





### Message from Mr Johnson

It is hard to believe that nearly 8 weeks have passed as we approach the end of the first (highly productive) half term of the school year. This week I have had the pleasure of attending the Springwood STEM awards evening. Here, literally hundreds of students received recognition for the numerous STEM projects they have been involved with. It was great to see our partners from Industry supporting this work. Similarly, it was wonderful to listen to the numerous Springwood pianists play at the Trust Piano Recital yesterday evening. As we always say, the happiest students at Springwood are those who take part in extra-curricular activities.

This year we invited all parents to the school for year group introductory meetings. It was lovely to meet parents and set the tone of each year group. It is so important that students, parents and staff work closely together to ensure the best possible education for every young person in the school. Please do not hesitate to make contact with your Year office if we can do anything to help your child.

I have to say that yet again, the main school and Sixth Form open evenings were undoubtedly the busiest ever! It is always wonderful to meet prospective students and parents to showcase what our school has to offer. Our two weeks of daytime tours allowed students and parents to see the school in operation on a normal day. I was delighted to hear that those who attended the tours saw a happy and hardworking school.

I have been very impressed with the numerous press articles in the Lynn News, Eastern Daily Press and Your Local paper. At Springwood we work hard to give every student the best opportunities and it is fantastic when our local community gets to see this work. Our role in the community is incredibly important and we thank both the Borough Council and Springwood PTFA for purchasing both the new LED stage lighting and the amazing theatre seating in the Peter Hopkins Hall. This will be an excellent resource for our students and the local community.

The new year 7 have settled into the school well. We have all been impressed with their polite and hardworking attitude. The vast majority are taking advantage of the excellent extra curricular activities on offer at Springwood. The current year 12 represents the largest Year 12 in the School's history. Springwood Sixth Form is now the first choice sixth form for the west of Norfolk. I look forward to seeing these two year groups progress in the school.

I wish all students and teachers a well earned half term rest!

Mr Johnson

Head Teacher











### Message from Mrs Bunting Head of Year 8

What a brilliant start to Year 8 we have had!

Year 8 have been getting involved in lots of extra-curricular clubs and sporting events already which is something to be proud of. Last year I wrote about our target of reading 1,000 books which we easily achieved.

In my Assembly a couple of weeks ago the students helped me choose our new target for the year.

We have decided that we are going to aim to beat this and read 1,250 books this year! So please encourage your child to keep reading at home, and I look forward to reading the book reviews they write for me.

We are looking forward to welcoming you to our Tutor Evening on Thursday 13<sup>th</sup> November. This will give you an opportunity to meet with your child's form tutor. If you have been unable to get booked on to this evening, please email us on <a href="mailto:classof2029@springwoodhighschool.co.uk">classof2029@springwoodhighschool.co.uk</a> and we can support you in getting booked on. Your child's first ATL report for Year 8 will be sent out to you on 11<sup>th</sup> November via the MCAS app.

I am already looking forward to seeing what we get up to next half term especially with the lead up to Christmas.

I hope you all have a restful and enjoyable half term break.

Mrs Bunting
Head of Year 8



Year 8 Team

Mrs Bunting

&

Mrs Isle









#### **CONTACTING THE YEAR 8 OFFICE**

Please can you use the following email accounts to make contact with the Year 8 Office Mrs E Bunting, Head of Year 8 <a href="mailto:e.bunting@springwoodhighschool.co.uk">e.bunting@springwoodhighschool.co.uk</a>
Mrs C Isle, Year 8 Manager <a href="mailto:c.isle@springwoodhighschool.co.uk">c.isle@springwoodhighschool.co.uk</a>
General Year email <a href="mailto:classof2029@springwoodhighschool.co.uk">classof2029@springwoodhighschool.co.uk</a>
The direct dial telephone number for Year 8 Office 01553 778092
School Website <a href="mailto:www.springwoodhighschool.co.uk">www.springwoodhighschool.co.uk</a>

#### **Attendance Information**

What should I do if my child is unwell? – If your child is unwell, please call the Year 8 Office on 01553 778092 or email classof2029@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

**Leave of Absence** – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a "Leave of Absence Form." These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 8 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

## **Year Group Key Dates**

Date	Event
23 <sup>rd</sup> October 2025	Last Day of Term
3 <sup>rd</sup> November 2025	Return to school
13 <sup>th</sup> November 2025	Year 8 Tutor Evening
28 <sup>th</sup> November 2025	PTFA Christmas Fayre
3 <sup>rd</sup> December 2025	WANT Christmas Carol St Nicks 6.00pm
8 <sup>th</sup> – 12 <sup>th</sup> December 2025	Alice in Wonderland Drama Studio
18 <sup>th</sup> December 2025	Springwood Christmas Concert PHH 6.00pm
19 <sup>th</sup> December 2025	Christmas Jumper Day – Last Day
6 <sup>th</sup> January 2026	Return to school







### <u>ATTENDANCE</u>

Attendance Newsletter - Autumn 1

Wren, our attendance dog, is currently enjoying the start of the new school year, welcoming back familiar faces along with the new year 7s and 12s. Thank you for your continued support with good attendance for your child's attendance has continued to be above national figures since the start of the term.

