



## SAM MEETS THE QUEEN

Achieving outstanding A Level results gave a King's Lynn teenager, Sam Sanders, more than just a bright future. It also meant he had the opportunity to meet the Queen. Sam 18, of Lynn's Springwood High School was invited to Sandringham on Sunday 3 January to be presented with the Queens prize, with a signed copy of The Complete Works of William Shakespeare. Sam, who was joined by proud mum Allison Sanders, and headteacher Andy Johnson, said he spent around 15 minutes chatting to the Queen. He said "we talked about Oxford, my college, and my



course". Sam is studying Philosophy, Politics and Economics at Lady Margaret Hall, Oxford University. "She was very relaxed and made me feel very welcome". "She was very easy to talk to, the conversation flowed smoothly".

Mrs Cuss (Assistant Director of Sixth Form) said "We are so proud of Sam here at Springwood Sixth Form, he worked continuously hard throughout his studies and he is an inspiration to other local students." Sam is pictured outside the Sandringham gates with the Queen's prize.









## awards@springwood

#### SPECIAL AWARDS TO MEMBERS OF THE SIXTH FORM 2013-2015 PRIZE AWARDED AT SANDRINGHAM HOUSE BY HER MAJESTY QUEEN ELIZABETH II Samuel Sanders HENRY SMITH SCHOLARSHIP George Sabourin ROTARY CITIZEN AWARD Presented by the Rotary Club of King's Lynn Rachel Addison MICHAEL GRIFFITHS PRIZE FOR ENDEAVOUR Kara Hind HANOVER PRIZE FOR CONTRIBUTION TO THE ARTS Alice Bliss

#### NORFOLK COUNTY SCHOLARS

Joshua Barnes Thomas Eastwood Molly Holmes Ellie Neill Jessica Reed Hope Setchell Amy-Rose Williams Layla Calaby Victoria Funnell Imogen Insley Harry O'Connor Ace Rust Alice Skinner George Williams Joshua Coase Mary Groves Alex Kendal Emily Pilbeam George Sabourin Helena Smallwood James Williams Benjamin Cooper George Hodgson Jasmine Mercer Hannah Rand Samuel Sanders Matthew Tuttle



Award winners with Guest of Honour Miss Amy-Louise Paddock, Mr R Livesey and Mr A Johnson



# subjectawards@springwood

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ART	Amy-Rose Williams	
Donated by Wolfy's Video & Photography		
BIOLOGY Donated by Bespak	Mary Groves	
BUSINESS	Rebecca Walls	
Donated by Stephenson Smart		
CAMB TECH BUSINESS	Myles Higby	
Donated by Clanpress	<i>c n i</i>	
CHEMISTRY Donated by The Clock Pharmacy	George Hodgson	
CLASSICAL CIVILISATION	Molly Holmes	
Donated by The Clock Pharmacy		
COMMUNICATION & CULTURE	Hope Setchell	
Donated by Stephenson Smart		
COMPUTING Departed by Departs	George Sabourin	
Donated by Bespak DESIGN TECHNOLOGY	Benjamin Cooper	
Donated by Bespak	Denjanin Cooper	
DRAMA THEATRE STUDIES	Alex Kendal	
Donated by F.W. Hendry		
ECONOMICS	Samuel Sanders	
Donated by Stephenson Smart ENGLISH LANG/LIT	Joshua Coase	
Donated by Springwood High School	Josnia Couse	
ENGLISH LITERATURE	James Williams	
In memory of Mr J Kennett, Donated by Springwood High School		
ENVIRONMENTAL SUSTAINABILITY	Sophie Child	
Donated by Sibelco	China Draw	
FASHION Donated by Springwood High School	Chloe Drew	
FRENCH	Ryan Davidson	
Donated by Stephenson Smart		
FURTHER MATHS	Matthew Tuttle	
Donated by Bespak GEOGRAPHY	Harm O'Connor	
Donated by Sibelco	Harry O'Connor	
GERMAN	Georgia Edgeley	
Donated by Sibelco		
HEALTH & SOCIAL CARE	Jessica Reed	
Donated by Springwood High School HISTORY	Alice Skinner	
Donated by Sibelco	Ance Skinner	
INFORMATION TECHNOLOGY (APPLIED)	Joshua Barnes	
Donated by Bespak		
KINETIC THEATRE AWARD	Rachel Addison	
Donated by Wolfy's Video & Photography MATHEMATICS	Charlotte Burrow	
Donated by The Clock Pharmacy	Charlone Burrow	
MEDIA	Emily Pilbeam	
Donated by Wolfy's Video & Photography		
MUSIC	James Powley	
Donated by F.W. Hendry MUSIC (THE MUSIC CUP)	I auina Maddiaa	
MUSIC (THE MUSIC CUP) Donated by Springwood High School	Louisa Maddison	
MUSIC TECHNOLOGY	George Williams	
Donated by Sibelco	✓ 110 100	
PERFORMING ARTS	Amanda Mason	
Donated by Wolfy's Video & Photography		
PHOTOGRAPHY	Brodie Griggs	
Donated by Wolfy's Video & Photography		1000
PHYSICAL EDUCATION Departed by Sibeles	Molly Frost	
Donated by Sibelco PHYSICS	Thomas Eastwood	
Donated by Bespak	Thomas Eastmood	A COMPANY
PSYCHOLOGY	Georgia Edgeley	The second second
Donated by Bespak		
RELIGIOUS STUDIES	Victoria Burrow	
Donated by Sibelco		The Artes
ROBERT GALLIARD CONCERT BAND CUP	Charlotte Livick-Smith	
Donated by Springwood High School SOCIOLOGY	Timothy Pickup	
Donated by The Clock Pharmacy	1 monty 1 toxup	A MARKAN
STUART SMITH VOCATIONAL CUP	Ace Rust	
Donated by Springwood High School		
TRAVEL AND TOURISM	Phoebe Foreman	
Donated by Clanpress		



# charity@springwood

## **100 SQUARE RAFFLE**

My friend Chloe and I decided to do something for charity this was to tick one of the boxes for our ENDEAVOUR, in order to complete it we had to go outside our comfort zone and had to speak to people who we didn't know.

