



June/July2015

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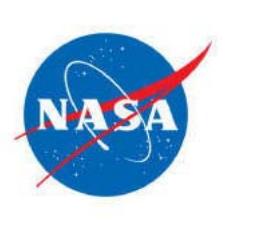
MISSION IMPOSSIBLE

Year 10 students at Springwood High School were inspired to reach for the stars during a visit by Nasa rocket scientist Amber Gell.

Amber gave a fascinating account of the challenges faced by astronauts in space, and the design of her last project, the Orion spacecraft, which was launched in December.

The event formed part of a series of events, designed to promote careers in the Sciences. Students followed the talk with a visit to the East of England's largest careers festival in Peterborough.

Student Harry Thompson said, "It was a real honour to meet such an important person in the space industry. She made me realise you can achieve anything if you strive for it. The careers festival displayed some of the careers within the gaming industry, which especially interested me."



Amber Gell with Year 10

art@springwood

GOOD ENOUGH TO EAT

9C GCSE Art class with Miss Simons, have been making these food sculptures, which are enough to make you feel hungry.



PHOTOGRAPHY AT ST MARTHAS



On Monday 1st June Miss Simons from the Art and Photography Department went across to St Martha's Primary School and introduced Pin Hole Photography to the Y4 Class. Each pupil then made their own Pin Hole Camera from a shoe box. Through hands on work with different types of cameras and an activity sheet pupils were introduced to some of the keywords which are used.



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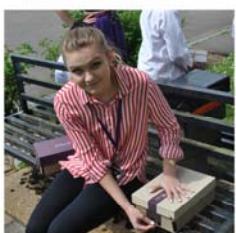
On Thursday 4th June which turned out to be a lovely afternoon Year 4 came across to Springwood in two groups to use their own handmade cameras and work in the darkroom. The Year 4 pupils got a hands on first time experience using light sensitive photographic paper and using the chemical process to develop the portrait photographs they took with their pinhole camera.

The pupils had a fantastic experience and produced top class quality work which they should be very proud of.

A special thanks to Miss O'Connell and Miss Skittrell who assisted in the darkroom. Also, a very big thank you to Otto Hussain, Jess Luther, Kayley Ford and Aimee Groom current Y12 Photography Students who helped and worked with Year 4 and made their visit even more enjoyable.



Taking the pictures



fashion@springwood

BTEC FASHION & CLOTHING DIPLOMA

BTEC Fashion and Clothing Diploma Level Three, Sixth Form Course.

The new and exciting Fashion course is currently in its second year at Springwood. The course is coursework based with no exam. The students' projects have consisted of designing and making clothes, e.g. miniskirts, 1950's prom dresses, hand bags and jewellery (See Springwood's website for examples of the students' work).

If you are interested in joining the course when you become a Sixth Form student and don't have any sewing skills then don't worry as Miss Markwell will teach you how to sew with small starter sewing projects - and before you know it you will be designing and making your own outfits for a fashion show!

The BTEC Fashion and Clothing students will be holding their first Fashion Show on Wednesday 15th July at Springwood High School to celebrate their beautiful clothes that they have designed and made – watch out for posters around the school with all the details.



Phoebe Hammond's
1950's Prom Dress



Daisy Holman's
Bag

SHELBY'S FUND RAISING

Well done to Shelby Powell FB-09 who before half-term, asked if she could do one more fund raising event before she left school in June. She organised two raffles for the Downs Syndrome Association and raised £131.03.

Over the years she has raised money to buy play equipment for the Rudham Ward at the QE Hospital also and provided DVD's for the Childrens' Hospital in Sheffield. She has run cakes sales, raffles and bingo raffles. In November 2014 she won the Jessica-Mae Prior award for Inspirational Courage.

Shelby is off to College to do a Health Care course. We wish her well.



community@springwood

SUMMER READING

ImagiNation - A free Arts and Reading Activity at Gaywood Library over the summer holidays

What is ImagiNation?

ImagiNation is an arts and reading activity for 11-18 year olds

It will be running in Norfolk Libraries from 11th July – 6th September.

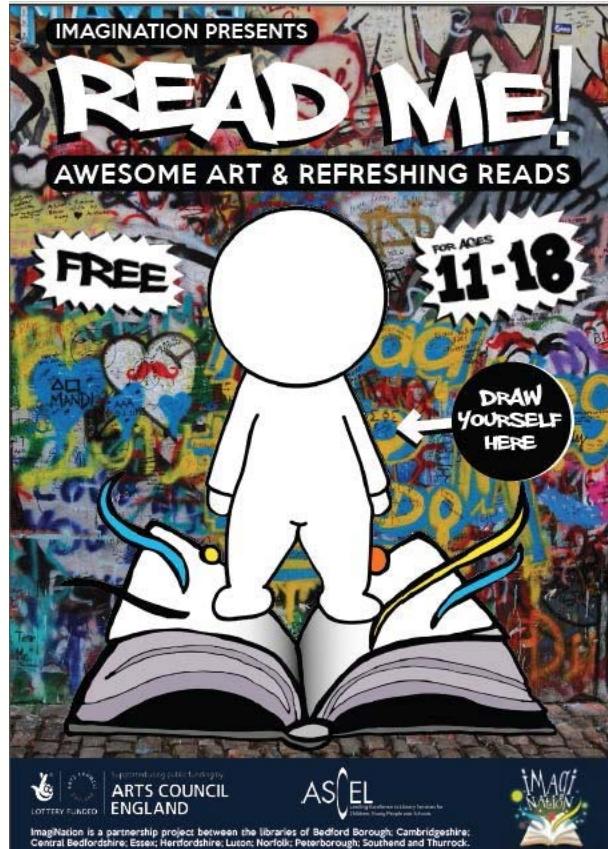
What will I get when I join? When you join you will receive an ImagiNation Log

What do I have to do?

