



Year 8 Newsletter March 2023

Message from Mr Johnson

I very much hope you have all had an enjoyable and rewarding term as we approach the Easter holiday. From my perspective it has again been a very successful term and I have been very impressed with how well our students have continued to perform in school and through our extra-curricular activities.

Springwood High School student wins King's Lynn's Rotary Young Musician Competition

It was a pleasure to see six talented youngsters who took part in the Lynn round of the newly-established Rotary Young Musician Competition. The winner was pianist Matthew Hawkes, from Springwood High School, whose two pieces wowed the audience. He played Debussy's Reverie and Rachmaninoff's Prelude in G Minor. He now goes on to the district round to be held in March. In second place was Ukrainian, Iryna Oliinyk, a pupil at Alderman Peel School in Wells and Chloe Eglon from Springwood High School came third. The Rotary Club is very grateful to Derek Oldfield, Avril Wright and Daniel Jenkins for acting as judges and to Springwood High School for hosting the event.

Y9 Rugby County Cup Winners A couple of weeks ago our Y9 Boys won the Rugby County Cup, which makes our team the best state school rugby team in the County. This is a massive achievement for our school and I cannot remember a time when Springwood have achieved such an accolade; it really is a marker to show how much effort the staff and most importantly the students are putting into representing our school for all of the Sports Teams.

Our lads were a credit to the school and the opposition teacher from Aylsham High School, commented on how impressed he was with our rugby. Thanks to all involved and well done.

#easyfundraising

Thank you to everyone for raising donations for West Norfolk Academies Trust with #easyfundraising! So far, to date, we have raised over £500 for WNAT. If you haven't signed up yet, it's easy and completely FREE. 7,400 brands will donate to us when you use easyfundraising to do your everyday online shopping - at no extra cost to you! Every donation you raise makes a difference to us so please sign up & share today.

https://www.easyfundraising.org.uk/causes/westnorfolkacademiestrust/?invite=11XRYT%26referral-campaign=c2s%26utm_campaign=admin-trigger%26utm_content=srt

Summer Term Events to look forward to:

House Dance - Friday 28th April at 7pm in the PHH - tickets via your Parent Pay account

Summer Term Concert - Thursday 4th May at 6.30pm in the PHH

WNAT Community Music Festival - Monday 3rd July to Thursday 6th July at 6.30pm on the school field

Fashion Show - Wednesday 12th July at 7pm in the PHH

Remember for all the very latest
Springwood School news
please visit
Twitter @SHSKingsLynn



and for all the very latest Sport & PE
news please visit
Twitter @SHSS_PE

I wish you all a very Happy Easter break.

Mr Johnson



Mr Hobbs & Miss Craig
YEAR 8 OFFICE
Classof2026@springwoodhigschool.co.uk
01553 778099

I struggle to believe we have reached the end of another term already.

This term has seen many successes both inside and outside of the classroom. Subject teachers have commented on the positive engagement of the year group and how they look forward to Year 8 lessons particularly, which is lovely for me to hear and be able to share with you.

Our year group has improved its attendance over the course of this term, which is obviously vital as only when attending regularly can pupils really feel comfortable, happy and engaged with the content of each lesson to progress their skills.

Behaviour has been good as a year group. We deal predominantly with kind, respectful and honest youngsters which of course, is credit to our parents and guardians. These qualities are an expectation, to a certain degree, of all of us be it pupils, parents or school staff.

Over the course of the past term we have addressed some fairly big issues within our PSHE curriculum, including smoking, drugs, misogyny and bullying. I am happy to report that the pupils have conducted themselves with not only good behaviour and engagement but also a real maturity.

Over the course of the last few weeks of term Year 8 have been reading a book in form time. Again, it has been a joy to see everybody throw themselves into it to gain the benefits of the written word. I would like to take this opportunity to encourage parents/carers to keep reading and discussing books with your youngsters at home as this is the way that pupils will become more confident, improve and therefore have access to higher material be it for fun or work.

