







May 2015

# news@springwood

### SPRINGWOOD U12s MAKE HISTORY

SHS under 12 Football team were looking to win the County Cup in their debut season, coming up against an unbeaten and very talented Notre Dame side in the final.

**County Cup previous results** 

Last 32... Litcham 1-14 **Springwood**Last 16... Aylsham High 1-8 **Springwood**Quarter Final... **Springwood** 7-0 City Academy
Semi Final... Attleborough 0-2 **Springwood** 



SHS made the best possible start with Jake Smith finishing well from outside the box. This seemed to spring Notre Dame to life and they began to dominate possession, producing some very neat passing moves. The sustained pressure eventually told with Notre Dame scoring 2 quickfire goals to completely turn the tie around.

A tactical reshuffle at the break immediately paid dividends for SHS with Smith and Uppington switching positions, with the former grabbing his 2<sup>nd</sup> goal of the evening from close range. SHS instantly regained possession straight from kick off with Smith completing his treble and giving his side a 3-2 advantage, before adding his and SHS 4<sup>th</sup> minutes later. Notre Dame were not out of the tie yet though, with their striker giving Brad Ironside no chance from 30 yards with a great swerving strike. The defence of Hazle, Bush and Wells managed to keep the Notre Dame attackers at bay with some exceptional defending. SHS finally sealed the cup with 2 goals in the last 5 minutes, Smith adding his 5<sup>th</sup> before captain Aaron Powell scored the goal of the game.

Full Time...Notre Dame 3-6 Springwood...Man of the Match...Jake Smith

#### **National Cup**

SHS equalled a school record by reaching the last 32 in the national cup. Over 600 teams had entered the competition so this is a remarkable achievement by the boys. We produced some great team performances along the way before eventually being beaten by a very strong side from Nottingham. We will be looking to improve on our efforts next year!

Round 2... KES 1-3 Springwood

Round 3... Neale Wade 0-5 Springwood

Round 4... Springwood 8-1 Reepham

Round 5... Springwood 5-1 Northgate (Ipswich)

Round 6... Toot Hill 4-0 Springwood



Team members:

Brad Ironside, Steven Solomka, Kyle Wells, Lewis Bush, Sam Lammiman, Cameron Hazle, Aaron Powell, Jake Smith, Tauvydas Lembutis, Jak Uppington, Harry Carter, Rio Culey, Harvey Johnson with Mr Thurlow (Team Manager)



Jake Smith Man of the Match



## geography@springwood

### YEAR 10 GEOGRAPHERS



Wednesday 29th April dawned bright and early, with a few clouds in the sky. Oh, but how this changed! Pupils in the morning were seen completing their transect surveys and tourism questionnaires, but unfortunately for Miss Grant's group, they got a little wet!

Socks, shoes, and other items of clothing and survey sheets did not stand up to the poor weather, but the pupils persevered with a little singing - most of these were Christmas Carols.....but at least their spirits were high!

Mid morning saw the blue sky and an opportunity for us to dry out and complete the last section of data. Pupils were fab on the day, considering the poor weather and I would like to thank them for all their hard work and commitment.

I would also like to thank Mr Durham, Miss McCarron and Mrs Richter for their assistance and support throughout the day.

Miss Grant

### MAP SYMBOL COMPETITION

Can you visualise symbols on a map? Can you design a map symbol for the Ordnance Survey? If the answer is yes, then The One Show is running a competition with the OS to create 10 new map symbols. They want to create a new map symbol for the following

♦ Vineyard

Skate Park

- ♦ Caves♦ Toilet
- ♦ Art Gallery
- ♦ Climbing centre
- ♦ Kite surfing

- ♦ Electric car charging
- Solar farm
- ♦ Ice rink

## 4



#### Rules



#### DEADLINE 31 MAY 2015

- 1. Entrants are invited to submit a design for a map symbol for one or more of the specified categories listed above.
- 2. Entries need to be send by email to the One Show (email theoneshow@bbc.co.uk)
- 3. Entrants are required to send an image file of their design (no bigger than 10 MB).
- 4. The symbol can be hand drawn (photo can then be sent as your entry) or designed on a computer. Files need to be as a JPEG, PNG or JIF file. No PDF files.
- 5. You must include your name, contact telephone number and a brief description of your design in the body of your email.
- 6. Please specify which category you are entering your design for in the subject heading of the email i.e. On the Map Ice Rink failure to include your category may result in disqualification
- Also give a copy of your design to your Geography teacher and we will use for display purposes.

