Springwood High School

YEAR 9 NEWSLETTER

October 2026



Message from Mr Johnson

Wow! Is it nearly half term already? This term has flown by in a blur of hard-working students, committed staff, engaged parents and amazing community partners. Many thanks to the whole Springwood school community for giving me the best job in the world!!

It is a pleasure to report that all year groups have come back to school with enthusiasm. We have met with the parents of every year group through our information evenings and have had superb feedback and encouragement from parents and carers of our valued students. As leaders walk around the school every lesson, we see our committed teachers delivering excellent lessons where each student is making great progress.

This term we opened up the school to new parents. It is important that the school never forgets the trust that parents place in us in sending their children to Springwood. We had 3 tours a day for two weeks and a packed open evening. The arts specialist places had many keen students wishing to come here from all around the local area. I hope that all students and parents gain the school of their choice.

You may have seen press stories in the Eastern Daily Press and the Lynn News regarding our excellent Sixth Form students. This has been another "best ever" year for the Sixth Form. This means that hundreds of local young people gain their first choice destination whether at a University or (increasingly) with a local or national higher level apprenticeship. Well done to all involved in the Sixth Form. Once again the Sixth Form open evening had a huge level of interest and we are looking forward to recruiting the next set of Sixth Form superstars!



Ex-student Isaac Kirk popped into school to tell us how brilliantly he was getting on in the Army! It was lovely to catch up with him.

As you will be aware, this week we had a full Ofsted Inspection. You will all receive the report in due course and we will await that with positive anticipation. However, what I would like to say is a MASSIVE THANK YOU for all students, staff and parents who took part in the surveys. The parental survey is available online but (unfortunately) the staff and student surveys are only seen by the inspectors (who were VERY complimentary regarding the responses in their verbal feedback).



Mr Johnson
Head Teacher

Springwood High School

YEAR 9 NEWSLETTER

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Message from Mrs Bunting - Head of Year 9

We certainly have had a fantastic first half term starting Year 9. At the end of last half term we had our Sport's Presentation Evening and this half term we had our STEM Presentation Evening. Please look through the pictures of these fab events on pages.

I am always so impressed with how full our newsletter is because there are so many things that we get involved in as a year group. Year 9 were involved in attempting to break the Guinness World Records with the most people reading at one time. On this day there were also live webinars with authors that students watched in their English lessons. Please see pictures of this event on page 28

Springfest was the best ending for Year 8 and all staff were so impressed with the year group on the day. All students had a fantastic day and enjoyed all of the activities that they helped raise funds for. We have a lot of pictures for you to enjoy looking through on page 18.

Our sport's teams have had a fantastic start to this academic year, and we couldn't be prouder of all the teams. The Year 9 Netball team have made it through to the County Finals, which is fantastic and I can't wait to hear how they all get on next month at this tournament. We have so many students also involved in sport outside of school and we are so proud of them. A massive well done for Teddy for his football, Elizabeth, Isabelle, Francis and Alexandra for their swimming achievements. Thomas has also seen excellent success in his Athletics.

Our first WNAT dance competition ran last week, and what an event it was! I was so proud to see in the KS3 categories all of the students were from Year 9. They danced amazingly and won every category they entered. Well done to Ava, Sana, Reilly, Abigail, Isis, Isabelle and Farrah.

Year 9 have had a great Super learning day this week covering lots of different topics of looking after yourself

We have lots to look forward to in the next half term, the launch of our ACHIEVE programme for the year, a trip to Iceland and lots of fun Christmas Events.

We look forward to welcoming as many of you as possible to the Tutor Evening on 19th November. Bookings will go live for you to book your appointment on 2nd November. Please use the MCAS app to book a face-to-face appointment.

Have a fantastic and restful half term!Kind Regards



Mrs E Bunting
Head of Year 9

Year 9 Office (24/7 direct dial) 01553 778092 Website www.springwoodhighschool.co.uk
Head of Year 9 email e.bunting@springwoodhighschool.co.uk Year 9 Pastoral Manager email c.isle@springwoodhighschool.co.uk
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CONTACTING THE YEAR 9 OFFICE

Please can you use the following email accounts to make contact with the Year 9 Office
Mrs E Bunting, Head of Year 9 e.bunting@springwoodhighschool.co.uk
Mrs C Isle, Year 9 Manager c.isle@springwoodhighschool.co.uk
General Year email classof2029@springwoodhighschool.co.uk
The direct dial telephone number for Year 9 Office 01553 778092
School Website www.springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell? – If your child is unwell, please call the Year 9 Office on 01553 778092 or email classof2029@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a "Leave of Absence Form." These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 9 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

Year Group Key Dates

Date	Event
2nd November 2026	Return to school
17th November 2026	Year 9 Reports to Parents
19th November 2026	Year 9 Tutor Evening
2nd December 2026	WANT Christmas Carol Service – St Nicks
3rd December 2026	PTFA Christmas Craft Fayre
18th December 2026	Springwood Christmas Concert 6.30pm PHH
18th December 2026	Christmas Jumper day
18th December 2026	Last day of term – finish 2.25pm

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ATTENDANCE

We were once again delighted to welcome students back for the beginning of a new academic year, alongside our new year 7s and 12s. Thanks to your continued support the school's attendance has continued to be above national figures since the start of the term, which demonstrates the value we know our families place in the education and opportunities students have available at Springwood.

We have already had a number of holidays taken and holiday requests this school year. We would like to remind families that we are not allowed to authorise any holidays taken during term time. If your child does not arrive back on the planned day after a holiday, we will be required to carry out a welfare check, and this will be completed in person or via an online video call, as we have to see the child. If your child is ill following a holiday, we may well require medical evidence. The local authority will issue fixed penalty notices for a total of more than 4 and a half days of any unauthorised absence within a 10-school week period.

As the cold season approaches, please check out the NHS,

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/, for when you should and should not send your child to school - for most minor ailments they should be in. Please liaise with your child's year office if they are suffering a bit but well enough to attend so that we are aware and can support them in school. If you do feel that your child is too unwell, could you please let the year team know the details, not just "they are unwell" so absence can be recorded appropriately. As above, any prolonged absence will require us to complete a home visit.

As ever, support is always available from the year and attendance teams, as well as external teams:
Just One Norfolk - https://www.justonenorfolk.nhs.uk
Family Hubs - https://www.justonenorfolk.nhs.uk/family-hubs/family-hub-sites/
MAP - https://www.map.uk.net/find-us/kings-lynn

Please do reach out to any of the above if your child is struggling with any aspect of school and attendance. We are keen to work with you to remove any barriers your child may be facing.

Finally, we are pleased to welcome a new face to our attendance team, in the form of Ms Elmer. We are sure students will give her a warm welcome and appreciate the enthusiasm and skills she will bring to the team.