As always, our Year 8 sports teams have been active and extremely successful this term. It was lovely to see West Norfolk Ladies rugby team run some day sessions with our KS3 pupils who really threw themselves into the activities. Remember that our extra-curricular offer is on the website, I strongly recommend that every child chooses a couple of clubs to attend. It is important that pupils leave with good qualifications, however, it is at least equally as important that these pupils leave with interests, hobbies and characters that are developed by going the extra mile.

Have a restful break.

Mr Hobbs



100% ATTENDANCE

Name	Reg	% Attend
ABDELGAWAD, H	8B2	100
ANDERSON, N	8S1	100
BAGVILAITE, E	8H1	100
BALABAT, S	8O2	100
BALLARD, L	8S2	100
BARWICK, M	8F2	100
BATISTA, K	8O1	100
BEALE, K	8B1	100
BETTS, R	8H2	100
BIJU, E	8O1	100
BIRD, C	8F2	100
BOWERN, P	8B2	100
BRIDGE, E	8B2	100
BROOKS, A	8S1	100
BRYAN, L	8H2	100
BUTTIFANT, K	8H2	100
CEPONIS, G	8O2	100
CERPS, Daniel	8S2	100
CESNAVICIUS, A	8O2	100
CESNULEVICIUS, K	8O2	100
CHAPMAN, L	8S1	100
CLEMENT, S	8S2	100
CLEMMIT, E	8B1	100
COLLIER MCCABE, D	8O2	100
COLLISON, J	8F2	100
COOKE,	8O1	100
CROWN, H	8B2	100
DEBSKI, K	8B1	100
DICKERSON, D	8O1	100
DICKSON, G	8S2	100
DOY, X	8F2	100
EDWARDS-BALLANTYNE, L	8H1	100
ENTERS, T	8H1	100
ETCHES, O	8F1	100
FLANAGAN, M	8S1	100
FOWLER, E	8O2	100
FREEAR, C	8F2	100
GREEN, C	8S1	100
GREEN, F	8F2	100
GREEN, J	8H1	100
GRISINA, S	8H2	100
HARROD, E	8F1	100
HARVEY, D	8F1	100
HAWES, A	8B2	100
HENRY, E	8F2	100
HIGGINS, J	8F1	100
HOPGOOD, J	8B2	100
HORN, B	8H1	100
HOWARD, B	8B1	100
HOWELL COLLEDGE, B	8H2	100
ISHERWOOD, I	8H1	100

HOWELL COLLEDGE, B	8H2	100
ISHERWOOD, I	8H1	100
JACKSON, R	8B2	100
JACOB, E	8F2	100
JAMES, A	8S1	100
JIMMY, A	8O1	100
JODA, D	8S2	100
JOHNSON, L	8O2	100
KARULAITE, E	8S1	100
KIRK, O	8F2	100
KULASINGHE, M	8F1	100
LAWLESS, R	8B2	100
LAWSON, S	8S2	100
LEGGE, Ai	8B2	100
LEJO, F	8F2	100
LENNON, M	8B2	100
LEWIS, A	8F1	100
LEWIS, E L	8O2	100
LUPASCU, T	8F2	100
MAJAUSKAITE, L	8S2	100
MALLET, F	8S2	100
MARKS, J	8H2	100
MARSDEN, S	8F1	100
MATTINSON, D	8B2	100
MCKENZIE, S	8F1	100
MIFSUD - WILLSON, L	8F1	100
MILNES, F	8F2	100
MOBBS, B	8B2	100
MOHAMED, H	8F1	100
MOORE, E	8B1	100
MORIARTY, L	8S1	100
MORTERS, B	8O2	100
MPAGI, E	8S2	100
MUNSLow, F	8F1	100
NICHOLLS, A	8B1	100
O'DELL, L	8S2	100
OJO, O	8H2	100
OSTASZ, A	8B2	100
PEPPER, F	8F1	100
PIMLOTT, N	8F1	100
PODVALSKA, P	8S2	100
PRADEEPAN, A	8F1	100
PROHOROVA, A	8F2	100
PROSTAKOV, M	8O2	100
RASTOGI, A	8B2	100
RICHMAN, T	8S2	100
RICHMAN, T	8S2	100
RINTO, J	8O2	100
RIX, I	8B2	100



