




Springwood
High School
YEAR 8 NEWSLETTER
February 2026



Message from Mr Johnson

Although we have had several rainy days and cloudy skies, it has definitely been a successful term! As I write, the intrepid year 11 cohort are working hard on their pre public examinations (PPEs or "Mock examinations" as we used to call them!). I have been very impressed by their hard work and attitude towards these important examinations.

Mr Adcock and our early applicant Sixth Form students have seen the fruits of their labour this month with six offers from Oxbridge. This is the highest number of offers we have ever received from Oxford and Cambridge. Well done to all those who applied for this most rigorous of processes. We await further news for our medicine and veterinary medicine courses later this term. On a similar vein, Mr Coote has been challenging youngsters in the main school to "Aim for Excellence". My team and I have thoroughly enjoyed meeting these students and discussing the additional work they have chosen to do.

The Year 11 Presentation Evening was an excellent celebration of a wonderful Year 11 cohort. Congratulations to Mrs Mann and Mrs Rawlinson for organising such an excellent celebration. It was a privilege to accompany the Queen's Prize winner, Juan Camilo Cervantes Torres and his family to Sandringham, where he was presented the prize by HRH King Charles. An amazing morning for us all!

Finally, I must give a HUGE thank you to Mr Norman and his team for the excellent "Les Misérables" performances. Our students, staff and volunteers delivered a professional quality production over three packed out performances. As we all know, this does not happen by accident. Our students, staff and volunteers put in hundreds of hours of practice to make such an outstanding show. I cannot wait for Jesus Christ Superstar next year!

Have a well earned break over half term

Mr Johnson
Head Teacher






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Message from Mrs Bunting - Head of Year 8

This half term has been a true celebration of how amazing Year 8 are doing! This half term I ran a four week Brightening up January Challenge, which unfortunately didn't help with the weather. This was a series of challenges for students to push themselves, and try and do a little bit extra. There has been a leader board running and we have our final week this week with winners being announced when we return after half term. Our top three students so far are Keith M, Lacie-Jane C and Taylor S. There is only one point between each of their places, so I can't wait to see who will be the winners at the end of this week. Elizabeth P, Felicity M, Jasper H, Alyssa H are not far behind getting into the top 3 spot! Keep up the fantastic work Year 8. I have had some wonderful emails from parents shouting out students, I've picked some of these and put them on page 22 for you to read.

Before we know it, it will be the Year 8 rewards Day and Springfest will be upon us. 8F2 have hosted a bake sale today to help raise funds for the day which is fantastic! Lots of amazing cakes. Thank you also to those who came to support our Y8 Valentines Disco, this also goes towards supporting funds for Springfest. We had some brilliant dancers, and prizes were handed out. Please see photos of this on page 21.

Next half term brings an exciting super learning day and hopefully some brighter mornings and evenings for us all. Our next Super Learning Day, is about sustainability and Industrial Awareness and we are lucky enough to have Palm Paper sponsoring the event for us.

I would also like to say a huge thank you to the lovely Mrs Beasley who has been supporting the Y8 office in Mrs Isle's absence and hopefully we will see Mrs Isle back soon, but we continue to send her our well wishes.

I look forward to welcoming Year 8 back on Monday 23rd February, with correct uniform and equipment. Please see our uniform information on page 6 if you need a reminder. I wish you all a restful half term.

Mrs Bunting
Head of Year 8



Year 8 Team

**Mrs Bunting
&
Mrs Isle**



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CONTACTING THE YEAR 8 OFFICE

Please can you use the following email accounts to make contact with the Year 8 Office
Mrs E Bunting, Head of Year 8 e.bunting@springwoodhighschool.co.uk
Mrs C Isle, Year 8 Manager c.isle@springwoodhighschool.co.uk
General Year email classof2029@springwoodhighschool.co.uk
The direct dial telephone number for Year 8 Office 01553 778092
School Website www.springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell? – If your child is unwell, please call the Year 8 Office on 01553 778092 or email classof2029@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a “Leave of Absence Form.” These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 8 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

Year Group Key Dates

Date	Event
23 rd February 2026	Return to school
27 th March 2026	Super Learning Day
27 th March 2026	Last Day of Term

Year 8 Office (24/7 direct dial) 01553 778092 Website www.springwoodhighschool.co.uk

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ATTENDANCE

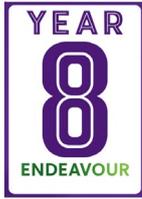
Attendance update February 2026

We have an amazing 148 students who continue to remain at 100% attendance for the year, and almost 800 students with no time off school since Christmas. This is amazing for this time of year, especially following the bouts of colds and flu that has been widely reported across the country. Well done to every one of these students.

