



# news@springwood

## SIXTH FORM SNOW BALL

The first sixth form 'Snow Ball' was held on 13th February in the Duke's Head, King's Lynn. This enjoyable and friendly evening was organised by the sixth form Voice and included an excellent performance from a live band.

The event was an ideal opportunity for year 12 students to relax at the end of their exam week, before the hard work towards the AS Levels begins. Year 13 students celebrated as many of them are now in receipt of excellent UCAS offers and are working hard for their final A Level exams.



The event was well attended with well over 100 students and many staff dusting off their ball gowns and best suits and enjoying the evening.

Grateful thanks to the sixth form Voice for organizing the event, sixth form tutors for their attendance and to Mr Cuss for his excellent performance with his band.

Mr G Pettitt (Assistant Director KS5)



# internationalism@springwood

## FRENCH

### UEA Trip, 21 January 2015

Eventually, all of us boarded the minibus and we set off to UEA for a day of language inspired taster sessions and guided tours of a prospective campus. Finally arriving at our destination after navigating the complicated campus road network, our first session was with a leading tutor in Interpreting.

We were first given an introduction to the occupation and were then asked to act out a role play of a doctor's surgery, trying to translate French and English if we could. The tutor concluded by reading out famous speeches and

asking us to 'simultaneously interpret' (immediately translating) which can prove a challenge! This was followed by a guided tour of the grounds by two student ambassadors. We were allowed to experience student life more independently during lunch, splitting into small groups and regrouped for an interesting introduction into Italian, learning important skills such as introducing yourself and, of course, ordering at the bar! The day was concluded by a short talk on student finances, always helpful for prospective students. All in all, an enjoyable day! Mr T Calow



## COLLECTING VOUCHERS

There is a collection box in the LRC for Active Kids vouchers for 2015 from 28 January until 5 May.





# sld@springwood



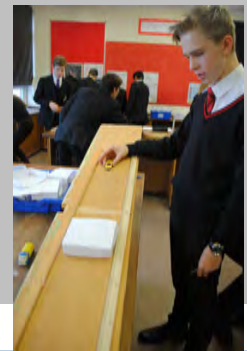
YEAR 7—ROMEO AND JULIET WORKSHOPS



YEAR 8—OPTIONS



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YEAR 10—SCIENCE



YEAR 9—ARTS



King of Shaves—Will King



Climber—Ben Heason



Psychology—Cara Flanagan with  
AS and A2 Students



YEAR 12/13 INSPIRATIONAL SPEAKERS

# people@springwood

## SLD—SCIENCE & GEOGRAPHY

On Super Learning Day Science and Geography KS5 students visited the Sizewell Nuclear Power Station in Suffolk.

Hosted by EDF Energy we all had an excellent day. Bombarded by mind blowing science and statistics on how electricity is made and transported to our homes, we take it for granted but its not a simple process. Next time we plug in an appliance we will think of our day trip! As well as a privileged tour of the power station—pipes and generators etc.. we investigated the post-16 career options: Advanced Apprenticeships in Engineering and Maintenance—well worth a look!

### RADIOACTIVITY FACTS:

Did you know?

\*Sizewell makes approximately 3% of UK electricity—serving 2 ½ million homes and businesses throughout Norfolk, Suffolk and Essex.

\*This year Sizewell B celebrates its 20th anniversary.

\* Sizewell uses Uranium 235 and 238 as it's fuel in a pressurised water nuclear reactor.



## Sports



Young Sports Person of the Year

Joint Winners:

Lewis Whitmore and Shaun Stocker

Lewis proudly showing his Trophy

## Shelby's DVD Gift



Shelby Powell FB-09 with the DVDs she collected for the Sheffield Children's Hospital. She took them to hospital just before Christmas, as a way of saying thank you.





# internationalism@springwood

## Visiting French Students



We're three French students here for a week. We're studying at Lycée Pierre Méchain in Laon. Springwood is really different than ours but it was a great experience because we had to speak English all the time. Actually, some lessons were really hard to understand but we are going back to France with lots of great memories.



