		GROUP 1	GROUP 2	GROUP 3
		Girls	Girls	Girls
		Outwitting an opponent	Accurate replication	Performing at max levels
	Mon 5	(Hockey) (LCL)	(Trampolining) (Bf)	(Field Athletics) (Ct)
Week 1		Outwitting an opponent	Outwitting an opponent	Accurate replication
	Wed 5	(Hockey)	(Field)	(Gymnastics)
		(LHN)	(Bf)	(Ct)
	_, _	Exploring & communicating	Outwitting an opponent	Accurate replication
	Thurs 2	ideas (Dance)	(Field)	(Gymnastics)
Week 2		(DPO) Exploring & communicating	(Su) Accurate replication	(Ct) Performing at max levels
	Fri 3	ideas (Dance)	(Trampolining)	(Field Athletics)
	111.5	(DPO)	(Bf)	(C†)
		OCTOBER ½ TERA	M HOLIDAY	
		Outwitting an opponent	Outwitting an opponent	Accurate replication
	Mon 5	(Netball)	(Netball)	(Trampolining)
Week 1		(Ct)	(LCL)	(Bf)
	Wed 5	Accurate replication (Gymnastics)	Outwitting an opponent (Netball)	Outwitting an opponent (Field)
	Wed 5	(Ct)	(LHN)	(Bf)
		Accurate replication	Exploring & communicating	Outwitting an opponent
	Thurs 2	(Gymnastics)	ideas (Dance) (DPO)	(Field)
Week 2		(Ct)		(Su)
,, oo,, =	F: 3	Outwitting an opponent	Exploring & communicating	Accurate replication
	Fri 3	(Netball) (Ct)	ideas (Dance) (DPO)	(Trampolining) (Bf)
		CHRISTMAS H	IOLIDAY	(01)
		Accurate replication	Problem solving	Outwitting an opponent
	Mon 5	(Trampolining)	(OAA)	(Netball)
Week 1		(Bf)	(C†)	(LCL)
17 00K 1	Wad 5	Outwitting an opponent	Accurate replication	Outwitting an opponent
	Wed 5	(Field) (Bf)	(Gymnastics) (Ct)	(Netball) (LHN)
		Outwitting an opponent	Accurate replication	Exploring &
	Thurs 2	(Field)	(Gymnastics)	communicating ideas
Week 2		(Su)	(Ct)	(Dance) (DPO)
WEEK Z		Accurate replication	Problem solving	Exploring &
	Fri 3	(Trampolining)	(OAA)	communicating ideas
		(Bf)	(Ct)	(Dance) (DPO)
		FEBRUARY ½ TER/ Problem solving	Outwitting an opponent	Outwitting an opponent
	Mon 5	(OAA)	(Hockey)	(Court)
Week 1	77.011 0	(Ct)	(Bf)	(LCL)
		Problem solving	Outwitting an opponent	Outwitting an opponent
	Wed 5	(OAA)	(Hockey)	(Court)
		(Ct)	(Bf)	(LHN)
Week 2	Thurs 2	Healthy Active Lifestyles PE1	Outwitting an opponent (Court)	Outwitting an opponent (Hockey)
	Triurs 2	(C†)	(Su)	(Hockey) (Fr)
		Healthy Active Lifestyles	Outwitting an opponent	Outwitting an opponent
	Fri 3	PE1	(Court)	(Hockey)
		(<i>C</i> †)	(Bf)	(RPE)

GROUP 1	GROUP 2	GROUP 3
Girls	Girls	Girls

EASTER HOLIDAY

	Mon 5	Performing at max levels	Outwitting an opponent	Problem solving
		(Athletics)	(Rounders)	(OAA)
Week 1		(Ct)	(LCL)	(OAA) (Bf) Problem solving (OAA) (Bf) Healthy Active Lifestyles PE1 (Su) Healthy Active Lifestyles
WEEK 1		Performing at max levels	Outwitting an opponent	Problem solving
	Wed 5	(Athletics)	(Rounders)	(OAA)
		(C†)	(LHN)	(Bf)
		Outwitting an opponent	Performing at max levels	Healthy Active Lifestyles
	Thurs 2	(Rounders)	(Track Athletics)	PE1
Week 2		(C†)	(PDN)	(Su)
Week 2		Outwitting an opponent	Performing at max levels	Healthy Active Lifestyles
	Fri 3	(Rounders)	(Track Athletics)	PE1
		(Ct)	(PDN)	(Bf)

MAY 1 TERM HOLIDAY

		Outwitting an opponent	Performing at max levels	Outwitting an opponent
	Mon 5	(Court)	(Field Athletics)	(Rounders)
Week 1		(Ct)	(Bf)	(Rounders) (LCL) Outwitting an opponent (Rounders) (LHN) Performing at max levels (Track Athletics) (DWD) Performing at max levels
Week 1		Outwitting an opponent	Performing at max levels	Outwitting an opponent
	Wed 5	(Court)	(Field Athletics)	(Rounders)
		(Ct)	(Bf)	(LHN)
		Outwitting an opponent	Healthy Active Lifestyles	Performing at max levels
Week 2	Thurs 2	(Tennis)	PE1	(Track Athletics)
		(<i>C</i> †)	(Su)	(DWD)
		Outwitting an opponent	Healthy Active Lifestyles	Performing at max levels
	Fri 3	(Tennis)	PE1	(Track Athletics)
		(Ct)	(Bf)	(DWD)

RULES

No jewellery is to be worn during your PE lessons.

