





SPRINGWOOD HUSTINGS

The event was held on 27th March as part of Springwood's 'Super Learning Day' provision.

The Sixth Form posed questions to the parliamentary candidates, including the current MP, Henry Bellingham, on subjects including: tuition fees, same-sex marriage and the QEH hospital. The questions were prepared by students in



advance and lively discussions followed each one, with students invited to ask supplementary questions to specific panelists.

The event was organised by George Pettitt, Assistant Director KS 5, with the aim of increasing students' knowledge of the world we live in and the political system. He said 'at Springwood we already do a lot of things very well and are on course for record breaking A2 and AS Level results, but this event was about teaching young people to be British citizens and to understand the adult society that they are going in to.'

The event was enjoyed by the Sixth Formers, with year 12 student Theo Holmes saying 'I learnt a lot about how important the individual candidate is, rather than just the policies they stand for'. Fellow student Edward Brown commented 'the day has really helped me to engage in politics and I hope that other young people begin to be engaged in our political system.'

<image>

There was a Springwood Sixth Form election after the debate and this was won by Labour candidate Joanne Rust.

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WORK EXPERIENCE

Our names are Amandine and Vanessa, we are French students. We live in Jura (near to Switzerland). We have been doing work experience at Springwood High School from 16 to 24 March.

During our work experience we have been helping in different school offices doing administrative tasks. We have also helped in the LRC tidying books, managing computer files for the library.

During this work experience we have improved our English in school and in our host family homes.

It has been a beautiful experience.



OXFAM POP-UP SHOP



Springwood sixth form students: Michelle Huang, Regina Legarte, Zoe Chen, Alice Brundle, Charlotte Spalding, Hannah Walker, Jasmine Griffins and Chelsea Gallagher organised a pop up shop selling a variety of items such as clothing, books and jewellery. They were able to successfully raise over £140, which will all be donated to Oxfam.



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EASTER IN FELBRIGG

Our Easter Egg competition was very successful and the whole of the council would like to congratulate Gemma Thomas FB-04 who won first place, Miriam Campbell SD-02 in second place and Lara Grace FB-04 in third place. Lots of the places were taken by Year 7 and 8. We would like to have a task the older pupils would be up to doing, if you have an idea find Mrs Churchyard in F13 or the ICT Office or Chloe Hembling in the LRC.



MARIE-CURIE



Congratulations to Miss Craig (House Manager) and students from Blickling House who organised and raised £121.98 for Marie-Curie by selling daffodils, Two of the students wrote - "It was very fun to do. I got to raise money for a great cause and I knew people would benefit from my help and I loved it." – Cal Williams, BG-03. "It was lots of fun because I helped to raise a lot of money for a charity that needed it and it made me feel good." Brittany Wheeler - BGO6

Pictured left: (Back) Rebecca Moyle, Matthew Spooner and Molly Paffett, Cancer Carc (front) Brittany Wheeler and Cal Williams.



YEAR11





On the evening of the Year 11 Prom there will be a professional photographer Gary Evans (www.garyevansphotography.co.uk) in residence. The cost of the photographs on the night will be £6.00, a voucher can purchased in advance for £5.00 per photograph. The order forms are available in the LRC or the School Shop.





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BLICKLING ATL 1'S



FELBRIGG CELEBRATE





Felbrigg Year 11 with their Eggs

The last assembly of term was a celebration for 40 Felbrigg. students who received an Easter egg as a reward for their hard work during the term, their EGGSellent reports and outstanding contribution to the house. Well done to everyone who received an egg .Keep up the good work!

