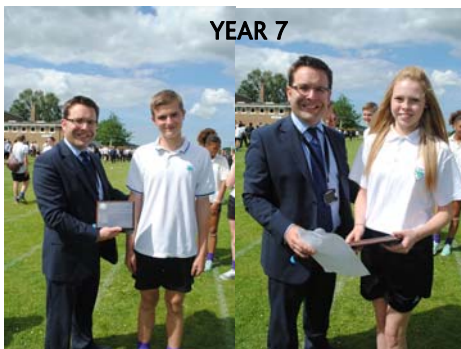


# news@springwood

## SANDRINGHAM WIN AGAIN

The weather was brilliant for the School's annual sports day on Tuesday and Wednesday 9th/10th June. Sandringham won again for the sixth year, the sports leaders pictured right with Mr Johnson. There were school records broken in four track events.

The staff were cheered on by the whole school in the tug-of-war with Oxburgh being the winning house.



YEAR 7

Mason Higby HK-08

Megan Smith BG-09



YEAR 8

Rachel Ampomah SD-05 & Caitlin Bugg SD-02

Daniel Harvey HK-04

### VICTOR AND VICTRIX LUDORUM WINNERS



YEAR 9/10

Kaveeta Malhi SD-04

Archie Holman OX-07

Cameron Sinclair SD-03



SANDRINGHAM HOUSE SPORTS PREFECTS



Blickling and Oxburgh battle it out in the tug-of-war

# sportsdayresults@springwood

**BOYS YEARS 9-10**

EVENT NO	EVENT NAME	RECORD	FIRST 10 PTS	Hs	Time/Dist	SECOND 9 PTS	Hs	Time/Dist	THIRD 8 PTS	Hs
	1500m	4m31.60	A TOMLINSON	S	5M 22.24	H THOMPSON	B	5M 30.55	J WELLS	O
24	TJ	11m84	A NWANERI	H	10M 50	L COLBACK-TATE	O	8M 80	J FLANNAGAN	O
6	LJ	5m19	J CLARK	B	4M 52	O WRIGHT	S	4M 26	H FROST	S
59	800m	2m13.70	A HOLMAN	O	2M25.20	A TOMLINSON	S	2M26.92	H THOMPSON	B
30	Javelin	39m60	M BAKER	H	32M 12	C CONGRAVE	H	29M 55	J ENGLISH	O
53	400m	54.62s	A HOLMAN	O	1M01.07	N CASTELAN	S	1M02.02	H FROST	S
36	Discus	31m17	C SINCLAIR	S	28M 75	M BAKER	H	26M 62	D ZADWORNYY	O
65	200m	24.95s	J TINKLER	S	27S10	N DAVIES	O	27S54	N RAMOS	S
18	HJ	1m72	N CASTELLAN	S	1M 55	O CARLYON-SMITH	O	1M 53	J CLARK	B
47	100m	11.42s	M LANCEFIELD	B	12S98	N DAVIES	O	12S99	J TINKLER	S
71	4x100m	48.85s		S	52S50		H	54S09		O
41	Shot	12m70	C SINCLAIR	S	11M 00	J WOODLOW	B	10M 15	D ZADWORNYY	O

**GIRLS YEARS 9-10**

EVENT NO	EVENT NAME	RECORD	FIRST 10 PTS	Hs	Time/Dist	SECOND 9 PTS	Hs	Time/Dist	THIRD 8 PTS	Hs
17	1500m	4m52.38	K LABUZ	B	7M 00.72	C MCKENZIE	S	7M 10.46	L CLAXTON	F
5	Discus	25m52	M WALLER	O	16M 36	M GRIFFIN	F	15M 26	C GARDYNE	O
58	800m	2m20.78	K LABUZ	B	3M08.49	C MCKENZIE	S	3M15.48	C EASTER	S
35	HJ	1m55	K MALHI	S	1M 25	A JONES	F	1M 25	G DAWSON L APPLETON	F S
23	Shot	10m21	H WHITE	S	7M 44	M GRIFFIN	F	7M 29	S EMPSON	H
64	200m	28.93s	G LOOSE	H	31S06	L BARNES	S	31S44	H PITCHER	O
			B HARDY	B		E MCEVOY	O		R KIRK	F
11	Javelin	24m00	E CARTER	F	15M 06	S EMPSON	H	12M 10	G LEADLEY	F
46	100m	12.78s	L BARNES	S	14S94	V BURKASKAITE	H	15S41	K MALHI	S
40	LJ	4m47	K MALHI	S	3M 56	C MCKENZIE	S	3M 41	G DAWSON	F
50	300m	49.64s	P WOODS	S	57S04	J JARVIS	H	58S57	G DAWSON	F
29	TJ	8m57	K BEADLE	H	6M 95	A LONG	B	6M 92	G LEADLEY	F
70	4x100m	57.34s		H	1M01.63		S	1M01.72		B

