## YEAR 8ab PE CURRICULUM 14/15

		GROUP 4	GROUP 5	GROUP 6
				_
		Boys	Boys	Boys
		Outwitting an opponent	Performing at max levels	Outwitting an opponent
	Wed 2	(Football)	(Field Athletics)	(Court)
		(RPE)	(DWD)	(PDN)
Week 1	-	Accurate replication	Outwitting an opponent	Outwitting an opponent
	Thurs 3	(Gymnastics)	(Football)	(Rugby)
		(RPE)	(DWD)	(PDN)
		Outwitting an opponent	Performing at max levels	Outwitting an opponent
	Wed 1	(Football) (RPE)	(Field Athletics) (DWD)	(Court) (PDN)
Week 2		Accurate replication	Outwitting an opponent	Outwitting an opponent
	Fri 5	(Gymnastics)	(Football)	(Rugby)
		(RPE)	(DWD)	(PDN)
		OCTOBER 1 TERM H	OLIDAY	
		Outwitting an opponent	Healthy Active	Exercising safely &
	Wed 2	(Court)	Lifestyles	effectively (HRE)
Week 1		(RPE)	(DWD)	(PDN)
	Thurs 3	Outwitting an opponent (Rugby)	Accurate replication (Gymnastics)	Problem solving (OAA)
	Thurs 5	(RUGDY) (RPE)	(DWD)	(PDN)
		Outwitting an opponent	Healthy Active	Exercising safely &
	Wed 1	(Court)	Lifestyles	effectively (HRE)
Week 2		(RPE)	(DWD)	(PDN)
WEERL	<b>_</b>	Outwitting an opponent	Accurate replication	Problem solving
	Fri 5	(Rugby)	(Gymnastics)	(OAA)
CHRISTMAS HOLIDAY				
CHRISIMAS HOLIDAY   Healthy Active Outwitting an opponent Outwitting an opponent				
	Wed 2	Lifestyles	(Court)	(Football)
	Wed 2	(RPE)	(DWD)	(PDN)
Week 1	Thurs 3	Exploring &	Problem solving	Accurate replication
		communicating ideas	(OAA)	(Gymnastics)
		(Dance) (DTL)	(DWD)	(PDN)
	Wod 1	Healthy Active Lifestyles	Outwitting an opponent (Court)	Outwitting an opponent (Football)
	Wed 1	(RPE)	(DWD)	(PDN)
Week 2		Exploring &	Problem solving	Accurate replication
	Fri 5	communicating ideas	(OAA)	(Gymnastics)
		(Dance) (DTL)	(DWD)	(PDN)
		FEBRUARY 1 TERM H		
		Exercising safely &	Outwitting an opponent	Healthy Active
Week 1	Wed 2	effectively (HRE) (RPE)	(Rugby) (DWD)	Lifestyles (PDN)
	Thurs 3	Problem solving	Exercising safely &	(PDIN) Exploring &
		(OAA)	effectively (HRE) (out)	communicating ideas
		(RPE)	(DWD)	<i>(Dance)</i> (DTL)
		Exercising safely &	Outwitting an opponent	Healthy Active
	Wed 1	effectively (HRE)	(Rugby)	Lifestyles
Week 2		(RPE)	(DWD)	(PDN)
	<b>P</b> .: <b>P</b>	Problem solving	Exercising safely &	Exploring &
	Fri 5	(OAA) (RPE)	effectively (HRE) (out) (DWD)	communicating ideas
				<i>(Dance)</i> (DTL)