Mrs Mann – Assistant Headteacher
Mrs Davies-Mays Deputy Head

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Bromcom
No.1 Choice for Cloud MIS & Finance

Parents can access details about their child at school by using the MyChildAtSchool (MCAS) app. Your child can access the student portal by using the Bromcom Student App.

These apps contain real time information about student timetables, attendance, reports, messages, homework, achievement/behaviour and paying for school trips and dinners.

The apps are both available from Google Play and the Apple AppStore. A basic user guide, along with other support materials can be found at https://docs.bromcom.com/article-categories/for-parents/

If you forget your password please click on the Reset Password link on the App, or, using your web browser, go to the relevant website and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS or Bromcom Student account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

MCAS: www.mychildatschool.com Bromcom: www.bromcomvle.com/?schoolid=14633

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UNIFORM REMINDER

At Springwood High School we are very proud of our students who are wonderfully presented and wear our school uniform with pride. This is extremely important to build a school identity amongst the pupils and the wider community. We would like to remind all parents that the school uniform policy can be found on our website. We also, would like to draw attention to the following;

- The only jewellery students are permitted to wear is one pair of studded earrings and a wrist watch.
- False nails must not be worn.
- Any nose stud must be a clear plastic retainer
- Students are not permitted to wear leggings.
- Please check the policy for acceptable footwear - and note that branded black shoes (Nike Airforce, Adidas etc) are not permitted.
- Blazers must be worn at all times.

With the change in season students are encouraged to bring a coat to school, this must be plain in colour and fit over the school blazer. Hoodies are not acceptable.

We thank you in advance for your support with this.

A copy of our full uniform policy can be found here:

https://www.springwoodhighschool.co.uk/_site/data/files/users/2/uniform/F3C897E71A779321B863438D129E094C.pdf

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Music Events Calendar 2026/27

Autumn 2026

Date	Event	Venue	Ticket Prices	Time(s)	Groups Involved *(Provisional)*
Wednesday 9th Sep '26	Concert Band Instrument Demonstrations	AM: Primaries PM: Springwood Y7	N/A (PRIVATE EVENT)	Tbc	Concert Band Plus Selected Strings
Thursday 15th Oct '26	WNAT Piano Recital	PHH, Springwood High School	Free (with retiring collection)	6.30pm	Piano Solos and Duets from across all Trust Schools (All levels)
Wednesday 4th Nov'26	Rotary Young Musician, Regional Heat	Recital Room (Mu1) Springwood High School	Free	4.30pm	Open to soloists grade 6+ standard
Thursday 19th Nov '26	Autumn Recital Evening *(Incorporating GCSE Mock Performance Exam)*	Recital Room (Mu1) Springwood High School	Free (with retiring collection)	6.00pm	Year 11 GCSE Music Students plus Soloists and Small Ensembles from Springwood High School
Wednesday 2nd Dec '26	WNAT Christmas Carol Service	St Nicholas' Chapel	Free (with retiring collection)	6.00pm	Year 7 Choir WNAT cross-trust Orchestra
Sunday 6th Dec' 26	Young Performers Concert	Snape Maltings Concert Hall, Aldeburgh	Tickets from Snape Maltings Box Office	Afternoon/ Evening	Chamber Choir
Monday 7th Dec' 26	Gabrieli Roar: A Handel Christmas	Norwich Cathedral	Tickets from Norwich Cathedral	6pm	Chamber Choir
Thursday 10th Dec '25	Springwood Chamber Christmas Concert	Drama Studio, Springwood High School	Adults £3 Under 18s £2 Under 5 years free*	6.30pm	Guitar Ensemble Kingsmen Rock Club/Student Rock Band Bella Voces Piano Soloists Choir 2
Sunday 13th Dec'26	West Norfolk Wind Orchestra Family Christmas Concert	Sixth Form Hub, Springwood High School	Free (with retiring collection)	2.30pm	The Community Band of the West Norfolk Academies Trust
Thursday 17th Dec '25	Springwood Christmas Concert	PHH, Springwood High School	Adults £5 Under 18s £3 Under 5 years free*	6.30pm	Big Band Choir 3 Choir 1 Concert Band Sinfonia Jesus Christ Superstar Preview Soul Band

For Ticket Sales nearer the event date please visit https://www.ticketsource.co.uk/springwood-high-school-music-department

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HAIRDRESSING

Creations Hair Salon

Creations Hair



Creations Hairdressing salon

Here at Springwood Highschool we offer all Hairdressing services. We have excellent salon facilities. Our year 12 (level 2) & year 13 (Level 3) students are always needing clients to complete their practical assessments.

All assessments are carried out under teacher supervision, we offer reduced prices due to the salon being a training environment.

If you would like to book in to help our students please call the salon on 01553 779403



We offer day appointments & every Tuesday evening.

Skin tests must be carried out for all colouring services 24-48hrs prior to the appointment.

We take Card payments only

Springwood High School

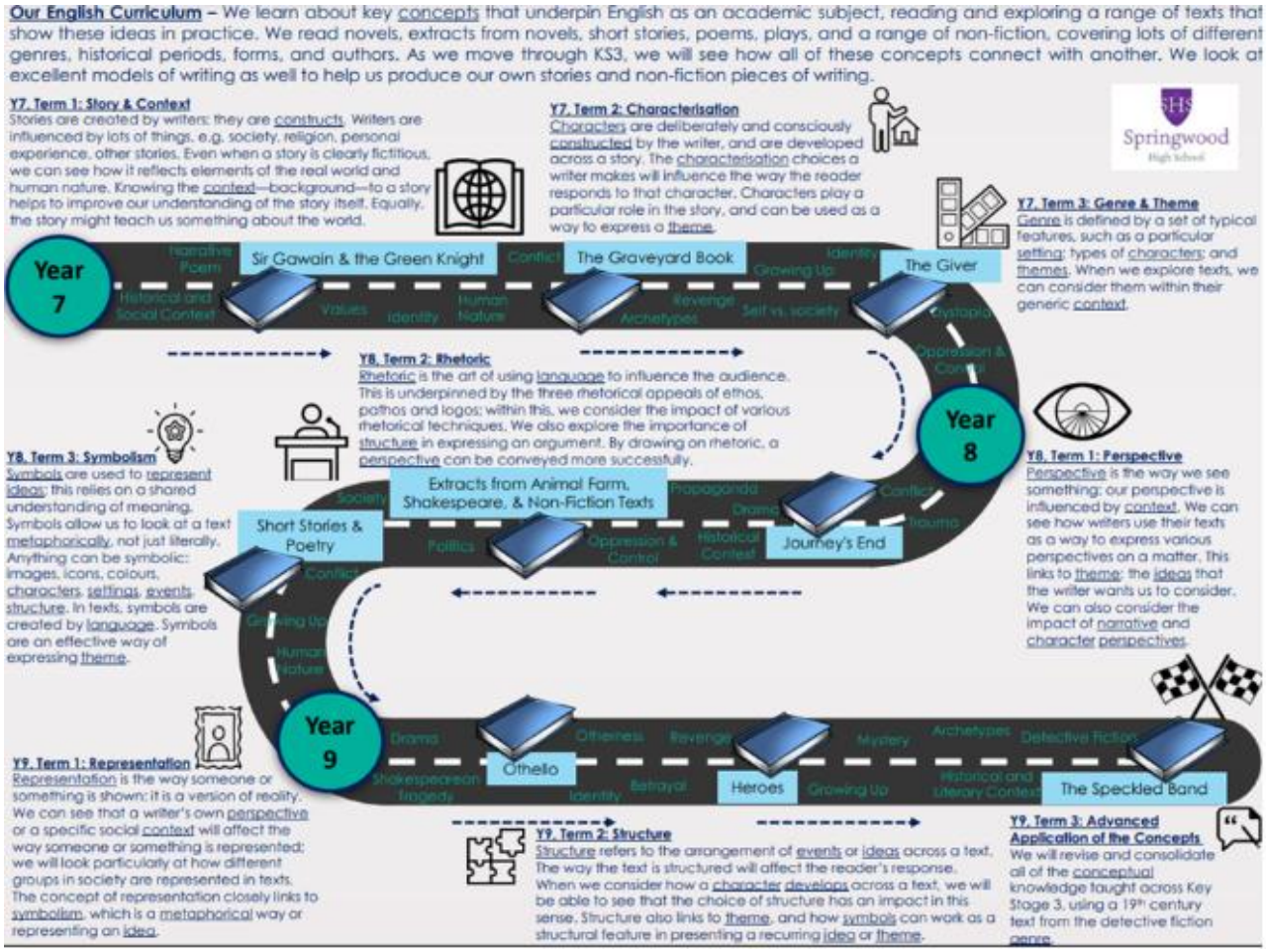
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CURRICULUM OVERVIEW