As stated in the previous newsletter, unless your child is suffering from sickness or something infectious, they should be able to attend school. Please continue to communicate with the relevant year office, before 8:30am, if they are too ill to attend.

You will have recently started receiving emails regarding FACE Family Advice. You will continue to get monthly emails regarding the talks available that month. Please sign up to anything of interest - there are sessions in the morning and evening, and if you are then unable to attend you will be sent a recording of the talk. Talks this month have included Anxiety Based School Avoidance, and, post half term, Supporting Healthy Sleep. Instructions to access the talks are included in the email.

Mrs Moss & Mrs Taylor




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Parents can access details about their child at school by using the MyChildAtSchool (MCAS) app. Your child can access the student portal by using the Bromcom Student App.

These apps contain real time information about student timetables, attendance, reports, messages, homework, achievement/behaviour and paying for school trips and dinners.

The apps are both available from Google Play and the Apple AppStore. A basic user guide, along with other support materials can be found at <https://docs.bromcom.com/article-categories/for-parents/>

If you forget your password please click on the Reset Password link on the App, or, using your web browser, go to the relevant website and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS or Bromcom Student account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

MCAS: www.mychildatschool.com

Bromcom: www.bromcomvle.com/?schoolid=14633




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UNIFORM REMINDER

At Springwood High School we are very proud of our students who are wonderfully presented and wear our school uniform with pride. This is extremely important to build a school identity amongst the pupils and the wider community. We would like to remind all parents that the school uniform policy can be found on our website. We also, would like to draw attention to the following;

- The only jewellery students are permitted to wear is one pair of studded earrings and a wrist watch.
- False nails must not be worn.
- Any nose stud must be a clear plastic retainer
- Students are not permitted to wear leggings.
- Please check the policy for acceptable footwear - and note that branded black shoes (Nike Airforce, Adidas etc) are not permitted.
- Blazers must be worn at all times.

With the change in season students are encouraged to bring a coat to school, this must be plain in colour and fit over the school blazer. Hoodies are not acceptable.

We thank you in advance for your support with this.

A copy of our full uniform policy can be found here:

<https://www.springwoodhighschool.co.uk/site/data/files/users/2/uniform/F3C897E71A779321B863438D129E094C.pdf>



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Music Events Calendar 2025/26

Spring Term 2026

Date	Event	Venue	Ticket Prices	Time(s)	Groups Involved (Provisional)
Tuesday 27th Jan '26	Les Miserables ('semi-staged' Musical) – <i>with live Orchestra</i>	PHH, Springwood High School.	Adults £8 Under 18s £5 Under 5 years free*	6.30pm	-----
Wednesday 28th Jan '26	Les Miserables ('semi-staged' Musical) – <i>with live Orchestra</i>	PHH, Springwood High School.	Adults £8 Under 18s £5 Under 5 years free*	6.30pm	-----
Thursday 30th Jan '26	Les Miserables ('semi-staged' Musical) – <i>with live Orchestra</i>	PHH, Springwood High School.	Adults £8 Under 18s £5 Under 5 years free*	6.30pm	-----
Thursday 12 th Feb '26	Spring Recital (<i>incorporating A-Level Mock Performance Exam</i>)	Recital Room (Mu1), Springwood High School	Free (with retiring collection)	6.00pm	Soloists and Small Ensembles from Springwood High School
Friday 6th Mar'26 (Provisional)	Music for Youth Regional Festival	PHH, Springwood High School.	Free	9.00am - 4.30pm	Musical groups of all types and sizes from across the WNAT and elsewhere, competing for a place at the National Festival in Birmingham in July.
Thursday 12 th Mar '26	Concert Band Spectacular	PHH, Springwood High School	Adults £5 Under 18s £3 Under 5 years free*	6.30pm	Springwood Concert Band West Norfolk Wind Orchestra (<i>the Community Band of WNAT</i>)
Tuesday 17th Mar'26 (Provisional)	Schools Make Music Concert	Corn Exchange	Corn Exchange Box Office	6.30pm	Springwood Concert Band plus Choirs and Vocal groups from other trust schools.
Thursday 30 th April	Cross Trust Vocal Evening	Drama Studio, Springwood High School	All Tickets £3 (<i>proceeds towards future cross-trust music events</i>)	6.00pm	Vocal Soloists, Duets and Choirs from across the West Norfolk Academies Trust
Thursday 23 rd April	Cross Trust 'Battle of the Bands'	Drama Studio, Springwood High School	All Tickets £3 (<i>proceeds towards future cross-trust music events</i>)	6.00pm	Rock and Pop soloists and Bands from across the West Norfolk Academies Trust