We sold the squares at £1 and ended up raising £100 for the KIWI Junior Diabetes at the QE Hospital. In the hope that we had done something to help other children with diabetes we presented the money to Matt Williams from the department on Thursday17 December.

Chloe and I would like thank Mr M Johnson from the School Canteen for donating the prizes and to congratulate Mrs Saxby for winning the large tin of Quality Street and Mrs Cannon for winning a £15 ITunes card.

Casey Hunsdon FB-02 and Chloe Greenwood FB-06 picture right with Matt





## **STOCKINGS AND BAUBLES**

Throughout December in Sandringham House we decorated baubles and stockings to pin up in Sandringham Office to raise money for Great Ormond Street Hospital. Nathan Goble SD-01 did a wonderful job of selling these during form time each day and we raised £59.00.



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# houses@springwood

## **BRUSSEL AND SPROUT ARE CHAMPIONS**



New nicknames for Lennon (Brussel) Packwood BG-03 and Brad (Sprout) Ironside BG-04 from Blicking had a fun time at the Blickling Christmas assembly and became Sprout Eating Champs. They consumed over 50 cooked Brussel sprouts between them in 30 seconds. Lennon (pictured on the right was the overall winner).

## FELBRIGG ACHIEVEMENT ASSEMBLY



Pictured above Felbrigg students at their Achievement Assembly with their selection boxes.

Felbrigg Head Boy—Sam Mount speaking to Felbrigg students.





# sixthform@springwood

## WINTER FORMAL

Over 130 sixth formers spent a lovely evening on 11 December at the Leziate Sailing Club, to celebrate the winter solstice and the nearing Christmas holidays.

To get into the festive mood we hired a DJ and the social committee raised all the money needed for decorations. We've had many requests for another event, perhaps even a Spring Fling, as everyone had such a great time dressing up and socialising with those whom they may not usually get the opportunity to during their regular school day. From 7:30 – 11:30 we danced, laughed and sang and had an amazing night. Here's some of the feedback we received:

*"It was FAB!" "Super cute." "I spent a lot of money (on a suit) but it was worth it." "Can't wait for the next one, Friday was an absolute banger!"* 

Our Winter Formal is just one of many events we hold to try and bring students closer together, the mixing of year 12 and 13 helps to create a more positive atmosphere within the student body and make their final years at Springwood even more enjoyable. We hope that everyone had a great time and look forward to next year.





## SENIORS CHRISTMAS PARTY

On Wednesday 16th December 2015 Springwood Sixth Form hosted a Christmas Party for Senior Citizens in the Kings Lynn area. We had guests from Amberley House, Lisbon Court, West Norfolk Befrienders, grandparents of sixth formers and everyone was welcome.

The guests numbered approx. 60, and they were joined by sixth formers who served them light refreshments and sat and chatted. The entertainment consisted of the Springwood High School Band and Choir, a game of bingo, visit by Father Christmas, with each guest receiving a gift. Light refreshments were also supplied. A great time was had by all, with many guests and sixth formers saying how much they enjoyed the event.







# sixthform@springwood

## CHRISTMAS JUMPER DAY





On Friday 18th December the Sixth Form hosted a Christmas Jumper Day in association with Text Santa. Each Sixth Form Tutor Group nominated their best jumper and we all gathered in the Sixth Form Social Area to find out who would be crowned King or Queen of the Christmas Jumper 2015.

Hosted by Mr Pettitt the nominees lined up while Mrs Franklin and Mrs Moore whittled them, with some difficulty due to high standard, down to just 5. The final vote was then handed over to the Sixth Form student body who voted for their favourite with the loudest cheer.

The resounding winner was Jonathan Playford dressed in a knitted Rudolph costume. He was duly presented with his prize, 6 homemade Christmas cupcakes. The event coupled with a Cake Sale raised a massive £145 which was split between the Text Santa charities (Macmillan Cancer Support, Make A Wish and Save the Children) and the Sixth Form Prom Fund.



## **2015 MOCK COUNCIL**

This was the first occasion that the School had been invited to participate in this prestigious annual event and competition for the 28 available places is fierce. Paul Richardson and Olivia Langham represented a member of the EU Council, in Springwood's case, Germany. The debate centred upon The European Circular Economy and The Single Digital market with each student researching the topics before the event and preparing a speech on Germany's stance on the issues. The representatives sat in the Council chamber alongside interpreters and press secretaries exactly as in the real EU Council meetings.

The two students gave a polished performance and enjoyed the experience despite initially being extremely nervous! Whilst in London, the students were invited to

visit the German Embassy and meet one of the under secretaries. Paul and Olivia agreed that the whole experience had been truly inspiring and they would certainly consider a future career within the European Commission.