It is important that parents have an understanding about the curriculum being followed for each of the subjects and what students are studying at different points in the year. Please log on to our website to see the curriculum overview and subject plans, here you will find learning journeys for each subject from KS3 through to KS5 and curriculum plans that give more detail on what will be taught. [Curriculum and overview plans link]



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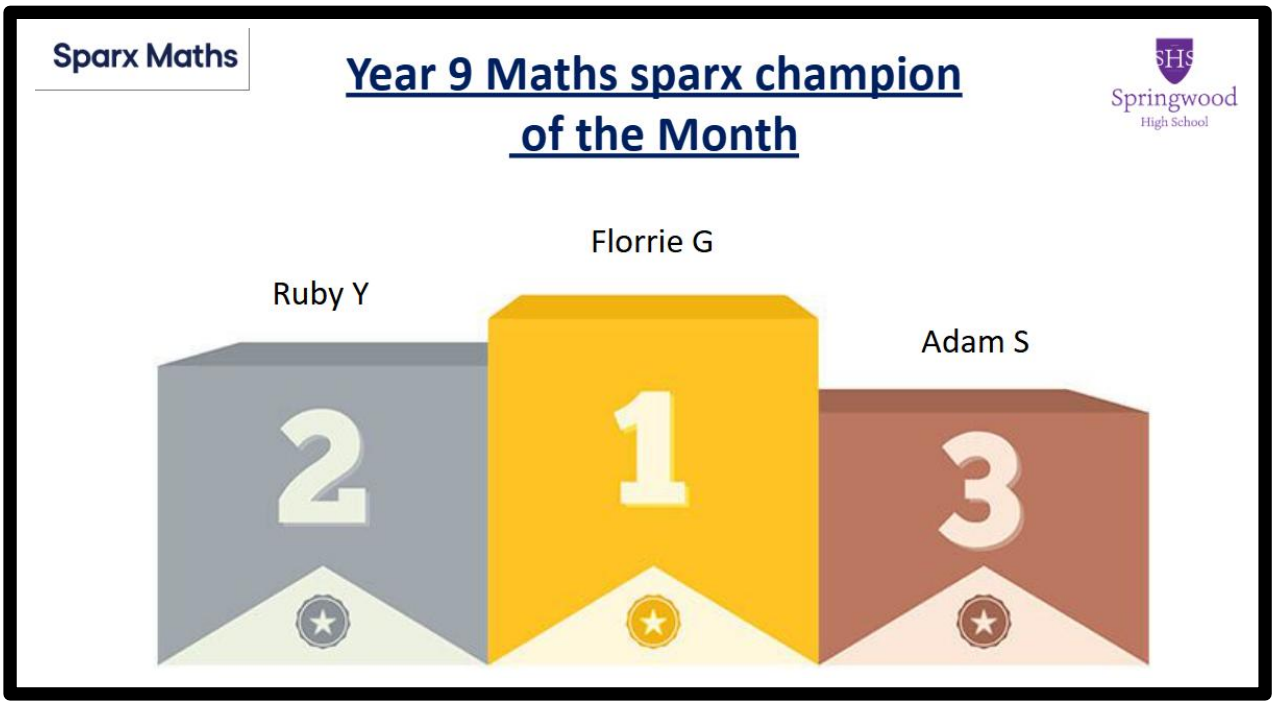
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SPARX MATHS CHAMPIONS

Winners – September



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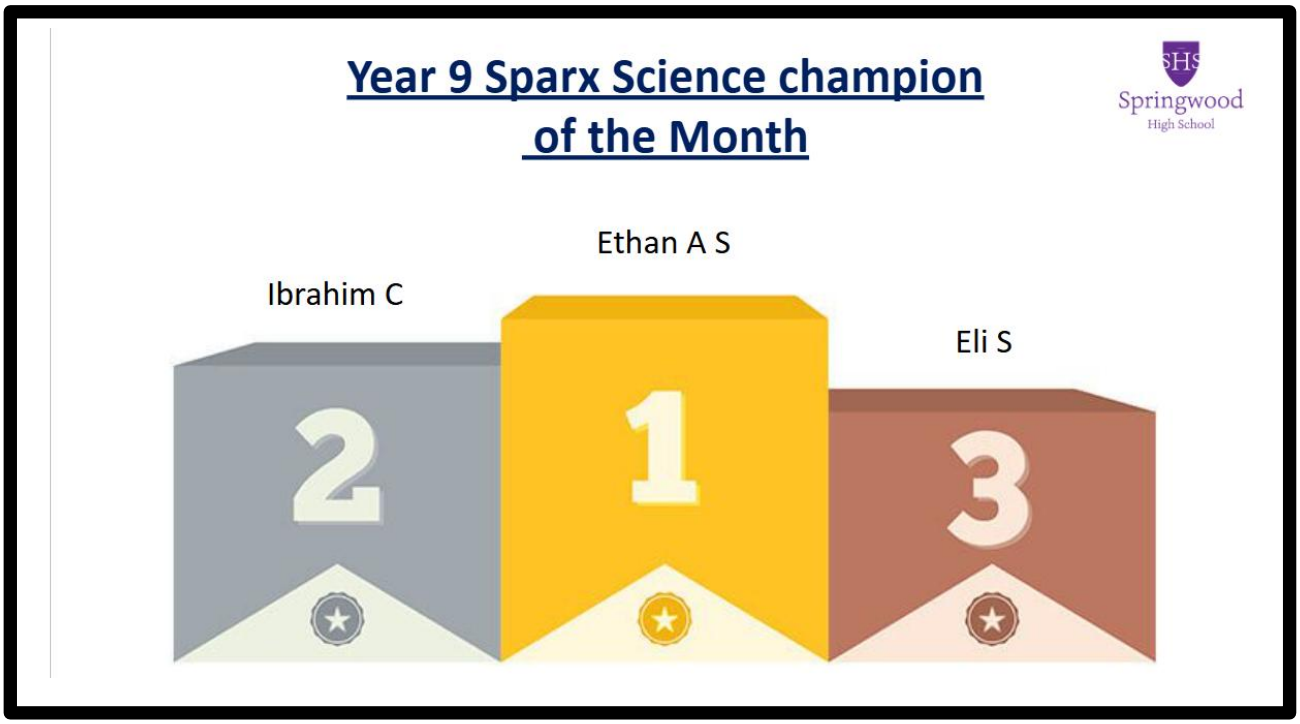
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SPARX SCIENCE CHAMPIONS