Under 5s Free of Charge if do not require own seat (i.e. able to sit on parents' lap)

For Ticket Sales nearer the event date please visit <https://www.ticketsource.co.uk/springwood-high-school-music-department>

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HAIRDRESSING

Creations Hair Salon



*Creations
Hair*



Creations Hairdressing salon

Here at Springwood Highschool we offer all Hairdressing services. We have excellent salon facilities. Our year 12 (level 2) & year 13 (Level 3) students are always needing clients to complete their practical assessments.

All assessments are carried out under teacher supervision, we offer reduced prices due to the salon being a training environment.

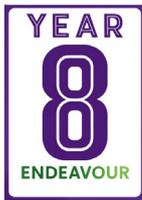
If you would like to book in to help our students please call the salon on 01553 779403



We offer day appointments & every Tuesday evening.

Skin tests must be carried out for all colouring services 24-48hrs prior to the appointment.

We take Card payments only



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CURRICULUM OVERVIEW

It is important that parents have an understanding about the curriculum being followed for each of the subjects and what students are studying at different points in the year. Please log on to our website to see the curriculum overview and subject plans, here you will find learning journeys for each subject from KS3 through to KS5 and curriculum plans that give more detail on what will be taught. [Curriculum and overview plans link](#)

Our English Curriculum – We learn about key concepts that underpin English as an academic subject, reading and exploring a range of texts that show these ideas in practice. We read novels, extracts from novels, short stories, poems, plays, and a range of non-fiction, covering lots of different genres, historical periods, forms, and authors. As we move through KS3, we will see how all of these concepts connect with another. We look at excellent models of writing as well to help us produce our own stories and non-fiction pieces of writing.

Y7 Term 1: Story & Context

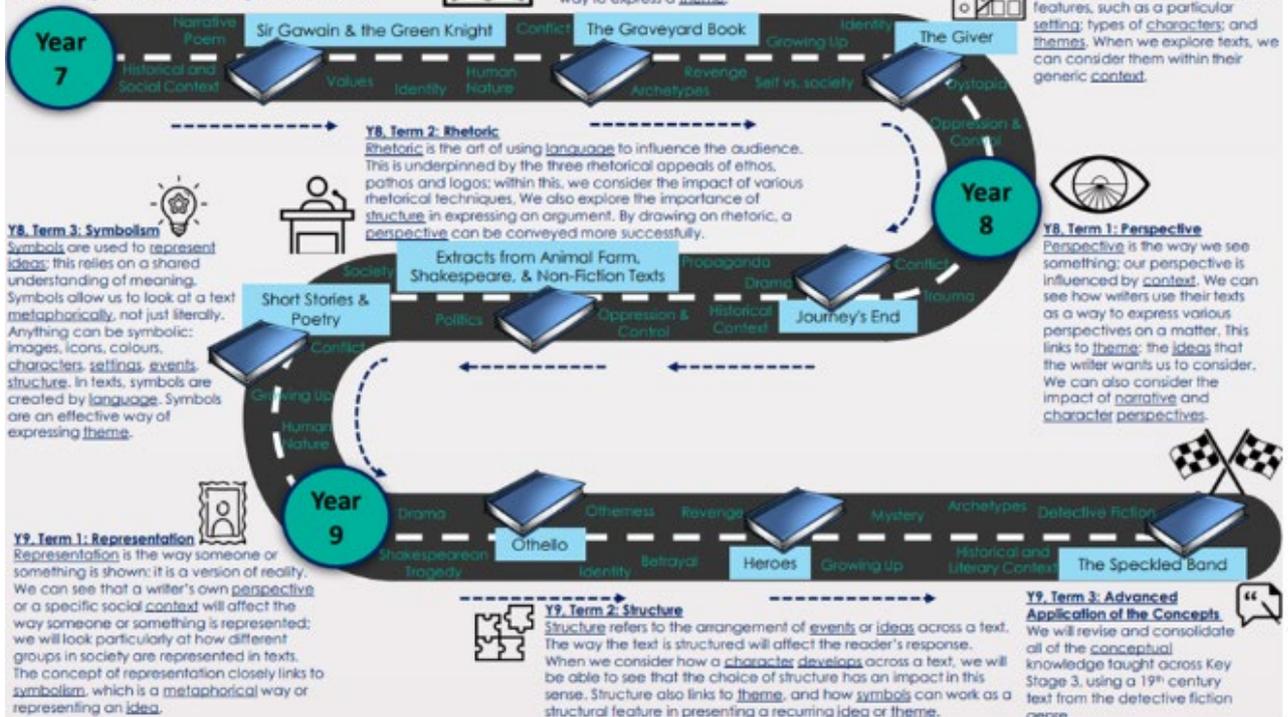
Stories are created by writers; they are constructed. Writers are influenced by lots of things, e.g. society, religion, personal experience, other stories. Even when a story is clearly fictitious, we can see how it reflects elements of the real world and human nature. Knowing the context—background—to a story helps to improve our understanding of the story itself. Equally, the story might teach us something about the world.

