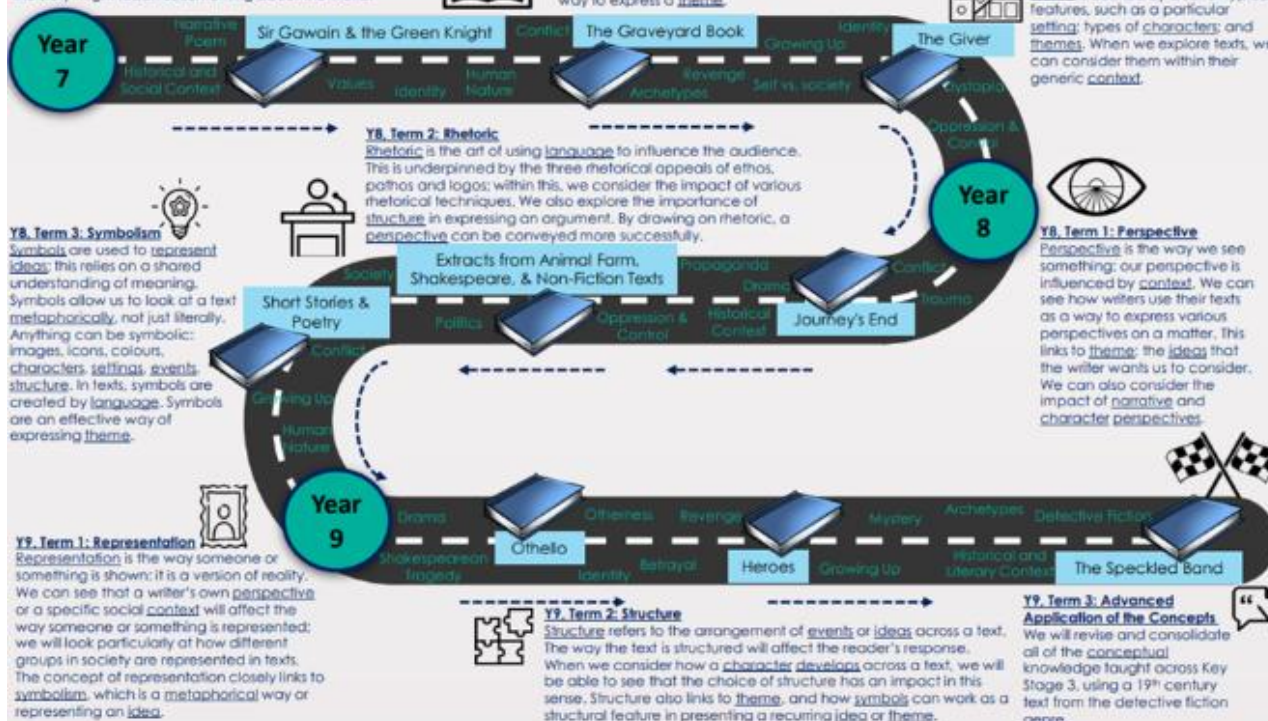
Stories are created by writers; they are constructs. Writers are influenced by lots of things, e.g. society, religion, personal experience, other stories. Even when a story is clearly fictitious, we can see how it reflects elements of the real world and human nature. Knowing the context—background—to a story helps to improve our understanding of the story itself. Equally, the story might teach us something about the world.

Y7 Term 2: Characterisation

Characters are deliberately and consciously constructed by the writer, and are developed across a story. The characterisation choices a writer makes will influence the way the reader responds to that character. Characters play a particular role in the story, and can be used as a way to express a theme.

Y7 Term 3: Genre & Theme

Genre is defined by a set of typical features, such as a particular setting; types of characters; and themes. When we explore texts, we can consider them within their generic context.





Springwood
High School
YEAR 8 NEWSLETTER
July 2026



DATES FOR YOUR DIARY

Thursday 10th September

Following our first week in September, we would like to welcome you into Springwood for a presentation delivered by members of the Year 9 pastoral team, senior leadership team and other key members of staff, during which we intend to cover key information regarding the year ahead.

The session time starts at 6:30pm. The presentation will take place in the Peter Hopkins Hall.

Please note because of limited space available we ask that just Parents/Guardians attend and we ask that you book a maximum of two tickets.

Please use the QR code or link below to book your tickets.





SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SPARX MATHS CHAMPIONS

May Winners

Sparx Maths

**Year 8 Maths sparx champion
of the Month**

Springwood High School

Ajinkya A

Lacie- Jayne C

Elizabeth L

June Winners

Sparx Maths

**Year 8 Maths sparx champion
of the Month**

Springwood High School

Amelia K

Ibrahim C

Chukwuebuka N

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SHS
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High School
YEAR 8 NEWSLETTER
July 2026



SPARX SCIENCE CHAMPIONS

May Winners

Year 8 Sparx Science champion of the Month



June Winners

Year 8 Sparx Science champion of the Month



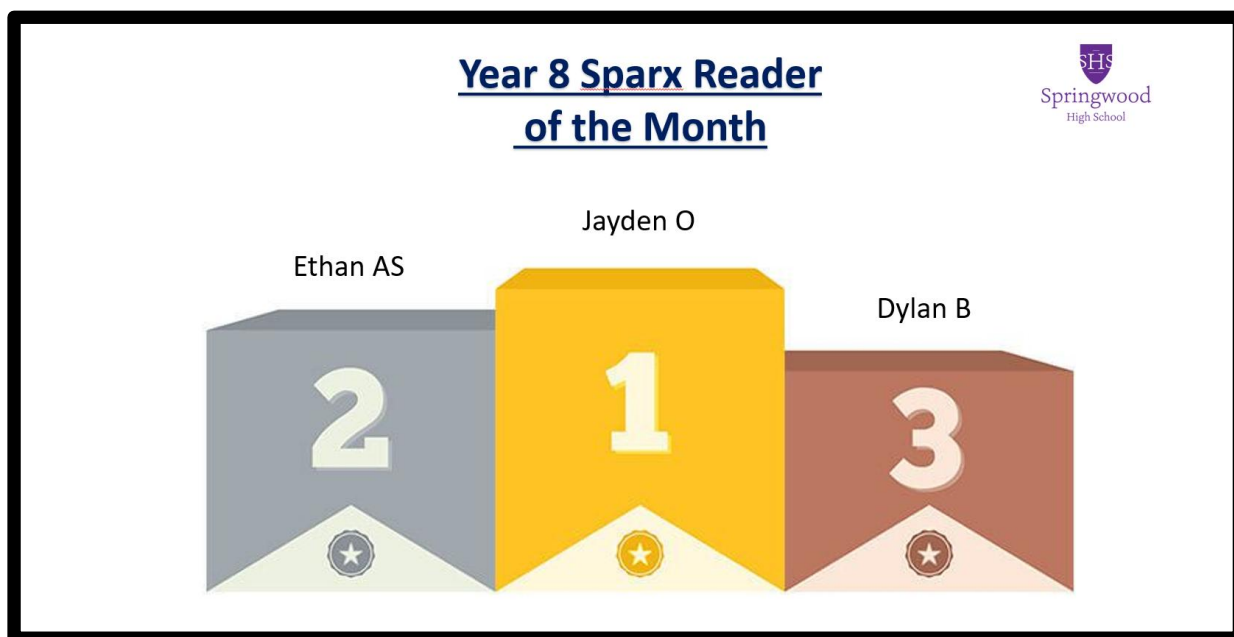


SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SPARX READER CHAMPIONS

May Winners



June Winners





SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SPARX WINNERS

Sparx Reader Form Winners

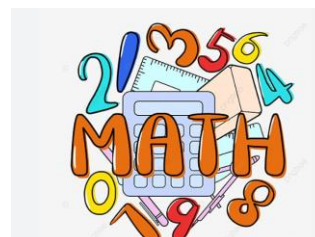
Winning Form 8H2

8B1	Charlotte KL
8B2	Dylan B
8F1	Ajinkya A
8F2	Jayden O
8H1	Kevin J
8H2	Ethan AS
8O1	Keith M
8O2	Emily J
8S1	Joseph C
8S2	Delna D

Sparx Maths Form Winners

Winning Form 8F1

8B1	Luca G
8B2	Zaid S
8F1	Aaron S
8F2	Megan M
8H1	Viktor K
8H2	Florrie G
8O1	Dan J
8O2	Ebuka N
8S1	Leoni-Mia F
8S2	Isabelle M



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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SPARX HOMEWORK



All homework's for all subjects are now being put onto my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

Year 7 are currently receiving weekly Maths and English homework on Sparx. After Christmas, they will also receive fortnightly homework's from Science, Geography, History and Languages.