### YEAR 8ab PE CURRICULUM 13/14

		GROUP 1	GROUP 2	GROUP 3
		Girls	Girls	Girls
Week 1	Wed 2	Outwitting an opponent (Netball) (Bf)	Problem solving (OAA) (Ct)	Accurate replication (Gymnastics) (LHN)
	Thurs 3	Exploring & communicating ideas (Dance) (DTL)	Accurate replication (Trampolining) (Ct)	Outwitting an opponent (Hockey) (Bf)
	Wed 1	Outwitting an opponent (Netball) (Bf)	Problem solving (OAA) (Ct)	Accurate replication (Gymnastics) (Su)
Week 2	Fri 5	Exploring & communicating ideas (Dance) (DTL)	Accurate replication (Trampolining) (Ct)	Outwitting an opponent (Hockey) (Bf)
		OCTOBER 1/2 TERM		
Week 1	Wed 2	Outwitting an opponent (Field) (Bf)	Outwitting an opponent (Netball) (Ct)	Exercising safely & effectively (HRE) (LHN)
Week 1	Thurs 3	Accurate replication (Trampolining) (Bf)	Exploring & communicating ideas (Dance) (DTL)	Outwitting an opponent (Netball) (Ct)
Week 2 -	Wed 1	Outwitting an opponent (Field) (Bf)	Outwitting an opponent (Netball) (Ct)	Exercising safely & effectively (HRE) (Su)
	Fri 5	Accurate replication (Trampolining) (Bf)	Exploring & communicating ideas (Dance) (DTL)	Outwitting an opponent (Netball) (Ct)
		CHRISTMAS HO	LIDAY	
Week 1 -	Wed 2	Problem solving (OAA) (Bf)	Accurate replication (Gymnastics) (Ct)	Outwitting an opponent (Field) (LHN)
	Thurs 3	Outwitting an opponent (Hockey) (Bf)	Outwitting an opponent (Field) (RPE)	Accurate replication (Trampolining) (Ct)
Week 2 -	Wed 1	Problem solving (OAA) (Bf)	Accurate replication (Gymnastics) (Ct)	Outwitting an opponent (Field) (Su)
	Fri 5	Outwitting an opponent (Hockey) (Bf)	Outwitting an opponent (Field) (RPE)	Accurate replication (Trampolining) (Ct)
		FEBRUARY 1/2 TERM	HOLIDAY	
Week 1 -	Wed 2	Accurate replication (Gymnastics) (Bf)	Outwitting an opponent (Hockey) (Ct)	Problem solving (OAA) (LHN)
	Thurs 3	Exercising safely & effectively (HRE) (Bf)	Exercising safely & effectively (Ct)	Outwitting an opponent (Court) (PDN)
	Wed 1	Accurate replication (Gymnastics) (Bf)	Outwitting an opponent (Hockey) (Ct)	Problem solving (OAA) (Su)
Week 2	Fri 5	Exercising safely & effectively (HRE) (Bf)	Exercising safely & effectively (Ct)	Outwitting an opponent (Court) (PDN)

### YEAR 8ab PE CURRICULUM 13/14

		GROUP 1	GROUP 2	GROUP 3
		Girls	Girls	Girls
	EASTER HOLIDAY			
Week 1	Wed 2	Outwitting an opponent (Rounders) (Bf)	Outwitting an opponent (Court) (Ct)	Performing at max levels (Field Athletics) (LHN)
	Thurs 3	Performing at max levels (Athletics) (Bf)	Performing at max levels (Track Athletics) (DWD)	Outwitting an opponent (Rounders) (Ct)
Week 2	Wed 1	Outwitting an opponent (Rounders) (Bf)	Outwitting an opponent (Court) (Ct)	Performing at max levels (Field Athletics) (Su)
	Fri 5	Performing at max levels (Athletics) (Bf)	Performing at max levels (Track Athletics) (DWD)	Outwitting an opponent (Rounders) (Ct)
		MAY ½ TERM HOL	.IDAY	
Week 1 -	Wed 2	Outwitting an opponent (Tennis) (Bf)	Outwitting an opponent (Rounders) (Ct)	Performing at max levels (Track Athletics) (LHN)
	Thurs 3	Outwitting an opponent (Court) (Bf)	Performing at max levels (Field Athletics) (Ct)	Exploring & communicating ideas (Dance) (DTL)
Week 2 -	Wed 1	Outwitting an opponent (Tennis) (Bf)	Outwitting an opponent (Rounders) (Ct)	Performing at max levels (Track Athletics) (Su)
	Fri 5	Outwitting an opponent (Court) (Bf)	Performing at max levels (Field Athletics) (Ct)	Exploring & communicating ideas (Dance) (DTL)