In her welcoming remarks Baroness Neville-Rolfe, Parliamentary Under Secretary of State at the Department for Business, Innovation and Skills and Minister for Intellectual Property, said: *"Issues like the Digital Single Market are key to competitiveness and impact us all. I am certain that today's debate offers a flavour of what kind of work the EU entails and* 





how relevant it is for real life. Listening carefully, establishing trust, negotiating with a view to seek compromise and the use of languages are essential skills for jobs and beyond". The Baroness also encouraged students to pursue careers in the EU Institutions.



# sixthform@springwood

## DECEMBER ATL STUDENTS

Well Done to our fab Sixth Formers - The latest set of reports have been analysed by the Director of Sixth Form. There have been some very promising reports with many students already working in line with their target grades. Among the highlights was the fact that 12 students obtained an ATL score of 1 in all their subjects in year 12. These students were:



Robert Bailey Ben Dobbing Hannah Fitter Lucy Edwards Annie-Rose Daultrey Connor Thomas Shanuka Nanayakkara Morgan Matschull Malindya Ranasinghe Alissia-Lea Campbell Iveta Ruskyte James Wilkinson

Mr Pettitt explained this achievement; 'The ATL score is important because it indicates students who have got the correct attitude to their studies. To have 12 students with ATL 1 scores in every subject is a very good achievement indeed at this stage of year 12. A very big well done to them!'

The students were given a special congratulations in assembly and presented with a small reward for their excellent work. They are pictured with Mr Pettitt, the Director of Sixth Form.

## **CONGRATULATIONS TO ACE**



Six youngsters from West Norfolk were presented with their awards on Friday 18 December, 2015. One of the Mayor's Special awards was given to Ace Rust for Achievement through High School Award after being nominated by teacher Mrs K Bunting. He has dyslexia, has studied at sixth-form and will be heading to university next year.

## JANUARY ATL1'S



All the above students are working at least one grade above TMG in 1 or more subjects



All the above students have an ATL1 in every subject



## english@springwood LIVE THEATRE REVIEW: AN INSPECTOR CALLS

#### By Samuel Mount and Luke Colbeck-Tate

On the 2 December, myself, Luke and many other year 11's went to see the live theatre production of 'An inspector Calls'. While we thought the play was well done and very expertly directed, we do believe that the production suffered in a few elements but overall met our expectations.

To begin with, the set throughout the production was very atmospheric and gave a very depressing and bleak tone to the play. We thought that the bright inclusion of the manor was a welcome sight, as we believed the set would only show a dining room table and very little else to show the world around them. This gave the play a deeper reflection towards the different social classes between 1912 and 1945, displaying the dark, dingy outside of post war 1945, with the warm, comfortable manor of 1912. With the clever inclusion of the manor, the set gave 2 levels to where the actors were able to stand, which contrasted with how each of the characters were pulled down to reality. We thought that this was an intriguing idea because it gave a sense that no matter what social class you find yourself in, you often find that reality and your lifestyle brings you down more unexpectedly then you might think. However, there were a few things that we found to be quite an annoyance, but only 1 or 2 problems. For example, we found that the backdrop for the play was a little empty, as we could only make out a dark and dingy night, with no vision of any other houses apart from a smaller version of the Birling's house near the bottom left of the stage. We believe that they could have added a few more buildings in the backdrop to create a more industrial, real life portrayal of the 1912 generation, mixing with the 1945 setting a little better. This could have been intentional however, as the director might have wanted to show the Birling's trying to live away from the lower classes, and isolate themselves from the real world. Overall, we thought the set was top notch, with only the backdrop as a very small downfall.

Costume for us added to their surroundings very well. This is because all of the characters demonstrated through their clothing the different generations they were each living in. An example of this would be the small children at the start of the play. These children were wearing post war 1945 clothing, with small cotton jumpers and caps to keep themselves warm and out of the rain. While these clothes were very working class of the 1945 era, they did seem to be more modern compared to the Birling's attire, which clearly showed how we could differentiate between the different eras of the play, so the audience could not become confused with which character was from which time period. Sound was used very effectively in the play. Using surround sound inside the theatre, it made the world around the Birling's feel a lot closer to us than we expected. An example of this would be at the beginning of the play, where on the left end of the theatre the sound of bombs going off to describe a WWII setting, while the right side of the play described the working class conditions of 1912, with dogs barking and the echoes of adults talking in the background. Overall this worked very well as it kept us believing that the whole theatre was the set, including sounds and echoes around the audience to create a deeper connection with the stage play.

The lighting switched from time to time during the performance. At the start, there were not a lot of lights, with only the light of the Birling's house illuminating the stage. This was effective in our opinion because it followed Priestley's idea of a dark and depressing world, with the Birling's giving off the only comforting light around the stage. Later on, the introduction of the inspector created an uneasy feeling, with a white light bouncing off of him, leaving a threating silhouette on the walls of the Birling's household. This worked well as we could see a disturbing character watching the Birling's have their self-obsessed night, almost as if he was judging all of their personality traits and how they might react to what he would say later on. This gave the better effect with the light, as it reflected off his characters to show a 'ghoulish' effect. Not many different colours were used, and only white lights were used to show off a revealing of different characters. We really liked how a spotlight would come onto each of the characters as they were discussing their past with the victim, as it came across as a confession of guilt and ashamed to be under pressure.