100% ATTENDANCE

Name	Reg	% Attend
JACKSON, R	8B2	100
JACOB, E	8F2	100
JAMES, A	8S1	100
JIMMY, A	8O1	100
JODA, D	8S2	100
JOHNSON, L	8O2	100
KARULAITE, E	8S1	100
KIRK, O	8F2	100
KULASINGHE, M	8F1	100
LAWLESS, R	8B2	100
LAWSON, S	8S2	100
LEGGE, A	8B2	100
LEJO, F	8F2	100
LENNON, M	8B2	100
LEWIS, A	8F1	100
LEWIS, E L	8O2	100
LUPASCU, T	8F2	100
MAJAUSKAITE, L	8S2	100
MALLETT, F	8S2	100
MARKS, J	8H2	100
MARSDEN, S	8F1	100
MATTINSON, D	8B2	100
MCKENZIE, S	8F1	100
MIFSUD - WILLSON, L	8F1	100
MILNES, F	8F2	100
MOBBS, B	8B2	100
MOHAMED, H	8F1	100
MOORE, E	8B1	100
MORIARTY, L	8S1	100
MORTERS, B	8O2	100
MPAGI, E	8S2	100
MUNSLow, F	8F1	100
NICHOLLS, AI	8B1	100
O'DELL, L	8S2	100
OJO, O	8H2	100
OSTASZ, A	8B2	100
PEPPER, F	8F1	100
PIMLOTT, N	8F1	100
PODVALSKA, P	8S2	100
PRADEEPAN, A	8F1	100
PROHOROVA, A	8F2	100
PROSTAKOV,	8O2	100
RASTOGI, A	8B2	100
RICHMAN, T	8S2	100
RICHMAN, T	8S2	100
RINTO, J	8O2	100
RIX, I	8B2	100
ROWE-MOTT, G	8B2	100
ROY, A	8B1	100
ROYAL, M	8H1	100
SABOCKIS, N	8H1	100

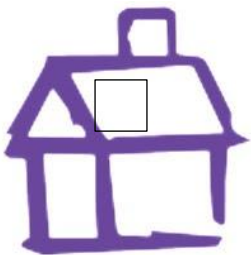
SAMPSON, L	8H2	100
SIVARUPAN, S	8O1	100
SPAIN, C	8H2	100
STACEY, J	8S2	100
STAPLETON, D	8H1	100
STEWARD, R	8H2	100
STOTT, A	8B1	100
SUBY JOSEPH, A	8B2	100
TANSLEY, D	8S1	100
TANSLEY, I	8S2	100
TAYLOR, L	8B2	100
THORPE, R	8H1	100
TRECAKS, K	8O2	100
TURNER, M	8H1	100
UNDERWOOD, K	8O2	100
WEBSTER R	8O2	100
WEST-BURNHAM, E	8O2	100
WILLIAMSON, S	8H1	100
WILLIS, L	8F2	100
WRIGHT, C	8F1	100
YU, C	8F2	100
YU, H	8F2	100



Helping in the Community

I am writing regarding the school strike and it's benefit to the care home. Below I have attached pictures of **Grace Ashford** (consent obtained) from your school Springwood High. Grace decided whilst the school was on strike to do some volunteering work here at Norfolk Lodge care home in Hunstanton. She is a 13 yr old girl and her life ambition is to be a police officer. Grace wanted to gain experience through working in a care home as a way of helping the community whilst bringing joy to our elderly residents. Grace started volunteering at 7am on Wednesday 15th march and finished her shift at 5pm. During her day Grace entertained the residents with activities, assisted the care staff with drinks and tidying the home even did her school work. Grace engaged in conversations with our residents and got to learn about their past. This has had a positive impact on our residents and has led Grace to having a passion to volunteer in a care home environment again. We are sharing this with you to hopefully inspire other children to volunteer in their own communities and support our elderly generation.