Read at least 2 books – these can be any books of your choice, why not experiment and try an author, genre or subject you haven't read before. Complete at least 1 of the activities in the log. Complete an activity called 'Frame it! Share it!' where you design a square artwork inspired by reading. Show your log/artwork at the library and hand in your square, to help make a giant artwork. If you want, you can share your work online at www.imaginationeast.org.uk

What happens when I finish ImagiNation? If you want to you can upload your artwork to the ImagiNation

blog www.imaginationeast.org.uk. Hand in your 'Frame it! Share it!' square at your library, to receive your free Lanyard and DVD voucher. You will receive a certificate for taking part (which will be given to you in the library)



TAEKWONDO CHAMPIONSHIPS



Mr Jennings took part in the ITF European Taekwondo Championships in Italy. It was a successful tournament and he won a bronze medal for the +85kg sparring division. He beat a tough fighter from Bulgaria and lost to the Russian in the final match who went on to win the division. Mr Jennings's plans to beat him at the world championships in August.

If anyone fancies training in Taekwondo or kickboxing please check out the website: www.senshimartialarts.webs.com

Mr Jennings pictured left with the Adult Men's team

environmentalists@springwood

VISIT KINGS DYKE NATURE RESERVE

On a windy day in June the Year 13 Environmental Sustainability students visited a nature reserve at Kings Dyke near Whittlesey on the 2nd June. The objective was for us to learn how to carry out ecological surveys. The reserve has been created on the land owned by Hanson Brickworks and which we were able to view from a vantage point above it from one of the former quarry areas. We learned that the bricks are made from the local Oxford Clay and they have been producing bricks for over 100 years. Many parts of the works still have the original buildings and kilns for firing the bricks. The clay was also laid down in the Jurassic Period and fossil hunting is one activity you can do at the reserve. Mrs Carty loved that bit!



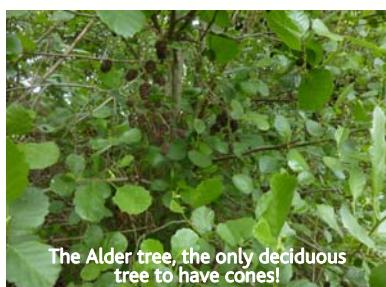
Joshua Sarte carrying out a bird survey in the bird hide



Hanson now fund the creation of the 750 hectare nature reserve which has been established and run by Mr Philip Parker whose own children attended Springwood. Mr Parker helped us to learn how to survey the plants and animals – over 350 plants have been recorded there including the “bee orchid”. 2500 insects have been recorded and 3 reptiles including the grass snake. Under pieces of tin and roofing felt, we found a 5 year old grass snake which had Kayleigh running! There are 4 species of amphibians and in the bird hide we learnt

about how to survey the bird population (160 species) including the bittern which is nationally endangered. While we ate our lunch we were amazed when a marsh harrier appeared and caught a water vole for its dinner, an amazing sight! After pecking away for a few minutes the harrier then took off with its kill to take what was left for his “missus” on their nest. Mr Parker told us how the data he collects constantly is made accessible for all so that the state of the country’s biodiversity is monitored as well as managed.

This was a great opportunity for us to experience a wonderful local natural resource.



The Alder tree, the only deciduous tree to have cones!



Mr Parker with the 5 year old grass snake



Kings Dyke's home-made insect house



Sophie Child, Shannon Ashby, Kayleigh Briggs, Luke Mascall, Rapik Mangaser and Joshua Sarte

sport@springwood

SPORTS DAY

The annual sports days was held on 9-10th June and the whole school came out to cheer on their Houses. This year the House Trophy was won by Felbrigg House breaking the six year rule of Sandringham House. On a winning streak the Felbrigg Staff went on to win the tug-of-war. Awards were presented to the Victor and Victrix Ludorum for each age group by Mr M Ballman Associate Head.



Sports Day results cont'd...

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BOYS YEARS 9-10

EVENT	EVENT	RECORD	FIRST	Hs	Time /Dist	SECOND	Hs	Time/Dist	THIRD	Hs
NO	NAME		10 PTS			9 PTS		8 PTS		
18	1500m	4m31.60	C SOUTH	H	5M10.76	J WELLS H THOMPSON	O B	5M24.30		
24	TJ	11m84	A.NWANERI	H	11M72	B.SILVA	O	10M17	J.TOMLINSON	S
6	LJ	5m19	B SILVA	O	4M56	R FERREIRA	O	4M26	B SHAW	B
59	800m	2m13.70	D HARVEY	H	2M22.45	J WELLS	O	2M36.27	H THOMPSON	B
30	Javelin	39m60	M BAKER	H	32.8	I MUXLOW	S	32.4	K SCANLON	H
53	400m	54.62s	J ARCHDALE	F	1M01.73	C SOUTH	H	1M02.68	O GARNHAM	O
36	Discus	31m17	S DREW	O	27M30	M BAKER	H	24M15	T HITCHCOCK	F
65	200m	24.95s	D HARVEY	H	25S56	L AMARAL	H	26S76	R FERREIRA	O
12	HJ	1m72	D HARVEY	H	1M57	B JONES	B	1M50	O CAROLYN-SMITH	O
47	100m	11.42s	L AMARAL	H	12S72	A NWARI	H		C EDGLEY	F
71	4x100m	48.85s	H	H	52S73	O	O	53S32	F	F
41	Shot	12m70	S DREW	O	9M84	S.MOUNT	F	9M60	R.MARSON	H

