

PE KS5 Learning Journey

University
Apprenticeship
Employment



**FINAL
EXAM**

A: Projectile motion and Fluid mechanics
C: Law, commercialisation, technology

PPE2

A: Angular motion
B: Personality, attitudes, aggression
and leadership

A: Injury prevention and rehabilitation
B: Motivation, achievement motivation, goal
setting and attribution theory

A: Biomechanical principle and
Levers

A: Linear motion
B: Social facilitation and group
dynamics

PPE1

C: Concepts and elite performers

A: Diet, nutrition and supplements
B: Arousal, anxiety, self-efficacy
and stress management

C: Ethics, violence and drugs

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**End of Year
Assessment**

C: Sociological theory
applied to equal
opportunities

A: Energy systems
B: Memory models

A: Preparation and training methods

B: Principles and theories of learning
B: Use of guidance and feedback

**January
Assessment**

A: Musculo-skeletal system

C: Post World War II (1950 to present)

A: Neuromuscular system
C: Industrial and post-industrial (1780-1900)

A: Respiratory system

A: CV System
B: Skill classifications
C: Pre-industrial (pre-1780)

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B: Structure of practice