

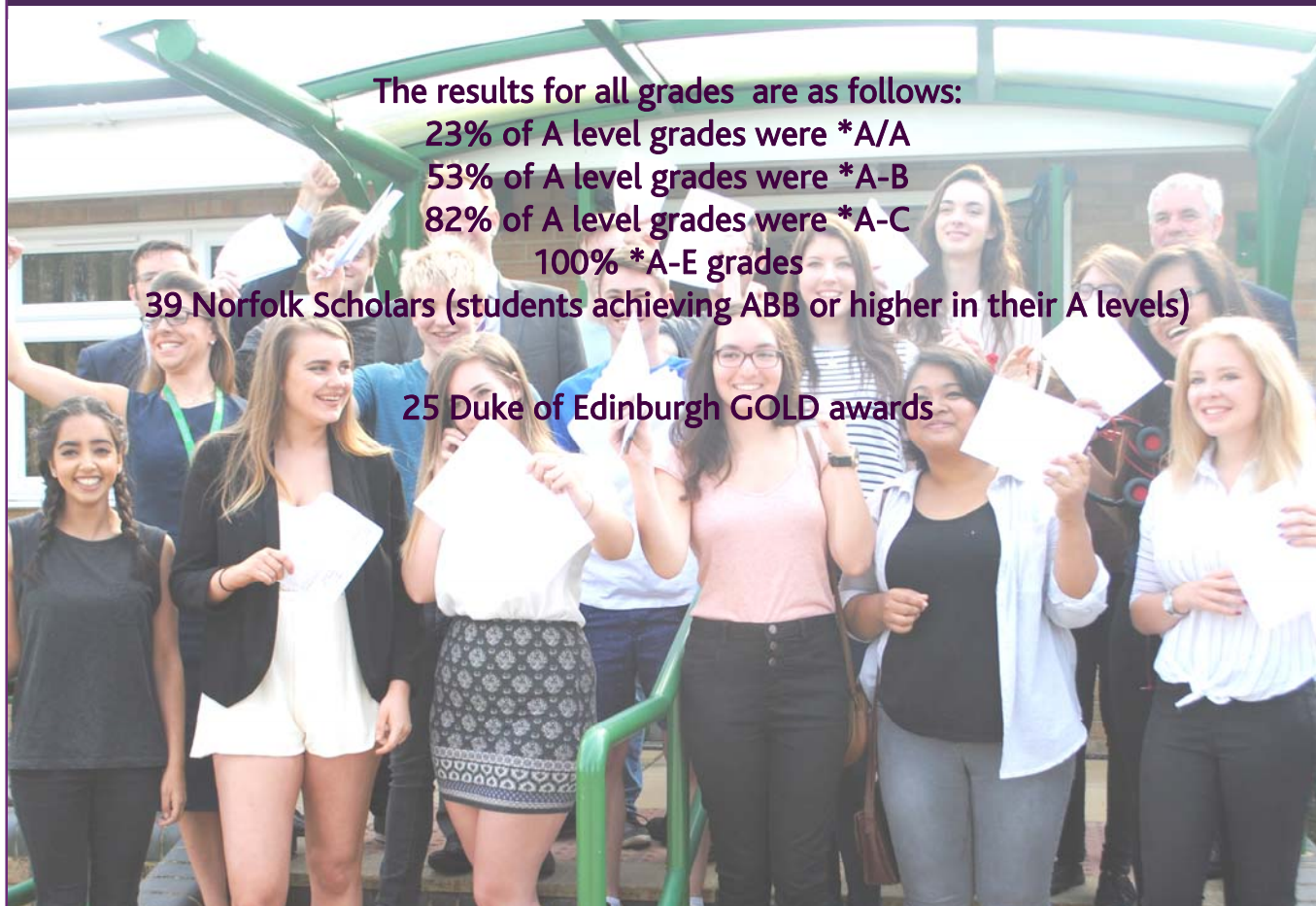
news@springwood

GOLD FOR SPRINGWOOD



Springwood High School was pleased to announce that they have had the best A level result in the school's history, with 82% of grades at *A - C.

Andy Johnson, Executive Headteacher said "These are a phenomenal set of results for our Sixth Form. They are a testament to the hard work and dedication of our students and staff."



The results for all grades are as follows:

23% of A level grades were *A/A

53% of A level grades were *A-B

82% of A level grades were *A-C

100% *A-E grades

39 Norfolk Scholars (students achieving ABB or higher in their A levels)

25 Duke of Edinburgh GOLD awards

George Pettitt, Director of Sixth Form said "These results show the hard work of the students at Springwood and are very well deserved. We have worked on the whole sixth form experience. The EPQ and Duke of Edinburgh results, combined with excellent academic achievement, will really help our young people leave us with the brightest possible futures." **Roger Livesey, Chair of Governors and Chair of the West Norfolk Academies Trust** said "The Governors and Trustees are proud of its Sixth Form. This year's results have shown that our Sixth Form provision is outstanding."

gcseresults@springwood

BEST EVER

The majority of these students (pictured right and below) and many others from Springwood and surrounding schools are looking forward to attending Springwood High School's Sixth form which achieved its best ever results this year. GCSE results saw a magnificent 66% of students achieving English and Mathematics at C grade or higher.

Andy Johnson, Executive Headteacher said, "This is a magnificent set of results for the school. It has been a brilliant year for Springwood at both GCSE and A level".

Roger Livesey, Chair of Governors and Chair of Trustees said, "Springwood has delivered an outstanding set of results for the school this year. I am proud of how hard the students and staff have worked"



parentinfo@springwood

MESSAGES TO PUPILS DURING THE SCHOOL DAY

We are aware that, occasionally, it is necessary for parents to telephone school during the working day to alter the usual arrangement for pupils leaving school at 3.25pm. Any such message can be left with the House Manager. Sometimes pupils also need to be informed of last minute doctor or dentist appointments. Messages are passed to pupils as promptly as possible, but as this is often excessively time consuming we do ask that these be kept to a minimum. Time constraints on administrative staff can make message delivery very difficult, particularly at the end of the day. We know from experience that many calls to school could easily be avoided if arrangements were made at home before pupils leave in the morning. Please contact school only in cases of emergency and be assured that urgent messages are forwarded as promptly as possible.

PUBLICATION OF PUPILS' PHOTOGRAPHS AND NAMES

Our school regularly publishes pupils' names and photographs in the Newsletter and sometimes also to the press, and this is always in connection with some notable achievement on the pupils' part. We would not, however, publish such information against parents' wishes.

No parent has ever objected at Springwood, but if a parent does have concerns about their son/daughter's name and photograph being published, if they let us know we will ensure that this does not happen.



SCHOOL CLOSURES

There are occasions, fortunately very rare, when the school has to be closed at extremely short notice. This could happen because of severe weather conditions which make transport dangerous or because of a breakdown in the heating system.

Any emergency will be broadcast on local radio at regular intervals from about 7 am onwards. This is our only way to notify all of our pupils, parents and staff in time to prevent them coming into school, so we therefore advise everyone to listen to the early morning programmes on KL:FM (96.7) or BBC Radio Norfolk (95.1 or 104.1 FM and 873 or 855 MW) particularly if weather conditions are severe.

SCHOOL CALENDAR 2016-17

Autumn Term 2016

Monday 5 September - Friday 16 December

Autumn Half Term Holiday 2016

Monday 24 October - Friday 28 October

Spring Term 2017

Thursday 5 January - Friday 31 March

Spring Half Term Holiday 2017

Monday 13 February - Friday 17 February

Summer Term 2017

Tuesday 18 April - Friday 21 July

Summer Half Term Holiday 2017

Monday 29 May - Friday 2 June

DATA PROTECTION ACT

The School is required to provide pupils and parents with details of the information it retains, concerning the purpose for which is used, and of any third parties to whom the information may be passed.