GIRLS YEARS 9-10

EVENT	EVENT	RECORD	FIRST	Hs	Time/Dist	SECOND	Hs	Time/Dist	THIRD	Hs
NO	NAME		10 PTS			9 PTS			8 PTS	
17	1500m	4m52.38	C BUGG	S	5M58.68	B SHAW	H	6M01.56	M HOLMES	O
5	Discus	25m52	L BARNES	S	15M55	M GRIFFIN	F	15M28	P CARTER	H
58	800m	2m20.78	M HOLMES	O	2M57.73	B SHAW	H	2M58.86	M EVANS	O
35	HJ	1m55	C.BUGG	S	1M46	K.MAHLLI	S	1M35	A.WATSON	F
23	Shot	10m21	C.GARDYNE	O	7M74	C.HEMAHLING	F	7M64	M.GRIFFIN	F
64	200m	28.93s	C BUGG	S	28S55	L BARNES	S	29S25	G LOOSE	H
11	Javelin	24m00	E.CARTER	F	15M51	E.TIDD	B	14M30	D.HOVELL	S
46	100m	12.78s	L BARNES	S	14S11	R AMPOMAH	S	14S25	K LABUZ	B
40	LJ	4m47	G LOOSE	H	3M81	R.AMPOMAH	S	3M71	G DAWSON	F
50	300m	49.64s	G LOOSE	H	51S97	R AMPOMAH	S	53S97	G DAWSON	F
29	TJ	8m57	P WOODS	S	8.01M	G DAWSON	F	7.45M	M BARLOW	B
70	4x100m	57.34s	S	S	58S15	O	O	64S56	F	F

BOYS YEARS 8

EVENT	EVENT	RECORD	FIRST	Hs	Time/Dist	SECOND	Hs	Time/Dist	THIRD	Hs
			10 PTS			9 PTS		8 PTS		
10	1500m	5m09.63	B.TUTTLE	O	5.34	D.MCDERMOTT	S	5.46	K.MAYES	S
16	Javelin	35m36	J TIVEY	B	17M60	T CLARKE	H	15M65	J JOSHY	B
56	800m	2m25.69	B TUTTLE	O	2M41.69	H NEALE	H	2M46.69	J ISLE	S
4	TJ	9m75	L JOHNSON	B	7M89	J TIVEY	B	7M68	W KING	H
34	LJ	4m45	L RUDD	F	3M71	D ESS	F	3M45	C MAYES	S
52	400m	60.31s	L MITCHELL	H	1M08.48	R MESSAM	O	1M11.81	E HEWITT	H
22	Discus	25m45	G SLIZSKIS	F	23.9	M HIGBY	H	23.4	O SIMPSON	B
63	200m	27.20s	M HIGBY	H	29S52	S SHAIKH	O	30S03	H TIPPLE	F
28	Shot	10m71	M.HIGBY	H	10M57	L.RUDD	F	10M32	B.ANDREWS	O
45	100m	12.95s	E HEWITT	H	13S60	L JOHNSON	B	14S14	L RUDD	F
39	HJ	1m56	J BURCH	B	1M30	A JAISON	O	1M30	J IVANOV	S
68	4x100m	55.17s	H	H	58S00	F	F	59S90	O	O

For more results and photo gallery:

<http://www.springwoodhighschool.co.uk/page/?title=Sports+Day+2015&pid=245>

key:

Record Breaker



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YEAR 8 -GIRLS

EVENT	EVENT	RECORD	FIRST	Hs	Time/Dist	SECOND	Hs	Time/Dist	THIRD	Hs
No			10 PTS			9 PTS			8 PTS	
9	1500m	5m50.87	E TWITE	S	6.36.66	G MOAT	B	6.37.93	M DAWSON	F
10	HJ	1m43	M DAWSON	F	1M27	M LISCSEY	O	1M27	H CARTER	F
56	800m	2m47.36	G MOAT	B	3M05.95	E TWITE	S	3M08.23	M NAIR	F
21	Javelin	20m93	K HENSON	O	12M85	E HOWARD	B	10M47	M PEMBERTON	H
33	Shot	7m77	Y WATSON	B	6.13	K WOOD	F	5.00	H CARTER	F
62	200m	29.66s	M LISCSEY	O	32S75	M SMITH	B	33S17	M TARRY	F
27	LJ	4m27	M SMITH	B	3.56	E MCGONIGLE	O	3.37	O STEVENS	S
44	100m	14.16s	C SAINTY	F	14S85	M SMITH	B	14S90	M LISCSEY	O
38	Discus	19m60	K HENSON	O	16M14		B	13M84	A HARRIS	O
49	300m	55.25s								
15	TJ	7m79								
68	4x100m	59.94s	F	F	63S74	B	B	64S99	O	O

