

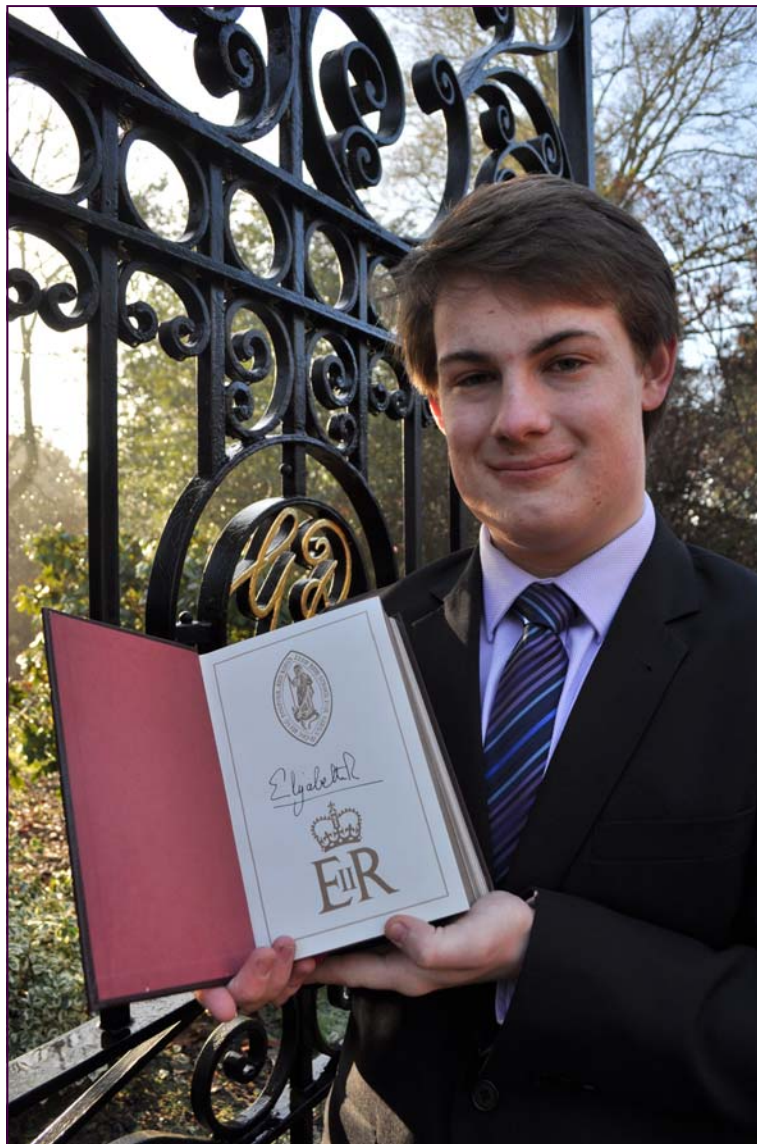


news@springwood

TOP STUDENT MEETS THE QUEEN

On Sunday 4 January, a cold and foggy morning Fergus Pateman accompanied by his mother and Mr Johnson (Headteacher) received a signed copy of the complete works of Shakespeare. This was for obtaining A* Mathematics, A Music Technology, A Physics. At present he is having a gap year and then going onto the University of Surrey to do Music Sound Recording a very prestigious course.

Fergus whilst talking to the Queen nearly forgot who he was talking to, as she was so easy to talk too and he felt quite relaxed. The Queen's Prize has been awarded from 1888 and is awarded annually to the student who achieves the best A level exam grades.



awards@springwood

SPECIAL AWARDS TO MEMBERS OF THE SIXTH FORM 2012-2014

PRIZE AWARDED

AT SANDRINGHAM HOUSE BY
HER MAJESTY QUEEN ELIZABETH II

Fergus Pateman

HENRY SMITH SCHOLARSHIP

Jack Tucker

ROTARY CITIZEN AWARD

Presented by the Rotary Club of King's Lynn

Benjamin Craske

MICHAEL GRIFFITHS PRIZE FOR ENDEAVOUR

Urwa Anwar

HANOVER PRIZE FOR CONTRIBUTION TO THE ARTS

Alex Kendal

NORFOLK COUNTY SCHOLARS

Urwa Anwar
Lois Chen
Harry Jackling
Roisin Mallen
Ashley Norman
Jack Tucker

Emily Ballard
Toni Emery
Kieran Jakings
Nadine McCrory
Amy Ostojic
Jake Watson

Sam Bannister
Iain Fraser-Barker
Sonia Jakku
Ashleigh Moore
Fergus Pateman
Rebecca Williams

Jasmine Bowerman
Molly Hardy
Matthew Keens
Kirt Nicholls
Josh Thomas
Mesha Wright