We have had a number of holidays taken during this school year already. We are not allowed to authorise any holidays taken during term time. If your child does not arrive back on the planned day after a holiday we will be required to carry out a welfare check, and this will be completed in person or via an online video call, as we have to see the child. If your child is ill following a holiday we may well require medical evidence. The local authority will issue fixed penalty notices for a total of more than 4 and a half days of any unauthorised absence within a 10-school week period.

We are once again approaching the cold season. Please check out the NHS, <a href="https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/">https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/</a>, for when you should and shouldn't send your child to school - for most minor ailments they should be in. Please liaise with your child's year office if they are suffering a bit but well enough to attend so that we can be aware of them during the day. If you do feel that your child is too unwell, could you please let the year team know the details, not just "they are unwell". As above, any prolonged absence will require us to complete a home visit.

As ever, support is always available from the year and attendance teams, as well as external teams:

Just One Norfolk - <a href="https://www.justonenorfolk.nhs.uk/">https://www.justonenorfolk.nhs.uk/</a>
Family Hubs - <a href="https://www.justonenorfolk.nhs.uk/family-hubs/family-hub-sites/">https://www.justonenorfolk.nhs.uk/family-hubs/family-hub-sites/</a>
MAP - <a href="https://www.map.uk.net/find-us/kings-lynn">https://www.map.uk.net/find-us/kings-lynn</a>

Please do reach out to any of the above if your child is struggling with any aspects of school and attendance

Mrs Moss & Mrs Taylor











Parents can access details about their child at school by using the MyChildAtSchool (MCAS) app. Your child can access the student portal by using the Bromcom Student App.

These apps contain real time information about student timetables, attendance, reports, messages, homework, achievement/behaviour and paying for school trips and dinners.

The apps are both available from Google Play and the Apple AppStore. A basic user guide, along with other support materials can be found at <a href="https://docs.bromcom.com/article-categories/for-parents/">https://docs.bromcom.com/article-categories/for-parents/</a>

If you forget your password please click on the Reset Password link on the App, or, using your web browser, go to the relevant website and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS or Bromcom Student account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

MCAS: <u>www.mychildatschool.com</u> www.bromcom<u>vle.com/?schoolid=14633</u> Bromcom:







#### **UNIFORM REMINDER**

At Springwood High School we are very proud of our students who are wonderfully presented and wear our school uniform with pride. This is extremely important to build a school identity amongst the pupils and the wider community. We would like to remind all parents that the school uniform policy can be found on our website. We also, would like to draw attention to the following;

- The only jewellery students are permitted to wear is one pair of studded earrings and a wrist watch.
- False nails must not be worn.
- Any nose stud must be a clear plastic retainer
- Students are not permitted to wear leggings.
- Please check the policy for acceptable footwear and note that branded black shoes (Nike Airforce, Adidas etc) are not permitted.
- Blazers must be worn at all times.

With the change in season students are encouraged to bring a coat to school, this must be plain in colour and fit over the school blazer. Hoodies are not acceptable.

We thank you in advance for your support with this.

#### A copy of our full uniform policy can be found here:

https://www.springwoodhighschool.co.uk/\_site/data/files/users/2/uniform/F3C8 97E71A779321B863438D129E094C.pdf









#### **Music Events Calendar 2025**

### **Autumn Term 2025**

Date	Event	Venue	Ticket Prices	Time(s)	Groups Involved (Provisional)	
Wednesday 5th Nov'25	Rotary Young Musician, Regional Heat	Recital Room (Mu1) Springwood High School	Free	4.30pm	Open to soloists grade 6+ standard	
Thursday 20h Nov '25	Autumn Recital Evening (incorporating GCSE Mock Performance Exam)	Recital Room (Mu1) Springwood High School	Free (with retiring collection)	6.00pm	Year 11 GCSE Music Students plus Soloists and Small Ensembles from Springwood High School	
Wednesday 3rd Dec '25			Free (with retiring collection)	6.00pm	c.40 members of Cantabene WNAT cross-trust Orchestra	
Wc Monday 8th Dec'25 (tbc)	Springwood Drama Production ,"Alice in Wonderland	Drama Studio, Springwood High School	tbc	tbc	Drama Production	
Sunday 14th Dec'25	Sunday 14th Dec'25  West Norfolk Wind Orchestra Family Christmas Concert		Adults £5 Under 18s £3 Under 5 years free*	2.30pm	The Community Band of the West Norfolk Academies Trust	
Thursday 18th Dec '25 Springwood Christmas Concert		PHH, Springwood High School	Adults £5 Under 18s £3 Under 5 years free*	6.30pm	Big Band Cantabene Rock Choir Bella Voces Concert Band Sinfonia Kingsmen Les Mis Preview Year 7 Choir Soul Band	