SPRINGWOOD HIGH SCHOOL DATA TEAM

Mrs C Knights
Data Manager

Mrs B Setchell
Data Assistant

- Are you having problems getting into SIMS Parent Gateway?
- Have you forgotten your password?
- Would you be interested in attending a drop-in session where friendly help is available?
- Have you moved house or changed your contact details?

For any of the above please email the Springwood High School data team at:
data@springwoodhighschool.co.uk

IS YOUR SON OR DAUGHTER LEAVING SPRINGWOOD THIS TERM?

If so then please advise their House Manager in writing, letting them know the following:

- the name and address of their new school.
- the last day they will be at Springwood.

We have to forward this information on to the Local Authority so that their records can follow them on to their new school.

springwood@springwood

House Managers

Blickling House
Ms J Craig
Direct Dial No:
01553 778099



Oxburgh House
Mrs P Moate
Direct Dial No:
01553 778090



Sandringham House
Mrs N Willett
Direct Dial No:
01553 779405



Felbrigg House
Mrs R Saxby
Direct Dial No:
01553 778092

Holkham House
Mrs A Penny
Direct Dial No:
01553 779408



Drawings of the Houses by Daniel Webb 12-06

LOST PROPERTY

We get a large amount of lost property, so please name all school uniform and equipment. If they are labelled they can be returned to their owners.



WINTER UNIFORM

A reminder for all students Years 7 - 11 that they should be in Winter Uniform from after October half-term until February half-term.

During this period all students are expected to be wearing a jumper under their blazer and any coats, scarves and gloves worn must be black.

Any queries please check the website or ask at your house office.



Pictured right Sixth Form Coffee and Cake Sale, they raised over £290.



Photograph taken by Abbie Young 12-11

Also thank you to everyone who contributed to or bought from a separate Macmillan cake sale in the Bridge! We raised £49 for the actual cake sale but have also had money added to the pot from other places, giving us a total of £119 for Macmillan Cancer Support!

Thank you for your support, and well done to those students who helped with selling the cakes. Mrs Carlton



community@springwood



ADVANCE TICKETS ADULTS: £7.00 / CHILDREN: £3.00 AVAILABLE AT CASTLE SHOP OR BY POST
ON THE NIGHT ADULTS: £10.00 / CHILDREN: £5.00 CALL 01553631330



Christmas School Sugar Collection

Supporting shelters in East Anglia for the homeless and families in crisis

PLEASE BRING A BAG OF SUGAR INTO SCHOOL BY

1 December 2016

For the needy, sugar is instant and vital energy in food and hot drinks

Collection Box in LRC

Celebrating 30 years of school sugar collection

BEFA (The Buckingham Emergency Food Appeal)
Registered Charity Number: 1066578

Supported by BRITISH SUGAR

LAST NIGHT AT THE PROMS

Congratulations to Ben Holford who played trombone in this Year's Last Night of the Proms as a member of the Youth Ensemble.

On Saturdays Ben attends the Royal College of Music and when he leaves Springwood in 2017 he will be studying at the Conservatoire.

Ben also plays in the school's concert and swing band and is a member of the King's Lynn Town Band.

What an amazing achievement for a local lad.



competitions@springwood

PAPERWORKS WINNER

PaperWorks



Congratulations to Wesley King who has been awarded joint runner up for his Bass Tech entry in this year's PaperWorks packaging competition. The judging panel said: "The design shows a great utilisation of material and any manufacturer would be capable of making it. It is very practical and ideal for mailing – exactly what was wanted in the brief."

The school received a cheque for £100 to use towards equipment for the Design and Technology department. Wesley received £50 of High Street vouchers.

Wesley pictured left with Mr Johnson and Holkham House Manager Mrs Penny receiving his certificate and vouchers.

SUCCESSFUL BOOK LAUNCH

More than sixty people attended the launch of Michael Walker's new book, *Alderman Catleugh Schools, 1957-79*, on 13 September at Springwood High School. The former students and staff watched a powerpoint presentation of school photographs prepared by local film-maker Robert Fuller, who was at the school in the late 1970s. Then there was the opportunity to wander round the former Alderman Catleugh buildings and reminisce with old friends. The continuing buzz of conversation was a measure of the success of the evening.

The guest of honour was Miss Norah Howe-Smith who was successively Deputy Head and then Head of the Girls' School and finally Head of the combined school for the three years before it was merged with the West Norfolk and King's Lynn Girls' High School to form Springwood High School in 1979. Another long-serving member of staff who attended was Mr Noel Sawyer who taught woodwork from 1957 to 1979. Some of the former students who attended were at the Alderman Catleugh Boys' and Girls' schools when they first opened in September 1957.

Many thanks are due to Mr Andrew Johnson, the Executive Principal of Springwood High School, for hosting the event. The book is on sale, priced £7.95, at Waterstones in King's Lynn and from Springwood High School (an order form can be found on the school website.) All profits from the sale of the books go to the school.



Photographs taken by Mrs Julie Olive



(The photographs show: Michael Walker flanked by Miss Howe-Smith and Mr Sawyer and those attending the book launch; Michael Walker signing books.)

sport@springwood

SPORTS DAY



FELBRIGG HOUSE AND INDIVIDUAL WINNERS



Megan Moore (F)
Poppy Beales (S)



Joseph Williams (H)



Lauren Moyse (H)



Kyle Wells (F)



Caitlin Bugg (S)



Daniel Harvey (H)

VICTOR AND VICTRIX LUDORUM WINNERS

FELBRIGG	1st
SANDRINGHAM	2nd
BLICKLING	3rd
OSBURN	3rd
HOLKHAM	5th

The annual sports days was held on 11 and 13th July and the whole school came out to cheer on their Houses. This year the House Trophy was won again by Felbrigg. Awards were presented to the Victor and Victrix Ludorum for each age group by Mr Singh who retired at the end of term. The annual staff tug-of-war was won by Holkham staff.

Continued/....

sport@springwood

BOYS	EVENT	EVENT	RECORD	FIRST-10pts	Hs	Time/Dist	SECOND-9PTS	Hs	Time/Dist	THIRD- 8PTS	Hs
	18	1500m	4m31.60	B TUTTLE	O	5M21	K SMITH	F	5M25	K MAYES	S
	24	TJ	11m84	D HARVEY	H	9M17	A WHITE	S	9M16	L BAREFOOT	S
	6	LJ	5m19	L AMARAL	H	4M68	K MAYES L RUDD	S F	4M10		
	59	800m	2m13.70	D HARVEY	H	2M13.07	L HARDAKER	O	2M30.91	B TUTTLE	O
	30	Javelin	39m60	O SIMPSON	B	35M80	J TIVEY	B	23M80	J IVANOV	S
	53	300m	54.62s	R STROINSKAS	F	46S04	T HITCHCOCK	F	46S45	J TOMLINSON	S
	36	Discus	31m17	M HIGBY	H	23M47	D PARTLETON	F	22M73	A JASON	O
	65	200m	24.95s	L AMARAL	H	26S53	E HEWITT	H	26S95	B SILVA	O
	12	HJ	1m72	D HARVEY	H	1M55	T HITCHCOCK	F	1M45	J BIRCH	B
YEARS 9-10	47	100m	11.42s	A WHITE	S	12S41	B SILVA	O	12S63	J KERRY	S
	71	4x100m	48.85s		H	52S88		O	53S58		S
	41	Shot	12m70	R STRAVINSKAS	F	12M47	M HIGBY	H	11M04	T HITCHCOCK	F
				L SEYMORE	S		J ISLE	S		J WEBBER	O

