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BARRISTERS MOCK TRIAL

Recently, on 14th November 2015, a team of us took part in the Regional Heat of the Barrister mock trials competition held at Norwich Crown Court. This took months of preparation in our spare time. We had to prepare the defence and prosecution of two cases, but when preparing had no idea which case or which side we would be asked to present. We knew that we had to prepare everything but that we wouldn't necessarily perform everything. This was a huge task in itself!



Although some of the team had taken part in the Magistrates mock trial, it was the first time that we had taken part in the Barrister Competition, and due to this we didn't really know what to expect, other than we would be facing Sixth Form Law students.



As a team, we consisted of: Defence Barristers, Prosecution Barristers, Witnesses for both sides of the case, a Court Clerk and Jury Members. Everyone put in 100% effort before and during the day but also felt extremely nervous.

However, at 3 o'clock the two top scoring schools were read out and it was explained that those schools would go head to head for a place at the Old Bailey. To our surprise, we won a place in the final! We couldn't believe it as we were the youngest students there with our team being Year 10 and Year 11 students. We were the only students not to be studying Law!

After a nerve wrecking and tense, five minute preparation break, we were ready to start. Our opponents were very good, however, it turned out that so were we! Cautiously confident, our prosecution pushed for the defendant to be found guilty of robbery. Then the final moment came when the Court Judge announced that 'The

winner of the 2015 Bar Mock Trial Competition is... Springwood High School!'

We couldn't believe it and as you can imagine there was lots of cheering from us boys and screaming from the girls (along with a few tears!).

Travelling home in the minibus, with our new addition (the trophy) we were all ecstatic. However, our journey isn't necessarily over as we now must wait until the first week of December, when we will find out if we are in the top 18 out of 24 winners nationwide. If we are, we shall travel to the Old Bailey in London and partake in the



National Final of the competition. We are all hopeful and looking forward to receiving the results!

Elliot Simpson BG10

remembrance@springwood

SPRINGWOOD REMEMBERS

On the 11th hour, the 11th day of the 11th month 1918 the Great War came to an end with more than six million military personnel dead. Springwood High School commemorated their sacrifice with a remembrance ceremony to acknowledge the fallen heroes of the First World War. Year 7 pupils proudly wearing their poppies stood in silence outside as the last post echoed around the school. Sqn Ldr G. Jupe and Flt Lt Petch accompanied The Air Cadets and Army Cadets on parade and the cadets wore their uniforms as a sign of respect to acknowledge the accomplishment of the soldiers who gave their lives for freedom. The cadets were joined by representatives from RAF Marham Sgt Dave Richards, Sgt Raz Nutley and Sgt John King, RAF Marham was formed during the First World War in 1916 and will be celebrating their centenary next year. The visitors from Marham served as a reminder that Remembrance Day commemorates not just the First World War but also the conflicts British service men and women have fought in since, including



Afghanistan. The service was conducted by Dale Gingrich from Team Vicars St. Faith. Mr. Johnson laid down the first wreath made of poppies, followed by Gerry Tann an ex-serviceman from the British Legion. Finally, the last wreath was laid by the cadets who marched in unison toward the memorial flag pole, pausing then saluting to the fallen. With members from the school's governing body they all stood with the youngest members of the school showing respect and gratitude for soldiers who have not been forgotten.

Year 7 Springwood pupils began to examine the significance of Remembrance Day by investigating Nurse Edith Cavell a heroine of the war. Over a period of 11 months Edith helped around 200 British, French and Belgian soldiers, sheltering them in the hospital and arranging for guides to take them to the border and safety. The pupils produced information posters which were prominently placed on display at the ceremony.

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SIZEWELL VISIT By Rachel Ampomah



On Thursday the 24th September a group of fifteen year 10 pupils travelled to Sizewell Power station in Suffolk. Sizewell is a nuclear power station run by EDF energy, a brand many people know. There are two power stations, Sizewell A and Sizewell B. Sizewell A is currently not being used but Sizewell B is used every day and this is the station we learnt more about.

When we arrived we were given some small devices and left with instructions on how to build a robot. Each group did so using teamwork and communication skills in the

process. After a few more similar activities, we all prepared for a tour of the power station. We all had to wear helmets, gloves, ear protection and high-vis jackets. After this we went around the station and our knowledgeable guides explained each part that we stopped at.

After lunch we had a question and answer session with a number of people who work at the station, so we could find out about what they do and the different careers choosing the STEM (science, technology, engineering and maths) subjects can lead to.

During the day we learnt many things. Not only did we learn about nuclear power, but we also learnt about different careers many of us weren't aware of. Over the course of the day we also learnt how to improve our communication skills, networking skills and social skills. All of these skills are crucial for us in the future and will help us to stand out at job and university interviews



BRITAIN'S GOT TALENT

Ella Harvey in OX-03 is part of Street Dance group Entity All Stars and trains in London during the week and weekends.