Under 5s Free of Charge if do not require own seat (i.e. able to sit on parents' lap)

For Ticket Sales nearer the event date please visit

https://www.ticketsource.co.uk/springwood-high-school-music-department







#### **HAIRDRESSING**

#### **Creations Hair Salon**





#### Creations Hairdressing salon

Here at Springwood Highschool we offer all Hairdressing services. We have excellent salon facilities. Our year 12 (level 2) & year 13 (Level 3) students are always needing clients to complete their practical assessments.

All assessments are carried out under teacher supervision, we offer reduced prices due to the salon being a training environment.

If you would like to book in to help our students please call the salon on 01553 779403



We offer day appointments & every Tuesday evening.

Skin tests must be carried out for all colouring services 24-48hrs prior to the appointment.

We take Card payments only

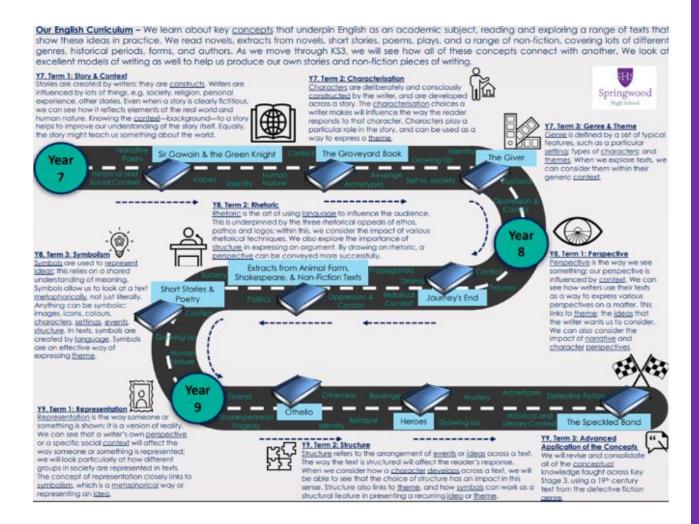






#### **CURRICULUM OVERVIEW**

It is important that parents have an understanding about the curriculum being followed for each of the subjects and what students are studying at different points in the year. Please log on to our website to see the curriculum overview and subject plans, here you will find learning journeys for each subject from KS3 through to KS5 and curriculum plans that give more detail on what will be taught. Curriculum and overview plans link











#### **SPARKS MATHS CHAMPIONS**

## **September Winners**



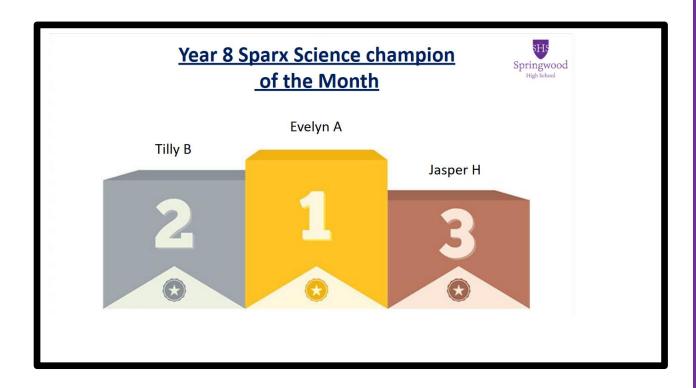






#### **SPARXS SCIENCE CHAMPIONS**

## **September Winners**





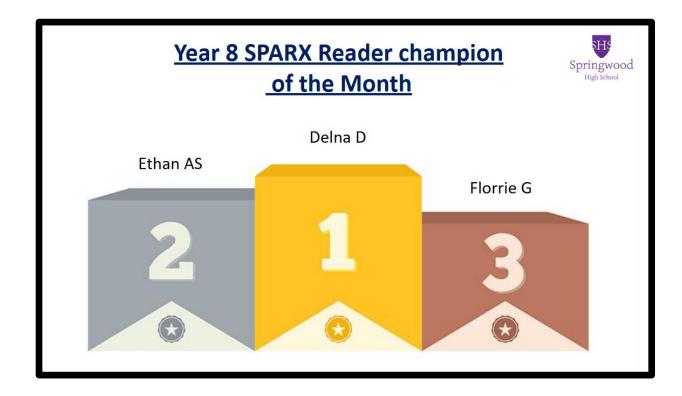






#### **SPARX READER CHAMPIONS**

## **September Winners**









#### **SPARX WINNERS**

### September 2025

#### **Sparx Reader Form Winners**

### Winning Form 8H2

## 8B1 **Charlotte KL** 8B2 Kara N 8F1 Auristida D 8F2 Eden K Viktor K 8H1 **Ethan AS** 8H2 801 Jake C 802 Fiel V **8S1** Joseph C **8S2** Delna D