The following homework support is available;

Maths

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm - 4.30pm

English

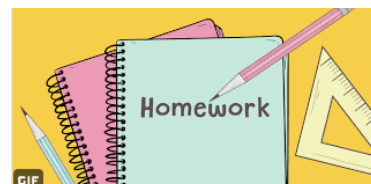
- Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

All subjects

- Homework club in F10 3.30pm - 4.30pm
- LRC - before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.

If you have any further questions, please do not hesitate to contact me directly c.loizou@springwoodhighschool.co.uk



Year 8 have been receiving weekly Sparx Maths and English homework's and fortnightly homework's from Science, Languages, History and geography. All homework will be set and tracked on the my child at school app



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



HOMework INFORMATION

Below is a summary of the homework's they will receive and the days they will be set. All homework will be set and tracked on my child at school app

Sparx Reader

Sparx Maths

Sparx Science



SENECA



Subject	How often?	What day is it being set?	What is it being set on?	Support on offer
Maths	Weekly	Wednesday	Sparx Maths	Breaktimes in B11 12:40pm -1pm in B11 After school sparx in B11 on Tuesdays, Wednesdays and Thursdays Email LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
English	Weekly	Friday	Sparx Reader	Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
Science	Fortnightly	Tuesday	Sparx Science	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
Geography	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
History	Fortnightly	Monday week 1	Google quiz/Seneca	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)
Languages	Fortnightly	Monday week 1	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)



SHS
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High School
YEAR 8 NEWSLETTER
July 2026



JUNIOR MATHS CHALLENGE



More than 100 students from year 7 and 8 at Springwood took part in this years UKMT Junior Mathematics Challenge, which tasked them with solving a series of reason and logic-based problems

The high achievers were 3 students who attained gold, George, Charlotte and Jan who will now progress to the next round of the competition



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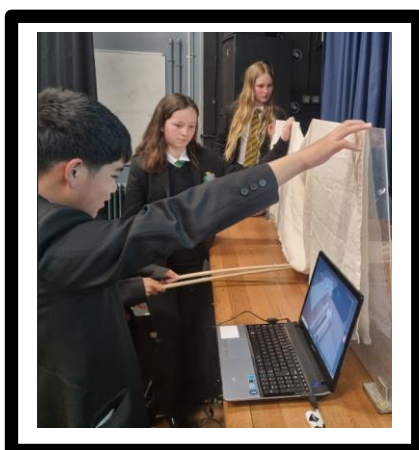
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SHS
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High School
YEAR 8 NEWSLETTER
July 2026



FARADAY COMPETITION



This year's challenge, Remote Operations, required students to design and build a device capable of remotely moving a model heart and kidney into the correct positions using only a live video feed. Teams also had to manage a budget of 150 Faradays to purchase materials, encouraging careful planning and decision-making alongside their engineering skills.



Throughout the day, students demonstrated excellent teamwork, communication and problem-solving as they tested and improved their designs. The challenge provided a fantastic opportunity for students to experience engineering in



a practical and engaging way while developing valuable skills that will benefit them both in school and beyond.





SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



UKMT RESULTS

UKMT Junior Kangaroo 2026, Tuesday 9th June 2026

Jan, Charlotte and George, year 8

It was a follow-on round from the Junior Maths Challenge whereby these three students had qualified. They had to complete a 60-minute test consisting of 25 multiple choice challenging Maths problems.

Each student received a certificate indicating their award level. These students are amongst the minority who have ever been to our school to achieve this



outstanding level.

Maths Teachers of year 8 top sets supported the students and provided a pre-course recommendation

It takes place every year, also an Intermediate and Senior Maths Challenge yearly with some students qualifying for follow on rounds from each competition.

These events are important to build resilience for students tackling challenging problems as well as promote a love for Maths. This also encourages the development of students' reasoning, creative thinking and deduction skills required for GCSE and A-Levels.

Highest in the year

Jan S 113 Silver (Best in School)

Miss Edwards - organise running of event within our school

George S 100 Silver

Charlotte KL 84 Bronze

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High School
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July 2026



UKMT RESULTS

Eliana A	46 Participation	Florrie G	30 Participation
Aimy A	64 Silver	Alyssa H	51 Bronze
Ajinkya A	62 Silver	Jasper H	68 Silver
Sid C	31 Participation	Betsy H	50 Bronze
Maddie C	62 Silver	Beau H	73 Silver
Noah C	57 Bronze	Thea H	57 Bronze
Francis C	51 Bronze	Henry H	62 Silver
Teddy D	63 Silver	Dylyn H	52 Bronze
Geron D	51 Bronze	Kevin I	57 Bronze
Auristida D	31 Participation	Edgar K	43 Participation
Bridie D	73 Silver	Nesimi K	40 Participation
Sophia D	57 Bronze	Charlotte KL	83 Gold
Artur D	31 Participation	Olivia L	47 Bronze
Harley G	63 Silver	Callum L	51 Bronze

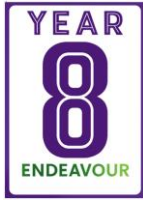


Springwood
High School
YEAR 8 NEWSLETTER
July 2026



UKMT RESULTS

Elizabeth L	63 silver	David P	57 Bronze
Charlie M	53 Bronze	George S	82 Gold
Megan M	35 Participation	Adam S	66 Silver
Theo M	41 Participation	Jan S	89 Gold BIS
Camden M	47 Bronze	Rose T	62 Silver
Keith M	48 Bronze	Mika V	37 Participation
Josiah O	27 Participation	Fiel V	45 Participation
Amelia O	58 Bronze	Stanley W	57 Bronze
Mehmet O	66 Silver	Theodore W	79 Gold
Orinta P	51 Bronze	Lydia W	52 Bronze
Matas P	62 Silver	Isabelle W	69 Silver



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SPARX MATHS



Ajinkya is top student of the year for SPARX Maths

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WATATUNGA TRIP

On Friday 19th June, we went on a fun trip to Watatunga wildlife reserve.

Watatunga Wildlife Reserve is set in 170 acres of lovely meadow, woodlands and wetland and is **home to Europe's largest collection of deer and antelope**

First, we lined up and went to the jeep buggies to have a couple laps round of the wildlife forest, we saw muntjacs, Buffalos and a swarm of ducks going to the cool, cold lake, we saw many more like antelopes with lovely horns and very tall and heavy horns for defence. Afterwards, we went to the main camp by the entrance and watched some clips of deers fighting each other to show why they have sharp and heavy horns.

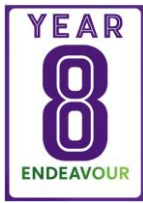
When we finished the research, we felt the skulls of antelopes and some deer fur. We then filled out a sheet for information of some adaptations to wildlife. Finally, we went to the gift shop, bought a couple souvenirs and went home by Bus.

