



Springwood High School Extracurricular Activities

Monday

<u>Year 7</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 MFL spelling bee (start date TBC) - 12.40 to 13.20 - F4</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Year 7 choir - 15.30 to 16.30 - 6th form hub Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O6 Peter Pan - 15.30 to 16.30 - Drama studio</p>
<u>Year 8</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O6 Peter Pan - 15.30 to 16.30 - Drama studio</p>
<u>Year 9</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O6 Peter Pan - 15.30 to 16.30 - Drama studio</p>
<u>Year 10</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 3D Design Homework Club/Support - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Wind turbine (invite only) - 15.30 to 16.30 - SL8 Chess club - 15:25 to 16:30 - LRC First lego league - 15.30 to 16.30 - O6</p>



<u>Year 11</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 3D Design Homework Club/Support - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Wind turbine (invite only) - 15.30 to 16.30 - SL8 First lego league - 15.30 to 16.30 - O6 Chess club - 15:25 to 16:30 - LRC</p>
<u>Year 12</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 Fashion Homework Club/Support - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Psychology society - 15.30 to 16.30 - S12</p>
<u>Year 13</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (Male voices) - 12.40 to 13.20 - MU1 Sinfonia (string instruments grade 2+) - 12.40 to 13.20 - MU2 Fashion Homework Club/Support - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Cantabene singers (invite only) - 15.40 to 16.40 - MU1 Psychology society - 15.30 to 16.30 - S12</p>



Springwood High School Extracurricular Activities

Tuesday

<u>Year 7</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Book club - 12.50 to 13.15 - LRC Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Football boys - 15.30 to 16.30 - boys changing room Netball girls - 15.30 to 16.40 - girls changing room School community choir - 16.00 to 17.00 - PHH Peter Pan - 15.30 to 16.30 - Drama studio Rounders - 15:25 to 16:30 - Boys/Girls Changing Room Cricket - 15:25 to 16:30 - Boys/Girls Changing Room</p>
<u>Year 8</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 Textiles/Fashion Club - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 Springing strings - 15.45 to 16.45 - MU2 Masterblasters band - 15.45 to 16.45 - MU1 Netball girls - 15.30 to 16.30 - girls changing room School community choir - 16.00 to 17.00 - PHH Peter Pan - 15.30 to 16.30 - Drama studio Cricket - 15:25 to 16:30 - Boys/Girls Changing Room</p>
<u>Year 9</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 Textiles/Fashion Club - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 School community choir - 16.00 to 17.00 - PHH Peter Pan - 15.30 to 16.30 - Drama studio Cricket - 15:25 to 16:30 - Boys/Girls Changing Room</p>
<u>Year 10</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 PE GCSE homework support - 12.40 to 13.20 - F12</p>



	<p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 Cansat - 15.30 to 16.30 - JL12 Boys football - 15.30 to 16.30 - boys changing room 'Les Mis full cast - 15.30 to 17.00 - PHH School community choir - 16.00 to 17.00 - PHH Soapbox - 15.30 to 16.30 - T1 Cricket - 15:25 to 16:30 - Boys/Girls Changing Room</p>
<u>Year 11</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 Cansat - 15.30 -16.30 - JL12 7+ GCSE English support - 15.30 to 16.30 - H2 School community choir - 16.00 to 17.00 - PHH 'Les Mis full cast - 15.30 to 17.00 - PHH Soapbox - 15.30 to 16.30 - T1 Cricket - 15:25 to 16:30 - Boys/Girls Changing Room</p>
<u>Year 12</u>	<p><u>Lunchtime:</u> Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 History - 12.40 to 13.20 - O5</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B7 Cansat - 15.30 -16.30 - JL12 Chemistry revision - 15.30 -16.30 - SL9 Creative writing club (week 2 only) - 15.30 to 16.30 - H5 School community choir - 16.00 to 17.00 - PHH 'Les Mis full cast - 15.30 to 17.00 - PHH Debating - 15.30 to 16.30 - S12 PE support - 15.30 to 16.30 - F12 Soapbox - 15.30 to 16.30 - T1</p>
<u>Year 13</u>	<p><u>Lunchtime:</u> Grade 5 theory - 12.40 to 13.20 - MU3 Woodwind ensemble (grade 2+) - 12.40 to 13.20 - MU1 History - 12.40 to 13.20 - O5</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B7 Creative writing club (week 2 only) - 15.30 to 16.30 - H5 School community choir - 16.00 to 17.00 - PHH 'Les Mis full cast - 15.30 to 17.00 - PHH Debating - 15.30 to 16.30 - S12 PE support - 15.30 to 16.30 - F12 Soapbox - 15.30 to 16.30 - T1</p>