YEARS 9-10 GIRLS	EVENT	EVENT	RECORD	FIRST -10 POINTS	Hs	Time/Dist	SECOND-9 POINTS	Hs	Time/Dist	THIRD- 8 POINTS	Hs
	17	1500m	4m52.38	C BUGG	S	6M15	M HOLMES	O	6M16	E TWITE	S
	5	Discus	25m52	K HENSON	O	17M24	E BLAND	S	16.93	L POLLOCK	F
	58	800m	2m20.78	M HOLMES	O	2M59.58	O JEFFERY	O	3M29.09	K WOOD	F
	35	HJ	1m55	C BUGG	S	1M38	M SMITH	B	1M35	M DAWSON	F
	64	200m	28.55s	C BUGG	S	29S38	M TARRY	F	33S48	M LISCSEY	O
	11	Javelin	24m00	K HENSON	O	18M25	D HOVELL	S	16M90	D PEACOCK	F
	46	100m	12.78s	R AMPOMAH	S	15S05	C SAINTY	F	15S32	M LISCESEY	O
	40	LJ	4m47	M DAWSON	F	3M84	R AMPOMAH	S	3M55	M SMITH	B
	50	300m	49.64s	R AMPOMAH	S	55S68	M CURTIS	S	58S65	A-M CAMPBELL	O
	29	TJ	8m57	A GLASEL	F	7M09	M HOLMES	O	6M77	K SCALES	S
	70	4x100m	57.34s		S	61S63		F	62S92		O

YEARS 8 BOYS	EVENT	EVENT	RECORD	FIRST - 10 PTS	Hs	Time/Dist	SECOND - 9 PTS	Hs	Time/Dist	THIRD - 8 PTS	Hs
	10	1500m	5m09.63	K WELLS	F	5M43	A POWELL	F	5M51	J BROUGHTON	B
	16	Javelin	35m36	C WOODLOW	B	20M05	V SANNAKKI	F	17M75	C HAZLE	H
	56	800m	2m25.69	K WELLS	F	2M36.45	K LANGLEY	S	2M50.88	J PANKS	S
	4	TJ	9m75								
	34	LJ	4m45	K WELLS	F	4M05	C HAZLE	H	3M84	C WOODLOW	B
	52	400m	60.31s								
	22	Discus	25m45	J WINTERS	S	21M38	K LANGLEY	S	16M58	R DABROWSKI	F
	63	200m	27.20s	E NWOBODO	F	28S17	C WOODLOW	B	29S49	T LEMBUTIS	O
	28	Shot	10m71	J BAKER	B	8M67	R DABROWSKI	F	8M54	C DREW	O
BOYS	45	100m	12.95s	E NWOBODO	F	12S95	N POLL	F	13S37	T LEMBUTIS	O
	39	HJ	1m56	J HANSON	F	1M42	A KUZAS	S	1M35	J UPPINGTON	B
	68	4x100m	55.17s		F	57S59		S	59S44		B



New Record

Continued/...

sport@springwood

Y
E
A
R
8
-
G
I
R
L
S

EVENT	EVENT	RECORD	FIRST - 10 PTS	Hs	Time/Dist	SECOND - 9 PTS	Hs	Time/Dist	THIRD - 8PTS	Hs
9	1500m	5m50.87	K MOYLE	B	6M40	E FARNSWORTH	H	7M12	K TAYLOR	H
10	HJ	1m43	E MCCURRY L MOYSE	B H	1M30				L-G MOUNT	F
			N ONURLU R WILLIAMSON	O F					G HUGHES	O
56	800m	2m47.36	J BATEMAN	O	2M56.89	L MOYSE	H	3M00.09	K MOYLE	B
			E O'CRUELLY	B		R WILLIAMSON	F		M MASSAWI	S
21	Javelin	20m93	J BATEMAN	O	18M87	S LAMB	H	11M43	T HITCHCOCK	F
			M-R PARKER	B		M ALLEN	S			
33	Shot	7m77	E COSTELLO	F	6M92	A CERNAUSKAITE E FARNSWORTH	B H	6M34		
			C GREENWOOD	F		L EDWARDS	B		M DICKSON	S
62	200m	29.66s	H CLARKE	H	30S45	M BULLOCK	S	31S88	D XU	B
			K BLANKSON	F		E FARNSWORTH	H		L-G MOUNT	F
27	LJ	4m27	E MCCURRY	B	3M21	L MOUNT	F	3M00	J HAMMOND	O
			L RUSSEN	S		S LAMB	H		I AUKER	H
44	100m	14.16s	L MOYSE	H	14S03	H CLARK	H	14S30	C HOPKINS	S
			N KOULMAN	F		M SCANLON	F		E MCCURRY	B
38	Discus	19m60	A CERNAUSKAITE	B	14M69	E COSTELLO	F	14M08	L BRAY	O
			M-R PARKER	B						
49	300m	55.25s								
15	TJ	7m79								
68	4x100m	59.94s		H	62S17		O	62S98		S

Y
E
A
R
7
-
B
O
Y
S

EVENT	EVENT	RECORD	FIRST - 10 PTS	Hs	Time/Dist	SECOND - 9 PTS	Hs	Time/Dist	THIRD - 8PTS	Hs
2	1500m	5m08.09s	O KITCHENER	F	5M55	J KOULMAN	F	5M59	F TOLL	H
32	TJ	9m45								
20	LJ	4m17	W BRADSHAW	F	3M85	K CHLYNINAS	S	3M56	H WEEKS	O
55	800m	2m27.81	W BRADSHAW	F	2M36.17	O KITCHENER	F	2M45.80	C LAKE	B
14	Discus	21m87	L COSTA	S	16M44	S CASALEIRO	O	15M46	J TARRY	F
23	400m	63.82s								
26	HJ	1m40	K HILL	O	1M32	A MINNS	O	1M27	K CHLYNINAI	S
61	200m	27.76s	J WILLIAMS	H	28S54	W BRADSHAW	F	29S94	J GALLEGGO	B
37	Javelin	26m12	J WILLIAMS	H	25M90	S WEBBER	H	19M04	H OSBOURNE	S
43	100m	12.89s	J WILLIAMS	H	13S30	J GALLEGGO	B	14M03	C LAKE	B
8	Shot	9m39	L COSTA	S	7M40	S CASALEIRO	O	7M29	S WEBBER	H
67	4x100m	58.95s		F	60S45		H	60S96		O

Y
E
A
R
7
-
G
I
R
L
S

EVENT	EVENT	RECORD	FIRST-10 PTS	Hs	Time/Dist	SECOND-9 PTS	Hs	Time/ Dist	THIRD-8 PTS	Hs
1	1500m	5m23.00s	M MOORE	F	6M00	L ALLEN	S	6M51	K CLARKE	B
25	Discus	20m68	E DOCKERTY	B	15M99	K POWLEY-KEATING	F	15M72	M SUITER M VENCKUNE	B O
54	800m	2m42.11s	M MOORE	F	2M47.87	L ALLEN	S	3M14.78	K CLARKE	B
13	Shot	8m23	M MOORE	F	6M05	A PAGE	S	5M89	R WINTERS	H
31	Javelin	17m34	S PATERSON	F	13M45	I FREEMAN	H	10M10	A PAGE M BOWLING	H B
60	200m	29.08s	P BEALES	S	31S13	L HENRY	B	33S98	E WHITMORE	H
7	LJ	4m	P BEALES	S	3.91M	L HENRY	B	3.17M	R ELLIS	F
42	100m	14.10s	P BEALES	S	14S37	E WHITMORE	H	14S67	L HENRY	B
33	HJ	1m40	L ALLEN	S	1M15	R ELLIS	F	1M10	E WHITMORE	H
48	300m	52.37s								
66	4x100m	59.47s		F	65S04		S	65S14		B

btec@springwood

FASION & CLOTHING DIPLOMA FASHION SHOW

Springwood High School held its annual Sixth Form Fashion Show on Wednesday 13th July, showcasing the designs and creations of the Year 12 and Year 13 BTEC Fashion and Clothing students. The BTEC Fashion & Clothing Diploma is an exciting and creative course at Springwood High School where, over a two year period, the students learn to design and make clothes.

