

news@springwood

SPRINGWOOD DO IT AGAIN!!!

Springwood pupils have been getting a taste of the legal system!

Thirteen year 8/9 students have been meeting since January to prepare for an exciting and challenging project; taking on the roles of Lawyers, Witnesses, Magistrates and court staff to prepare for the annual *Magistrates Mock Trial Competition*.



The competition took place at Norwich Magistrates Court on Sat 15th March where our team was up against other schools from the Norfolk and Suffolk area. Each school was given the same specially written case to prepare and this year's trial involved the defendant being accused of 'handling stolen goods' regarding a bike theft.

Although we have been meeting as a team to prepare the trial, on the day of the competition each school is split into 2 teams; Prosecution and Defence. Our defending students were up against Ormiston Academy and had to try and prove the defendant to be guilty of handling stolen goods beyond all reasonable doubt. While in another court room, our prosecution team competed against Sir John Leeman School and managed to get a 'not guilty' verdict! The competition was strong and all teams competed in a live format with their performances judged by Magistrates and legal professionals.

The Springwood students gave an all-round outstanding performance and their hard work paid off when they were announced as the winning team! As the result was read out there were cheers in the court room from our students and the judges who had been scoring them. For the second year running Springwood took the title and came home with the

trophy, which will once again find a worthy place in the school cabinet!

However, the hard work does not stop there, as the next step for the team is to prepare for the regional final in May where we will compete against other schools around the country that also won their local heat.

The competition is a challenging and fulfilling opportunity for the students to improve their public speaking skills and excel in ways that they haven't before. I am extremely proud of their effort and enthusiasm and would like to thank everyone that has supported them with this project.

After Saturday's performance, the only thing that our students could be found guilty of was having a good time!

Miss H Roberts
(Project co-ordinator)

* With special thanks to Magistrates Paul Bland and Graham Howard for their support and advice.

Year 7@springwood

Year 7 Achievement Lunch

The year 7 achievement lunch was the reward for the year 7 pupils who got over 75 achievement points. There was music, food and a huge conga!

The pupils then headed to the sixth form social area and actually saw how many other year sevens there were for the lunch. They finally got into the social area and went in line for food.

They sat down and ate their food which was brilliant because there were pizzas and chocolate éclairs. Then Mr Dawson stopped the music and called out the names of the top ten people with the most achievement points. Then all they got up and started to dance at the front. Then the dancing became a huge conga!

We all had a conga around the school and then onto the field led by Mr Johnson with Mr Singh. We stopped on the field and lined up in our house lines and waited until the bell went for end of the lesson.

All in all the lunch was brilliant, amazing and fun, and a real incentive to get your achievement points. Hopefully the students who didn't go will earn the opportunity to get to go to the next amazing reward.

The year 7 rewards committee are currently deciding on what the students will have to achieve to get the next reward and deciding on what it will be.

A big thank you to Mr Dawson and Mr Johnson and the rest of the staff who made this brilliant event happen from all the year 7s.

By Noah Docking

BG-02, Year 7



achievement@springwood

Awards for Young Heroes

Dedicated, hard-working and community minded young people from West Norfolk were honoured at the [KLFM](#) Young Hero Awards 2013 in December.

Six youngsters received prizes at the Town Hall from members of Norfolk's emergency services and West Norfolk dignitaries.

The event was broadcast live on [KLFM](#), presented by Adam Newstead and Simon Rowe. Matthew Tuttle was nominated among many entries and won the award for Achievement through Secondary Education after receiving outstanding results in his Mathematics GCSE's, receiving an overall score of 98.25%.

Breaking these down he achieved 100%, 99%, 97% and 97%. This was a phenomenal achievement which can only be put down to his hard work and dedication.

At the Springwood Academy GCSE presentation he was awarded prize winner for Mathematics.

In year 10 and 11 he represented his school in the Maths Challenge between the 3 local secondary schools. Both times he came home with the trophy for his year and helped to ensure the school won the overall challenge both times.

He is currently a member of the sixth form at Springwood Academy studying Mathematics, Further Mathematics, Physics and History, hoping to gain further good grades in his A levels to allow him to fulfil his dream of studying Mathematics at Cambridge.

Matthew's award was presented to him by the Vice Lord Lieutenant of Norfolk, the Countess of Romney. (pictured with Matthew).



