

**YEAR 10x  
PE CURRICULUM 15/16**

<b>GROUP 1 Girls</b>	<b>GROUP 2 Girls</b>	<b>GROUP 3 Girls</b>	<b>GROUP 4 Girls</b>
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<b>Week 1</b>	<b>Tues 3</b>	South Gym (Bf)	Field (Ct)	Field (LHn)	East Gym (DWd)
	<b>Wed 1</b>	Field (Bf)	South Gym (Ct)	Astro (LHn)	Field (DWd)
<b>Week 2</b>	<b>Tues 1</b>	South Gym (Bf)	Field (Ct)	Field (LHn)	East Gym (DWd)

**OCTOBER ½ TERM HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Astro (Bf)	Field (Ct)	Field (LHn)	South Gym (DWd)
	<b>Wed 1</b>	Field (Bf)	South Gym (Ct)	Astro (LHn)	Field (DWd)
<b>Week 2</b>	<b>Tues 1</b>	Astro (Bf)	Field (Ct)	Field (LHn)	South Gym (DWd)

**CHRISTMAS HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Field (Bf)	East Gym (Ct)	Field (LHn)	Astro (DWd)
	<b>Wed 1</b>	East Gym (Bf)	Field (Ct)	South Gym (LHn)	Field (DWd)
<b>Week 2</b>	<b>Tues 1</b>	Field (Bf)	East Gym (Ct)	Field (LHn)	Astro (DWd)

**FEBRUARY ½ TERM HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Field (Bf)	Astro (Ct)	East Gym (LHn)	Field (DWd)
	<b>Wed 1</b>	East Gym (Bf)	Field (Ct)	South Gym (LHn)	Field (DWd)
<b>Week 2</b>	<b>Tues 1</b>	Field (Bf)	Astro (Ct)	East Gym (LHn)	Field (DWd)

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**EASTER HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Astro (Bf)	East Gym (Ct)	Field (LHn)	Tennis (DWd)
	<b>Wed 1</b>	East Gym (Bf)	Field (Ct)	Tennis (LHn)	Field (DWd)
<b>Week 2</b>	<b>Tues 1</b>	Field (Bf)	Tennis (Ct)	Field (LHn)	South Gym (DWd)

**MAY ½ TERM HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Tennis (Bf)	Field (Ct)	South Gym (LHn)	Astro (DWd)
	<b>Wed 1</b>	Field (Bf)	South Gym (Ct)	Astro (LHn)	East Gym (DWd)
<b>Week 2</b>	<b>Tues 1</b>	South Gym (Bf)	Astro (Ct)	East Gym (LHn)	Field (DWd)

**RULES**

**No jewellery** is to be worn during your PE lessons.

**Hair bands should be brought to tie back long hair** - an elastic band will be provided

**Letters from Parents/Guardians** are only accepted if you have a **medical condition/injury – PE Kit must still be brought to the lesson to assist in another role ie coach, official, leader**

Always **try your best** no matter what the activity or your ability.

**PE KIT**

The appropriate PE Kit should be brought to **every** lesson:

**INDOOR LESSONS**

Gym/Dance: White T-shirt, Black shorts/Black Leggings (optional)

Court/Exercising Safely & Effectively/Trampolining: White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for trampolining) Purple Socks, Trainers

**OUTDOOR LESSONS**

Field/Football/Rugby: Rugby Shirt, Black Shorts/Black Tracksuit bottoms (optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby)

Exercising Safely & Effectively/Netball/Hockey: Rugby Shirt, Black Shorts/ Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads & Mouth guard (hockey)

Athletics./Cricket/Rounders/Tennis: White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional), Purple Socks, Trainers  
(Up to Oct ½ term holiday & after Easter holiday: Rugby shirt optional)

**SANCTIONS - PER HALF TERM**

3 PE Kit Marks = 15 min detention      4 PE Kit Marks = 30 min detention

5 PE Kit Marks = 1 hour afterschool detention

**YEAR 10x  
PE CURRICULUM 15/16**

<b>GROUP 5 Boys</b>	<b>GROUP 6 Boys</b>
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<b>Week 1</b>	<b>Tues 3</b>	Field (PDn)	Astro (RPe)
	<b>Wed 1</b>	East Gym (PDn)	Field (RPe)
<b>Week 2</b>	<b>Tues 1</b>	Field (PDn)	Astro (RPe)

**OCTOBER ½ TERM HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Field (PDn)	East Gym (RPe)
	<b>Wed 1</b>	East Gym (PDn)	Field (RPe)
<b>Week 2</b>	<b>Tues 1</b>	Field (PDn)	East Gym (RPe)

**CHRISTMAS HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Field (PDn)	South Gym (RPe)
	<b>Wed 1</b>	Astro (PDn)	Field (RPe)
<b>Week 2</b>	<b>Tues 1</b>	Field (PDn)	South Gym (RPe)

**FEBRUARY ½ TERM HOLIDAY**

Field <b>Week 1</b>	<b>Tues 3</b>	South Gym (PDn)	Field (RPe)
	<b>Wed 1</b>	Astro (PDn)	Field (RPe)
<b>Week 2</b>	<b>Tues 1</b>	South Gym (PDn)	Field (RPe)

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**PE CURRICULUM 15/16**

<b>GROUP 5</b>	<b>GROUP 6</b>
<b>Boys</b>	<b>Boys</b>

**EASTER HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	Field (PDn)	South Gym (RPe)
	<b>Wed 1</b>	South Gym (PDn)	Astro (RPe)
<b>Week 2</b>	<b>Tues 1</b>	Astro (PDn)	East Gym (RPe)

**MAY ½ TERM HOLIDAY**

<b>Week 1</b>	<b>Tues 3</b>	East Gym (PDn)	Field (RPe)
	<b>Wed 1</b>	Field (PDn)	Tennis (RPe)
<b>Week 2</b>	<b>Tues 1</b>	Tennis (PDn)	Field (RPe)

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