The show featured a catwalk of models recruited from students in all years. A massive range of clothes was modelled on the catwalk, along with accessories such as embroidered handbags and elegant hand sewn evening gloves. There were many clothes collections inspired by famous fashion designers, retro vibe style skirts, elegant evening dresses and many more garments.

The show was full of glitz and glamour, kicking off with live music from Year 13 students Georgia Dawson, Izzy Franklin and Charlie Bernardin, who together won the 2016 School Talent Show. Over fifty girls and boys from all year groups took to the catwalk to model the Fashion students' creations. All of the models and designers worked in a professional manner and the event was an enormous success!

The show was watched by an audience including Headteacher Mr Johnson, Springwood High School staff, students, family members and friends, and King's Lynn Deputy Mayor and Councillor Mrs Carol Bower popped along to support the show.

BTEC Fashion & Clothing Course Leader Emma Markwell said "I am overwhelmed with how well the show went and I am very proud of the Fashion students' hard work and effort. It was amazing seeing all of the students creations come to life at the fashion show! I would like to thank the models and everyone involved in the show, and all those who supported the event."

The Fashion Show Photographer (Sixth Form Photography student Joe Ilson) did an amazing job keeping up with the catwalk models and took some very professional photographs. The full collection of photographs and a video of the show will be available to view on the school website.

Miss E Markwell, BTEC Fashion & Clothing Course Leader



Pictured right is Sammy Leet 10H2 modelling the dress she designed for the competition held earlier this year — Design a 1950's style Prom Dress, made by Miss Markwell.



conservation@springwood

TANZANIA & KENYA TRIP

We were offered the opportunity two years ago to go to Tanzania and Kenya to do conservation work. It was most certainly the best thing we have ever done.

The trip lasted for 28 days, all of which were packed with challenge, success, beautiful scenery and incredible people. As a team of 25 in total (Springwood making up about 10 of the team), Team Papa set out to conquer all the challenges presented to us. We stayed at four camps, the first of which was Camp Tanga.

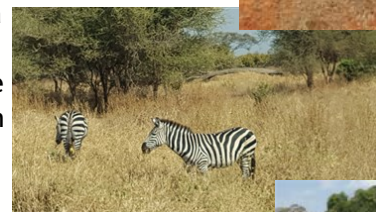
Camp Tanga is on the coast of Tanzania and is where we helped to construct a house in a local village and also learned to scuba dive. The camp itself was stunningly beautiful as we were right on the beach. Every morning required us to step out of our tents and admire the vista across the Indian Ocean. The local village we worked in was located a short (but incredibly bumpy) truck journey away. It was there that we helped to construct a house from sticks, rope and loads of mud. We then did a PADI diving course in which we learned how to dive with scuba equipment. After learning, Team Papa dived just off the coast of where our camp was to swim over a wonderful coral reef that was teeming with life. We ended our time at the camp with a culture day where Team Papa went to the village and were shown how to make mandazi and chapatti (which we could not stop eating).

The second camp Team Papa stayed at was Camp Mbokomu where we assisted a school by laying a cement step outside of a classroom and repairing the walls inside one of the classrooms. Later, we had a culture day in which we visited a tribe where we helped plant banana plants and learned how vital the banana is to the tribe. We also were shown and attempted to carry buckets of water from a stream on our heads which we concluded was easier said than done. Later, Team Papa played a football match against the school where we had been working where we won 3-0 despite the heat.

After Mbokomu, we went on a safari in Manyara where we were driven around the park in open top safari cars and saw elephants, lions, zebra, wildebeest, ostriches, monkeys and so much more.

Team Papa then travelled to Camp Tsavo in Kenya. Whilst there, we helped the community by deworming a lot of unruly goats. As well as this, we went to a tree nursery where Team Papa potted and seeded around 1300 seeds. These seeds will go on to be planted in the surrounding area. We were also told that with the number of trees that we planted, we had all removed our carbon footprint which was awesome.

The 28 days that Team Papa were out in Africa for were unforgettable for all of us and taught us so much. After the trip every one of us came back a changed person, all for the better. We all became more confident, harder working, and most importantly we learned Hakuna Matata. No worries.

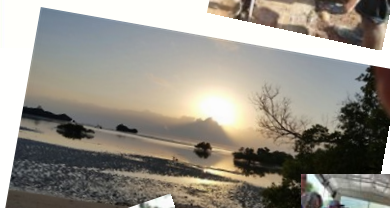
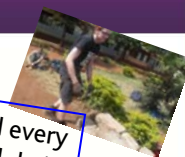


conservation@springwood

"I'll never forget Tanzania, Kenya and their great people and beautiful views". Archie

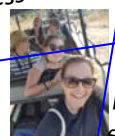


"I had an amazing month and every day I wish I could go back and do it all again – it was an unforgettable experience!" Charlotte



"This month in Africa has opened my eyes so much as to how some parts of the world live and it really has made me appreciate the little things I have since being back. I loved every second of the month and was so lucky to spend it with a bunch of amazing people, roll on a Team Papa reunion!!!" Jess

"The trip gave us a truly unique opportunity to get involved with the African people and their colourful culture. It was the perfect mix of work and play and gave us so much freedom to explore and meet exciting new people. There is no doubt I will be returning on similar travels in my gap year, its really given me a taste for adventure". Sam



"Volunteering in Tanzania and Kenya for the last month has honestly been one of the best experiences of my life. I feel so blessed to have had the opportunity to meet people and experience their culture which has changed my whole perspective on my life". Vicky



"I had an incredible time volunteering in Tanzania and Kenya, meeting incredible people and being part of the unstoppable Team Papa. By far the best month of my life, it opened my eyes to how hard life can be for others whilst mine is easy, yet they remain so positive and happy. Would definitely want to do something like this again". Luke



"Over my time in Africa, I learnt a lot about myself and how privileged I am to live so comfortably compared to the people we met in Africa who have next to nothing yet remain so positive in their environment. This definitely taught me to not take what I have for granted, to always be positive and to help those who may not have the privileges that we have." Ryan



"Children seeing their education as a blessing, rather than a waste of time. Being taught Swahili and learning family recipes to truly immerse in the traditions of such a variety of wonderful cultures. Tribal dancing with the Massai tribes, who have so little, but fully cherish life. Building homes, not just houses, for remarkable individuals, impacting whole communities. Running after goats to deworm them, for a mother to sell at the market, to pay for her child to go to school. Making bracelets and elephant dung paper with the inspirational local Women's group. Learning to Scuba dive in the Indian ocean, after only previously been paddling at Hunstanton beach. Taking part in group Beach Olympics and hilarious Talent shows in our free time. Feeling genuinely welcomed and respected by everyone we met, knowing our hard-work would be appreciated by all. Experiencing all of this with the most fantastic group of people I've ever met, all of whom will remain friends for a very long time, and have given me memories that will last forever. I am so pleased and proud of myself I chose to do this trip, and have no regrets of going through years of exhausting fundraising, as the end result is a once-in-a-lifetime expedition, which I will never forget." Dillon