They went on Britain's Got Talent and got Alesha Dixon's golden buzzer which took them to the semis and later got through to the Final. Ella is the youngest member of the group - easily identifiable as the smallest.



sixth@springwood

VOLUNTEER FAIR



The Springwood Year 12 Volunteering Fair took place on Thursday 3rd September. The Fair was well attended with 25 stands being used, representing local and national voluntary and charitable organisations, along with faculties within the school. The atmosphere was vibrant and positive with students volunteering their help with enthusiasm.



FRENCH FAMILY TREES

Year 7 students enjoyed making their family trees in French recently. Our pictures show some pupils with their super work.



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SD-06



At the end of summer Term SD06 were given a challenge to re produce a Historical building from around the world but this time made out of Newspaper, Sellotape and two cardboard tubes. The historical buildings were: The Taj Mahal India, Eiffel Tower Paris, Tower Bridge , London, Sydney Opera House, Australia, and The Colosseum in Rome. The Winners of this challenge were: Karen Silva, Ches Mayes and Miriam Massawi. Well done for their amazing work of art that also included small boats.



YEAR 6 OPEN EVENING



It was an extremely busy evening in the History Department on the 23rd September during open evening for year 6. The year 6 pupils had competitions to compete in where you had to guess the object to the time period which included WWI biscuits (cooked from the original recipe), hands on with WWI rifles and child against parent dress up competition, even the Springwood student helpers had a go against the teachers.



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Introduction by the Chair of Governors - Mrs A Arterton

Address by the Head Teacher - Mr A Johnson

Guest Speaker - Mr M Hawes

Vote of Thanks - Hollie Nelson

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ART		Nathan Ramos
BUSINESS		Olivia Gedge
COMPUTING		Jose Alves
CONSTRUCTION		Ryan Shaw
DANCE		Caitlin Kitney-Foster
DRAMA		Catherine Reeve
ECONOMICS		Alesha Jones
ENGLISH LANGUAGE		Reece Townsend
ENGLISH LITERATURE		Dalziel Mapp
FRENCH		Eleanor Hart
GEOGRAPHY		Rebecca Derry
GERMAN		Reece Townsend
HAIR & BEAUTY		Vaiva Pileckaite
HEALTH AND SOCIAL CARE		Annie-Rose Daultrey
HISTORY		Connor Thomas
ICT GCSE		Jack Partridge
ICT VOCATIONAL		Charlotte Graver
LEISURE AND TOURISM		Ashley Williams
MATHEMATICS		Nathaniel Amoaku
MUSIC GCSE		Charlotte Graver
MUSIC BTEC		Rhiannon Broughton
PERFORMING ARTS		Rosie Goodman
PHYSICAL EDUCATION		Henry Frost
RELIGIOUS EDUCATION		Emily Reeves
	CORE	Malindya Wickramanayaka-Ranasinghe
	ADDITIONAL	Hannah Bannister
SCIENCE	BIOLOGY	Emily Pulfer
	CHEMISTRY	Rapik Mangaser IV
	PHYSICS	John Greenacre
SOCIOLOGY		Iveta Ruskyte
TECHNOLOGY		Callum Jarvis
PUBLIC SERVICES		Zoe Hembling
BLICKLING HOUSE		Hannah Gordon
HOLKHAM HOUSE		Sophie Empson
OXBURGH HOUSE		Catherine Reeve
SANDRINGHAM HOUSE		Bethany Egginton
FELBRIGG HOUSE		Hollie Nelson
AWARD FOR BEST ACADEMIC RESULTS		Hollie Nelson
MOST IMPROVED STUDENT OVER KS4		Jose Alves
ATTENDANCE PRIZE		Heidi White
JESSIKA-MAE PRIOR SHIELD (For Inspirational Courage)		Benjamin Foxwell & Oliver Foxwell



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JUSTICE LIVE IN RE!



In mid-November some RE lessons were taken by the 'Justice Live' team. Chip Kendall, a musician with a Christian faith, came and woke classes up with

some of his songs - actions and audience participation required! Then the serious bit of the lesson: James, a London-based lawyer with IJM (International Justice



Mission) introduced us to the story of Karim. Although the names were changed this was a real story from India about modern day slavery. Karim and his family had been

imprisoned by a man called Rajan, and forced to work making bricks. Rajan claimed Karim

was in debt to him, and the only way he could pay the debt off was by 'bonded labour'. Again, audience participation was required as 'Karim' and 'Rajan' (both played by Chip!) were interviewed by the classes, and an investigation set up. In real life the investigation by IJM had led to Rajan's imprisonment, and the freeing of Karim and other slaves. James told students about other cases where IJM had been successful, then Chip linked the work of IJM to the Christian teaching of 'love', explaining how his response to the loving God he believes in involves helping other people. For Year 7 classes, who have been looking at different 'rules' including the Universal Declaration of Human Rights, this lesson really did allow them to understand their learning in the context of the 'real world'.