### **Sparx Maths Form Winners**

### Winning Form 8F1

8B1	Luca G
8B2	Lily A
8F1	Ajinkya A
8F2	Matas K
8H1	Kevin J
8H2	Florrie G
801	Keith M
802	Elizabeth L
8S1	Amelia K
8S2	Edward M







## YEAR 8 NEWSLETTER

October 2025



#### **SPARX WINNERS**

#### October 2025

#### **Sparx Reader Form Winners**

### Winning Form 8H2

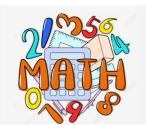
## 8B1 Luca G 8B2 **Eleanor D** 8F1 Mohamed A 8F2 Aimy A 8H1 **Kevin J** Ethan AS 8H2 801 **Keith M** 802 Fiel V **8S1 Evelyn A 8S2** Delna D

### **Sparx Maths Form Winners**

### Winning Form 8F1

8B1	Elizabeth P
8B2	Sana G
8F1	Ajinkya A
8F2	Lacie-Jayne C
8H1	Seren F
7H2	Ethan AS
801	Keith M
802	Elizabeth L
8S1	Leoni-Mia F
8S2	Aronas M











#### **SPARX HOMEWORK**



All homework's for all subjects are now being put onto my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

Year 7 are currently receiving weekly Maths and English homework on Sparx. After Christmas, they will also receive fortnightly homework's from Science, Geography, History and Languages.

The following homework support is available;

#### **Maths**

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm 4.30pm

#### **English**

• Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

#### All subjects

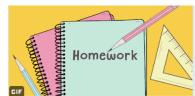
- Homework club in F10 3.30pm 4.30pm
- LRC before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.

If you have any further questions, please do not hesitate to contact me

directly <a href="mailto:c.loizou@springwoodhighschool.co.uk">c.loizou@springwoodhighschool.co.uk</a>

Year 8 have been receiving weekly Sparx Maths and English homework's and fortnightly homework's from Science, Languages, History and geography. All homework will be set and tracked on the my child at school app











### **HOMEWORK INFORMATION**

Below is a summary of the homework's they will receive and the days they will be set. All homework will be set and tracked on my child at school app

Sparx Reader Sparx Maths Sparx Science & \*\* SENECA

Homework



Subject	How often?	What day is it being set?	What is it being set on?	Support on offer	
Maths	Weekly	Wednesday	Sparx Maths	Breaktimes in B11 12:40pm -1pm in B11 After school sparx in B11 on Tuesdays, Wednesdays and Thursdays Email LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
English	Weekly	Friday	Sparx Reader	Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
Science	Fortnightly	Tuesday	Sparx Science	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
Geography	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
History	Fortnightly	Monday week 1	Google quiz/Seneca	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	
Languages	Fortnightly	Monday week 1	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday Thursday)	







#### **BI-VISIBILITY DAY**

Recognizing Bi-Visibility Day on 23rd September is important because it celebrates bisexual people and raises awareness about the unique challenges they face. Bisexual individuals are often misunderstood or erased, even within LGBTQ+ spaces. This day helps break stereotypes and promotes acceptance by acknowledging that bisexuality is real and valid. By supporting Bi-Visibility Day, our school shows that we value diversity and inclusion. It encourages open conversations, supports students who may feel invisible, and reminds us all that everyone deserves to be seen and respected for who they are.









#### **BIKE WORKSHOP YEAR 7**





'Pedal Power in action! Year 7 students took part in a fun and practical cycling workshop with Paul Youngman and Black Cat Cycles, where they improved their riding skills, learned essential bie maintenance tips. And some even received a bike of their own.