Winners – September



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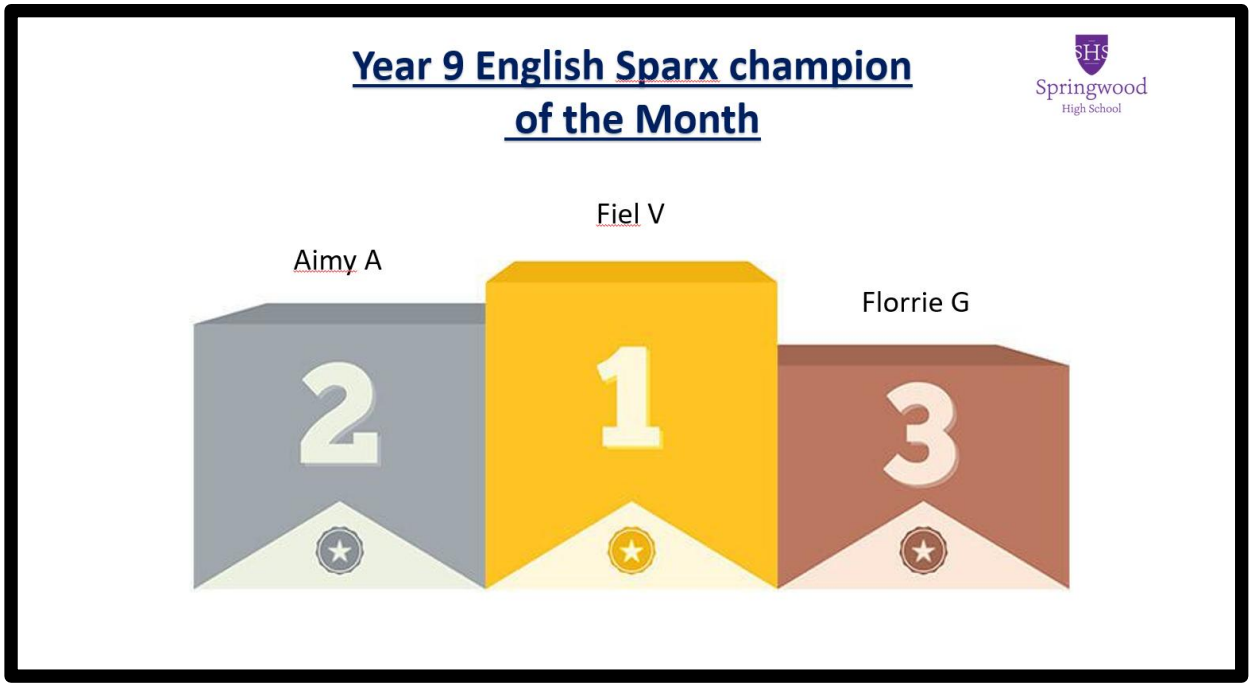
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SPARX READER CHAMPIONS

Winners – September



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SPARX WINNERS

Sparx Maths September Form Winners

Winning Form 9B1

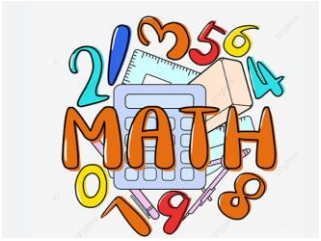
9B1	Ruby Y
9B2	Adam S
9F1	Mohamed A
9F2	Megan M
9H1	Patrik R
9H2	Florrie G
9O1	Danielle R
9O2	Gracella H
9S1	Jasmine G
9S2	Lauren T

Sparx Maths Form Winners

Winning Form 9S2

9B1	Ruby Y
9B2	Ellison R
9F1	Kevin I
9F2	Eden K
9H1	Lexi-Drew B
9H2	Kiera T
9O1	Hubert Z
9O2	Gracella H
9S1	Gabriella A
9S2	Ronni-Mae M





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SPARX WINNERS

Sparx Reader September Form Winners

Winning Form 9B1

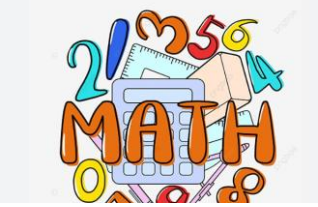
9B1	Camden M
9B2	Zaid S
9F1	Sophia D
9F2	Amy A
9H1	Viktor K
9H2	Florrie G
9O1	Ayo O
9O2	Emily J
9S1	Evelyn A
9S2	Delna D



Sparx Maths Form Winners

Winning Form 9S2

9B1	Johan EP
9B2	Daisy D
9F1	Mohamed A
9F2	Ibrahim C
9H1	Viktor K
9H2	Florrie G
9O1	Sophie B
9O2	Fiel V
9S1	Amelia K
9S2	Leonard L



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SPARX HOMEWORK



All homework's for all subjects are now being put onto my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

Year 9 are currently receiving weekly Maths and English homework on Sparx. Science Geography, History, Languages and RE homework are fortnightly

The following homework support is available;

Maths

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm - 4.30pm

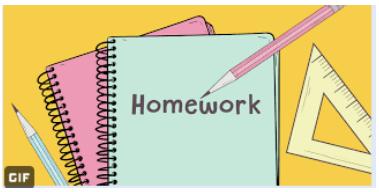
English

- Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

All subjects

- Homework club in F10 3.30pm - 4.30pm
- LRC - before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.