YEAR 7-BOYS

EVENT	EVENT	RECORD	FIRST	Hs	Time /Dist	SECOND	Hs	Time/Dist	THIRD	Hs
			10 PTS			9 PTS			8 PTS	
2	1500m	5m08.09s	A POWELL	F	5M56	T LEMBUTIS	O	6M01	B SYMONDS	H
32	TJ	9m45	N POLL	F	8M26	T LEMBUTIS	O	8M08	K WELLS	F
20	LJ	4m17	N POLL	F	3M40	S LAMMINAM	O	3M00	J HUNTER-WATTS	H
55	800m	2m27.81	K WELLS	F	2M50.52	J SMITH	B	2M50.53	A POWELL	F
14	Discus	21m87	R DOBROVSKI	F	13M40	J SMITH	B	13M10	O DEWING	H
23	400m	63.82s	K Langley	S	1M11.12	J UPPINGTON	B	1M11.90	N POLL	F
26	HJ	1m40	E NWOBODO	F	1.20M	B LEE	H	1.18M	J UPPINGTON	B
61	200m	27.76s	E NWOBODO	F	31S30	C WOODLOW	B	32S21	C HAZLE	H
37	Javelin	26m12	A POWELL	F	14M90	Z BUNKLE	B	12M15	H BUZZARD	H
43	100m	12.89s	E NWOBODO	F	13S84	T LUBUCIS	O	14S16	J SMITH	B
8	Shot	9m39	R BROWN C WOODLOW	F B	7M60				B LEE	H
67	4x100m	58.95s	F	F	62S04	B	B	62S24	O	

YEAR 7-GIRLS

EVENT	EVENT	RECORD	FIRST	Hs	Time/Dist	SECOND	Hs	Time/ Dist	THIRD	Hs
			10 PTS			9 PTS			8 PTS	
2	1500m	5m08.09s	A POWELL	F	5M56	T LEMBUTIS	O	6M01	B SYMONDS	H
32	TJ	9m45	N POLL	F	8M26	T LEMBUTIS	O	8M08	K WELLS	F
20	LJ	4m17	N POLL	F	3M40	S LAMMINAM	O	3M00	J HUNTER-WATTS	H
55	800m	2m27.81	K WELLS	F	2M50.52	J SMITH	B	2M50.53	A POWELL	F
14	Discus	21m87	R DOBROVSKI	F	13M40	J SMITH	B	13M10	O DEWING	H
23	400m	63.82s	K Langley	S	1M11.12	J UPPINGTON	B	1M11.90	N POLL	F
26	HJ	1m40	E NWOBODO	F	1.20M	B LEE	H	1.18M	J UPPINGTON	B
61	200m	27.76s	E NWOBODO	F	31S30	C WOODLOW	B	32S21	C HAZLE	H
37	Javelin	26m12	A POWELL	F	14M90	Z BUNKLE	B	12M15	H BUZZARD	H
43	100m	12.89s	E NWOBODO	F	13S84	T LUBUCIS	O	14S16	J SMITH	B
8	Shot	9m39	R BROWN C WOODLOW	F B	7M60				B LEE	H
67	4x100m	58.95s	F	F	62S04	B	B	62S24	O	O

For more results and photo gallery:

<http://www.springwoodhighschool.co.uk/page/?title=Sports+Day+2015&pid=245>

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MAGISTRATES MOCK TRIAL...THE NATIONAL FINAL

Rachel Ampomah SD-05 (Defence Lawyer)

Birmingham: Yet again we had made it through the first two rounds of the Magistrates Mock Trial competition. For months we had been working hard on our cases; giving up two lunchtimes a week, Fridays after school, and even some of our holidays. However, after all of our months of practising, the time had come - the national final.

We travelled down to Birmingham on the Friday – the day before the competition but before we departed we spent the morning doing a bit of practice, to ensure we were going to do everything the next day at our very best as we didn't want to leave the courtroom with any regrets. When our last moments of practice were done we got on the minibus and travelled down to Birmingham. Once we arrived we all got checked into our hotel rooms and got ready before dinner. We had a lovely meal together as a group before making time for one very final evening practice. However, early nights were needed for everyone because the next day was the day we'd all been working towards.

Competition day: We woke up nice and early, feeling refreshed and ready for the day ahead but as we ate our breakfast, the realisation that this was it, began to sink in. Final room checks were completed and we went on our way to compete at the Victoria Law Courts in Birmingham.

Once we arrived at the court and registered, we found an empty courtroom to do some last minute practice before listening to the welcome speeches before the first



case. Our prosecution team went up first. They were prosecuting against Pat Taylor who was accused of stealing a mobile phone. They delivered their case immaculately, with very few mistakes and were against Cox Green School who also gave a very good case. Although the prosecution had put their heart and soul into it, the verdict was 'not guilty'.

It was defence's turn next. We were up against Wycombe High School. We fought, and put everything we had into our case, as we were desperate to get our defendant off, who we believed to be 'not guilty'. However, Wycombe also gave a very strong case, which lead to our defendant, Chris Bishop being found 'guilty' of criminal damage to a car.

We all left our courtrooms that day knowing we'd done everything we could have possibly done. Nearly six months of preparation had been leading up to this day. We sat anxiously and awaited the final results.

As we didn't place in first or second, we had to wait until Monday to find out our results. It was then that we found out that we came 4th. This is an amazing achievement considering that the competition started with over 300 schools, and there were 16 schools who competed on the day. We all felt very

proud of ourselves.

The whole experience was incredible. The Magistrates Mock trial has taught us all a lot more about the legal system in this country, which many young people don't understand.

