



November 2014

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SPRINGWOOD REMEMBERS

1914 –2014







remembrance@springwood

YEAR 7 AND 8

Year 7 and 8 in History made poppies to remember the fallen in the Great War. 500 poppies in total were created to mark the centenary of the WWI. Each pupil wrote a small message on their poppy and placed it around the flag pole for the remembrance ceremony held on the 11th day on the 11th month on the 11th hour.

Jaymee Hooke SD02

We remember the soldiers that died in the war and it shows the amount of blood that was shed and how much people care.



The poppies are important because it remembers the WWI and WWII and it affects me because some of the soldiers were as young as 13. It made me feel sad because they fought for our country and died young.

Oscar Hussmann SD04

It was important to listen too because it shows how we respected all the soldiers who had died in the war. In the 2 minutes silence we had to remember all the ones who had fallen to save our country.

Ryan Taylor SD08

It is important to remember fallen soldiers because they fought for our country to protect us, the least we can do is remember them. By buying a poppy we are raising money for charity which will help injured soldiers and their families which have been affected by war.

Jenisa Jose SD08

We made our own poppies, writing our own message for all the soldiers who fought for us in the war. Then on the 11th November we went to the flag pole and planted our poppies on a net that was laid in the ground. Also we did a minute silence, this was so that we could think of the soldiers who were willing to lose their lives for us. Poppies are used to represent the war because in the battlefields poppies started to grow that is why poppies are used to remember those who fought for us.



rememberance@springwood



FROM THE BEGINNING TO END

Huddled together in the bunker below Away from the carnage above in the snow Where rivers of blood turn white into red, And men lie in trenches - both the living and the dead.

Our heartbeats quickens as the bombing draws near The darkness encroaching veiled all our fears The sorrow that we may not see again the light of day Or hear the laughter of our children at play.

We reached for our gas masks, the preserver of life And with bayonets attached - some would die by the knife Leaving the safety of the concrete room To remove our comrades from their mud filled tomb.

Out over the top as the whistle blew Through the land of the fallen of whom we all knew Desperately searching for survivors - any flicker of life Who against all the odds had survived the Hun's knife?

And there they lay, all mangled and torn My brothers in arms, their faces forlorn Their eyes without hope, their souls full of fear Clinging to the world that they hold so dear "I'm with you now, this is not the end"

I am here to administer and here to tend If this is the moment your heart falls asleep Rest assured your life is a memory I'll always keep.

"Don't give up" I whispered
"You are on your way home"
To those who love you, whose fears are unknown
Our stretchers weigh heavy, but our hearts are light
When we think of the homecoming that will end their long
fight.

With wounds full of shrapnel, they struggle to stand But at last they were safe and not in no man's land The place of destruction, of mud and of sand Where futures are all lost and life becomes banned.

Disfigured and Burnt - the shell of a man
Who stands before me because he can
"Will my children know me" I hear him cry
As the tears flood his face . . . but then become dry . . .

When footsteps begin to walk his way Across the room where he spends his day "Daddy, my Daddy" the children cry "My darling, your home now
There'll be no more goodbyes".





year7visit@springwood



Springwood students remember the past!



Springwood High School students visited the First World War battle-fields, to mark the 100 year anniversary of the start of the First World War 100 Year 7 pupils from Sandringham and Felbrigg Houses have visited the battlefields and cemeteries around Ypres in Belgium before paying their respects at an evening remembrance ceremony at the Menin Gate.

This important centenary event included visiting the concrete bunkers at Essex Farm where the famous war poet John McCrae wrote 'In Flanders Fields the poppies blow, between the crosses, row on row".





Students then explored the British trenches at Sanctuary Wood and the more adventurous discovered the dugouts where soldiers would seek shelter and protection from the incessant shell fire on the frontline. (click here for more images)



The contrast between the largest Commonwealth War grave cemetery at Tyne Cot where the grave stones are neatly set out like soldiers on parade and the German cemetery at Langemark where 24,916 German soldiers are buried in a mass grave caused plenty of questions from our students.