Mrs Williams and Mrs Saxby



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The Art and Performing Arts Department took a group of year 13, 12, and 11 students to New York for six days. Students were taken on a whirl wind tour of the city, seeing many of its famous sights and locations such as Empire State Building, Statue of Liberty, Times Square and Central Park. Students were able to experience and photograph many of the cultural, architectural and geographic differences of the city, which will help secure many of the ambitious targets they have set themselves for their academic results. The students were a credit to the school and to their families. Mr Eveson

















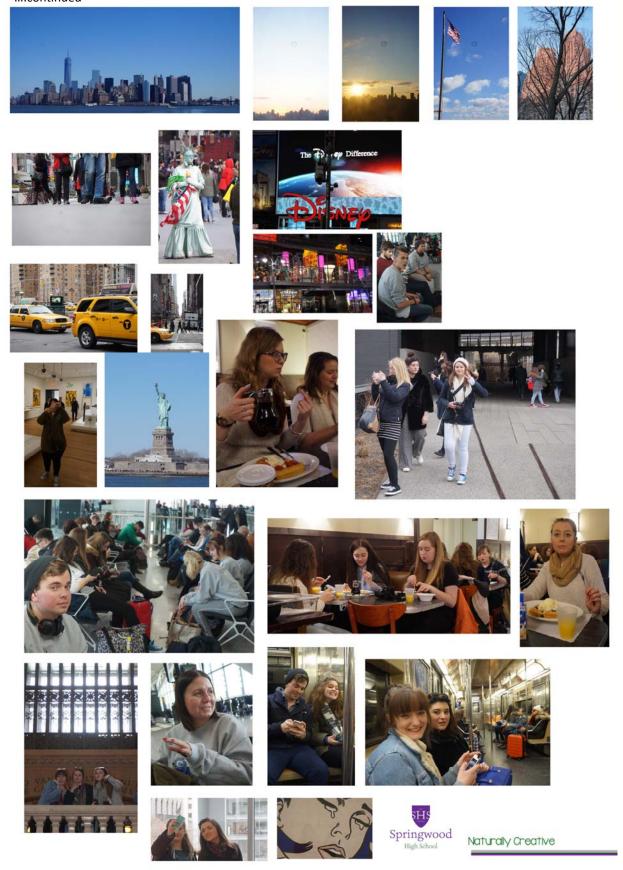


Springwood High School Naturally Creative



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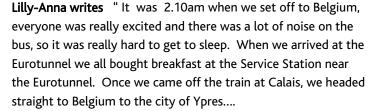
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BLICKLING VISIT BELGIUM





.....Next we headed to the Menin Gate where there was a memorial with lots of names on the walls, my great great uncle's name was there. We then went to Sanctuary Wood Museum to the trenches. We had to wear wellies because in the trenches it was very muddy!! But it was great fun.

Then we went to the massive cemetery called Tyne Cot. It had the graves of 11,954 Commonwealth soldiers buried there. Which was really interesting. we then headed off to Chocolaterie Peter De Groote. where we bought a lot of Chocolate! I mainly bought it for my Mum for Mothers Day.

Ryan writes: ...we stopped off at the Flanders Museum where we explored, it had loads of interesting facts about WWI and some were interactive with a little poppy bracelet. We visited Sanctuary Wood museum where there were more interesting facts about WWI and even some of the weapons and equipment they used. Then we went outside through the trenches which were really muddy!!.

We went for an evening meal at a local restaurant then back to the Menin Gate for the Last Post Ceremony which takes place every evening.....

In the morning we went to Bruges and had a Canal Cruise and then on to Choco-Story and were shown how chocolate was made, they gave us some free chocolate.we made our way home in the coach.











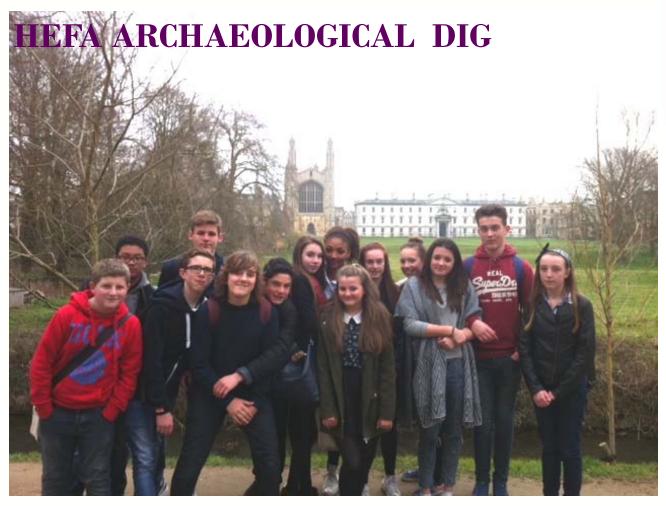
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Three days with the University of Cambridge