Springwood High School Extracurricular Activities

Wednesday

Year 7

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11
Crochet knitting club - 12.50 to 13.15 - LRC
Lego coding club - 12.50 to 13.15 - O6
Environmental society - 12.50 to 13.15 - JL12
Kingsmen (male voices) - 12.40 to 13.20 -MU1
Language games club - 12.40 to 13.20 - F4

After School:

Maths Club - 15:30 to 16:30 - B11
Photography club - 15.30 to 16.30 - B12
Cooking club - 15.30 to 16.30 - T5
Art Club 4 weeks each half term - 15.30 to 16.30 - BA4
STEM club - 15.30 to 16.30 - JL11
Soul band (invite only) - 15.40 to 16.40 - MU2
Cooking club (week 2) - 15.30 to 16.30 - T5
Boys rugby - 15.30 to 16.30 - boys changing rooms
Athletics - 15:25 to 16:30 - boys/girls changing rooms

Year 8

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11
Crochet knitting club - 12.50 to 13.15 - LRC
Lego coding club - 12.50 to 13.15 - O6
Environmental society - 12.50 to 13.15 - JL12
Kingsmen (male voices) - 12.40 to 13.20 -MU1
Language games club - 12.40 to 13.20 - F4

After School:

Maths Club - 15:30 to 16:30 - B11
Photography club - 15.30 to 16.30 - B12
Cooking club - 15.30 to 16.30 - T5
STEM club - 15.30 to 16.30 - JL11
Art Club 4 weeks each half term - 15.30 to 16.30 - BA4
Soul band (invite only) - 15.40 to 16.40 - MU2
Cooking club (week 2) - 15.30 to 16.30 - T5
Boys rugby - 15.30 to 16.30 - boys changing rooms
Athletics - 15:25 to 16:30 - boys/girls changing rooms

Year 9

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11
Lego coding club - 12.50 to 13.15 - O6
Environmental society - 12.50 to 13.15 - JL12
Kingsmen (male voices) - 12.40 to 13.20 -MU1
Language games club - 12.40 to 13.20 - F4

After School:

Maths Club - 15:30 to 16:30 - B11
Photography club - 15.30 to 16.30 - B12
Cooking club - 15.30 to 16.30 - T5
Art Club 4 weeks each half term - 15.30 to 16.30 - BA4
Soul band (invite only) - 15.40 to 16.40 - MU2



	<p>Cooking club (week 2) - 15.30 to 16.30 - T5 Boys rugby - 15.30 to 16.30 - boys changing rooms Netball girls - 15.30 to 16.30 - girls changing rooms Silver CREST - 15.30 to 16.30 - JL12 Athletics - 15:25 to 16:30 - boys/girls changing rooms</p>
<u>Year 10</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 -MU1 3D Design Homework Club/Support - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 English revision/support - 15.30 to 16.30 - H4 Photography club - 15.30 to 16.30 - B12 Art club - 15.30 to 16.30 - BA4 Soul band (invite only) - 15.40 to 16.40 - MU2 Boys rugby - 15.30 to 16.30 - boys changing rooms Composition coursework - 15.40 to 17.00 - MU3 Athletics - 15:25 to 16:30 - boys/girls changing rooms</p>
<u>Year 11</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Kingsmen (male voices) - 12.40 to 13.20 -MU1 3D Design Homework Club/Support - 12.40 to 13.20 - T4</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B11 English revision/support - 15.30 to 16.30 - H4 Photography club - 15.30 to 16.30 - B12 Art club - 15.30 to 16.30 - BA4 Soul band (invite only) - 15.40 to 16.40 - MU2 Boys rugby - 15.30 to 16.30 - boys changing rooms Composition coursework - 15.40 to 17.00 - MU3 Athletics - 15:25 to 16:30 - boys/girls changing rooms</p>
<u>Year 12</u>	<p><u>Lunchtime:</u> Environmental society - 12.50 to 13.15 - JL12 Kingsmen (male voices) - 12.40 to 13.20 -MU1 Fashion Homework Club/Support - 12.40 to 13.20 - T4 Dance - 12.40 to 13.20 - West Gym Basketball - 12.40 to 13.20 - East gym Newsletter - 12.40 to 13.20 - O7</p> <p><u>After School:</u> Maths Club - 15:30 to 16:30 - B7 Mens Rugby - 15.30 to 16.30 - Oxburgh Field Photography club - 15.30 to 16.30 - B12 Art club - 15.30 to 16.30 - BA4 Soul band (invite only) - 15.40 to 16.40 - MU2 Composition coursework - 15.40 to 17.00 - MU3 Netball - 15.30 to 16.30 - Astro</p>



