



Springwood

High School

WELCOME!

TO YEAR 7

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WELCOME TO YEAR 7 AT SPRINGWOOD HIGH SCHOOL

I hope you settle quickly into your new school and are very happy here.

To make the most of your new school you will need to be proactive and try as many different after school clubs as you can. We have most sports covered and these are updated each term. We also run clubs for Drama, Maths, Art, Cooking, STEMM (Science, Technology, Engineering, Maths and Medicine), and Music, along with our school choir and orchestra who often perform at public events. A homework club is available from Monday to Thursday after school so that you have somewhere quiet to go and receive support in keeping up with the demands of secondary school. If a club is not available that you want to be part of; you can start one!

Your form will be in competition with the other forms in Year 7 to achieve the highest amount of points. These will be awarded for ATL's on your reports (Attitude to Learning), achievement points, excellent attendance, sporting achievements, reading club and any other competitions that we add during the year! We will celebrate your success in assemblies and reward the top achievers.

Should you have any concerns, your form tutor is here to look after you in school and should be the first point of contact for your parents in school. Your form tutor will be with you until you take your GCSE's in 2023 and will monitor your academic performance and guide you through your early teenage years. Finally, should your parents have any further questions that your form tutor cannot answer they can always contact me at Year7@springwoodhighschool.com

Now let's get started!

Mr Scoles.

Head of Year 7

KEY STAGE 3 ENRICHMENT PROGRAMMES

Y
E
A
R



Challenge



⇒ Maximum "hero score" = 15.

⇒ Anyone with at least 10 points has met the challenge.

⇒ Those with less than 10 points are only trainee heroes and will have to "up their game".

A= ATLS

H= HOMEWORK

E= EQUIPMENT

R= READING

O= ORGANISATION

YEAR 8 Challenge



| | 1 POINT | 2 POINTS | 3 POINTS |
|----------|--|--|---|
| A | ATL has improved over the course of the two terms. | ATL has a total score of 28 or below for all reporting sessions. | ATL has a total score of 21 or below for all reporting sessions. |
| H | HW ATL has improved over the course of the two terms. | HW ATL has a total score of 28 or below for all reporting sessions. | HW ATL has a total score of 21 or below for all reporting sessions. |
| E | Formal equipment checks show a student who is fully equipped to learn at least half the time throughout the year. Spot-checks likewise. | Formal equipment checks show a student who is usually fully equipped to learn throughout the year with the occasional exception. | Formal equipment checks show a student who is fully equipped to learn throughout the year. Spot-checks likewise. |
| R | One book has been read and a brief review written and submitted to form tutor. | Two or three books have been read with good reviews written and submitted to form tutor. | Four or more books have been read with excellent reviews written and submitted to form tutor. |
| O | Formal uniform checks show a student who is in full uniform at least half of the time. Spot-checks likewise. Records of lateness have become less frequent during the two terms. | Formal uniform checks show a student who is usually in full uniform throughout the year apart from the occasional lapse. Spot-checks likewise. Records of lateness are rare throughout the year. | Formal uniform checks show a student who is in full uniform throughout the year. No records of lateness are reported. |

ENDEAVOUR

Endeavour is one of the most fun things that you do at Springwood. It is a series of nine challenges that really put you outside your comfort zone. It might sound hard, but that's the point, it's a really good experience and gets you up and trying new fun things. Springfest is an afternoon of fun which makes it worth completing the endeavour programme. Not only are there some fantastic activities, but there will be awesome live music and free burgers and ice cream!

Extra-Curricular - Attend extra-curricular clubs or outside school activities at least 10 times in Years 7 and 8.

Numeracy & Literacy - Complete your Mental Maths Passport. Read 4 books in Year 8 and create a brief Powerpoint about them.

Display - Get your work displayed or publicised around the school in at least 3 different areas, on the website or in the local press.

Explore - Participate in the three day trips or a residential activity with the school or another organisation. Write a short summary of each trip.

ATL - Attitude to Learning - Show excellence or significant improvement in your ATL grades on your reports throughout Years 7 and 8.

Value Others - Make a difference by taking an active part in organising and promoting a charity fund-raising event in Years 7 and 8.

Orate - Take an active part in performing or presenting in an assembly, helping with a parents' evening or take part in a school performance in Years 7 and 8.

Understand - Complete your online safety project in Year 7 and your Careers project in Year 8 with at least an ATL2

Represent - Your House, School or Tutor Group in at least 2 different activities in Year 8.