From the 19th - 20th March 2015 a group of year 9 students began the Higher Education Field Academy. This course is run by the University of Cambridge. Over the three days we dug test pits to see if we could find anything of archaeological interest, this means anything that suggests that there was human activity in that location in the past. The location of our dig was Hillington. With us on this course, there was KES and Thomas Clarkson Academy. Before we started the dig not many of us knew anything about archaeology. This course has taught us a bit more about what is involved in archaeology and life at university.

Day 1 We all arrived at school at around 8:30 and got on the minibus which took us to Hillington. Our base for the first two days was 'The Ffolkes Arms'. We signed in and then sat down. Thomas Clarkson Academy was already there, and KES arrived shortly after us. We were given a talk about what we would be doing over the two days, and how we should approach our dig. At the time it all seemed very complicated with many steps and jobs for us to do along the way, however once we started digging it all made more sense. After the talk, we were put into our groups. There was four people in each group. In all of our groups, there was two of us from Springwood, and the rest of the group was made up of people from the other two schools. Being put into groups meant that we got to work with people that we wouldn't choose to work with and meet other young people our age. Each group has a supervisor, which was either a sixth former from Springwood, or someone from the local archaeology group. We all set off to our different locations. For many of us, this was people's back gardens. We all settled down in our groups and began the digging. Many people had to remove turf first before we could start digging, to make sure we could leave the gardens looking as they did when we arrived. As the day went on, we all became familiar with the process of digging each context (layer) and filling out the paperwork. We all began working well as a team, with some people digging, some sieving, some washing, and some recording our finds.

Day 2 By this point, we all knew exactly what we were doing. As we started to get deeper and deeper we got more interesting finds. This included things such as

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medieval pottery, burnt flint, bone, oyster shells and pipe. We spent the most part of this day digging. At the very end of the day we had to fill our holes up again, as people only agreed to us digging in their gardens, so long as we left them as we found them. Once our holes were filled we made our way back to the base, dropped our equipment off and got on our way back to school.

Day 3 Like the last two days, we all arrived at school in the morning. We got on the minibus again, but this time we were going to Cambridge. The minibus dropped us off at the park and ride, which we then caught into the more central part of Cambridge. We were an hour early, so we walked round Cambridge for a while and went past some of the colleges. About an hour later, we went into a lecture hall at the archaeology department. Here we had a lecture on medieval settlement and the HEFA CORS project. After this lecture, we went to the college Peterhouse. We started off by having lunch, before we had a tour of the college. After lunch we had a workshop on applying to university, which was followed by a lecture about how to write our reports. We're currently writing our reports of the dig, and our findings. They will be sent off to Cambridge University to be marked and graded. We then said our goodbyes and made our way back to Lynn.

'I thought it was an enjoyable experience, both the digging and the day at Cambridge, and though I may not be doing archaeology in the future, it may be useful to

have the University of Cambridge by my name and could open doors' -Abigail Derry

'The HEFA trip was a really fun and educational experience, which has opened doors for my future.' -Sophie Ward

'It was an interesting experience' - Daniel Harvey

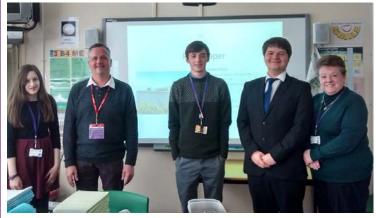
'I thought the HEFA trip was a great experience, allowing us to learn lots of interesting things about the past outside classes' - Abbie Watson

'A fun and fascinating experience, where we learned a lot about local history and university life with others, who we normally wouldn't work with.' -Molly Paffett

I think there is something that we will all be able to take from this experience and use things that we have learnt on this course in the future to help us in our later life. I think it was an enjoyable trip, where we worked with people we wouldn't have if we were in our normal lessons, which helped us bond as a group and enjoy the opportunity that we were given even more.