If you have any further questions, please do not hesitate to contact me directly c.loizou@springwoodhighschool.co.uk

All homework will be set and tracked on the my child at school app

Springwood High School

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HOMEWORK INFORMATION

Below is a summary of the homework's they will receive and the days they will be set. All homework will be set and tracked on my child at school app

Sparx Reader Sparx Maths Sparx Science SENECA

Homework

Subject	How often?	What day is it being set?	What is it being set on?	Support on offer
Maths	Weekly	Monday	Sparx Maths	Breaktimes in B11 12:40pm -1pm in B11 After school sparx in B11 on Tuesdays, Wednesdays and Thursdays Email LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)
English	Weekly	Friday	Sparx Reader	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)
Science	Fortnightly	Wednesday	Sparx Science	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)
Geography	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)
History	Fortnightly	Monday week 1	Google quiz/Seneca	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)
Languages	Fortnightly	Monday week 1	Google quiz	Lunchtimes on Tuesdays in F4 LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)
RE	Fortnightly	Tuesday	Google quiz	LRC - before school, break, lunch and after school Homework club after school in F10 (Monday- Thursday)

Springwood Nine

Springwood High School

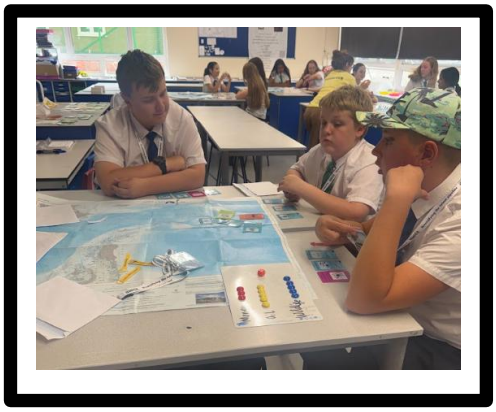
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UEA - BRING THE SCIENTIST TO YOU









Last term we were delighted to host the UEA's 'Bring the Scientist to You' Event. Inviting local schools to join our own students in participating in a series of activities run by visiting academics. Students had the opportunity to try their hands at sessions themed around coding, mathematics, chemistry, biology and more. Helping to demonstrate how STEM can be applied in real world contexts and getting to work with individuals passionate about their respective fields. We were delighted to have a fantastic group of students representing Springwood at the event and hope they left feeling inspired.







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YEAR 8 SPRINGFEST

























End of year 8 reward day

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ROLE MODEL BADGES – YEAR 8 SUMMER TERM



Elizabeth L - 36 books read and reviewed so far this year,

as well as excellent commitment to her studies

as well as her swimming outside of school obtaining Summer national qualifications in her age group

Well done!!! A role model on how to juggle everything

Excellent contribution to sport at Springwood as well being involved in lots of extracurricular activities





For a fantastic presentation, and drawing awareness to autism on neurodiversity week. Zuzanna proudly did an assembly, and stood in front of all of Year 8 and said "I'm Zuzanna, and I'm autistic" Zuzanna constantly demonstrates what it means to be a Springwood Pupil.

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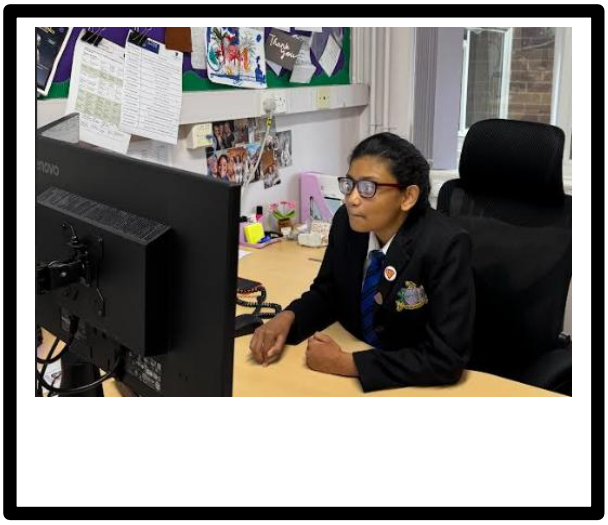
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YEAR 8 ENDEAVOUR PRESENTATION





Bradley and Havisha were absolutely amazing with their endeavour presentations. They both presented a topic of their choice to the entire year group. Mr Johnson was available to watch them deliver their sessions and he was so impressed by their confidence. Well done to you both.

YEAR 9 YOUNG INTERPRETERS



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YEAR 8

SPORTS DAY





























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FASHION SHOW

Annual event for the whole school

















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SPORTS AWARD PRESENTATION







SPORTS PRESENTATION EVENING

2025-2026







YEAR 8 WINNERS









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Springwood Nine

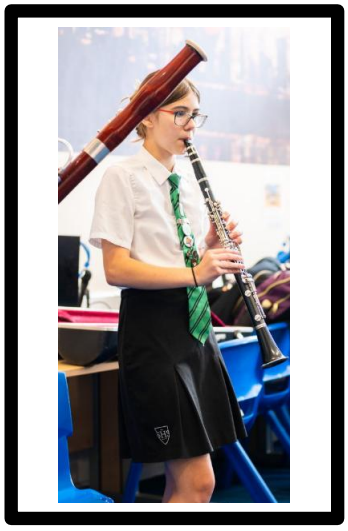
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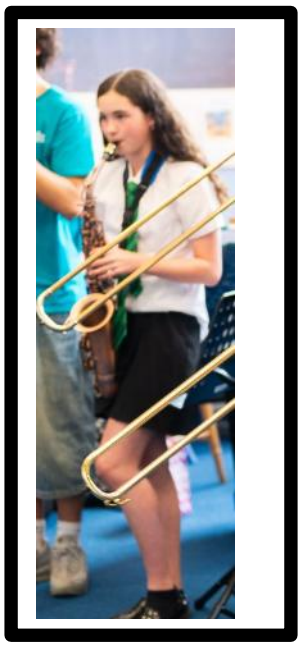
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NATIONAL YOUTH ORCHESTRA









SPRINGWOOD NATIONAL YOUTH ORCHESTRA

Isla M,

Maddie C

Dante S

Francis H







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CAMBRIDGE MATHS SCHOOL

Female Maths students showed off their talents when they were invited to attend an elite three-day course.

The Year 10 students from Lynn's Springwood High School won coveted places on the Girls Enjoy Maths (GEM) Summer School, held annually at Cambridge Maths School.

Connie Loizou, the head of Maths at Springwood, was impressed by the wide range of events and activities on offer to the girls.



Female mathematicians at the GEM course in Cambridge

She said: "Over the course of the three days, they explored exciting mathematical ideas, completed experiments, took an inspiring trip to the University of Cambridge, and listened to female speakers in the field.

"Activities were designed to provide challenge and opportunities for collaboration. "They worked together to share and build on each other's ideas, developing their mathematical communication and reasoning, as well as enhancing their problem-solving skills.

"They also explored how Mathematics is applied within other STEM [Science, Technology, Engineering, and Maths] subjects, such as Biology, Chemistry, Physics, and Computer Science, and gained insight into the applications of Mathematics post-16, at university and beyond."

