Year 9 Newsletter April 2023



Message from Mr Johnson

I very much hope you have all had an enjoyable and rewarding term as we approach the Easter holiday. From my perspective it has again been a very successful term and I have been very impressed with how well our students have continued to perform in school and through our extra-curricular activities.

Springwood High School student wins King's Lynn's Rotary Young Musician Competition

It was a pleasure to see six talented youngsters who took part in the Lynn round of the newly-established Rotary Young Musician Competition. The winner was pianist Matthew Hawkes, from Springwood High School, whose two pieces wowed the audience. He played Debussy's Reverie and Rachmaninoff's Prelude in G Minor. He now goes on to the district round to be held in March. In second place was Ukrainian, Iryna Oliinyk, a pupil at Alderman Peel School in Wells and Chloe Eglen from Springwood High School came third. The Rotary Club is very grateful to Derek Oldfield, Avril Wright and Daniel Jenkins for acting as judges and to Springwood High School for hosting the event.

Y9 Rugby County Cup Winners

A couple of weeks ago our Y9 Boys won the Rugby County Cup, which makes our team the best state school rugby team in the County. This is a massive achievement for our school and I cannot remember a time when Springwood have achieved such an accolade; it really is a marker to show how much effort the staff and most importantly the students are putting into representing our school for all of the Sports Teams.

Our lads were a credit to the school and the opposition teacher from Aylsham High School, commented on how impressed he was with our rugby. Thanks to all involved and well done.

#easyfundraising

Thank you to everyone for raising donations for West Norfolk Academies Trust with #easyfundraising! So far, to date, we have raised over £500 for WNAT. If you haven't signed up yet, it's easy and completely FREE. 7,400 brands will donate to us when you use easyfundraising to do your everyday online shopping - at no extra cost to you! Every donation you raise makes a difference to us so please sign up & share today.

https://www.easyfundraising.org.uk/causes/westnorfolkacademiestrust/?invite=11XRYT%26referralcampaign=c2s%26utm_campaign=admin-trigger%26utm_content=srt

Summer Term Events to look forward to:

House Dance - Friday 28th April at 7pm in the PHH - tickets via your Parent Pay account

Summer Term Concert - Thursday 4th May at 6.30pm in the PHH

WNAT Community Music Festival - Monday 3rd July to Thursday 6th July at 6.30pm on the school field

Fashion Show - Wednesday 12th July at 7pm in the PHH

Remember for all the very latest Springwood School news please visit Twitter @SHSKingsLynn



and for all the very latest Sport & PE news please visit Twitter @SHSS_PE

I wish you all a very Happy Easter break.

Mr Johnson

Message from Mrs Mann – Head of Year 9

We have enjoyed a fantastic Spring term over the last few months. I have been delighted to share in our students' sporting achievements, music concerts and recognise all those who have participated in the various programmes we have running. We have also launched our Record of ACHIEVEment programme with students, where I hope that we will discover yet more to celebrate as we continue through the year.

We finish this term with a Super Learning Day focusing on careers and our Guide Choices programme that supports students in making their GCSE choices for next year. Through the day, they will have been introduced to a range of possibilities for their futures, including those they might look at after KS4&5. This includes University, Apprenticeships and Vocational courses. I hope that over the Easter break you will have time to discuss with your child what their aspirations are. Reminding them that they should select courses they enjoy and not just those that their friends will be doing. Latest reports to parents will be available online on Tuesday 18th April and parents evening follows shortly after the break so that you can ask questions to help support this decision making. This is an exciting time as they take the next big steps in their educational journey and I know they will appreciate your support and advice.

Finally, we have also included information regarding our Summer term rewards trip. I hope students are keen to see the options available to them and by the time we end the year, will be well deserving of an adventure with their peers.

Have a wonderful and restful Easter break.