**BOYS YEARS 8**

EVENT NO	EVENT	RECORD	FIRST 10 PTS	Hs	Time/Dist	SECOND 9 PTS	Hs	Time/Dist	THIRD 8 PTS	Hs
10	1500m	5m09.63	K WYSOCZANSKI	O	5M 43.91	L HARDAKER	O	5M 57.46	J TOMLINSON	S
16	Javelin	35m36	J TUPPIN	B	18M 02	G ROWBOTHAM	O	17M 87	D ROWBOTHAM	O
56	800m	2m27.24	D HARVEY	H	2M25.69	K WINGFIELD	O	2M45.34	J TOMLINSON	S
4	TJ	9m75	J TOMLINSON	S	8M 50	B JONES	B	8M 35	L BEREFORD	S
34	LJ	4m45	L AMARAL	H	4M 15	B SILVA	O	3M 65	A WHITE	S
52	400m	60.31s	K WINGFIELD	O	1M10.95	J KERRY	S	1M11.93	C DINGEY	O
22	Discus	25m45	J TUPPIN	B	20M 76	T HITCHCOCK	F	19M 03	D PARTLETON	F
63	200m	27.20s	L AMARAL	H	29S58	J KERRY	S	30S35	C EDGELY	F
28	Shot	10m71	T HITCHCOCK	F	8M 75	D PARTLETON	F	8M 61	G ROWBOTHAM	O
45	100m	12.95s	D HARVEY	H	13S49	C EDGELEY	F	14S03	L AMARAL	H
39	HJ	1m56	D HARVEY	H	1M 50	B JONES	B	1M 42	B SILVA	O
68	4x100m	55.17s		H	59S77		O	59S59		F

Key:

 Record Breaker

# sportsdayresults@springwood

YEAR 8—GIRLS

EVENT No	EVENT	RECORD	FIRST 10 PTS	Hs	Time/Dist	SECOND 9 PTS	Hs	Time/Dist	THIRD 8 PTS	Hs
9	1500m	5m50.87	C BUGG	S	6M 37.42	M HOLMES	O	6M 42.67	A MCBRIDE	H
10	HJ	1m43	C BUGG	S	1M43	S KIRKPATRICK O JEFFERY	B O	1M10		
56	800m	2m47.36	M HOLMES	O	3M10.34	A MCBRIDE	H	3M11.93	M MATOGA	B
21	Javelin	20m93	D HOVELL	S	14M 74	K GORDAN	F	13M 44	S KIRKPATRICK	B
33	Shot	7m77	M FREEMAN	B	5M 32	E BLAND	S	4M 70	K SILVA	S
62	200m	29.66s	C BUGG	S	29S85	D PEACOCK	F	33S98	C CLARKE	B
27	LJ	4m27	J CRANNIS	B	3M 57	R AMPOMAH	S	3M 26	O CHAPLIN	S
44	100m	14.16s	R AMPOMAH	S	15S30	D PEACOCK	F	15S71	O CHAPLIN	S
38	Discus	19m60	E BLAND	S	15M 35	M FREEMAN M TOMSETT	B S	13M 18		
49	300m	56.36s	R AMPOMAH	S	52.25	O JEFFERY	O	59S77	M CURTIS	S
15	TJ	7m79	A GLASEL	F	6M 76	M MATOGA K SCALES	B S	6M 56		
68	4x100m	59.94s		S	1M03.17		B	1M03.99		H

YEAR 7—BOYS

EVENT No	EVENT	RECORD	FIRST 10 PTS	Hs	Time/Dist	SECOND 9 PTS	Hs	Time/Dist	THIRD 8 PTS	Hs
2	1500m	5m08.09s	B TUTTLE	O	5M 33.95	D MCDERMOTT	S	6M11.17	K MAYES	S
32	TJ	9m45	L JOHNSON	B	7M 85	W KING K MAYES	H S	7M 18		
20	LJ	4m17	M HIGBY	H	3M 59	D ESS	F	3M 42	C MAYES	S
55	800m	2m27.81	B TUTTLE	O	2M41.13	L MITCHELL	H	2M48.79	H NEALE	H
14	Discus	21m87	L RUDD	F	18M 59	T CLARKE	H	14M 30	A FRARY	S
23	400m	63.82s	L MITCHELL	H	1M12.14	T LOCKEY	H	1M16.81	I SAMUEL	B
26	HJ	1m40	K COLLINSON	F	1M 15	F GRIFFIN J UTTERIDGE	F S	1M 10		
61	200m	27.76s	M HIGBY	H	29S87	L JOHNSON	B	32S04	D ESS	F
37	Javelin	26m12	J TIVEY	B	19M 11	J JOSHY	B	16M 94	B RIX	F
43	100m	12.89s	L JOHNSON	B	14S82	D ESS	F	15S10	L RUDD	F
8	Shot	9m04	M HIGBY	H	9M 39	B ANDREWS	O	7M 98	J WALDREN	B
67	4x100m	58.95s		H	1M01.27		B	1M05.96		F

YEAR 7—GIRLS

EVENT NO	EVENT	RECORD	FIRST 10 PTS	Hs	Time/Dist	SECOND / 9 PTS	Hs	Time/Dist	THIRD 8 PTS	Hs
1	1500m	5m23.00s	M DAWSON	F	6M13.48	E TWITE	S	6M15.11	G MOAT	B
25	Discus	20m68	A BROADWATER	B	10M 80	K HENSON	O	10M 79	E WILLIAMSON	F
54	800m	2m42.11s	E TWITE	S	2M55.65	M DAWSON	F	2M56.62	G MOAT	B
13	Shot	8m23	Y WATSON	B	5M 74	C FLOWERS	F	5M 23	E HARVEY	H
			K WILSON	S		T WENNER L KITNEY-FOSTER	O H			
31	Javelin	17m34	K HENSON	O	11M 18	M BAILEY	S	9M 26	E HARVEY	H
60	200m	29.08s	M SMITH	B	34S47	K RYE	S	34S75	J TAYLOR	O
7	LJ	4m	M SMITH	B	3M 20	A DALLAS-GONCALVES	O	2M 75	K RYE	S
42	100m	14.10s	M SMITH	B	16S26	E HOWARD	B	16S37	K RYE	S
33	HJ	1m40	M LISCEY	O	1M 15	H TUCK	S	1M 15	H CARTER	F
48	300m	52.37s	M LISCEY	O	56S45	C HOWARD	B	58S70	F VENTURA	S
66	4x100m	59.47s		S	1M07.39		O	1M08.80		B