Kind regards



Leah Guy

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Norfolk Lodge | ArmsCare Ltd

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nl@armscare.co.uk

Norfolk Lodge, 32 Kings Lynn Ro
Hunstanton





Meadow of hope

Springwood High School hosts an environmental artist

Local artist and creative director of Backfield Creatives, Tim Mann, recently visited Springwood High School to highlight the critical issue of plastic pollution and to get students involved in the 'Meadow of Hope' community-based art project. The project takes flowers crafted by students from plastic bottles during workshops, so that their contributions can be displayed at a growing installation that will 'visit' the school at some future point on its journey around Norfolk.

Organised by chair of its environment committee, Agnieszka Munns, Springwood High School held a competition for its Year Eight pupils to identify flowery-bottle-shapers. Students were asked to create a response to the question: why is plastic pollution bad and how can we stop it?

Fifty winners were chosen by the environment society's ambassadors. The winners not only had the opportunity to create their plastic flowers at the workshop, but also have these responses displayed on the school's environmental issues noticeboard. It is hoped that the 'Meadow of Hope' installation and the students' personal written responses will continue to focus minds on the important issue they aim to address: we can all do more to reduce plastic consumption and the resulting pollution plastic so often causes.

Look out for more environment initiatives at Springwood High School, including The Great Big School Clean in March and The Big Dig Two in November.

Mrs Munns and The Environment Committee

Tim Mann from Blackfield Creations was extremely impressed with our pupils and the positive attitude they showed, along with their knowledge of the threat of plastic pollution. They made over 120 plastic 'flowers' for the Meadow of Hope installation that will be displayed outside the school in May/June, along its long journey around Norfolk.

More information can be found here <https://blackfieldcreatives.com/meadow-of-hope/>

THE HORRIBLE TRUTH ABOUT PLASTIC

8 MILLION TONNES OF PLASTICS LEAK INTO THE OCEAN EVERY YEAR

Equal to dumping one garbage truck into the ocean every minute

There are over 150 million tonnes of plastics in the oceans today



Less than 9% of plastic is recycled. Most plastic rubbish finds its way into the oceans and rivers.



EFFECT OF PLASTIC POLLUTION ON ANIMALS

Attached is a collage of some of the year 8 winning entries





The Student Council is led by our Year 11 Head Students and is made up of five different committees who help to make Springwood High School a better place to learn!

ENVIRONMENT:

Finley M

Ben M

Lily E B



TEACHING & LEARNING:

Methumlee K

Ore O



STUDENT WELL BEING:

Abi W

Maia K



Daisy Stapleton



EQUALITY / DIVERSITY

Sidney R

Lucia B

Daisy C M



EMBRACING SCHOOL LIFE:

Elizabeth W B

Sam McKenzie



Justas K



Samuel M



Alfie N



Chiane S



Ashley S



Chloe W



Working hard and achieving in FRENCH!

Your hard work is being recognised.



Well done – Mr Hobbs & Miss Craig



Alex W

Senoozhika S

Laelia B



Imogen P

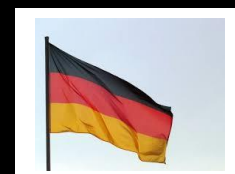
Lola G

Lily-Anne C



Working hard and achieving in GERMAN!

Your hard work is being recognised.