We would like to thank all our sponsors for enabling us to have an evening in a hotel which benefited us all, as if we left Kings Lynn on the Saturday morning, it would have been an incredibly early start for us, which would have lead to us all being very tired in court and not being able to fulfill our potential.

There is no way we would have ever got this far in the competition without our amazing teacher Miss Roberts. She has given up so much of her own time for us over the last few months, which we can't thank her enough for. Miss Roberts' dedication is truly unbelievable and each and every one of us is so grateful for everything she's done for us. Words can't describe how thankful we are for being given this incredible opportunity.



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MOCK TRIAL STUDENTS VISIT THE OLD BAILEY

Sophie Ward - SD-03

On Tuesday 23rd June, the Magistrates Mock Trial team took some much-welcomed celebratory time out from all the hard work by spending a day at the Old Bailey Courthouse in London.

In the late morning, we caught the King's Lynn to King's Cross train into London and made our way (after getting slightly lost) to the Old Bailey's private quarters; this is where the Lord mayor and the High Sheriffs of London reside. It was here that we started our day in their amazing housing areas and were waited on by a Butler!

We were all inspired by the High Sheriffs and spent time talking to them about being National Finalists in the competition. It went without saying how thankful we were to be there. We were lucky enough to have a private guided tour of some of the court rooms and jury rooms, where the guilty or not guilty verdicts are made and were told lots of facts about the history of the building and cases that had taken place here in the past. Some of them we had heard about in the news, as it is the most high profile cases that are heard there.

Along with this, we were taken down 'Dead Man's Walk', which is where criminals from the past were taken just before their public execution. This also included an unexpected surprise of being locked outside without a key to get back in! But luckily we were rescued by a friendly security guard!

After the tour, one of the highest female judges in the UK gave us her time by offering a question and answer session. During this we found out what it takes to be successful in the law profession, reaching the Bar, the pressures of being a Judge and what it is like to work in one of the most famous courts in the world.



With lots to talk about, we made our way back to Kings Lynn discussing what had transpired throughout the day. Lauren Roberts our defendant during the Mock Trials process described the experience as a 'once in a lifetime opportunity, and an honour to be served by a Butler' and Adam White also agreed with that saying 'It was a fantastic opportunity to gain an insight to the most famous court in the world'.

Many thanks to those that made trip possible; Mr Evans, Miss Roberts, Mr Smith and Mr Bland.

However, our success didn't end there, as on Thursday 6th of July we had the privilege of being invited to the Town Hall by the Mayor. This was to celebrate the success of us coming 1st in the Norfolk heat in Great Yarmouth; along with another 1st place in the regional heat in Mansfield, and then 4th in the National Finals in Birmingham.

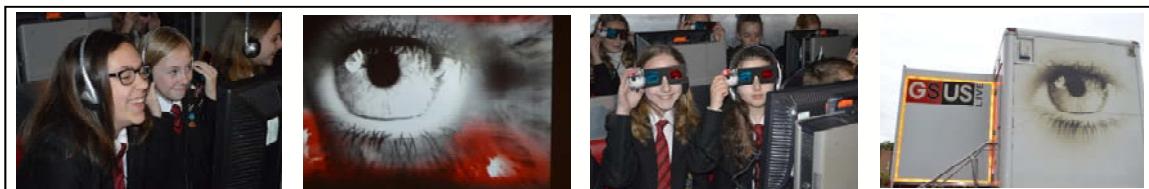
This was an evening which also gave us the opportunity to thank all of the sponsors who made it possible for us to have an overnight stay in Birmingham for the Nationals. The sponsors included firms: *Russen and Turner, King's Lynn Rotary, Consents Solutions, Dawbarns Solicitors, Metcallf and Copeman Solicitors and The KICK project*. We were also joined by Mr Ballman who came along as a representative of the school to show his support. Magistrates Mr Hall and Mr Bland were also there to support us, like they have throughout the whole process. And, of course, Miss Roberts was present which gives me another great chance to say a massive thank you to her, because I know that I speak on behalf of the whole team when I say that she has been absolutely amazing and if we didn't have her we definitely wouldn't have got this far.

It has been an experience I won't forget.

departments@springwood

GSUS

Our experience of the GSUS Bus was exciting and original. First we were asked to watch a third movie about three words: FEAR, REJECTION AND FORGIVENESS. Then we could choose – Jack (rejection), Kylie (Fear), Ben (Forgiveness). The person you chose would send you an email telling you what their problems were. There were four parts for each person about their story. In each part there were four activities you would be given, five choices to pick and send it to the person that you had chosen. At the end you could print your answers out and look back on them. Then you would collect all of your stuff including your new 3-D glasses and exit the bus, it was really fun . The GSUS live staff said that the Springwood students were well engaged and focused and they were very impressed with pupil behaviour in the module.



BeLonGer

Students from year 12 are participating in a project called BeLonGer which combines 3 European countries; Belgium, Germany and England. Throughout the week beginning 15th June, 8 German students and 2 German teachers visited King's Lynn and participated in activities including bowling, going out for meals and visiting Hunstanton and Norwich. Whilst they were here, they were expanding their English language whilst working on an international project called BeLonGer in which we are jointly creating a website to display the different cultures and activities which occurred during all of the visits. Within the next year, we are hoping to have visitors from Belgium and we are also hoping to go and visit their countries. –Lucy Tennant 12ViKSE



people@springwood

CAMBRIDGE HEFA CELEBRATION



On Tuesday 9th June a small number of Yr9 students who had partaken in the Cambridge University Higher Education Field Academy Archaeological Dig came together to celebrate their hard work and achievement. They were joined by Lead Coordinator Mr Smith, Mr Johnson, Mr Ballman and prestigious others.

