



Springwood

High School

WELCOME!

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WELCOME TO SPRINGWOOD HIGH SCHOOL

Introduction

From the Executive Headteacher: Mr Johnson

It is my privilege to introduce you to Springwood High School. The school has a long and proud history of serving the young people of King's Lynn and West Norfolk. We feel that the school has a unique ethos that provides a calm and caring learning environment that is focused on student achievement and engagement.

As a successful school, Springwood High School became a "new-style" Academy. The school will utilise the benefits of this status as a springboard to further success in the future.

The School has a clear strategic vision for the future based around four key areas:-

Maximising Student Achievement

Ensuring that every student is engaged with the school

Ensuring our students have access to world class resources

Delivering outstanding teaching and learning

I trust that you will make the most of the opportunities that are available at Springwood High School

Mr A M Johnson

Executive Headteacher

OUR HOUSE SYSTEM

BLICKLING (YELLOW)

House Manager:

Ms Craig

Direct Dial:

01553 778099

FELBRIGG (PURPLE)

House Manager:

Mrs Saxby

Direct Dial:

01553 778092

Email :

HOLKHAM (BLUE)

House Manager:

Mrs Penny

Direct Dial:

01553 779408

OXBURGH (RED)

House Manager:

Mrs Moate

Direct Dial:

01553 778090

SANDRINGHAM (GREEN)

House Manager:

Mrs Willett

Direct Dial:

01553 779405

OUR HOUSE SYSTEM

Springwood is a large school which we carefully divide to ensure that every student is known, challenged and supported to do their very best.

The main school is divided into five Houses:-

Sandringham, Felbrigg, Holkham, Oxburgh and Blickling which are located in distinct areas of the school.

Each house has its own dedicated House Manager as the first point of call for parents regarding their child. They play a very important role in ensuring high quality communication between home and school, ensuring that any queries or issues are dealt with efficiently and effectively.

Our students are placed into vertical tutor groups made up of years 7-10. This provides an even greater sense of “family” and belonging to their house. Sixth Form students will provide additional support to students within the main school house system alongside their own programme of Academic tutoring. All teaching staff within the school are Academic tutors. The Academic tutors will work with their designated students to ensure they are challenged and supported to do their very best within school.



SCHOOL TERMS & HOLIDAYS 2015 - 2016

TERM	OPENING DATE	CLOSING DATES
Autumn	Thursday 3 th September 2015*	Friday 18 th December 2015
Spring	Tuesday 5 th January 2016	Thursday 24 th March 2016
Summer	Monday 11 th April 2016	Wednesday 20 th July 2016

HALF

TERMS	CLOSES ON	RE-OPENS ON
Autumn	Wednesday 21 st October 2015	Monday 2 nd November 2015
Spring	Friday 12 th February 2016	Monday 22 nd February 2016
Summer	Friday 27 th May 2016	Monday 6 th June 2016

There will be no school for pupils on Training Days:-
Tuesday 1st September 2015, Wednesday 2nd September 2015,
Thursday 22nd October 2015, Monday 4th January 2016
and Thursday 21st July 2016

* Year 7 and 12 pupils start, years 8-11 start on Friday 4th September 2015

MAY DAY CLOSURE – Monday 2nd May 2016

THE SCHOOL DAY

08.50 – 09.50	Lesson 1
09.50 – 10.50	Lesson 2
10.50 – 11.15	Tutor Time
11.15 – 11.35	Morning Break
11.35 – 12.35	Lesson 3
12.35 – 13.25	Lunchtime
13.25 – 14.25	Lesson 4
14.25 – 15.25	Lesson 5



Break times should be used sensibly as a valuable time for checking that you have everything you need for your next lesson!

TASTER DAYS

I am writing to advise you and your child about our “Taster Days” which are taking place on **Monday 29th June** and **Tuesday 30th June 2015**. The children are to attend on both days.

The children who will normally travel to Springwood on the school bus will be expected to travel on the bus on these days. If you need any further information please let us know.