  For further details see

http://www.bbc.co.uk/programmes/articles/3hzTn09hQZykyDCn9l4M5yB/the-one-show-ordnance-survey-limited-on-the-map-design-competition



# geography@springwood





## hair&beauty@springwood

### FIRST FOR HAIR & BEAUTY

The hair and beauty department had their first hair and beauty show on Thursday evening 30th April. All year groups took part from year 9 to year 13 and also our year 11 hair and beauty students from Terrington St Clements, over 80 students in total.

All the students worked very hard for most of the day in the salons creating some fantastic hair styles and make-up, each group chose a theme including 'Thriller/ zombies,' 'Seasons', 'Through the ages,' 'Avant garde,' 'Queens,' 'Fairies' and they designed the hair, make-up and costumes, they also modelled for each other for the cat walk style show.

After many months of hard work from all of our students the show was a great success with over 160 people in the audience. and everyone had a very enjoyable evening.





## departments@springwood

# University of East Anglia



#### **Chemistry: Young Analysts Competition 2015**

Three aspiring Year 12 chemists from Springwood High School: Becca Williams, Christian Curcillo and Abdel El Sadawl, competed at UEA on Tuesday 5<sup>th</sup> May in the regional finals of the **Royal Society of Chemistry Young Analysts 2015** competition.

The national finals are to be held in Aberdeen but after a long day of synthesis, analytical chemistry, lots of calculations and submitting a detailed lab report SHS narrowly missed being selected .... this time.

Well done Becca, Christian & Adbel

### FELBRIGG PIZZA PARTY



#### Maddi Dawson and Tia Dida writes:

Felbrigg Year 8 students were awarded a pizza party for having the most endeavour stamps logged. Mr Calow and Mrs Williams ran the party in F7 where the students that had stamps logged were



to meet and get their pizzas. They bought in many flavours and different toppings for us to eat. Mrs Frost, the librarian,

took photos of us to display in the Canteen to show other houses that if you work hard with your endeavour you will be rewarded as well. We hope to win again to see what they would be rewarded next term. We are glad to say the party was a success for our friend Sophie who managed to eat 9 slices pizza



claiming every time she ate a slice that it was delicious! We hope that everyone keeps logging stamps which will add up to the Year 8 Springfest. We would like to thank the School Canteen for cooking our pizzas and to the teachers who organised the day for us.



## departments@springwood

### SPELLING BEE – REGIONAL FINALS

On Wednesday 17 April four students went to Comberton Village College to compete in the Regional Final of the Foreign Language Spelling Bee. They were accompanied by four supporters, Mrs. Bliss, and Miss Simone. Arushan Antony-Vilvaraja and Phoebe Claxton competed in French, and Dongting Xu and Anna Howlett competed in German.

All of the students did a wonderful job representing Springwood with their quick spelling, extensive knowledge, and fantastic behaviour. They should be incredibly proud of their efforts! After many tiebreakers and final rounds, Arushan and Dongting found out they will be competing in the National competition. On July 3<sup>rd</sup> these students will be going to Cambridge in order to compete with students all across the country. They will be required to know 200 different words and how they are spelt in another language! If you see these students, please congratulate them as they have truly worked very hard

Thanks for all your hard work!

Miss Simone





Moving on to finals! (Arushan Antony-Vilvaraja and Dongting Xu)



#### IMPORTANT PARENT INFORMATION

Just to let you be aware that we have had several cases of head lice in school.

Please can you check your son or daughter.



## superstars@springwood

### MOCK TRIAL STUDENTS DO IT AGAIN!

For the second year, our Magistrates Mock trial students are through to the National Final which will be held in Birmingham. It is a fantastic achievement for the 13 strong team who are becoming quite the young professionals in the legal field!

However, they celebrated their success in a new way this half term when they were invited to be guests at Kings Lynn's Speedway. Buster Chapman, director of Speedway is an advocate of our young students and the hard work that they put in and gave them the opportunity to spend the evening in one of their Hospitality Lounges.



Although most of the students were new to Speedway, the adrenaline soon kicked in once they were invited to stand in the middle of the circuit.

They are most grateful to Buster for the opportunity and would also like to thank Mr Bland for his part in the organisation of the evening.

The students are all looking forward to the last round on the 6<sup>th</sup> June at the Victoria Law Courts.