Prize winners with Guest of Honour Miss Claire Williamson, Mr R Livesey and Mr A Johnson

subject awards@springwood

ART <i>Donated by Henderson Art & Framing</i>	<i>Jasmine Bowerman</i>
BIOLOGY <i>Donated by Bespak</i>	<i>Jack Tucker</i>
BUSINESS <i>Donated by Dow Chemical</i>	<i>Georgina Wiseman</i>
CAMB TECH BUSINESS <i>Donated by Wolfy's Video & Photography</i>	<i>Tom Sharman</i>
CHEMISTRY <i>Donated by Dow Chemical</i>	<i>Joshua Thomas</i>
CLASSICAL CIVILISATION <i>Donated by Clanpress</i>	<i>Stephanie Ball</i>
DANCE <i>Donated by Sibelco</i>	<i>Holly Franklin</i>
DESIGN TECHNOLOGY <i>Donated by Dow Chemical</i>	<i>Benjamin Craske</i>
DRAMA THEATRE STUDIES <i>Donated by F.W. Hendry</i>	<i>Hannah Wescombe</i>
ENGLISH LITERATURE	<i>Imogen Smith</i>
ENGLISH LANGUAGE & LITERATURE <i>Donated by Sibelco</i>	<i>Abigail Judge</i>
FRENCH <i>Donated by Sibelco</i>	<i>Amy Ostojic</i>
FURTHER MATHS <i>Donated by Bespak</i>	<i>Lois Chen</i>
GEOGRAPHY <i>Donated by Bespak</i>	<i>Sam Bannister</i>
GERMAN <i>Donated by Sibelco</i>	<i>Sonia Jakku</i>
HEALTH & SOCIAL CARE <i>Donated by The Clock Pharmacy</i>	<i>Sarah Bailey-Thrower</i>
HISTORY <i>Donated by Bespak</i>	<i>Nadine McCrory</i>
INFORMATION TECHNOLOGY (APPLIED) <i>Donated by The Clock Pharmacy</i>	<i>Kirt Nicholls</i>
KINETIC THEATRE AWARD <i>Donated by Clanpress</i>	<i>Holly Franklin</i>
MATHEMATICS <i>Donated by The Clock Pharmacy</i>	<i>Toni Emery</i>
MEDIA <i>Donated by Wolfy's</i>	<i>Michael Hardwick</i>
MUSIC <i>Donated by Sibelco</i>	<i>Iain Fraser-Barker</i>
MUSIC (THE MUSIC CUP) <i>Donated by Springwood High School</i>	<i>Mark Britton</i>
MUSIC TECHNOLOGY <i>Donated by Sibelco</i>	<i>Fergus Pateman</i>
PERFORMING ARTS <i>Donated by Wolfy's</i>	<i>Molly Hardy</i>
PHOTOGRAPHY <i>Donated by Wolfy's</i>	<i>Daniel Brock</i>
PHYSICAL EDUCATION <i>Donated by Sibelco</i>	<i>Liam Reed</i>
PHYSICS <i>Donated by Bespak</i>	<i>Jake Watson</i>
PSYCHOLOGY <i>Donated by Bespak</i>	<i>Roisin Mallen</i>
RELIGIOUS STUDIES <i>Donated by Bespak</i>	<i>Laura Fysh</i>
ROBERT GALLIARD CONCERT BAND CUP <i>Donated by Springwood High School</i>	<i>Toni Emery</i>
SOCIOLOGY <i>Donated by F.W. Hendry</i>	<i>William Green</i>
STUART SMITH VOCATIONAL CUP <i>Donated by Springwood High School</i>	<i>Harry Tomlins</i>
TECHIE <i>Donated by Wolfy's</i>	<i>Molly Hardy</i>
TRAVEL AND TOURISM	<i>Paige Denny</i>

community@springwood

FOOD BANK



My friend and I started a food bank just before Christmas in the LRC. The idea was given to us by one of our mums, who had been there for an interview and whilst there they saw a family who came in asking for food. And that really opened our eyes to people who have so much less than we have.

We also did it because we didn't just want to wait for a teacher to say let's go bag packing for our Endeavour. So we took matters into our own hands and started up the food collection for Springwood.

We weren't very sure if we would get any food let alone four boxes. We would like to thank everyone who donated. We are very pleased with what we have got and none of it would happen without any of you donating. Thank You

Jess Sunderland and Jess Massam Year 8 Ox-07



Sandringham House collected food for the King's Lynn Foodbank



The LRC collected sugar for the Buckingham Emergency Food Appeal—for families in crisis & homeless people

PERINATAL VOLUNTEER

Training Course

Starting in February is an exciting volunteer opportunity to train as a Perinatal Volunteer Befriender. The Perinatal Service recruits and trains volunteers to support new and expectant mums with postnatal depression and other mental health difficulties. Through the project volunteer befrienders use their own experience as mums to provide support to mothers before and after birth and provide them with a useful person to talk to when things feel overwhelming.