RULES	<u>PE KIT</u>
<b>No jewellery</b> is to be worn during your PE lessons.	The appropriate PE Kit should be brought to <b>every</b> lesson: INDOOR LESSONS <u>Gym/Dance:</u> White T-shirt, Black shorts/Black Leggings (optional)
Hair bands should be brought to tie back long hair - an elastic band will be provided	<u>Court/Exercising Safely &amp; Effectively/Trampolining</u> : White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for trampolining) Purple Socks, Trainers
Letters from Parents/Guardians are only accepted if you have a medical condition/injury – PE Kit must still be brought to the lesson to assist in another role ie coach, official, leader	OUTDOOR LESSONS <u>Field/Football/Rugby:</u> Rugby Shirt, Black Shorts/Black Tracksuit bottoms (optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby) <u>Netball/Hockey/OAA:</u> Rugby Shirt, Black Shorts/ Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads & Mouth guard (hockey) <u>Athletics,/Cricket/Rounders/Tennis</u> : White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional), Purple Socks, Trainers
Always <b>try your best</b> no matter what the activity or your ability.	(Up to Oct $\frac{1}{2}$ term holiday & after Easter holiday: Rugby shirt optional) <b>SANCTIONS - PER HALF TERM</b> 3 PE Kit Marks = 15 min detention 4 PE Kit Marks = 30 min detention 5 PE Kit Marks = 1 hour afterschool detention

# YEAR 8ab PE CURRICULUM 14/15

GROUP 4	GROUP 5	GROUP 6
Boys	Boys	Boys

EASTER HOLIDAY				
Week 1		Outwitting an opponent	Outwitting an opponent	Performing at max levels
	Wed 2	(Tennis)	(Cricket)	(Track Athletics)
		(RPE)	(DWD)	(PDN)
		Outwitting an opponent	Exploring &	Outwitting an opponent
	Thurs 3	(Cricket)	communicating ideas	(Tennis)
		(RPE)	<i>(Dance)</i> (DTL)	(PDN)
		Outwitting an opponent	Outwitting an opponent	Performing at max levels
	Wed 1	(Tennis)	(Cricket)	(Track Athletics)
Week 2		(RPE)	(DWD)	(PDN)
WEER L		Outwitting an opponent	Exploring &	Outwitting an opponent
	Fri 5	(Cricket)	communicating ideas	(Tennis)
		(RPE)	<i>(Dance)</i> (DTL)	(PDN)
		MAY $\frac{1}{2}$ TERM HOL	IDAY	
		Performing at max levels	Performing at max levels	Outwitting an opponent
	Wed 2	(Field Athletics)	(Track Athletics)	(Cricket)
Maale 1		(RPE)	(DWD)	(PDN)
Week 1		Performing at max levels	Outwitting an opponent	Performing at max levels
	Thurs 3	(Track Athletics)	(Tennis)	(Field Athletics)
		(RPE)	(DWD)	(PDN)
		Performing at max levels	Performing at max levels	Outwitting an opponent
Week 2	Wed 1	(Field Athletics)	(Track Athletics)	(Cricket)
		(RPE)	(DWD)	(PDN)
		Performing at max levels	Outwitting an opponent	Performing at max levels
	Fri 5	(Track Athletics)	(Tennis)	(Field Athletics)
		(RPE)	(DWD)	(PDN)

RULES	<u>PE KIT</u>
No jewellery is to be worn during	The appropriate PE Kit should be brought to <b>every</b> lesson:
your PE lessons.	INDOOR LESSONS
	<u>Gym/Dance:</u> White T-shirt, Black shorts/Black Leggings (optional)
Hair bands should be brought to	Court/Exercising Safely & Effectively/Trampolining: White T-Shirt, Black
tie back long hair - an elastic band	Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for
will be provided	trampolining) Purple Socks, Trainers
Letters from Parents/Guardians	OUTDOOR LESSONS
are only accepted if you have a	Field/Football/Rugby: Rugby Shirt, Black Shorts/Black Tracksuit bottoms
medical condition/injury - PE Kit	(optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby)
must still be brought to the	<u>Netball/Healthy Active Lifestyles/Hockey/OAA:</u> Rugby Shirt, Black Shorts/
lesson to assist in another role ie	Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads &
coach, official, leader	Mouth guard (hockey)
	Athletics,/Cricket/Rounders/Tennis: White T-Shirt, Black Shorts/Black
Always try your best no matter	Tracksuit Bottoms (optional), Purple Socks, Trainers
what the activity or your ability.	(Up to Oct $\frac{1}{2}$ term holiday & after Easter holiday: Rugby shirt optional)
	SANCTIONS - PER HALF TERM
	3 PE Kit Marks = 15 min detention 4 PE Kit Marks = 30 min detention
	5 PE Kit Marks = 1 hour afterschool detention

#### EASTER HOLIDAY