

## YR 9x PE CURRICULUM 2018-19

Wk	Lesson	1	2	3	4	5	6
1	Mon 3	E Gym Games (Bf)	Couch to 5K (Cc)	Astro (JBI)	Fitness (JCa)	Gym (MGd)	Tennis (PDn)
	Thurs 3	Astro (Bf)	Gym (Su)	Tennis (JBI)	Football (Jca, PDn, MGd)		
2	Mon 3	E Gym Games (Bf)	Couch to 5K (Su)	Astro (JBI)	Fitness (JCa)	Gym (MGd)	Tennis (PDn)
	Wed 2	Astro (Bf)	Gym (Su)	Tennis (JBI)	Football (Jca, PDn, MGd)		

### OCTOBER ½ TERM HOLIDAY

1	Mon 3	Football (Bf, JBI, Cc)			E Gym Games (JCa)	Fitness (MGd)	Astro (PDn)
	Thurs 3	Gym (Bf)	Astro (Su)	Leadership (JBI)	Rugby (Jca, PDn, MGd)		
2	Mon 3	Football (Bf, JBI, Su)			E Gym Games (JCa)	Fitness (MGd)	Astro (PDn)
	Wed 2	Gym (Bf)	Astro (Su)	Leadership (JBI)	Rugby (Jca, PDn, MGd)		

### CHRISTMAS HOLIDAY

1	Mon 3	Rugby (Bf, JBI, Cc)			Gym (JCa)	Astro (MGd)	Leadership (PDn)
	Thurs 3	Couch to 5k (Bf)	E Gym Games (Su)	Fitness (JBI)	Couch to 5k (Jca)	Leadership (MGd)	Couch to 5k (PDn)
2	Mon 3	Rugby (Bf, JBI, Su)			Gym (JCa)	Astro (MGd)	Leadership (PDn)
	Wed 2	Couch to 5k (Bf)	E Gym Games (Su)	Fitness (JBI)	Couch to 5k (Jca)	Leadership (MGd)	Couch to 5k (PDn)

### FEBRUARY ½ TERM HOLIDAY

1	Mon 3	Fitness (Bf)	Leadership (Cc)	Couch to 5k (JBI)	Astro (JCa)	E Gym Games (MGd)	Gym (PDn)
	Thurs 3	Leadership (Bf)	Fitness (Su)	Gym (JBI)	Leadership (JCa)	Couch to 5k (MGd)	Fitness (PDn)
2	Mon 3	Fitness (Bf)	Leadership (Su)	Couch to 5k (JBI)	Astro (JCa)	E Gym Games (MGd)	Gym (PDn)
	Wed 2	Leadership (Bf)	Fitness (Su)	Gym (JBI)	Leadership (JCa)	Couch to 5k (MGd)	Fitness (PDn)

### EASTER HOLIDAY

1	Mon 3	Athletics (Bf, JBI, Cc)			Striking & Fielding (Jca, PDn, MGd)		
	Thurs 3	Tennis (Bf)	Tennis (Su)	E Gym Games (JBI)	Athletics (Jca, PDn, MGd)		
2	Mon 3	Athletics (Bf, JBI, Su)			Striking & Fielding (Jca, PDn, MGd)		
	Wed 2	Tennis (Bf)	Tennis (Su)	E Gym Games (JBI)	Athletics (Jca, PDn, MGd)		

### MAY ½ TERM HOLIDAY

1	Mon 3	Athletics (Bf, JBI, Cc)			Tennis (JCa)	Tennis (MGd)	E Gym Games (PDn)
	Thurs 3	Striking & Fielding (Bf, JBI, Su)			Athletics (Jca, PDn, MGd)		
2	Mon 3	Athletics (Bf, JBI, Su)			Tennis (JCa)	Tennis (MGd)	E Gym Games (PDn)
	Wed 2	Striking & Fielding (Bf, JBI, Su)			Athletics (Jca, PDn, MGd)		