



More than just A Levels...

On Monday 6th June we delivered an assembly based on achievement, and in planning it, we started to think about how achievement can mean something very different for different people. We reflected on the small, everyday achievements for people suffering from mental health issues, and decided that our assembly and fundraising would be in aid of West Norfolk Mind.

From Tuesday 7th June – Friday 10th June, we hosted a Cyclathon in our 6th form social area, and took it in turns to ride the bikes during our free periods. We challenged our teachers and friends to have a go too, to see how far we could 'travel' in a week. By the end of Friday and through combined efforts, we cycled an incredible 372.2 miles.

We wanted to do something that would reflect the endurance of people suffering from mental health issues, as so often they have to be extremely brave and resilient, challenging themselves to do the things we take for granted.

To finish the week off, we hosted a BBQ for 6th form students and staff outdoors in the sunshine on Friday lunchtime, with all proceeds going to West Norfolk Mind, too.

In total, we have raised £178.90 and sincerely hope it will help the charity to continue providing vital mental health services in and around West Norfolk.
Miss C. Webb & 12-09



FUTURE'S DAY

Thursday 16th June marked the return of Futures Day, an event aimed at highlighting the range of opportunities available to our Sixth Students upon completion of their A Levels. The day started with a talk from a number of ex-Springwood students who outlined their current career and the different routes they took to enter them. Then it was on to the Employers Fair where students had the opportunity to speak to a range of employers from accountants to estate agents, the armed services to radiologists, primary schools to the insurance brokers, surveyors to the emergency services and many more besides. A number of past students including those who had presented earlier were also available for in depth discussions. During this hour long session students were able to ask questions about the qualifications required for different roles, speak to professionals about their experience of their role allowing them to gain a better understanding of the different roles available and the routes that can be taken to enter them. A number of local universities including Cambridge University, Bishop Grosseteste University, University of East Anglia, Lincoln University and University Campus Suffolk were also represented. Having been able to speak to employers about the possibilities of apprenticeships, students then received a talk from Carly from 3AAA apprenticeships who discussed the benefits of undertaking Higher Level Apprenticeships and how to access them.

After lunch students spent went on to hear about gap year opportunities from Flora who represented Project Trust, a gap year organisation which provides placements in teaching, social care and outward bounds in South America, Africa and Asia

The final session of the day, presented by Rebekah from UEA, focussed on applying for university through UCAS. This talk opened students' eyes to the sheer number of degree choices available to them (37,000!) and provided a brilliant starting point for our UCAS Super Learning Day on 8th July.



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EU REFERENDUM 23 JUNE 2016

Springwood Sixth Form would like to declare its results in the referendum on Britain's membership of the EU. Voting has taken place throughout the day and students attended tutor time sessions devoted to the topic. The Director of Sixth Form, Mr Pettitt, organised the event as a way of promoting the core British value; democracy.

The results are as follows:

Remain - 67
Leave - 15
Spoilt - 3

Turnout was recorded at 56% of students who had the chance to vote.



EXTENDED PROJECT

The Extended Project at Springwood VI Form is an entirely independent project started at the end of Year 12 and finished by January in Year 13. The project requires students to plan, undertake and evaluate a project of their choice. This may be a mini dissertation, an artefact, a performance or a report. The students work independently alongside a mentor who will support and guide them in completing their project.

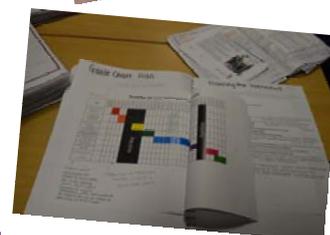
The Extended Project aims to inspire, enthuse and motivate students by giving them the freedom to do a project on a subject they're studying or in an area of personal interest. It's a stand-alone qualification that is worth up to 70 UCAS points – equivalent to an AS Level. It can also be taken as a component of an academic or vocational programme. As students have the freedom to select their subject, it can support their practical, work-related approach to learning or be an extension of their A Level studies.

The Extended Project offers a range of exciting opportunities for your students:

It provides them with the skills that higher education is looking for, by encouraging independent study, critical thinking and teamwork.

It may also be useful when they're applying for university to help them 'stand out from the crowd'.

It gives students flexibility and choice in the selection of their project topic, how they tailor it to fit their individual needs and how they present the final outcome.