The children should arrive at school by 8.45am and the school day will end at 3.25pm, both days will start in the MSFCH (behind reception). Sandwiches can be brought for lunch or the children can buy lunch in our canteen. Those children who are entitled to free school meals will be catered for in the usual way and can have a school meal or packed lunch with their daily allowance.

The school will be open to parents on Tuesday 30th June in the evening in the Drama Studio located at the bottom of the school. This will give you another chance to meet senior members of staff, House staff and members of the Special Needs Department if you wish. Due to the large intake, we will be unable to accommodate children at this evening – so parents only please. There are different times depending on the house your child is going into, 6.15pm for those in Holkham and Sandringham and 7.15pm for those in Blickling, Oxburgh and Felbrigg.

We hope that this year’s Taster Days will prove to be as successful as those held here previously. If you have any concerns please do not hesitate to contact the school.

CHILD PROTECTION POLICY

At Springwood High School we are committed to promoting the health & welfare of all pupils and making sure that every child has the chance to fulfil their potential. We have a Child Protection Policy which means that we are required by law to follow certain procedures if we feel that one of our pupils is at risk from neglect or abuse.

There is always someone in school who will be able to listen to your child and offer advice and a member of staff who is well trained in dealing with Child Protection matters. However, we cannot always keep things confidential as the procedures we have to follow state that we sometimes have to pass on information.



Protecting children is

EVERYBODY'S

BUSINESS

PEOPLE WHO WILL HELP YOUR CHILD

All the teachers in the school will help your child: tell them not to be afraid to ask.

Your House Manager & Form Tutors are good people to turn to with any questions or uncertainties. Mr Johnson is our Executive Headteacher. Mr Ballman, Mr Hutton, Mr Hirst and Mr Wills are our Deputy Headteachers.

Mrs Bunting is our SENCO. This means Special Educational Needs Coordinator. She has a team of teaching assistants who go into lessons to help pupils who have difficulties at school. The SEN Department have their own area in the school and they also run homework club at lunchtime and provide extra help with lots of other things in school.

Mrs Frost who is learning Resource Centre Manager (Library).

EXTRA – CURRICULAR ACTIVITIES

Below are some examples of some of the clubs and activities which have run in previous years, get your child involved in everything Springwood has to offer.

ARCHERY

KWIK CRICKET

JUNIOR SAX ENSEMBLE

STRING GROUP

ZUMBA

JUNIOR SWING BAND

BADMINTON CLUB

CRICKET

CHEMISTRY CAULDRON

SAXOPHONE ENSEMBLE

DOUBLE REED GROUP

TENNIS

FIELD ATHLETICS

STRING ORCHESTRA

HIGH JUMP

MATHS

SCIENCE

CHOIR

CRAFT CLUB

GOLF

SPRINGWOOD TV

NETBALL

JUNIOR BRASS

STRING QUARTET

JIGSAW CLUB

GARDEN CLUB

ROUNDERS

TRACK ATHLETICS

SPRINGWOOD

DANCE

DODGEBALL

CROSS COUNTRY

DRAMA

CONCERT BAND

SENIOR BRASS

FOOTBALL

RUGBY

ICT CLUB

TABLE TENNIS

BASKETBALL

SOFTBALL



UNIFORM & SPORTS KIT BOYS

Blazer*

White formal, stiff collar, school shirt
House colour school tie*

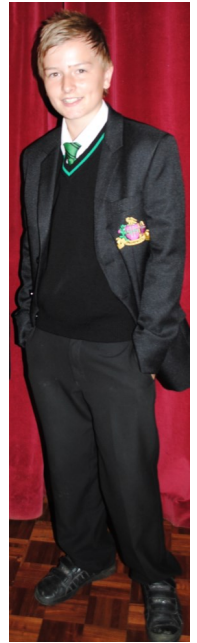
Plain black tailored trousers with **black socks & black belt.**
School jumper with House colour trim*
Plain black leather shoes
(no boots ,black trainers or canvas shoes)

Optional Shower proof school coat*
(or plain black jacket with no logos)

PE KIT

White PE Top*
House colour Rugby shirt*
Purple Socks*
Black Shorts

Optional Black Track Suit



Items marked * can only be
bought from the school shop.

