

YR 9y PE CURRICULUM 2018-19

Wk	Lesson	1	2	3	4	5	6
1	Fri 3	Astro (Bf)	Gym (JBI)	Tennis (Ct)	Football (Jca, PDn, MGD)		
2	Mon 4	E Gym Games (Bf)	Couch to 5K (JBI)	Astro (Ct)	Fitness (JCa)	Gym (Su)	Tennis (PDn)
	Tues 1	E Gym Games (Bf)	Couch to 5K (JBI)	Astro (Ct)	Fitness (JCa)	Gym (Su)	Tennis (PDn)
	Thurs 5	Astro (Bf)	Gym (JBI)	Tennis (Ct)	Football (Jca, PDn, Cc)		

OCTOBER ½ TERM HOLIDAY

1	Fri 3	Gym (Bf)	Astro (JBI)	Leadership (Ct)	Rugby (Jca, PDn, MGD)		
2	Mon 4	Football (Bf, JBI, Ct)			E Gym Games (JCa)	Fitness (Su)	Astro (PDn)
	Tues 1	Football (Bf, JBI, Ct)			E Gym Games (JCa)	Fitness (Su)	Astro (PDn)
	Thurs 5	Gym (Bf)	Astro (JBI)	Leadership (Ct)	Rugby (Jca, PDn, Cc)		

CHRISTMAS HOLIDAY

1	Fri 3	Couch to 5k (Bf)	E Gym Games (JBI)	Fitness (Ct)	Couch to 5k (Jca)	Leadership (MGd)	Couch to 5k (PDn)
2	Mon 4	Rugby (Bf, JBI, Ct)			Gym (JCa)	Astro (Su)	Leadership (PDn)
	Tues 1	Rugby (Bf, JBI, Ct)			Gym (JCa)	Astro (Su)	Leadership (PDn)
	Thurs 5	Couch to 5k (Bf)	E Gym Games (JBI)	Fitness (Ct)	Couch to 5k (Jca)	Leadership (Cc)	Couch to 5k (PDn)

FEBRUARY ½ TERM HOLIDAY

1	Fri 3	Leadership (Bf)	Fitness (JBI)	Gym (Ct)	Leadership (JCa)	Couch to 5k (MGd)	Fitness (PDn)
2	Mon 4	Fitness (Bf)	Leadership (JBI)	Couch to 5k (Ct)	Astro (JCa)	E Gym Games (Su)	Gym (PDn)
	Tues 1	Fitness (Bf)	Leadership (JBI)	Couch to 5k (Ct)	Astro (JCa)	E Gym Games (Su)	Gym (PDn)
	Thurs 5	Leadership (Bf)	Fitness (JBI)	Gym (Ct)	Leadership (JCa)	Couch to 5k (Cc)	Fitness (PDn)

EASTER HOLIDAY

1	Fri 3	Athletics (Bf, JBI, Ct)			Striking & Fielding (Jca, PDn, MGD)		
2	Mon 4	Tennis (Bf)	Tennis (JBI)	E Gym Games (Ct)	Athletics (Jca, PDn, Su)		
	Tues 1	Tennis (Bf)	Tennis (JBI)	E Gym Games (Ct)	Athletics (Jca, PDn, Su)		
	Thurs 5	Athletics (Bf, JBI, Ct)			Striking & Fielding (Jca, PDn, Cc)		

MAY ½ TERM HOLIDAY

1	Fri 3	Striking & Fielding (Bf, JBI, Ct)			Athletics (Jca, PDn, MGD)		
2	Mon 4	Athletics (Bf, JBI, Ct)			Tennis (JCa)	Tennis (Su)	E Gym Games (PDn)
	Tues 1	Athletics (Bf, JBI, Ct)			Tennis (JCa)	Tennis (Su)	E Gym Games (PDn)
	Thurs 5	Striking & Fielding (Bf, JBI, Ct)			Athletics (Jca, PDn, Cc)		