Women of all ages and backgrounds are being asked to volunteer and the only criteria is that they are a mother themselves. The training programme runs for 6 weeks, one day a week, 10.00 – 15.00. The course will run in Kings Lynn (venue TBC) Guest Speakers, including those with Social work, Counselling and Mental Health qualifications, will share their expertise with the attendees each week. The training course involves presentations, group tasks, DVDs, discussions and case studies. Postnatal Depression, Domestic Violence, Child protection, Diversity, Attachment, Bonding, Social Isolation and Listening Skills are all explored in detail during the course. After a successful completion of the course you will receive a Certificate of Completion and become a Perinatal Volunteer Befriender, supporting mums in the homes practically and emotionally.

If you are interested in taking part on the training, please contact Melanie Wiseman – Perinatal Support Coordinator on 01760 725801 or email: Melanie.wiseman@family-action.org.uk.

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CHRISTMAS PARTY

Springwood High School hosted their annual Senior Citizens' Christmas Party on Monday 15th December.

Residents from homes in the town were invited and a fine time was had by all! Guests were treated to drinks and Christmas Fare with entertainment being provided by the school band and choir.

They also enjoyed games of bingo and a visit by Father Christmas who gave out numerous gifts kindly donated by local companies and individuals (many thanks for these).



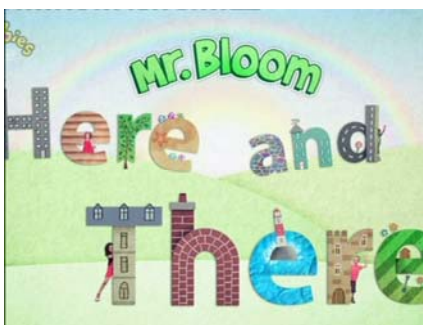
LILY MEETS MR BLOOM

Lily was chosen to screen test for three days of filming for TV series on cbeebies called 'Mr Bloom – Here and There'. Lily and some friends joined Mr Bloom in lots of sports. The filming was very hot and long but great fun. It finished with a morning at the Sedgeford archaeology dig looking for fossils etc. Lily had to play quite a big part and had to say lots but she really enjoyed it. It was then shown on TV in November when all those 'takes' had been edited into a fantastic show. The children received a keepsake photo.

Lily writes: "I like this programme because I was chosen to be on Mr Bloom's Here and There. Mr Bloom is my friend and I got to do lots of sport with him, my favourite was the climbing wall and I took his hat off so he could put on his helmet for climbing. I enjoyed seeing myself on TV."



Lily Edwards BG-04



community@springwood

GREAT DAFFODIL APPEAL

The Marie Curie Cancer Care are looking for people in the Kings Lynn area to help us by collecting at the following places:



Kings Lynn	Sainsbury's	06 February 2015	Friday
Kings Lynn	Sainsbury's	07 February 2015	Saturday
Kings Lynn	Sainsbury's	08 February 2015	Sunday
Kings Lynn	Tesco	27 February 2015	Friday
Kings Lynn	Town Centre	06 March 2015	Friday
Kings Lynn	Town Centre	07 March 2015	Saturday
Kings Lynn	Vancouver Quarter	06 March 2015	Friday
Kings Lynn	Vancouver Quarter	07 March 2015	Saturday
Kings Lynn	Asda	13 March 2015	Friday
Kings Lynn	Asda	14 March 2015	Saturday
Kings Lynn	Co-Op	13 March 2015	Friday
Kings Lynn	Co-Op	14 March 2015	Saturday
Kings Lynn	Co-Op	13 March 2015	Friday
Kings Lynn	Co-Op	14 March 2015	Saturday
Downham Market	Tesco	27 February 2015	Friday
Downham Market	Morrisons	13 March 2015	Friday
Downham Market	Morrisons	14 March 2015	Saturday
Downham Market	Town Centre	13 March 2015	Saturday
Downham Market	Town Centre	14 March 2015	Friday

If you are able to spare at least 2 hours, please go to our website: www.mariecurie.org.uk/collections and sign yourself up. It is very straightforward and should take no longer than 2 minutes. If you are unable to sign yourself up, please call or e-mail me and I will be able to do it. Please feel free to pass this onto friends and family and sign them up too. If you, or they, cannot use the system I will need the following details:

- Name
- Address
- Mobile number
- E-mail address

Thank you Paul Fleet

options@springwood

YEAR 8 OPTIONS

This year is a crucial time for each Year 8 student as they need to make important choices about the subjects they will study in the future. In years 9, 10 and 11 all pupils will take English, Maths, Science and RE in addition to compulsory PE lessons. Their timetable is then completed with a number of additional courses.