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ALTERNATIVE AMBITIONS STUDENTS VISIT NORFOLK SKILLS AND CAREERS FESTIVAL



The Alternative Ambitions students (those who do not wish to attend university) at the Sixth Form visited the Norfolk Skills and Careers Festival at the Norfolk Showground on 9th March. This event included a range of exhibitors showcasing apprenticeships, work skills and career opportunities. Students received packs on careers including childcare, business administration and a hospitality career. There was the chance to visit stalls about job application advice while some students gave out their CVs to showcasing companies.

FORTNIGHTLY STUDENT COUNCIL MEETINGS



The Council was principally established to provide students with a form of representation. Its main purpose is to act as a bridge between the students and senior management. It also gives students the opportunity to improve their Sixth Form according to their own preferences. The Council itself consists of both Year 12 and 13 with a representative from each form. There are elections held at the start of every year to decide a form representative. The Council then holds internal elections to decide Chair and Vice Chair along with other Sub Committees.

There are many achievements the council are proud of including securing facilities & funding for the Sixth Form, contributing to the school magazine, hosting a plethora of events around Sixth Form, being student ambassadors and adding to display boards. There are also working progresses such as establishing a recycling programme, founding a Dining Society and create a Mentoring System where Year 13 provide support and advice for Year 12.



PROM

Year 13 celebrating the end of their exams at the Duke's Head on Friday 24 June. Over 120 people attended.



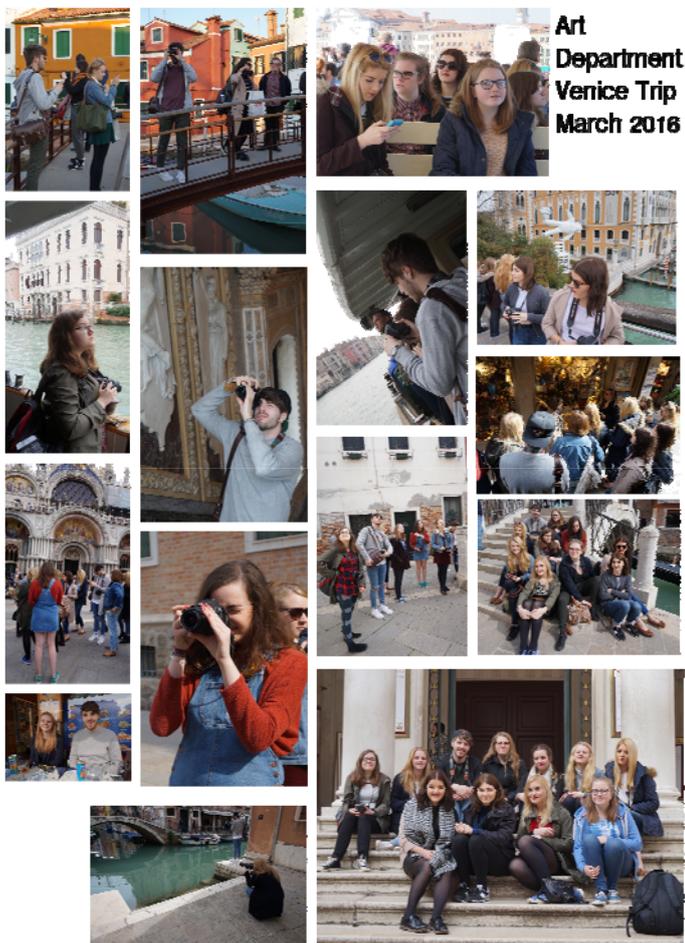
VOLUNTEERING

On the first day of life as a year 12 students attend our Sixth form Volunteering Fair where we play host to a range of voluntary organisations ranging from local and national charities and organisations to local primary schools and faculties within the school. Students are encouraged to sign up to volunteer for one (or more if they wish) organisation, donating at least one hour of their time a week for the duration of the academic year.



ENRICHMENT

Enrichment occurs after October half term and runs until the end of May. Students choose an activity provided by a staff to undertake in their non-contact periods, lunchtimes or after school, these have included playing Bridge or Chess, archery, partaking in debates surrounding social inequalities or a fitness class and acting as a teaching assistant in lower school or primary school classes.





SIXTH FORM HAVE FUN



The Sixth Form Social Committee organised a Spring Fling at Lynnsport on Friday 18th March 2016.

FIRST AID

Alternative ambitions students took part in a day long first aid course in order to boost their cvs to be fully first aid trained when they go into the world of work.