Overall, all of us had fun and without a doubt I definitely recommend coming again.

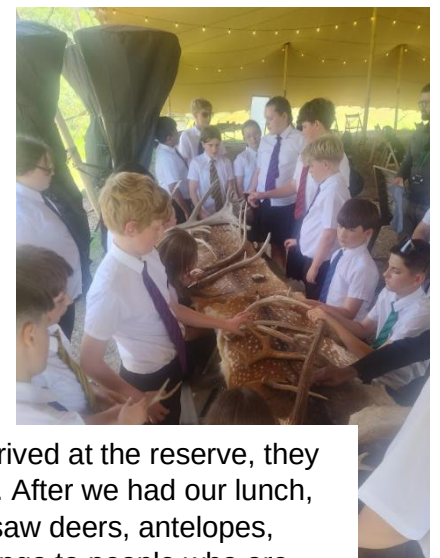
It was very enjoyable and anyone who missed out on the opportunity should definitely go to Watatunga in their own time to experience nature and something that is unique to other Zoos

Peter P 8S1

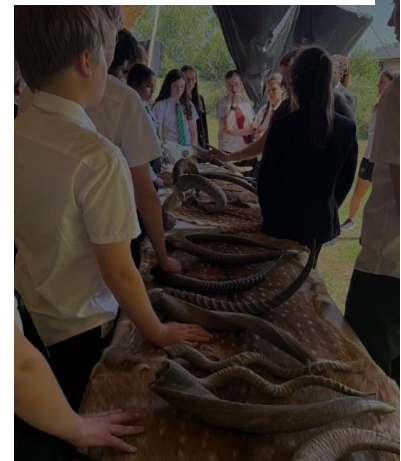




SHS
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YEAR 8 NEWSLETTER
July 2026



Watatunga is a wildlife reserve with lots of animals. When we arrived at the reserve, they told us about the animals and showed us animal skin and horns. After we had our lunch, we went on a trailer and they drove us around the reserve. We saw deers, antelopes, buffalos and different kinds of birds. I would recommend Watatunga to people who are interested in seeing animals. – Jackson C 8F2





SHS
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YEAR 8 NEWSLETTER
July 2026



PHOTOGRAPHY COMPETITION



Winner of the KS3 category photography competition is Sidney C

Well done, this is an amazing photo – Sidney says he is interested in taking
Photography at GCSE



SHS
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YEAR 8 NEWSLETTER
July 2026



SUPER LEARNING DAY

CREST



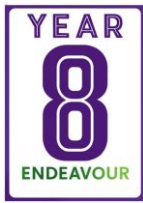
our most recent Super Learning Day had a focus on the science behind global warming and how we can create renewable sources of energy. Y8 spent the lead up to the day designing and experimenting in their lessons ready for the day. On the day, Y8 made prototypes of their ideas and then presented this to myself and a guest speaker who works in the field of renewable energy. Dan, KLT technologies, spoke with students about their work and loved their originality and hard work.



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YEAR 8 NEWSLETTER
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SUPER LEARNING DAY - CREST





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High School
YEAR 8 NEWSLETTER
July 2026



AIMING FOR EXCELLENCE



Year 8 Office (24/7 direct dial) 01553 778092 Website www.springwoodhighschool.co.uk

Head of Year 8 email e.bunting@springwoodhighschool.co.uk Year 8 Pastoral Manager email c.isle@springwoodhighschool.co.uk

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



AIMING FOR EXCELLENCE



Last year's Aiming for Excellence was fantastic, but somehow Year 8 managed to top what they did last year and I could be prouder. We recently had our Aiming for Excellence evening which was a celebration of the amazing work everyone put into it. Thank you to Ajinkya and Jasper for being brave enough to be interviewed on stage. A special mention to our top three folder winners, Fiel had completed so much extra work it spanned across two folders, Noah's work was impeccably organised and so much time and thought had gone into it and last but not least Elizabeth went above and beyond and still managed to juggle all her responsibilities.



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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



DT CASTING



**Camden M, Oscar E
and Fiel V**



Year 8 students from the WNAT schools entered a Casting Competition that was held at Smithdon High School.

The students designed a medal that they would like to see made from Aluminium. The finalists from Springwood were Oscar, Fiel and Camden.

They had the opportunity to enter the Finals and actually make the medals that they designed.

A representative from SKF Cooper, Kings Lynn, was there to judge the final medals. Their designs were 3D printed as a mould before they arrived. This mould was then packed into sand and the students were shown how Casting works. They had the opportunity to learn a new skill. Molten aluminium was poured in and the students then filed off their finished medals. Winners were chosen from Smithdon and Terrington, however, all students had a fantastic day!





SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



STEM WINNERS



STEM Competition 'If you were an engineer what we you do?'

Pupils interview engineers and research engineering in general, they are encouraged to look at the world around them to find problems an engineered solution could solve. Alongside their annotated drawings an accompanying letter is required to persuade engineers to choose their design to build. Every entry is graded by engineers and educationalists and all entries receive a named certificate. Shortlisted entries form part of the regional public exhibitions and winners are presented with a trophy at a prestigious award's event.

The competition was completed in our Year 7 and 8 STEM club afterschool on Wednesdays. Our winners were invited to the Regional East Celebration event at Anglia Ruskin University in Chelmsford. Winners were decided by VIP Judges, these were the best entries within the region. Springwood had 3 winners.

Kevin A - Year 7 Astrid BP - Year 8 Sana G - Year 8



Springwood
High School
YEAR 8 NEWSLETTER
July 2026



STEM WINNERS

26 Pupils from year 7 and 8 STEM Club submitted an entry for the competition. The group also worked collaboratively with the DT and English departments, alongside the Science STEM team to learn new skills and improve their entries. This helped them to create their engineering solution and write their letter to persuade engineers to choose their designs. This was the first time we have entered this particular competition.

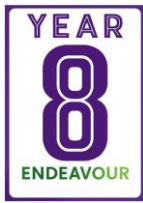
Pupils planned and designed their own solution to a real-life engineering problem of their choice. Designs included a football that can generate power through kicks, 3D printing organs, and an automated shovel for gardening. Mr Moffat and myself (Miss Colley) helped organise the STEM sessions and give feedback but the pupils came up with their creative designs themselves.



Mr Moffat - science teacher - helps run the STEM Club

We enter the competition every 2 years; these winners continue a great deal of success in the competition over the last 5/6 years.

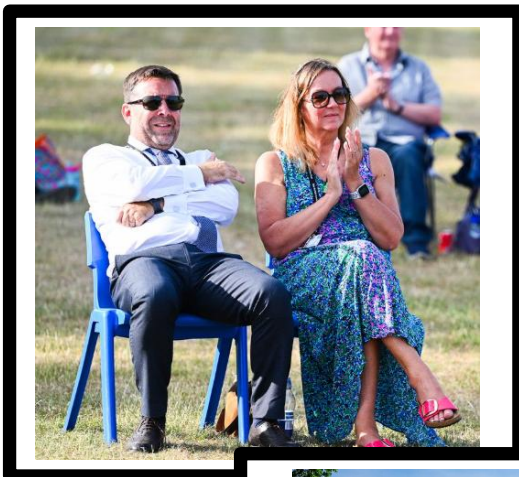
Entering competitions like this give pupils a chance to showcase their creative thinking and problem-solving skills and build confidence in their own abilities. It also allows pupils to explore different career ideas in STEM. We had many pupils achieve a distinction and had 3 winning pupils, which shows this competition gave them an opportunity to show what they can achieve.