Y7 Term 2: Characterisation

Characters are deliberately and consciously constructed by the writer, and are developed across a story. The characterisation choices a writer makes will influence the way the reader responds to that character. Characters play a particular role in the story, and can be used as a way to express a theme.

Y7 Term 3: Genre & Theme

Genre is defined by a set of typical features, such as a particular setting; types of characters; and themes. When we explore texts, we can consider them within their generic context.



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SPARX MATHS CHAMPIONS

December Winners

Sparx Maths

Year 8 Maths sparx champion
of the Month

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High School

Elizabeth L

Martin S

Fiel V

A podium graphic with three steps. The left step is grey with a white number '2' and a silver star. The middle step is yellow with a white number '1' and a gold star. The right step is brown with a white number '3' and a bronze star. The names Elizabeth L, Martin S, and Fiel V are positioned above their respective steps.

January Winners

Sparx Maths

Year 8 Maths sparx champion
of the Month

SHS
Springwood
High School

Keith P

Ibrahim C

Florrie G

A podium graphic with three steps. The left step is grey with a white number '2' and a silver star. The middle step is yellow with a white number '1' and a gold star. The right step is brown with a white number '3' and a bronze star. The names Keith P, Ibrahim C, and Florrie G are positioned above their respective steps.

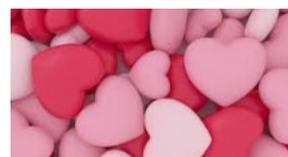
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SPARX SCIENCE CHAMPIONS

December Winners

Year 8 Sparx Science champion
of the Month



Ethan A-S Zimchi I Nojus K



A podium with three steps. The left step is grey with a white number '2' and a star icon. The middle step is yellow with a white number '1' and a star icon. The right step is brown with a white number '3' and a star icon.

January Winners

Year 8 Sparx Science champion
of the Month



Aaron S Maisey-Jayne W Sana G



A podium with three steps. The left step is grey with a white number '2' and a star icon. The middle step is yellow with a white number '1' and a star icon. The right step is brown with a white number '3' and a star icon.

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SPARX READER CHAMPIONS

December Winners

Year 8 SPARX Reader champion of the Month



Ethan AS Leonard L Edgar K



A podium graphic with three steps. The left step is grey with a white number '2' and a star icon. The middle step is yellow with a white number '1' and a star icon. The right step is brown with a white number '3' and a star icon.

January Winners

Year 8 Sparx Reader champion of the Month



Ethan A-S

Delna D Mohamed A



A podium graphic with three steps. The left step is grey with a white number '2' and a star icon. The middle step is yellow with a white number '1' and a star icon. The right step is brown with a white number '3' and a star icon.

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SPARX WINNERS

January 2026

Sparx Reader Form Winners

Winning Form 8H2

8B1	Camden M
8B2	Sana G
8F1	Mohamed A
8F2	Eden K
8H1	Viktor K
8H2	Ethan AS
8O1	Dan J
8O2	Fiel V
8S1	Beau H
8S2	Delna D

Sparx Maths Form Winners

Winning Form 8O2

8B1	Elizabeth P
8B2	Lily A
8F1	Keith P
8F2	Ibrahim C
8H1	Eryn C
8H2	Vitar K
8O1	Keith M
8O2	Elizabeth L
8S1	Amelia K
8S2	Aronas M





SPARX WINNERS

February 2026

Sparx Reader Form Winners

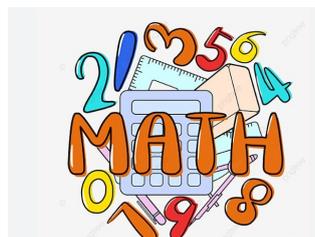
Winning Form 8S2

8B1	Camden M
8B2	Barney G
8F1	Mohamed A
8F2	Jacob D
8H1	Viktor K
8H2	Ethan AS
8O1	Connie M
8O2	Thea H
8S1	Joseph C
8S2	Dexter W

Sparx Maths Form Winners

Winning Form 8H2

8B1	Charlotte K-L
8B2	Callum L
8F1	Keith P
8F2	Ibrahim C
8H1	Mehmet O
7H2	David P
8O1	Dan J
8O2	Elizabeth L
8S1	Amelia K
8S2	Aronas M





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SPARX HOMEWORK



All homework's for all subjects are now being put onto my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

Year 7 are currently receiving weekly Maths and English homework on Sparx. After Christmas, they will also receive fortnightly homework's from Science, Geography, History and Languages.