Moving on, the characters themselves were played very well by the actors, with a few really standing out of the crowd. We found that the character who stood out the most was Sybil Birling, played by Sandra Duncan who gave off a very self-important, selfish woman. She portrayed her snobby, selfobsessed personality very well indeed, making most of the audience sneer at her every time she came onto the stage. She achieved this by using an excellent distinct posh accent, incorporating pace and tempo within her lines to display whether she was calm and collected or in a rush to get the investigation over and done with, and by sticking to her character traits the whole way through and hardly changing her tone. Our favourite part about how she portrayed the character was the authority she seemed to have over the family, pausing whenever she wanted Arthur Birling to step in and defend her from the investigation. Her gestures

were the largest in the production, using exaggerated hand movements and dramatic turns, almost aware of the audience watching her and seemed to be begging for the attention. This was cleverly implied as one of her personality traits. Overall, we found that Sandra really stood out from the other actors, using both real life and melodramatic moments in her character.

However, we found that the inspector; played by Nicholas Day, was quite a disappointment to how we thought he would portray the inspector. Instead of being quiet, foreboding and mysterious, instead he seemed to come across as a lively, emotional and rather unstable. This was a huge contrast to the calm, collective Inspector we read about in the Priestley's script, and came across as a bit of an uneasy welcome to us.

In conclusion, while there were a few let downs with the casting and some areas of the play that seemed to be quite slow and dragged on in our opinion, 'An Inspector Calls' was a delightful gem of a play that really nailed the backgrounds and behaviours of each era and is a production many members of the audience will remember. There is a very good moral to be learned from what the inspector said in his final moments, and it is something we can all relate to in one way or another. We hope that we will experience more theatre productions through our English literature GCSE, and that earlier years will be able to appreciate the hard work that goes into organising such fabulous trips!





# technology@springwood

## FAREWELL TO MR RIPPON

We wished Mr Rippon a final farewell after many years of dedication as Head of Department in Design Technology, as you can see he is an avid Star Wars fan and he seems very happy with his hoard.

We wish you all the best in your new venture at primary school, thank you for all of your support, guidance and help,



## FOOD TECHNOLOGISTS GET READY FOR THEIR SHOWSTOPPER CHALLENGE



After weeks of designing and making a range of food products for their GCSE coursework, Year 11 Food Technology students have been experimenting with different ingredients and finishing techniques for their final 'showstopper' dish.

Students have been researching farm shops and cafes and making products suitable to buy in them. For their final challenge they have to take one of their dishes and develop it changing key ingredients to make it healthier, tastier or more appealing to look at.

The next step is to make their new and improved dishes - scrumptious pies and quiches, creamy cheesecakes, fluffy meringues, buttery shortbread and melt-in-the -mouth sponge cakes. Good luck to the Class of 2016 Food Technologists as they face their final food trial.











# people@springwood

#### **DESIGN & TECHNOLOGY FASHION COMPETITION**

#### A competition is being held for students to design a 1950's style dress.

The winning student will see their design made by Miss Markwell the BTEC Fashion Teacher. The dress will be showcased at the 2016 Summer Fashion Show. The winner will have the opportunity to model the dress if they wish.

Competition open to all year groups. If you are interested in entering the competition please see Miss Markwell for details in the D&T department. Deadline for entries Tuesday 1st March 2016.



## SCIENCE- 3D MODELS OF THE EARTH



Cake 1



Cake 2



8cdSc/zR

Two Year 8 clasesses were asked to make a 3D model of the Earth and label each of the layers.

Cake 1 was made by Rhianna Bland, Rhiann Griffiths and Imogen Butcher.

Cake 2 was made by Chloe Gibbs and Hannah Seed. The final picture shows the class 8cdSc/Zr holding their models. At the end of the lesson, everyone enjoyed a slice of cake (earth).

## POETRY BY HEART

On 6 February, Maya Engledow , our Year 12 student , became a winner, and Rosie Goodman, another Year 12 student from Springwood High School , became a runner-up in the county phase of the Poetry by Heart competition .

All judges praised both girls for their outstanding achievement ; they were " deeply moved by their enthusiasm and commitment ; the choice of poems and impressed by their outstanding performances".

Julie Blake, Poetry by Heart Programme Director, also personally thanked our school for " inspiring our students to enjoy poetry and take it to heart ", and for helping them have their courage to perform it for others . Students from Springwood have been participating in this competition for three years and have already won in the county finals twice.

Now both Maya and Mrs Morris are invited to the National final in Cambridge (17-19 March) at Homerton College. M.Morris



Maya

Rosie



# blickling@springwood

## THE GREAT BLICKLING BAKE OFF









On the 9<sup>th</sup> and 16<sup>th</sup> December BG-01 and BG-05 held their joint assemblies for the 'Great Blickling Bake Off'. All of Blickling were invited to take part and many took up the challenge. On the day there were three different categories that could be entered; Cookies, minimum of 6, Cupcakes, a minimum of 6, and The Showstopper, one large cake that was to show off baking and decorating talent.

It was wonderful to see that so many pupils (and teachers) took part and put in so much effort. The winners of each category were: Tyler Marwick for some fantastic cookies, Hannah Fenn for her lovely cupcakes and Saffron Swalwell for a superb Showstopper!

All cakes were sold in school and we raised a total of £84.56 for Great Ormond Street Hospital. A huge thank you to everyone that made cakes



Pictured left: Mr Feaviour and Mr Johnson with the winners LtoR Sapphire Swalwell- cake, Tyler Marwick –Biscuits and Hannah Fenn—Cup Cakes







## FUNDRAISING FOR GOSH



Blickling House are raising money for Great Ormond Street Hospital, so far have managed to raise around £85. Christmas Baubles and Stockings were coloured in by the student's and displayed in Blickling House 50p was donated by students for each entry. Anna Hutton was our overall winner for the best design. Congratulations Anna.