Blickling Super Stars

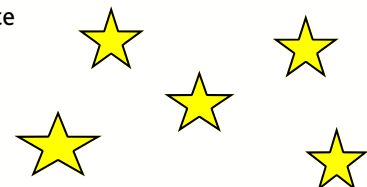


Congratulation to Blickling Students who have been nominated by their teachers for this half-term. Keep up the good work.

Miss J Craig ★

Back row: Mr Wills, Lewis Watson, Zac Robinson, Kyle Fox, Miss Turner

★ ★
Front Row: Chloe Taylor, Tenika Sirju, Rosie Fordham, Anam Khatri, Regina Legarte



atl@springwood

SHAKE & CAKE FOR FELBRIGG FALCONS

Cookie and milkshake celebration for year 11 Felbrigg Falcons. Select year 11 Falcons were recently invited to join Felbrigg staff for celebratory cakes and milkshake due to their incredible hard work in lessons. These select students have truly impressed Felbrigg staff with their focused work ethic and received Academic reports with ATL scores of 1s and 2s without any ATL3s in GCSE subjects. Mrs Curcillo hopes that she will be able to invite more Falcons after the next set of reports to celebrate their success.



Front row left to right: Keeley Howes, Shannon Ramasso, Jasmine Chalke, Charlie Carter, Caitlin Glover, Alanah Moore, Jessica Mountain, Abigail Waters

Back row left to right: Mrs Williams, Dominic Ely, Cameron Webb, Ashley Rees, Jack Massingham, Dylan Reed, Mrs Curcillo

Front left to right: Matas Cibirka, Daniel Pacey, Francisco Aldrich, Jonathan Playford, Brock Townley, Joshua Claxton,

Back: Mrs Curcillo, Emily Mills, Kaylea Williamson, Elizabeth Edward, Lucy Reed, Alicia Venner, Laura Benefer, Ellie Murphy, Sophie Cole and Hannah Ennis.



TEA PARTY FOR HOLKHAM HARLEQUINS



ATL 1's for March

Mickie Appleton, Lauren Carson, Penny Carter, Jennifer Curry, Paris Fodden, Lauren Smith and Jyothis Tom missing from photograph
Bethany Shaw

CONGRATULATIONS TO
HOLKHAM HARLEQUINS



ATL 1's February

Andrea Chua, Emily Morphus, Charlotte Wilson. Missing from photograph: Brett Cossey, Amber Fenn, Lucy Green, Becky Hunt, Ieva Sceponyte, Jenny Scott



ATL 1's for January

Mickie Appleton, Lauren Carson, Penny Carter, Jennifer Curry, Paris Fodden, Zachariah Oglesby, Bethany Shaw, Lauren Smith, Melissa Symonds, Jyothis Tom

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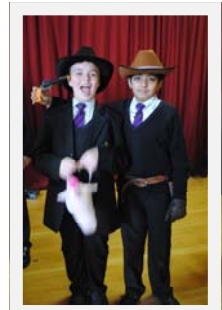
ROMEO AND JULIET

For Year 7, the recent Super Learning Day was an opportunity to develop all of their hard work on the text of 'Romeo and Juliet' into a dramatic interpretation, one which would be performed in the school's Main Hall before their colleagues a few day's later.



Each class was given a six minute slot for the aptly-titled 'Shakespeare Extravaganza.' Just to add an innovative twist to the proceedings, the classes were able to choose a specific genre for their interpretation of Shakespeare's famous play. And so it was that the MSFCH witnessed a succession of Horror, Pirate and Western Romeos and Juliets, all struggling with their 'star-crossed' fate in seemingly unlikely but always surprisingly arresting and entertaining performances.

In a tightly-fought competition, Mr Clark's class carried away 'The English Prize'; an Oscar lookalike that will remain with them until such time as another competition arrives and a new home for it be found. The winners created an engaging, well-paced Western take on this most famous of love stories, complete with tumbleweed and a male lead who answered to the name Romeo the Kid.