The following homework support is available;

Maths

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm - 4.30pm

English

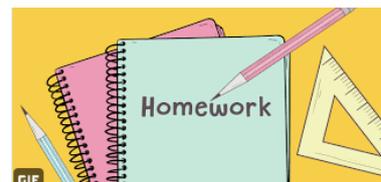
- Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

All subjects

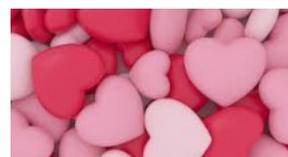
- Homework club in F10 3.30pm - 4.30pm
- LRC - before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.

If you have any further questions, please do not hesitate to contact me directly c.loizou@springwoodhighschool.co.uk



Year 8 have been receiving weekly Sparx Maths and English homework's and fortnightly homework's from Science, Languages, History and geography. All homework will be set and tracked on the my child at school app



HOMEWORK INFORMATION

Below is a summary of the homework's they will receive and the days they will be set. All homework will be set and tracked on my child at school app

Sparx Reader
Sparx Maths
Sparx Science







Homework

Subject	How often?	What day is it being set?	What is it being set on?	Support on offer
Maths	Weekly	Wednesday	Sparx Maths	Breaktimes in B11 12:40pm -1pm in B11 After school sparx in B11 on Tuesdays, Wednesdays and Thursdays Email LRC - before school, break, lunch and after school Homework club after school in F10 (Monday-Thursday)
English	Weekly	Friday	Sparx Reader	Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays LRC - before school, break, lunch and after school Homework club after school in F10 (Monday-Thursday)
Science	Fortnightly	Tuesday	Sparx Science	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday-Thursday)
Geography	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday-Thursday)
History	Fortnightly	Monday week 1	Google quiz/Seneca	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday-Thursday)
Languages	Fortnightly	Monday week 1	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday-Thursday)



ACHIEVEMENT POINTS LEADER BOARD (as 11th February 2026)

Erick RA	311	Harry S	184	Eleanor D	166
Dexter W	295	Bridie D	182	Max F	166
Ethan AS	244	Lacie-Jayne C	180	Florrie G	166
Joseph C	238	Julia J	179	Delvin J	165
Felicity M	227	Amelia K	179	Adam S	165
Sophia D	222	Matas P	179	Leonard L	164
Sophia D	168	Eliana A	178	Melani Z	162
Teddy D	209	Ella M	178	Emmanuel A	161
Dan J	206	Evelyn A	177	Isabelle F	161
Keith M	204	Leoni-Mia F	177	Kamile D	160
Camden M	201	Mohamed A	176	Cassandra F	159
Elizabeth P	200	Luca G	176	Elizabeth L	159
Jasper H	193	Verity O'C	174	Johan P	158
Paige A	190	Lewis G	174	Gabriela F	157
Huxley P	189	Abinal J	174	Beatrice G	157
Alexandra C	187	Ebuka N	174	Daniele J	157
Lily A	186	Keith P	174	Charlie H	156
Charlotte K-L	186	Riley S	174	Jackson C	152
Ajinkya A	184	Aiva M	172	Jack T	152
Vitar K	184	Alyssa H	169	Emelia-Laci B	151
Ayo O	184	Esme H	168	Barney G	151



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Lego League Event

On Thursday 5th February 2026. Me and a group of people who went to Lego club which is held after school on Monday got selected to go to Getech in Ipswich to compete in a competition called Lego League. It was a great learning experience. We were able to use Lego and code robots which gave us loads of new career ideas. We all did well. We were coding the robot to do missions in two minutes and we got a lot done. Unfortunately, we didn't win any trophies. We came third when the robot was doing the missions. But we all still got medals which counts as a win.

Ibrahim C





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House Basketball



The tournament consisted of 3 games, each lasting 6 minutes. During the game you have to score as many baskets as possible. Each basket was equal to 2 points or 3 points if from further back. It was a really fun experience and even more fun when playing with friends. Overall in...

