

Year 11 STEPPING UP Evening – Workshops and Sessions

Activity	Start times	Duration	Further Details
Main presentation	5pm and 6pm	20 minutes	Presentation by Mr Johnson, Mr Warner-Lynn and Mrs Williams
Learning Performance workshop	5.30pm, 6.30pm, 7.30pm	1 hour	A hands-on workshop, delivered by a company called Learning Performance, full of practical advice entitled 'Supporting your child to believe and achieve'
Maths presentation	see list below	20 minutes	A brief overview of online maths resources, including Hegarty maths and an opportunity to go on the computer and have a look at what is available.
Science presentation	see list below	20 minutes	A brief overview of online science resources, particularly Seneca, and an opportunity to go on the computer and have a look at what is available.
English presentation	see list below	20 minutes	A presentation full of advice on how to prepare for your English exams
Looking after yourself - part 1	drop in		Chef will be preparing some fabulous examples of brain food and providing ideas on pre-exam breakfasts
Looking after yourself - part 2	drop in		Mrs Franks - fitness guru - will be demonstrating some relaxation techniques and simple exercises to help reduce stress during the exam season
Sixth form information	drop in		Sixth form staff and students will be on hand to answer any of your questions about Springwood Sixth Form, A levels, etc.
Purchasing revision guides, etc	drop in		The school shop will be open during the evening for you to purchase revision guides, equipment, etc.

Maths, English, Science presentation times: 5.30, 5.50, 6.10, 6.30, 6.50, 7.10, 7.30, 7.50, 8.10, 8.30

The following subjects will also be represented at the evening and will be available to talk to and provide you with any information you require

French	PE	Drama	DT, Food, Construction, H&B	History
Spanish	Business and Economics	Music	Computing Science	Geography
German	Sociology		Art and Photography	RE

Rooms for these subjects and the activities above will be provided to you on the evening