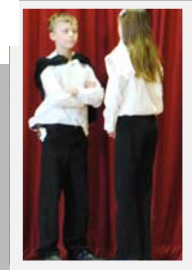
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ROMEO AND JULIET

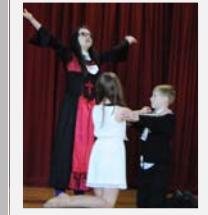


"The rehearsals were great fun" (Bobby-Joe Johnson)

"It was so much fun" (Anna Dallas-Goncalves)



"I liked acting on the stage" (Matthew Starling)



"It was fun! Much better than a normal day." (Kylie Johnson)



"It was good - not as bad as I thought it was going to be" (Max D'Aloia)



"It was fun acting and watching the other people perform their plays." (Edward Aves)

skiing@springwood



Alesha Jones, Tom Norman, Branden Tuttle and Ewan Grummett.

In the ski competition this year there was 4 students from Springwood who participated in this event to represent West Norfolk.

There was a lot of competition in the day, with races being so close that anything could happen. It was a very fun event to take part in and we all enjoyed representing the school! We came in fourth position out of eight, but were very close to coming in third place which was a shame that we didnt! The staff with us were very supportive to us and hopefully next year we will come home with medals!

By Alesha Jones

Cake Sale

Elizabeth Bibb FB-09 and Abi Karramen FB-01 had a cake bake for the West Norfolk Branch of the National Autistic Society and raised £37.40. Well done.



history@springwood

Jack the Ripper London Trip

On the 6th February many students including myself from year 9 and year 11 went to London to learn about current topics we will learn in GCSE History. On the first day in London we visited the operating theatre. This was a real hospital where they would treat clients in the 1800s but has now been converted into a museum. Inside were many tools, medicines and equipment that they used. After we looked round we were taken into another room which was the operating theatre. We were told about how the client would be treated and also hygiene issues such as they would use the same knife to cut off limbs without sterilizing it. This was an issue and was the cause of some diseases.



The next museum we went to was the Florence Nightingale museum. This included everything about Florence and how she improved the medicine industry. We had to find the answers to questions all about Florence Nightingale in a work booklet we were given.

After that everyone had dinner at Planet Hollywood and got back on the bus to go to the Jack the Ripper tour. Our tour started at 7.15pm and ended at 10.15pm. A tour guide went round with us to most of the places where Jack brutally disembowelled his victims. He told us about how the prostitutes were living before they were murdered and how they were killed. The majority of the women had organs missing. The tour was very interesting and very well explained it gave you a more detailed explanation of what happened on the nights of

the murders and made the circumstances and locations more realistic.

In the morning we headed to our last museum the science museum we walked around the medicines area and learnt many different devices used for things like limb removal, childbirth, etc. it was very interesting. This trip was arranged to help pupils learn about topics they will do at GCSE level.

Overall the trip was very good and interesting I had a good time and learnt many things that will benefit me when we do learn about medicines. If this trip happens again in the future I would advise students to go on it because it's not just all about 'boring' museums!

By Cerys Easter SD 05



people@springwood

PAST STUDENT CATCH-UP



Jack Bartram entered the Royal Navy in January 2013, after passing his fitness and extensive training entered into the Submariner's Branch.

Earlier this year, Jack sailed on out on HMS Tireless for its last trip before decommission upon its returns; since being on board Jack has earned and received his Royal Navy dolphins – the unique badge which signifies a qualified submariner.

Maths Challenge... Not a challenge for Springwood

Four of Springwood's brightest mathematicians took on schools from across Norfolk to claim 3rd place in a fiercely fought competition. Georgina Bunting and Jack Tomlinson from year 8 joined up with Emily Carter and Rohan Rastogi from year 9 to make the short journey to the Regional Final of the UKMT Team Maths Challenge held at Nicholas Hamond Academy, Swaffham.

The final pitted a record number of teams against each other with over 20 teams putting their knowledge to the test.

After a shaky start in the first two rounds our team pulled together and put in an astonishing effort to win both the shuttle round and the relay round (who knew mathematicians could run so fast!).

All four students thoroughly enjoyed the day and did Springwood proud to claim 3rd place, losing out to the City of Norwich School in 2nd and the Norwich School for Boys in 1st.

Do you know your pi from your Pythagoras? Who knows, maybe next year you could represent Springwood High School in the Maths Challenge.



LOST PROPERTY

The photograph to the right shows lost property accumulated since Christmas. Out of all of this only four items were actually labelled and so they were returned to their owners.

A parent call went out to years 7-9 and a few parents came in and claimed articles.