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



MUSIC FESTIVAL





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High School
YEAR 8 NEWSLETTER
July 2026



ENVIRONMENTAL SOCIETY

Students from the Environmental Society at Springwood High School recently took part on an educational visit to RSPCA East Winch Wildlife Centre. This was a reward trip for the students' fundraising efforts over the academic year: efforts that included bake sales, daffodils sales, Mothers and Fathers days' sales, and, most recently, Sir



David Attenborough's 100th birthday celebrations. The school donated over £100 to the RSPCA Centre, along with towels and newspapers which could be used to assist with caring for the thousands of animals that are treated there every year. A major aim for the visit was to engage and inspire pupils who might one day become part of the next generation of vets, medical staff, nature conservationists, volunteers and carers for wildlife.

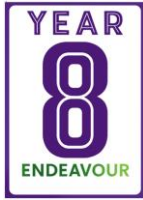
All the students really enjoyed the visit and found it inspirational to be immersed in the extraordinary work being done at East Winch. Helping over 150 injured or orphaned seals each year makes the facility one of the largest seal rehabilitation centres in England.

Springwood High School students also enjoyed the tour that was organised by Evangelos Achilles and Reece Kuberts, centre staff who managed to find time in their busy working schedules to show the students what they are doing "Our students

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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



were immersed into the experience right from the start, showing curiosity, confidently asking questions about the different treatments animals were receiving. Even during our short visit, the staff were receiving phone calls from members of the public about animals in need,” said the environmental lead, Agnieszka Munns”.

A highlight of the visit was being able to feed some of the rescued seals and watching an anaesthetised hedgehog being treated for ticks and bacterial infection. Such hands-on opportunities provided a unique insight and developed greater appreciation for the range of medical treatment and care which injured animal are able to receive at the centre.

RSPCA East Winch has just launched another appeal for towels as it currently caring for more than 400 animals, including seal, hoglets, and bird chicks. Donated towels can be dropped off outside the centre into yellow hoppers: all of them are gratefully received and will be used to help take care of rehabilitating animals.





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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



HOUSE MATHS COMPETITION



Oxburgh House representatives
receiving this award!



The Felbrigg winning team received a
medal

	Blickling	Felbrigg	Holkham	Oxburgh	Sandringham
Puzzle a day	180	140	200	220	200
Sparx XP	40	30	20	10	50
Book Reviews	0	0	0	0	0
Achievement Points	39	42	19	41	20
Final	38	47	42	45	42
Total	297	259	281	316	312
	3rd	5th	4th	1st	2nd





Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SPORT - ROUNDERS



Big hitting/scoring game - very exciting!!!

Winners 23 - 20 1/2

Top scorer - Ellie D



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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SPORT - CRICKET



Highlight was the Y7/8 Cricket team winning by 1 run,
Ellie D bowling 4 overs getting 2 wickets and only conceding 4 runs.

Ellie D

Bowled 4 overs only conceded 4 runs and took 2 wickets and scored 11 runs when batting

Teddy D

Bowled the last over of the game, the opposition needed 4 runs (normally a very easy task) Teddy only conceded 1 run and we won the game.

They were superb and it was a brilliant win.



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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



CRICKET – Year 7/8



We played yesterday in the West Norfolk School softball cricket championship and we won the whole thing, beating, Glebe, Beeston Hall and Downham winning all games, picture with trophy below.

Additionally, and equally as impressive today the same team played in the school's first ever Girls Hardball County Cup Cricket game against Norwich school for Girls, a massive first for the school and for Girl's sport in general at the school. Unfortunately, we lost but we were very very competitive and played some outstanding cricket, please praise these girls as their cricketing ability, knowledge and all-round conduct was a joy to witness



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YEAR 8 NEWSLETTER
July 2026



ROUNDERS SHS v TERRINGTON ST CLEMENT



Winners - 29-12 🏆



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YEAR 8 NEWSLETTER
July 2026



SAILING



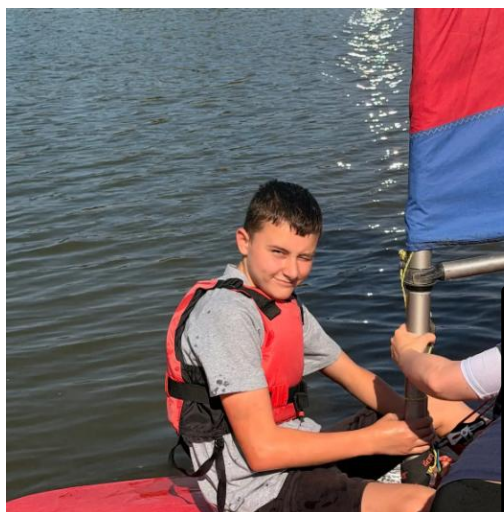
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SHS
Springwood
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YEAR 8 NEWSLETTER
July 2026



SAILING



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High School
YEAR 8 NEWSLETTER
July 2026



SAILING – YOUNG CARERS



Young Carers brave thunderstorm!

A summer evening sailing for Springwoods Young Carers was more eventful than expected as the students sailed impressively under darkening skies and large rumbles of thunder at Snettisham Sailing Club.

Students returned to shore as the rain and lightning arrived, only to volunteer to run and jump in the lake as soon as the storm had passed!

Young Carers are students who look after a family member at home and complete tasks that would not be done if they didn't do it. If you think this may apply to your child you can contact Mr Scoles at m.scoles@springwoodhighschool.co.uk





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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



PERFORMER OF THE WEEK - PE

Ellie D

Ellie also broke the school record in the Y8 Girls Javelin, Ellie throwing 21m 64cm

Rounders - Captained rounders teams to 21-12 win

Athletics - 1st place in javelin, high jump and 800 at West Norfolk Athletics Championships

Cricket - Captained Girls Cricket team to West Norfolk Championships, also captained girls first ever hardball cricket game, scored 19 runs and bowled express pace.



Leonard L

Tennis - Y8 Leonard being crowned champion at West Norfolk Tennis Championships



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



WNAT PRIMARY DANCE FESTIVAL



WNAT Primary Dance Festival

On Wednesday 1st July 11 primary schools from The West Norfolk Academy Trust came together to perform dances based on the theme 'Going Through the Years'.

The evening travelled through time from the roaring 20's to the modern day with dances being choreographed by Kate Whyborn and Kerry Sands. Yr8 Springwood Dancers opened the show with a medley of music transporting us through time, ranging from The Jackson 5 to The Spice Girls.

Our year 8's were a credit to the school, working well together to choreograph their piece at lunch times and editing their own music. Well, done to our fabulous dancing girlyes!



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High School
YEAR 8 NEWSLETTER
July 2026



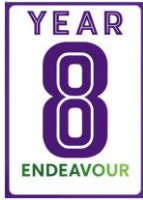
TENNIS



Leonard L came first out
of 36

Erick came 3rd





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High School
YEAR 8 NEWSLETTER
July 2026



CHESS



'Congrats to our Springwood Chess Team on their second-place finish in the 2026 WNAT Chess Tournament!

Well played by the team with David C and Tyler P being our MVPs.

Everyone showed some great sportsmanship. On to next year!'