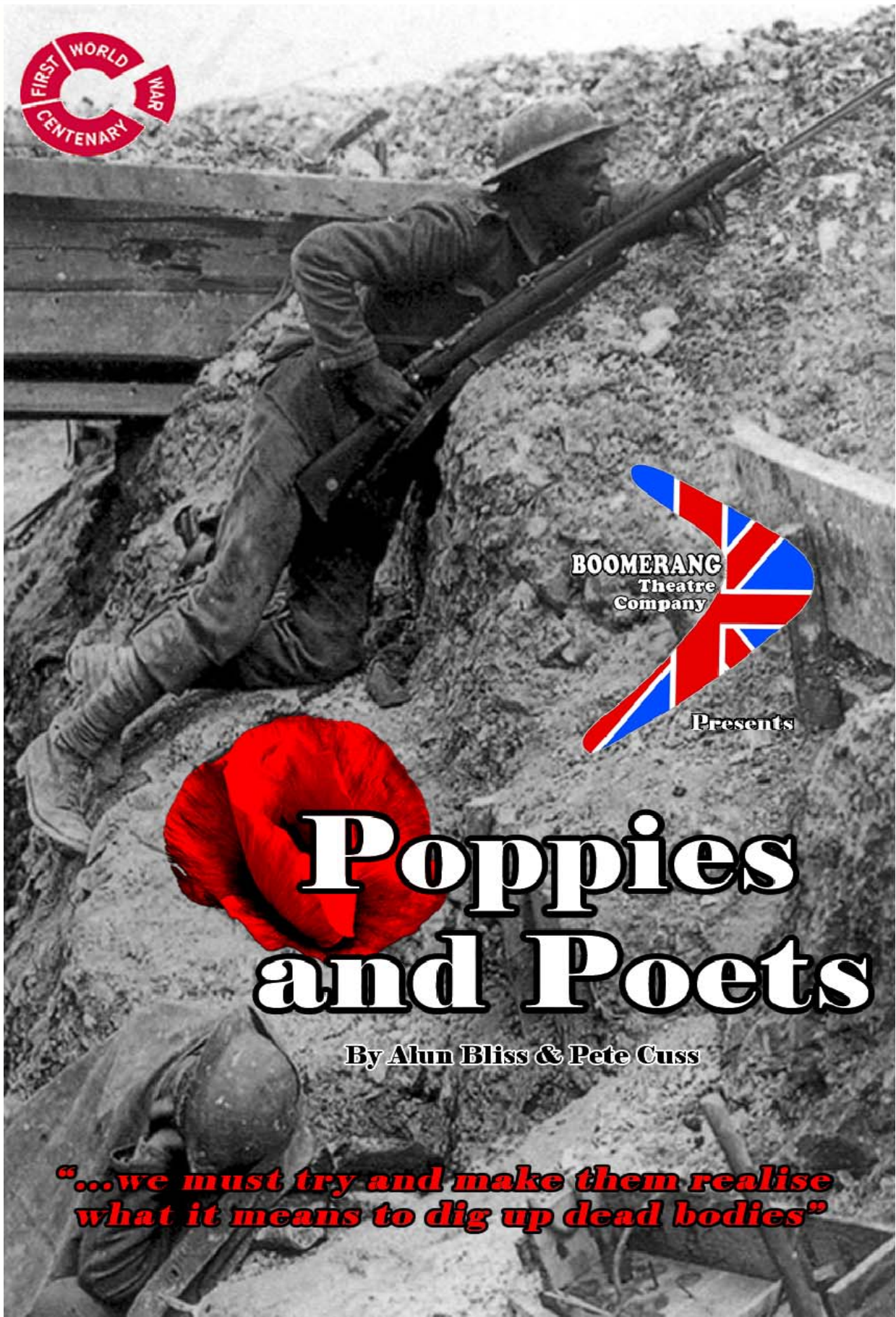
Key:

Record Breaker

### RECORD BREAKERS

LtoR: Caitlin Bugg, Rachel Ampomah,  
Mason Higby, Daniel Harvey

australia@springwood



BOOMERANG  
Theatre  
Company



Presents

# Poppies and Poets

By Alun Bliss & Pete Cuss

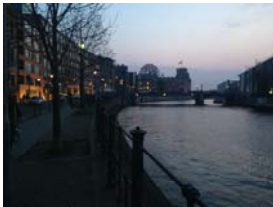
***"...we must try and make them realise  
what it means to dig up dead bodies"***

# internationalism@springwood

## BERLIN TRIP 2014



Thursday 3<sup>rd</sup> April our first day in Germany! The weather was lovely nothing like we had left back in England. We got straight off the plane and on to a coach which took us to the hostel, where



we were given a key to our room and had about 5 minutes to rest before we were down for tea. After tea we went on our first tram to the Parliament building. Everything was very strict; we had to be searched before we went in. We had a



lovely walk around there and before we had even made it onto the tram home Mrs Williams directed us into a restaurant where we all had Currywursts, which were delicious!



