Week Tues 1 GROUP 2 GROUP 3 GROUP 4 Girls Girls Girls Girls Girls						
Week Tues 3			GROUP 1	GROUP 2	GROUP 3	GROUP 4
Week Tues 3			Girls	Girls	Girls	Girls
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Tues 3			South Gym	Field	Field	East Gym
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Tues 1 (Bf) (Ct) (LHn) (DWd)	\A/aala		South Gvm	Field	Field	East Gvm
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2		Tues 1			•	
	2		,			

		GROUP 1	GROUP 2	GROUP 3	GROUP 4
		Girls	Girls	Girls	Girls
			EASTER HOLIDAY		
14 / 1.	Tues 3	Astro (Bf)	East Gym (Ct)	Field (LHn)	Tennis (DWd)
Week 1	Wed 1	East Gym (Bf)	Field (Ct)	Tennis (LHn)	Field (DWd)
Week 2	Tues 1	Field (Bf)	Tennis (Ct)	Field (LHn)	South Gym (DWd)
			MAY 1 TERM HOLIDA	У	
Week	Tues 3	Tennis (Bf)	Field (Ct)	South <i>G</i> ym (LHn)	Astro (DWd)
1	Wed 1	Field (Bf)	South Gym (Ct)	Astro (LHn)	East Gym (DWd)
Week 2	Tues 1	South Gym (Bf)	Astro (Ct)	East Gym (LHn)	Field (DWd)

RULES

No jewellery is to be worn during your PE lessons.

Hair bands should be brought to tie back long hair - an elastic band will be provided

Letters from Parents/Guardians are only accepted if you have a medical condition/injury – PE Kit must still be brought to the lesson to assist in another role ie coach, official, leader

Always **try your best** no matter what the activity or your ability.

PE KIT

The appropriate PE Kit should be brought to every lesson:

INDOOR LESSONS

<u>Gym/Dance:</u> White T-shirt, Black shorts/Black Leggings (optional) <u>Court/Exercising Safely & Effectively/Trampolining:</u> White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for trampolining) Purple Socks, Trainers

OUTDOOR LESSONS

<u>Field/Football/Rugby:</u> Rugby Shirt, Black Shorts/Black Tracksuit bottoms (optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby) <u>Exercising Safely & Effectively/Netball/Hockey:</u> Rugby Shirt, Black Shorts/ Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads & Mouth guard (hockey)

Athletics,/Cricket/Rounders/Tennis: White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional), Purple Socks, Trainers (Up to Oct ½ term holiday & after Easter holiday: Rugby shirt optional)

SANCTIONS - PER HALF TERM

3 PE Kit Marks = 15 min detention 4 PE Kit Marks = 30 min detention 5 PE Kit Marks = 1 hour afterschool detention

GROUP 5	GROUP 6
Boys	Boys

	Tues 3	Field (PDn)	Astro (RPe)
Week 1	Wed 1	East Gym (PDn)	Field (RPe)
Week 2	Tues 1	Field (PDn)	Astro (RPe)

OCTOBER 1 TERM HOLIDAY

March 1	Tues 3	Field (PDn)	East Gym (RPe)
Week 1	Wed 1	East Gym (PDn)	Field (RPe)
Week 2	Tues 1	Field (PDn)	East Gym (RPe)

CHRISTMAS HOLIDAY

	Tues 3	Field (PDn)	South Gym (RPe)
Week 1	Wed 1	Astro (PDn)	Field (RPe)
Week 2	Tues 1	Field (PDn)	South Gym (RPe)

FEBRUARY 1 TERM HOLIDAY

s: II Wask 1	Tues 3	South Gym (PDn)	Field (RPe)
Field Week 1	Wed 1	Astro (PDn)	Field (RPe)
Week 2	Tues 1	South Gym (PDn)	Field (RPe)

GROUP 5	GROUP 6
Boys	Boys

EASTER HOLIDAY

Week 1	Tues 3	Field (PDn)	South Gym (RPe)
	Wed 1	South Gym (PDn)	Astro (RPe)
Week 2	Tues 1	Astro (PDn)	East Gym (RPe)

MAY 1 TERM HOLIDAY

	Tues 3	East Gym (PDn)	Field (RPe)
Week 1	Wed 1	Field (PDn)	Tennis (RPe)
Week 2	Tues 1	Tennis (PDn)	Field (RPe)

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<u>Court/Exercising Safely & Effectively/Trampolining:</u> White T-Shirt, Black
Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for
trampolining) Purple Socks, Trainers

OUTDOOR LESSONS

<u>Field/Football/Rugby:</u> Rugby Shirt, Black Shorts/Black Tracksuit bottoms (optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby)

<u>Exercising Safely & Effectively/Netball/Hockey:</u> Rugby Shirt, Black Shorts/
Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads &

Mouth guard (hockey)

Athletics,/Cricket/Rounders/Tennis: White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional), Purple Socks, Trainers (Up to Oct ½ term holiday & after Easter holiday: Rugby shirt optional)

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