KS5 Dance Learning Journey

Springwood High School

Employment Apprenticeship University

Plan and rehearse

Audition

Understand performance genres

Presentation Collaboration

Performance Preparation

Understand the process of choreographing and performing dance

Choreography

Rehearse the dance and bring it to performance

Explore *Motif & Development*

Choreograph a dance

Repertory

Respond **Perform in a dance piece** *Feedback*

Analyse and evaluate the role of a dancer in rehearsal and performance

Research *Leadership* *Strengths* *Weaknesses* *Targets*

Review and analyse the delivered session

13

Leading

Demonstrate safe dance practice in the role of a dance leader

Confidence *Lesson plan* *Teach*

Plan and deliver part of a dance session

Warm up *Cool down* *Injuries* *Risk assessment*

Understand and demonstrate safe preparation for effective dance practice

Safe Practice

Demonstrate understanding of the core elements of safe, effective dance practice

Teamwork

Choreograph and perform group routine **Reflect on process and performance**

Ensemble

Perform a group dance in the chosen dance style

Business plan *Show reel* *CV*

Establish strategies for getting work in the creative and performing arts industries

Careers

Create a career action plan to support future engagement in the creative/performing arts profession

West Norfolk Academies Trust

12