Then we finally arrived back to the hostel with only about 5 hours until we had to be up again!!

Our second day in Germany was an early start – 6.30 am! We had breakfast and then headed out to



catch another tram which took us to the beginning of a 4 HOUR WALK! It did not sound good at all! We had a German lady as a guide who was from the US so spoke very good English. It was much more exciting than I thought it would be; we crossed over the border from East to West Germany, stood on top of where



Hitler's bunker would have been (a children's playground has now been built here). We visited the air raid shelters where the Berliners went when the bombing was taking place during the war and we climbed up what seemed like hundreds of stairs, but it was such a beautiful view of Berlin the effort was worth it. Our guide made the day very interesting and told us many facts about life in Germany before and after the Berlin Wall (Berliner Mauer) came down.



In the evening we caught another tram into the city and went to the Eiscafe where I had ice cream that looked like spaghetti bolognese (spaghetti ice cream with delicious raspberry sauce).

The next day we visited the Berlin Wall and walked along it to see the artwork on the wall. The artists showed the different way people had tried to escape and were either killed trying to get over or were savaged by dogs if they had



# internationalism@springwood

## BERLIN TRIP 2014



managed to climb the wall. I could not imagine how it must have been to live with members of your family on both sides of the wall and not being able to go and visit them.

We then visited the rooms where Hitler and his officers planned the killing of the Jews. There were lots of photos and a lot of information about Hitler and the lives of the Jewish people before they were rounded up by Hitler.

In the afternoon we went to the Olympic stadium built in 1936. We had a guided tour we walked round it and saw the football pitch and running tracks. We were allowed in the changing rooms and saw the Jacuzzi where the athletes relaxed after their events.

We then went to Sachsenhausen, a concentration camp where experiments were carried out on many Jews. Others were gassed or shot. This was an unforgettable experience and it is hard for me to think that this sort of thing was happening to human beings just because they were Jewish.

We then had a little while to go shopping for souvenirs before we finished a very long, tiring day with a visit to the TV Tower in the evening. A lift took us up through the centre of the tower to the top where we had a 360° view of the city at night.

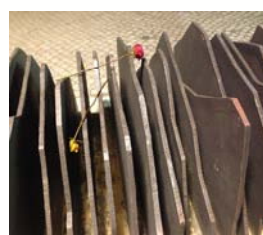
On the Sunday, our last day, we packed our bags after

breakfast before going to the Cathedral, built in 1904. We went down into the crypt where there were huge royal tombs as well as tiny baby coffins. We then walked up hundreds of stairs to the dome where we got another wonderful view of the city.

Next we went to the DDR Museum which was underground and was dedicated to life as it was in Eastern Germany. We were free to wander round and use the interactive screens and enjoy the many exhibits on show. We then walked through a market where we bought some more souvenirs and then went to the Pergamonmuseum which stored Roman remains and other historical items.

We were then given time to find something to eat before we went back to the hostel to collect our bags. We were told not to have English food, especially McDonald's! When we eventually found a McDonald's the long queue was full of English Students from Springwood. We then left for the airport and arrived home to King's Lynn at 1.30 am. I was so exhausted from the holiday I slept on the plane and all the way home on the coach.

Our four days in Berlin were non-stop but we saw some amazing sights and learned a lot about life in Germany both before and after the war.



# internationalism@springwood

## THE SIGNIFICANCE OF INTERNATIONAL TRADE

### Internationalism in the curriculum

Year 9 economics have been exploring international trade which has shown them about a larger range of cultural perspectives that protrudes way beyond the boundaries of Norfolk and even England. Although it may not seem like it, the rest of the world is vital for our lives and without other countries we couldn't live the way we do with the resources we possess. International trade is incredibly relevant to gain resources and generally experience a higher standard of living.

### So what is International trade?

International trade is the exchange of goods and services between international borders or territories. It allows us to import (bring goods and services into the country) and export (sell goods out of the country.) If we can bring a variety of goods and services into the country we have a larger choice of how we spend our money and we can buy products from other countries with completely different cultures to our own.

### So how can international trade benefit us?

As has been already mentioned international trade offers a variety of cultural perspectives. Another large advantage is that we can gain essential resources we are unable to produce but are essential to the way we live. Other countries to our own have different climates whether their climates are hotter, colder, more rain or

more drier, it gives them the opportunity to specialise in and produce their own goods. International trade can also raise countries GDP (their total of goods and services that are produced in a year.) Total GDP is divided by the whole population (GDP per capita) which then shows the standard of living per individual a higher GDP means that there is a higher standard of living per person. International trade can raise countries GDP as by selling goods to other countries brings in money. Bringing in goods also encourages consumer spending which can also boost a countries GDP.

### What type of goods do we trade with other countries?

China has one of the largest productive industries in the world we trade many goods with them such as:

Clothing  
Handbags  
Machine parts  
Automotive parts and supplies, etc.

Switzerland has a rather cold climate therefore struggles to grow crops and many produce goods so it is fairly reliant on trade. We also gain goods and services from them however e.g. computer mice.

So the world outside Norfolk and England can be revealed through international trade. International trade has proven to be essential for all countries and improves the way they live.