To assist with these decisions we have arranged a number of events this school term. On **Tuesday 3 February**, all year 8 students will be involved in a super-learning day in school providing an overview of the choices process for KS4 and future possible careers. Students will be given their subject choices booklet too.

Wednesday 4 February to Friday 27 February – Student/Parent Interviews

Following the Super-Learning day you will then be invited into school to discuss your child's latest report, possible career choices and consider which subjects may be suitable to continue to study. The interview will be held during February and will usually be conducted by the student's Academic Mentor, who will contact you to arrange a suitable time during this period for you all to meet.

Thursday 26 February – Guided Choices Subject Evening

This evening will be a chance for pupils, in particular, to discuss the subjects they wish to follow with some of the teachers of those subjects. The evening will begin with a short presentation in the Music Sound Foundation Concert Hall, followed by the opportunity to discuss the subject choices with the Head of Department or subject teachers. There are three identical presentations, although, where possible, please attend the one relevant to your child.

If your child is in tutor group ending in 01, 02, or 03 please attend the presentation at 6:00pm

If your child is in tutor group ending in 04, 05 or 06 please attend the presentation at 6:40pm

If your child is in tutor group ending in 07 or 08 please attend the presentation at 7:20pm

The evening will close at 9:00pm.

STORY WRITING COMPETITION

500 WORDS returns to Radio 2 for 2015!

The Chris Evans Breakfast Show's 500 Words story-writing competition returns to Radio 2 for a fifth year. 500 WORDS asks children aged **13 and under** up and down the UK to put pen to paper to compose an original work of fiction using no more than **500 words**.

If you enjoy writing and would love to hear your own story being read out by a celebrity, then this could be the competition for you.

Miss Locke will be organising the competition in school for pupils in year 7 and 8. If you are interested, come along to H6 on Tuesday lunchtimes at 1pm, or find Miss Locke in the English office during break times to find out more.

languages@springwood

SPELLING BEE UPDATE



Next Up: School Competition Wednesday 11 February

Last term we had some fantastic participation in the Foreign Languages Spelling Bee. Year 7s from French and German classes had the opportunity to participate in the Spelling Bee in their respective language class. Each class had a great sized group of volunteers who practiced their alphabet and set of 50 words in their target language. Through hard work in their own time, weekly practice with 6th form students, and clubs with the language assistants, these students dedicated a lot of hard work to learn their words. When the day came to participate in the Spelling Bee in their class, these students really impressed their peers with their bravery and knowledge. Well done to everyone who participated, and good luck to those continuing on to the next round. The first and second place winners of each class will compete at the end of this half-term to see who will continue to regionals.

Thanks for all your hard work! - Miss Simone



French students continuing on:

Phoebe Claxton FB05
Leanne Joardar SD05
Arushan Antony-Vilvarja BG01
Amelia Nimmoayres SD07
Corey Day OX05
Abigail Simms SD08
Ella Farnsworth HK02
Amelia Spindler HK08
Holly Clark HK02

German students continuing on:

Akville Cerniauskaite BG02
Donting Xu BG02
Kim Blankson FB02
Anna Howlett FB03
Rhiannon Venner OX07
Mia Bownern BG03
Tate Giller BG06
Euan Broughton FB03



AFTER SCHOOL CHINESE

After school Chinese beginner lessons in Springwood have been running since 6 November 2014. There are 8 students who came regularly in the past nine weeks. They are Alisha, Ana, Beth, Beatriz, Chloe, Harmony, Luis and Talitha.

The work we have done includes basic greetings like hello, thanks and goodbye, self-introduction including name and age, family members etc. Activity-wise, we did Chinese paper-cutting, making your own Christmas card using Chinese words, simply Chinese Kung Fu movements, popular Chinese song and dance.



year9@springwood

Bright Futures

RESIDENTIAL TRIP FOR YEAR 9's
AT HOLT HALL.
FEBRUARY 23 - 25 2015.
(AFTER HALF TERM)

Bright Futures is a fast paced, environmentally focused programme which is being run as a 2 ½ day residential at Holt Hall field studies centre in February which will include students from 3 Norfolk schools.

For more information see Mrs Saunders B9

Cost £50



Norfolk Integrated Education
Advisory Services



Norfolk County Council



atl@springwood

SANDRINGHAM ATL1'S



Congratulations to the following students from Sandringham House they had cake and a drink on Monday 12 January with Mrs Willet, Mr Scoles and Mr Johnson:

Year 8 – Harriet Tuck SD-07

Year 9 – Sophie Ward SD03, Rachel Ampormah SD-05, Isabel Russen SD-08

Year 10 – Kaveeta Malhi – SD-04 (missing from photograph).