Challenges included a Maths Relay, as well as an in-depth mathematical analysis of the card game Dobble.

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"There were a variety of activities over the three days. One included looking at Maths that is embedded into the three sciences – this was really useful to us, as we are studying Triple Science," one participant said

Another said: "We got to meet college lecturers. This was really useful for future application prospects and knowing what the admission process involved."

The course involved in-depth mathematical analysis of different topics
A classmate added: "Overall, this experience gave us a new perspective on Maths, even relating it to worldly issues like gender, racism, epidemics, and politics."
The Summer School is open to female Year 10 students from across the region each year, with places limited to a select 60.
Mrs Loizou added: "These events are valuable, as they enable students to recognise the relevance of Mathematics beyond the classroom.

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Year 8 FRANCE TRIP









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YEAR 9 READING EVENT













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ART CLUB

WEDNESDAYS IN BA3

ART CLUB

KS3 have been having a great time in the Art Club! Everyone had the opportunity to have a go at using air-dry clay to create their own little pumpkin.















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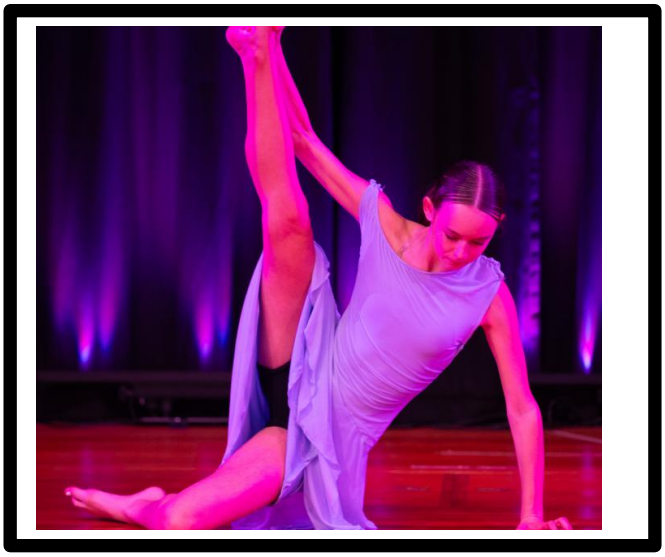


DANCE SHOW



Izzy M Farrah A, Abigail P, Reilly C, Sana G, Isis DS

Won KS3 group category and all choreographed their own dance and performed at our first ever WANT Dance Competition



Ava H won KS3 solo performance

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STEM LECTURE













On Thursday 15th October we held our annual STEM celebration evening, recognising the achievements of students over the last academic year. This included multiple different project categories of awards and competitions, supported by staff and external businesses. We were delighted to welcome representatives from Dodmans, Palm Paper and Rolls Royces Engineering team based at RAF Marham.

This year the event was opened with an amazing talk from Abby Onencan, an Associate Professor from the UEA School of Environmental Science. Abby, who had worked with the school as part of a weather monitoring project, shared with students and parents her journey from lawyer to scientist. Highlighting how STEM can help solve the bigger problems that impact people's lives.

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SCHOOL COUNCIL



EQUALITY AND DIVERSITY COUNCIL

GRACELLA H AND HOLLY A

ENVIRONMENTAL COUNCIL

HAVISHA

WELLBEING COUNCIL

VERITY OC AND KAJA K

EMBRACING SCHOOL LIFE COUNCIL

PETER P

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YEAR 9 AFTER SCHOOL CLUBS

Monday	**Lunchtime:** Maths Homework Club - 12:40 to 13:00 - B11 Chess club - 12.40 to 13.15 - LRC The Bellas (Female voice group) - 12.50 to 13.20 - MU1 **After School:** First lego league - 15.30 to 16.30 - O6 Kingsmen (Male vocal group) - 15.40 to 16.40 - MU2 Springing strings (beginner string group) - 15.40 to 16.40 - 6th form hub Masterblasters (beginner concert band) - 15.40 to 16.40 - MU1
Tuesday	**Lunchtime:** Maths Homework Club - 12:40 to 13:00 - B11 Book Club - 12.40 - 13.00 - LRC YAB - 12.40 to 13.00 - H5 Languages club - 12.40 to 13.00 - F4 Jesus Christ Superstar - 12.50 to 13.20 - MU1 **After School:** Maths Club - 15:30 to 16:30 - B11 Choir 3 - 15.45 to 16.30 - MU2 Choir 2 - 15.45 to 16.30 - MU1 Choir 1 - 16.30 to 17.15 - MU1
Wednesday	**Lunchtime:** Maths Homework Club - 12:40 to 13:00 - B11 Disney choir (those on the trip) - 12.40 to 13.00 - MU1 - Week 2 only **After School:** Maths Club - 15:30 to 16:30 - B11 Art Club - 15.30 to 16.30 - BA4 - start 16th Sept Dance Club - 15.30 - 16.30 - West Gym Photography club - 15.30 to 16.30 - B12 Silver CREST award - 15.30 to 16.30 - JL10/F13 History club - 15.30 to 16.30 - S7 Boys rugby - 15.30 to 16.30 - Sandringham field Steel pan band - 15.40 to 16.40 - MU2 (after half term) Netball - 15.30 to 16.30 - Astro Songwriting and Music technology - 15.40 to 17.00 - MU4
Thursday	**Lunchtime:** Maths Homework Club - 12:40 to 13:00 - B11 Environmental club - 12.40 to 13.00 - JL12

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	Music theory - 12.50 to 13.20 - MU3 **After School:** Maths Club - 15:30 to 16:30 - B11 Basketball club - 15.30 to 16.30 - Boys gym Girls football - 15.30 to 16.30 - South field Concert band (Senior orchestra) - 15.40 to 17.00 - 6th form hub Sinfonia (Junior orchestra) - 15.40 to 16.40 - MU1 Beginner rock club - 15.40 to 16.40 - MU2
Friday	**Lunchtime:** Maths Homework Club - 12:40 to 13:00 - B11 Film club - 12.40 - 13.00 - LRC Guitar ensemble - 12.50 to 13.20 - MU1 **After School:** Girls rugby - 15.30 to 16.30 - Sandringham field Jesus Christ Superstar - 15.30 to 17.30 - PHH Big band - 15.40 to 16.40 - MU1 Fitness - 15.30 to 16.30 - Sandringham field

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YEAR 8/9 GIRLS FOOTBALL v KES 6 - O WIN



YEAR 8/9 GIRLS FOOTBALL v Thorpe St Andrew 5- 1 loss



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Year 9 Rugby – RUNNERS UP IN THE CUP



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U15 INDOOR CRICKET



Massive well done to our U15 indoor Cricket team which narrowly missed out on qualifying for the next round of the county competition. The team won 2 and lost 1 game with plenty of runs and wickets shared around the team

Luca G, Ellie D, Mika V, Teddy D – year 9 students

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YEAR 9 BOYS FOOTBALL



YEAR 9 FOOTBALL V MARSHLAND

4 – 1 WIN

WELL DONE

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YEAR 9 FOOTBALL



YEAR 9

WYMONDHAM 5-1 WIN



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YEAR 9 GIRLS NETBALL



YEAR 9 NETBALL V MARSHLAND

15-2 WIN FOR year 9 Netball team inf their first fixture of the year

Player – Izzy M

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TEDDY D



Teddy call up for football

Young footballer Teddy Defty has been rewarded for years of perseverance as he follows in his dad's footsteps on the football pitch.