1st – Oxburgh

2nd – Sandringham

3rd Felbrigg & Holkham

Well done to all the players, we all played great and tried our best. I would play again and hopefully we will win next time.

Frances H



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Aiming for Excellence



Our second Aiming for Excellence check in was amazing, the work that Y8 have produced is incredible and there is so much work that has gone into it. Mrs Bunting



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Year 8 Valentines Disco



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YEAR 8 BRIGHTENING UP JANUARY CHALLENGE

Shoutouts from teachers

The following students for completing every Sparx Science homework since the start of the year:

Reilly C
Jacob D
Cassandra F
Zuzanna H
Elizabeth L
Harry M
Jayden O
Harry S
Dexter W

Miss Dawson

Theo W has shown kindness, commitment and maturity to school since day one. I am proud to have this student in my form.
Mr McGregor

Maintaining excellent focus in lessons:

Lacie-Jane C
Dexter W
Romeo H

Mrs Wagg

The following students for meeting and exceeding expectations in terms of classwork, participation, behaviour and homework:

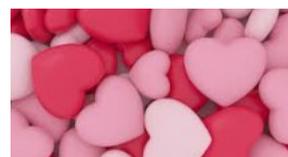
Joseph C
Leoni-Mia F
Alyssa H
B Hemeter
B Hemeter
Dylyn H

Felicity M
Kaiden S
Elsie S
Amelia K
Olivia L

Mr Fernandez




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Being confident enough to read in front of the class:

Aneesia R
Taylor S
Keith M
Felicity M
Abinal J

Mr Ogutu

Arthur K – Continuously trying his best, super polite as always!

Diana K – dedication to music and rehearsal, always practicing in the music dept.

Mrs Tabor

YEAR 8 AFTER SCHOOL CLUBS

Monday	<p>LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2</p> <p>AFTER SCHOOL: Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O7</p>
Tuesday	<p>LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 Textiles/Fashion Club - 12.40 to 13.20 - T4</p> <p>AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Netball girls - 15.30 to 16.30 - girls changing room School community choir - 16.00 to 17.00 - PHH 'Les Mis full cast - 15.30 to 17.00 - PHH</p>
Wednesday	<p>LUNCHTIME:</p>

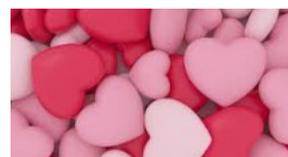
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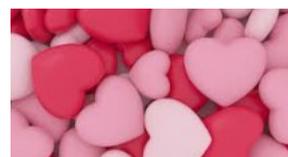
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	<p>Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Crochet knitting club - 12.50 to 13.15 - LRC Lego coding club - 12.50 to 13.15 - O6 Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 -MU1 Language games club - 12.40 to 13.20 - F4</p> <p>AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 Photography club - 15.30 to 16.30 - B12 Cooking club - 15.30 to 16.30 - T5 STEM club - 15.30 to 16.30 - JL11 Art Club 4 weeks each half term - 15.30 to 16.30 - BA4 Soul band (invite only) - 15.40 to 16.40 - MU2 Cooking club (week 2) - 15.30 to 16.30 - T5 Boys rugby - 15.30 to 16.30 - boys changing rooms</p>
Thursday	<p>LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1 Bella voices (Female voices) - 12.40 to 13.20 - MU2</p> <p>AFTER SCHOOL: Maths Club - 15:30 to 16:30 - B11 History club (Starting 18th Sept) - 15.30 to 16.30 - S7 Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2 Basketball all - 15.30 to 16.30 - boys/girls changing rooms Football girls - 15.30 to 16.30 - girls changing room Football boys - 15.30 to 16.30 - boys changing room</p>
Friday	<p>LUNCHTIME: Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Guitar group - 12.40 to 13.20 - MU1 Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1</p> <p>AFTER SCHOOL: Dance club - 15.30 to 16.30 - West gym Fitness Friday - 15.30 - 16.30 - South gym and south field (weather dependent) Big band (invitation) - 15.40 to 16.40 - MU1</p>



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Rugby girls - 15.30 to 16.30 - girls changing room
'Les Mis full cast - 15.30 to 17.00 - PHH

EXTRACURRICULAR AT SPRINGWOOD HIGH SCHOOL

We are exceptionally proud of the free extracurricular offerings we have at Springwood high school.

All the clubs that are being offered can be found here [Extracurricular timetable](#). This half term has seen a large number of students getting involved in a variety of different clubs.