On our return students have continued learning about this historical event and every student has produced a remembrance poppy that was placed at the foot of the school flagpole during the two minutes silence on November 11th. Three further trips are planned in the New Year to enable every pupil in Year 7 to be a part of this important event in European history.

Leanne Joardar -SD05 I thought that the Belgium trip was really heart breaking when we saw the cemetery as so many people had died in the horrific battles. Furthermore, when we went to the Menin Gate it was also very heart breaking to see how many people were killed. It is also very shocking to see how many names were all around the walls of the soldiers who were never found. The carver took a lot of time and care with the names. When we came back we had a Remembrance Day ceremony at school which was really good. In addition it showed a great deal of respect to the people who fought in WWI. I found it very interesting to see everybody's writing and thoughts about the soldiers who fought in WWI.

Year 7 thoughts abut the trip:

James Derry SD-05 - When I went to Belgium the atmosphere at the cemetery was very quiet and still because you could see row on row of headstones. We visited the cemetery because it was coming up to 100 year anniversary of WWI being declared, all of the graveyard contained lost soldiers.

Vivikth Sannakki FB08 - In Belgium we went to see the fallen soldiers and the horrible and dirty trenches the poor soldiers had to walk and run through. We went to see the largest cemetery in Europe which had about 11,000. We also went to see all the fallen soldiers of the enemies army. Our soldiers had a single grave for each person and the German cemetery had a huge grave with thousands of soldiers in it. On day two we went on a boat ride and a massive chocolate factory and found out facts on how chocolate is found and made. Belgium was the best interesting and fun.

Martha Dickson SD-08 - It was mind blowing to see how many people died just on our side. The youngest person we found in one of the cemeteries was 14 years old. I also found out all the names on the Menin gate were the people they never found the bodies for. If the youngest person was 14 that is like my brother going to fight.



achievement@springwood

BLICKLING BRUNCH



Congratulations to our Blickling Stars this term. Nominated by their Form Tutors for hard work commitment, helpfulness and generally all round fabulous students. This was celebrated in the usual Blickling way with Bacon Rolls and Hot Chocolate. Well done to all and keep up the hard work!!!



HOLKHAM CAKE AND SHAKE

Holkham Harlequin Year 7 students on the road to success

These Year 7 students gained an Average ATL grading on their recent report of 1. To celebrate this great achievement they had milkshake and cakes in Holkham Office during a break-time, and lots and lots of praise!!

Rhiann Griffiths, Holly Clark and Ella Farnsworth pictured with Mrs Penny.



SANDRINGHAM ATL 1's



Congratulations to Rachel Ampormah SD-05 (Year 9) and Kaveeta Malhi SD-04-(Year 10) for having a full set of ATL 1s. They had tea and cake with Mr Johnson in his office. Mrs Willett, Sandringham House Manager and Mr Scoles joined them in their celebration.

CAKES FOR ACHIEVEMENT





Big congratulations to the Achievement Support Room pupils for working incredibly hard in the first half term. 7ab and 7cd have also been working on their team work skills and each time a pupil has been helpful towards another pupil, the whole class has been rewarded by having a marble added to our famous ASR marble jar! Both classes managed to get to 200 marbles just after the half term, with 7cd reaching the target just slightly before 7ab. A valiant effort by both classes however and all pupils were treated to milkshakes and cakes as their reward. Keep up the hard work and fantastic team work skills! Mrs Barrett



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TOP TEN ACHIEVEMENT POINTS

	YEAR 7				
1	Abigail Simms	SD-08	75		
2	Holly Clark	HK-02	70		
3	Evelyn Perryman	OX-05	65		
4	Miriam Massawi	SD-06	64		
5	Luis Alves	FB-03	63		
=6	Miriam Campbell	SD-02	61		
=6	Charlotte Gallivan	FB-04	61		
=6	Megan O'Dell	SD-02	61		
=6	James Wild	SD-06	61		
=10	Leanne Joardar	SD-05	60		
=10	Lara-Grace Mount	FB-04	60		