Springwood High School Extracurricular Activities

Thursday

Year 7

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11
Chill/Chat/Colour - 12.50 to 13.15 - Holkham
Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1
Bella voices (Female voices) - 12.40 to 13.20 - MU2

After School:

Maths Club - 15:30 to 16:30 - B11
History club (starting 18th September) - 15.30 to 16.30 - S7
Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio
Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub
Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2
Basketball all - 15.30 to 16.30 - boys/girls changing rooms
Football girls - 15.30 to 16.30 - girls changing room
Tennis - 15:25 to 16:30 - boys/girls changing rooms

Year 8

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11
Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1
Bella voices (Female voices) - 12.40 to 13.20 - MU2

After School:

Maths Club - 15:30 to 16:30 - B11
History club (Starting 18th Sept) - 15.30 to 16.30 - S7
Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio
Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub
Rock club (Beginner Guitar/Bass/Drums/Vocals) - 15.40 to 16.40 - MU2
Basketball all - 15.30 to 16.30 - boys/girls changing rooms
Football girls - 15.30 to 16.30 - girls changing room
Football boys - 15.30 to 16.30 - boys changing room
Tennis - 15:25 to 16:30 - boys/girls changing rooms
Rounders - 15:25 to 16:30 - boys/girls changing rooms

Year 9

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11
Junior brass ensemble (grade 2+) - 12.40 to 13.20 -MU1
Bella voices (Female voices) - 12.40 to 13.20 - MU2
DT club (21st Nov start, week 1) - 12.40 to 13.20 - T2

After School:

Maths Club - 15:30 to 16:30 - B11
History club (Starting 18th Sept) - 15.30 to 16.30 - S7
Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio
Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub
Basketball all - 15.30 to 16.30 - boys/girls changing rooms
Football girls - 15.30 to 16.30 - girls changing room
Football boys - 15.30 to 16.30 - boys changing room



	Tennis - 15:25 to 16:30 - boys/girls changing rooms Rounders - 15:25 to 16:30 - boys/girls changing rooms
<u>Year 10</u>	<u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Bella voices (Female voices) - 12.40 to 13.20 - MU2 3D Design Homework Club/Support - 12.40 to 13.20 - T4 <u>After School:</u> Maths Club - 15:30 to 16:30 - B11 History club - 15.30 to 16.30 - S7 Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub Basketball all - 15.30 to 16.30 - boys/girls changing rooms Football girls - 15.30 to 16.30 - girls changing room Netball girls - 15.30 to 16.30 - girls changing room Tennis - 15:25 to 16:30 - boys/girls changing rooms Rounders - 15:25 to 16:30 - boys/girls changing rooms
<u>Year 11</u>	<u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Bella voices (Female voices) - 12.40 to 13.20 - MU2 3D Design Homework Club/Support - 12.40 to 13.20 - T4 <u>After School:</u> Maths Club - 15:30 to 16:30 - B11 History club (Starting 18th Sept) - 15.30 to 16.30 - S7 Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio 7+ English - 15.30 to 16.30 - H6 Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub Basketball all - 15.30 to 16.30 - boys/girls changing rooms Football girls - 15.30 to 16.30 - girls changing room Netball girls - 15.30 to 16.30 - girls changing room Tennis - 15:25 to 16:30 - boys/girls changing rooms Rounders - 15:25 to 16:30 - boys/girls changing rooms
<u>Year 12</u>	<u>Lunchtime:</u> Bella voices (Female voices) - 12.40 to 13.20 - MU2 Fashion Homework Club/Support - 12.40 to 13.20 - T4 Law - 12.40 to 13.20 - B8 Week 1 <u>After School:</u> Maths Club - 15:30 to 16:30 - B7 Ethics for Medics - 15.25 to 16.25 - S2 Kinetic theatre (Starting 11th Sept) - 18.00 to 20.00 - Drama studio Concert Band (Wind/Brass/Strings/Percussion Grade 3+ or learning more than 2½ years) - 15.40 to 17.00 - 6th form hub Baking Society - 15.30 to 16.30 - Tech - Week 1