EXTRA – CURRICULAR ACTIVITIES

Below are some examples of some of the clubs and activities which have run in previous years, get your child involved in everything Springwood has to offer.

| | | |
|---------------------------|----------------------------|----------------------------|
| ARCHERY | KWIK CRICKET | JUNIOR SAX ENSEMBLE |
| STRING GROUP | ZUMBA | JUNIOR SWING BAND |
| BADMINTON CLUB | CRICKET | CHEMISTRY CAULDRON |
| SAXOPHONE ENSEMBLE | DOUBLE REED GROUP | TENNIS |
| FIELD ATHLETICS | STRING ORCHESTRA | HIGH JUMP |
| MATHS | SCIENCE | CHOIR |
| CRAFT CLUB | GOLF | SPRINGWOOD TV |
| NETBALL | JUNIOR BRASS | STRING QUARTET |
| JIGSAW CLUB | GARDEN CLUB | ROUNDERS |
| TRACK ATHLETICS | SPRINGWOOD WARRIORS | DANCE |
| DODGEBALL | CROSS COUNTRY | DRAMA |
| CONCERT BAND | SENIOR BRASS | FOOTBALL |
| RUGBY | ICT CLUB | TABLE TENNIS |
| BASKETBALL | SOFTBALL | |



ENGLISH

At Springwood, reading underpins our entire curriculum. We believe that good readers make successful students, not just in English, but across many other subjects, too. We are also eager for our students to enjoy their reading, both in class and in their own time, and develop a life-long love of literature.

During the first few weeks of the Autumn term, teachers are keen to get to know the students through an exploration of their reading habits. We begin with a short transition unit entitled 'My History as a Reader', which encourages autobiographical writing about books that have played a significant part in students' early childhood: for example, the first book you can remember or a book you read at primary school. This culminates in the formation of their reading journals that they will add to as the year progresses.

Following this and for the remainder of the Autumn term, students will read a text connected to the theme of 'conflict', beginning to embed vital reading and writing skills needed for GCSE. Alongside their reading, they will explore poetry and non-fiction texts appropriate for the context in order to expose them to a range of writing forms.

Homework is reading based to help develop and enhance skills and foster a strong reading culture. We are also fortunate to have a well-stocked library that the students have access to on a regular basis, as well as a licence for Accelerated Reader: a programme which further encourages the development of good, effective reading habits.



MATHS

In year 7, you will enjoy lots of variety in your maths lessons. For the first few lessons, you may not even realise you are doing maths as we look at puzzles and investigations and make sure you know what to do when you get stuck. In your maths lessons, you will build on all the things you learnt at primary school. You will extend your understanding of the number system and practise lots of different types of calculations. You will also learn how to use algebra to solve everyday problems.

Parents can help prepare their children for maths at Springwood by making sure they know their times tables as this will really make a difference. They can also help by making sure their child has a scientific calculator for every lesson, along with the usual maths equipment; a pen, a pencil, a ruler, a rubber, a protractor and a pair of compasses.

The maths department runs a drop-in revision/support club every Tuesday, Wednesday and Thursday from 3.30 to 4.30pm to which everyone is welcome. We subscribe to www.mymaths.co.uk and at the beginning of September you will be issued with a username and password for this really useful website.

If you ever have any questions or concerns, you can contact us directly using the email maths@springwoodhighschool.co.uk