MR PUNCTUATION CAME TO SPRINGWOOD HIGH SCHOOL



Mr Punctuation aka Barrie McDermid came to Springwood High School to educate and recap on punctuation that we use every day. Combining education with fun: Mr Punctuation expresses his enthusiasm for literacy as he believes it to be the "key to communication".

There were two energetic shows in one day! In the morning, Barrie went through the year 7 presentation. In the presentation were the use of full stops, question marks, brackets, commas, ellipsis, inverted comma's (speech marks) and apostrophes. Through the use of comedy and catchy songs he engaged the young audience. In the year 10 presentation Barrie performed all of the above, but included the use of paragraphs. Who knew punctuation could be such fun to learn?



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CONGRATULATIONS TO YEAR 7



Well done to Year 7 students, they celebrated with biscuits and juice for all achieving ATL 1's in all subjects.

THANKS TO LEADERS



A huge thank you on behalf of the school goes out to all of the transition leaders that have worked tirelessly over the last two terms to ensure that the new Y7 settled into high school life as quickly as possible. All the feedback received from primary school staff, parents and in particular the students themselves continues to support the notion that amongst the most positive parts of Springwood are the students within it. From leading welcome presentations and supporting staff during the open days the leaders presented themselves as mature and responsible at all times.

openroad@springwood

KARTING FOR YEAR 9



Over the half-term holidays, eighteen of the school's Pupil Premium Students in Year 9 participated in a go-kart building course at Open Road on the Hardwick Industrial Estate.



The students worked in teams to manufacture a petrol engine go-kart, and on the final day were treated to a karting experience at North Pickenham Karting Centre.

All students had an excellent time, and gained really useful experience in engineering and working in a workshop environment.

Student, Jordan Auker HK-02 Said "it was a really good experience if you want to be a mechanic.... Over the three days, it was amazing".

For more information Open Road webpage (<http://www.openroadtraining.co.uk>)



The Open Road West Norfolk "Early Intervention Motivational Training" program was designed to engage with young people.

Programme for October 2015 Half Term



Open Road staff would like to thank all students and staff from Springwood Academy that attended the course in the half term in October 2015. This course was the **most successful** one run to date and we would like to acknowledge the amount of background preparation work school staff carried out which contributed to the success.

- The program was based around the building of a Go-Kart over 3 days with the third day involving attending the Go-Kart Centre to take part in racing
- Both the girls and boys were enthusiastic and seemed to thoroughly enjoy their days with us.
- The evaluation following the end of the course showed that most young people found the activity fun and felt that they had increased knowledge in working with tools, as part of a team and in health and safety.

Tel: 01553 776600
E: office@openroadtraining.co.uk
Web: www.openroadtraining.co.uk
Unit 17, Rollesby Road, King's Lynn Norfolk PE30 4LS
Registered Charity Number: 1131445

houses@springwood

BLICKLING HOUSE UPDATES



Tyler Marwick shows his Shanti

Congratulations Year 9 for coming first and winning the House Football.



WELL DONE to Daniel Dumpleton - BG07 - for scoring top marks in the recent NVR Test. Only pupil in Year 7 to achieve this, this year. Fantastic. Well done Daniel.



BLICKLING HOUSE COUNCIL

BLICKLING HOUSE SUPERSTARS



Our Brilliant Blicklings have done it again. Wowed us with their enthusiasm, hard work and dedication in order to achieve. Breakfast in the House Office was once again enjoyed by all. From the Blickling House Team - we are so proud of you. Ms Craig

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SAFETY AT SPRINGWOOD



Year 7 had a talk given by PC Bolderstone and PCSO Cockerill about the dangers of sexting and the consequences of doing this and how it can affect them not only now but in later life.

What is sexting? - The word is a mix of 'sex' and 'texting'. 'Sexting' is sending 'sexy' texts. The texts may be words or images. Sexting occurs not only on mobile phones, but on Skype and social media sites, such as Facebook, Twitter, Instagram, Flickr, Tumblr and Snapchat etc. **Taking, sending or receiving sexual images of a minor is illegal.** If you're found to have a naked or semi-naked photo of someone under 18 on your phone or your computer, you can be charged with a criminal offence. **Remember that everything you send might become public.** Think how easy it is to forward a photo or a message. Social media sites make it even easier to post stuff quickly, as well as more difficult for you to have control over who gets the images and where they go, and it can be incredibly difficult to have the images removed. **Once you've sent something you can't get it back.** Think about your future and how you might like people to see you. Maybe you will try to get a job, or join a sports team, or fall in love with someone else.