Mr Smith said of the students who partook: "This is a celebration of their hard work, three days of digging and hours of report-writing.



BRITISH CHAMPIONSHIPS

Mr Jennings forwarded some pictures from the British Championships that was held on Saturday 27th June.

He won two gold medals this time. One for Sparring in the +75kg Mens division, and one for power breaking, (where you break boards with the hands and feet).

The first picture shows him with Master Brown 8th Dan, who is president of ITF England Taekwondo. The last two pictures show him sparring in his last match.



geography@springwood

FARM VISIT



On Thursday 25th June, a select few Year 12s from AS Geography and AS Environmental Sustainability visited Wickmere Farm near Holt. During the day we examined the processes involved in one of the most important primary industries in the UK, and especially in East Anglia.



The day gave pupils the chance to consider the various career opportunities available to them in this primary sector when they finish their studies. It was a lovely warm day, and the Farm was very accommodating. The Hog Roast went down a treat at the end!



YEAR SIX TRANSITION DAYS

Monday 29th and Tuesday 30th June , Year 6 pupils came into Springwood for their two taster days before coming up to year 7 in September. They looked a little worried for a start but soon became part of the school.



mfl@springwood

FRENCH VISIT

We left at 4.45 am on Friday morning, the bus was comfortable with a friendly bus driver who put on films and played music.

Arriving in France the Château was beautiful; our pods were beautifully clean and accommodating. That night we ate a lovely dinner and played games. The next day we woke up to a trip to the market and some outdoor pursuits held in the Chateau's 38 acres of woodland and stunning lakes.

The showers and toilet were clean and good to freshen up in. Sunday we went to Paris. Seeing such places as the beautiful Eiffel Tower and l'Arc de Triomphe. We climbed up to Sacré Coeur and saw a gorgeous view of Paris and beyond, finished off by a boat trip down the River Seine.

All round the French trip was an enjoyable experience where you meet new people and try new things. I would definitely do it again.

Message from Mrs Prestidge – Special thanks to all the group (including staff) for their excellent participation and behaviour. Congratulations on surviving the extreme heat and mosquitoes!!



FRENCH HOMES

Year 7s have been working hard with Mrs Prestidge learning about different types of homes and how to describe them in French. Here are the excellent models which they made and talked about in French.



Classof2015@springwood

The Class of 2015 celebrated on Friday 3 July. They joined the school at the same time as Mr Johnson became Headteacher of Springwood. Every year the transport is quite different this year it ranged from a Norfolk Green bus to a Ferrari. On arrival there were canapés and fruit cocktail, and in their honour the staff served students with their Italian cuisine.

Mr Ballman proposed the toast and Mr Johnson thanked everyone who was involved in making the evening such a success.

The entertainment for the evening included a Sweet Trolley, Candy Floss and Popcorn stall and a Mock-tail bar. In the West Gym there was Mini Golf, Operation and Tap the App. Also a Disco and a Magician was part of the evening. To mark the occasion there was also a professional photographer Mr Gary Evans.



classof2015@springwood



To view the other Prom photographs go to <http://www.springwoodhighschool.co.uk>.

Link for Gary Evans photographs: <http://www.myeventphoto.co.uk/event/7077/index.htm>

raceforlife@springwood

RACE FOR LIFE RAISED £2,898



people@springwood

THE FUCHS FOUNDATION EXPEDITION CHALLENGE—GREENLAND 2016



The summer holidays are boring, I miss having to get up at 5.45am, teaching all day and getting home late in the evening to be faced with a pile of marking. So next year to combat this issue I am off on an expedition to Greenland with 5 other teachers from across the UK and 2 expedition leaders. For two weeks we will be trekking across the uninhabited islands and glaciers near Ammassalik Island "doing science" as we go. Part of the challenge is designing our own cutting edge research project and getting local schools involved in what we are doing. So if you have an idea for an experiment – let me know, It could be your research project I carry out! In September I will be starting a blog and

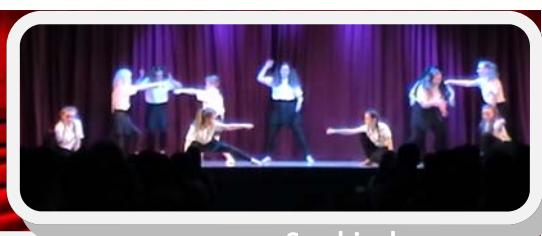
twitter feed so you can see how my training is going and maybe keep tabs on me during the expedition – I've been told there will be lots of polar bears! It is going to be a huge adventure and unlike anything I have ever done before, for someone who spends their day indoors wearing heels and a suit, who likes the weather hot, and buildings with plumbing I think sub-zero temperatures, camping on glaciers, the same clothes for 2 weeks, no showers or toilets will be an experience that nothing can prepare you for.