Pupils may not wear visible personal jewellery, except for
wristwatches and one stud per ear if ears are pierced.

Hoops, rings ,facial, body & tongue piercings are specifically forbidden. Nail
varnish, false nails, false eyelashes may not be worn but pupils are
permitted to wear discreet make-up. Coloured scarves ,wide belts and
other fashion accessories are not allowed. We do not allow 'extreme' hair
colour e.g. pink.

Please note that shoes need to be suitable for Technology and Science
lessons to meet with Health and Safety requirements.

Anything of great value should not be brought into school
e.g. mobile phones, personal CD players etc.
(These will be confiscated if being used during lesson times.)

UNIFORM & SPORTS KIT GIRLS

Blazer*

White, formal, stiff collar, school shirt

House colour school tie*

Plain black tailored trousers with **black socks & black belt.**

Or School skirt* worn with plain black tights

School jumper with House colour trim*

Plain black leather shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs, toeless or canvas shoes)

Optional Shower proof school coat*

(or plain black jacket with no logos)

PE KIT

White PE Top*

House colour Rugby shirt*

Black Shorts

Purple Socks*

Optional Black Track Suit



Items marked * can only be bought from the school shop.

WINTER UNIFORM

Full uniform to be worn at all times. The Executive Headteacher will inform pupils and parents when winter uniform is applicable.

SUMMER UNIFORM

Jumpers are not required to be worn. Blazers and Ties are to be worn at all times. Short sleeved white formal stiff collar school shirt may be worn.

Pupils will start in September wearing summer uniform.

SPRINGWOOD BUS TIMETABLES 2015

Contractor ref: NG/25377/4	NG48A	
Grimston, Clock	0800	1613
Grimston, Lynn Road opp Congham Hall	0802	1611
Roydon, Lynn Road Three Horseshoes	0803	1610
Roydon Crossroads	0804	1609
Roydon, Chequers Road	0805	1608
Pott Row, Primary School	0806	1607
Pott Row, Vong Lane Junction	0807	1606
Grimston, opp Church Close	0809	1604
Gayton, Winch Road bus shelter	0816	1557
Ashwicken, Church Lane	0819	1554
Springwood High School, Bus Loop	0840	1540

Contractor ref: NG/25378/4	NG48B	
Flitcham, Church Lane near the Old Bell	0755	1606
Hillington, A148 Ffolkes Arms	0759	1602
Roydon, Station Road Bus Shelter	0804	1557
Pott Row, Primary School	0808	1553
Pott Row, Ashwicken Road	0809	1552
Pott Row, Leziate Drove, Gaywood River	0811	1550
Springwood High School, Bus Loop	0835	1535



SPRINGWOOD BUS TIMETABLES 2015

Contractor ref: NG/25379/4	NG48C	
East Winch, Wilson Drive	0802	1601
Ashwicken, Church Lane	0805	1558
Ashwicken School	0808	1555
Leziate Council Houses	0810	1550
Leziate Phone Box	0811	1552
Leziate, Holt House Lane	0813	1553
Bawsey, Bus Shelter	0816	1547
Bawsey, B1145 Innisfree Caravan Park	0817	1546
Bawsey, B1145 / opp Church Farm (before Crem)	0818	1545
Springwood High School, Bus Loop	0835	1535

Contractor ref: EG/19968/1	EG 1	
Gayton Thorpe, Phone Box	800	1610
Gayton, opp The Crown	805	1605
Gayton, Lynn Road / Winch Road	811	1559
Gayton, Lynn Road / Whitehouse Service Station	813	1557
Ashwicken, B1145 / Well Hall Lane	816	1554
Ashwicken, B1145 / Pott Row Turn	818	1552
Ashwicken, B1145 / East Winch Road	820	1550
Springwood High School, Bus Loop	840	1535