For more information go to: <https://www.kidshelpline.com.au/teens/get-info/hot-topics/sexting.php>

X-FACTOR STAR—CYBER BULLYING



On Friday 20th November, Sam Callahan of X-Factor fame performed to Year 7 and Year 8 pupils, he also delivered a talk about Online Safety and Cyber Bullying message. Sam has been travelling around the UK visiting Schools.

Sam reached the live finals in 2013 of ITV's X Factor getting to the final seven. Since then he has been touring all over the UK and recorded his debut album. His new EP "Bigger Things" will be released next month and all proceeds are going to [The Teenage Cancer Trust](#) as he has a close friend who is battling the disease. Check out a couple of his X Factor links below;

<https://www.youtube.com/watch?v=UomcGOW5HDK&feature=youtu.be>

<https://www.youtube.com/watch?v=voTrRfVFNzU>



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INTRODUCING NEW HEAD BOYS AND HEAD GIRLS

I am pleased to announce the first appointments of students at Springwood High School to the posts of Head Boy and Head Girl. All students were invited to write a letter of application if they wished to apply for the posts. Some of these students were then selected for interviews with their House Director, House Manager and I. Already recognising the quality of the students we have in year 11 we had decided to have a Head Boy and Girl in each House, creating ten posts. Despite this though all of the students interviewed were exceptionally strong and made the task of deciding on the final ten very difficult. The Head Girl and Head Boy in each House are as follows:

Anam Khatri & Elliott Simpson (Blickling)
Georgia Auld and Sam Mount (Felbrigg)
Paris Fodden and Anthony Nwaneri (Holkham)
Emily Calvert and Kevin Jose (Oxburgh)
Lucy Barnes and Joe Lawrence (Sandringham)

These students will represent the school at various functions, both during the school day, and in the evenings. They will remain in post until just before their exams start, at which point a new set of students will be appointed from year 10.

Well done to all of you who applied, but in particular to our new Head Girls and Boys.

N Wills



ART AND PHOTOGRAPHY STUDENTS VIST LONDON



A selection Fine Art and Photography students from Year 10 and Post 16 went down to London for the day to visit the Saatchi Gallery and Victoria and Albert Museum.

Students were able to study work, produce documentary and architectural photographs, see classical and contemporary art in its original settings. As always the students were exceptionally behaved and were a credit to the department and the school.

Mr Eveson

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UKMT SENIOR MATHS CHALLENGE

The results are in for this years UKMT Senior Maths Challenge. Particularly well done to Toby Hoare and Matylda Petryk who scored the highest in year 13 and to Nathaniel Amoaku and Jack Partridge who scored the highest in year 12. Springwood also sent a team consisting of Regina Legarte, Matylda Petryk, Nathaniel Amoaku and Christopher Sunderland to the City of Norwich School to compete in this years senior team challenge. The team had an excellent "cross number round" but were unfortunately beaten in the group challenge. To start your training for next years challenge visit http://www.furthermaths.org.uk/?section=resources&page=stmc_materials to get practising.



SANDRINGHAM HOUSE



Congratulations to Caitlin Bugg SD-02 for achieving all ATL 1's.

Caitlin was also named Player of the Month for November-December for the Netball team.

*Sandringham Christmas Charity
Proceeds To
Great Ormond Street Hospital*

DECORATE & DONATE
*Buy a Christmas Bauble or a
Christmas Stocking, decorate and
return to Sandringham Office.*

*Your Decorations will be hung up
in Sandringham Office.*

*Christmas Bauble 50p Each
Christmas Stocking £1 Each*

year9@springwood

ACHIEVEMENT ASSEMBLY—VISIT FROM JEFF RICH



Former Status Quo drummer, Jeff Rich, visited Springwood High School and spent the morning delivering a masterclass in drumming to our year 9 students.



Jeff began by explaining how he got into the music business, from playing in bands in school to playing and recording with many famous artists including Stretch, Judie Tzuke, The Climax Blues Band, Def Leppard and, of course, Status Quo. He explained to students that like any other business, it is hard work, determination, ambition and a degree of luck

that are the key ingredients to a successful career.

Jeff then spoke about the development of the drum. Students learned how technological changes through the centuries have led from animal skins being stretched over hollow logs, to modern plastic skinned drums, designed to stay in tune. Jeff started with African drums then moved onto the old European military drums, right through to the modern snare drum and demonstrating the rudiments of each. Students were selected to play various drums all through the session.