POETRY BY HEART

POETRY BY
HEART

On 6 February, Maya Engledow, our Year 12 student, became a winner, and Rosie Goodman, another Year 12 student from Springwood High School, became a runner-up in the county phase of the Poetry by Heart competition.

All judges praised both girls for their outstanding achievement; they were "deeply moved by their enthusiasm and commitment; the choice of poems and impressed by their outstanding performances".



LUNCHTIME LECTURES BY AMBASSADORS

FROM UEA

Psychology Medicine American Studies Law Natural Sciences Nursing Teaching

Computing Maths English Literature

ALTERNATIVE AMBITIONS GUEST SPEAKERS

3aaa Apprenticeships

BMW (Sales Apprentice/ Executive) Hospital Project Administration Apprenticeship

Accountancy Apprenticeship



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DESIGN & TECHNOLOGY FASHION COMPETITION



A competition is being held for students to design a 1950's style dress. The winning student will see their design made by Miss Markwell the BTEC Fashion Teacher. The dress will be showcased at the 2016 Summer Fashion Show. The winner will have the opportunity to model the dress if they wish. Competition open to all year groups. If you are interested in entering the competition please see Miss Markwell for details in the D&T department.

GUEST SPEAKERS



Law—Former student Rosie Hill



Psychologist Martin Burden



Boxer—John Thaxton



Former student Ashley Weirich from Santander



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PANCAKE RACE FOR CHARITY

Mr. Merritt and members of the Interact Club organised the Annual Pancake Race. The races were contested by four teams:

El Chefe (Year 13), Rumbold's Racers (Year 12), Scooby Doos (Maths Faculty) and Sixth Form Wonders (Sixth Form Management). El Chefe won the Students' Title and Scooby Doos won the staff Title. We then had the Grand Final in which the Scooby Doos won the day and were awarded the Golden Frying Pan.

El Chefe were a very popular winner of the Fancy Dress and were awarded the Fancy Dress Frying Pan.

A great time was had by all, with many students cheering on the competitors. There was a collection by the Interact Club in aid of Cancer Research UK.



GREAT BRITISH BAKE-OFF



The Sixth Form Social Committee have been getting into the Great British 'Bake Off' spirit. Students and staff entered a bake off competition where each applicant designed and made a cake to fit the brief of a 'typical British tea party.' We had cakes varying from the traditional Victoria sponge, carrot cake, lemon drizzle coffee & walnut and red velvet cake, to some more unusual masterpieces such as the 'Oreo Smash' cake. Many competition entrants decorated their cakes; some with crowns, sheep and butterflies. The winner was Alesha Jones who baked a 'British Masterpiece' including a Victoria sponge decorated with a Great Britain flag, accompanied with carrot cake filled tea cups, mini flags and bunting. The Sixth Form raised £85 with money being donated to Cancer Research and the Sixth Form Prom. Thanks to the Bank House Hotel who donated a Afternoon Tea Voucher for 2.



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Achieving outstanding A Level results gave a King's Lynn teenager, Sam Sanders, more than just a bright future. It also meant he had the opportunity to meet the Queen. Sam 18, of Lynn's Springwood High School was invited to Sandringham on Sunday 3 January to be presented with the Queens prize, with a signed copy of The Complete Works of William Shakespeare. Sam, who was joined by proud mum Allison Sanders, and headteacher Andy Johnson, said he spent around 15 minutes chatting to the Queen. He said "we talked about Oxford, my college, and my course". Sam is studying Philosophy, Politics and Economics at Lady Margaret Hall, Oxford University. "She was very relaxed and made me feel very welcome". "She was very easy to talk to, the conversation flowed smoothly".

Mrs Cuss (Assistant Director of Sixth Form) said "We are so proud of Sam here at Springwood Sixth Form, he worked continuously hard throughout his studies and he is an inspiration to other local students." Sam is pictured outside the Sandringham gates with the Queen's prize.



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Another year and another fantastic effort from the staff and students involved in this year's Kinetic Theatre production....or should we say productions. After the huge amount of interest and attendance to the auditions in September, we felt we had no choice but to put on two productions this year to enable more students from across Springwood to be involved.

From Years 7-13, we had Rats and Beasts galore working hard to develop their roles, learn lines and create costumes with close guidance and support from Mrs Dixon and Mrs Spooner. It was a pleasure to have so many new pupils in Year 7 being involved; showing dedication and commitment to the rehearsals from the start.