If there is something your child would like to do that is not offered, or if you know someone that would be willing to come and run a club after school that we currently don't offer please contact extracurricular@springwoodhighschool.co.uk

Thank you to everyone that has responded to the extracurricular outside of school form that has been sent out. Please do keep the relevant year office updated with any new achievements that your child accomplishes outside of school so we can celebrate it.

PE AFTER SCHOOL CLUBS



2025-2026
EXTRA-CURRICULAR SPORT
(3.25 – 4.30pm)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			All Years Basketball Ica	

Y7 Football

Girls Football
All Years



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School Term Dates

First Day of Term	Last Day of Term
Thursday 4 th September 2025	Thursday 23 rd October 2025
Monday 3 rd November 2025	Friday 19 th December 2025
Tuesday 6 th January 2026	Friday 13 th February 2026
Monday 23 rd February 2026	Friday 27 th March 2026
Monday 13 th April 2026	Friday 22 nd May 2026
Monday 1 st June 2026	Friday 17 th July 2026

Training Days & Bank Holidays

Training Day – 1 st and 2 nd September 2025, 24 th October 2025, 5 th January 2026
Good Friday – 3 rd April 2026
Bank Holiday – 4 th May 2026



We have now moved over to Bromcom.
If you have not signed up or experiencing difficulties, please go onto the school website and click the Bromcom tab. There are instructions for logging in and an email address for help.




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Latest News



For all the very latest Springwood School news please follow @SHSKingsLynn

For all the latest Sport & PE news please follow @SHSS_PE

The PTFA need you!



We are always on the lookout for new members.

All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events. Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

To get in touch, please email ptfa@springwoodhighschool.co.uk. We would love to hear from you.

Lost Property

If your child loses any property during the school day, they can check in the following places –

- Year Office
- Lost Property basket in the canteen near the music rooms
- Lost property basket in the LRC near the teacher's desk
- Go to reception and ask if anything has been handed in

If they do not find it, please tell them to ask the Year Office to send an email to the Lost Property email address



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TIES TO ORDER

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office. The child will get a note when they are ready to collect.

School Uniform Policy

We are proud of our uniform at Springwood, it promotes the ethos of Springwood, provides a sense of belonging and identity for the students and sets an appropriate tone for education. We therefore ask that students wear their uniform correctly and with pride

School Uniform & Sports Kit Checklist

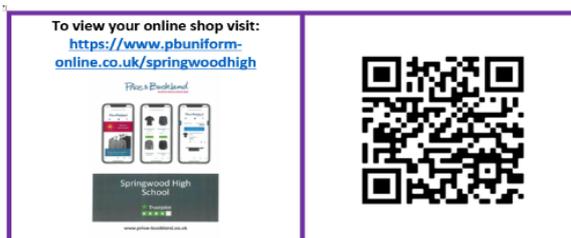
- *Blazer
- *White, stiff collar school shirt
- *House colour school tie
- **Plain black tailored trousers
- *School skirt
- *School shorts
- *School jumper

Plain black tights or plain black socks that must at least cover the whole ankle (Trainer socks, and footless tights or leggings are not allowed)

Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)

Plain coat (no logos or other markings) long enough to cover blazer properly



PE KIT



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Compulsory:	Optional:
*Springwood PE shirt Black Shorts Black Socks Trainers (non-marking sole with grip) Football Boots	*Springwood sweatshirt Black Track Suit Bottoms Plain Black leggings Plain Black 'skin' can be worn under PE shirt Shin pads and gumshields

Price & Buckland Update

Price and Buckland are updating their uniform shop for parents.

The new website will give parents the following benefits:

- Parents with children at different schools will be able to order from multiple schools with ease.
- Parents will be able to spread payment across 3 months through Klarna.
- Parents will be prompted how close they are to the free delivery threshold.
- Parents will have more payment options with the introduction of Apple Pay and Google Pay.

Parents who have ordered from them previously will need to reset their password and they can use the same password as before. Parents, who are new to Price & Buckland, will need to register as usual.

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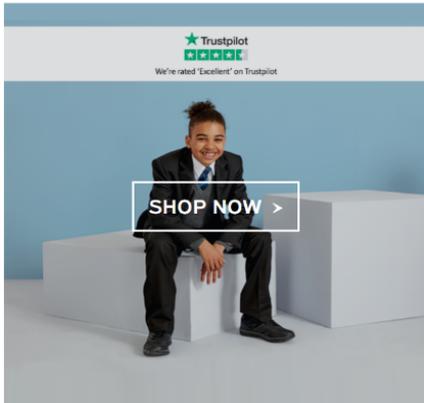
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It goes live on the 11th February and the school website link is updated.