The second half of Jeff's session dealt with the drum kit and percussion. Jeff explained each part of the kit and discussed different styles of playing. He then played a solo on the kit to show how versatile a drum kit can be. The results were breath taking as he demonstrated the skills of a professional musician. After the drum solo, Jeff invited up to 140 students at a time to play percussion and drums with him and everyone had the chance to get up and play an instrument. Jeff then invited drummers in the audience to come up and play his kit.

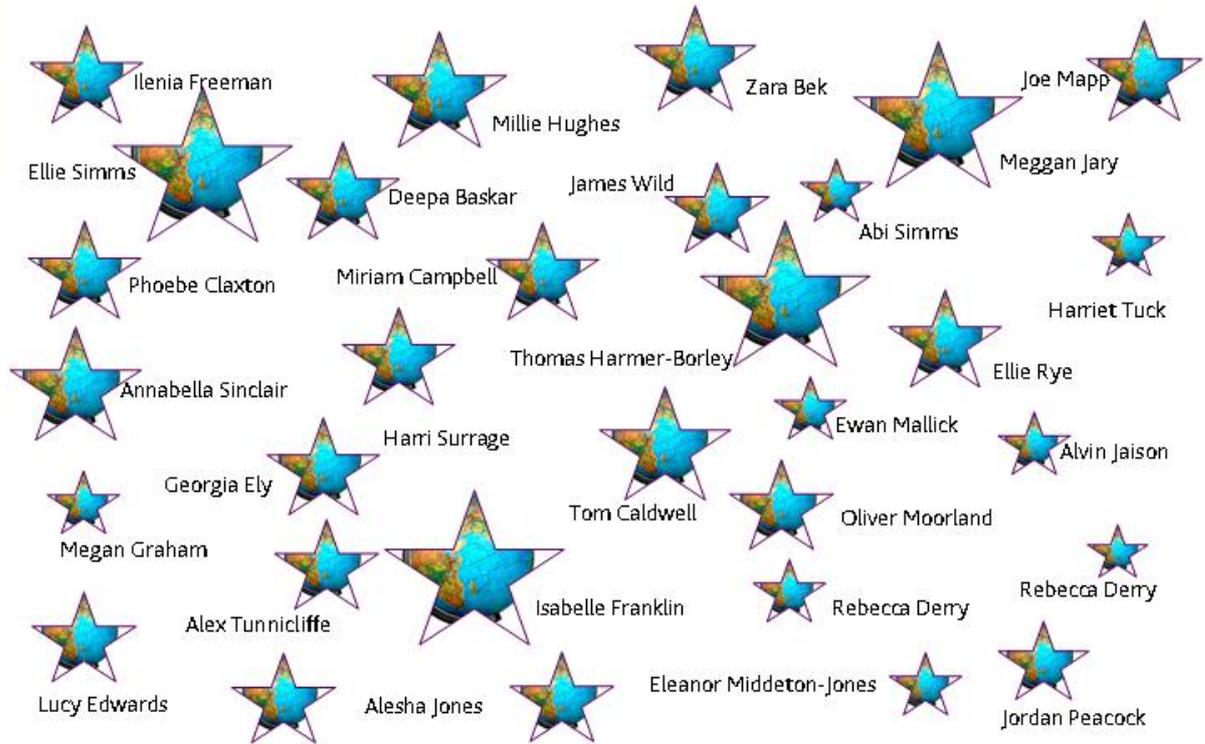
As well as being an enjoyable experience, the Masterclass also gave students a rare opportunity to witness that hard work, ambition and dedication can lead to great achievement. The Masterclass aims to encourage Springwood Students to aim high, always try your best and with hard work and dedication your goals can become reality.



geography@springwood

GEOGRAPHY SUPERSTARS

NOVEMBER-DECEMBER



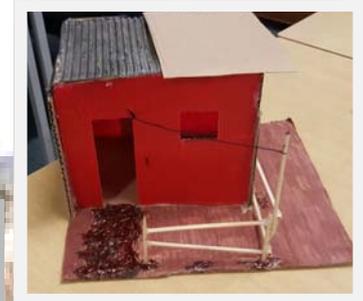
YEAR 8 MAKE SHANTIES



Natalie Attridge and
Eleanor Wood



Rhianna Bland



Annabella Sinclair



Brandon Lee



Jess Grezb

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CAREERS FAIR FOR YEAR 10



Over 35 employers, educational establishments and apprenticeship providers attended the annual Careers Fair at Springwood recently. The event, to which Year 10 and Year 11 students from Springwood and St Clements High School students were invited, allowed students to discuss possible future careers across a wide range of industries, from Engineering, Medicine and Law, to careers working at Holkham Hall and in animal care



Feedback from employers and students alike was very positive. Elliott Fisher, of British Sugar, commented that he was impressed by the number of students asking in-depth questions on Engineering. Several students had indicated that this interest had been inspired by the visit to Springwood of Nasa Rocket Scientist Amber Gell in the summer.