	YEAR 9					
1	Rachel Ampomah	SD-05	79			
2	Adam White	SD-07	58			
3	Karen Silva	SD-06	55			
=4	Caitlin Bugg	SD-02	54			
=4	Georgina Bunting	HK-01	54			
=4	Molly Paffett	BG-08	54			
=5	Joanna Hamerlinska	BG-07	53			
=5	Lucy Harrington	SD-04	53			
=5	Saffron Kirkpatrick	BG-04	53			
=10	Justine Carter	BG-01	52			
=10	Lucy Girdlestone	HK-01	52			

	VEAD 11					
	YEAR 11					
1	Luke Winner	SD-10	57			
2	Hannah Gordon	BG-10	55			
3	Ellen Blatch	OX-09	53			
=4	Jose Alves	FB-09	51			
=4	Luca Devanche Drew	FB-09	51			
=4	Jack Goldsmith	HK-09	51			
=4	Olivia Mckenzie	HK-10	51			
=4	Gintare Savickaite	SD-10	51			
=4	Jack Scotney	FB-10	51			
=4	Connor Thomas	BG-10	51			



YEAR 8				
1	Erin Williamson	FB-03	70	
2	Archisha Tripurneni	HK-08	69	
3	Jacob Isle	SD-06	68	
4	Holly Rowe	HK-05	66	
5	Harriet Tuck	SD-07	65	
=6	Hollie Anderson	FB-05	63	
=6	Luke Fisher	BG-07	63	
=6	Nimmy Joseph	FB-03	63	
=6	Malu Nair	FB-02	63	
=10	Jenisa Jose	SD-08	62	
=10	Jewel Joshy	BG-01	62	
=10	Joseph Pembery	HK-08	62	





YEAR 10				
1	Kaveeta Malhi	SD-04	69	
2	Princess Woods	SD-01	54	
=3	Megan Byatt	OX-01	53	
=3	Anam Khatri	BG-07	53	
=3	Sam Mount	FB-06	53	
=6	Louisa Claxton	FB-06	52	
=6	Lara Sharpin	FB-03	52	
=8	Georgia Dawson	FB-07	51	
=8	Milly Griffin	FB-06	51	
=8	Holly Herbert	FB-08	51	







expeditions@springwood

If you missed the meeting below and are interested please see Mr Feaviour





SPRINGWOOD HIGH SCHOOL

TANZANIA SCUBA 2016 Expedition

Find out more about this amazing opportunity on

WEDNESDAY 19TH NOVEMBER

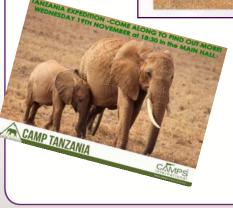
Come along to our parents presentation meeting at

18:30

in the

MAIN HALL











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CARERS ADVICE MINIBUS

West Norfolk Carers supports unpaid family carers of all ages. We now have a chance to win a £50,000 Lottery prize as part of the ITV People's Millions competition. We would use the Lottery money to buy, equip and run a CARERS ADVICE MINIBUS, which can outreach into rural West Norfolk – enabling more family carers of all ages to access our services and the support they need.

On Monday 24th November between 6 - 6.30pm the work of West Norfolk Carers will feature on ITV Anglia East as part of the Lottery's People's Millions.

Please do watch. We need your help to win, by phoning in and voting for us.



YOU WILL BE ABLE TO VOTE FOR WEST NORFOLK CARERS Between 9AM — 12 Midnight on 24th November Only.

"Advice services and activities will be affored from the minibus to carers – and we estimate that an extra 800 carers will benefit in the first year. There is no other similar resource to this in the area. It will be unique.

The Carers Advice minibus will be used to reach out to all carers of all ages. For examples, those living on isolated estates in King's Lynn, Thefford, Hunstanton, Swaffham and in very rural locations and villages right across West Norfolk.

We need your help to make this happen."