HOLKHAM ATL 1'S



Cake and Shake for for the following students from Holkham House, congratulations to them all:

Year 8: Lexis Bedeser, Libby Blankley, Enya Cabrerros, Hannah Coe, Louise Garrod, Ewan Harvey, Emma Harveyk Mason Higby, Smantha Leet, Claire Mellor, Jake Rowe, Holly Rowe and Archisha Tripurneni.

Year 9: Lucy Girdlestone, Daisy Key,

Year 10: Lauren Carson, Paris Fodden

Year 11: Maya Engledow, Emily Houseman, Olivia McKenzie

Missing from picture: Lauren Greengrass, Lauren Kitney-Foster, Joseph Pembery, Georgina Bunting, Paris Larham, Penny Carter, Jennifer Curry, Zachariah Oglesby, Bethany Shaw, Lauren Smith, Jack goldsmith, Caitlin Kitney-Foster

poetry@springwood

POETRY BY HEART

This is the second time when our school is participating in **Poetry By Heart** recitation competition.

Poetry By Heart is a pioneering national competition designed to encourage pupils aged 14-18 and at school and college in England to learn and to recite poems by heart. Not in an arm-waving, props-supported extravaganza, but as the outward and audible manifestation of an inwardly-understood and enjoyed poem.

Poetry By Heart successfully engages young people from diverse social backgrounds. Each pupil is challenged to memorise and recite two poems – one published before 1914 and one in or after 1914. Pupils choose these from the timeline anthology of over 600 years of poetry on this website. In 2015, at county level and beyond, contestants will recite a third poem from a special collection of World War 1 poems as part of the centenary commemorations.

Maya Engledow (Year 11) and **Shannon Ramasso (Year 12)** managed to foster deep personal connections with the chosen poems and brought poetry alive during school competition. **Maya Engledow** won it reciting poems: *Lucifer in Starlight* by George Meredith; *I, being born a woman and distressed* by Edna St Vincent Millay and *The dancers* by Edith Sitwell. **M.Morris**



Maya Engledow HK-10



Shannon Ramasso ViLFR

FELBRIGG HOUSE COUNCIL

Christmas 2014

Cake Sale - During the 4 days leading up to the end of term, we managed to raise £60. The cake stall was run by year 7-10 pupils. The sale was held during break in the hut in the Sandringham courtyard. The committee was extremely pleased with the response and enjoyed the activity. Many thanks to those who helped, promoted, baked or even bought and ate the cakes!

Felbrigg Fayre—On the last day of term, a fayre was held in the girls gym. Everyone enjoyed the afternoon organising and participating in the challenges offered through the wide variety of stalls. This ranged from indoor stalls such as tombola, pin the nose on Rudolph and shoot the elves to outdoor stalls such as penalty shoot out and Alfies winter wipeout!

Many thanks to the staff, committee members and all participants. This brought our total takings to £225 for our charities.

We are already busy organising a Valentine fund raiser so watch this space! Anna Howlett and Chloe Hembling.

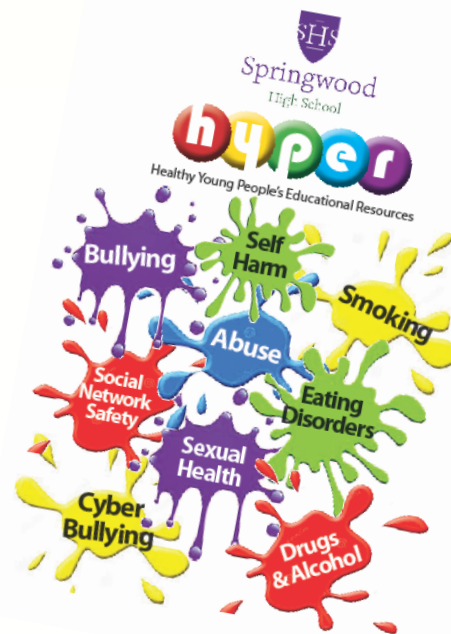


hyper@springwood

HEALTHY YOUNG PEOPLES EDUCATIONAL RESOURCES

Here at Springwood we are constantly looking to improve the way we can keep students safe and how we could help. Information is key to this so we have looked at how other academies, colleges, universities provide such important information. Research tells us the most beneficial way to do this is Healthy Young Peoples Educational Resources (HYPER) posters and drop in sessions.

We are very aware how hard it is to ask for help or even ask for information. So we have set up a drop-in session run by Mr Harrison. Many of you will know Mr Harrison as one of the easiest people to talk to. Someone who has a vast array of knowledge of talking to young people and their concerns without prejudice or judgement. There are also booklets in the house offices and F10. These booklets have information about all the places in and out of the academy you can get help. So if you're worried about Yourself, Friend, or Family member or just curious about stuff ask a member of staff or house office when the sessions take place and lookout for the booklets.