Dates for your diary

20th April 2023 – Parents' Evening Online 28th April 2023 – Options deadline 1st May 2023 – Bank Holiday 8th May 2023 – Bank Holiday 10th July 2023 – KS3 Presentation Evening 19th July 2023 – Rewards Day

Contacts:

Year 9 Office: 01553 779408

Email: classof2025@springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell?

If your child is unwell, please call the Year 9 Office on 01553 779408 or email classof2025@springwoodhighschool.co.uk before 8.00am and give specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence

There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a 'Leave of Absence Form'. These can be found on the school website or we have a paper copy in the office. This form needs handing in to the Year 9 Office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.

Year 9 News and Events

Duke of Edinburgh Award (DofE) - Update

Currently we have 46 students who have begun their DofE Bronze award. Many are now working on their Physical, Skill and Volunteering sections and very shortly those who have completed these will be taking part in training and tackling an expedition on local footpaths, as well as camping overnight.

Once their 3 sections are finished they will receive an Achievement Certificate from the DofE Office and by completing the expedition they will achieve the Bronze Award.

To make sure each section can be completed they each need an assessor report, so each participant should give their edofe number to their assessor and ask them to complete this is on the webpage: <u>dofe.org/assessor</u>

Important: Can all Year 9 students signed up for DofE please make sure **EACH** section is detailed and filled in correctly. It should have evidence added, for example – photos, log sheets, etc as soon as possible and also make sure they have the **correct assessor** (this cannot be a parent but a teacher is fine).

In addition:

HRH Duke of Edinburgh's Award (DofE) and Duke of Edinburgh's International Award are delighted to announce that HRH The Duke of Edinburgh will be the charities' new Patron. The Duke takes on the patronages previously held by his father, Prince Philip, who founded the Award in 1956. He has been a passionate supporter of the DofE and International Award for decades, having achieved his own Gold Award in 1986. The Duke has been a Trustee of the DofE since 1988 and of the International Award since 2006. In these roles, he has travelled widely within the UK and internationally – thanking volunteers and meeting and celebrating young people making a difference through their DofE.

HRH The Duke of Edinburgh said: "Some say The Duke of Edinburgh's Award is in my DNA; it's certainly been a major part of my life for a very long time. Being asked to take on the role of Patron after my father is a particular honour and quite a responsibility.



BAKERS

Year 9s, join the Star Bakers Club to learn advanced cooking skills

Have you ever wanted to have a go at making your own pasta or bread? Do you watch TikTok videos and want to use fancy decorative techniques to take your cakes to the next level?









To apply, please email a picture of your best cooking creation to Miss T at n.thompson@springwoodhighschool.co.uk

The Star Bakers Club will meet on Week 2 Tuesdays from 3.30-4.30

Year 9 Sports Update



The ladies from West Norfolk Rugby Club came into school to work with some of the KS3 girls to offer them a skills taster session. Everyone involved had a great time taking part and were highly commended by them.

Girls rugby club is at school on Thursdays and training at West Norfolk is on Wednesdays 6pm-7pm.

Recent match scores

Yr 9 Football	v Smithdon 4-1 WIN
	v Terrington St Clement 5-0 WIN
	v KLA 2-1 WIN
Yr 9 Netball	v Smithdon 13-5 WIN
	v KLA 22-6 WIN



Year 9 boys Rugby County Cup





In the game leading up to the finals we played school team Notre Dame and barely beat them with a score of 12–10 to Springwood. The final game was to be played at Greshams school. We arrived at the game and got warmed up with many people nervous for the upcoming game.

We won the game 34–17 with Ralph, Amaru, Maxwell, Fraser scoring tries. After the game there was a meal with the opposition Alysham before heading home to celebrate our victory.

Achievement Point Badges

Well done to everyone this term for collecting their badges.