Mrs Arundel-McConachie

HOUSE DANCE—MAGIC AND FANTASY



Hotkham
Pirates of the Caribbean



Sandringham
Harry Potter



Felbrigg—Shrek



Oxburgh—Twilight



Blickling—Toy Story

p16@springwood

VISUALLY CONNECTED P16 EXHIBITION



This year the Art, Drama, D&T, Fashion, Performing Arts, Media, Music and Photography departments have joined together to celebrate the work of their Post 16 students, by putting on a joint exhibition at The Town Hall in King's Lynn. The Post Sixteen students worked alongside Mr Eveson to organise and to stage the exhibition, which was opened by Lord Mayor and Mayoress elect Cllr Colin & Mrs Julie Manning and Mr Johnson.

All the graphic design work was undertaken by Jordan Baines and the promotion by Poppy Lee and a number of students both past and present helped to hang the exhibition.

The aim of the show is not only to celebrate the outstanding work and teaching from within the school, which is constantly high across all areas; but to promote the creativity and aspirations throughout the area. We hope that the idea will become an annual event for the school and the town, so that the students' work inspires the following generation.

Mr Eveson

achievers@springwood

YEAR 12 FUTURES DAYS



The Sixth Form were involved in two days organised to inform students about choices available after A Levels. We had a variety of activities informing students about gap years, university, apprenticeships, CV's, personal statements and over 35 local and national employers attended a 'careers fair'.

YEAR 10 & 12 HIGHER ACHIEVERS' EVENING



Students and parents attended an evening specifically designed for high achieving students. The evening was designed to encourage students to aim high. We had a speaker from Oxford university talking to Year 12's and over 40 employers; the most we have ever had!

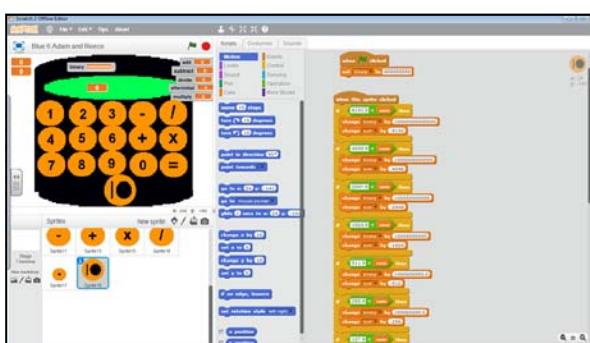
scratch@springwood

CAS SCRATCH OFF by Reece Venner Ox-04 and Adam Taylor HK-08

The CAS Scratch Off is a competition at the UEA (University of East Anglia). There were two separate competitions, a blind task and a home created game (a month preparation).

We arrived at the UEA and were given our blind task to create a calculator, which we started as soon as we sat down. We were making a lot of progress in the blind task; however we did struggle to make some variables function.

When we were some way through our blind task, two judges came and evaluated our home created game, which didn't work as we had intended. The tutorial broke whenever you entered a,b or c and the map became visible when there was a fight. After a couple of lines of code were implemented it worked perfectly, but it was too late.



This is our binary to decimal converter. It changes any number below 8192 to a binary value.

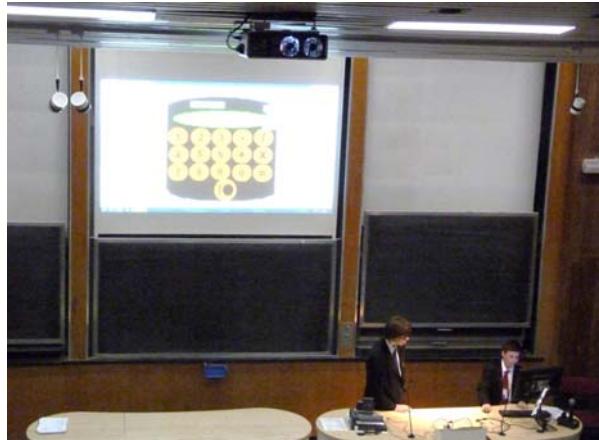
After our game was inspected we decided not to worry about what had happened and focused completely on our

calculator task. We fixed the previously useless variables and managed to create negative numbers and a memory system.

The UEA supplied us with free food and drinks and made us feel welcome.

We were then ushered into the main computing hall where the final would take place. The judges went through all the entries and picked 1 blind task winner and 1 home created game winner from each of the six groups to move on into the next round.

Following our lack of mention in the home created game category, we lost hope and thought that we had lost the competition. Much to our surprise we were selected to move further on into the final round, after our calculator was deemed the best in our group.



We presented our calculator in front of over 100 people and made a good impression. Adam presented the calculator whilst Reece was doing the demonstrations of what the calculator could do. We watched in awe to see if the other calculators would outclass ours, but that was not for us to decide.

After everyone had presented the three judges had made up their minds of who they thought the winners of the home created game were along with the winner of the blind task.

They announced the best female team, best male team and best unique character none of which we won, so we knew we would either win the prize or go home empty handed.

The calculator category was announced and the top three would be called up. We were not 3rd or 2nd, which meant we were either 1st or we didn't win. We were called for 1st and we were ecstatic that we won and happy that we had had such a good day at the UEA.



Receiving 1st prize for the unseen task

year 7@springwood

SPRINGWOOD STUDENTS COMPLETE A YEAR OF REMEMBRANCE



Springwood students completed a year of remembrance by laying a wreath at the Menin Gate in Ypres. This year every year 7 student has had the opportunity to visit the First World War battlefields and appreciate for themselves the sheer scale of sacrifice given 100 years ago.

Students discovered several graves of soldiers 'known unto God' from the Norfolk regiment.