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



YEAR 8 AFTER SCHOOL CLUBS

Monday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 AFTER SCHOOL: Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O7
Tuesday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 Textiles/Fashion Club - 12.40 to 13.20 - T4 AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Netball girls - 15.30 to 16.30 - girls changing room School community choir - 16.00 to 17.00 - PHH 'Les Mis full cast - 15.30 to 17.00 - PHH
Wednesday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Crochet knitting club - 12.50 to 13.15 - LRC Lego coding club - 12.50 to 13.15 - O6 Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 - MU1 Language games club - 12.40 to 13.20 - F4 AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 Photography club - 15.30 to 16.30 - B12 Cooking club - 15.30 to 16.30 - T5 STEM club - 15.30 to 16.30 - JL11 Art Club 4 weeks each half term - 15.30 to 16.30 - BA4 Soul band (invite only) - 15.40 to 16.40 - MU2 Cooking club (week 2) - 15.30 to 16.30 - T5 Boys rugby - 15.30 to 16.30 - boys changing rooms



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Thursday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1 Bella voices (Female voices) - 12.40 to 13.20 - MU2 AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 History club (Starting 18th Sept) - 15.30 to 16.30 - S7 Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2 Basketball all - 15.30 to 16.30 - boys/girls changing rooms Football girls - 15.30 to 16.30 - girls changing room Football boys - 15.30 to 16.30 - boys changing room
Friday	LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Guitar group - 12.40 to 13.20 - MU1 Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1 AFTER SCHOOL: Dance club - 15.30 to 16.30 - West gym Fitness Friday - 15.30 - 16.30 - South gym and south field (weather dependent) Big band (invitation) - 15.40 to 16.40 - MU1 Rugby girls - 15.30 to 16.30 - girls changing room 'Les Mis full cast - 15.30 to 17.00 - PHH



Springwood
High School
YEAR 8 NEWSLETTER
July 2026



SCHOOL UNIFORM

As we approach the summer holidays, we would like to remind you of our school uniform and equipment expectations to help ensure a smooth start to the new academic year in September. A summary on Uniform and Equipment is below. Please see the link to our Uniform policy which provides greater detail on approaches to Jewellery, Make-up and hair colour.

<https://www.springwoodhighschool.co.uk/attachments/download.asp?file=809&type=pdf>

School Uniform

Students are expected to wear the following:

- **Black Springwood blazer** – must be worn at all times when moving around the school site.
- **White shirt** – short or long sleeved which must be tucked in.
- **House tie.**
- **Black tailored trousers** – these must not be made from lycra, not be leggings, or not be skin-tight.
- **Springwood skirt or shorts** – may be worn as an alternative to black tailored trousers. Skirts must not be rolled up.
- **Optional Springwood jumper** – may be worn underneath the blazer but must not replace it.
- **Black leather shoes** – no boots, trainers, shoes with sports logos (e.g Nike Airforce), stilettos, ballet pumps, sling backs or toeless shoes. Students will be provided with plimsolls
- **Black socks** - black socks will be loaned if students turn up in white socks.
- **Coat** – if worn, this should be plain in colour and must not be made of leather, denim or faux fur.

Essential Equipment

All students should bring the following items to school every day:

- School bag
- Pencil case
- Two black pens
- One red pen
- Two pencils
- Scientific calculator
- Ruler
- Rubber
- Reading book (Years 7 and 8 only)

Thank you for your continued support in ensuring that students arrive at school fully equipped and ready to learn. We wish you a safe and enjoyable summer break and look forward to welcoming students back in September.

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YEAR 8 NEWSLETTER July 2026



KINGS LYNN FAMILY HUB

Drop In for Young people, Parents and Carers

Come and meet a Community Worker at a place near you. They are ready to answer questions/listen to worries and share supportive information, advice and guidance.

You can also call your local Family hub on **01553 669651** and talk to an advisor who will be happy to help. Mon-Fri 9am and 4:30pm

Cornerstone Church South Lynn	14th July and 28 th July	8:45am – 11:45am	Lex
Marshland Hall (PEEP, Stay and Play)	2nd, 9 th , 25 th July	10am – 11am	Georgie, Lex, Sarah
Hunstanton Library Peer Support with REDI	24 th July	9am – 10:15am	Lex
Kings Lynn Library	25 th July	10am – 12pm	Lex
Dersingham Library	2nd July	12:30pm – 2pm	Lex
Gaywood Library	21st July	9:15am - 11:15am	Georgie
Marshland Hall	2nd July	1pm - 2:30pm	Georgie
SEND café (Family Hub)	13th July	10:30am -12:30pm	Georgie
ECFS Stay and Play, Fairstead	16th July	10-11:30am	Georgie
Swan Youth Project Parents' group	7th July	9:00am-11:00am	Sarah
Downham Mkt Library (drop-in) Talk, Learn, Do session	7th July 23rd July	3:00pm-4:30pm 12:30pm-2:00pm	Sarah Sarah
Mini Methwold, St. George's Hall Complex	2nd July	9:30am-11:00am	Sarah
ECFS Stay and Play Downham Market	14th July	9:30am -11:00am	Sarah
Healthy Child drop-in, Downham Market	23rd July	9:30am-11:30am	Sarah



For K/L library appt email
cspartnercommunitywest@norfolk.gov.uk



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High School
YEAR 8 NEWSLETTER
July 2026



KINGS LYNN FAMILY HUB

What's on at the Kings Lynn Family Hub In July...

Find more information



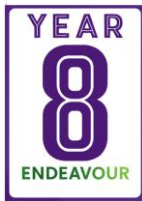
www.norfolk.gov.uk/familyhubs

Mondays	Sally from Kids will be available 27th July between 10:30 and 1:30pm to support parent carers with their young person SEND needs. Sally can support with • Accessing appropriate services • Navigating the SEND Local Offer • Help with emotional and practical support needs	Up and coming events and activities Join Danii from SEN Socials and Early Help Community Worker Georgie on the 11th of May 2026 10:30pm to 12:30pm For a cuppa and an informal chat about all things SEND parenting. No diagnosis needed! Children are welcome and there will be an activity each session provided by Voices Through Art! Please contact sensocialsdownham@gmail.com for further information or to request a social story and venue walk through.
Tuesdays	Matilda Lawrence from Leeway Domestic Abuse Services on the 14th July between 10am and 1pm. Tilly can support with: • Emotional Support • Practical guidance • Referrals to other domestic abuse services.	
Thursdays	Emma from the Department of Work and Pensions on Thursdays between 10am and 2pm. Emma can support parent/carers with: • Benefit related queries • Financial difficulties and debts • Childcare funding	
Fridays	Susan from the Crisis Resilience Team on Friday 10th and 24th July from 10:00am to 12:00pm. Susan can support with: • Emotional support and advice during a child's crisis • Help creating safety and coping plans • Signposting to local support services	
Fridays	Katie from Norfolk Community Law Service (NCLS) on Friday 24th of July 12:30pm to 4:30pm. Key services include: • Family Law and Court Support • Welfare Benefits • Debt and Money Advice • Immigration advice	

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YEAR 8 NEWSLETTER
July 2026



KINGS LYNN FAMILY HUB

Finding us from the station
Address: Saint Augustine's Healthy Living Centre, Columbia Way, King's Lynn. PE30 2LB
What3words: //sport.bits.bunny
Telephone: 01553 669651
Bus Route 2: 12 mins
Walk: 15 mins

How to get an appointment:
Call our public line on 01553 669651 and let one of our advisors know the date and time you would like to book in to see us.

Find more information

www.norfolk.gov.uk/familyhubs

Community drop-ins in West Norfolk Area. Families can drop in to these sessions at any time and no appointments are needed.
Professional people are there to help families

We are also running a new SEN café every month at the Family Hub for parents and young people to attend to meet other families, get advice and support.

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NORFOLK PARENT CARER SERVICE

Kids Disabled children say we can

Norfolk Parent Carer Service

What's On In July

Sprowston Coffee and Connect

Wellbeing Session
Wednesday 1st July
10:30am - 12:30pm

Autism Explorers Guest Speaker
Wednesday 15th July
10:30am - 12:30pm

Viking Centre, Tills Road
Sprowston, NR6 7QZ
hayley.huckle@kids.org.uk

Great Yarmouth Drop-In with Grace

Monday 13th July
10am - 12pm

Join us for a relaxed cuppa and chat session. Places are limited so please email
grace.hillard@kids.org.uk
for more info

Dad's Time!