Marion Coleman, Chair, Board of Trustees



For more information...
www.westnorfolkcarers.org.uk

Produced by www.egconsulting.co.uk



sixthform@springwood



Dukes Head Kings Lynn 13th February 2015 8pm until late Dress Code Smart Casual

LIVE BAND * DJ * BALLROOM* BAR

BUY TICKETS FROM THE SCHOOL SHOP BEFORE THE 19TH DECEMBER

MATHS CHALLENGE



The results are in for this years UKMT Senior Maths Challenge and we've had a record number of certificate winners in the sixth form. Particularly well done to Toby Hoare, Nathan Wells, Matthew Tuttle and James Hawes who will go on to participate in the next round on the 28th November.

Springwood also sent a team consisting of Regina Legarte, Toby Hoare, Alex Russell and Sam Sanders to City of Norwich School to compete in this years team challenge. The team had an excellent "cross number round" but were unfortunately beaten in the relay. To start your training for next years challenge visit http://www.ukmt.org.uk/individual-competitions/senior-challenge/.



awards@springwood

GCSE PRESENTATION EVENING



Pictured above is the Class of 2014 with Mr Roger Livesey (Chair of Governors), Mr Adam Newstead (KLFM) (Guest of Honour) and Mr Johnson (Headteacher) before they were presented with their GCSE certificates and Awards.

The first Jessica-Mae Prior award was presented to Shelby Powell for Inspirational Courage. (Shelby with Mr Newstead pictured right)

Shelby is in Year 11 and over the past few months has had to have two major operations, this has not stopped her from her studies for her GCSE. She even spends time within school fundraising for Childrens Charities.





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ART

BUSINESS and ECONOMICS

BTEC BUSINESS

BTEC LEISURE & TOURISM

CONSTRUCTION

DANCE

DRAMA

ENGLISH LANGUAGE

ENGLISH LITERATURE

FRENCH

GEOGRAPHY

GERMAN

HAIR & BEAUTY

HEALTH AND SOCIAL CARE

HISTORY

ICT - NATIONALS

ICT - GCSE

MATHEMATICS

MUSIC GCSE

MUSIC BTEC

PERFORMING ARTS

PHYSICAL EDUCATION

RELIGIOUS EDUCATION

CORE

OCR NATIONAL

ADDITIONAL

BIOLOGY

CHEMISTRY

PHYSICS

SPANISH

SCIENCE

SOCIOLOGY

TECHNOLOGY

PUBLIC SERVICES

BLICKLING HOUSE

HOLKHAM HOUSE

OXBURGH HOUSE

SANDRINGHAM HOUSE

FELBRIGG HOUSE

AWARD FOR BEST ACADEMIC RESULTS

MOST IMPROVED STUDENT OVER KS4

ATTENDANCE PRIZE

JESSIKA - MAE PRIOR SHIELD (For Inspirational Courage)

Charley Crane

Amelia Hicks

Jessica Loft

Maddie Tunmore

Joe Greeves

Olivia Grant

Alice Bliss

Charlotte Wilson

Ashley Ward

Charlotte Wilson

Nathan Wells

Cerys Clarke

Kayleigh Jackson

Anna Wright

Josh Claxton

Emily Morphus

Amelia Hicks

Alexx Mitchell

Regina Legarte

Chloe Lambourne

Charley Crane

Ali Venner

Amber Miguel

John Nwaneri

Brad Williams

- -

Brett Cossey

Nathan Winner

Lucy McEvoy

Toby Hoare

TODY HOATE

Regina Legarte

Sarah Carpio

Sarah Evans

Estelle Smith

Regina Legarte

Andrea Chua

Tyler Zipfell

Katie Beck

Jack Massingham

Charlotte Wilson

Jack Massingham

Jordan Peacock

James Calvert

Thomas Howard



internationalism@springwood

THE GERMAN TRIP 2014 By Megan Liscsey

Our day started bright and early on Monday 21st July 2014 we were going on the German trip. We had to be at school at 5.30 am ready to leave in a coach. It took a long time for us to get on the bus and a few people were late. Once we were on the bus our long journey began. It was 4 hours before we finally got to Dover. The ferry journey was really good and as we left the harbour we could see The White Cliffs of Dover. On the ferry there were shops and food places. The seats near the window were the best. The ferry crossing was about two hours. Once we were back on the bus most people were wide awake because they had already slept but others were still asleep. We went through France, Belgium and Germany in the same day. We stayed in a Youth Hostel in Cologne. There were four to a room. The rooms were quite big and we were all on the same floor. We got there about 7.00 pm German time. Once we were in our rooms and had unpacked we ate our food and then went for a walk around. We went to a park and walked around a lake. By the time we got back it was 9.45 pm and lights out was at 10.00pm we were told to shower and get into our bed. We had bunk beds in our room.