BRONZE – 100 points Joud A Leo C Ella C Lin H Morgan R Lacie T-G SILVER – 250 points Leo B Callum B Kornelija C Rory D Lily E Krystian F Charlie Fysh Poppy H	Ilja I Ellie J Seb K Emilija K Gvidas N Gabija P Emily P Nerija R Alona R Bailey R Logan S Thomas S Ruby Suiter Joanna S Joseph W Harry Wilson
Lily E Krystian F Charlie Fysh	Joanna S Joseph W

Molly C **Emily D** Jacob F Sophie G Lacie Goodbourn Lacey Goodburn Niamh H Lola H Eleanor H **Finley** J **Pijus** J Amelie-May J Emma L Jake M Gabija M Ava M Harry Morgan Lexi Parkin Fearne R **Darcy S** Nigel S **Thomas S** Chloe S-C

Nathaniel S-P Ryhs S Marley S Lily-Rose T Rudraa U Emelia W Harry Widdows A very big well done to those who have collected their platinum badge PLATINUM – 600 points Megan A **Rionne E** Ellyza L Nicholas L-T Imogen M Kalea M-K Annabel S Ella S-C

Ben Y

Record of Achievement

We are excited to announce our Record of ACHIEVEment programme, that will run alongside students' studies over the next 2 years.

The programme is designed to help students develop key skills that will enhance their learning and make the most of their time at Springwood. This includes being encouraged to volunteer, participate in school life and experience the wider world of work.



We look forward to seeing what our wonderful students can do!

Role Models in Year 9

The students below are examples of some of the fantastic students we have in our year group. They have shown in their actions, be that towards other students, shining in their extracurricular activities or bravely demonstrating their talents in assembly, just what we hope to see in every student at Springwood!



Rewards Day for Year 9 Wednesday 19th July 2023

The rewards day is a great, fun day at the end of the year for students to celebrate their super attendance and behaviour.

Below is a list of trips available with estimated costs for each trip to give everyone time to start saving now.

Trip	Estimated Cost	Trip	Estimated Cost
Norwich Tenpin bowling, sightseeing, shopping	£19.00	Pleasurewood Hills, Lowestoft	£24.00
UK Paintball, Thetford UKPaintball Great Service, Premier Parke, Univelled Fun	£39.00	Train to Cambridge, punting, sightseeing, shopping	*£14.00
Rutland Aqua Park, Oakham	£48.00	Inflatanation, Peterborough	£20.00

Well done Jason!



Jason is a successful go-kart racer who races with Fulbeck kart club and will be featured in the Amazon Prime series Driven Dreams.

9S1 will be selling raffle tickets during the week commencing Monday the 17th of April to raise money for Jason Ducis' karting career.

If you have any prizes you could donate or would like to buy a ticket please contact 9S1's form tutor Miss Andrews.



Disney Adventures



In February half term, 80 Year 9s and seven brave teachers ventured to Disneyland Paris for a long weekend. It was an early start but the adrenaline was high and everyone was excited. We crossed over on the Eurotunnel and arrived in France, to our first destination Paris.

In Paris, we went on a pleasant boat ride to see some of the big sights of Paris including the Eiffel tower and Notre Dame. This was enjoyed by all even if the tiredness from the early start was kicking in. There were many things to see and many photos were taken enjoying the views.

Once the boat ride was over it was then a two-hour journey to the hotel which by this point was needed. On arriving at the hotel, rooms were allocated, dinner was had and all went to bed ready for the first day in the park.



Breakfast was had even after a very early wake-up call, clearly morning is not a good time for Year 9s. We got a shuttle bus to the park and quickly got busy having lots of fun. Except, maybe, Mr Wisniewski who was ratted out to Darth Vader. After a full day in the park enjoying rides, food, shops and parades, it was back to the hotel for dinner. Once this was done we went back to the park to watch the Disney Illuminations which were truly magical. Then back to the hotel for a good night's sleep.

Day two, lots more rides, more food, the parades and just the magic of Disneyland. It was a great day and it was sad for some to leave the park. Then it was a very quiet drive back home on Monday. Sleeping was the best part of that day and having some quiet time. Wonderful time had by all, a trip to remember.