Mr Calow, who arranged the event, would in particular like to pass on thanks to the Skills Service, who helped to host the event, and all employers who gave up their valuable time to attend



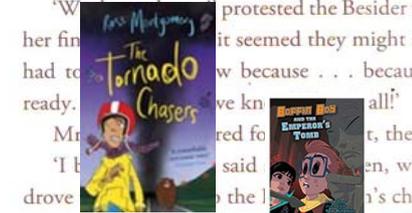
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BOOKS FOR YEAR 7

At the beginning of September Year 7 were given the opportunity to choose a book from a list of selected books. Bookbuzz aims to inspire excitement about reading and discovering new books and authors. It is hoped that they will enjoy their Bookbuzz book and it will encourage them to continue reading. They might want to borrow some of the other titles from the school or public library. For more information go to: <http://www.bookbuzz.org.uk/>

The Astronaut's Handbook by Louis Stowell
 The Children of the King by Sonya Harnett
 Cuckoo Song by France Harding
 Dandelion Clocks by Rebecca Westcott
 Dr Proctor's Fart Powder by Jo Nesbo
 Flirty dancing by Jenny McLachlan
 Infinity Drake by John McNally
 Jinx, The Wizard's Apprentice by Sage Blackwood
 The Last Wild by Piers Torday

Pale by Chris Wooding
 The Tornado Chasers by Ross Montgomery
 What Are We Fighting For? By Brian Mose and Roger Stevens
 The Snowman and the Snowdog By Penguin Books
 My Name is Bob by James Bowen
 See you Later Alligator! By Annie Kubler
 Boffin Boy and the Emperor's Tomb by David Orme



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DANCE

On Wednesday 18th November students from year 9-12 went to the University of Bedford for a Creative Dance Day. Aims of the day were to: experience what it is like to study at the University of Bedfordshire, learn new choreographic or devising skills and to gain opportunities to speak to staff and students about the various courses.

Students were split into three random groups and took part in a variety of sessions throughout the day; a technique class, a creative analysis workshop, a creative narrative workshop and a performance piece. Students were also given the opportunity to watch a dance performance by final year degree students.

The day was highly beneficial to our students and provided a great opportunity to mix with other schools as well as gaining an insight into the profession.



CLOTHES SHOW TRIP 2015

On Saturday 5th December Miss Markwell took 49 Springwood students on a trip to The Clothes Show at Birmingham NEC. The annual trip is organised for the BTEC Fashion Year 12 and 13 students so they can attend the live Fashion Theatre Catwalk Show and have the opportunity to see the next season trends to gain inspiration for their own BTEC work. Year 11, 10 and 9 students were also invited to attend the trip so they could see the fashion show and do some Christmas shopping at the cosmetics and clothing trade stores.



The Fashion Show next seasons trends consisted of Glitz and Glamour, pure white garments and embellished dresses. The catwalk models' performances were spectacular. The venue was full of celebrities; Jamie Lang, Binky to name but a couple and a live performance by Charli XCX who sang her popular hit song "Boom Clap!"

The trip was a huge success and everyone really enjoyed themselves. If you would like to come along to next year's trip see Miss Markwell for letters next October 2016!



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GOODBYE



Miss Helen McCarron is retiring from teaching after just over 35 years service to Springwood High School. Although best know as a Geography Teacher Miss McCarron also did stints as Assistant Head of Holkham and Assistant Head of Sixth Form.



Mr Colin Barstard joined the school in early 2003 having retired from his senior role at Foster Refrigeration. In his 12 years as Site Manager he has transformed the facilities, appearance and condition of Springwood High School and leaves a huge legacy for both current and future staff and students.



Mr Shaun Rippon was Head of the Technology Faculty for just over 7 years but is now leaving to start a new challenge in primary education at one of our cluster primaries so hopefully personal and professional contacts will continue.

SUGAR APPEAL

Christmas School Sugar Collection
Supporting shelters in East Anglia for the homeless and families in crisis

PLEASE BRING A BAG OF SUGAR INTO SCHOOL

For the needy, sugar is instant and vital energy in food and hot drinks

Celebrating 30 years of school sugar collection
BFA (The Buckingham Emergency Food Appeal) Registered Charity Number: 1040574
Supported by BRITISH SUGAR



SD-06 with their Form Tutors Mrs Leeke and Miss Dawson handing over the 158 Kg of sugar to Mrs Tyrell representative for the Buckingham Trust for the Homeless. SD-06 bought in over 20Kg of sugar winning the form a tin of sweets.

WANTED

The Food Technology Department would be delighted to receive any unwanted empty (or full) biscuit and sweet containers, as pupils often forget containers to take their products home in.