Well done – Mr Hobbs & Miss Craig



LANGUAGES CLUB



Mandarin Chinese club at Wednesday lunchtime in F8

French booklet quiz club at Thursday lunchtime in F4

German booklet quiz club on Thursdays after school in F4

Spanish booklet quiz club at Friday lunchtime in F4

*Interested? Just come along or see
Mrs Hannah for further details*



YEAR 8

EXTRA CURRICULAR ACTIVITIES

	LUNCH TIME	AFTER SCHOOL
Monday	Kingsmen (Male Voices) – 12:50pm to 1:20pm – MU1 Flute Ensemble – 12:50pm to 1:20pm – MU2 Music Theory – 12:50pm to 1:20pm – MU3	Junior Cantabene – 3:30pm to 4:30pm – MU1 Springing Strings – 4:00pm to 5:00pm – DR1 Master Blasters – 4:00pm to 5:00pm – DR2
Tuesday	Computing Club – 12:40pm to 1:20pm – F12 Kingsmen (Male Voices) – 12:40pm to 1:20pm – MU1 Sax Choir – 12:40pm to 1:20pm – MU2 Senior Guitar Group – 12:40 to 1:20pm – MU3	Maths – 3:25pm to 4:30pm – B2 Maths & Art Club – 3:25pm to 4:30pm – B1 Fashion Club – 3:25pm to 4:30pm – T4 Design and Technology Club – 3:25pm to 4:30pm – T2 KS3 Girls Football – 3:25pm to 4:30pm Concert Band – 3:30pm to 4:30pm – Sixth Form Hub Rock Club – 3:30pm to 4:30pm – MU1/MU2
Wednesday	Music Theatre Club – 12:40pm to 1:20pm – MU1 Junior Guitar Group - 12:40pm to 1:20pm – MU3	Maths – 3:25pm to 4:30pm – B2 Dance Club – 3:25pm to 4:30pm – West Gym Boys Rugby – 3:25pm to 4:30pm Netball – 3:25pm to 4:30pm History Club – 3:25pm to 4:30pm – S8 KS3 STEM Club – 3:25pm to 4:30pm – JL11
Thursday	Bella Voices (Female Voices) – 12:40pm to 1:20pm – MU1 Soul Band – 12:40pm to 1:20pm – MU2	Maths – 3:25pm to 4:30pm – B2 Origami Club – 3:25pm to 4:30pm – B1 All Years Girls Rugby – 3:25pm to 4:30pm House Sports TBA – Weekly Competition Boys Football – 3:25pm to 4:30pm Drumline Percussion Ensemble – 3:30pm to 4:30pm – MU1 German Club – 3:25pm to 4:30pm – F9
Friday	Bella Voices (Female Voices) – 12:40pm to 1:20pm – MU1 Sax Quartet – 12:40pm to 1:20pm – MU2 Keyboard Club – 12:40pm to 1:20pm – MU3	Fitness Club – 3:25pm to 4:30pm – Sandringham Field Junior Band – 3:30pm to 4:30pm – Sixth Form Hub Big Band – 3:30pm to 5:00pm – MU1



YEAR 8 TOTAL ACHIEVEMENT POINTS

37 996

AWESOME RESULT!



Achievement Point Award Badges

- 100 = Bronze
- 250 = Silver
- 400 = Gold
- 600 = Platinum





Attendance Information

Expected attendance at Springwood High School is 100% and regular attendance is a minimum of 96%; this is equivalent to students attending for 182 of the 190 days possible in a school year.

Attendance can be summarised as shown in the table below

ATTENDANCE PERCENTAGE	DAYS OF SCHOOLS MISSED	OFSTED SCHOOL AVERAGE ATTENDANCE GRADING
98% and above	4 days or less	Outstanding
96% and above	8 days or less	Good
94% and above	12 days or less	Requires improvement
Below 94%	More than 12 days	Inadequate

Appendix 4: Attendance Policy Quick Guide for Parents

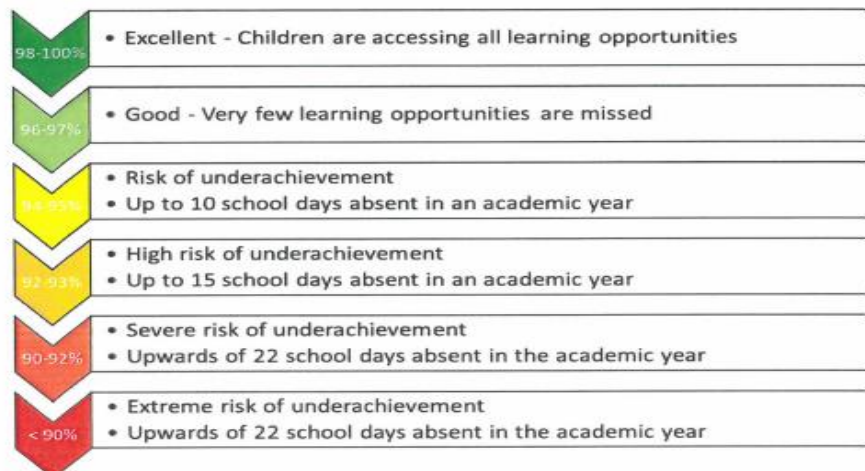
Attendance Policy Quick Guide for Parents

We expect pupils to attend school for 100% of the academic year.