Contractor ref: NG/19970/1	NG 3	
Wolferton, Friar Marcus Stud	757	1609
Wolferton, Village Sign	758	1610
Sandringham, Gardens	804	1603
West Newton, Bus Shelter	807	1600
Castle Rising, Bus Stop	813	1554
North Wootton, Bus Shelter	817	1550
Springwood High School, Bus Loop	835	1535



SCHOOL SHOP

Opening Hours: Monday-Friday

08:30am-09:00am

11:15am-11:35am

12:35pm-13:25pm

15:25pm-16:00pm (Monday-Thursday only)

T: 01553 773393 Ext. #207

E: h.coleridge@springwoodhighschool.co.uk

YEAR 6 UNIFORM

****CASH OR CARD PAYMENTS ONLY****

NO CHEQUES ACCEPTED

COLLECTION DAYS

TUESDAY 25TH AUGUST

08:00AM – 15:00PM

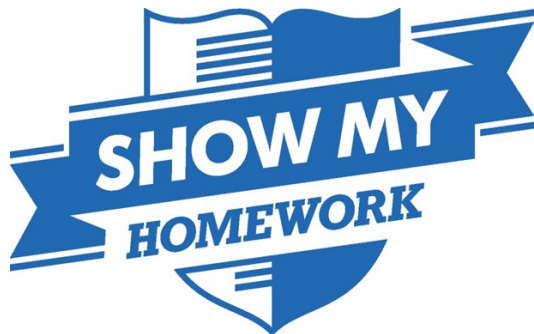
WEDNESDAY 26TH AUGUST

11:00AM-18:00PM

EXCHANGES DAY

WEDNESDAY 2ND SEPTEMBER

09:00AM – 15:00PM



Last year we launched our new homework calendar. It allows all pupils and parents to view the homework set by all subject teachers. With a unique login pupils can look at their own diary which will help them to focus on what homework they need to complete. The diary can be found at:

<https://springwoodhigh.showmyhomework.co.uk>

It has been proven that homework contributes to increasing attainment. It allows learners to practice key skills or extend their knowledge outside the classroom. The diary will allow a parent to support this process by working with their child to manage their homework load and ensure it is completed to the best of their ability.

You and your child will receive their login details once they start in September. Again any problems accessing the site please let your house manager know.

CASHLESS CATERING

We operate a cashless catering system at Springwood High School.

This system improves our ability to serve food quickly and efficiently, reduces the amount of cash circulating within the school and makes the process of getting a school lunch easier for Free School Meal students. It also makes it more convenient for you as lunches can be paid for in advance, online. We have chosen the Live Register system which uses the latest biometric technology to scan the student's thumb; this generates a unique number used in the system to identify your child and allow them to spend money from their cashless account. The thumbprint image is not stored and cannot be used by any other system. It's a very simple process....

Step 1

Registration into the Live Register system: the student's cashless account is set up and their thumb scanned to associate the student with their account.

Step 2

Cash is loaded onto the student's account either by, the parent opening up an online account using Parent Pay (log in details will follow during the summer holidays), cheque brought to the school admin department (made payable to Springwood High School Academy Trust) minimum amount is £10.00 or the student putting money into 'cash loaders' in the school canteen area.

Step 3

The student chooses their school lunch items and scans a thumb at the till: this displays their name, photo and account balance to the till operator who then enters the cost of their food items, deducts the total from the account and the transaction is complete. It is possible to set a daily maximum spend.

Parents must give their consent for biometric technology to be used and we therefore ask you to complete and return the slip to school. This will allow us to set up your son or daughter with a cashless account in the Live Register system. Pupils who wish to opt out of the fingerprint system will be issued with a unique pin number which is used at the tills. **Parents have the right to withdraw their consent at any time.**

The biometric system will also incorporate the Library Biometric system when they borrow a book and our Konica Minolta printing system. This new system will now allow students to print using their thumbprint to our new Konica printing solution. This system is more efficient, reliable and cost effective than our previous printer system.