We were up at 6.00 am the next morning. We had to be in breakfast by 6.30am. At breakfast we were told that we were going to go on the chair lift, onto the Chocolate Museum and to visit Koln Cathedral. After that on a boat ride and later on that evening we were going bowling. So we all got ready and waited in Reception for our bus. When it got there we all got on and went to the Chair Lift, the view was fantastic and we got to go over the river Rhein. When we were on the other side we went for a walk in the park it was very nice. On the way back the wind picked up so it was rocking the cart, it was quite fun. Then we got in the



bus and went to Chocolate Museum. When we got there we got into groups and were let in. There were lots of interesting facts there about how chocolate was



made in the olden days and how it's made now. There was a chocolate fountain upstairs and we got to try some of the chocolate that came out of it. Once you had finished in the Museum there was lots of chocolate to buy and a gift shop outside. Once we had finished we all walked back to the bus and were dropped off near a McDonalds where we ate lunch. After that we were taken to the Cathedral. It was massive. First of all we walked around the shops and learnt about it. Then we were asked if we wanted to go up the cathedral. Most people said yes because it was going to be fun. There were 500 steps in total (the way up and down) it was amazing and tiring. When you were at the top the view was incredible. Once we had walked all the way back down most people were tired. Then we got drinks. The people who didn't go up the Cathedral went and looked around the shops. Then we went on a relaxing boat ride which took about 20





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THE GERMAN TRIP 2014 continued By Megan Liscsey

minutes. It was lovely because you could sit on the top of the boat which was outside or inside the boat where it was warm. The view from the top was nice. Once we were off the boat we went back to the hostel. We ate dinner and then at 8:00pm we went bowling. It was very exciting. Everyone had a great time. There were six people per lane. All the teachers were together. Once we had played two games we went back to the hostel. Everyone showered and were soon asleep.

We were awake at 5.30 am on the last day of our trip because this was the day we go to the biggest theme park in Europe (Phantasialand). We were eating by 6.00 am and ready by 7.00 am it took us an hour to get there. We got the 15 minutes before the park opened and were given our tickets and food passes. When we got in there was so much to do and we only have 6 hours to do everything. The most



popular rides were Black Mamba, which is the fastest ride in Europe with ten loops and it goes upside down but it was over to quick, there is also Chiapas which is a log flume with a massive dip at the end you got soaked. Adding to that there was the Colorado Adventure which is a train which goes really fast and is pitch black half the time and twists and turns at every corner everyone loved it, there was the Mystery Castle which you have a scary story told to you, you walk through the haunted castle and meet all of these scary characters. Then you are strapped into this seat and you were shot up into the air and you could see the little light of the floor. There was really nice food in every place. There were five different parts of Phantasia: Fantasy-for Younger Children, Deep In Africa-for the Adults and Teenagers, Berlin-Everyone, Mexico-Teenagers and Adults that like rides, Mysteryfor Everyone and China Town-for Food lovers.

Once we had finished in Phantasialand we got back on the bus for the long journey. We stopped in Belgium then went straight to Calais. Where we got checked by passport control and we were all woken up and had to get off the bus. It was freezing cold. Once that was done we got in the boat. On the way back it was a not so nice journey, because the waves were bigger. Then we got some food and then we were back on the bus. Everyone went to sleep. Then at 4.30pm we were back at school. What a trip!

LANGUAGE MENTORS



Hi, I'm Dahbia, I am the French Language Assistant . After travelling to Germany, Luxemburg and spending some time in Paris, I am back for a second year where I will be mostly working with the Year 13, 12, 11 and 10 students.

My name is Denise Klawikowski and I'm from a village in Thuringia, quite in the middle of Germany. I've studied English and Biology to become a teacher. For the next eight months, I'll be here as a German Teaching Assistant.