Blickling will continue to raise money for GOSH throughout this year and we will keep you updated with our fundraising efforts. Ms Craig & Mr Feaviour.





# ghana@springwood

## ST GEORGES VISIT

St Georges School, Ghana visits Springwood. Mr Albert Quartey recently visited the School as the return leg of an exchange which saw four members of staff visit our twin school, St Georges, Accra, Ghana in 2014. Mr Quartey, the deputy principal of St Georges, greatly enjoyed his visit to see how our school operates and the get a flavour of Christmas celebrations in England. During the week, he also visited Reffley School to watch their pantomime, the Springwood Christmas concert held at St Nicholas church and Listawood, which kindly produced a commemorative mug to celebrate the twinning of our School with St Georges. The design of the mug was by Connor Russell, year 10 student, who was given the opportunity to cast the first of the mugs. The next planned visit to St Georges, which will include both staff and students, will take place in February 2017 and will involve sixth form volunteers. Places are available for current year 11 and 12 students, who can see Mrs Williams in Felbrigg for further information. The school would like to thank staff at Listawood for their kind assistance in producing the commemorative mugs.



Mr Quartey visits Media Suite









Connor and Mr Quartey at Listawood







Connor Russell HK-02 with Mr Johnson and Mrs Williams with the mug he designed



# yr11@springwood

## MATHS APP—ALTON TOWERS or PROM?

Exactly one week ago, the year 11 students of Springwood High School were set a challenge - to log onto the PiXL Maths App and start doing a bit extra. One week later, 146 students have logged on and started completing tasks and racking up their scores.

The average score so far is around 45 marks with five students already scoring over 100: Zac Oglesby with 121; Charlie Gardyne with 145; Simon English with 147; Billy Flaherty with 149 and Ashleigh Tilson with 182 - massive congratulations to these students.

In an assembly on Friday 22nd January, 145 names were put into a 'hat' (actually a chocolate tub!) and nine names were drawn out. The winning students were Princess Woods. Mantas Vitkus, Rohan Rastogi, Abbie Fox, Jennifer Curry, Remi Parsons, Tenika Sirju, Harry Beck and Olivia White. All of these students were given the choice between a free ticket to the prom or a free ticket to Alton Towers - tough choice for some but as you can see from the photo, all happy they had won!



#### GCSE ENGLISH RESULTS





# geography@springwood

#### **GEOGRAPHY YEAR 8 TRIP TO NORWICH CASTLE**

Friday 15<sup>th</sup> January saw the Geography department's first KS3 trip to Norwich Castle to examine how the urban landscape of Norwich would change in light of the potential destruction of a local church.

Throughout the day, pupils had a tour of the castle from Brother Mark and got to see how medieval people lived and worked. Pupils were fascinated by the sewage system and the death masks in the dungeon!

Pupils then had to opportunity to debate what should happen to the church and each pupil took on the role of a shareholder – there was much debate from turning the church into a zoo or even a restaurant which specialized in medieval themed nights!

From here pupils were able to examine artifacts from the medieval period and Miss Grant was suitably impressed with some of the suggestions! We examined a panoramic view of Norwich and discussed what Norwich would have looked like during this time.

Pupils were excellent throughout the day and Miss Grant would like to thank Mr Durham, Mrs Blandford and Mrs Richter for their valuable help during the day.

Miss Grant







## **GEOGRAPHY SUPERSTARS**





# charity@springwood

## **NELSON'S JOURNEY**





Lorna Vyse from Nelson's Journey receiving a cheque for £685.96 from pupils of Blickling House in the recent Assembly. The money was raised on Children in Need Day last Autumn. Nelson's Journey is a Norfolk based charity supporting young people who have suffered bereavement. Lorna herself has worked with several Springwood pupils including Tom Auker, pictured, who was very pleased to be able to acknowledge publicly the wonderful work done by Lorna and her colleagues.

## SIXTH FORM PANCAKE RACE

Mr. Merritt and members of the Interact Club organised the Annual Pancake Race. The races were contested by four teams:

El Chefe (Year 13), Rumbold's Racers (Year 12), Scooby Doos (Maths Faculty) and Sixth Form Wonders (Sixth Form Management).

El Chefe won the Students' Title and Scooby Doos won the staff Title. We then had the Grand Final in which the Scooby Doos won the day and were awarded the Golden Frying Pan.

El Chefe were a very popular winner of the Fancy Dress and were awarded the Fancy Dress Frying Pan. A great time was had by all, with many students cheering on the competitors. There was a collection by the Interact Club in aid of Cancer Research UK. We will announce the amount collected at a later date.





# mfl@springwood

## 7WD2 FAMILY TREES IN GERMAN



Fantastic German Homework produced by Felbrigg. "Pupils worked really hard and I am very impressed! " said Mrs Hardy

## LEAVING AT HALF-TERM



Mrs Hipperson who is leaving her part-time PE role after two years to work in a local primary school. She will continue her relationship with the school under her other hat as Norfolk Programme Manager for the Cambridge Partnership, one of the local Teacher Training Providers.



Mrs Constable who is leaving after four terms from her role in Hair and Beauty to take up a similar role at Ely Community College.

Also leaving soon after half-term are:



Mrs Sunderland after 5 1/2 years as a Teaching Assistant



Mrs Sturgess after 5 1/2 years working Admin, most recently as the Trust Website Manager.

We wish them well in their future roles. Starting with us will be: Mrs Payne in the Art Department.