Thes sessions were part of the schools ongoing commitment to active , hands on learning





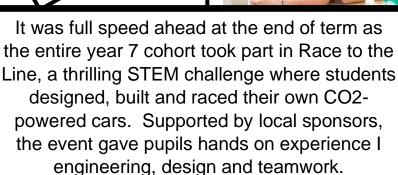




### RACE TO THE LINE YEAR 7







With 280 students competing under sunny skies excitement filled the playground as the handmade racers sped down the track. The day was a huge success, showcasing creativity, collaboration and innovation and inspiring future engineers in the process











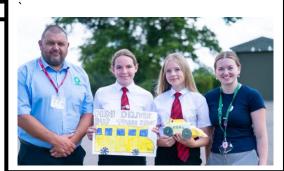


#### **RACE TO THE LINE YEAR 7**























### **REWARDS DAY - YEAR 7**





Year 7 had a rewards day at the end of the summer term celebrating their hard work over the year and they all had a great time working together with other students and part of a team, and even enjoying a water fight too.













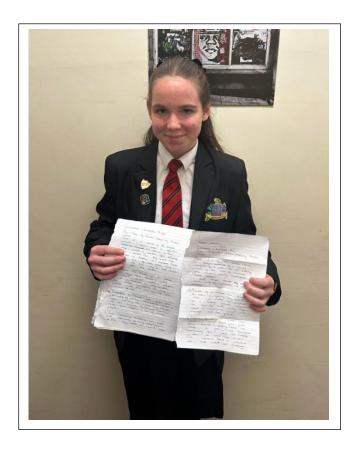








#### **BOOK REVIEW**



The first day back I had so many book reviews to read through as our year group had a fantastic summer reading lots of new and interesting books, well done! Elizabeth had read over 20 books over the summer break, so a special well done to her. Please encourage your child to read as much as possible so we can reach our target of 1,250 books read by Year 8. Here are some of our students with their amazing book reviews

Mrs Bunting - Head of Year







#### **STEM**



Stem Club – Theme is flight

It has been an amazing turn out

STEM club is held on Wednesdays
after school in JL11

See Mrs Colley for details











#### **AIMING FOR EXCELLENCE**















### **AIMING FOR EXCELLENCE**













#### **SCHOOL COUNCIL**



### Year 8 students for school council are:

Shanjana A – Diversity

Gracella H - Diversity

Zuzanna H – Diversity

Nojus K – Diversity

Peter P – Environmental

Astrid B-P Environmental

Maisie-Rose B – Environmental

Harry M – Environmental









### **ART CLUB**



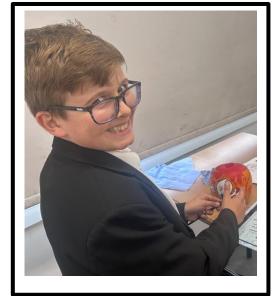






some very
creative art
work/pumpkins
completed in the
after-school art













#### STEM PRESENTATION EVENING









Pupils and parents celebrated success from all things STEM at our annual STEM award



evening. There were over 200 certificates given out to pupils celebrating their STEM success from throughout the year. Pupils from a range of year groups celebrated

achieving their accredited CREST awards, building



rocket cars, coding pictures to send to space, and designing, building and racing a soap box to just name a few. Pupils were inspired to carry on this hard work at our 3 x STEM clubs with an additional new Lego league club.











#### YEAR 8 HALLOWEEN DISCO











1<sup>ST</sup> VITAR 2<sup>ND</sup> SCARLETT L 3<sup>RD</sup> FLORRE, REILLY, SANA, FARRAH









## ACHIEVEMENT POINTS LEADER BOARD (as of 13th October 2025)

Teddy D	120	Keith M	66	Abigail P	60
Erick RA	119	Orinta P	66	Astrid BP	60
Dexter W	109	Julia J	66	Bridie D	59
Kamile D	99	Eliana A	65	Marc A	59
Joseph C	92	Matas P	65	Elsie S	59
Felicity M	87	Melani Z	64	Elizabeth L	59
Sophia D	82	Evie E	64	Archie B	59
Eleanor D	80	Ethan AS	64	Frances H	59
Ayo O	80	Daniele J	64	Jack T	58
Amelia K	79	Verity OC	64	Daniel W	58
Dan J	78	Isabelle M	64	Florrie G	58
Riley S	75	Jasper H	63	Theo M	58
Abinal J	71	Aeryn H	63	Chukwuebuka N	58
Henry H	70	Larisa C	63	Peyton W	58
Devlin J	68	Viktor K	62	Connie C	57
Lacie-Jayne C	68	Vitar K	62	Luca G	57
Cassandra F	68	Alyssa H	62	Elizabeth P	57
Tilly B	67	Lily A	61	Aiva M	57
Camden M	67	Esme H	61	Kaiden S	57
George G	67	Imogen WB	61	Thomas R	56
Francis C	66	Evelyn A	61	Ajinkya A	56







#### **NETBALL**

### Springwood v Downham Market - lost



I think we did really good from netball on Tuesday 16th September 2025 we played against KES.