100% Attendance

Joud 9H1 Lily 9H1 Lois 9F1 James 9B2 Zakk 9S2 Lin 901 Charlie 9B2 Akhil 9F2 Harry 901 Wiktoria 902 Lawson 902 Abel 9S2 Ramin 9B1 Joshua 9F1 Ethan 9H1 Chloe 902 Marley 9S1 Chantelle-Louise 9B2

Year 9 Extracurricular Clubs

Monday:

Lunchtime: Kingsmen (Male Voices) - 12:50 pm to 1:20pm - MU1 Flute Ensemble - 12:50 pm to 1:20 pm - MU2 Music Theory - 12:50 pm to 1:20 pm - MU3 <u>Afterschool:</u> Senior Cantabene - 3:30 pm to 5:00 pm - Sixth Form Hub Springing Strings - 4:00 pm to 5:00 pm - DR1 MasterBlasters - 4:00 pm to 5:00 pm - DR2

Tuesday:

Lunchtime: Computing Club - 12:40 pm to 1:20 pm - F12 Kingsmen (Male Voices) - 12:40 pm to 1:20 pm - MU1 Sax Choir - 12:40 pm to 1:20 pm - MU2 Senior Guitar Group - 12:40 pm to 1:20 pm - MU3 Sparx Maths Club - 12:40pm to 1:20pm - B12 Afterschool: After School Maths - 3:25 pm to 4:30 pm - B2 Maths & Art Club - 3:25 pm to 4:30 pm - B1 Fashion Club - 3:25 pm to 4:30 pm - T4 Design & Technology Club - 3:25 pm to 4:30 pm - T2 Year 9 Boys Football - 3:25 pm to 4:30 pm KS3 Girls Football - 3:25 pm to 4:30 pm Star Bakers Club - 3:25 pm - 4:30 pm (Week 1 Only) - T6 Concert Band - 3:30 pm to 4:30 pm - Sixth Form Hub Rock Club - 3:30 pm to 4:30 pm - MU1/MU2

Wednesday:

Lunchtime:

Musical Theatre Club - 12:40 pm to 1:20 pm - MU1 Junior Guitar Group - 12:40 pm to 1:20 pm - MU3 <u>Afterschool:</u> After School Maths - 3:25 pm to 4:30 pm - B2 Dance Club - 3:25 pm to 4:30 pm - West Gym Year 9 Boys Rugby - 3:25 pm to 4:30 pm History Club - 3:25 pm to 4:30 pm - S8

Thursday:

Lunchtime: Bella Voices (Female Voices) - 12:40 pm to 1:20 pm - MU1 Soul Band - 12:40 pm to 1:20 pm - MU2 French Blooket Club - 12:40pm to 1:20pm - F4 <u>Afterschool:</u> After School Maths - 3:25 pm to 4:30 pm - B2 Origami Club - 3:25 pm to 4:30 pm - B1 All Years Girls Rugby - 3:25 pm to 4:30 pm House Sports TBA - Weekly Competition Year 9 STEM Club - 3:25 pm to 4:30 pm - JL11 Drumline Percussion Ensemble - 3:30 pm to 4:30 pm - MU1 German Club - 3:25 pm to 4:30 pm - F9 German Blooket Club - 3:25pm to 4:30pm - F4

Friday:

Lunchtime: Bella Voices (Female Voices) - 12:40 pm to 1:20 pm - MU1 Sax Quartet - 12:40 pm to 1:20 pm - MU2 Keyboard Club - 12:40 pm to 1:20 pm - MU3 <u>Afterschool:</u> Fitness Club - 3:25 pm to 4:30 pm - Sandringham Field Year 9 Netball - 3:25 pm to 4:30 pm Junior Band - 3:30 pm to 4:30 pm - Sixth Form Hub Big Band - 3:30 pm to 5:00 pm - MU1

Are you fully Protected?

HPV, MenACWY & DTP VACCINES will keep you safe!