The items left over will go to Charity. **Please name your items**



uniform@springwood

Summer Uniform (from 24th March)

Long or short sleeved formal white shirt (stiff collared, buttoned to collar and tucked in).

A "clip-on" school tie (in House colour). Any other tie i.e. sport ties may only be worn for fixtures.

A school blazer; pupils may remove their blazer when told to do so by the teacher, or in hot weather; the blazer must be carried by the student over their arm if removed.

School jumpers can be worn but are not compulsory.

Full length black tailored school trousers with black socks – no jeans, leggings or skinny fit style trousers.

Girls may wear a SHS Skirt with plain black tights or black socks (no over the knee socks, footless tights or leggings) as an alternative to tailored black trousers. The skirts must be worn at the correct length.

Plain flat black leather (leather-like) full shoes which cover the whole foot: no boots, sandals or trainers will be allowed. Shoes need to be sound and safe to wear in a variety of school environments.

If a belt needs to be worn (through belt loops), it must be plain black without motifs, embellishments or decoration.

No hooded sweatshirts to be worn.

If a coat is required it must be plain black, no leather or suede.



Jewellery

Piercings - no visible body /facial piercing, tunnels or retainers.

One small pair of plain stud earrings may be worn but must be removed to allow pupils to participate in PE.

Pupils may wear a wristwatch.

No rings, necklaces or bracelets are to be worn.

Make-up

Light make-up may be worn but must be discreet.

Hair may not be dyed bright or 'unnatural' colours.

Equipment

A scientific calculator is now a compulsory piece of school equipment and students should have one with them at all times. These are available to purchase from the school shop- £3.80 or £5.50.

Clear pencil cases (filled with equipment) are also available in the shop for £1.50.



arts@springwood

Rockschool Present..

A Night of Rocking Entertainment!

Friday 2nd May

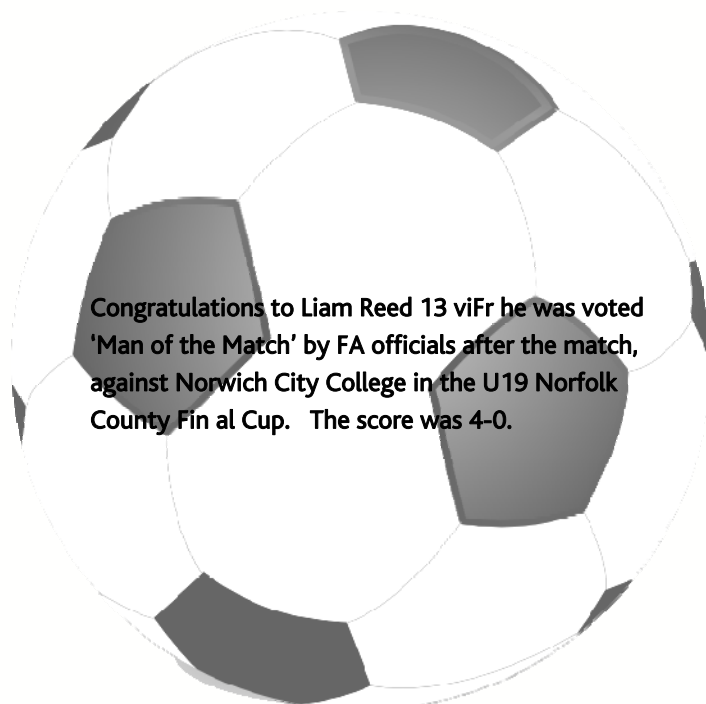
7pm @ The Drama Studio

Tickets available from the school shop

£3 Per Ticket



Man of the Match



sixth@springwood



Sixth Form held a fund raising event in November, this was in the form of a sleep-over in the sixth form. The money raised has gone to a local charity and a national charity for the homeless. The National Charity Crisis was sent a cheque for £500. The local charity was The Benjamin's Foundation Right Tracks scheme. This charity provides supported accommodation to local homeless people aged 16 to 25. Shaun Davies and Julie Bowyer from The Benjamin's Foundation came into Springwood to collect a cheque for £780.10. *The picture above shows Shaun Davies and Julie Bowyer from the Trust with the organisers of the event.*

Hope Opportunity Stability Independence



The Benjamin Foundation

sixth@springwood

PANCAKE MAYHEM AS SUPERHEROES TOSS THEIR CHANCES OF VICTORY AWAY!!