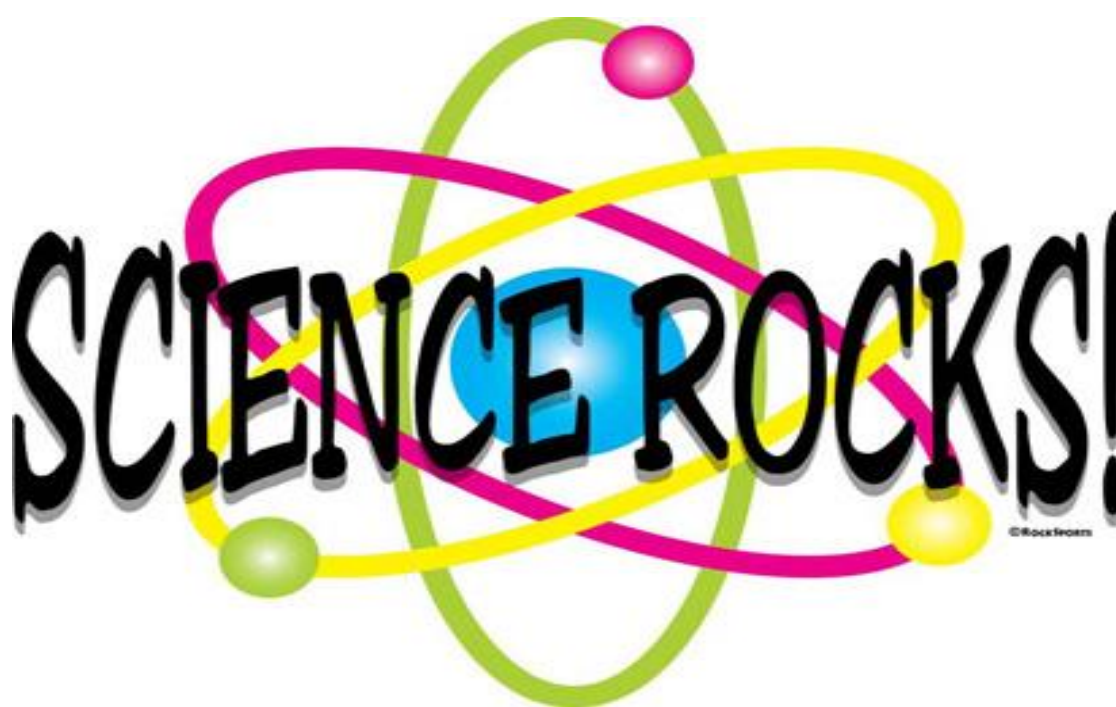


SCIENCE

When starting Science in year seven at Springwood High School, students will have two science teachers. Each teacher will complete a variety of small units that will develop your child's thinking, questioning, practical, analytical and evaluative skills.

Units covered in the first term at Springwood High School include; Movement, Earth structure, particle model, speed, current, human and plant reproduction. Each of these units begins with looking at some of the key fundamentals of Science that students will need to apply to new situations as they go through their Science education.

For you to support your child in this exciting subject encourage them to ask why. Inquisitiveness and wanting to know how and why things work the way they do is exactly what we need within Science lessons. If students are asking why, we can enable them to be able to find or work out the answers. Encourage your child to be using the key stage 3 BBC Bitesize or any other student based website.



HUMANITIES

Welcome to Humanities at Springwood! We are three distinct but closely linked subjects in year 7 and include History, Geography and Religious Studies. All are taught by subject specialists and we welcome parents taking an active interest in our subjects and supporting students at home by encouraging them to watch the news and documentaries on television and talking to your child about their homework and what they are studying at school. Many of our current students have enjoyed reading the Horrible History and Horrible Geography series of books and found these useful for background knowledge of both subjects.

The content that your child will study in their first half term with us is as varied as our subjects and will include;

History We will start with an investigation into what is History and the mystery of the Mary Celeste and continue with the Norman invasion of Saxon England where you will be asked to make a shield and participate in a battle! From here, we will jump through time to study the Tudors and you will produce a project on the Spanish Armada, before studying the English Civil War and the Industrial Revolution. Our Year 7 students always play a central role in the annual November Remembrance commemorations at Springwood.

Geography is about the Earth, the places on it and the people who live there. You are already a Geography expert as you have been learning about the world around you from the day you were born. Where is it? Why is it like this? How did it get like this? How is it changing? In Geography at Springwood, you will be encouraged to ask questions and to learn how to find some of the answers.

In your first unit in September, you will follow Bear Grylls to some of the earth's extremist environments. You will follow Bear to the desert, rainforest and polar environment to learn about the survival techniques required in these extreme environments. You'll advise Bear on the specific location and climate conditions in these ecosystems before learning about how people, animals and plants adapt to the extreme conditions. You'll then contrast each environment before making a judgement on which is the most extreme.

Religious Studies We will begin by considering the role of religion in society including ceremonies to celebrate birth, the coming of age, rules, rights and responsibilities. Our aim in all our subjects is to encourage our pupils to develop their own opinions while empathising with others and inspiring them to want to learn more.

MODERN FOREIGN LANGUAGES

Everyone in Year 7 learns either French, German or Spanish.

We cover lots of topics in the first few weeks such as the alphabet, colours, school bag items, classroom vocabulary, numbers and greetings. When you come across new vocabulary, learn the words off by heart and get parents to help as much as possible.

Buy a small pocket dictionary to help you learn your new language and bring it to class. Using a dictionary correctly is an important skill.

Try to find out as much as you can about the country speaking the language. Facts, culture and traditions, famous places and people, food, geography and cognates.

Join language clubs and competitions once you start Springwood. There are lunchtime and after school clubs in French, German, Spanish and Chinese. There are really useful websites you can try at home and they are free after 4.00pm. Get language learning APPS on your phone such as 'duolingo'.

The websites:

www.gut.languageskills.co.uk (German)

www.zut.languageskills.co.uk (French)

www.olé.languageskills.co.uk (Spanish)

مرحبا العالم! **Hallo Welt!**
Hej Värld! **Hello World!**
Ciao Mondo
ハローワールド!
iHolá mundo! 世界您好!
Salut le Monde!



DESIGN TECHNOLOGY & FOOD

In Design & Technology, we aim to teach pupils the basic knowledge and skills required to design and make products using a wide range of materials, including wood, metals, plastics and food products. Within our food preparation and nutrition based lessons, we aim to teach pupils about healthy lifestyles and develop the making skills to be able to produce a wide variety of healthy food dishes.