You can support your child to have excellent attendance by taking these steps:

- Ensure your child arrives on time for school every day and is ready to learn. Arriving after registration is recorded as an unauthorised absence. Pupils must be in school by **8:45 am**.
- Avoid taking holidays during term time.
- If your child appears to be only slightly ill, send them in to school. We have staff who will contact you if their condition deteriorates.
- Book any medical appointments outside of school hours. If this is unavoidable, please book for as late in the afternoon as possible and inform the school of appointments in advance.
- Supply a copy of the appointment card or hospital letter if your child has an appointment during school hours.

If your child becomes reluctant to go to school or you need help, please contact the school immediately; we are more likely to be able to work together to solve any problems if we act early.





Term Dates Summary

	First Day of Term	Last Day of Term
Autumn 1stTerm	Monday 5 th September 2022 Years and 12 Only Return to School Wednesday 7 th September Years 8, 9, 10, 11 and 13 Return to School	Thursday 20 th October 2022
Autumn 2ndTerm	Monday 31 st November 2022	Friday 16 December 2022
Spring 1stTerm	Wednesday 4 th January 2023	Friday 10 th February 2023
Spring 2ndHalf Term	Monday 20 th February 2023	Friday 31 st March 2023
Summer 1stTerm	Monday 17 th April 2023	Friday 26 th May 2023
Summer 2ndTerm	Monday 5 th June 2023	Thursday 20 th July 2023

Training Days & Bank Holidays

Thursday 1st September 2022
Friday 2nd September 2022
Friday 21st October 2022
Monday 3rd January 2023
May Bank Holiday – Monday 1st May 2023



Appendix 1

SPRINGWOOD HIGH SCHOOL
UNIFORM & SPORTS KIT CHECKLIST

*Blazer

White, stiff collar school shirt

*House colour school tie

**Plain black tailored trousers

or

*School skirt

*School jumper

Plain black tights or plain black knee length socks (when worn with a skirt)

Plain black socks that must cover the whole ankle (when worn with trousers)

Over the knee socks, short socks such as ankle or trainer socks, and footless tights or leggings are not allowed.

Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)

Plain coat (no logos or other markings) long enough to cover blazer properly

PE KIT

Compulsory:

*Springwood PE shirt

Black Shorts

Black Socks

Trainers (non-marking sole with grip)

Football Boots

Optional:

Black Track Suit

Plain Black leggings

Plain Black 'skin' can be worn under PE shirt

Shin pads and gumshields

Items marked * can only be bought from the school

**Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website.

The school reserves the right to make the final decision on the suitability and/or appropriateness of the school trousers worn by Springwood students.



Lost & Found

Please put your child's name on all of their clothing, on their tie, their PE kit, each shoe/trainer/football boot and all other belongings. We have seen numerous students lose bits and pieces over the last 6 weeks. Most have been returned as they have names on them.

Please label everything!

If your child has lost anything, we have a lost property basket in the canteen next to Mr Cuss' office and one in the LRC next to the books. Please encourage them to check these places first.

Anything that comes to the Year Office with a name in, we will return to students ASAP.

The Springwood Parent, Teacher, Friend Association, PTFA, is an excellent way to bring people together to raise money and help support the school and the pupils of Springwood.

It provides an opportunity for everyone to work together to:

Raise funds to help the school provide extra resources for the pupils.

Provide support for school trips and outings and other special events.

We would like to encourage all parents, teachers and school staff to get involved even if you only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events - you may even just like to provide the odd cake here and there! Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

If you are interested in joining us, please email ptfa@springwoodhighschool.co.uk