Staff and Students battle for the annual charity pancake race, in the tussle Sixth Form Students came top.

The Champions were the Super Crew who triumphed in the Grand Final. The Fancy Dress competition was won by the Expert Tossers who followed a Peter Pan theme. Much enjoyment was had by all with £36.21 raised for the West Norfolk Mind Charity, who also entered a team.



sport@springwood

GET THE CHOP FROM SIR!

I have been selected to captain the ITF ENGLAND Taekwondo team at the next European Championships in Minsk, Belarus this April. I shall be flying out on the 6th April and returning on the 14th. I shall also be competing in the +85Kg weight division and team events such as 'Destruction' where boards are broken with the hands and feet.

I have returned to competing after stepping away from the England team in 2005 due to lack of funds and sponsorship. I recently won the UK Taekwondo Championships and have been training with the England squad most weekends as well as training with 1986 Olympian Seelan Rengasamy each week for the last few months.

I run my own Taekwondo club in Kings Lynn on a Monday and Thursday evening called SENSHI MARTIAL ARTS. New members are always welcome.

People can visit the website for more information if they like. www.senshimartialarts.webs.com



Science Teacher—Mr A Jennings
Captain of the ITF England Taekwondo Team



maths@springwood

Year 8 Bridges take the Strain out of Maths

Year 8 Maths lessons this term have been full of talk of triangles and trusses.

The theme for Maths lessons has been 'Building Bridges', with pupils learning about different types of bridges; how they work and what can go wrong; engineering drawings and an introduction into life as an engineer. The Maths objective of the project was to learn the drawing techniques, but the overarching aim was to get pupils to understand the usefulness of the Maths skills they learn, and to hopefully inspire some budding engineers of the future.

The project culminated in teams being given a brief to design a new bridge to span the Great Ouse to West Lynn, requiring design drawings, reasons and a scale model made of straws and sellotape. The models were then tested to destruction to find the 'last bridge standing' for each set. The winning models then went through to the final, to be pitted against each other.

The 8F final ran first, with the winning bridge, built by Robbie Moore SD-07 and Bruno Silva OX-01, of Mr Merritt's class, carrying a weight of 1.4kg before it collapsed.

The 8D final was held in the Drama Studio, so all the pupils could watch the fun. It was nail biting and noisy, with the class mates cheering their teams on. The winning bridge, built by Kaya Auker SD-10 and Taylor-Anne Powell FB-06, of Mrs Saunders' class, managed a load of 1.5kg before collapsing.

This is the first year that the Maths department has run this project, so we learned many things along the way, e.g. how teachers and teams interpreted the brief slightly differently! We have asked pupil to complete an evaluation questionnaire to enable us to improve it for next year.

The following is a pupil's point of view of the project.

Miss Cook



maths@springwood

Year 8 Bridges take the Strain out of Maths



The Old Cut Bridge
King's Lynn



As a Year 8 student, I have been involved in a Bridge Project for Maths over the past 2-3 weeks. The 12 Year 8 classes have learnt many new Maths skills, from using cement to watching videos.

We had quite a few planning lessons and a short time to build. At some points it felt like we just wanted to give up, but it kept us going, knowing that there was something at the end.

It was a fun project, as it was very practical. Some people are even looking into some type of construction career when older.

A fellow pupil decided that they wanted to make it more realistic by using fake money to buy more materials and have more time to make and refine our prototypes by trial and error.

It was extremely annoying at times, but very rewarding at the end. We have learnt many new skills, but most importantly, it was a very enjoyable experience.

Kelly Scales SD-01

mfl@springwood

SPELLING BEE

Round 2 of the Spelling Bee!

At the end of February the winners of round 1 took part in round 2 of the Spelling Bee. Pupils had to be able to spell as many German or French words as they could in 60 seconds using the German or French alphabet.

The following pupils took part and they all did really well:

Hitesh Srikantha Jacob Tivey Talyn Mayes Chinazo Okeke Samantha Leet
Lauren Greengrass Kia Henson Edina Avey Rosie Huang Hima Doney Talitha
Engledow Archisha Tripurneni Erin Williamson Hollie Anderson Jessica
Sutherland Jo Sweeney Darcey Wood Jess Chalke

However we had to find 4 winners to take to the Regional Spelling Bee Final which takes place at the end of April in Cambridge.