Tuesday 14th July
7:30pm - 9:00pm

Are you a dad, stepdad, grandad or male carer for a young person (0-18 years) with SEND?
Then this is for you!
Come and join us at Albion Games Cafe in Norwich for a drink, gaming and connection with other parent carers.

Albion Games Cafe
21 St Benedicts Street
Norwich, NR2 4PF
Email: hayley.huckle@kids.org.uk

Thetford Coffee and Connect

Wednesday 15th July
10:30am - 12:30pm

Join us for cuppa and a chat about your wellbeing

Family Hub
Kingsway
Thetford
IP24 3DY
Email: sally.macgregor@kids.org.uk

Scan here to join our Facebook community!



SHS
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High School
YEAR 8 NEWSLETTER
July 2026



NORFOLK PARENT CARER SERVICE

Kids Disabled children say we can

Norfolk Parent Carer Service

What's On In July

Online Workshops
Join us online for these free workshops:

Sleep Challenges
Parental Resilience
Behaviours that Challenge



Scan here to book onto our online workshops

Long Stratton Coffee and Connect
Wednesday 1st July
10am - 12pm

Join us for a free event where we have a cuppa and discuss behaviour you may be experiencing

Family Hub
Manor Road
Long Stratton
NR15 2XR
Email: grace.hillard@kids.org.uk

North Walsham Coffee and Connect
Eating Challenges
Friday 10th July
10:30am - 12:30pm

Join us for cuppa and a catch up

Family Hub
Manor Road
North Walsham
NR28 9HG
Email: natalie.tagg@kids.org.uk

Kings Lynn Making Sense of SEND
Wednesday 8th July
10am - 12pm

Come and see us at this event at the Discovery Centre in Kings Lynn

Columbia Way, King's Lynn PE30 2LA
Email: sally.macgregor@kids.org.uk

Scan here to join our Facebook community!



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YEAR 8 NEWSLETTER July 2026



SUMMER 2026 SWAFFHAM AND DEREHAM

The place to be this summer - come along, get inspired, and join the fun!

MON	TUE	WED	THU	FRI
20 th Zorb Football & Battle Water Races Zorb Dodgeball	21 st First Aid Football Multi-Sports	22 nd STEM Dodgeball Basketball	23 rd First Aid Water Races Football	24 th STEM Dodgeball Multi-Sports
27 th Zorb Football & Battle Zorb Dodgeball STEM	28 th Giant Meccano Water Races Dodgeball	29 th STEM Football Multi-Sports	30 th Dodgeball Multi-Sports Basketball	31 st July STEM Football Cricket
3 rd Zorb Football & Battle Zorb Dodgeball Tennis	4 th STEM Football Cricket	5 th Water Challenge Dodgeball Multi-Sports	6 th Water Races Football Basketball	7 th STEM Dodgeball Multi-Sports
10 th	11 th Zorb Football and Battle Zorb Dodgeball STEM	12 th First Aid Water Races Football	13 th Water Challenge STEM Multi-Sports	PRICING 10AM - 2PM £15.00 Or FREE*

The day features a diverse programme of activities, including den building, bingo, circus skills, LEGO challenges, games, selected sports, and exciting STEM projects.

DISCOVER ZORBING:

READY FOR NERF?

Paid Spaces

Swaffham Leisure Centre
Sports Hall
PE37 7DY

Free Spaces

Paid Spaces

Dereham Junior
Galpin's Ride,
Dereham
NR19 3BJ

Free Spaces

*Children eligible for benefits-related Free School Meals can access FREE HAF-funded places. Paid places are also available, ensuring every child has the opportunity to take part.

SUMMER ACTIVITIES

FUN EVERY DAY!

MON	TUE	WED	THU	FRI
20 th • Water Races • Arts and Crafts • Football • Multi-Sports	21 st • Football Tournament inc Zorbs • STEM • Dodgeball • Basketball	22 nd • First Aid • Zorb Football & Battle • Zorb Dodgeball • Multi-Sports	23 rd • STEM • Football • Dodgeball • Cricket	24 th • Arts and Crafts • Disco Dodgeball • Basketball • Tennis
27 th • STEM • Football • Multi-Sports • Tennis	28 th • Zorb Football & Battle • Water Races • Arts and Crafts • Basketball	29 th • Water Races • STEM • Dodgeball • Cricket	30 th • Giant Meccano • Arts and Crafts • Football • Tennis	31 st JULY • Cooking • Dodgeball • Multi-Sports • Basketball
3 rd • Cooking • Arts and Crafts • Disco Dodgeball • Basketball	4 th • Fire Lighting Smores • Zorb Football & Battle • Football • Zorb Dodgeball	5 th • Cooking • STEM • Football • Dodgeball	6 th • Nerf Battle Day • Water Challenge • STEM • Football	7 th • Zorb Football & Battle • Cooking • Zorb Dodgeball • STEM
10 th • Zorb Football & Battle • Zorb Dodgeball • Multi-Sports • Cricket	11 th • Fire Lighting Smores • Water Races • Multi-Sports • Football	12 th • Zorb Football & Battle • Zorb Dodgeball • Arts and Crafts • Basketball	13 th • Football Tournament • STEM • Dodgeball • Tennis	14 th • STEM • Football • Multi-Sports • Basketball
17 th • Water Races • STEM • Football • Multi-Sports	18 th • Nerf Battle Day • Zorb Football & Battle • Zorb Dodgeball • Arts and Crafts	19 th • STEM • Football • Disco Dodgeball • Cricket	20 th AUGUST • Arts and Crafts • Football • Dodgeball • Multi-Sports • Basketball	PRICING 9AM - 3PM £20.00 8AM - 3PM £24.00 9AM - 4PM £24.00 8AM - 4PM £26.00 12-15 HOURS & FREE PLACES AVAILABLE

The place to be this summer - come along, get inspired, and join the fun!

The day features a diverse programme of activities, including den building, bingo, circus skills, LEGO challenges, games, selected sports, and exciting STEM projects.

DISCOVER ZORBING

READY FOR NERF?

ALREADY BOOKED

FREE HAF SPACE BOOKING LINK

Children eligible for benefits-related Free School Meals can access FREE HAF-funded places. Paid places are also available, ensuring every child has the opportunity to take part.

Year 8 Office (24/7 direct dial) 01553 778092 Website www.springwoodhighschool.co.uk

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



NORFOLK FIRE AND RESCUE SERVICE

Norfolk Fire and Rescue Service

Join us on the 18th August

for a Water Safety Event with **King's Lynn Red Watch**

Come along to meet the crew, learn water safety tips, and take part in practical throw line sessions.

10:00am–1:00pm
The Discovery Centre,
Columbia Way,
King's Lynn, PE30 2LA

10:00am–11:00am
Water safety presentation and crew talk

11:00am–1:00pm
Practical throw line sessions

We have several upcoming community events:

- **Water Safety Event** – Hosted by the Fire Service, where families can meet the crew, learn important water safety tips, and take part in practical throw line sessions.
- **Breast Cancer Now Afternoon Tea** – Taking place on Friday 7th August, from 12:00–2:30pm. Everyone is welcome to come along and enjoy an afternoon tea while supporting a great cause.

YOU'RE INVITED TO AN AFTERNOON TEA

This August we're baking to change the future.
So everyone with breast cancer will live and live well.