"It was a great experience; lots of fun, while understanding war and history" Holly Clark, Holkham.

year7@springwood

... A YEAR OF REMEMBRANCE



Holly and Daniel with
the wreath

Students from Holkham House were the last ones to visits Ypres and Holly Clark and Daniel Plumb had the honour of presenting the wreath at the monument to the 55,000 Commonwealth Servicemen who were classified as 'missing' at the end of the war. The infamous mud and trench warfare often meant that men were left out in no-mans-land after an attack and their fate marked in regimental records as missing. Leather identity tags worn by soldiers around their necks often deteriorated with their owners making identification very difficult.



"I enjoyed the boat ride the most because it was nice and calm and relaxing and I could look at the buildings and the wildlife"
FB-06 , Felbrigg

On the following day we took the opportunity to enjoy modern Belgium and the tourist sites at Brugge. We were blessed with warm sunshine and enjoyed a canal trip, a visit to a chocolate museum and factory and some time to explore the beautiful marketplace with its many shops and cafes.



spellingbee@springwood

NATIONAL FINAL



On Friday 3 July, two year 7 students competed in the National Final of the Foreign Language Spelling Bee at Anglia Ruskin University in Cambridge. Dong Ting Xu competed in German and Arushan Antony-Vilvaraja competed in French. Out of 74,000 + competitors, these two were part of the top 100 in the country! Although they did not place in the top 4, they both did a fantastic job and should be incredibly proud of how much they have achieved. The Languages Department is very pleased with the effort these students have put in, and we couldn't be more proud of their hard work.

Miss Simone



SUPER LEARNING DAY



Year 7 designed a smoothie. 7O2 with the tastiest and best pitch were the winners!



sld@springwood

SUPER LEARNING DAY



Mr Bland, Borough Councillors with Mrs Elizabeth Nockolds



staff@springwood

GOODBYE AND GOOD LUCK!

We shall be sorry to say goodbye to the following members of staff and wish them well in retirement, promotion, new school, at university or career change:

Mr S Dawson leaves his post as Maths teacher and Assistant Head responsible for KS3 to move with his family to Yorkshire and a post in a new school. He has been at Springwood for 9 years.

Mr A Jennings leaves the Science Department after 7 years here to take up a promoted post at Marshland High School.

Former pupil and English teacher for 7 years, Ms T Locke leaves to take up a post at Swaffham Convent School

Mrs T Miles retires from the RE Department after 3 years with us.

Mrs K Arundel-McConachie returns to her former school in Lincolnshire after almost 3 years with us as Director of Science

Ms C Scarffe leaves the Vocational Faculty after 2 years with us to return to a post in Further Education

Ms A Simone returns to her native Canada after 2 years teaching in the Languages Faculty

Mrs G Martin takes up a promoted post as Head of English at a school in Peterborough after almost 2 years at Springwood

Ms K Stone also leaves the Vocational Faculty after a year to take up a post outside of teaching

Mr A Tyne goes off to Loughborough University after 12 months as a Cover Supervisor.

Mr J Chima also finishes as Cover Supervisor and Teaching Assistant to start a teacher training course but we shall see him back in 2016!

Mr P Bland retires after 14 years assisting pupils and students with work placements and business contacts. He remains however as a Trustee and Governor.

Finally, we say goodbye to Teaching assistants Miss C Archdale, Miss E Bush, Mrs T Lincoln, Mrs J Greyson, Mr D Brock and Maths mentor Mr J Tucker.

Welcome next term to:

Mrs A Carter (RE) Mrs A Betts (RE/Sociology) Ms S Cohen Jones (RE/Sociology)

Mr S McGee (English) Ms K Bambridge (English) Mr S Vinen (Science) Mrs C Hannah (MFL)

Mr K Thomson (Maths) Mr J Diamond (Maths) Ms A Ng (Art) Mrs L Pryer (Business Studies)



headteacher@springwood

MESSAGE FROM MR JOHNSON

As ever, time passes by very quickly at Springwood High School! This year has simply flown by with all of the staff and students working incredibly hard. This week we will enjoy our celebration day for all remaining year groups. I know that every student is looking forward to the reward for all of their hard work.

We said "farewell in style" to our Year 11 and 13 at their Prom events. The Year 11 Prom had a fantastic atmosphere, well done to Mrs Curillo and her Prom team for organising such an excellent event. I have known the year 11 since they came to the school and I am very proud of them. The Year 13 Prom took place at the Town Hall and all of the students and staff had a great time!



We have had so many excellent events this term that there are almost too many to mention! The Year 10 high achievers event was well attended by Springwood and other schools. It was great to see so many ex-Springwood students and employers talking about their University life and career ambitions. Well done to Miss Russell for organising such a fantastic event!

House Dance was excellent again this year. It was a privilege to witness the culmination of weeks of hard work in each house. The standard of performance was excellent and so many students (and staff) performed. Many thanks to all of the audience who packed out the hot and balmy main school hall!

The Primary Concert reached new heights this year with both the number of students involved and the quality of their performance. Our Primary Arts Team worked tirelessly with our feeder primaries to produce an excellent evening. It was lovely to see so many family members in the audience.

Please enjoy the summer holidays and I will see many of you on the 'A' level and GCSE results days!

A M Johnson

INFORMATION FOR PARENTS

SUMMER UNIFORM

A reminder for all students Year 7-11 that they should be in Summer Uniform until October half-term. All students are expected to be then wearing a jumper under their blazer from then. Any coats, scarves and gloves (outside) must be black.



Any queries please check the website or ask at your house office.