The winners were: Jacob Tivey and Talyn Mayes for German and Erin Williamson and Jess Sunderland for French – Congratulations!



FRENCH FINALISTS



The photo shows the pupils who took part in the French Spelling Bee school competition receiving prizes for their hard work. They had to learn how to spell 50 French words.

The finalists for the regional French Spelling Bee Competition which will take place at Comberton College at the end of April are Erin Williamson (first place) and Jessica Sunderland (runner-up). Tom Leeson And Hollie Anderson took joint 3rd place



radio4@springwood



Four students from Year 9, Zoe Fordum, Sam Abbott, Chloe Pegg and George Manser are set to appear on BBC Radio 4's Woman Hour on the 25th March. Radio 4 were interested in producing a feature on the school's links to Sandringham House and the Queen's Prize.



The Queen's Prize is awarded to the highest achieving student, who receives a private reception with her Majesty the Queen and a signed complete works of Shakespeare.

The students interviewed headteacher Mr Johnson, 2012 winner Hannah Crosby, and 1972 winner Helen Carty who is also a member of staff at the school.

Students probed their interviewees about the history of the prize and what it was like to meet her Majesty.

BBC radio producer, Leonida Krushelnycky, visited the school to help produce the feature and lead the year 9 students through the skills needed to make a radio feature .

The completed radio report was broadcast on Radio 4 at 10am on Tuesday the 25th March.



Hannah Crosby with Mrs Carty



radio4@springwood

SD-06 MEET RADIO 4



Sd-06 WITH Leonida Krushelnycky from Radio 4

On Thursday 20 March, the school had a BBC radio reporter visit. SD-06 was lucky enough to be chosen to record some boasts about King's Lynn. We had to include our name and school in the boast, and to think of something which we thought was good, unique or even crazy about King's Lynn.

Therefore, during form time on this Thursday, Chloe Pegg started the recordings off by talking about one of the most famous and historical stories from King's Lynn. Chloe talked about many years ago, a witch was apparently burnt at the stake in the Tuesday Market Place, and while being burnt, her heart exploded and shot out from her chest, hitting a building opposite her, leaving a permanent mark, which can still be seen to day. Kayleigh Rye and Jessica Barton also recorded their versions of this tale.

We then did some recordings about how brilliant Springwood Academy

is. Jacob Isle spoke about how good the PE department and house system is, while Charlotte Hayward commented on how fun and competitive the teachers at Springwood are.

Evi More spoke about Springwood winning 'Magistrates' for the second year in a row, and how Springwood is now moving on to the second round. The radio recordings then strayed back to the historical aspect of Lynn, with Karen Silva talking about Captain Vancouver, his accomplishments and legacy to King's Lynn, and Chesley Mayes speaking about The Walks, which is supposedly haunted by three ladies. Chesley also spoke about how good the education is at Springwood. Darcey Wood gave everyone, including Mrs Leeke a history lesson with her story of a World War II plane (which crashed on a

cliff in Lynn years ago) and how the debris of this plane is still being found today. Nathan Ramos spoke about Henry VIII, and how he destroyed all the monasteries in England, but left the Tower in King's Lynn, due to liking the view of the boats and the River Ouse. He also added that this Tower is supposedly still haunted to this day. I spoke about the ghost stories in the hotels such as the Duke's Head. Kell Lewis and Tom Anderson also spoke about the history of Lynn, Tom more specifically on a story dating back to the Civil war in Lynn, in which 300 cows were apparently smuggled into Lynn, while it was under siege. Everyone who took part enjoyed recording their boast about King's Lynn and taking the picture at the end. It was a very fun form time.

Emily Reeves SD-06

english@springwood

WORLD BOOK DAY



On Thursday, 6th March, Lead Learners went to judge the World Book Day covers. All of the book covers were really good, and it was so hard to choose a winner! I can remember walking into H1 and seeing all the beautiful book covers laid out on the tables, there was so many!

When it came to 'the final round' we were all in a really deep discussion, and everyone was really struggling to find a definite winner! In the end we all came to an agreement that Ellen's book cover was the best. Louise's was a close second.