Yours sincerely

Mr Ballman

FOOD TECHNOLOGY ALLERGY

I am writing to inform you that your child, as part of Design Technology lessons at Springwood High School, will be undertaking practical food lessons. During such lessons we will be preparing and cooking a variety of dishes. Please note that currently Food Technology is a compulsory subject for all students in KS3 (years 7& 8).

Currently during the Food Technology course pupils are expected to cook a total of 6 dishes during Year 7 and 6 dishes during Year 8.

We do, except under exceptional circumstances, expect you to provide the ingredients to make these dishes, as and when necessary. Pupils can order some more unusual foods from school, which you may not have at home, at cost price. They will be told during lessons what they can order.

Pupils will also have the opportunity to participate in taste testing as part of some lessons. Of course this taste testing is optional and down to pupils preference.

In order to ensure the health and welfare of all pupils, we need to know if your child has an allergy to any food, or if they are not allowed to eat any food.

Miss Beech

ENDEAVOUR

Endeavour is one of the most fun things that you do at Springwood. It is a series of nine challenges that really put you outside your comfort zone. It might sound hard, but that's the point, it's a really good experience and gets you up and trying new fun things. Springfest is an afternoon of fun which makes it worth completing the endeavour programme for. Not only are there some fantastic activities, but there will be awesome live music and free burgers and ice cream!

Extra-Curricular Attend extra-curricular clubs or outside school activities at least 10 times in Years 7 and 8.

Numeracy & Literacy Complete your Mental Maths Passport. Read 5 books in Year 7 and 8 in Tutor Time.

Display Get your work displayed or publicised around the school in at least 3 different areas, on the website or in the local press.

Explore Participate in the three day trips or a residential activity with the school or another organisation. Attend at least one school performance as part of the audience.

ATL Attitude to Learning - Show excellence or significant improvement in your ATL grades on your reports throughout Years 7 and 8.

Value Others Make a difference by taking an active part in organising and promoting a charity fund-raising event in Years 7 and 8.

Orate Take an active part in performing or presenting in an assembly, parents evening or a school performance in Years 7 and 8.

Understand - Careers project to be completed in Year 8

Represent your house, school, tutor group in at least 2 different activities in Years 7 and 8.

CATERING PRICES



Main Meal £1.60

Soup and Homemade Bread £1.00

Salad bowl selection with Homemade Bread £1.30

Olives, sun blushed tomato and feta cheese 80p

Pasta (plain) 60p

Pasta with Sauce £1.10

Jacket Potato 60p

**Selection of freshly prepared deli sandwiches
on granary or white bread 95p**

Selection of deli wraps 95p

Freshly prepared granary and white rolls 95p

Fresh fruit 40p

Homemade muffins, cookies, flapjacks 55p

Water bottles 50p

Large fruit juice bottles 95p

ENGLISH

For first 6 weeks students will be doing *Escape From Kraznir – A Fantasy Creative writing Unit. Creative, student-focussed activities on Fantasy Genre story-telling/writing.*

Pupils will be able to build on their early successes and demonstrate what they know, understand and can do in the context of the work they did in Year 6. They will use writing to explore and develop ideas, e.g. journals, brainstorming techniques and mental mapping activities; extend their use and control of complex sentences by:

- ◇ *recognising and using subordinate clauses;*
- ◇ *exploring the functions of subordinate clauses, e.g. relative clauses such as ‘which I bought’ or adverbial clauses such as ‘having finished his lunch’;*
- ◇ *deploying subordinate clauses in a variety of positions within the sentence;*

Pupils will use appropriate technical vocabulary (metalanguage) when summarising, connecting and contrasting (recount a story, anecdote or experience, and consider how this differs from written narrative). They will also listen for and recall the main points of a talk, reading or television programme, reflecting on what has been heard to ask searching questions, make comments or challenge the views expressed. They will be involved in group work collaborative activities, generating and developing input material in order to provide for individual written outcomes in a variety of written media, including narrative and descriptive writing, poetry, play scripts, newspaper articles, letters, diary entries, annotated drawings, maps and illustrative texts.