Planning on going travelling, university or seeing where life takes you? Make sure you only bring home fun souvenirs, photos and fantastic memories! Check you're up to date on all your protective vaccinations by getting in touch (details opposite) or coming to see us at one of our clinics!

Your Friendly Immunisation Service; Providing children and young people with the vaccines they need across Hertfordshire & East Anglia.

Tel 0300 555 5055 Option 2 Norfolk

hct.csaisnorfolk@nhs.net

Easter Holiday Clinics

Mon 3rd April N - Cringleford Business Centre NR4 6AU 8.30-15.00 Book Your Appointments KL - Providence Centre PE30 5ET 10 -14.30 Book Your Appointments <u>Tues 4th April</u> N - Cringleford Business Centre NR4 6AU 8.30-15.00 Book your Appointments GY - Nelson Medical Centre NR31 0DW 09.30-14.45 Book your Appointments <u>Wed 5th April</u> N - Cringleford Business Centre NR4 6AU 8.30-15.00 *Walk In* T – Healthy Living Centre IP24 1JD

09.00-10.10 Book your Appointments Thur 6th April

N - Cringleford Business Centre NR4 6AU 8.30-15.00 Walk In



N-Norwich KL-King's Lynn T-Thetford GY-Great Yarmouth S-Sheringham

NHS

Hertfordshire and East Anglia

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Easter Holiday Clinics

- <u>Tues 11th April</u> GY - Nelson Medical Centre NR31 0DW
- 09.30-14.45 Book your Appointments Wed 12th April
- N Cringleford Business Centre NR4 6AU
- 8.30-15.00 Walk In
- S Community Centre NR26 8NP
- 09.30-14.45 Book your Appointments
- Thur 13th April Cringleford or Great Yarmouth To Be Confirmed
- Fri 14th April N - Cringleford Business Centre NR4 6AU
- 8.30-15.00 Walk In
- GY Nelson Medical Centre NR31 0DW
- 09.30-14.45 Book your Appointments



N-Norwich KL-King's Lynn T-Thetford GY-Great Yarmouth S-Sheringham

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Tel 0300 555 5055 Option 2 Norfolk

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Easter Weekend Clinics Saturday 8th April

N - Cringleford Business Centre NR4 6AU

8.30-15.00 Booked Appointments

KL - Providence Centre PE30 5ET 10 -14.30 Booked Appointments



NHS

Hertfordshire and East Angli



N-Norwich KL-King's Lynn T-Thetford GY-Great Yarmouth S-Sheringham





NHS

Easter Activities over the holidays



booking is advisable for all activities. Not all ictivities are bookable online. Call your local antre for more information: yonraport 01553 818001 St Jamas 01553 764888 Jownham 01366 386968 Oasis 01485 534227

Supported by CONTRACTOR REPORT







Aqua Skillz and Sports Club (8-12vrs) Tuesday 11 April 9am-1pm Do

S Norfolk County Council

astics Fun Club (5-15yrs)



Barrage Caurch et King's Lynn & West Norfolk

akfast Club (5-12yrs)