# year9shoutouts@springwood

In January SHS teaching staff were impressed with the hard work and dedication of many students in year 9 who have just started their KS4 courses. Here are some of the shout outs from staff:



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# year10shoutouts@springwood

Year 10 are currently in their second year of their GCSE courses. Teaching staff had the following positive comments to share in the YEAR 10 Achievement assembly at the end of January:



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## arts@springwood



Another year and another fantastic effort from the staff and students involved in this year's Kinetic Theatre production....or should we

say productions. After the huge amount of interest and attendance to the auditions in September, we felt we had no choice but to put on two productions this year to enable more students from across Springwood to be involved.

From Years 7-13, we had Rats and Beasts galore working hard to develop their roles, learn lines and create costumes with close guidance and support from Mrs Dixon and Mrs



Spooner. It was a pleasure to have so many new pupils in Year 7 being involved; showing dedication and commitment to the rehearsals from the start.



Thanks to all the Arts Faculty staff who gave up numerous evenings and weekends to transform the Drama Studio into a multi-locational, magical space, with doll's houses, trees, rivers, forests, castles and towns for the many tales being told.

We thoroughly enjoyed this year's Kinetic Theatre productions of *Rat's Tales* and *Beasts and Beauties* and look forward to the continued support from staff, students and the wider community in the years to come.

It has been one of the most amazing experiences I have ever had. I have learnt loads more about performing to an audience. I would love to do this again! Millie Suiter BG-02 (Year 7)

*I thoroughly enjoyed being part of Springwood's Kinetic Theatre play this year. The fact that every year, from Years 7-13, was able to get involved meant that I was able to meet so many new people!* Georgia Dawson FB-10 (Year 11)

I really feel I developed my organisation skills being part of Kinetic Theatre. It also enabled me to improve my performance skills in readiness for my GCSE Drama and Dance exams. Molly Barlow BG-10 (Year 11)

Doing Kinetic Theatre really helped build my confidence and I have really enjoyed being part of it all. Kiera Clarke BG-01 (Year 7)

We did front of house for Kinetic Theatre and thoroughly enjoyed both performances. Everyone was very professional. Megan Byatt and Emily Calvert OX-09 (Year 11)



I think I have gained more drama skills and doing Kinetic has made the start of my year better. It has made me much more confident. Jessica Yates BG-06 (Year 7)

Miss E. Williamson Teacher of Drama and Performing Arts





# mfl@springwood

## MFL STUDENTS VISIT CAMBRIDGE

On Wednesday 3rd February 2016 over 50 year 10 and 12 students went on a Careers with Languages visit held at the Anglia Ruskin University and run by Routes Into Languages East, a fantastic organisation who arrange many language events throughout the year. It was an excellent evening with a range of interesting talks given by linguists from a wide range of fields: the EU Commission, the British Council, GCHQ, British Trade and Commerce, Booking.com to name but a few. Here are some reports from students who attended:

#### Imogen-Haylett James and Megan Cooper

When we went to the careers event in Cambridge on Wednesday 3rd February we learnt an awful lot about how having a language helps to get a better job. It was also very interesting to meet other people who have experienced or have a job to do with languages . We also found that the food was delicious.

#### Ruby Platt

On 3rd February, 51 other students and I went to attend a languages conference at Anglia Ruskin university, Cambridge. Many influential people spoke; a member of the EU Commission, the founder of the company 'Third Year Abroad', an employee from GCHQ and a few more. We had a four hour long lecture, then we went outside to eat some Dominos. The trip was an all-round success. I learnt a lot about going on a year abroad and how beneficial it would be for me. And also how it can help improve my language skills further enjoyed listening to each speaker as they were telling us about their jobs. I found it very interesting. Best bit was still the pizza though!



#### Harry Pink

Very enjoyable and extremely useful. It encouraged me to work harder with Languages and to do lots of research. It is important to not just learn the language but also the culture. It made me understand how important languages is for my job.



### FRENCH VISITORS





Pictured left are the four visitors from Laon, they have helped and taken part in lessons all week. They are staying with sixth form families.

"Thanks for this week! The High School is very great and the town too. Thank you! "Erwan



"This week has been amazing! If you could I would do this exchange again! -Alex

This exchange was memorable! I really enjoyed myself" --- Clotilde

"I want just to say so much, thank you to my lovely host family and my exchange friend. Still thanks to them" - Camille

## PRAISE FOR THOMAS AND THIERRY

Thomas Fysh (BG-05) and Thierry Garside (BG-08) - I would like to recognize these students, as I believe these two young men typify the Springwood High School ethos; they continually support one another, encourage and help each other through all aspects of school life both in lesson, and their social time. I believe they are a credit to their forms, their house and the school as a whole. It is so rewarding to see them develop into fantastic students they are quickly becoming, I consider myself lucky to support them both on a daily Mr Edwards—Achievement Support Officer basis.





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#### VISIT OF THE ENGLISH SPEAKING UNION

At the beginning of the school-year, we were asked to create a performance of 'Romeo and Juliet 'to perform at the English Speaking Union, Regional Finals for the National Spoken Shakespeare Competition. Georgia and I chose a duologue from the Shakespearian play, featuring the Nurse and Juliet herself. Georgia played the concerned and excited Juliet, whilst I played the 'weary' Nurse. In creating this specialist performance, we both found we gained experiences which have helped in our studies, particularly in AS Drama and Theatre Studies, where we are exploring our own monologues. Mrs Catmull assisted us with technique and delivery and organised the event which was to be held at our school on the 27th January. The entire experience was brilliant and really helped us both grow as drama students. We hope to compete in a similar senior competition in the future, where we will be able to further develop our skills.