## TRIP TO SORRENTO, ITALY By Ciera McKenzie



On 1<sup>st</sup> April, around 30 of us studying GCSE or A level Geography and Classics set off on an early morning

flight to Sorrento. We visited many amazing attractions, including Pompei, Mount Vesuvius, Capri, the Amalfi coast and Volcano Solfatara. We climbed to the top of Mount Vesuvius (about 1,270 meters high) and learnt about its history and the impacts its eruptions have had on the local area. We also toured the ruins of Pompei and looked at the remains of the

buildings and streets that had survived the deadly eruption of Vesuvius in AD 79. In Pompei, we saw several ancient Roman bodies that had been killed and preserved by the thick rain of ash that landed



on the town after the eruption. The bodies were left in the exact positions of when they died, faintly even showing their facial expressions! In Amalfi, we went on a short boat ride along the coast to visit some of the caves in the edge of the cliffs. The caves were beautiful and the rock had some very tiny crystals in it. It was an amazing experience that I will never forget!

# worldcup@springwood

## COMPETITION AUTHOR DAN FREEDMAN

OK, BIG NEWS...*Skills From Brazil* is now out and, to celebrate, I'm giving you the chance to win an *England Shirt signed by the England Squad!*



Remember to put your name and contact details on your entry.  
I'll read all of the reviews myself and reveal the winner on this website.  
Good luck!! Dan

## HOW TO WIN THE SHIRT!

To stand a chance of winning the shirt signed by the England Squad, simply read *Skills From Brazil* and send Dan Freedman – your book review... You can e-mail your review to: [Dan@DanFreedman.co.uk](mailto:Dan@DanFreedman.co.uk). Or post your review to: Dan Freedman c/o Scholastic Children's Books, Euston House, 24 Eversholt Street, London NW1 1DB

The review should be no more than 400 words. The deadline is 5pm on Thursday, July 3. The winner will be announced at 7pm on Tuesday, July 8, here on [www.DanFreedman.co.uk](http://www.DanFreedman.co.uk)



Photograph left, taken in October 2012, Bradly Lake, Charlie Congreve and Matthew Barret with Dan Freedman

### **Praise for the Jamie Johnson series:**

'An inspiring read for all football fans' **Gary Lineker**

'You'll read this and want to get out there and play' **Steven Gerrard**

## FOOTSTEPS



In the LRC, we now have an unwanted shoes bin.

Please go to the following link: <http://www.footsteps4harry.org.uk/>.

For every pair of shoes you donate, we will get 35p to put back into continuing Harry's work through our Help Cope, Help Cure and Help Care initiatives.

And if that's not enough, [BCR Global](http://www.bcr-global.org/) will sort and send your donated shoes to economically deprived areas in West Africa, where they will provide affordable footwear for struggling communities. Thank you



# internationalism@springwood

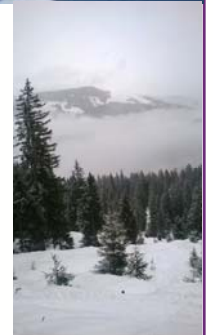
## SPRINGWOOD SKI TRIP



In February the school went to Kizbühel on a ski trip. It was a fun packed week full of activities from swimming to a fun night on the slopes. The teachers were all fabulous and we all bonded like a family. We had lots of laughs and jokes it was great experience for those who had never taken to the slopes before.

There are a few places available for the 2015 skiing trip. Why not ask a friend and see if you could join us. Come to snowboard or to ski, beginners or advanced are welcome to come and have a holiday of a lifetime! We thoroughly enjoyed our week of snow!

Alesha Jones FB-04



## FUTURES DAY

The Sixth Form's 'Futures Day' took place on 18<sup>th</sup> June: this is an annual event that focuses on students' post-18 options. We welcomed several representatives from local companies, such as the accountancy firm Stephenson Smart and solicitors Hayes and Storr, as well as professionals from larger organisations like the NHS and Rolls Royce. Additionally, we were fortunate enough to be visited by a number of academics from universities who spoke to interested students about their subject specialisms, which included Business, Psychology, Criminology and History. Students also received information regarding university life, apprenticeships and how to write a personal statement that makes them stand out from the crowd.

At Springwood Sixth Form, one of our key objectives is that every student gets his or her first choice future, and the purpose of this day was to kick-start the process of transitioning from Sixth Form to university or employment. As I reminded the students, the next year will pass by very quickly for them, so they need to start seriously considering their options now!

Overall, it was a useful, productive day, allowing students to either cement their future plans or contemplate alternatives that they perhaps had not thought about before. We are extremely grateful to everyone who gave up their time to join us, and a big 'thank you' to Sixth Form Support Officer, Miss Coleridge, for all her help in organising the event.



# art@springwood

## NORWICH SCHOOL OF ART



We had a lovely gentleman visit from NUA to run workshops for both GCSE gifted and talented Art students and AS Level Art students. The students from year 9 and 10 were challenged to

produce a new school emblem based on different design rules.



This task challenged our students to create unique and original outcomes and was a valuable and difficult lesson for year 10's who needed to develop their idea making. Students drew out their ideas before using their digital design skills to create their final emblems. Students voted on the final winners which were created by Nathan Ramos, Levi Battelley and Jordan Dixon. There was some fantastic pieces created by all the students and some very good designs.