We had 8 players. The reason we did really good is because we had great communication with each other and kept are feet moving and not giving up, the score was 32/5 to us overall we played very well and I'm looking forward to upcoming games

Inesa P









#### **FOOTBALL**

## **Springwood v Neal Wade won 4-3 penalties**



## **Springwood v KES 6-0**



1st half Ella in year 9 scored 1 goal and the score was 1-0 to us and in the 2nd half Izzy scored a hat trick (3 goals) so it came to 4-0 to us then Ellie scored 2 times. At the end the score was 6-0 to us







#### **HOUSE NETBALL**







Year 8 students made the year 7 student feel welcome and really took some of them 'under their wing' due to many of the year 7's never playing a netball match properly before.







### **HOUSE NETBALL**











#### **HOUSE RUGBY**



## House Rugby

lots of year 8 students turned up to have a game of rugby and compete against all the houses

After school Rugby is held on Wednesdays









#### **RUGBY TOURNAMENT**



On Friday the 3rd of October, Springwood year 8s boys travelled to Wymondham to play in the Norfolk schools rugby cup. Springwood were in the top tier with Notre Dame, Aylesham, Wymondham and Fakenham. Our first game was against Fakenham, a very physical side, we lost 2-0. After the loss to Fakenham, everyone was fired up ready to win. Notre Dame played us next, they were a physically larger opposition but we passed well creating space for us to score. We won 2-1. Our 3rd game was against Aylesham, they left gaps on the wing so we could run around them and score. The result was a 4-0 victory. It was time to play the final game against Wymondham, it started off very tight then a straight hard run from Springwood broke the line creating a try. Then Springwood intercepted a misplaced pass resulting in a winning try securing a 2-0 victory.

Written by Luca G.









#### **YEAR 8 AFTER SCHOOL CLUBS**

Monday	Lunchtime: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 First lego league - 12.40 to 13.20 - O7 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2  After School: Cantabene singers (invite only) - 15.40 to 16.40 - MU2 Chess club - 15:25 to 16:30 - LRC
Tuesday	Lunchtime: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1  After School: Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Netball girls - 15.30 to 16:30 - girls changing room
Wednesday	Lunchtime:  Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Crochet knitting club - 12.50 to 13.15 - LRC Lego coding club - 12.50 to 13.15 - O6 Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 -MU1 Language club - 12.40 to 13.20 - F4  After School: Maths Club - 15:30 to 16:30 - B11 Photography club - 15.30 to 16.30 - B12 Cooking club - 15.30 to 16.30 - T5 STEM club - 15.30 to 16.30 - JL11 High voltage (rock/pop choir) - 15.40 to 16.40 - sixth form hub Soul band (invite only) - 15.40 to 16.40 - MU2
	Cooking club (week 2) - 15.30 to 16.30 - T5 Boys rugby - 15.30 to 160.30 - boys changing rooms









### Thursday Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1 Bella voices (Female voices) - 12.40 to 13.20 - MU2

#### After School:

Maths Club - 15:30 to 16:30 - B11

History club (Starting 18th Sept) - 15.30 to 16.30 - S7

Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio

Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than

2½ years) - 15.40 to 17.00 - MU1

Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2

Basketball all - 15.30 to 16.30 - boys/girls changing rooms

Football girls - 15.30 to 16.30 - girls changing room Football boys - 15.30 to 16.30 - boys changing room

#### Friday Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11

Guitar group - 12.40 to 13.20 - MU1

Vegan & vegetarian society - 12.40 to 13.20 - S12 (start date TBC)

#### After School:

Dance club - 15.30 to 16.30 - West gym

Fitness Friday - 15.30 - 16.30 - South gym and south field (weather dependent)

Big band (invitation) - 15.40 to 16.40 - MU1 'Les Mis full cast - 15.40 to 16.40 - PHH

Rugby girls - 15.30 to 16.30 - girls changing room









#### EXTRACURRICULAR AT SPRINGWOOD HIGH SCHOOL

We are exceptionally proud of the free extracurricular offerings we have at Springwood high school.

All the clubs that are being offered can be found here <u>Extracurricular timetable</u>. This

half term has seen a large number of students getting involved in a variety of different clubs.

If there is something your child would like to do that is not offered, or if you know someone that would be willing to come and run a club after school that we currently

do not offer please contact extracurricular@springwoodhighschool.co.uk

#### PE AFTER SCHOOL CLUBS



2025-2026 EXTRA-CURRICULAR SPORT (3.25 – 4.30pm)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Y7 Football  Jca  Y10 Football  Jbx  Y7 Netball  Jb]  Y8 Netball  Lev	Boys Rugby All Years Jca, Jbx, Odn Y9 Netball Su	All Years Basketball Jea  Girls Football All Years Jbx  Y8 Football Jpg  Y9 Football Pdn  Y10 Netball Les  Y11 Netball Bf	Girls Rugby All Years J.C.A.