Article written by Rachel Ampomah SD-05

PALM PAPER VISIT YEAR 12



Visit from Mr Paul Mason, currently the Environmental Manager at Palm Paper Mill in King's Lynn - Mr Mason gave the Year 12 Environmental Sustainability students an informative talk on his work at the industry in charge of the plant's environmental monitoring aspects and aim for zero pollution. He reminded students that environmental protection is everyone's responsibility. For example, the mill has to monitor the volumes and quality of the final treated effluent water that they discharge and send to the River Great Ouse and the emissions from their steam boilers. The students found out that the mill has also been running with a target speed of 1900

metres per minute or faster than 75 mph which qualifies it as one of the fastest newsprint machines in the world! Mr Mason also talked about the mill's apprenticeship opportunities. The Year 12s were impressed to learn about the design concept of the paper mill in King's Lynn, using the latest in the environment technology available, and how the mill sets new environmentally friendly standards within the local environment. Holly, Ciaran and Jonathan and Mrs Carty would like to thank Mr Mason.



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YEAR 7 INDUSTRIAL AWARENESS



Year 7 had to produce a safety product.

They had to design and write a design specification, explaining what it would do and how it would keep somebody safe.

They also had to make a model of the product and create an advertising poster and/or a TV advert.

Also where they would sell their product. And how much it would cost

The winning teams were Blickling, Felbrigg and Oxburgh.

YEAR 8 BRIDGE BUILDING

'Congratulations to the Year 8 Bridge Building Project Winning Team who won the competition on the super learning day at the end of last term'

They managed to build the strongest bridge to beat all other year 8 teams on the day. Their bridge was even stronger than the teachers' bridges!

> Pictured right: Daniel McDermott SD-01 Ryan Pegg SD-02 Issy Woods SD-02 Kimberley Sutton SD-08 Jess Chalke SD-04



'a fun day to be had by all!'





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YEAR 9



The theme for year 9 French, German and Spanish GCSE students during Superlearning day was 'Foreign languages in the workplace and careers in Foreign languages'. We were really pleased to see all the year 9 get so involved in the many activities on offer during the day. The trips to Palm Paper, Listawood and Learning Resources proved a huge success, with students hearing talks from managers and having tours of the businesses. Film making workshops on a language theme were equally

popular and we are looking forward to watching the films produced later in the term and to seeing who our budding directors are. For the rest of the day everyone joined in enthusiastically with the workshops, run by University of East Anglia students, on stereotypes, the competition to design and sell a new drink abroad, translating ancient languages and learning about making music videos. The day ended with talks from UEA volunteers on careers in languages. Well done to year 9 -your behaviour and positive attitude were a credit to Springwood. Thanks to staff who supervised activities and visits, to the companies who worked with us and to the UEA volunteers

YEAR 12/13



Inspirational Speaker Molly Hughes spoke to year 12 and 13 about the challenges of being one of the youngest British climbers to climb Mount Everest in May 2012 aged just 21. Her next challenge in 2016 is to be come the first British woman to summit Mount Everest from both sides. For more information go to http://www.molliehughes.co.uk/





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BARCELONA SPORTS TOUR 2015



In the Easter holidays 42 students enjoyed the school's second sports tour abroad in the sunshine of Barcelona. The group of year 10 and 11 pupils enjoyed a full week's hospitality in a coastal town of Salou, a short journey away from Barcelona itself. A particular highlight of the trip was the togetherness shown by the Springwood High School students and the 7 pupils from sister school St Clement High.

At the start of the week the group had a busy day around Barcelona. The day consisted of a tour around Barcelona FC's home ground, the Nou Camp, followed by a look around the Olympic museum and the Olympic stadium before some free time spent in the lovely sights of the city centre.

The boys enjoyed two days of football coaching by the Masterclass coaches out in the sun, as the girls remained inside taking part in two days of netball coaching. The boys' football competed in two fixtures, one per year group, and a tournament in which the teams would be divided through an NFL draft style selection. The girls competed in great spirits in their tournament in which Mrs Sutherland herself divided the two teams. Over the week all of the girls were highly commended by the Masterclass staff for their enthusiasm, effort and work rate from start to finish.