FRIDAY 7th AUGUST
At the
North Lynn
DISCOVERY CENTRE
PE30 2LA
12 - 14:30

breastcancernow.org/afternoontea

in aid of
BREAST CANCER NOW

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



BIG NORFOLK

Big Norfolk
Holiday Fun

THE WORKSHOP
KING'S LYNN

DRAMA
MUSIC
ART

SUMMER HOLIDAY ACTIVITIES IN KING'S LYNN

FREE for 8-13 yr olds
that are in receipt of
free school meals.
*Free hot meal each day

10-3PM 25 & 26 August
1 & 2 September

Creative Arts Activities
Exploring Healthy Choices

**SCAN TO
BOOK**

theworkshop.org.uk | 01553 277919



Springwood
High School
YEAR 8 NEWSLETTER
July 2026



ALIVE SUMMER HOLIDAY ACTIVITIES PROGRAMME

Please find attached the Alive Holiday Activity brochure for the summer holidays.

below a link to our online brochure

<https://www.alivewestnorfolk.co.uk/activities/holiday-activities/>





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Springwood
High School
YEAR 8 NEWSLETTER
July 2026



NORWICH CITY COMMUNITY SPORTS

COMMUNITY SPORTS FOUNDATION

FOOTBALL HOLIDAY CAMPS

Book now

COMMUNITY SPORTS FOUNDATION

Ages 5-13

FOOTBALL HOLIDAY CAMPS

Football fun across Norfolk in the school holidays

COMMUNITY SPORTS FOUNDATION

FOOTBALL HOLIDAY CAMPS

Book now

COMMUNITY SPORTS FOUNDATION

FOOTBALL HOLIDAY CAMPS

Our Football Holiday Camps provide thousands of children with a fun-filled footballing experience every year.

Running at venues across Norfolk & Suffolk, whether you're new to football or already a budding Canary superstar, our day-long football camps are a fun, holiday activity at an affordable price.

What's included?

- Games, competitions and Norwich City-themed fun
- Outdoor & indoor spaces for all weather conditions
- Coaching from FA-qualified coaches
- Opportunities to be selected for Norwich City Community Sports Foundation football development programmes
- Course certificates and the chance to meet Norwich City players (subject to training and fixture schedules)

Locations

Norwich, Brundel, Wymondham, Thetford, Heacham, Gorleston, Aylsham, Dereham, King's Lynn, Lowestoft, Swaffham, Fakenham, North Walsham, Downham Market.

Check our website for full list of dates & venues.

Scan here to book or find out more
communitysportsfoundation.org.uk

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



ECO ART SUMMER HOLIDAYS

Eco Art

Summer holidays in Nature

Help us develop our pollinator pathway as well as creating beautiful art in and with nature

Fenland Orchard, PE14 7AP
What3Words: /// defected.altitude.suitability

Every Tuesday Starting: 4th Aug- 1st Sep

12.30am-2.30pm

£10 refundable deposit secures your 5-week spot! Get it back in full by attending all sessions, or by letting us know any dates you'll miss when you book. (If the deposit is a barrier but your young person wants to join, please get in touch—we're here to help)



To book, scan the QR code, or go to:
<https://www.thewildhub.co.uk/activities-clubs>

Funded by
West Norfolk Youth Advisory Board,
this programme is coordinated and
delivered by The Wild Hub CIC



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



CRAFT CORNER

Craft Corner
Craft sessions for ages 11+
5 sessions through the holidays

Learn new crafts, Create together, One masterpeice.



 The Workshop, London Rd, King's Lynn PE30 5EZ

 Every Wednesday from: 29th July- 26th Aug

 11.30-1.30pm

 £10 refundable deposit secures your 5-week spot! Get it back in full by attending all sessions, or by letting us know any dates you'll miss when you book. (If the deposit is a barrier but your young person wants to join, please get in touch—we're here to help!)



To book, scan the QR code, or go to:
<https://www.thewildhub.co.uk/activities-clubs>



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 Springwood
 High School
YEAR 8 NEWSLETTER
July 2026



EXTRACURRICULAR AT SPRINGWOOD HIGH SCHOOL

Extracurricular at Springwood High School

We are exceptionally proud of the free extracurricular offerings we have at Springwood high school.

All the clubs that are being offered can be found here [Extracurricular timetable](#). It has been an incredible year for extracurricular activities this year. We are currently working on our offerings for next year and look forward to sharing these with you in the first few days in September.

If there is something your child would like to do that is not offered, or if you know someone that would be willing to come and run a club after school that we currently don't offer please contact Mrs Davies-Mays at r.daviesmays@springwoodhighschool.co.uk

PE AFTER SCHOOL CLUBS



2025-2026
EXTRA-CURRICULAR SPORT
 (3.25 – 4.30pm)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Y7 Football</u> <u>Jca</u>	<u>Boys Rugby</u> <u>All Years</u> <u>Jca, Jbx, Odn</u>	<u>All Years Basketball</u> <u>Jca</u>	
	<u>Y10 Football</u> <u>Jbx</u>		<u>Girls Football</u> <u>All Years</u> <u>Jbx</u>	
	<u>Y7 Netball</u> <u>Jbl</u>	<u>Y9 Netball</u> <u>Su</u>	<u>Y8 Football</u> <u>Jpg</u>	<u>Girls Rugby</u> <u>All Years</u> <u>Jca</u>
	<u>Y8 Netball</u> <u>Lev</u>		<u>Y9 Football</u> <u>Pdn</u>	
			<u>Y10 Netball</u> <u>Les</u>	
			<u>Y11 Netball</u> <u>Bf</u>	

Any questions: Please see your PE Teacher for further details.

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



School Term Dates

First Day of Term	Last Day of Term
Friday 4 th September 2026	Thursday 22 nd October 2026
Monday 2 nd November 2026	Friday 18 th December 2026
Tuesday 5 th January 2027	Friday 12 th February 2027
Monday 22 nd February 2027	Tuesday 25 th March 2027
Tuesday 13 th April 2027	Friday 28 th May 2027
Monday 7 th June 2027	Wednesday 21 st July 2027

Training Days & Bank Holidays

Training Day – 1st and 2nd September 2026, 24th, 4th January 2027, 12th April 2027

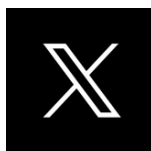
Bank Holiday – 3rd May 2027



We have now moved over to Bromcom.

If you have not signed up or experiencing difficulties, please go onto the school website and click the Bromcom tab. There are instructions for logging in and an email address for help.

Latest News



For all the very latest Springwood School news please follow @SHSKingsLynn

For all the latest Sport & PE news please follow @SHSS_PE

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



The PTFA need you!



We are always on the lookout for new members.

All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events. Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

To get in touch, please email ptfa@springwoodhighschool.co.uk. We would love to hear from you.

Lost Property

If your child loses any property during the school day, they can check in the following places –

- Year Office
- Lost Property basket in the canteen near the music rooms
- Lost property basket in the LRC near the teacher's desk
- Go to reception and ask if anything has been handed in

If they do not find it, please tell them to ask the Year Office to send an email to the Lost Property email address

TIES TO ORDER

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office. The child will get a note when they are ready to collect.