FAREWELL AND WELCOME

At the end of the Autumn term we said goodbye to the following colleagues:

Mrs Tuley whom we wish a long and happy retirement

Ms Harper, Mr Chung and Ms Charlesworth who have been with us for 12, 8 and 4 years respectively and are taking up new challenges at other Norfolk schools

Mrs Wright who after 5 years at Springwood has secured the prestigious post of Director of Music at King's School Ely

Mrs Tokelove, our receptionist of 9 years, who has moved out of the area for family reasons

We would like to extend a very warm welcome to our new colleagues:

Mr Melton who joins the Science Faculty from Marshland High School

Mr Moore who also joins the Science Faculty from Abbey College in Ramsey.

Mr Wardill who joins the Technology Faculty from King Edward VII, King's Lynn

Mrs Scott who will be in the Music Department on a part-time basis.

year8art@springwood



Year 8 students have just completed a commercial based project where they looked into art based careers. The project culminated with the students designing and producing their own masks for the musical production of The Lion King.



art@springwood

Curwen Print Centre Trips



In November and December some students from A-LEVEL Art and chosen students from GCSE art participated in print workshops at the Curwen Print centre in Cambridge. This was a fantastic opportunity for them to work with professional printers in a professional print studio. All students were taught how to create dry point intaglio prints



art@springwood

Before developing this with a technique called Chine Colle. All students who participated created work for use in their coursework and for some has improved their final coursework grades We hope to run this trip again next year.



chemistry@springwood

UEA CHEMISTRY VISIT

On 6 January, twenty five Year 10 Triple GCSE scientists with Ms Harris & Mrs Curtis visited the School of Chemistry & Pharmacy at the University of East Anglia.

We had the chance to take part in a selection of exciting and challenging chemistry and pharmacy activities. First up was a welcome and safe briefing followed swiftly by our first challenge – making hand warmers. We had time built in to chat to undergraduates, academics and student ambassadors about different aspects of chemistry, pharmacy and university life. A mini campus tour was available for anybody who wished. After lunch we got busy in the research lab synthesising aspirin. Having made the

crude product it was important to purify it and then test it to confirm that we had actually made aspirin. We were introduced to techniques like recrystallization, thin layer chromatography and spectroscopy. This was a taster of A level chemistry and degrees in chemistry and related subjects.

(ii) Experiment 2: ASPIRIN Synthesis & Analysis

Aspirin contains salicylic acid – we had the opportunity to use the undergraduate teaching laboratories to make our own aspirin from scratch. We purified our crude aspirin product by recrystallization and then identified and checked its purity using thin layer chromatography (TLC) and IR spectroscopy.



SUMDOG

Springwood High School has recently taken part in the Norfolk Contest on SUMDOG. The contest ran from Friday 28th November until Thursday 4th December. In this contest, Springwood High School competed against other primary and secondary schools in Norfolk.

To take part, every pupil in the school had to answer as many mental maths questions as they could on the SUMDOG computer games. The pupils competed during their maths lessons in the computer rooms as well as at home for homework. They particularly enjoyed competing against each other, as well as pupils around the world. Games such as 'JUNK PILE UP' were the favourite.

Amongst others - some of the best students in the competition were Beth Akers (answering a total of 1754 questions) and Mollie Pemberton (answering a total of 1630 questions). Well Done to them!



'I played it at home and tried to get the best score'

'Earning points from getting correct made you feel like you were better at maths'



'The games were creative and fun to play'



'SUMDOG was fun because it was a different activity to normal maths lessons'



'I enjoyed playing SUMDOG because you could play against other people in your class'



wellbeing@springwood

HEALTHY SCHOOL



SPRINGWOOD RETAINS ITS HEALTHY SCHOOLS STATUS

We are delighted to confirm that Springwood High School continue to meet the criteria required to achieve their healthy school status and have therefore had their award renewed for a further 3 years.

Schools play an ever increasing role in supporting the health and wellbeing of pupils. Here at Springwood we strive hard to provide a secure environment in which pupils feel safe and can flourish to achieve their full potential. I am extremely pleased and proud that we have managed to renew our status, and that this hard work has been recognised by Norfolk County Council.

Our recent Health and Wellbeing review looked into areas such as:

- Healthy Eating
- The importance and role of physical activity
- Emotional health and wellbeing with a focus on anti-bullying .
- PHSE and drug education

Many of these topics are discussed and taught throughout the mainstream curriculum, with extra focus given in some Super Learning days. I look forward, along with my colleagues to maintaining this award in future years and helping to empower our pupils to maintain a happy and healthy lifestyle. Miss Beech



polandvisit@springwood

Trip to Poland Report 27 – 30 NOVEMBER

Rationale for Visiting Krakow, Poland - Milgram (1974) stated that

"From 1933 to 1945, millions of innocent persons were systematically slaughtered on command. Gas



chambers were built, death camps were guarded, daily quotas of corpses were produced with the same efficiency as the manufacture of appliances".