CHINESE LESSONS FOR YEARS 7, 8, and 9 Chinese language lessons for beginners every Thursday in F7 from 3.25-4.25. All welcome



charity@springwood

Year 13 Business Class's Donation to Charity

On Tuesday 22nd July 2014, the Year 12-13 Business class ran the Year 12 celebration day. This day was not only to celebrate the end of Year 12, and for our coursework, but was also to raise money for charity. The day itself included many fun stalls and activities such as a henna tattoo stall, various inflatables such as a bouncy castle and bungee run, and live entertainment. All this was complemented by a BBQ, and small snacks on sale all day.

The celebration day ended up being a big success with everyone attended saying they had fun and had a great day! The feedback was overwhelmingly positive! After the event, totalling up all the money that we had raised and paying off any excess costs left us with a total profit of £564.46. After much delegation on how to split the money, it was decided to split the money between two charities, and the prom fund. The charities Red Wellies and Scotty's Little Soldiers were chosen between the groups for many reasons, such as because they were both local charities.

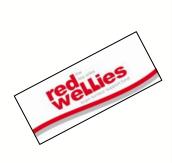
"I think the day was a huge success and I am happy that we have raised a large sum of money for both of our charities" – Tasarla Hegarty

The money was split as follows: £150 to Red Wellies

"Red wellies is a charity dedicated to raising funds for the continuing research of Glioblastoma Multiforme (GBM).

When new treatments that prolong the life of a GBM sufferer are discovered, and when an eventual cure is found, we intend to help fund, not only research, but the widespread use of this treatment/cure."

Website quote of what Red Wellies charity represent.







£150 to Scotty's Little Soldiers

"Scotty's Little Soldiers is dedicated to supporting the children of men and women killed while serving in the British Armed Forces.

The charity provides Christmas and birthday gifts, treats, trips and activities for the families of the fallen as well as enabling them to use the charity holiday lodges."

Website quote of what Scotty's Little Soldiers represents.

£264.46 to the Year 13 Prom Fund

On Friday 14th November, we invited both charities, and the Lynn News, into school to formally donate our proceeds. Both charities were extremely grateful for our donation, and we are very grateful to have been able to work with them. We would like to say thank you to all the students and staff who supported us through our initial fundraising and on the day. A massive thank you to Miss Russell, Mr Holmes and Miss Scarffe for helping us throughout it all, as well as the Canteen staff and Caretaking team, as without them, the celebration day would not have been possible!

George Sabourin



visits@springwood

TOP OF THE BENCH

Springwood's Chemistry department was recently given the opportunity to compete in the "Top of the Bench" chemistry competition hosted by Briar Chemicals in Norwich. This was the second year the school has competed in this competition and the students enjoyed it every bit as much as last year.

The day meant an early start and all four competitors were at school and raring to go before 8am- an improvement on last year when one of our great chemistry minds had to be left behind due to missing his bus!

The day was themed around environmental chemistry and students were given tasks such as deducing where samples of tap water had come from in the UK and growing a crystal garden.

The students worked incredibly hard and although they weren't placed in the competition they had a great day and learned a lot.

The group returned to school just in time for the last bell, even having time to stop for an ice cream, which is becoming a Top of the Bench tradition. Well done to Ruby Platt (Y9), Georgie Bunting (Y9), Joe Vayalil Lawrence (Y10) and Ben Holford (Y11) for taking part!



Georgie and Ruby

Cambridge Visit

At 8.30 in the morning we all gathered at the roundabout, ready for the hour long journey to Cambridge University. We arrived at Cambridge and started on our walk to Gonville and Cauis College. When we got there Springwood and two other schools sat down for a lecture on law, specifically squatters rights. Some of us enjoyed it however, others preferred the next lecture which was on the old English language, because we got to contribute more by actually speaking old English.

After the second lecture we had our lunch which was very kindly provided by the college. We had a giant piece of chicken with a tomato and vegetable sauce, which was delicious. For pudding we had a lemon cake which was coated in custard.