If your son/daughter has to borrow a container, please could you ensure that it is returned. Thanks, Mrs Beech



sportsroundup@springwood

Results September – November 2015

The first term has been a busy one in the PE with plenty of fixtures for our netball, football, rugby and basketball sides. There has been plenty of success with all teams winning some crucial games.

Netball			
Age	Competition	Opponent	Result
U12a	League	Smithdon	W 5-2
U12b	League	Smithdon	L 13-1
U12a	League	St Clements	L 9-2
U12b	League	St Clements	W 5-3
U12a	League	Sacred Heart	W 10-2
U12a	League	KES	W 2-1
Player of the term		Ella Howard	
U13	League	Smithdon	L 10-20
U13	League	St Clements	W 8-4
U13	League	KLA	L 1-11
U13	League	KES	L 0-13
Player of the term		Jess Bateman	
U14	League	Smithdon	L 7-15
U14	League	Marshland	L 13-27
U14	League	St Clements	W 13-9
Player of the term			
U15	League	Sacred Heart	???
Player of the term		Caitlin Bugg	
U16	League	Smithdon	W 22-6
U16	League	St Clements	W 26-7
U16	League	Sacred Heart	L 16-21
U16	League	KLA	W 16-2
U16	League	Marshland	W 13-12
Player of the term		Princess Woods	

Netball

The year 7 netball side are developing into a promising team with the 'A' team winning 3 or their first 4 matches and the B side winning one and losing one. The other age groups have had mixed results, each year group has produced some great performances with the U13s and 14s both recording wins against St Clements but losing in tightly fought games against other schools.



pictured right—Players of the Term



sportsroundup@springwood

Football

Springwood have started very well in all age groups in the League with all teams still being unbeaten in league competitions and all scoring plenty of goals. The year 8, 9 and 10 teams are looking to build on the success of last year and remain in good form in the league. All teams still remain in the county cup all looking to return to the finals they were in last year. The new year 7s have had great turnouts at training with Mr Donovan finding it hard to pick his team, but the team he has picked has made a fantastic start winning their only league game whilst progressing into the last 64 games in the national cup and a good start in the county cup. This was supported by finishing runners up in their debut in the 5 a side tournament. The year 11s, in their last season together, have produced much improved performances and are playing some great football. They are unbeaten in their league games and have gone on a fantastic national cup run losing to a team from Sheffield and are looking to reach the quarter finals in the county cup. The under 18 side produced a great performance against KES in the first round of the national cup before losing to a very strong football college from Dereham. They have a County Cup semi-final against Fakenham to look forward to.



Football			
Age	Competition	Opponent	Result
U12	National Cup	KES	W 3-0
U12	National Cup	Margaret Beaufort	W 7-0
U12	National Cup	St Ivo	L 1-2
U12	League	St Clements	W 8-0
U12	County Cup	North Walsham	W 7-0
U12	5 a side	Tournament	Runners Up
Player of the term		Fletcher Toll	
U13	National Cup	KES	W 6-0
U13	National Cup	Giles	W 9-2
U13	National Cup	Attleborough	L 1-3
U13	League	KLA	W 4-0
U13	League	Smithdon	W 3-1
U13	League	St Clements	W 8-0
U13	League	Marshland	W 3-2
U13	County Cup	Acle	W 3-1
Player of the term		Cameron Hazle	
U14	National Cup	Dereham Netherd	Lost on pens
U14	National Cup	KES	W 3-1
U14	League	KLA	W 5-1
U14	League	Smithdon	D 2-2
U14	League	St Clements	W 10-1
Player of the term		Ches Mayes	
U15	National Cup	Boston Grammar	L 1-7
U15	League	KLA	W 13-0
U15	League	Smithdon	W 2-1
U15	League	St Clements	W 12-1
U15	County Cup	Aylsham	W 6-2
U15	County Cup	Sprowston	D 2-2 (Won 4-1 on pens)
Player of the term		Charlie Edgeley	
U16	National Cup	Giles Academy	W 4-1
U16	National Cup	KLA	W 3-0
U16	National Cup	Carres Grammar	Won on pens
U16	National Cup	Notre Damn	L 0-2
U16	League	KLA	Won
U16	League	Smithdon	Won
U16	League	St Clements	Won
U16	County Cup	Notre Damn	W 3-2
Player of the term		Callum McDermid	
U18	National Cup	KES	W 4-1
U18	National Cup	Dereham	Lost
Player of the term		Toby Milward	

sportsroundup@springwood

Rugby			
U12	Emerging Schools	Tournament	Semi Finalists P6 W4
U12	West Norfolk Schools	Tournament	Played
Player of the term		Edward Mellor	
U13	Emerging Schools	Tournament	Semi Finalists P6 W5
U13	National Bowl	KLA	Won
U13	National Bowl	Diss	Won
U13	National Bowl	CNS	Lost
U13	West Norfolk Schools	Tournament	Won P5 W5
Player of the term		Josh Mcallister	
U14	Emerging Schools	Tournament	3 rd place P6 W5
U14	National Bowl	Reepham	W 49-21
U14	National Bowl	KLA	W 60-5
U14	West Norfolk Schools	Tournament	Played 4 Won 3
Player of the term		Lewis Rudd	
U15	National Bowl	Northgate	W
U15	National Bowl	Neatheard	W 17-15
Player of the term		Brad Gallacher	
U16	National Bowl	Wymondham High	W 12-10
Player of the term		James Archdale	