These inhuman policies may have originated from a single person, Hitler, but could only be carried out on a massive scale if hundreds and thousands of others 'obeyed orders'.

In the topic of Memory, traumatic experiences can undoubtedly produce memory disturbances. The leading Psychologist Freud suggested that psychogenic amnesia often takes the form of memory loss for events occurring over some specific time frame, e.g. the 2nd World War. It may last hours or years. Post-Traumatic Stress disorder is a term now familiar today. Shell shocked World War soldiers illustrated Freud's view of how memory disturbances can be caused by traumatic experiences. The emotional distress that war soldiers experience was and remains intolerable.

The topic of attachment shows that when the concentration camps were liberated at the end of the 2nd World War, the full extent of suffering emotionally in children was recognised. For instance, a story amongst many; six preschool children, who had been together as long as they could remember, were kept together in a country house loaned to Anna Freud so she could set up an appropriate care situation for the children. The house, 'Bulldogs Bank', was their home for a year, at the end of which most were adopted into different families.

Efforts were made to introduce them gradually to a normal way of life which

they had never before experienced. They had spent their first 3 years in Auschwitz Death and Concentration Camp probably brought in with their parents who were subsequently killed. They were placed in a secure unit with no continuous care. They were strongly attracted to each other and very fearful of being separated. The emotional deprivation suffered by children being evacuated during the bombing in the 2nd World War in London led to many subsequent studies on the effect of separation. The psychologist John Bowlby was a leading pioneer behind the concept that if children are not cared for adequately in early life, it causes emotional distress and damage.

The leading psychologist Adorno looked for reasons why some people had such a deep-seated prejudiced view towards the Jews. Their research led to argue that certain individuals have a personality type; authority personality. This research had led some way towards recognising homophobic, sexist, racist and xenophobic attitudes – behaviour associated with Hitler.

Hitler established the first concentration camp soon after he came to power in 1933. The system grew to include about 100 camps divided



into two types: concentration camps for slave labour in nearby factories and death camps for the systematic extermination of "undesirables" including Jews, Gypsies, homosexuals, the mentally retarded and others.

I have previously organised and continue to encourage excursions to (Berlin and) Poland . . . It is for the very reasons that students who recount their experiences, can share with others. Just *maybe* it can lead to more people who gaining informed knowledge and understanding from these historical atrocities can somehow play a small part in making other peoples' lives better. In the words of Martin Luther King the American Civil Rights Activist:

"History will have to record that the greatest tragedy of this period of social



transition was not the strident clamour of the bad people, but the appalling silence of the good people."

ISIS militants are engaged in a calculated extermination of Christians in Iraq

His words can be echoed at the Holocaust and other more recent genocides in Rwanda, the former country Yugoslavia, Darfur, Cambodia, and Bosnia... and now Iraq threatens; as recent reports demonstrate on the Christian region alone that their '*homes have been marked with the sign of the Nazarene for slaughter. Children are beheaded and even crucified. Christian women are being sold as sex slaves.*' Furthermore...'*This jihadist army has unleashed unthinkable atrocities on Christians in the region. It is believed that over 400,000 Christians have been displaced from their homes.*' (www.redstate.com/diary/matthewclark/2014/08/15/iraqs-christians-crying-help-facing-jihadist-genocide)

The rise of Hitler and the Nazi regime is well documented. The expanse of psychological research has gone a long way towards identifying some explanations and outcomes of human beings and their actions. However, the genocides that occurred during Hitler's regime, the mass murders that still continue to this very day, and the immeasurable pain and suffering caused by physical, psychological, emotional and sexual abuse ultimately remain inexplicable.



Mrs K Sanders

polandvisit@springwood

"Those who cannot remember the past are condemned to repeat it"

(George Santayana, philosopher)

Report by Mollie Crook

Day 1: An early start on day 1 left us all feeling skeptical, but with a few hours' sleep on the journey meant we were all ready to go by the time we reached the hotel. A short walk around the town of Krakow allowed us to gain our bearings, and to view the incredible medieval architecture. After our walk, we went to a restaurant for what was to be a traditional Polish meal. A starter of noodle soup, main course of breaded pork chop, and a dessert of apple cake left us all with a beginner's idea as to what Polish food was.

Day 2: took us to Auschwitz-Birkenau, a moving and chilling experience. We walked through the streets of the camps, experiencing



the sights and smells that the prisoners once experienced. The knowledgeable guide made sure we didn't miss a thing, and this was greatly appreciated by us all - even if we were freezing cold! Personally, the most moving thing I saw was the piles and piles of hair that was taken from the victims. This process of humiliation made me as a female shudder and I think it's almost impossible to imagine how they felt. The people in the camp were subjected to dehumanisation and deindividuation, and its horrifying to think that most of them forgot their real identities by the time they left.