Any questions: Please see your PE Teacher for further details.





#### YEAR 8 NEWSLETTER

October 2025



#### **SEA CADETS**







### **SEA CADETS**

Join us and start your adventure today

**Tuesday and Thursdays** 18:45-21:00

On and off the water the Sea Cadets offer a range of activities and qualifications:

- Rowing
- Sailing
- **First Aid**
- Navigation
- Engineering
- Leadership

Facebook

& Many More!



Recruiting for Junior Sea Cadets (ages 10-12), Sea Cadets (ages 12-18) Royal Marine Cadets (ages 13-18) For more information email: unit@kingslynnseacadets.org.uk or find us on

King's Lynn Sea Cadets and Royal Marine Cadets to let you know that we are currently recruiting new members aged 10-18. Our organisation provides young people with opportunities to develop skills for life through exciting activities on and off the water, including boating, adventure training, teamwork challenges, leadership skills, and nationally recognised qualifications such as First Aid, BTECs and the Duke of Edinburgh's Award.





#### ROYAL MARINE CADETS

A different kind of adventure, launching you for life today

Tuesday and Thursdays 18:45-21:00

On and off the water, as part of the Sea Cadets, Royal Marine Cadets offer a range of activities and qualifications:

- → Map Reading
- **Boating Qualifications** 
  - First Aid
  - Leadership

Recruiting for Junior Sea Cadets (ages 10-12), Sea Cadets (ages 12-18) Royal Marine Cadets (ages 13-18)

For more information email: unit@kingslynnseacadets.org.uk or find us on Facebook







#### ST FAITHS CHURCH



We are pleased that FiSH - Food in School Holidays will be on again this October Half Term holiday

#### FiSH - Food in School Holidays

FREE breakfast club for pre-schoolers and school age children and their parents/carers in Gaywood Church Rooms on Tuesday 28th October 9.30am to 11.30am. Lots of yummy breakfast items - cereals, toast, fruit, juice, yoghurts, pastries, sausage and eggs. Plus! Games and magazines.

For more information, see the St. Faith's Facebook page @stfaithsgaywoodlep









#### **School Term Dates**

First Day of Term	Last Day of Term	
Thursday 4 <sup>th</sup> September 2025	Thursday 23 <sup>rd</sup> October 2025	
Monday 3 <sup>rd</sup> November 2025	Friday 19 <sup>th</sup> December 2025	
Tuesday 6 <sup>th</sup> January 2026	Friday 13 <sup>th</sup> February 2026	
Monday 23 <sup>rd</sup> February 2026	Friday 27 <sup>th</sup> March 2026	
Monday 13 <sup>th</sup> April 2026	Friday 22 <sup>nd</sup> May 2026	
Monday 1 <sup>st</sup> June 2026	Friday 17 <sup>th</sup> July 2026	

#### **Training Days & Bank Holidays**

Training Day – 1 <sup>st</sup> and 2nd September 2025, 24 <sup>th</sup> October 2025, 5 <sup>th</sup> January 2026				
Good Friday – 3 <sup>rd</sup> April 2026				
Bank Holiday – 4 <sup>th</sup> May 2026				



We have now moved over to Bromcom.

If you have not signed up or experiencing difficulties, please go onto the school website and click the Bromcom tab. There are instructions for logging in and an email address for help.

#### **Latest News**



For all the very latest Springwood School news please follow @SHSKingsLynn

For all the latest Sport & PE news please follow @SHSS\_PE







#### The PTFA need you!

We are always on the lookout for new members.



All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events. Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

To get in touch, please email <a href="mailto:ptfa@springwoodhighschool.co.uk">ptfa@springwoodhighschool.co.uk</a>. We would love to hear from you.

#### **Lost Property**

If your child loses any property during the school day, they can check in the following places –

- Year Office
- Lost Property basket in the canteen near the music rooms
- Lost property basket in the LRC near the teacher's desk
- Go to reception and ask if anything has been handed in

If they do not find it, please tell them to ask the Year Office to send an email to the Lost Property email address

#### **TIES TO ORDER**

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office. The child will get a note when they are ready to collect.