DUCHEMIN Marie

LAROCHE Océane

CHRÉTIEN Théo



## German Family Tree



Well done to Kim Blankson, Teigan Hitchcock and Anna Howlett for their wonderful work. They had to design a family tree in German. Their homework is now displayed in the library.

# sixthform@springwood

## Travel & Tourism

The Year 12 Travel and Tourism group have recently began a new unit, 'Customer Care'. The first assessment involves writing a report outlining how hotels meet the needs of different groups of people eg honeymoon couples, business people, school groups etc. To help them with this report we invited in Mrs Sara Hutton from Park House which is located on the Sandringham Estate.

Mrs Hutton informed the students how a hotel such as Park House can meet the needs of visitors with a disability. The students learnt about hearing loops, room adjustments, distributing medication etc. James Winner one of the students said " I've now got a lot of information which will make writing a detailed report so much easier'.



## Duke of Edinburgh Awards

Over the last 18 months students from Springwood sixth form have been quietly completing different sections for their gold D of E .The gold award is a most prestigious award and takes two years to complete at the very least . It takes great commitment and teamwork as well as the drive to learn new skills , to take part in volunteering and to attend a five day residential course, as well as improving in a chosen physical sport and the hardest part of all completing a four day, self-sufficient expedition in mountainous wild country, camping and carrying all kit , irrespective of weather! This award is held in the highest regard both by businesses and universities . These students have all completed some sections and will hopefully finish their gold this year .



Alison Russell - physical, residential and expedition.

Josh Barnes - volunteering and expedition

Rapid Mangaser III , Chris Scamell, Josh Sarte, Sam Harrington, Brodie Griggs Jemma Pierri - all completed the expedition,

Jade Keating - physical,

Sam Sanders -residential

Charlotte Burrows - physical and residential

**Well done to all of the participants.**



# history@springwood

## London visit

On the 3<sup>rd</sup> February (Super Learning Day) Year 9 History students arrived at school at 6.30am to travel to London for a 2 day tour of Medical museums, historical sites and a night time tour visiting the locations of Jack the Ripper's victims. First stop on the tour was the Hunterian Museum, according to year 9 "lots of jars, with bits of bodies in them". The question they always asked was "are they real bits" and the answer is yes, tumours, lungs and bits of spine floating in clear fluid to mention a few. They also visited the Old Operating Theatre Museum, and London Bridge. Free time was had in Covent Garden and Borough Market where



**Chloe Rout**—I enjoyed the trip. I really enjoyed the Jack the Ripper tour and the science museum. The Jack the Ripper tour was good as it went into more detail about the murders.



**Lydia Groom**— I really enjoyed seeing the museums. The tour also made the murders seem more real. It was also really interesting to learn about the murders in more detail.



**Katie Easter and Zoe Akred**—It was a fun trip. I enjoyed the time in Covent Garden. The Hotel and Planet Hollywood I particularly enjoyed.



# history@springwood

## London visit

they had an abundance of national and international cuisine to try. On the first evening 108 students and staff descended on Planet Hollywood for a well-deserved rest and burgers. To finish the first day we all attended a very cold and creepy Jack the Ripper tour where it is said that some of his victim's ghosts still wander down the streets where they were brutally murdered. Finally at midnight we arrived exhausted at the Hotel for a good night's rest in order to visit the Medicine Through Time exhibition at the Science Museum the next day before travelling home.



**Caitlin Bugg, Izzie Russen, Alimay Campbell and Abbie Gibling**—We enjoyed planet Hollywood and the food was good. The Jack the Ripper tour was also very good and the museums. The operating theatre talk was a little boring but the hotel was also good.



**Carla Sayer**—I enjoyed the site seeing and the Jack the Ripper trip because it was interesting.

**Daisy Key and Aimee Tivey**—The trip was good and there was a lot of free time. The night time walk was good as it gave a good atmosphere on Jack. The operating theatre was also good.

# Irc@springwood

## SPELLING BEE



### SCHOOL COMPETITION AND ONTO THE REGIONAL FINALS

On Wednesday 11 February we had our school competition for the Foreign Languages Spelling Bee.

All of the participants worked incredibly hard to remember their words and letters, and should be proud of their efforts. The next stage will be our Regional Competition at Comberton Village College in Cambridge. This will take place on the 15 April and the contestants will be required to know 150 words – 50 from each stage so far.