Their work will also include some targeted reading of fantasy genre extracts, with the potential for additional language-focussed activities. There will be a variety of homework and projects for pupils to complete. If parents can share time management techniques with their children, help them set up an appropriate work area at home and get used to research methods at the library (our LRC or local), on the Internet and with reference books.



SCIENCE

When starting Science in year seven at Springwood High School students will have two science teachers. With one teacher they will complete a unit called Science passport. This is a small topic based around key skills required from students to be able to take part in Science lessons safely and successfully. At the end of this they will know how to handle and use Science equipment and chemicals safely and in a manner that allows them to collect valid data from practicals.

Other units covered in the first term at Springwood High School include; Cells, Particles, Sound, Forces and the structure and function of organ systems. Each of these units begin with looking at some of the key fundamentals of Science that students will need to apply to new situations as they go through their Science education.

For you to support your child for their transition to this exciting subject encourage them to ask why. Inquisitiveness and wanting to know how and why things work the way they do is exactly what we need within the Science lessons. If students are asking why, we can enable them to be able to find or work out the answers. Encourage your child to be using the key stage 3 BBC Bitesize or any other student based website.



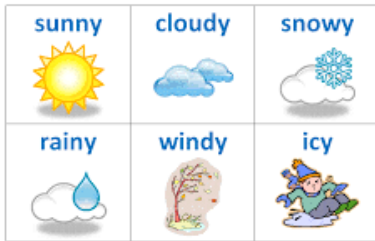
HUMANITIES

Welcome to Humanities at Springwood! We are three distinct but closely linked subjects in year 7 and include History, Geography and Religious Studies. All are taught by subject specialists and we welcome parents taking an active interest in our subjects and supporting students at home by encouraging them to watch the news and documentaries on television and talking to your child about their homework and what they are studying at school. Many of our current students have enjoyed reading the Horrible History and Horrible Geography series of books and found these useful for background knowledge of both subjects. The content that your child will study in their first half term with us is as varied as our subjects and will include;

History will start with an investigation into the mystery of the Mary Celeste and continue with the Norman invasion of Saxon England.



Weather



Geography will concentrate on the topic of Weather and Climate including both global and local issues with a particular focus on temperature.

Religious Studies will begin by considering the role of religion in society including ceremonies to celebrate birth, the coming of age, rules, rights and responsibilities.

Our aim in all our subjects is to encourage our pupils to develop their own opinions while empathising with others and inspiring them to want to learn more.



MODERN FOREIGN LANGUAGES

Everyone learns either French or German for 5 hours per fortnight plus 1 hour of Spanish.

We cover lots of topics in the first few weeks such as the alphabet, colours, school bag items, classroom vocabulary, numbers, greetings. When you come across new vocabulary, learn the words off by heart and get parents to help as much as possible.

Buy a small pocket dictionary for each of your two languages and bring it to class. Using a dictionary correctly is an important skill.

Try to find out as much as you can about the country speaking the language. Facts, culture and traditions, famous places and people, food, geography, cognates.

Join language clubs and competitions. There are lunchtime and after school clubs in French, German, Chinese etc. are really useful and free after 4.00pm

Get language APPS on your phone such as 'duolingo'.



DESIGN TECHNOLOGY & FOOD

In Design & Technology we aim to teach pupils the basic knowledge and skills required to design and make using a wide range of materials, including wood, metals, plastics and food products. Within our food preparation and nutrition based lessons, we aim to teach pupils about healthy lifestyles and develop the making skills to be able to produce a wide variety of healthy food dishes.

When pupils arrive at the school at the start of Year 7, they will all complete a core skills starter project which is taught over 9 lessons. This provides us with a baseline assessment about the abilities of the year group and teaches pupils the key skills required for success in the faculty.