SPRINGWOOD HIGH SCHOOL

Excellent ★ Trustpilot FREE DELIVERY ON ORDERS OVER £70.00 OUTSTANDING QUALITY ETHICALLY SOURCED



Welcome to your online uniform shop

How to order

1. Click on the shop now button
2. Select the products you would like to order
3. Add them to your basket
4. Proceed to checkout
5. Create an account
6. Proceed to payment

We do not accept orders over the phone

Visit your school's [website](#) for school uniform regulations

For Free returns information please see back of your despatch note that arrived with your goods

EQUIPMENT

Equipment Checklist

All students should have the following with them every day –
School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen,
Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result
in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU





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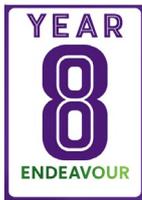
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Dear Parents and Carers,

We're excited to let you know that as part of your family's eligibility to claim means-tested free school meals, your child can take part in the Holiday Activities and Food (HAF) programme – known locally as Big Norfolk Holiday Fun (BNHF) – completely free of charge.

Funded by the UK Government, BNHF offers schoolchildren in Norfolk the chance to enjoy fun, active, and enriching activities during the Easter, summer, and winter school holidays.

We're also delighted to share that the UK Government will fund the programme for an additional three years, meaning that families can continue to access free holiday activities for their children until 2029.

Across Norfolk, we offer a wide variety of sessions, including:

- Sports and outdoor adventures
- Cooking and food-based fun
- Swimming and water-sport activities
- Dance and creative workshops

And plenty more exciting experiences!

Each holiday brings new activities to discover, alongside much-loved favourites, ensuring there's something for everyone.

Children are eligible if they are:

- Registered as receiving benefits-related free school meals. Please note that universal free school meals (from reception to Year 2) are different from benefits-related free school meals.
- Aged 4 to 16 and in full-time education.





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This half term has flown by since the children returned after the Christmas break, and the PTFA have been busy planning a range of new events alongside our third '100 Club' lottery draw.

We've also organised or supported several school activities, including:

- **Year 7 New Year's Disco** – 20 January
- **Refreshments at the school production of *Les Misérables*** – 27–29 January
- **Year 8 Valentine's Disco** – 6 February

Looking ahead, we're delighted to be helping with a raffle for a Giant Easter Egg generously donated to the Trust by the Rotary Club.



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Tickets will be available to purchase after the February half term, giving everyone the chance to win the egg whilst supporting our chosen charity, Young Carers. <https://benjaminfoundation.co.uk/>

Keep an eye out for details.....

The third 100 Club draw took place on Wednesday 4 February, and we're pleased to announce the lucky winners:

- **1st prize £52.20** – Number 17 – *Mr S Price*
- **2nd prize £31.32** – Number 39 – *Ms M McSweeney*
- **3rd prize £20.88** – Number 23 – *Mr D Twite*

Congratulations to all three winners.

The fourth draw will take place in March, and there's still time for new members to join. Full details, including the application form, can be found on the PTFA pages of the school website. The cost is £12 for the remaining three draws—just £4 per draw. You've got to be in it to win it!

Future events for your diary are:

Bingo – 6th March (6th form Hub) and 24th April (Peter Hopkins Hall) – doors open at 6pm, eyes down at 6.30pm.

Quiz Night - 15th May, 6.30pm arrival, 7pm start.

Refreshments at the Fashion Show – 15 July (Peter Hopkins Hall)

100 Club lottery draws:

- 18 March 2026
- 13 May 2026
- 15 July 2026

Please check out our Facebook Page 'Springwood ptfa' or the school website for further details.

And finally, if you have ideas for future events you'd love to see, or if you're interested in getting involved with the PTFA, we'd be delighted to hear from you. You can reach us at ptfa@springwoodhighschool.co.uk.



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Our current PTFA committee members are shown below:

Chair Fez Williams	Vice Chair Emma Norris	Secretary Rachel Curtis	Treasurer Geoff Martin
Member Laura Farr	Member Suzi Pimlott	Member Leena Prins	Teacher Richard Thompson
		Picture not available	
Member Gem Coady	Member Jody Bunting	Member James Hoyland	






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SANDRINGHAM FOREST SCHOOL

FEBRUARY HALF TERM

- Den building
- Campfire cooking
- Nature crafts



For more information visit
SANDRINGHAMESTATE.CO.UK

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FAMILY ARCHERY SESSIONS

HALF TERM



BOOK NOW at
SANDRINGHAM
ESTATE.CO.UK

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