Our winners for the School Competition who will compete in the Regional Finals are listed below. Well done everyone who participated and helped out! Thanks, Miss Simone

#### French:

1<sup>st</sup> Place = Arushan Antony-Vilvarja

2<sup>nd</sup> Place = Phoebe Claxton

#### German:

1<sup>st</sup> Place = Anna Howlett

2<sup>nd</sup> Place = Donting Xu



Our French competitors in the School Competition (from L-R) : Dahbia(French Language Assistant), Corey Day, Rad Dabrowski, Abigail Simms, Phoebe Claxton, Arushan Antony-Vilvarja, Miss Simone

## THE REV AND THE ROCKIN' BISHOP



On 3rd February the Right Reverend Jonathan Meyrick, Bishop of Lynn, was visiting Gaywood Parish and Rev. Zoe Fergusson brought him along to Springwood to see work in the RE dept. Two classes in Year 11 and Year 9 were able to ask Bishop Jonathan a range of questions, such as 'What does a Bishop actually do? And 'What do you think of the Big Bang

"I was surprised about his double life, as a Bishop and a singing Superstar" - Vaiva Pileckaite Yr 11

"I was impressed by his singing and surprised that he was invited to be a bishop by the Queen" - Sam Moore Yr9

"I was surprised at how little he was paid, and the amount of travelling he has do" - Dawson Partleton Yr 9

A Bishop came to visit our class we were able to ask him about his religious beliefs and which he answered in great detail. He was very fascinating....  
Charlotte Keating and Katelan Gordon Yr9





# wnat@springwood



Are you currently teaching in a school?

Training to be a teacher?

A graduate and considering teaching as  
either your first employment  
or as a career change?

then come to:

Springwood High School

on

Thursday 12th March

at 7.00 pm

To investigate the opportunities within  
the West Norfolk Academies Trust Group  
of Primary and Secondary Schools

# headteacher@springwood

## Message from Mr Johnson



## SUMMER UNIFORM

Summer uniform can be worn from February until October half-term:

- Long or short sleeved formal white shirt (stiff collared, buttoned to collar and tucked in).
- A "clip-on" school tie (in House colour). Any other tie i.e. sport ties may only be worn for fixtures.
- A school blazer; pupils may remove their blazer when told to do so by the teacher, or in hot weather; the blazer must be carried by the student over their arm if removed.
- School jumpers can be worn but are not compulsory.
- Full length black tailored school trousers with black socks – no jeans, leggings or skinny fit style trousers.
- Girls may wear a SHS Skirt with plain black tights or black socks (no over the knee socks, footless tights or leggings) as an alternative to tailored black trousers. The skirts must be worn at the correct length.
- Plain flat black leather (leather-like) full shoes which cover the whole foot: no boots, sandals or trainers will be allowed. Shoes need to be sound and safe to wear in a variety of school environments.
- If a belt needs to be worn (through belt loops), it must be plain black without motifs, embellishments or decoration.
- No hooded sweatshirts to be worn.
- If a coat is required it must be plain black, no leather or suede.

### Jewellery

- Piercings - no visible body /facial piercing, tunnels or retainers.
- One small pair of plain stud earrings may be worn but must be removed to allow pupils to participate in PE.
- Pupils may wear a wristwatch.
- No rings, necklaces or bracelets are to be worn.

### Make-up

- Light make-up may be worn but must be discreet.
- No false eyelashes.
- Hair may not be dyed bright or 'unnatural' colours.
- Acrylic/gel/nails or tips are not allowed in school. This is a Health & Safety issue.

### Equipment

A scientific calculator is now a compulsory piece of school equipment and students should have one with them at all times. These are available to purchase from the school shop- £3.80 or £6.50. Clear pencil cases (filled with equipment) are also available in the shop for £1.50. Pupils must have a reading book with them at all times. We discourage students bringing mobile phones, Ipods etc onto the school site. If these are brought into school it is at the risk of the owner.



Modestas Ramanauskas HK-10 and Libbie Bray OX-02 in Summer Uniform