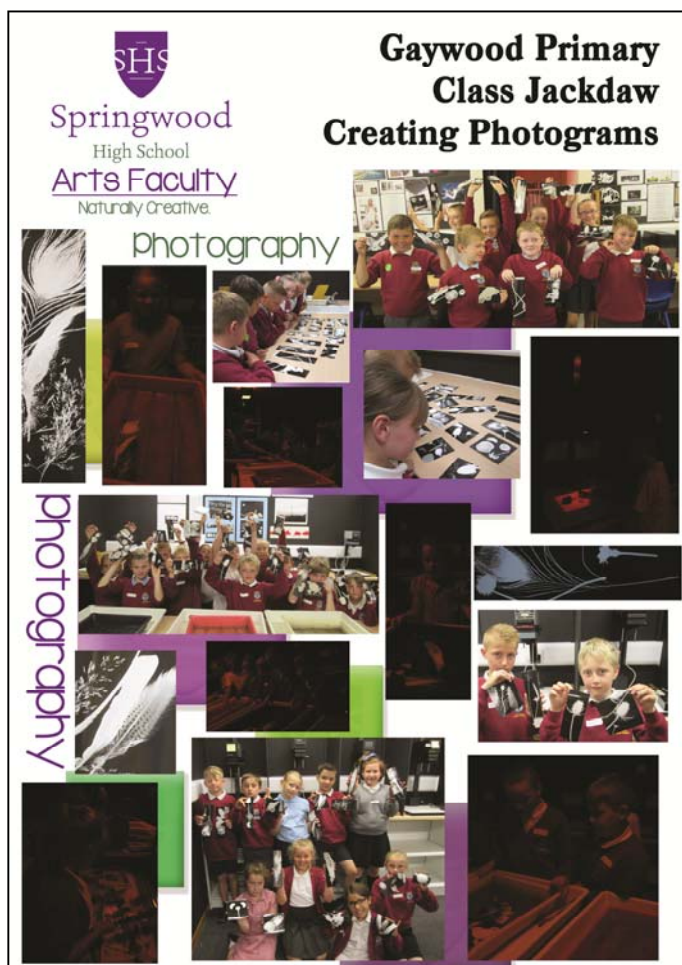
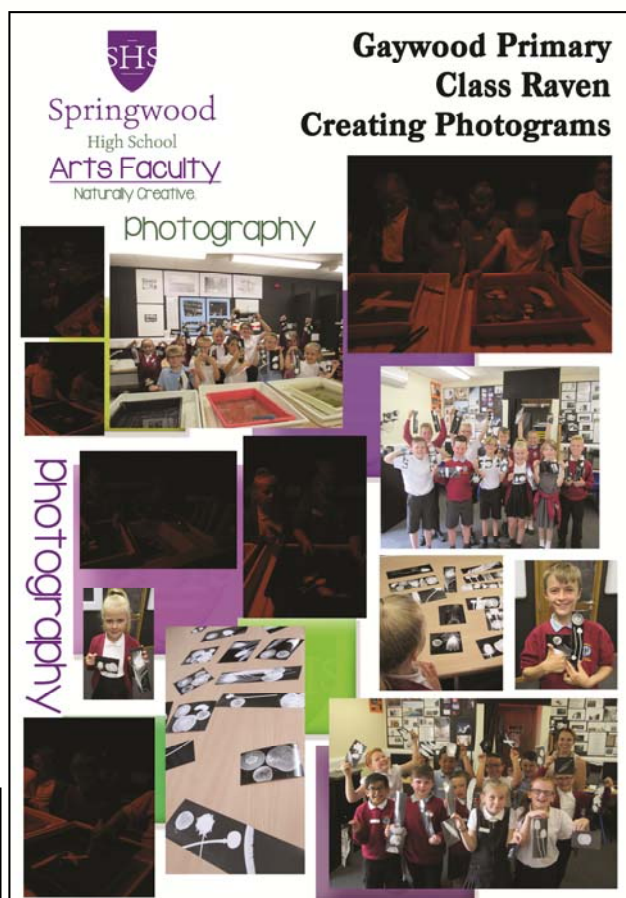
primaryart@springwood

PRIMARY ART CONTINUED

I have had three groups across from Gaywood Primary that are Y4 Raven class. This has been part of the Art and Photography out reach taster sessions with our feeder Primary Schools that I have been organising and running. They have been able to work in the darkroom producing their own photograms. Pupils were inspired by Ethan Janzter and were looking at producing interesting compositions using natural resources, such as feathers, fruit, flowers and grasses.

A really enjoyable and busy two days.

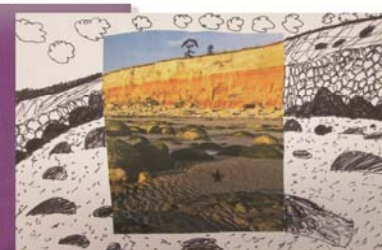
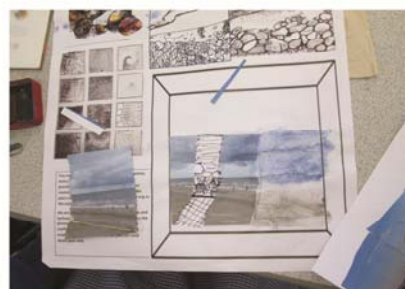
Miss S Simons



primaryart@springwood



Sandringham & West Newton Y3 & Y4 Mixed Media Postcards



In July Year 3 and Year 4 went on a School trip to Hunstanton and to co-incide with that an arts experience was organised so they could be inspired by the coast and create a mixed media piece of work.

Pupils were introduced and inspired by the artist Samantha Payne and had the opportunity to work in water colour, use mark making techniques with a pen and sew into their images. They all then produced their own postcard of Hunstanton that they can use; a very enjoyable visit and fun in learning new artistic techniques. A thank you to Kayley Ford for assisting in this art experience.

kingswood@springwood

SPRINGWOOD AT KINGSWOOD!



Springwood High School were fortunate enough to take 43 pupils to Kingswood Residential Activity Centre from 14th – 16th September. The centre is one of the leading providers nationally, combining thrilling indoor and outdoor activities with secure residential accommodation. The pupils took part in a range of activities including The Leap of Faith, High Equilibrium, Laser-quest, plus a vast array of Team Building Activities. The weather

was fabulous for the most part, until a torrential downpour on the final morning. This still didn't dampen the pupil's spirits as they continued to scale the high bars throughout the difficult conditions.

John Thaxton, the local boxing superstar, gave a fantastic Presentation on the Thursday evening. He spoke at length about some of his victories, and more importantly, his losses. The pupils were given advice on how to bounce back and never give up, no matter how hard life gets. This was followed by an abundance of Pizza for everyone involved!!!