After lunch we had a tour of the college from Cheng, who was a fifth year medical student. We looked round the junior common room, the bar and the library. We also looked around all three courtyards which were overlooked by student accommodation. We all really enjoyed this part of the day.

We finished off with a question and answer session, where we could ask three students anything about the college, their courses and what they did in their spare time.

Overall we all thought this was a great opportunity for us to see what it's like to be a student at Cambridge university and has really inspired us all to work harder so that one day we can all go to a great college like this one.

Many thanks to Miss Russell for taking us all and Mr Evans for driving us there and back.





SLD@springwood











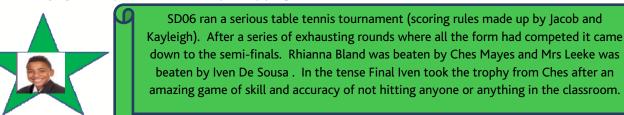
YEAR 10





Inspirational Speaker Alastair Humphreys

SD-06 IN THE NEWS



After a long and competitive half term the winners of the SD06 Quiz time Thursdays were Chloe, Nathan, Linzi, Justin and Josh, well done.— Mrs Leeke and Miss Webster



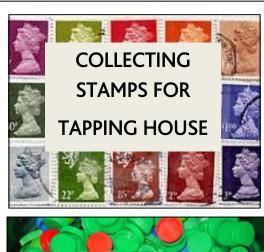
LRC@springwood

The LRC is a collection point for:













people@springwood

GOVERNOR RETIRES





The Governors said a big thank you to Mr David Ferra who has served from 1979 on the PTA as Chairman and also at this time he became a Governor. Also for five years he was Site Manager. Mr Colin Barstard the present Site Manager gave Mr Ferra and the

other Governors a tour of the school. Mr Ferra said back in the '80's and 90's the school only had 15 computers and now there are over 1500!! It just shows you many changes there have been.



PASSING OUT FOR CHRIS

Former student Chris Ward, has just completed phase 1 at Pirbright to become a soldier and a Royal Military Policeman. This phase took 14 weeks. The next stage he will be going onto is phase 2 which is for 24 weeks and on

completion of this phase he will be going off to Kenya for phase 3 for six months.

Chris said, "it was tougher than I thought in every aspect but thoroughly enjoyed the training and on passing out last Friday" He added, "It feels awesome. It was an amazing sense of relief knowing that I had accomplished something that very few people have. It's been my dream to join the army since I was 11, and passing out knowing I had officially become a soldier was a hugely proud moment".



TREE DEDICATION



The School planted a tree in memory of Mrs Carol Broughton who died suddenly in June 2014. Mrs Broughton taught Psychology to the Sixth Form.





sport@springwood

SWIMMING GALA



On Wednesday 12th November, 14 pupils from years 7 – 9 attended the West Norfolk Swimming Gala at St James Swimming Pool. The gala consisted of 5 other schools: Downham, KES, Marshland, Smithdon and St Clements. Four different strokes for each year group /gender were swum over 50m with the finale race being the relay. Well done to the entire squad; all showing great determination, commitment and sporting etiquette.

L-R Joshua Gadsbey HK02, Finlay Gull SD07, Ella Farnsworth HK02, Anjeli Diack SD05, Jacob Isle SD06, Kayleigh Rye SD06, Dulcie Hovell SD02, Kaitlin Taylor HK07, Lara-Grace Mount FB04, James Waite FB03, Abigail Simms SD08, Ryan Howard BG02, Olivia Jeffery OX05, Thomas Hitchcock FB08.

