

## YEAR 10x PE CURRICULUM 2018-19

Week	Lesson	GIRLS		MIXED	BOYS	
		1	2	3	4	5
1	Wed 1	South Gym (JBI)	East Gym (Su)	Field (PDn)	Couch to 5K (JCa)	Astro (Bf)
2	Mon 5	South Gym (JBI)	East Gym (Su)	Field (PDn)	Couch to 5K (JCa)	Astro (Bf)
	Fri 2	Astro (JBI)	Field (Su)	East Gym (PDn)	South Gym (JCa)	Field (Bf)

### OCTOBER ½ TERM HOLIDAY

1	Wed 1	Field (JBI)	South Gym (Su)	Astro (Su)	East Gym (JCa)	Couch to 5K (Bf)
2	Mon 5	Field (JBI)	South Gym (Su)	Astro (PDn)	East Gym (JCa)	Couch to 5K (Bf)
	Fri 2	Astro (JBI)	Field (Su)	East Gym (PDn)	South Gym (JCa)	Field (Bf)

### CHRISTMAS HOLIDAY

1	Wed 1	East Gym (JBI)	Astro (Su)	Field (PDn)	Field (JCa)	South Gym (Bf)
2	Mon 5	East Gym (JBI)	Astro (Su)	Field (PDn)	Field (JCa)	South Gym (Bf)
	Fri 2	Field (JBI)	Couch to 5K (Su)	East Gym (PDn)	Astro (JCa)	Field (Bf)

### FEBRUARY ½ TERM HOLIDAY

1	Wed 1	Couch to 5K (JBI)	Field (Su)	South Gym (PDn)	Field (JCa)	East Gym (Bf)
2	Mon 5	Couch to 5K (JBI)	Field (Su)	South Gym (PDn)	Field (JCa)	East Gym (Bf)
	Fri 2	Field (JBI)	Couch to 5K (Su)	East Gym (PDn)	Astro (JCa)	Field (Bf)

### EASTER HOLIDAY

1	Wed 1	Athletics (JBI, Su)		Astro (PDn)	Net Games (JCA, Bf)	
2	Mon 5	Athletics (JBI, Su)		Astro (PDn)	Net Games (JCA, Bf)	
	Fri 2	Net Games (JBI, Su)		Athletics (PDn)	Striking & Fielding (JCA, Bf)	

### MAY ½ TERM HOLIDAY

1	Wed 1	Striking & Fielding (JBI, Su)		Tennis (PDn)	Athletics (JCA, Bf)	
2	Mon 5	Striking & Fielding (JBI, Su)		Tennis (PDn)	Athletics (JCA, Bf)	
	Fri 2	Net Games (JBI, Su)		Athletics (PDn)	Striking & Fielding (JCA, Bf)	