Tom the Artist picked the overall favourite design from the group of an iPad with wings by some of our year 9 students.



In the afternoon the year 12's had their workshop which explored different drawing and recording techniques and pushed them to work quickly and out of their comfort zones

Both workshops were a great experience for the students to gain inside knowledge of industry as well as having the chance to discuss courses and careers with a university professional.



The art department would like to thank the students for working very hard and participating and to all the teachers and parents who allowed them to miss lessons to attend. Hopefully students will not only be aware of some transferable skills useful for different careers, but those interested in taking an Art Discipline Degree some of the amazing and unique opportunities available for them at Norwich School of Art.

## sport@springwood

### JACOB SWIMS FOR NORFOLK



Jacob Isle - SD-O6 has been selected for the FIRST time in his swimming career to represent Norfolk at the Inter-Counties Regional Gala at Basildon in July.

The Norfolk County Manager has selected the top swimmers from the rankings in each age group across the whole of Norfolk and will take these swimmers to represent the County.

It is a great achievement for him to be selected at such a young age with a wide variety of swimmers competing with such close times.

He will also be swimming with fellow West Norfolk Swimming Club members who have competed at this level before who also attend Springwood.

A fitting reward for the time and effort Jacob puts into his training, a credit to himself and the school.

### FRAN WILLIAMSON RETURNS



Our annual visit from Fran Williamson was on Friday 13th June 2014. Fran is a successful retired paralympian who now mentors for Sky Sports. She spent time with our selected mentor group of 20 discussing the keys to success. This again proved to be a valuable session for all involved.



### ImagNation

ImagNation is an arts and reading project for 11-16yr olds running across Norfolk and the East. The aim is to read 4 books over the Summer.

After reading a book we want you to get creative! You'll get a log when you join the project that you can use to record how a book made you feel. You don't have to write lots if you don't want to: instead you could paint a picture, take a photo or write a poem. You get a certificate and free DVD loan voucher when you complete the project.

ImagNation is free to take part in- so pick up your ImagNation Log from your local library in the Summer Holidays. Imagination starts 12th July and runs until 6th September.

# magistrates@springwood

## STUDENTS THRU' TO FINAL

The Springwood High School Magistrates students continue their rise to success after winning their regional heat in Chelmsford, Essex!

After winning their local heat in Norwich the 13 students progressed to the regionals where they were up against 9 other schools, all battling to gain a place at the National Final.

All schools had only 6 weeks to learn and prepare a new specially written case which involved preparing the prosecution and defence charge for possession of a bladed article.

Hayley Roberts, project coordinator said; 'our prosecution witnesses in particular got a good grilling from the competing school during their cross examination, but they stuck to their statement and presented themselves really well. The students were so shocked when they were announced as first place. I am a strong believer that hard work pays off and that is certainly proving true throughout this project'

The students enjoyed a celebration lunch with the head and the legal staff that have supported them throughout the preparation.

They will now give their last performance at the National Final which is held at the Victoria Law Courts in Birmingham on Saturday 28th June. We wish them the best of luck!



## CONGRATULATIONS TO JONATHON

Well done to Jonathon Lovell , he has applied for, and has been successful in securing a place on the BAE systems Engineering taster week at Warton Aerodrome week commencing 14th July.



# pupils@springwood

## CREATIVE WRITING



Sophie Marshall with the Big Silver Cup, her inspiration

Sophie Marshall FB-04  
Mr Clark's English class

She sat in the long narrow hall wondering what to write. Thinking hard with her head on her hand she fiddled rapidly with her pen. Trying to come up with an idea. Anything would do. But she still couldn't come up with anything good enough to win!

Perhaps she should write about the skinny, hunch back old teacher who was constantly surveying the pale yellow hall as she stood on the large, wide-open stage. She wondered if any famous people had performed there before. And how while they were waiting backstage they were a

nervous wreck. Maybe they won the big, silver cup that is always sitting in the corner of the room but is never used. Or about the huge metal clock that seemed to be taller than any child there. It's large black, pointed, hands didn't seem to be moving fast enough. She sat staring at it now as the noise got louder. "Tick Tock" She looked around the hall over the hundreds of students heads to try find some inspiration. She wondered how they all knew what and how to write it.

The teacher was stood still now and was staring right at her, over thoughts tiny little glasses that she always sat right at the end of her nose. She realized that if she didn't write something any of the four teachers pinpointed across the room would be coming over to check on her work. The noise was getting louder. "Tick Tock" "Tick Tock" As if it was coming out of the huge big, blackened speakers that were on the stage. "Tick Tock" "Tick Tock" she almost had an idea, "Tick Tock" "Tick Tock" What was she going to do...

## NEAR PERFECT SCORE FOR REGINA



Year 11 student, Regina Legarte has been declared the overall winner of the GCSE Chemistry 6 mark question challenge.

The challenge set was to complete a 6 mark exam question every week for 10 weeks. Regina scored an amazing 59/60 over the ten weeks, which was the highest score out of all 61 GCSE Chemistry students. She was awarded a certificate and a winner's medal!

Well done Regina!

# houses@springwood

## FELBRIGG FACTO

FELBRIGG FACTO, Felbrigg judges “Simon, Louie, Sharon, Cheryl...” and had a hard job choosing the winners—see below the contestants and judges.



