

PSHE Learning Journey



Springwood
High School

Springwood
Apprenticeships Sixth Form College

Employability, Online Safety & Dark Web, NHS CPR, Blood & Organ Donations, Risk, Independent Living, Personal Safety in Public Places, Porn & Sexual ethics.



Fertility & Reproductive Health. Sexual Bullying, Body Positivity, Intersectionality LGBTQ+, Fake News, Tattoo's & Piercings, Gambling, Eating disorders.



Why is PSHE Important, Consent & Rape, Revision Study Skills Unhealthy Relationships, Uni or College, Sex, Pregnancy & Consequences, What makes positive sexual relationship.

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Teenage Pregnancy, Screen Time, Time Management, Role Models, Mental Health, Online Fraud, Break Ups, Gender around the world.

Exam stress, Employability, Social Media & Self Esteem, Body Shaming, FGM, Relationships II, Smoking & Vaping, Drugs, Binge Drinking

Starting GCSE's, Goal Tree, Being an ally 2 LGBTQ+, Relationships I, Homelessness, Gangs, County Lines, Carrying a Knife, Grief, Identity & diversity LGBTQ+,

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Risk Taking, Self Image & Self Esteem, FGM, Gambling, Body Image, Social Media & Mental Health, How to Revise to Achieve, Online Influencers, First Aid.

Eating Disorders, Mental Health, Sleep Factor, Child Exploitation, Cigarettes & Alcohol, Drugs, Positive Relationships 2nd visit, Politics, Work & Money, Healthy Living.

Personal Understanding, Growing up LGBTQ+, Consent, Body Image & Relationship Abuse, Transgender, Positive Relationships, Movember & Men's Health, Online Consent.

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Alcohol & Peer Pressure, Vaccinations, The Sleep Factor, Family Life, Puberty, Being an ally LGBTQ+, Carrying a Knife, Sexism.

Peer Pressure, Bullying & Cyberbullying. Democracy, Relationships, Gender & Sexuality, Commitment, Drugs, Smoking & Vaping,

Mental health, Online Safety, Managing emotions and behaviour, Coming out LGBTQ+, Dealing with change, Finance, Age & Media,

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Environment, Hate Crime, Drugs, Alcohol & Vaping, Positivity, Money, Sleep, Online Safety, Relationships & Sex Ed.

Well Being, Respect, Meaning of Flags LGBTQ+, Feelings, Puberty, Friendship, Resilience, British Values.

Getting to know, Them & Us, Organisation, Bullying, What is Pride, Remembrance, How to Learn, Road Safety.

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