We were asked by the organisers of the ESU to help run a Shakespeare Workshop for the regional finalists. We worked with the finalists on a monologue from the play 'Measure for Measure'. During this, we helped the pupils work on performance technique and understanding the language used by Shakespeare which we hope will aid them not only in their future performances but also in understanding the deeper meanings and messages conveyed so heavily in Shakespeare's work. After the workshop, we judged alongside the two organisers, Emma and William to choose two finalists to go through to the grand final in London. The two winners we picked were Jess and Tisa who performed monologues from 'Hamlet' and 'The Tempest'. Two other finalists also received a highly commended award for their performances. As well as this, Molly-Mae and I have also been invited to attend the Grand Final at the Gielgud Theatre on Shaftsbury Avenue in London's West End on the 8<sup>th</sup> March. Here, we will be watching the finalists from across the country compete to win the grand prize and will also be helping behind the scenes.

We wish all the finalists the very best of luck and we are both looking forward to the show in March.

Introduction written by <u>Molly-Mae Taylor</u> and account of the day written by <u>Georgia Dye, Year 12.</u>



## LEAD LEARNERS



Two groups of year 7 Lead Learners have started up again, with the task of producing worksheets or 'mini lessons' for their classes.

Did you know what Chaucer's Summoner did for a living? Or the Manciple? No, neither did I until one group found out. Even the Miller was a surprise – I'd always imagined him working in his windmill, only to be told by the pupil researching him that mills came later, and that he'd have ground the corn by hand.

The other group produced some brilliant verse in the style of Anglo-Saxon heroic poetry, for example:

The Awful Fight		
Men were	merely making	
An awful	act of things!	
Swords saw slashing,		
Shields sough	ht sleeping	
Hope had no	ot helped!	



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## THESE GIRLS CAN!! WEST NORFOLK CHAMPIONS





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#### DISTRICT SPRINGWOOD CROSS-COUNTRY TEAM @ Sloughbottom Park, Norwich

Lucy Barnes-50th, Beth Shaw-34th, Kiera Clarke-49th, Poppy Beales—29th, Molly Holmes-49th, Caitlin Bugg-32nd, Jannis Koulman-18th, Archie Holman-22nd, Henry Frost-23rd, William Bradshaw-14th (absent from picture: Katie Moyle-26th, Mia Moore-28th)

WEST NORFOLK SPORTS AWARDS 2015

NOMINEES Sportsman of the Year: Nathan Wells (Swimming)

Disabled Sports Person of the Year: Lily Edwards (Athletics)



DISTRICT SPRINGWOOD CROSS-COUNTRY TEAM Ella Farnsworth-32nd, Nathan Wells-8th\*, Joe Wells-22nd

\*Nathan qualified for County Cross-Country Championships held at Boston on Saturday 6 February and came 29th.



**U14 GIRLS BADMINTON TEAM** 



Erin Williamson, Phoebe Claxton, Jess Bateman, Emma Harvey

Young Sportswoman of the Year: Jessica Bateman (Badminton)

JANUARY U16 GIRLS BASKETBALL TEAM

Kirstyn Ord, Ella Tidd, Lucy Barnes, Holly Pitcher, Princess Woods, Robyn Kirk

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AWARDS

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#### NATHAN WELLS ~ SPORTSMAN OF THE YEAR

Nathan's achievements in a rough order of importance. His season culminated in July/August with him achieving 9 National qualifying times at the 3 National competitions.

The 3 competitions were: The British Summer Championships 28th July to 2nd August (3 events).

The ASA Age Group National Open Water Championships 3rd August (1 event) The ASA Summer Nationals 4th to 9th August (5

Events).

Nathan swam in a string of races on 6 consecutive days during the combined different Nationals. Starting on the 1st Aug to the 6th Aug. The first three being the 1500m free, 2 x 400m free (heat + final) and the 5k National Open Water.

He amazingly won his gold's during this tough period after these three Heat/ Final events.

A quick reminder of the 7 events in a row that he swam in 6 days and how he did in them.

1st Aug - (1500m free 17/18y - 8th place + a **17 sec personal best time**), - 2nd Aug - (400m free 17/18y HEATS 6th place + a **4.8sec p b time**) - (FINAL 400m free 17/18y 9th place + 0.34 over pb).

3rd Aug - (5k National Open Water -17/18y age group,10th place, his time was 1 hour 2 minutes this was a,**2 min p b time**)

4th Aug - (400m IM 16/17y HEATS - 1st place + a 5.7 sec p b time) - (FINAL 400m IM 16/17y 1st place). New personal best time by 5.86 seconds overall in 400 IM new time of 4:35.75 min/sec + 1st GOLD MEDAL.

5th Aug - (200m free 16/17y HEATS 1st place + a **2.09 sec p b time**) - (FINAL 200m free 1st place +**1.97 sec pb**). New personal best time by **4.6 seconds overall**, **200m freestyle new time 1:53.95 min/sec + 2nd GOLD MEDAL**.

6th Aug - (200 IM 16/17y HEATS 1st place + a 2.25 sec pb time) also the (50m back HEATS 12th place + 0.24 over pb)

6th Aug - (FINAL 200 IM 1st place + another 3.13 sec pb time) New personal best time by 5.38 seconds overall, 200 IM his new time 2:08.46 min/sec + a 3rd GOLD MEDAL.