Check out their website for more information

https://www.alivewestnorfolk.co.uk

Activity	Time	Ages	Location	Standard Price	AlveCard	Alive Concession	Activity	Time	Ages	Location	Standard Price	Alive Card	292
Monday 3 April						Cart	Tuesday 11 April						
annis Camp - Red	9.30em-11em	S-7yrs	Lynnsport	£10	£10	£10	Fun Time Climb	10am-12pm	8-15ym	Lynnaport	26.75	15.70	24.
lennis Camp - Green/Orange	11am-12.30pm	B-10yrs	Lynnsport	E10	830	£10	GoKarty and Party*	10am-11am	3-Byrs	Lynnsport	E10	19	=
lennis Camp - Yellow	1pm-2.50pm	11-15yrs	Lynnsport	£10	£10	£10	GoKarty and Party	11.15am-12.15pm	6-10yrs	Lynnaport	E10	19	83
linja Warriors	10.45am-11.45am	5-15yrs	Lynnsport	£4.50	13.45	\$2.90	Gymnastics	10.45em-12:45em	5-15yrs	Lynnsport	\$4.50	13.45	12
uenday 4 April							Wednesday 12 April						
lennis Camp - Red	9.30am-11am	5-7yrs	Lynnsport	£10	£10	610	Easter Arts and Crafts*	10em-11em	3-10yrs	Lynnaport	£4.50	\$3.45	: £2.
lennis Camp - Green/Orange	11am-12.30pm	8-10yrs	Lynnsport	£10	£30	630	Easter Arts and Crafts*	1pm-2pm	3-10yrs	Downham	\$4.50	£3.45	\$2.
Iennis Camp - Yellow	lpm-2.30pm	11-15yrs	Lynnsport	£10	630	610	Junior Fibresa	1pm-2pm	8-15yrs	Downham	£4.50	\$3.45	12.
loKarty and Party*	10am-11am	3-бута	Lynnsport	#10	63	60	Skateboard Skills	2pm-4pm	8-15yrs	Lynnsport	\$6.75	25.70	24.
loKarty and Party	11.15em-12.15pm	7-10yrs	Lynnsport	£10	29	60	Thursday 13 April						
symmastics.	10.45am-11.45am	5-15yrs	Lynnsport	£4.50	\$1.45	12.90	Roller Disco	12pm-2pm	5-15yrs	Lynnaport	26.75	25.70	24.
amily Climb Time	2pm-4pm	Syna	Lynnsport	\$6.75	£5.70	£4.65	Family Climb Time	2pm-4pm	Synat	Lymnaport	66.75	15.70	£4.
Tampolining	2pm-3pm	5-Byrs	Lynnsport	84.50	£3.45	12.90	Friday 34 April						
hampolining	3pm-4pm	9-13yrs	Lynnsport	\$4.50	£3.45	12.90	Ninja Warriors	10.45em-11.45em	5-15yrs	Lynnsport	\$4.50	13.45	12
ennis Camp - Green/Orange	11sm-12.30pm	100	Lynnsport	£10 £10	£30 £30	£30 £30	Week Thi	ee Activi	ities)
lennis Camp - Yellow			ALC: NOT A	64.50	£3.45	£2.90	Activity	Time	A	Location	Standard	Alter Card	All
	10am-11am	3-10yrs	Lynniport	64.50					100000		PERCE		Car
laster Arts and Crafts*	10am-11am 1pm-2pm	3-10yrs	Downham	64.50	£3.45	£2.90							
laster Arts and Crafts" laster Arts and Crafts" laster Fitness	10am-11am 1pm-2pm 1pm-2pm	3-10yrs 8-15yrs	Downham Downham	64.50 64.50	£3.45	£2.90	Monday 17 April						
laster Arts and Crafts* Laster Arts and Crafts* Lunior Fitness Rateboard Skills	10am-11am 1pm-2pm	3-10yrs 8-15yrs	Downham	64.50 64.50	1.339.000		Ninja Warrior	10.45em-11.45em		Lynnaport	\$4.50	£3.45	12
Laster Arts and Crafts* Laster Arts and Crafts* unior Fitness Rateboard Skills Inursday & April	10am-11am 1pm-2pm 1pm-2pm 2pm-4pm	3-10yrs 8-15yrs	Downham Downham	64.50 64.50 66.75	£3.45 £5.70	£2.90 £4.65	Ninja Warrior Transpolining	2pm-3pm	5-Dyra	Lynnaport Lynnaport	£4.50	£3.45	12.
Remis Camp - Yellow Easter Arts and Crafts* Easter Arts and Crafts* Lucior filtness Skateboard Skille Dharsday & April Uwn Tene Climb Boller Disco	10am-11am 1pm-2pm 1pm-2pm	3-10yrs 0-15ym 8-15ym 8-15ym	Downham Downham	£4.50 £4.50 £6.75 £6.75	£3.45	£2.90	Ninja Warrior			10.000			12