Over all, all of the book covers were amazing, and if we could have, we would have chosen all of them!
By Hollie Williamson FB-06

World Book Day- Designing the book cover. By Archisha Tripathi HK-08

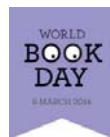
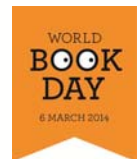
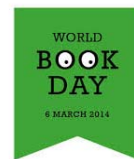
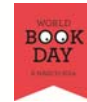
As Hollie Williamson has mentioned It was indeed world book day on the 6th March. All year 7 students were asked to make a book cover for their favourite book!

I chose the Hunger Games as this book is my favourite. It got me thinking about what the author (Suzanne Collins) was actually trying to say.

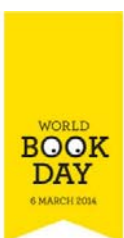
The colour choice is more important than you think and it really does tell you about the book. For the Hunger Games I chose fire colours as the books are about a rebellion and 'the girl who was on fire'.

The winner of the competition, Ellen Fysh, chose the book War horse and chose war colours. The middle of her cover was a very beautiful but simple war horse. It showed that that innocent horse was surrounded with war and catastrophe.

Overall I think that everyone enjoyed designing their favourite book cover



Louise Garrod HK-08 and Ellen-May Fysh SD-08 with their certificates and book prizes.



challenges@springwood

Camps International

“How Much!?”

Just over a year ago, on the 12th of March 2013, I was just one of nearly a hundred students who attended a Camps International presentation evening about the trip of a life time. The speaker explained how we were all being given the chance to spend a whole month participating on a volunteering expedition, during the summer holidays of 2014, to aid the local communities and wildlife of Borneo, Malaysia.

After showing us a breath taking video of the island and snapshots of previous expeditions, the cost of the trip was sprung upon us; £3960. Once the exclamations of “How Much!?” and such like had died down we discovered that we were not expected to be able to just pay this sum and that there would be a great of support in helping us to fundraise, both from the company and from our school.

Over the last year my family, friends, teachers and I have been busy and really pulled together. My strategy has been to raise little but often which means that I am nearly always planning something. I have used a variety of methods including numerous car washes, loads of cake sales, hosting a coffee morning and selling at car boot sales. A donation box was also quickly installed at my auntie’s shop, Kings Lynn Koi. Last summer holidays I really picked up the pace and began training for a 2 kilometre sponsored swim which equated to 80 full lengths of the large pool at St. James’s. On the 2nd of September I completed the swim in a respectable 1hour and 5 minutes and, thanks to all who sponsored me, raised nearly £500 towards my trip. I also became known as the “Handy-Teen” around my neighbourhood, a teenager willing to clean, paint, garden, clear out ponds or complete any other manual work for a donation. So far I have raised just over £3800!

Since, Cameron Webb and I are the only individuals from Springwood still participating on the volunteering expedition, Camps International is arranging for us to join a group of various other schools from around the country to stay and work with in Borneo. I am looking forward to meeting my team, overcoming demanding challenges and learning new skills whilst working on a range of worthwhile projects such as building schools and taking part in reforestation projects.

Jack Massingham FB04



CAMPS[®]
international

ETHICAL JOURNEYS WITHOUT COMPROMISE



sport@springwood

Year 7 Rugby Sevens Tournament at Langley

After a long and tiring journey we finally arrived at Langley. Lewis (Captain) took the team for a warm up to get ready to start.

Our first game was Norwich school. We didn't get off to a very good start as we conceded 2 in the first few minutes, but after a team talk from the skipper Lewis we got under way and Lewis saw a gap and scored. Lewis converted the try making it 14-7 to Norwich. The second half got under way and we conceded another. After that Luke ran and scored an amazing try. Lewis then converted. Whistle was about to go but Norwich scored another. Final score Norwich 28-14 Springwood.

Next we had Wymondham Collage. We didn't get off to a great start but we redeemed ourselves leaving score at half time Wymondham College 7-7 Springwood with a try from Kai converted by Lewis. We got into the second half poorly letting Wymondham take 2 tries but unable to convert them. After Lewis had a run and scored also converting. Final score Wymondham Collage 24-14 Springwood.