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



School Uniform Policy

We are proud of our uniform at Springwood, it promotes the ethos of Springwood, provides a sense of belonging and identity for the students and sets an appropriate tone for education. We therefore ask that students wear their uniform correctly and with pride

School Uniform & Sports Kit Checklist

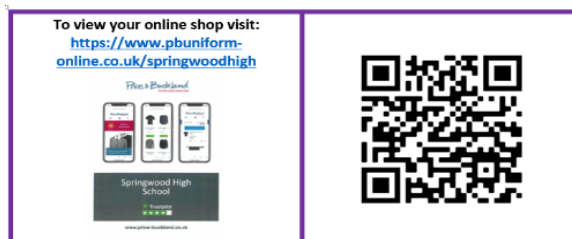
- *Blazer
- *White, stiff collar school shirt
- *House colour school tie
- **Plain black tailored trousers
- *School skirt
- *School shorts
- *School jumper

Plain black tights or plain black socks that must at least cover the whole ankle
(Trainer socks, and footless tights or leggings are not allowed)

Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)

Plain coat (no logos or other markings) long enough to cover blazer properly



PE KIT

Compulsory:	Optional:
*Springwood PE shirt	*Springwood sweatshirt
Black Shorts	Black Track Suit Bottoms
Black Socks	Plain Black leggings
Trainers (non-marking sole with grip) Football Boots	Plain Black 'skin' can be worn under PE shirt
	Shin pads and gumshields

Items marked * can only be bought through the school website from Price & Buckland

**Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website.



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Price & Buckland Update

Price and Buckland are updating their uniform shop for parents.

The new website will give parents the following benefits:

- Parents with children at different schools will be able to order from multiple schools with ease.
- Parents will be able to spread payment across 3 months through Klarna.
- Parents will be prompted how close they are to the free delivery threshold.
- Parents will have more payment options with the introduction of Apple Pay and Google Pay.

Parents who have ordered from them previously will need to reset their password and they can use the same password as before. Parents, who are new to Price & Buckland, will need to register as usual.

It goes live on the 11th February and the school website link is updated.

SPRINGWOOD HIGH SCHOOL

Excellent ★ Trustpilot

FREE DELIVERY
ON ORDERS OVER £70.00

OUTSTANDING QUALITY
ETHICALLY SOURCED

Trustpilot
We're rated 'Excellent' on Trustpilot

SHOP NOW >

Welcome to your online uniform shop

How to order

1. Click on the shop now button
2. Select the products you would like to order
3. Add them to your basket
4. Proceed to checkout
5. Create an account
6. Proceed to payment

We do not accept orders over the phone

Visit your school's [website](#) for school uniform regulations

For Free returns information please see back of your despatch note that arrived with your goods

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SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



EQUIPMENT

Equipment Checklist

All students should have the following with them every day –
School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen,
Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result
in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU





SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Wow – another school year has already drawn to a close. As always, it's the perfect moment to look back on what we've achieved: the fundraising successes, the support we've given students across a whole range of extra-curricular events, and—yes—take a little pride in ourselves after receiving a Radio Norfolk *Make a Difference* award (more on that shortly).

This year's events/activities are listed as follows:

October

Year 6 specialist arts auditions (refreshments)
Year 7 Halloween Disco
Year 8 Halloween Disco
100 Club draw
Donation of 45 pumpkins to year 7 special art project

November

Bingo
3rd Annual Christmas Craft Fair
The Nativity and the stolen Christmas Elves -community theatre company event (refreshments)

December

Community Carol Service (refreshments)
Year 8 Christmas Disco
Alice in Wonderland (refreshments)
100 Club draw

January

Year 7 New Year Disco
Les Misérables (refreshments)



Springwood
High School
YEAR 8 NEWSLETTER
July 2026



February

Year 8 Valentine Disco
100 Club draw

March

Giant Easter Egg Raffle (kindly donated by the Rotary Club)
Bingo
100 Club draw
The Players production of The History Boys (refreshments)

April

Bingo

May

100 Club draw
Quiz Night
The Players production of The Lion, The Witch & The Wardrobe (refreshments)
SHS's Dance Off (refreshments)

June

Bingo
Quiz Night

July

NWAT Community Music Festival (refreshments)
100 Club draw
Fashion show (refreshments)

At the time of writing, we still have the Fashion Show ahead of us, where we'll be providing refreshments — and, for the first time, ice lollies (a very welcome treat in this heat). Year to date, we've raised £9,905.62 and we're hoping to have broken the 10k mark once we've added fashion show profit. This achievement comes from the hard work of the PTFA committee, our volunteers, student helpers and teachers. But just as importantly, a huge thank you goes to the parents, carers and family members who attend, support and take part in these events — you're a big part of what makes them such a success.

This year marked the launch of our first ever lottery, the '100 Club' — a new initiative designed to raise funds for the school while giving participants the chance to win cash prizes. In its debut year, it has paid out £617.40 in winnings and generated £826.60 for the school.



SHS
Springwood
High School
YEAR 8 NEWSLETTER
July 2026



Our final draw of this year took place on Wednesday 8 July (drawn a week earlier than advertised so prize payments could be made before the end of term).

We're thrilled to announce the winners as follows, congratulations to all:

1st prize £52.20 - Mr P Bumstead (no. 36)

2nd prize £31.32 - Mrs C Franks (no 52)

3rd prize £20.88 - J Butcher (no 42)

We'll be running the lottery again next year, with an even simpler application and payment process. Here's a quick overview:

- **Cost** — £24 per year, payable by bank transfer, cash at PTFA events, or card.
- **Entry** — Each £4 buys one membership number; multiple entries are welcome.
- **Eligibility** — Open to individuals aged 16+.
- **Draws** — Held every half term (six per academic year); dates will be published on the SHS website.
- **Prizes** — 1st, 2nd and 3rd place winners each draw.
- **Winnings** — 45% of fees collected that month go to prizes; 55% supports the PTFA.
- **Winners** — Announced on the SHS website, newsletters, Facebook and in PTFA minutes. Prizes are paid via bank transfer.

Look out for full details and the relaunch in September.

And finally, we're absolutely delighted to learn that the SHS PTFA has been nominated for a [Radio Norfolk make a difference award 2026](#). A panel of judges are now reviewing all entries, with the winner being announced later in the Summer. Even if we don't get shortlisted, we're thrilled to be recognised for the work we do for the students and the school.

An extract of the nomination is shown below:

"The SHS PTFA is a group of parents (with a couple of teachers) almost all with full time jobs, and various family or other commitments, who regularly give up their time to organise and staff Bingo nights and Year Discos (themed), an annual Christmas Fair, a 100 Club, various raffles, quiz nights and other fundraising activities for the school, including supporting school events throughout the year with refreshments stands. In the past three years the PTFA have raised thousands for the high school, which previously had little to no similar support, and have helped fund/purchase over £20,000 worth of equipment etc, including an upgraded lighting system for school productions (also used by a number of outside groups who hire the school facilities),



 Springwood
 High School
YEAR 8 NEWSLETTER
July 2026

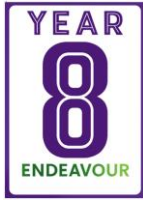


tiered retractable seating for the main school hall, resources for the after school fashion club, SpringFest for various year groups (rewards days for the children) and sheet music for concerts/performances. Members put in hours and hours of time and hard work, and the amount of money raised in the past three years has far exceeded expectations and previous support for the school. The pupils benefit from the activities the PTFA run, which they can also join in and enjoy! Community groups also share the enhanced facilities when they hire the school."

Enjoy your summer! We look forward to seeing you next year — whether you're sharing ideas, lending a hand, or joining our events.



			
Chair Fez Williams	Vice Chair Emma Norris	Secretary Rachel Curtis	Treasurer Geoff Martin
			
Member Laura Farr	Member Suzi Pimlott	Member Leena Prins	Teacher Richard Thompson
		Picture not available	
Member Gem Coady	Member Jody Bunting	Member James Hoyland	




Springwood
High School
YEAR 8 NEWSLETTER
July 2026



HAPPY SUMMER

SEE YOU ALL BACK ON FRIDAY 4TH SEPTEMBER

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