His complete total distance of races swam over all the combined Nationals was an impressive **9,350m total**.

He qualified for the British Champs in April held at London's Olympic pool. He made a massive pb of over 5 seconds in the 400m freestyle, unfortunately he was swimming in a double age group 17/18 yrs so finished in 14th overall.



WEST NORFOLK SPORTS AWARDS 2015 SPORTSMAN OF THE YEAR: WINNER: Nathan Wells



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## SPORTSMAN OF THE YEAR





Nathan writes 'I have had an excellent season this year and to be able to round it off with sportsman of the year award meant the world to me. I felt very humble to receive such an award and would like to thank everyone who nominated me and has supported me. Hopefully this season I can do even bigger and better things and ultimately make the Olympics in 2020.'

> Badminton player Jessica Bateman was also runner - up for Young Sportswoman for the Year.





Lily Edwards was runner-up in the KLFM West Norfolk Sports Awards for the Disabled Sports Person of the Year.

## **KEELY'S SPINE CHILLER**



Keely Dolbrowolsky SD-07 with Mrs Catmull and Mr Johnson

When I heard about the Spine Chillers competition I decided to do it. When I started to write it I instantly thought about gravestones. I handed the early draft to Mrs Catmull and she marked it. After that, I entered my story into the competition. I waited for a long time and then a letter came in the post saying I'd done well. Keely

Keely was very enthusiastic about this Competition and I hoped that she would do well.

She wrote the story at home and brought it in and had a few attempts at fitting it within the 100 words! She waited patiently for the result after Christmas and was rewarded with the good news that she would have her work published. We are now awaiting the book which we will have a copy of in school, along with a copy sent to the British Library.

Mrs Catmull



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## SPRINGWOOD JUMPS

On Saturday 12 December a cold wet day the Norfolk Inter-School Christmas Show jumping competition took place at Lime Kiln Farm. Despite the weather it was a great day for the Springwood team.

Sophie Fen—Team Captain writes:

Despite the terrible weather, we all managed to perform the best that we could. Sophie and Lucy entered the 2'3 and both came out with a double clear. In the 2' 6 as a whole team we managed to be placed  $6^{th}$  and Georgia achieved a  $1^{st}$  place as an individual. Georgia and Pippa competed in the pairs and were able to get a  $1^{st}$  as well as Sophie and Georgia competing together and coming out with a  $4^{th}$ . Pippa and Georgia then competed in the 2' 9 and again Georgia came out with an individual 1st place. At the end of the day as the Springwood team achieved  $5^{th}$  place out of the 18 teams, which was well deserved by all. Well done to everyone, you all rode extremely well. Also a massive thank you to Mrs Knight for organising the event and helping on the day.

*Team Members: Sophie Fenn (Cpt) on Dora, Georgia Moat on Ma(tilda), Pippa Cunnington on Star and Lucy Allen on Laxton's Gizmo .* 



Georgia Moat on Tilda



Pippa Cunnington

on Star



Sophie Fenn on Dora



Lucy Allen on Laxton's Gizmo

#### THE WEST NORFOLK SSP KS3 SWIMMING GALA



#### Wednesday 9th December 2015

A team of 14 Springwood swimmers from years 7, 8 and 9 attended the gala and came a very respectable 2nd place, despite not having a full year 9 team.

Particular congratulations go to medal winners for coming first in their races and therefore also receiving an invitation to attend the next round to represent West Norfolk at the County Championships in March 2016.

MEDAL WINNERS - Izzy Jeffery, Kiera Clarke, Lara-Grace Mount, Jacob Isle, Ella Farnsworth, Katelin Taylor.

OTHER TEAM MEMBERS- Ellie Simms, Leonar Andrews, Joe Williams, Tobias Oglesby, Vivikth Sannakki, Ryan Howard, Jessica Taylor, Finlay Gull.

> Well done to all! Mrs Hipperson





# headteacher@springwood

## Message from Mr Johnson



It is great to send out my first report for 2016, so far it has been an excellent year!

As always, it was a privilege to accompany our Queen's Prize winner Sam Sanders and his family to receive his prize from Her Majesty early in the year. Sam was an excellent student and a very worthy winner of the prize. He is now studying Philosophy, Politics and Economics at Lady Margaret Hall College, Oxford. I am sure his excellent achievements will inspire many other students to "reach for the stars" academically!

The Springwood Sixth Form application deadline has now arrived. It has been fantastic to interview so many Springwood students alongside students from other local High Schools. Many thanks to the Sixth Form team for organising literally hundreds of high quality applicants. The calibre of applicants has been incredibly high and I look forward to welcoming them into the Sixth Form in the summer.

The Year 11 students have been working incredibly hard during their Pre-Public Examinations. I have been very impressed by their work ethic in every examination. My time at Springwood has shown me that if students take their academic studies seriously they will reap the rewards when their results are published!

Congratulations to Mr Bliss and his Kinetic Theatre team; due to the large number of students wanting to be part of the school production, they decided to run two shows simultaneously! This was a credit to the dedication and hard work of both students and staff. It is great that Springwood has both high standards of academic work and extracurricular engagement.

Finally, well done to Maya Engledow, one of our Year12 students, who became a winner, and Rosie Goodman, another Year 12 student from Springwood became a runner-up in the county phase of the Poetry by Heart competition. This is a prestigious competition and Ms Morris was "over the moon" with the comments made by the judging panel. Maya will now attend the national final in Cambridge later this year.

A M Johnson