Megan Matthews, pictured left, has shared her favourite moment from the visit. "My favourite moment at Kingswood was the Leap of Faith as I'm normally scared of heights! I'm very happy with my achievements over the course of the trip and can't wait to go again!" Megan Matthews



Kingswood students receiving their certificates

sld@springwood

Photographs taken by Year 12 students Ben Croxford and Daniel Webb

YEAR 7—ARTS/PE DAY



YEAR 8 MATHS BRIDGE BUILDING



YEAR 9 YOUNG CHEF



sld@springwood



NATIONAL POETRY DAY, 6 OCTOBER 2016

Year 7 Tutor Time: 15 minute Responses: "Messages"

A Message

Here is a message I'd like to say,
I get too much homework every day.
There is so much work to complete,
I must admit my defeat.
I have no time to sit and relax,
My brain is always filled with History facts.
This is the message I want to put out:
There should be less homework without a doubt. —Isabel (7H2)

Next to his postbox in a patch of flowers.
Until one day he got a reply.
"I don't hunt with Impunity.
I hunt with Gary.
P.S. You taste good!" - Archie 7H1

MESSAGES MESSAGES MESSAGES THE
INSTAGRAM THE SNAPCHAT THE
EVERYTHING ALL WE DO ALL DAY IS
LOOK AT MESSAGES THE GOSSIP THE
RUNS THROUGH THE WIFI THE GOSSIP
THAT MAKES US LAUGH AND CRY THE
BUTTON FOR SENDING THE MESSAGES
MESSAGES MESSAGES OR ON THE
OTHER SIDE THE PHONE WAITING FOR
A REPLY—JACOB 7B1

The Emoji Poem by Alex (7B2)

Emojis have moved on;
They've come a long way.
They have been shaped and coloured,
They add more every day.
We text this and tweet that,
Play on this and play on that,
Look at things and video chat.
It's too much; we're addicted!

A Wild Message

Once a Zebra messaged a lion:
"I hate you. You hunt us with impunity."
He licked the stamp and slapped it down.
And sent it to Liontown.

/cont'd...

poetry@springwood

NATIONAL POETRY DAY cont'd

Beep in the Night

From my phone I heard a beep,
A sound that could rouse me from sleep.
And so I got up from my bed,
A thousand curses in my head.
Who would text me at this time?
I was sour as a lime.
My phone went 'beep' in the night.

Determined to find out the truth,
I turned into a puzzled sleuth.
And over there, upon my desk,
My phone was disturbed from its rest.
I turned it on – to my surprise,
It was my mum, with many replies.
My phone went 'beep' in the night.
My phone went 'beep' in the night.

She'd replied to a text I'd sent five hours ago,
I shook my head, a small 'oh no,'
She had got them late again,
Or else she hadn't cared 'til then!
My phone went 'beep' in the night.
My phone went 'beep' in the night.
My phone went 'beep' in the night. Kiera (7B2)

Pictures by Alex (7B2)

When I look in pictures...
When I really look in them...
I see secrets, messages and clues:
No one else will hear the news.
For all I care,
I can stay and stare...
Messages and secrets, long lost,
No point in asking for any cost:
They stay with me wherever I go,
Travelling further than the famous runner,
Mo...

On the Way to School

Today I woke up,
Sleepy and tired.
I looked at the time,
It was quarter past nine.
I had to get up,
I was already late!
In a rush
I ran to school;
I ran through a pool
On the way to school. Amber (7H2)

Messages

Across the seas passed a velvet sky,
As a message in a bottle gently floated by.
In that bottle was a world of creation:
A wonderland of imagination.

Life is like a Camera Max (7B2)

Life is like a camera;
Just focus on the helpful things
In your life and delete the
Negatives, and develop from
It and take more shots

Until your reach...

sld@springwood

INSPIRATIONAL SPEAKER



On 7th October the sixth form was treated to an inspirational talk by adventure athlete, Laura Kennington. Laura, originally from Suffolk, gave up her insurance job in her mid-20s and invented a new job – adventure athlete. Since this life changing choice Laura has completed her own version of a triathlon as a traditional triathlon didn't excite her. She encouraged our sixth formers to create things for themselves if what they truly are looking for doesn't exist.

Laura gave lots of excellent advice to students about the spirit of adventure and how to find real enjoyment in their lives. Bethany Slack, year 12 student, commented; 'the talk was really inspirational and motivational. I thought Laura was amazing!'

Laura is pictured with some members of the sixth form.

NATIONAL POETRY DAY

Year 8 students enjoyed a visit from the published poet, Callum Brazzo, to celebrate National Poetry Day on Thursday 7th September. They undertook a workshop and shared lots of good ideas about starting points for writing poetry.



history@springwood

HISTORY VISIT REPEATED



After a failed attempt to travel to Belgium in July, the second group finally made it past Hardwick roundabout, pushing aside distant memories of waving the second bus goodbye as they drove off without them to Dover. The trip was a success and Springwood students were honoured to lay a poppy wreath at the Menin Gate ceremony to remember the dead during WW1. They also visited Vimy Ridge Canadian monument, Allied and German Cemeteries plus a visit to Arras and the 19km of chalk tunnels containing a hospital and bunks all dug out by pick axes so as not to alert the enemy. The tunnels housed soldiers waiting to attack the enemy trenches plus a hospital for the wounded.



No trip to Belgium is complete without the obligatory chips with mayonnaise and finished off with waffles and chocolate.



HISTORY ADVISOR VISIT



The History department had an inspiring outside speaker visit them; Andy Robertshaw was the historical adviser for War Horse working alongside Steven Spielberg, and with his own Channel 4 series '4 men in a trench'. Andy explained the health hazards and improvements on the western front.



visits@springwood

RAMBERT DANCE COMPANY AT THE THEATRE ROYAL

On Friday 7th October a group of year 10 dance students had the incredible opportunity of watching a live dance performance at the Theatre Royal in Norwich. Not only an amazing experience to watch a live work, but one which enriched the students education as one of the works they saw is one which they will be examined on as part of their GCSE written paper. *Transfigured Nights* was the first dance performed and *A Linha Curva* was the second.



Review by Claire Mellor 10H1: On the 7th of October 2016 we went to the Norwich Theatre Royal to watch Rambert Dance Company. The first piece - *Transfigured Nights* - was a beautiful fusion of balletic and contemporary style dance. This dance shows two couples, one madly in love and the other in which the woman falls pregnant but by another man. As the dance progresses we see the man forgive the pregnant woman and they come together as one again.

The second piece is entitled *A Linha Curva*, and is part of our GCSE set professional works. On stage live it is a vibrant, pleasurable and rhythmic piece. The festival like atmosphere created by the dancers makes you feel like you are part of the dance. The music is percussion based making it extremely enjoyable to listen to whilst watching the dancers clap, jump and kick to the beat. During *A Linha Curva* the dancers use their bodies and voices to add to the Brazilian festival mood to show the narrative behind the stimulus, (Brazilian culture). Overall, I enjoyed both dances very much and I'm glad I had the chance to go and see Rambert perform these pieces.



ENGLISH DEPARTMENT SIXTH FORM TRIP TO SEE MARGARET ATWOOD

After school on 12 October, a select group of Year 12 and 13 students made their way to Ely Cathedral by train and minibus to listen to a presentation from the acclaimed author, Margaret Atwood.

Mrs Atwood addressed an appreciative audience, who had gathered in the very heart of Ely Cathedral to hear what she had to say. The author spoke about her new book 'Hag-Seed', reciting passages and even 'rapping' out one of her character's words.

A previous winner of the Booker Prize, Mrs Atwood's latest novel is a reinterpretation of Shakespeare's 'The Tempest'. This made the presentation doubly interesting, as both Margaret Atwood's 'The Handmaid's Tale' and Shakespeare's play are important texts on the Sixth Form English Literature syllabus. The connections the author made between her novel and "The Tempest", along with the wide-ranging topics that were generated during the question and answer session, made the experience an interesting and thought-provoking opportunity to place contrasting texts into a unique and fresh perspective – all achieved under the towering wall and spectacular ceiling of the splendid cathedral.



visit@springwood

GERMAN EXCHANGE

Quotes from students who went on the German Exchange to Idar-Oberstein, Germany in September 2016. Harvest festivals were taking place and there were lots of barbecues, called Spießbraten. They seem to have been very popular with our students. So was the German ice cream.