After lunch on the bus, we headed to the Wieliczka salt mines, and I think I speak for the whole group when I say we were very pleasantly surprised. The salt mines told an interesting and unique history of Krakow and combined knowledge with pure beauty. The chambers that were

rented out for events were absolutely stunning, and left us all in shock, I would definitely go again!



In the evening we returned to the old town of Krakow and attended the Hard Rock café for our meal. I think we all appreciated the choice, and were very happy to spend some time chilling out and eating burgers! After a big bowl of ice cream, we spent some time wandering the Christmas market before collapsing in our beds after an exhausting but thoroughly enjoyable day!

Day 3: Another early start, we attending a much less known concentration camp just outside of Krakow, we then had a much needed hot drink in the local McDonalds, something all us teenagers appreciated! A short tram journey to the Galicia Museum where we learnt more about the Jewish history in Poland. This museum took an interesting approach by explaining the Jewish history without exaggerated reference to the Holocaust. It instead looked at what was left of the Synagogues, and memorials of Jewish past.



After this we had the absolutely amazing experience of speaking to a Holocaust survivor, who had been held

prisoner at Auschwitz-Birkenau between the ages of 3 and 5. The whole group watched and listened in awe of this brave woman as she showed us her tattooed number, making it impossible for her to ever forget her torturous past.

We then made a swift journey to Schindler's Factory museum, where we were told the story of the hundreds of Jews that Schindler employed, and saved their lives. Unfortunately, there was not enough time to really appreciate the museum.

We ate at a traditional Jewish restaurant, and although sceptical, all thoroughly enjoyed the cuisine - maybe excluding the interestingly sour cheese dessert! We were entertained by an extremely talented Jewish band, with extremely impressive facial expressions, before journeying back to the hotel for a final time, and packing for our return home the next day.

Overall, the trip was highly moving, interesting and packed full of important life experiences. I feel honoured to have met the survivor especially, and I feel that really honed in on the impact that the Holocaust had on people's



lives. Even the food gave a much appreciated and highly valued cross-cultural experience that we were lucky to have. I would definitely recommend this trip to other people, because I think it's important that we remember the events; "Those who cannot remember the past are condemned to repeat it."

Holocaust Memorial Day 27 January 2015

This day marks the 70th Anniversary of 27 January 2015 marks the 70th anniversary of the liberation of Auschwitz- Berkneau and the 20th Anniversary of the Genocide in Srebrenica in Bosnia.

You can find out more about the Holocaust Memorial by using the link below

<http://hmd.org.uk/resources/theme-papers/hmd-2015-keep-memory-alive>

headteacher@springwood

Message from Mr Johnson

Welcome back to the Spring Term! I hope that everyone enjoyed the festive break. The excellent carol service and our now yearly Senior Citizens party meant that we ended last term with a collective sense of the spirit of Christmas.

Last term also saw the return of our recently departed Year 13 students to collect their examination certificates and prizes. It was a real pleasure to meet up with such an excellent group of young people and see how they are impacting on the wider world beyond Springwood. Many thanks to Ms Williamson for providing an inspiring keynote address, as an ex-Springwood student who is now a successful local practising Solicitor, she demonstrates the drive and ambition that we hope to instil in every student.

My term began with taking our Queen's Prize winner, Fergus Pateman and his mother to meet the Queen at Sandringham. This was a tremendous honour for Fergus which was richly deserved for his excellent academic achievements at Advanced level. I am sure that he will treasure his prize and the experience of having a personal audience with Her Majesty.

As ever the school has "hit the ground running" in both academic and extra-curricular activities; I had the privilege of watching the final selection rounds of the Maths Mastermind competition recently. Well done to all those who took part and I look forward to the final later in the term.

I hope every student makes the most of all the fantastic teaching and activities available at Springwood this term!

Happy New Year

A M Johnson



RUGBY IN BRIEF



Congratulations to John Nwaneri, currently in Year 12, who has been selected for Eastern Counties U17 Rugby squad.

BADMINTON IN BRIEF

Jessica Bateman Year 7 OX-07 took part in the Norfolk Under 16 Tournament, playing in the girls singles, doubles and mixed doubles. Most of her opponents are two years older. She came second in her group in the singles competition she went through to the quarter finals, then onto the semi-finals, she dominated the game and went through to the final, Jess played at the top of her game there was no stopping her. She won 21-12 and took the shield. Moving onto the doubles Jess and her partner Caitlan lost out on the title by losing 23-21. The last event of the day was mixed doubles Jess and her partner Charlie just missed out on third place by losing 21-16.