Hayley Roberts - Project Co-ordinator

### GOLD FOR LILY



Lily Edwards BG04 took part in the Eastern Regional Disability Championships 2015 on 9 May with three club team members. She gained Gold in the shot putt with a new PB of 3.13 m for the Eastern Regional Champion Title. Lily won a silver in the 100m another PB of 22.87 secs. She was narrowly pipped at the line by a 100th of second. In the long jump she won a silver with a big PB of 1.75 (previously 1.21m). The four gained 12 medals between them.

Lily writes: ".. I won a Championship and I won some medals for shot putt with a personal bests for sprint and for long jump. I had a lovely weekend".



## atl's@springwood

### SANDRINGHAM ATL1'S



Mrs Willett and I were delighted to celebrate with so many Sandringham students who had achieved a fantastic report with ATL 1's in every subject.

Quite an achievement! Mr Johnson provided the cake and refreshments and congratulated each student. From the left, Sophie Ward, Rachel Ampomah, Katrina Moffatt, Miriam Campbell and Ben and Olly Foxwell

Mr M Scoles

### FELBRIGG ATL1'S

ATL1 students celebrating with Mrs Williams, Mrs Saxby and Mr Ballman. From the left:

Mrs Williams, Lara Grace Mount, Hollie Nelson, Iveta Ruskyte, Hannah Carter, Georgia Auld, Phoebe Claxton, Mrs Saxby, Louisa Claxton and Mr Ballman





ATL1'S STUDENTS HAVING CAKE WITH MR JOHNSON



## year7@springwood

### OXBURGH VISIT BELGUIM



Oxburgh year 7 were the third group to visit Belgium with Mr Holmes, Mr Whitlam and Mrs Leeke. 38 students left Springwood in the early hours of Sunday morning (2 am) extremely excited and with little or no sleep arriving in Belgium to a packed itinerary for two days. We returned at 11pm Monday night with 38 exhausted students who had visited museums, cemeteries, Menin gate ceremony and chocolate shops, factories and museums. Not to mention free time to spend some money and sample the local delicacies of Waffles smothered in ice cream and chocolate.

Erin O'Brien: Belgium was probably the best school trip I'd participated in. we went to real life trenches and ran around in them. We also visited a museum with actual objects from the First World War and we visited one of the largest cemeteries in Belgium. There were hundreds and thousands of unidentified soldiers buried there. But the truly heart breaking experience was the Menin Gate, where we saw the names of thousands of unidentified and unfound soldiers. The Chocolate museum on the second day was great too.

**Lachlan Garside**: In Belgium my favourite part was the rooms, because we could do what we wanted. Also I enjoyed the boat ride and the Euro-tunnel. At the chocolate factory we got free chocolate.

**Libbie Bray**: In Belgium I enjoyed going to the chocolate shops and museum. I bought lots of chocolate for me and my family. I also enjoyed walking around the trenches because I got to experience what it was like for the soldiers. In the cemetery we got to look at different soldiers graves and lots had no names on them.

**Orla Mobberley**: The Belgium trip was amazing and I really enjoyed it, the trenches were really interesting. I couldn't believe soldiers had to sleep in them. We also went to a chocolate factory where we saw sculptures made entirely of chocolate they were just incredible. There was so much detail and effort put into them. My friend Jade and I went round the shops together and bought loads of souvenirs. We went on a boat to see the sights and I also visited Starbucks in Belgium.

Jade Lewis & Kiara Morgan-Smale: We liked the school trip to Belgium because when we had our rooms we had our own keys

and we shared the room with the people we like. We liked when we had 2  $\frac{1}{2}$  hours to shop in Bruge and when we went to the Museum because we got a poppy bracelet and we could scan them on the computers to follow a story around the museum. We got to go to a chocolate museum and we saw different chocolate and got 500g of free chocolate.

**Patrick Boon:** In Belgium we went to loads of brilliant places and buildings like the museum, the cemetery, the chocolate factory and a boat ride. We had lots of opportunity to look at the town of Bruge and on top of that we went to a big chocolate shop on the way home.

**Tegan Hansell:** I liked the trip to Belgium because I saw new things and went on a cool boat trip. I also liked the trenches and I loved the chocolate factories.

**Jade Tagg:** Belgium was the best school trip I have ever been on. Because we got to choose our room buddies, mine were Hollie Tong, Kiara Morgan-Smale, Jade Lewis, Erin O'Brien and Orla Mobberly.

I also enjoyed the trenches because there was this long dark tunnel which Orla fell over in.