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BARCELONA SPORTS TOUR 2015





The boys football started with a 6-0 win for the year 11 coached by Mr Donovan. Nick Castellan secured his man of the match performance with a hat-trick, whilst Jack Leask, Robson Pack and Mathew Driscoll secured the win in a dominating performance. The year 10 team, led by Mr Walker, ended the tour with a confident 3-3 draw at Salou FC. A brace from James Archdale and a Lewis Farrow free-kick gave the side a 3-2 lead before the home side grabbed a late equalizer.

The pupils spent their final day around the Port Aventura theme park which houses Europe's tallest roller-coaster and is still giving Mr Walker nightmares to this very day.

Huge thanks goes to Mr Ward and the P.E staff for organising the trip and to all the students involved who represented the school superbly across the week.



UTUMULIU MAKVI & BALUUMEKU MARTINEZ





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Three of our gifted and talented students Annie-Rose Daultry, Ellie Hart and Ellen Carter went to Norwich Castle to take part in The Young Norfolk Arts Festival Drawing Workshop.

They were part of a group of only six schools from across Norfolk and Suffolk who took part. Guidance was on hand from Ian Passam, Head of Norwich School Art and Design, artists Gerard Stamp and Paul Fenner and graduates in art and design school. Their work will also be shown in one of the castle galleries, an exhibition which will be open to the public from 3rd to 17th July. There will be a private view for the artists and their families and teachers on 2nd July.













girlsrugby@springwood



On a cold and very windy day in March, 13 brave young ladies from years 7 & 8 battled the elements and other schools in Norfolk in an U13 rugby competition. There was a mixture of girls on the team who had played rugby before and had come to training sessions and others who had only done a little bit in PE lessons but wanted to volunteer and give rugby a go.

Year 7- Mia Allen, Kim Blankson, Miriam Campbell, Lara-Grace Mount, Maddy Sanpher, Katelin Taylor, Annabella Sinclair Year 8 - Angeli Diack, Libby Ellis, Emma Harvey, Megan Smith, Ellie Twite, Tia Proctor

After a quick refresher on the rugby basics, passing, tackling, and generally running in the right direction the girls were as ready as they were going to be. After a few blips such as scoring on their own try line, throwing the ball at the try line and sprinting half a pitch in the wrong direction the girls began to pull together as a team and there was even some tries scored. All the girls played amazingly well and placed some amazing tackles!!!

All the players should be congratulated on 100% effort and their sportsmanship even lending players to the other schools so they could play a full team. I was immensely proud and hope that the girls will build from this and we can continue our way from 3rd to first next season.

Afterschool Rugby is now finished for the season but will restart in September. Well done to all who have come this season.

Miss O'Connell









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MESSAGE FROM MR JOHNSON



Welcome back to the Summer term. I hope you all enjoyed the Easter holidays. The school is now in full "examination mode" with all the students in years ten to thirteen working incredibly hard to do their very best for their external examinations, ably supported by all Springwood staff. I have to say that both students and staff have come back energised and ready to make this year the very best for each student's future life chances.

On the last day of term, we had a superb super learning day with many fantastic activities. The year 11 trip to Alton Towers was a fitting reward for those students who had worked particularly hard this year. It was also great to have all of the local parliamentary candidates debate with our Sixth Form students and reinforce the importance of democracy. All other years had excellent activities related to future careers and education beyond school. As a school we are working hard to encourage our students to have the highest career aspirations and the qualifications to get them there.

I thoroughly enjoyed attending the year 7 celebration lunch last term. The students had a lunch party and had the pleasure of watching Mr Singh dance! It is hard to believe that year 7 have entered their last term before moving onto year 8. We are now busily planning for the new year 7 intake to join the school. It is important that all students take advantage of the extra-curricular activities on offer at the school. Now that the nights are lighter it should encourage even more students to take part in the numerous activities on offer.

A M Johnson

Matches and Hatches

⁹ Congratulations to Mrs Paulo (aka Miss Threadkill) and Ms O'Connell on their Easter weddings.

Also to Mrs Barrett and Mrs Courtman on the arrival of lestyn Michael Patrick and Maggie-May respectively.