Rugby

Springwood's rugby teams are starting to develop into very good teams. Under the new Rugby Schools initiative which Springwood are part of, our teams are really benefitting. The new Year 7 side has had great attendance at training and Mr Feavours team performed really well at their debut Emerging schools tournament. Mr Horvath's year 8 side have shown great efforts and improvements this year reaching the

semi-finals of the emerging schools tournament playing 6 games and winning 5 and producing 2 good wins in the national bowl against KLA and Diss before losing a close game to CNS. They also produced 5 fantastic performances in the West Norfolk schools tournament winning all 5 games they played in. They have the Mallet cup fixture to look forward to before Christmas where Springwood will join forces with other West Norfolk schools to take on West

Norfolk. Mr Payne's Year 9 side have made a great start to their national Bowl campaign with 2 impressive high scoring wins firstly against Reepham 49-21 and KLA 60-5. This was supported with a 3rd place finish in the emerging schools tournament.

The year 10 and 11 rugby teams are both unbeaten. They have been involved in a number of closely contested games where they have held their nerve to win the games.

Basketball

U16: Due to the increasing popularity of basketball both inside and outside of school, this year is the first year that we have been able to establish a West-Norfolk pool in the National Schools competition. All games this year are being played at a central venue and officiated by the College of West Anglia students. We started off well with a win against Marshland, playing with confidence and looking like they enjoyed the game. Our next fixtures were against KLA and Marshland and proved to be an off day for Springwood lads, losing both. Playing at the central venue has meant that the boys needed

Basketball			
U16	National Schools	Marshland	Won
		KLA	Lost
		Mashland	Lost
		Downham	Won
		KES	Lost
Player of the term		Tom Hitchcock	

to get used to other schools, parents and friends spectating and supporting both teams. This seemed to get to the boys and concentration meant that the win went to the other teams. Our next fixtures we played Downham and won then KES and lost. Confidence played a huge part of this game and going into the Downham game the lads were full of confidence and that showed in their game play both offence and defence and playing till the final buzzer. The next game was against KES and confidence seemed to drop and KES proved too strong to play against.

headteacher@springwood

Message from Mr Johnson



As we approach the end of a very busy and productive term, I am sure that we are all looking forward to a restful seasonal break. Christmas will begin for me when I attend the Carol Service at St Nicholas' Chapel this week. Every year, we say farewell to many excellent musicians and we hope that our younger musicians will "step up" to fill the vacancies. Having seen the excellent musicians at the Autumn Concert, I can report that they have really "stepped up" to the challenge! I am really looking forward to hearing them play in this superb venue.

It was fantastic to catch up with last year's Year 11 and their parents at our annual presentation evening. Our illustrious alumnus, Marcus Hawes, gave an inspirational speech regarding his path to gaining and succeeding in his prestigious apprenticeship at Rolls Royce. I have enjoyed meeting with Year 11 students this term and discussing their "first choice future". I have been impressed with their ambitions and they are well on track for applying to our Sixth Form, other Colleges or apprenticeships. This term we appointed a Head Boy and Head Girl from each House for the first time. Alongside duties within the house they will also provide a student leadership team for the school and support at key events throughout the year.

It was a privilege to meet Jeff Rich, the drummer from Status Quo this term. He delivered an invigorating and enjoyable session to the whole of year 9 and drum students. It was brilliant to hear how he became a professional musician with one of the world's most successful bands. I also had the opportunity to play on his professional drum kit!

This week we welcome the older members of our community to share some festive fun with the Sixth Form. Mr Merritt and his team of Sixth Form Helpers will entertain our guests. I have heard a rumour that the man in a red suit with a white beard will also be making an appearance!

Compliments of the season to every member of our vibrant school community - see you in the New Year!!

A M Johnson

CALLING ALL PARENTS!

Have any details we hold for your child changed? Moved house or changed telephone numbers? Please let us know as soon as possible – data@springwoodhighschool.co.uk

Also, we are still waiting for returned Data Collection Forms for Year 11 pupils. This is especially important as we need to be aware of any change of address when sending out certificates later in the year.

Thank you for your co-operation.

Caroline Knights