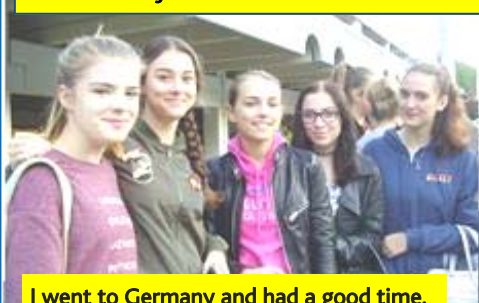
I like their German History lesson because they were doing the Renaissance. Also their German food was great because there was meat for every meal.



My exchange family and partner, Vitchy, were really nice.



Ich heiße James und meine Austauschschule heißt Gymnasium an der Heinzenwies, in Idar-Oberstein, Deutschland.



I went to Germany and had a good time.

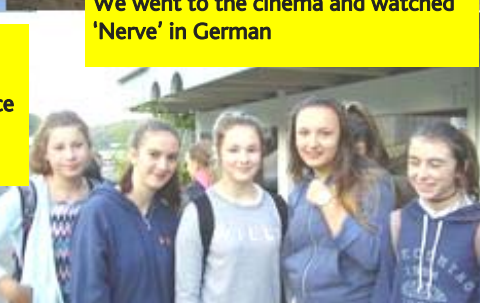


We went to the cinema and watched 'Nerve' in German



Ich liebe das Edelsteinmuseum und eine Edelsteinmine in Deutschland

We went to the ice cream shop three times, I would recommend the spaghetti ice or pizza ice.



I like it when we had Idar-Oberstein Spießbraten because it was so nice and juicy.



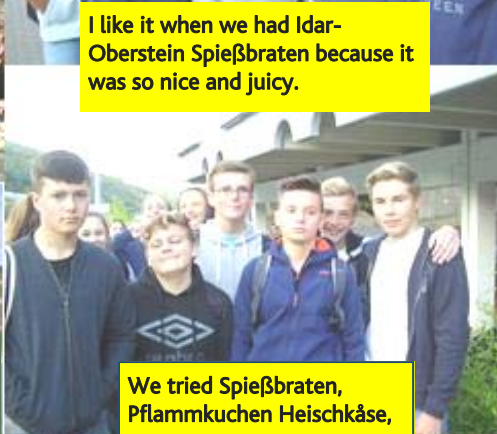
Ich liebe das Eis! (in Deutschland) so many flavours!! Ich esse alles!! Lizzy



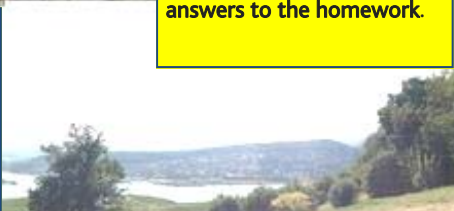
Ich habe einen Austausch gemacht. Ich bin zu eine Kirche gegangen. Es was sehr interessant, ich habe Mathematik gelent und ich mache schon Pläne fur meinen nächsten Besuch nach Deutschland – Sam-



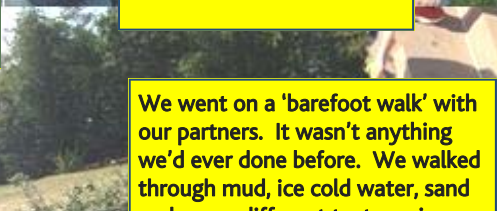
I had an English lesson and before the lesson everyone crowded around me for the answers to the homework.



We tried Spießbraten, Pflammkuchen Heischkäse,



Ich habe ein Teetuch gekauft! - Anna



We went on a 'barefoot walk' with our partners. It wasn't anything we'd ever done before. We walked through mud, ice cold water, sand and many different textures in barefoot it was lots of fun.

poetry@springwood

This year's theme for National Poetry Day was MESSAGES.

Firstly, students looked at 'Sunny Side Up' by Rachel Long: a message written in the form of a poem to a photograph of Long's father.

Then students were provided with a photograph linking to an idea or event from the text that they are currently studying in English: they were asked to use this photograph as inspiration for their own poem, either adopting the voice of someone or something in the photograph; writing about an element of the photograph; or writing directly to the photograph. The idea was that they read and interpreted the messages emitted from the photograph and used this as stimulus for their own poems.

Here is a selection of poems showcasing the efforts of Year 8 (currently studying 'Brother in the Land' and inspired by a photograph following the bombing of Hiroshima), Year 9 ('Heroes', in which the main character suffers from a facial disfigurement) and Year 11 (the photograph depicting Eva Smith's dismissal from Birling & Co. in 'An Inspector Calls').



A Bang that Killed the Rest

By Charlotte Ashfield

It was a quiet night,
lights flickering around us,
hidden by the ash trees.
A bang broke the silence,
a bang gave off light,
a bang killed the rest.
We were all that was left.

The light went off.
All was dark.
We all thought we were
dead,
but unfortunately
we weren't.



Big Black Bus

By Rachel Diak

There we stood gazing upon the big, black bus.
After the bomb it was silent,
just us and the big, black bus.
Wind whistled through the air,
changed pitch as it flew,
ghost-like, wandering into the big, black bus.
What were we to do?
There was no-one near,
No-one close to the big, black bus.
No-one to fear.



Oh Wasteland..

By Liam Good

Oh Wasteland, why are you so cruel?
First the whistling bomb,
then overall destruction,
and last, the sludgy waste.

Millions drop dead,
like it's out of nowhere.
Then buildings, farmland,
and everything in between.

People come exploring
to find a dreadful sight.
Miles and miles of Wasteland
and a misty, foggy blight.

Oh Wasteland, why are you so cruel?
Millions die,
Children cry.
The Wasteland strikes again.

The Strange Large Bird

By Elea Sim

One bomb.
One bus.
Twelve Children.
All dead.

They were on their way to school one day
and all was normal; who could say?
Suzy said she longed to go home
and Ben said he had hurt his bones.
Then something strange seemed to happen
And all the birds suddenly scattered.

They heard a strange noise
like a scream,
then saw a strange bird
like in a dream.

But then it hit them;
This was not
the strange large bird
they thought it was.

One bomb.
One bus.
Twelve children.

poetry@springwood

Looking at the Man

By Jack Hanson

Whenever I look in the mirror
all I see is shame in its disfigured form.
The scars seem to get worse by the day,
the stares get colder after each passing minute.
My face is but a scene of horror and shame.
They say everyone is beautiful in their own way;
It's the same old lie I am told every day.
But the worst thing about my disfigurement is
there is no way of getting back.
The points and stares will never leave my scarred memory.
I just pray to God he gives me the strength to carry on.

Eva

By Lacy Slingsby

Blood, anguish, distress and
sorrow;
That's all I can say, do and feel.
The passion I have, the hatred I
have
is no way of describing that
wretched man.
That wretched man!
How dare he banish me from his
work place?
All I do is work, work, work.
What do I do now?

Wretched Walk

Sophie Holliday

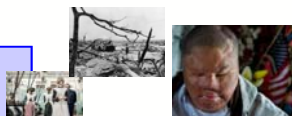
Feeling like a wreck,
given all the blame.
A solid stare until the pass.
Who to turn to now?