After the core skills project has been completed, a carousel system is used in which pupils rotate between different teachers and teaching rooms to complete an additional 5 projects. These are currently as follows:

1. Food Preparation and Nutrition 1 (basics of food preparation techniques and food hygiene)
2. Food Preparation and Nutrition 2 (further skills in food preparation techniques and food hygiene)
3. Rocking Toy (metal based project)
4. New Technologies (wood based project designing and making a clock)
5. Pop-up cards (graphics based project)

Homework in Design Technology and Food lessons is set once per fortnight and can take a variety of forms. This can include preparing ingredients ready for Food and Nutrition lessons, researching a topic, finding useful information to help inspire design ideas or reflecting on practical work completed and suggesting possible improvements. Once pupils have completed the first Food Preparation and Nutrition, they are then able to attend the after school Food club to allow them to prepare and make a wider variety of food dishes. Additional clubs looking at computer aided design or making products may also run at various times throughout the year.

To aid transition in to this subject, it is important for parents to ensure that our pupils are well organised, especially for Food lessons where we request pupils to weigh out ingredients at home before bringing them in to the lessons. Ensuring that pupils have a full set of coloured pencils etc... is also valuable to allow pupils to design and present ideas effectively.

ARTS

Welcome to the Arts at Springwood. Moving up to a larger school, with specialist rooms for the Arts, great facilities and highly trained staff, means that you will have lots of new opportunities to explore new skills and experience different ways to be creative.

Our subjects include: **Art, Dance, Drama and Music.** As you get older, you may be able to do Performing Arts, Photography and Music Technology too!

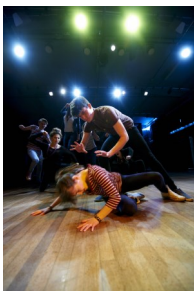
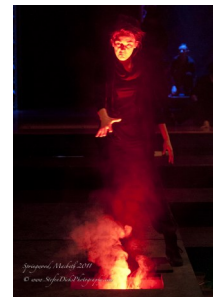
In Year 7, our subjects are all about joining in and having fun. In all of your Arts subjects, you will be expected to try new things and work with others on mini projects. If you enjoy the work in your first year, you will almost certainly be able to build upon these new skills in the future.

The Arts Faculty is situated in the Oxburgh/Blickling end of the school and we have a Photography dark room, a recording studio and dedicated spaces for both Dance and Drama.

Try to take part in at least one “Arts” activity if you can – there are lots to choose from:

Arts events after school including Art Club

- ◇ Kickstart and Kinetic Theatre Company with rehearsals after school.
- ◇ Music ensembles, bands and individual lessons with our superb music team (woodwind/brass/singing)
- ◇ Join the Junior Choir with Mrs Marshall
- ◇ Dance Club with Mrs Paulo



If you want to join in with any of the above, please speak with any member of the Arts staff.

SPORT

Springwood High School has a strong sporting tradition winning many local and regional competitions. We have appointed a Director of Sport to take this area to “the next level”. As part of the strategic improvement of this area, we have already:-

- ◇ improved resources
- ◇ increased extra-curricular elite coaching
- ◇ increased the number of competitive fixtures

Students are encouraged to participate in many sporting activities and as a result have a strong sense of team spirit and take pride in representing the school. This has led to some significant sporting achievements. In the last year Springwood has continued with its rich vein of success in the sporting locality. The school was represented in no less than 3 county cup football finals with the U16 girls winning the trophy. Our U12 boys made it through to the last 64 nationally in the ESFA competition which is a massive accomplishment in their first season together in secondary football

Our Rugby teams also made it through to two county bowl finals with the U14's coming out on top in a tense final with familiar local rivals. It is however not just in team sport that our sports stars have excelled in. Many of our students were also successful in equestrianism, basketball, hockey, badminton, table tennis, swimming, aquathlon and tennis which indicates the schools commitment to engaging all participants in an environment that celebrates all sporting interests and abilities.

There are several exciting partnerships with local clubs whereby the school's elite sportsmen and women will gain access to advanced level coaching from Kings Lynn Football Club head coach, Gary Setchell, Lynn Nets Basketball coaches and Pelicans Hockey coaches. Springwood High School strives to encourage student participation in Sport across the whole school. We run numerous sporting clubs before school, at lunchtimes and after school. All clubs are free of charge and have a strong emphasis on inclusion.



Springwood High School Plan of School