When pupils arrive at the school at the beginning of the year, they will all complete a core skills starter project which is taught over a 3 week period. This provides us with a baseline assessment about the abilities of individuals in the year group and teaches pupils the key skills required for success in this subject area.

After the core skills project has been completed, a carousel system is used in which pupils rotate between different teacher and teaching rooms to complete an additional 3 projects (one project per term).

These are currently:

1. Food Preparation and Nutrition 1
2. Design and Technology (Material based)
3. Design and Technology (Graphics based)

Homework in Design Technology and Food lessons is set once per fortnight and can take a variety of forms. This can include preparing ingredients ready for Food and Nutrition lessons, researching a topic, finding useful information to help inspire design ideas or reflecting on practical work completed and suggesting possible improvements. Once pupils have completed their first Food Preparation and Nutrition, they are then able to attend the after school Food club to allow them to prepare and make a wider variety of food dishes. Additional clubs looking at computer aided design or making products may also run at various times throughout the year.

To aid transition in this subject, it is important for parents to ensure that our pupils are well organised, especially for Food lessons where we request that pupils weigh out ingredients at home before bringing them into the lessons. Ensuring that pupils have a full set of colouring pencils, etc. is also valuable to allow pupils to design and present ideas effectively.


Technology For Designing The Future

ARTS

Welcome to the Arts at Springwood. Moving up to a larger school, with specialist rooms for the Arts, great facilities and highly trained staff, means that you will have lots of new opportunities to explore new skills and experience different ways to be creative.

Our subjects include: **Art, Dance, Drama and Music.** As you get older, you may be able to do Performing Arts, Photography and Music Technology too!

In Year 7, our subjects are all about joining in and having fun. In all of your Arts subjects, you will be expected to try new things and work with others on mini projects. If you enjoy the work in your first year, you will almost certainly be able to build upon these new skills in the future.

The Arts Faculty is situated in the Oxburgh/Blickling end of the school and we have a Photography dark room, a recording studio and dedicated spaces for both Dance and Drama.

Try to take part in at least one “Arts” activity if you can – there are lots to choose from:

Arts events after school including Art Club

Kickstart and Kinetic Theatre Company with rehearsals after school.

Music ensembles, bands and individual lessons with our superb music team
(woodwind/brass/singing)

Join the Junior Choir

Dance Club

If you want to join in with any of the above, please speak with any member of the Arts staff.



ATTITUDE TO LEARNING

Homework Grade Descriptors

Grade 1—Continued outstanding effort and quality above what is expected and shows clear progress has been made. Homework is always completed and on time.

Grade 2— Homework is in line with their expected progress and shows good effort. Homework is always completed and on time.

Grade 3— Homework is below expected progress and shows signs of poor effort. Homework can be late on occasion and may be incomplete.

Grade 4— Little or no progress is being made through homework tasks. Homework is often late, incomplete or not handed in.

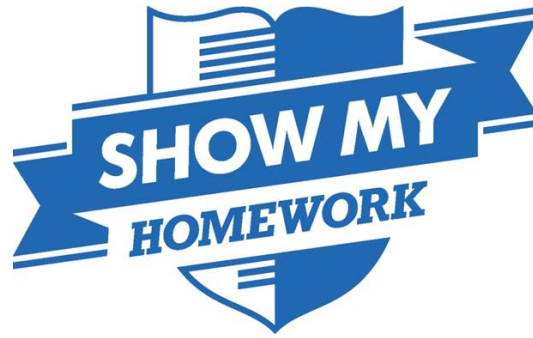
Attitude to Learning Grade Descriptors

ATL 1— A highly motivated and ambitious student who seeks advice, acts upon it and wants to be the best they can be. They will set themselves challenging targets and are surpassing Springwood’s minimum expectations.

ATL 2—A student who is seeking to do well, is reaching their targets and knows how to achieve them. They are achieving Springwood’s minimum expectations and know what they need to do to improve.

ATL 3— A student who understands what they need to do to improve and is capable of making improvement but is lacking the desire or motivation to make the change. Currently, this student is not achieving Springwood’s minimum expectations.

ATL 4—A student who is significantly below Springwood’s expectations. This student sees little value in setting personal targets and challenges. They are unwilling to accept the help and support offered to realise their goals.



Show My Homework is an online facility used at Springwood High School to record and monitor homework. It allows all pupils and parents to view the homework set by all subject teachers. With a unique login pupils can look at their own diary which will help them to focus on what homework they need to complete. The diary can be found at:

<https://springwoodhigh.showmyhomework.co.uk>

It has been proven that homework contributes to increased attainment. It allows learners to practise key skills or extend their knowledge outside the classroom. The diary will also allow parents to support this process by working with their child to manage their homework load and ensure it is completed to the best of their ability.

You and your child will receive login details at the beginning of term in September. If you or your child experience any problems accessing the site please let your Year Manager know.