The 13-year-old, who has been with King's Lynn Town Academy since under-eight level, has earned a county call-up after being selected for the Norfolk county squad.

Teddy's county call-up is a proud achievement for the youngster and his family.

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SWIMMERS

Swimmers competed at the local pool against each other in July and won lots of medals and trophies between them all and this was then presented at their annual events

Well done to you all

Isabelle M, Elizabeth L, Francis H and Alexandra C





ELIZABETH has achieved so much in her swimming career

Club champs

18 medals and 10 trophies

7 new club records breaking a record for the longest event 1500 which has stood for 16 years

Regional level won bronze at East Region Open Water and 2 silver medals at East Region Long Course Champs



Qualified

British Open Water Nationals

English Summer Nationals

Elizabeth is her spare time designed the medals for WNSC and has been selected as junior Vice-Captain for the new season

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ATHELETICS – THOMAS R



Thomas won the A-string javelin with a substantial pb of 28.64m, took 6th in the A-string 800m in 2.32.9 seconds and contributed further points with 8th place in the A-string long jump recording 1.07m

Well done to Thomas with your success'

PE PERFORMER OF THE WEEK



Superb performances in the Girls Football win vs St Ivo, Netball win vs KES and the

West Norfolk Netball Championship Tournament win.

10 achievement points - Ellie

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MAP CHILL SPOT INFORMATION



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NORFOLK WORKSHOPS



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WATER SAFETY & CPR



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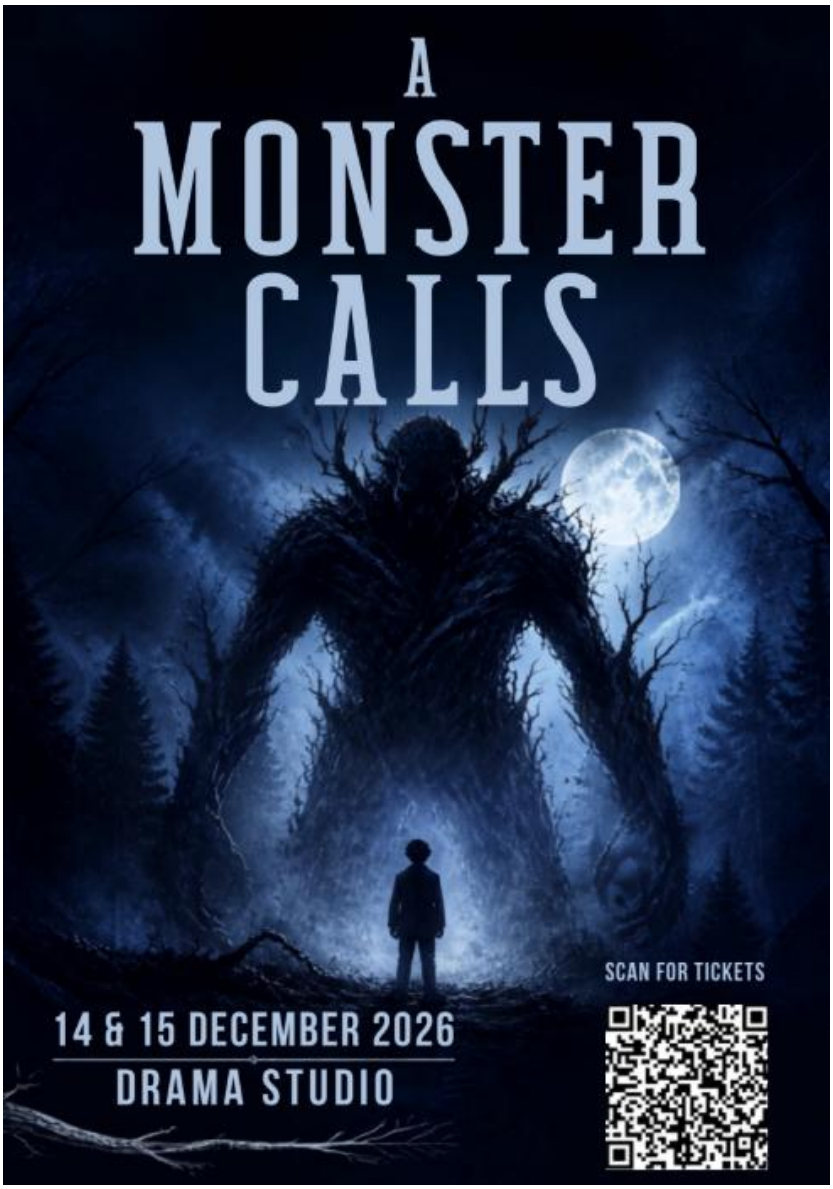
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A MONSTER CALLS



We are currently in the process of creating our December school show, *A Monster Calls*. Tickets are now available to buy, and they are £5 each

It is being performed on the 14th and 15th December at 7pm

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EXTRACURRICULAR AT SPRINGWOOD HIGH SCHOOL

We are exceptionally proud of the free extracurricular offerings we have at Springwood high school.

All the clubs that are being offered can be found here Extracurricular timetable. This half term has seen a large number of students getting involved in a variety of different clubs.

If there is something your child would like to do that is not offered, or if you know someone that would be willing to come and run a club after school that we currently don't offer please contact extracurricular@springwoodhighschool.co.uk

PE AFTER SCHOOL CLUBS

2026-2027
EXTRA-CURRICULAR SPORT
(3.25 – 4.30pm)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yr 7 Tennis (Gbd)	Yr 8 Boys Football (JCa) Yr 8 Netball (JBl) Yr 7 Netball (Bf) Yr 11 Boys Football (JBx)	All Years Boys Rugby (ODn, JBx, JCa) (Dance WG 3:30 - 4:30pm) Yr 9 & 10 Netball (Su) Yrs 7 & 8 Table tennis (PDn/ERd)	Girls Football (JBx/Bf) Yr 10 Boys Football (PDn) All Years Basketball (JCa) Yr 11 Netball (LEs) 6th form Netball (Su)	Girls Rugby (JCa) Fitness Friday (JBl) Yr 7 Boys football (ODn/PDn)

Any questions: Please see your PE Teacher for further details.