The Judges: Zoe, Elizabeth Georgia, Catrina and Sophie

Congratulations to Joint first place: Georgie and James—Georgia Dawson, third place: Brandon , fourth place: Natasha and Chloe. Well done to you all for taking part.

## HOLKHAM CAKE AND SHAKE



Congratulations to Holkham Harlequins for achieving ATL 1's for the month of May.

Well done to the following students: Lauren Carson, Penny Carter, Jennifer Curry, Paris Fodden, Joshua Lowe, Zachariah Oglesby, Bethany Shaw, Lauren Smith, Jyothis Tom, Harry Goldsmith, Jack Goldsmith, William Hillier, Olivia McKenzie, Georgie Richards.

## science@springwood

### SCIENCE WRITING COMPETITION WINNER (3RD PLACE)



Holly Yates 12ViWm

Holly responded to the following invitation, from Cambridge University, in January 2014 and entered the competition:

*Have you ever dreamt of trying your hand at journalism?*

*Do you want to express your opinion on a hot scientific topic?*

*Would you like to have a go at writing about science?*

**... then do, and get published in the Science in Society Review!**

The Science in Society Review (or as we like to call it, SiSR) is a termly science magazine published by **The Triple Helix Society at the University of Cambridge**. 2,000 copies of each issue are distributed around the University of Cambridge's colleges and departments. We publish articles authored by undergraduate students at the University and students at other Triple Helix chapters around the world, such as Harvard or UCSD. You have the opportunity to have a piece of your writing published in both the print and on-line versions of the magazine.

Holly had to write a short report (up to 800 words) on the following topic:) Which science do you think will contribute the most to solving the problem of climate change?

Her winning entry is due to be published later this year. Holly studies chemistry, biology, geography and history AS @ Springwood High School. Her ambition is to become a veterinary surgeon. Congratulations and good luck for the future!!!!!!

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## CROSS CULTURAL 4 DAY EXPERIENCE KRAKOW

27<sup>th</sup> NOVEMBER – 30<sup>th</sup> NOVEMBER 2014

I am delighted to inform you that due to interest and the subsequent confirmed numbers of students booked on our Humanities Cross Curriculum School tour, the Poland venture will be going ahead on the 27<sup>th</sup> November – 30<sup>th</sup> November. This trip will help to support students and enhance their learning experiences bringing the curriculum to life providing a very important and beneficial educational experience. We aim to make this an annual excursion for upper school and Sixth Form Humanities students.

Our trip will include; Auschwitz Birkenau Concentration Camp entrance ~ Auschwitz Guide ~ Jewish quarter Kazimierz ~ Schindler's Museum Factor ~ Evening Dinner in a Local Jewish Restaurant including live traditional music ~ Galicia Jewish Museum - Entrance & Exhibition Tour ~ Galicia Jewish Museum - Meet with a Concentration Camp Survivor ~ You will be able to read a report of our experience later on in the year. If you would like any further information about this venture.

please contact Mrs K Saunders—Sociology/Psychology



# maths@springwood

## UK MATHEMATICS TRUST JUNIOR MATHS CHALLENGE



115 students from Years 7 and 8 recently took part in the UK Mathematics Trust (UKMT) Junior Maths Challenge, which combines mathematical and problem solving skills in different contexts.

Congratulation to the only person in the school to achieve the

### GOLD AWARD

**Daniel Rowbotham**

Congratulations to the following students who achieved the

### SILVER AWARD

Grace Brundle  
Georgie Bunting  
Keely Doyle  
Joshua Gadsbey  
Thomas Hitchcock  
Molly Paffett  
Ryan Quinlan  
Adam Taylor  
Isabel Harmer Borley  
Jacob George

Thomas Holt  
Rosie Huang  
Paul Latay  
Malavika Nair  
Loreta Paliakaite  
Beth Parlett  
Daniel Searle  
Georgia Thrower  
Brandon Tuttle

Congratulations to the following students who achieved the

### Bronze Award

Rachel Ampomah  
Emily Bland  
Oliver Cullen  
Amber Glasel  
Raffron Kirkpatrick  
Ashley Mitchell  
Lauren Roberts  
Chloe Rout  
Molly Seaton  
Isabel Russen  
Aimee Tivey  
Jack Tomlinson  
Megan Tomsett  
Adam White  
Elizabeth Curcillo

Abdullah Farrukh  
Ozzy Fernandes  
Lauren Greengrass  
Kia Henson  
Areej Khatri  
Wesley King  
Ryan Pegg  
Gautham Puthenpurackal  
Lewis Savory  
Hitesh Srikantha  
Jessica Sunderland  
Megan Tarry  
Archisha Tripurneni  
Jack Waldron  
Joshua Wilson

This is the final maths challenge for this academic year. All students will have the opportunity to take part in the Maths Challenge again next year. The Senior Maths Challenge is on 6th November 2014, the Intermediate Maths Challenge is on 5th February 2015 and the Junior Maths Challenge is on 30th April 2015.



## visits@springwood

### HOLT HALL

On May30th, twenty four Norfolk students, including 15 students from Springwood High School gathered at Holt Hall for a fun weekend of outdoor exploration, environmental arts, and community engagement. The students were hosted by the Marshall Scholars, postgraduate students from America sponsored for study in the United Kingdom by the UK Government.

"DESiGN: Developing Environmental Sustainability in Greater Norfolk" involved three days of interactive workshops, competitions, and activities focused on personal development, careers readiness, and environmental action. Participants built their teambuilding, communication, and campaigning skills and proved their commitment to environmental leadership, community engagement, and arts education in Norfolk.