Luis Ben-Asher: the Belgium trip was great and very enjoyable due to the amount of chocolate. The chocolate, trenches, the museum and the boat trip. They are the kind of things that made the trip amazing. We also paid tribute to the brave soldiers who fought for freedom and the names at the Menin Gate who's identity had been lost.

**Ewan Samways:** The best bit about going to the Museum and finding out what happened to Belgium during the war, and then going back to the hotel and getting our key to the room. We also went on a boat ride and to a chocolate museum **Brandon Dey:** In Belgium we went to loads of amazing places e.g. the chocolate factory and Menin gate and I loved the hotel

**Tilly Banson & Lauren Liscsey:** Our favourite memory in Belgium was the boat ride because we loved sight seeing and we kept saying "bonjour" to every-one we saw. We also enjoyed the trenches, it was really cool to see what the soldiers had to survive in. we loved the chocolate museum







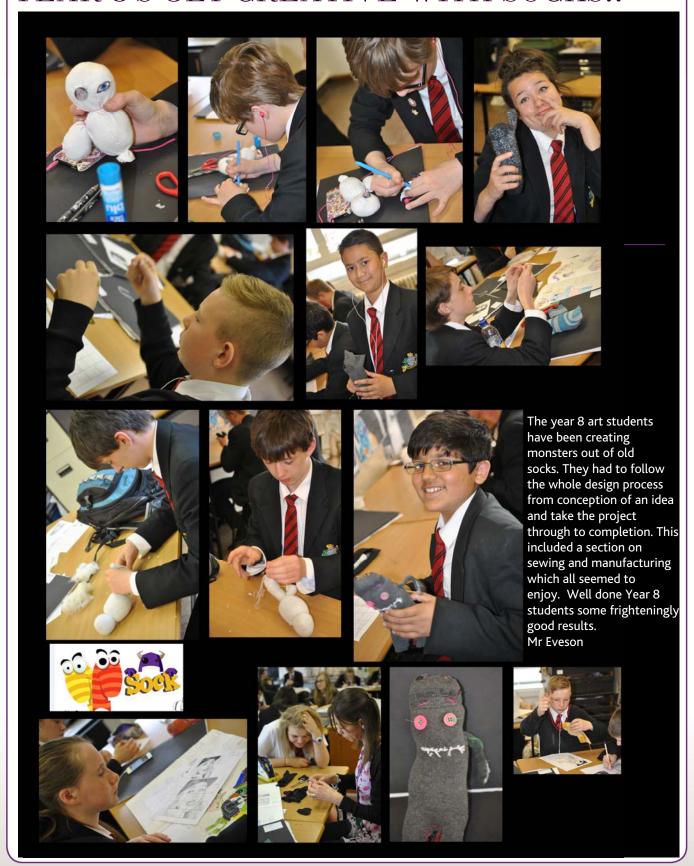
## arts@springwood





## arts@springwood

## YEAR 8'S GET CREATIVE WITH SOCKS!!





## headteacher@springwood

## MESSAGE FROM MR JOHNSON

The summer term has been blessed with some lovely sunny weather (sadly as I write this, the clouds have opened up!). As you may be aware, I have broken a bone in my foot! I would like to thank all the students and staff for their support (although some have found seeing me in a cast and shorts very amusing!). I am now well on the mend and hope to lose my "moon boot" by mid-June.



The external examinations are now in full flow. As ever, I have been very pleased with the excellent attitude of all the students; they know how important these examinations are for their future life chances. I would like to personal thank Mrs Farthing and Ms Thirkettle and the exam invigilation team for their excellent work in organising and implementing the examination schedule.

Springwood has had another excellent year in football with teams from Year 7, 8, 9 and 11 all reaching County finals and Year 7 and 11 winning! I will be organising a celebration tea party for all of them later this term.

Our Year 7 intake will soon be coming in to meet with us. I always look forward to meeting these excited youngsters and their parents enjoying their taster days with us.

A M Johnson

## **ATTENTION**

ADHD PARENT SUPPORT GROUP

# FRIDAY 12 JUNE 10am to 12 noon

Park View Resource Centre, Birch Tree Close (off London Road), King's Lynn, PE30 5QD







We would like to invite parent(s) with a child diagnosed with ADHD to come along to our above mentioned support group.

This group will be run by Tracy Taylor, ADHD Nurse Specialist and David Swain, Mental Health Practitioner (Thurlow House)

For further information or any queries, please contact us on

01553 668514

Please note, there is only very limited parking