Feeling like a mess,
Told that I was at fault,
the reason we were sacked.
Where to go to now?

The Man

By Erin McCurry

I once was a hero,
I saved lives,
girls and guys.
But I nearly died.
I lost my face
but my personality's
Fine.
People stare and try to look away,
But it's fine, I get it every day.
I try to cover up
but I've kind of given up.
I once was a hero,
I saved lives,
girls and guys.
But I've basically lost mine.



Waking time for them,
O six hundred for them.
Arriving time is imminent,
O nine hundred. Work.

For one of them, it's changed.
A certain attitude, or mouth,
caused this upset.
No waking time. No arriving time.

Leaving time for one, forever,
never to return again.
Less money was given out.
Never mentioned again.

By Arthur Freestone

It was 4am when it happened...

Charlotte Gallivan

It was 4am when it happened...
smoke, engulfing everything in its path-
then, it engulfed me.
Ashes flooded my lungs with every
breath I took.
Panic, stress and worry flooded my thoughts,
Slow and painful cries of sorrow.

I saw the flames crawl across the room
like spiders on a web,
searching for their next victim.
That victim happened to be me...

The next thing I know
the flames took over me.
There was no time to run.
My body was frozen with fear.
Black out...

Eva Smith

By Alex Beadle

Was I right?
I don't know anymore.
What am I going to do?
No job, no money, no home.
What am I going to do?
All I wanted was some decent
pay!
I... I didn't mean to go this far,
I thought he'd crumble,
I... I thought wrong.
Why? Why did I have to be so...
reckless?
I don't know anymore.
was I right?

I was wrong.
I was dumb.
If I hadn't have wanted more,
would this have happened?
I don't think it would have.
It's my fault,
there's no one to blame but
myself.
I just wish I wasn't me!
What if it weren't me?
What if it was... Daisy?
Yes, Daisy, I think that will work;
am I wrong though?

The Man in the Photo

By Lily Short

When I walk in the street all I see
is ordinary people looking down at me, in disgust.
Yes, exactly. Disgust. No sympathy.
Just a few glares. It makes me absolutely livid,
it's as if I'm a harmful person, when really I do no harm.
The scars on my face, or should I say my 'messed up
face'-
that's what someone told me in town,
when I used to want to get around-
the scars are rough, just like my terrible struggle.
I am filled with anger.
They are filled with hatred.

sixthform@springwood

EARLY APPLICANTS BRUNCH

On Monday 17th October Mr Johnson hosted a brunch for the early applicants to university from year 13. This group of students included applicants to Law and Medicine degrees amongst others, as well as students who have applied to study at Oxford and Cambridge.

This year the early applicants enjoyed bacon rolls, pastries and hot chocolate with Mr Johnson in the social area. The group chatted about their ambitions for the future and Mr Johnson reminded them that they are welcome to come back to Springwood in the future as teachers or guest speakers.

There are very promising signs for this cohort as many received offers the day after sending their application. Indeed, as I write, six of the students already have multiple offers.

We wish the early applicants the very best of luck for their applications.

Mr Pettitt
Director of Sixth Form



SUPER LEARNING DAY SCIENCE –YEAR 10

New GCSE Required Practical day



In September 2016 students began studying new GCSEs in biology, chemistry, physics and combined science. These GCSEs will be based on new subject content including requirements that emphasise students' understanding of experiments and their ability to conduct them. The Super Learning Day was used to launch the new GCSE Required Practical and students completed two practical activities associated with the new specifications.

Practical work in Science has much greater significance as Science GCSEs taught from September 2016 will be assessed by exam only and there will be no controlled assessment components. The exams will contain questions that specifically draw on the experience students have gained from doing practical work. In their exams, students will be required to demonstrate their understanding of scientific experimentation and will represent 15 per cent of the total marks available in each science GCSE exam. This day helped students appreciate the importance of practical work and started their preparation for their public examinations in the Summer of 2018. Well done to all students for their fantastic approach to this day. Mr. Thompson

youngchef@springwood

SPRINGWOOD STUDENTS COMPETE IN NATIONAL YOUNG CHEF COMPETITION

Year 9 Food Preparation and Nutrition students took part in the West Norfolk heats of the Rotary Club's Young Chef Competition on Friday 7 October and did brilliantly.

In lessons leading up to the competition they had to plan a two-course, healthy meal suitable for a teenager and then cook and present it in an hour and 30 minutes. The judge was John Thorpe, a member of the King's Lynn Rotary Club and veteran of the catering industry.

He was hugely impressed by how the students worked and taste-tested all their dishes. The winners will now go on to compete in the West Norfolk finals in January - competing with students from other schools and catering students at the College of West Anglia - for a chance to go on to the Regional Finals.

The winners were **Casey Hunsdon** and **Lucie Fenn** with the runners up being **Lucy Hearle** and **Deepa Baskar**.



security@springwood

SECURITY INFORMATION

Just to inform you, we have installed new security access gates at the entrance to the school. These will become active after half term and serve 3 purposes.

- 1: To keep a safe and secure site during the school day
- 2: To slow down and reduce traffic entering/exiting the site.
- 3: To provide a one way traffic system in front of reception.

The gates will be open during Student arrival/departure times but will remain closed during lesson times. Any visitors to the school during lesson times will need to press a buzzer on the gates to speak to reception who can let them in/out.

Please can all parents be aware of the new vehicle exit point at the front of reception complete with a new automated gate which will open when you stop at the white line.

I'm sure you will all be happy knowing that the school takes the safety and security of staff and students seriously and we hope that you understand the reasons for installing such a system.

Can we also please remind parents that all students should be dropped off/collected outside the school gates (except by prior arrangement) and to please respect the driveways of our neighbours.

Keith Lewington
Trust Facilities Manager
01553 779402
07810 280246



ISLAND GIFTS—RE WORK

Year 7 RE: we're on an island—how should we celebrate a baby's birth?

Year 7 students have looked at ceremonies that celebrate a baby eg the Sikh naming ceremony. Then they were set the homework challenge to 'make a gift'. The quality of gifts produced by Year 7 this year has been extremely high.

Mrs Dixon/Miss Dennis



headteacher@springwood

MESSAGE FROM MR JOHNSON

Welcome back to a new term! I must say the school feels great following an excellent summer of results. A massive thank you to all our staff who worked hard to ensure every student had the best chance in their final examinations and well done to all the students who did so well in their examinations. I am proud to say that our results were best in the area and compare very favourably with schools nationally in both Year 11 and the Sixth Form. The work now begins to continue to improve and thrive to ensure every student gains their first choice future!

It was great to see so many prospective parents and students at our Year 6 open days and evening earlier this term. I was proud to show everyone around our school whilst staff and students are working hard and it was also fabulous to allow our visitors to see the great facilities we have to offer in the evening. As a Chemistry teacher myself I enjoyed having hydrogen bubbles explode on my arm when I visited the Science department!



Extra-curricular activity is an important part of the Springwood educational experience. I have been impressed by the large numbers of students taking part in the numerous clubs and societies we offer. We have a minimum expectation that every student takes part in at least one extra-curricular activity so the houses will be collating this information. Our Executive Chef Mark Johnson has opened up the school canteen after school to allow students to have refreshments before going to a club. This has been very popular so far!

The new Year 7 have made a great start at the school. Mrs Aviss, our new Deputy Headteacher and her team are reinvigorating the Key Stage 3 experience. I know she is looking forward to meeting the Year 7 parents at the gateway evening this term.

After a hard-working and productive start to the year, I wish you all a restful half term holiday!