Springwood High School Extracurricular Activities

Friday

Year 7

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11

Film club - 12.50 to 13.15 - LRC

Guitar group - 12.40 to 13.20 - MU1

Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1

After School:

Dance club - 15.30 to 16.30 - West gym

Fitness/Track Athletics - 15.30 - 16.30 - South gym and south field (weather dependent)

Big band (invitation) - 15.40 to 16.40 - MU1

Rugby girls - 15.30 to 16.30 - girls changing room

'Les Mis full cast - 15.30 to 17.00 - PHH

Year 8

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11

Guitar group - 12.40 to 13.20 - MU1

Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1

After School:

Dance club - 15.30 to 16.30 - West gym

Fitness/Track Athletics - 15.30 - 16.30 - South gym and south field (weather dependent)

Big band (invitation) - 15.40 to 16.40 - MU1

Rugby girls - 15.30 to 16.30 - girls changing room

'Les Mis full cast - 15.30 to 17.00 - PHH

Year 9

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11

Guitar group - 12.40 to 13.20 - MU1

Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1

After School:

Dance club - 15.30 to 16.30 - West gym

Fitness/Track Athletics - 15.30 - 16.30 - South gym and south field (weather dependent)

Big band (invitation) - 15.40 to 16.40 - MU1

Rugby girls - 15.30 to 16.30 - girls changing room

'Les Mis full cast - 15.30 to 17.00 - PHH

Year 10

Lunchtime:

Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11

Guitar group - 12.40 to 13.20 - MU1

Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1

After School:

Dance club - 15.30 to 16.30 - West gym

Fitness/Track Athletics - 15.30 - 16.30 - South gym and south field (weather dependent)

Big band (invitation) - 15.40 to 16.40 - MU1

Rugby girls - 15.30 to 16.30 - girls changing room

'Les Mis full cast - 15.30 to 17.00 - PHH



<u>Year 11</u>	<p><u>Lunchtime:</u> Maths Homework Club - 11:20 to 11:35 and 12:40 to 13:00 - B11 Guitar group - 12.40 to 13.20 - MU1 Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1 GCSE PE homework support - 12.40 to 13.20 - F12 week 1 only</p> <p><u>After School:</u> Dance club - 15.30 to 16.30 - West gym Fitness/Track Athletics - 15.30 - 16.30 - South gym and south field (weather dependent) Big band (invitation) - 15.40 to 16.40 - MU1 Rugby girls - 15.30 to 16.30 - girls changing room PE GCSE support - 15.30 to 16.30 - F13 'Les Mis full cast - 15.30 to 17.00 - PHH</p>
<u>Year 12</u>	<p><u>Lunchtime:</u> Guitar group - 12.40 to 13.20 - MU1 Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1 Podcast society - 12.40 to 13.20 - J1</p> <p><u>After School:</u> Big band (invitation) - 15.40 to 16.40 - MU1 Running/Fitness society - 15.30 to 16.30 - 6th form hub 'Les Mis full cast - 15.30 to 17.00 - PHH</p>
<u>Year 13</u>	<p><u>Lunchtime:</u> Guitar group - 12.40 to 13.20 - MU1 Vegan & vegetarian society - 12.40 to 13.20 - S12 Friday week 1 Podcast society - 12.40 to 13.20 - J1</p> <p><u>After School:</u> Big band (invitation) - 15.40 to 16.40 - MU1 Running/Fitness society - 15.30 to 16.30 - 6th form hub 'Les Mis full cast - 15.30 to 17.00 - PHH</p>