EVENT	Girls		Boys	
Year 7 - 50m Frontcrawl	Lara-Grace Mount	2 nd	James Waite	6 th
Year 7 – 50m Backstroke	Abigail Simms	1 st	Ryan Howard	2 nd
Year 7 – 50m Breastroke	Ella Farnsworth	1 st	James Waite	4 th
Year 7 – 50m Butterfly	Katelin Taylor	1st	Ryan Howard	5 th
Year 7 – 4 x 25m Freestyle Relay	1. James Waite	3 rd	3. Ryan Howard	3 rd
	2. Ella Farnsworth	3 rd	4. Katelin Taylor	3 rd
Year 8 - 50m Frontcrawl	Kayleigh Rye	4 th	Jacob Isle	1 st
Year 8 – 50m Backstroke	Anjeli Diack	3 rd	Jacob Isle	2 nd
Year 8 – 50m Breastroke	Kayleigh Rye	4 th	Finlay Gull	5 th
Year 8 – 50m Butterfly	Anjeli Diack	2 nd	Finlay Gull	5 th
Year 8 – 4 x 25m Freestyle Relay	1. Anjeli Diack	2 nd	3. Finlay Gull	2 nd
	2. Kayleigh Rye	2 nd	4. Jacob Isle	2 nd
Year 9 - 50m Frontcrawl	Dulcie Hovell	3 rd	Josh Gadsbey	5 th
Year 9 – 50m Backstroke	Olivia Jeffery	3 rd	Tom Hitchcock	5 th
Year 9 – 50m Breastroke	Dulcie Hovell	4 th	Tom Hitchcock	4 th
Year 9 – 50m Butterfly	Olivia Jeffery	6 th	Josh Gadsbey	4 th
Year 9 – 4 x 25m Freestyle Relay	1. Josh Gadsbey	6 th	3. Tom Hitchcock	6 th
	2. Dulcie Hovell	6 th	4. Olivia Jeffery	6 th

Overall School results were:

1 st	2 nd	3 rd	4 th	5 th	6 th
Downham	KES	Springwood	Marshland	St Clements	Smithdon
121pts	109pts	98pts	90pts	82pts	64pts

Although Springwood came 3rd overall, there were some fantastic individual performances, in particular Jacob Isle swam a new Personal Best time of 29.4s within his 50m Frontcrawl race. Jacob and 3 girls from year 7, Abigail Simms, Ella Farnsworth and Kaitlin Taylor won their races to proceed to the next competition, the Norfolk Winter School Games at the University of East Anglia on Thursday 5th March. We wish them the best of luck in this next round!



L-R Jacob Isle, Kaitlin Taylor, Abigail Simms, Ella Farnsworth



headteacher@springwood

It was great to read the Sunday Times yesterday to find out that Springwood has made the top 500 Comprehensive schools in the country. This annual list of schools is based upon the percentage of students who gained *A-B grades at A level and *A/A grades at GCSE. It is fantastic that the students and staff have been recognised for all of their hard work. WELL DONE!!!

Our annual Remembrance service was a fitting tribute from the school; many thanks to Mrs Petch, Mrs Jupe and Iain Fraser-Barker (who returned from University especially) for organising our Cadet students. It is great that so many of our students have joined the local Cadet forces. This year, our Year 7 and 8 students produced their very own "poppy field" as a mark of respect.

Our Year 11 students enjoyed an excellent careers fair earlier this term. Many thanks to Mr Bland and Mr Calow for leading this event; I would also like to thank all of the local and national businesses who gave up their time to provide information for our students.



The Year 9 Arts students provided an excellent evening to showcase their work. The feedback from students and parents from this event has been excellent. The Arts team are busy organising a very special new event for the summer - watch this space!!

As you may have seen in the local press, our long standing Governor, David Ferra retired this term. David has been an excellent school Governor and his contribution will be missed. It was great to see so many Trustees, Governors and staff attending a lunch in his honour. I would like to wish David a long and happy retirement.

The Year 11 presentation evening was excellent. It was fantastic to see so many students, parents and staff attending. Adam Newstead from KLFM was an entertaining and inspirational speaker and I would like to thank him for taking time from his busy workload to speak to our students - I am sure the pantomime will go well for him!!!

The winter weather has now arrived. It is great to see our students looking smart (and warm) in their full winter uniform



WEST NORFOLK JUBILEE YOUTH ORCHESTRA CONCERTS



3 December - St John's Church, King's Lynn, 7.30pm

10 December - an informal concert with Junior String Groups in Springwood 6th form area, King's Lynn, 7pm.

For more details go to: http://www.wnjyo.org.uk/