3rd game was Cliff Park. We got off to a good start with a try from Luke but Lewis missed the conversion. Then Cliff Park came back to score but not converted. End of first half level 5-5. Second half restarted Luke scored but Lewis was unable to convert. With a lot of competition Lewis managed to score and convert. Final score Cliff Park 5-17 Springwood. Well done lads.

4th game was Aylsham High. We got off to a good start with a try from Luke converted by Lewis. But Aylsham fired back with 2 good tries in the second half. Final score Aylsham 14-7 Springwood.

We then got through to the semis of the plate playing Notre Dame. Again we got off to a good start with a try each from Luke and Mason both converted by Lewis. Notre Dame came back scoring but with no conversion. Then Lewis scored another 2 and converting them both makes the final score Notre Dame 5-28 Springwood.

We were in the final but we were against Aylsham High who we lost to in the pool. They got off to a good start and scored but not able to convert. Half time score Aylsham High 5-0 Springwood. In the second half the ball was contested and in the last play of the game Lewis got the ball and sprinted for his life to score and as he did the game was over Lewis just had to convert to win and Lewis did it. Final score: Aylsham 5-7 Springwood. We had won the plate.

The overall score was brilliant and the Springwood team should be proud. Even though there was ups and downs we won the plate. Well done to all the team which was: Lewis Rudd (Captain), Luke Johnson, Kai Mayes, Chez Mayes, Harry Campbell, Mathew Starling, Olly Simpson, Oscar Williams, Adam Frary, Brandon Andrews and Mason Higby all well done.

sport@springwood

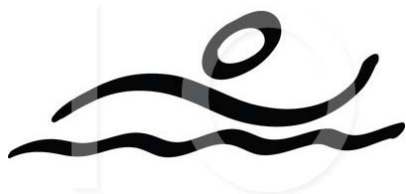
Springwood Swimmers



Pictured above are the boys from Year 7, 8 and 9 showing off their medals from the swimming Gala at the Sainsbury School Games which were held at the University of East Anglia, Norwich on Tuesday 11th March.

They won 7 medals in total—three gold, three silver and one bronze. They all achieved their personal best and were competing against schools from all over Norfolk.

The team consisted of Joe Wells, Jacob Isle, Harry Thompson, Luke Bryan, Zac Oglesby and Jonathon Ivanov.



headteacher@springwood

Message from the Headteacher

I hope you have enjoyed a packed newsletter. Many thanks to Mrs Frost for editing and for all the excellent contributors!

I have just heard the excellent BBC student reporters news report on Radio 4's "Woman's Hour". It was lovely to hear Mrs Carty and Hannah Crosby speak of their experiences when they went to Sandringham House to collect their prize. Well done to Mr Durham and his team of students for organising this.

It was great to see Jack Massingham selling his cakes at the recent year 12 parents evening. He is very close to raising the four thousand pounds needed to fund his trip to Borneo. This is an excellent achievement and we are all very proud of his effort. It was great to see such a fantastic turn out at the Year 12 parents evening. I really enjoyed meeting so many students and parents; I had a great evening (made even better by a regular supply of cakes!)

We are looking forward to Lord and Lady Leicester and other legal professionals coming to a celebration lunch with our victorious students at the recent Mock Trial event. Springwood is becoming very well known for their 'arguing!'

Congratulations also go to Maya Engledow for her superb achievement at the National Poetry by Heart recital competition in London. Maya was one of only 47 students nationally to compete and also one of the youngest – Well Done Maya!

Well done to all the students who took part in the recent talent show. Unfortunately, I was unable to attend but Mr Ballman has informed me that the standard was incredibly high, as usual.

I wish you all a restful Easter except Year 11 who will, of course, be revising for their impending exams.

A Johnson

Headteacher



Goodbye and Hello

We say goodbye to the following staff and wish them well in retirement and relocation.

Farewells to Mrs L Hughes and Mrs Erica Hewitt. We will be welcoming Ms McGuire into the English and Holkham Faculty. Mrs Monika Bil-O'Connor started as our new Cleaning Manager on Monday 24th.

Erica will be hanging up her tabard on 28th March after 34 years as a cleaner and then as Cleaning Manager, she has kept us all in line, and has kept the school as spick and span, and will be greatly missed. Mrs Hughes has had two spells at Springwood in English and as a Lead Teacher, she will be relocating to another part of the country with her family.

Message from the editor—there will be no news@springwood in April, look out for the bumper edition in May.