### YEAR 8 NEWSLETTER

October 2025



### **School Uniform Policy**

We are proud of our uniform at Springwood, it promotes the ethos of Springwood, provides a sense of belonging and identity for the students and sets an appropriate tone for education. We therefore ask that students wear their uniform correctly and with pride

#### **School Uniform & Sports Kit Checklist**

- \*Blazer
- \*White, stiff collar school shirt
- \*House colour school tie
- \*\*Plain black tailored trousers
- \*School skirt
- \*School shorts
- \*School jumper

Plain black tights or plain black socks that must at least cover the whole ankle (Trainer socks, and footless tights or leggings are not allowed)
Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)
Plain coat (no logos or other markings) long enough to cover blazer properly





#### PE KIT

#### Compulsory:

\*Springwood PE shirt Black Shorts Black Socks

Trainers (non-marking sole with grip) Football Boots

#### **Optional:**

\*Springwood sweatshirt
Black Track Suit Bottoms
Plain Black leggings
Plain Black 'skin' can be worn under
PE shirt
Shin pads and gumshields

#### Items marked \* can only be bought through the school website from Price & Buckland

\*\*Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website.









### **Price & Buckland Update**

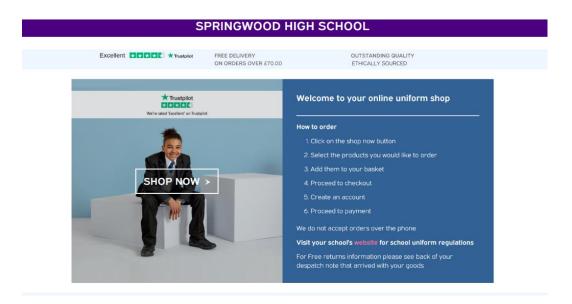
Price and Buckland are updating their uniform shop for parents.

The new website will give parents the following benefits:

- Parents with children at different schools will be able to order from multiple schools with ease.
- Parents will be able to spread payment across 3 months through Klarna.
- Parents will be prompted how close they are to the free delivery threshold.
- Parents will have more payment options with the introduction of Apple Pay and Google Pay.

Parents who have ordered from them previously will need to reset their password and they can use the same password as before. Parents, who are new to Price & Buckland, will need to register as usual.

It goes live on the 11th February and the school website link is updated.









#### **EQUIPMENT**

#### **Equipment Checklist**

All students should have the following with them every day – School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen, Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU











The PTFA dived straight back into the new academic year with the launch of our new lottery initiative – The 100 Club. We had 54 applications in total and the first draw took place on Wednesday 22 October.

We're thrilled to announce the winners as follows:

C Cannell – 1st prize of £48.60 (lottery no 33)

K Codling – 2nd prize of £29.16 (lottery no 37)

T Goode – 3rd prize of £19.44 (lottery no 3)

Everyone that signed up are included in the remaining 5 draws for the academic year. However, if you still want to participate you can. Entries for the remaining lottery draws will be open again after the October Half term break and will cost £20.

The application form and lottery details are available on our website at <a href="https://www.springwoodhighschool.co.uk/page/?title=PTFA&pid=137">https://www.springwoodhighschool.co.uk/page/?title=PTFA&pid=137</a> or you can email 100club@sprongwoodhighschool.co.uk for further information.

Our Annual General Meeting took place on 22nd October. Minutes and reports from the meeting will be available soon on the PTFA section of the school website for anyone who couldn't attend but would like to stay informed. We've also welcomed two new members to our committee from the latest year 7 cohort and can't wait to work with them on new initiatives and fundraising ideas. But we're always on the lookout for additional helping hands at events – so if you're interested, please drop us a line at <a href="mailto:ptfa@springwoodhighschool.co.uk">ptfa@springwoodhighschool.co.uk</a>







In terms of events this half term, we have organised and run two Halloween discos.





Spooktacular fun was had by all and the effort made with the fancy dress was brilliant, with 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prizes going to both year groups.

In the spirit of the season, the PTFA was also able to source 45 pumpkins for a special Year 7 art project. Students had a fantastic time getting creative and the final pieces went on display at their Halloween disco.

#### DATES FOR DIARIES FOR UPCOMING EVENTS

### 21st November – Bingo

Get ready for our first **Bingo Night** of the academic year! Always a favourite it promises fun, prizes, and a great atmosphere. Mark your calendars and bring your dabbers!











#### 28th November – Christmas Craft Fair

Now in its third year, our Christmas Craft Fair is fast approaching! With stallholder bookings already rolling in, it's shaping up to be our biggest and best yet. Whether you're looking for handmade gifts, festive treats, or just a bit of Christmas cheer, it's not to be missed.









#### Our current PTFA committee members are shown below:

Chair	Vice Chair	Secretary	Treasurer
Fez Williams	Emma Norris	Rachel Curtis	Geoff Martin
\$ **			
Member	Member	Member	Teacher
Laura Farr	Suzi Pimlott	Leena Prins	Richard Thompson
		Picture not available	
Member	Member	Member	
Gem Coady	Jody Bunting	James Hoyland	











# Happy Half Term Holiday

# See you all back on Monday 3<sup>rd</sup> November 2025