Check out the programme website (<https://sites.google.com/site/designnorfolk/>) for more information on the programmes and to see some of the environmental photography and poetry created by students on the residential. The website also includes video presentations of the students' action plans for improving the environment in their communities. DESiGN attendees are truly well equipped to help design our future!

DESiGN was also attended and supported by Jennifer Stride, Outdoor Learning Instructor at Holt Hall; Cherish Watton, Consultant at Cherish Watton Enterprises; Sarah Saunders and Megan Mathias, Mathematics Teachers at Springwood High School; Leanne Kershaw and Elise All ly, undergraduate students at the University of East Anglia, and Clare Eke, Education Consultant.



### A-LEVEL SOCIOLOGY VISIT TO NORWICH CROWN COURT JULY 2014

Part of the Sociology of the Crime and Deviance part of the course that our students are studying at A Level includes looking at Crime and Punishment. Students cover topics including how effective is the Criminal Justice System, patterns of victimisation of crime, changing role of prisons, what alternatives there are to prison etc.

Students have been given the opportunity to spend the day at Norwich Crown Court this coming July. Their day will include spending time speaking to one of the 'Sitting' Judges with the opportunity of a question and answer session. The students will also be able to spend time within the live Court cases that are occurring.

A report of their day will be in the next newsletter.



# science@springwood

## KS5 Chemistry visit to Palm Paper (09/05/14)

A Royal Society of Chemistry sponsored event:

### Discovering how Britain's biggest paper machine is making paper from 100% recycled material

Everybody knows about newspapers from their everyday lives. Most people also know that these are made in the UK from 100% recycled material, but how? Ask a Year 12 or 13 Springwood High School chemistry student! We can now tell you exactly how paper is made thanks to our recent RSC chemistry visit to Palm Paper Ltd. Cutting edge science and industrial production right on our doorstep - King's Lynn - the UK's biggest and newest machine for producing Newsprint Paper.

First we investigated the process from waste paper to clean fibre material for the paper machine. Then afterwards we saw how the largest machine for newsprint paper in Europe can produce a sheet out of these fibres. Following this we then watched scientists at work in Palm Paper's state of the art laboratory, where the ink is removed from the paper fibres in the de-inking process. One of the many highlights of the visit included the opportunity to make a new sheet of paper by hand. Finally, before setting off home had the chance to see how the Palm Paper Effluent Treatment plant cleans the water used in the process.... Much of the work carried out by friendly little bacteria.

We are very grateful to Palm Paper and The Royal Society of Chemistry for organising this amazing event. We came away with images of efficiency, automation, robotics, complex logistics, industrial production on a mind blowing scale and the importance of ethical and responsible production – from recycling, environmental impact and sustainability for future generations.

# race@springwood

## LETS BEAT CANCER

On Thursday 19 June, around 250 pupils, parents and teachers joined together to help fight Cancer in a 5km Race for Life at Springwood High School. This was the second Race for Life event held over the past two years, this year raising a massive £4300! It was a tremendous effort by all, showing great community spirit, especially as it fell on an England World Cup match night!

Donations were gratefully received with special thanks from: Askew and Barrett - £150 for food/drink, Brook Street – food and water, and Tesco (Hardwick) for burger buns/sauces.

**Please can all sponsorship money be put in an envelope (named and amount) and placed in the trip box in reception by 4th July 2014.**



Well done, to James Archer who came in first, his Dad came in second with Mr Rawling (maths) third

# headteacher@springwood

The exams are almost over so Year 11 and 13 students will be able to have a well-earned rest, after they have attended their celebratory proms. We wish them the results they deserve to carry on their education or employment in September.

On 6<sup>th</sup> June a small ceremony was held at the memorial in school to mark the 70<sup>th</sup> Anniversary of D-Day. Our students who are cadets took part and once again made us all very proud.

Our two sports days went very well and we were bathed in bright sunshine. Congratulations to Sandringham for being the overall winning House and to all the athletes who went on to represent the school at the Town Sports.

We have been welcoming our year 6 students to the school during the last month. Firstly with individual meetings with members of staff and then at our two taster days which have once again been very successful. Many of the Year 6 students also took part in our Primary Concert held in King's Lynn Minster, which was a wonderful evening of music and song which was thoroughly enjoyed by all those who attended.

I feel that I must end this report on a sad note. Most of you will know that we lost a friend and colleague last week when Mrs Broughton sadly passed away. She will be sadly missed by staff and pupils at Springwood.



*A Johnson*

## D-DAY ANNIVERSARY

To commemorate the 70th Anniversary for D-Day, a small group of students and staff held two minutes silence in respect. A poem written by soldier of that time was read.



### ***I MUST RETURN***

*I must go back to Normandy  
to look out upon the sea,  
where once a great armada  
carried troops, including me.*

*I must go back to Omaha  
To walk along the shore,  
and let my mind go back in time  
to when there was a war.*

*When I go back I know I'll mourn,  
and shed some tears and feel the pain.  
But I must go back and reminisce,  
and think, and pray for those who there remain.*

*For they too, were out upon that sea,  
and then they died in Normandy.  
Now from their graves above the shore,  
they'll keep their watch out on that sea, forever  
more.*

*I must go back to Normandy,  
And, with them, once more  
Look out upon the sea.*