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School Term Dates

First Day of Term	Last Day of Term
Monday 2nd November 2026	Friday 18th December 2026
Tuesday 5th January 2027	Friday 12th February 2027
Monday 22nd February 2027	Tuesday 25th March 2027
Tuesday 13th April 2027	Friday 28th May 2027
Monday 7th June 2027	Wednesday 21st July 2027

Training Days & Bank Holidays

Training Day 4th January 2027, 12th April 2027	
Bank Holiday – 3rd May 2027	

Bromcom

No.1 Choice for Cloud MIS & Finance

We have now moved over to Bromcom.
If you have not signed up or experiencing difficulties, please go onto the school website and click the Bromcom tab. There are instructions for logging in and an email address for help.

Latest News

For all the very latest Springwood School news please follow @SHSKingsLynn

For all the latest Sport & PE news please follow @SHSS_PE

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The PTFA need you!

We are always on the lookout for new members.

All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events. Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

To get in touch, please email ptfa@springwoodhighschool.co.uk. We would love to hear from you.

Lost Property

If your child loses any property during the school day, they can check in the following places –

- Year Office
- Lost Property basket in the canteen near the music rooms
- Lost property basket in the LRC near the teacher's desk
- Go to reception and ask if anything has been handed in

If they do not find it, please tell them to ask the Year Office to send an email to the Lost Property email address

TIES TO ORDER

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office. The child will get a note when they are ready to collect.

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School Uniform Policy

We are proud of our uniform at Springwood, it promotes the ethos of Springwood, provides a sense of belonging and identity for the students and sets an appropriate tone for education. We therefore ask that students wear their uniform correctly and with pride

School Uniform & Sports Kit Checklist

*Blazer
*White, stiff collar school shirt
*House colour school tie
**Plain black tailored trousers
*School skirt
*School shorts
*School jumper
Plain black tights or plain black socks that must at least cover the whole ankle
(Trainer socks, and footless tights or leggings are not allowed)
Plain black (leather or leather-like) shoes
(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)
Plain coat (no logos or other markings) long enough to cover blazer properly



PE KIT

Compulsory:	Optional:
*Springwood PE shirt Black Shorts Black Socks Trainers (non-marking sole with grip) Football Boots	*Springwood sweatshirt Black Track Suit Bottoms Plain Black leggings Plain Black 'skin' can be worn under PE shirt Shin pads and gumshields

Items marked * can only be bought through the school website from Price & Buckland

**Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website.

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Price & Buckland Update

Price and Buckland are updating their uniform shop for parents.

The new website will give parents the following benefits:

- Parents with children at different schools will be able to order from multiple schools with ease.
- Parents will be able to spread payment across 3 months through Klarna.
- Parents will be prompted how close they are to the free delivery threshold.
- Parents will have more payment options with the introduction of Apple Pay and Google Pay.

Parents who have ordered from them previously will need to reset their password and they can use the same password as before. Parents, who are new to Price & Buckland, will need to register as usual.

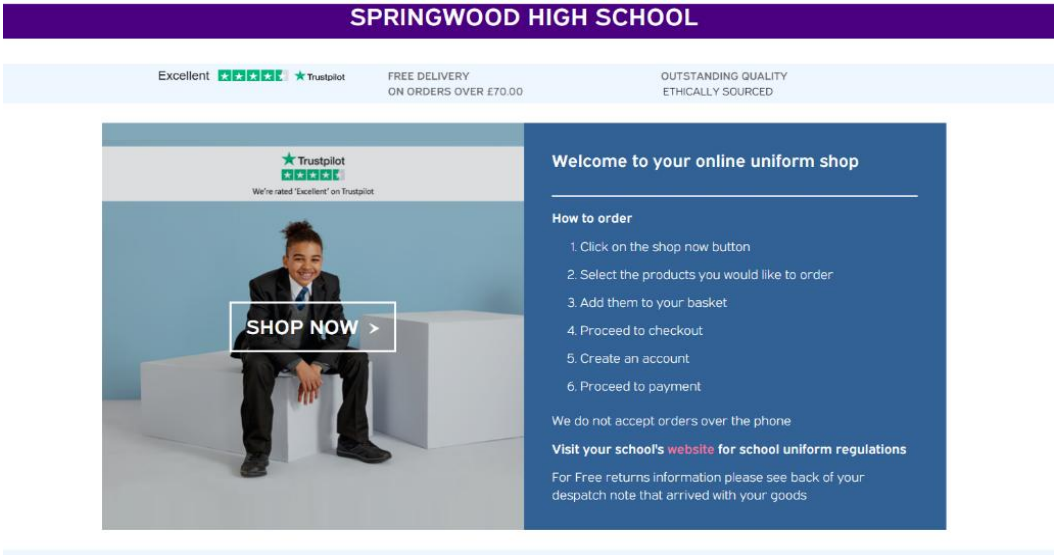
It goes live on the 11th February and the school website link is updated.

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EQUIPMENT

Equipment Checklist

All students should have the following with them every day –
School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen, Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU



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Welcome to the first PTFA update of the new academic year and a warm welcome to all the new parents and carers who are reading this newsletter for the first time.

As ever, we've been busy behind the scenes coming up with new fundraising ideas and keeping our well-loved events running.

Our **100 Club lottery** is in its second year and the first draw took place on Wednesday 14 October.

Congratulations to our 3 winners:

1st prize £63.90. - C Bird - number 26
2nd prize £38.34 - Mrs N Karulaitiene - number 22
3rd prize £25.56 - Mrs G Howell - number 34

The next draw is set for Wednesday 9 December and if you haven't joined already, you can sign up for the remaining 5 lottery draws via https://shs-ptfa.org.uk/.

We're also thrilled that we were invited to talk about our PTFA on the BBC Radio Norfolk Breakfast show last week with Chris Goreham. Emma Norris (Vice-Chair) talked about our lottery and fundraising challenges in today's climate, while Ricard Thompson (Deputy Head) talked from a school's perspective, about how important PTFA fundraising and the donation of time is. If you missed these interviews, fear not, you can catch up via this link – https://shs-ptfa.org.uk/20261013_radio_norfolk/

Our Annual General Meeting (AGM) was held on Wednesday 14 October and you can read the minutes for this and our other meetings on the PTFA pages of the school website:
https://www.springwoodhighschool.co.uk/page/?title=PTFA&pid=137

We've also welcomed 3 new members this year and we're always eager to connect with anyone who'd like to get involved or offer support. It can be a 'helping hand' at events, donations of prizes or the suggestion of new ideas. There's no pressure on anyone, you can do as much or as little as you like. If you would like get involved, please do not hesitate to contact us at ptfa@springwoodhughschool.co.uk

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At the time of writing this article we're excited to be running two events later this week:

Year 7 Halloween Disco – Wednesday 21 October
Halloween Bingo – Thursday 22 October

Future events after October half term are:

Christmas Bingo – Friday 27 November
Christmas Rainbow Raffle – drawn on Monday 14 December. Details of how to purchase tickets to follow soon.

For full details of all of our events – please regularly check out our PTFA Facebook page and the PTFA pages on the school website.

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HAPPY HALF TERM

Return to school Monday 2nd November

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