Hair bands should be brought to tie back long hair - an elastic band will be provided

Letters from Parents/Guardians are only accepted if you have a medical condition/injury - PE Kit must still be brought to the lesson to assist in another role ie coach, official, leader

Always try your best no matter what the activity or your ability.

PE KIT

The appropriate PE Kit should be brought to every lesson:

INDOOR LESSONS

<u>Gym/Dance:</u> White T-shirt, Black shorts/Black Leggings (optional)
<u>Court/Exercising Safely & Effectively/Trampolining:</u> White T-Shirt, Black
Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for
trampolining) Purple Socks, Trainers

OUTDOOR LESSONS

<u>Field/Football/Rugby:</u> Rugby Shirt, Black Shorts/Black Tracksuit bottoms (optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby) <u>Netball/Hockey:</u> Rugby Shirt, Black Shorts/ Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads & Mouth guard (hockey) <u>Athletics,/Cricket/Rounders/Tennis:</u> White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional), Purple Socks, Trainers (Up to Oct ½ term holiday & after Easter holiday: Rugby shirt optional)

SANCTIONS - PER HALF TERM

3 PE Kit Marks = 15 min detention 4 PE Kit Marks = 30 min detention 5 PE Kit Marks = 1 hour afterschool detention

		GROUP 4	GROUP 5	GROUP 6	
		Boys	Boys	Boys	
		Doys	Duys	Doys	
		Performing at max levels	Accurate replication	Performing at max levels	
	Mon 5	(Field Athletics)	(Gymnastics)	(Field Athletics)	
\4/l. 4		(Fr)	(PDN)	(DWD)	
Week 1		Outwitting an opponent	Performing at max levels	Performing at max levels	
	Wed 5	(Court)	(Field Athletics)	(Field Athletics)	
		(RPE)	(PDN)	(DWD)	
	Th 2	Outwitting an opponent	Performing at max levels	Healthy Active Lifestyles	
	Thurs 2	(Court) (Fr)	(Field Athletics) (PDN)	PE1 (DWD)	
Week 2		Performing at max levels	Accurate replication	Healthy Active Lifestyles	
	Fri 3	(Field Athletics)	(Gymnastics)	PE1	
	•	(RPE)	(PDN)	(DWD)	
		OCTOBER 1 TER	, ,		
		Outwitting an opponent	Outwitting an opponent	Accurate replication	
	Mon 5	(Rugby)	(Football)	(Gymnastics)	
Week 1		(Fr)	(PDN)	(DWD)	
.,	\4/. F	Outwitting an opponent	Outwitting an opponent	Problem solving	
	Wed 5	(Rugby)	(Court) (PDN)	(OAA)	
		(RPE) Healthy Active Lifestyles	Outwitting an opponent	(DWD) Problem solving	
	Thurs 2	PE1	(Court)	(OAA)	
	, , , , , , , , , , , , , , , , , , ,	(Fr)	(PDN)	(DWD)	
Week 2		Healthy Active Lifestyles	Outwitting an opponent	Accurate replication	
	Fri 3	PE1	(Football)	(Gymnastics)	
		(RPE)	(PDN)	(DWD)	
CHRISTMAS HOLIDAY					
		Accurate replication	Outwitting an opponent	Outwitting an opponent	
	Mon 5	(Gymnastics)	(Rugby)	(Football)	
Week 1		(Fr)	(PDN)	(DWD)	
	Wed 5	Outwitting an opponent (Football)	Outwitting an opponent (Rugby)	Outwitting an opponent (Court)	
		(RPE)	(PDN)	(DWD)	
		Outwitting an opponent	Healthy Active Lifestyles	Outwitting an opponent	
	Thurs 2	(Football)	PE1	(Court)	
Week 2		(Fr)	(PDN)	(DWD)	
WEEK Z		Accurate replication	Healthy Active Lifestyles	Outwitting an opponent	
	Fri 3	(Gymnastics)	PE1	(Football)	
		(RPE)	(PDN)	(DWD)	
		FEBRUARY 1 TER		O	
	Mon 5	Problem solving (OAA)	Fitness (SG)	Outwitting an opponent (Rugby)	
Week 1	Mon 3	(Fr)	(PDN)	(NUD)	
		Problem solving	Fitness	Outwitting an opponent	
	Wed 5	(OAA)	(SG)	(Rugby)	
		(RPE)	(PDN)	(DWD)	
Week 2		Exploring &	Problem solving	Fitness	
	Thurs 2	communicating ideas	(OAA)	(SG)	
		(Dance) (DPO)	(PDN)	(DWD)	
	Fri 3	Exploring &	Problem solving	Fitness	
		communicating ideas (Dance) (DPO)	(OAA) (PDN)	(SG) (DWD)	
		(Dunce) (DPO)	(FUIN)	(000)	

GROUP 4	GROUP 5	GROUP 6
Boys	Boys	Boys

EASTER HOLIDAY

		Performing at max levels	Outwitting an opponent	Outwitting an opponent
	Mon 5	(Track Athletics)	(Tennis)	(Cricket)
Week 1		(Fr)	(PDN)	(DWD)
WEEK 1		Performing at max levels	Outwitting an opponent	Outwitting an opponent
	Wed 5	(Track Athletics)	(Tennis)	(Cricket)
		(Fr)	(PDN)	(DWD)
		Fitness	Exploring & communicating	Outwitting an opponent
	Thurs 2	(SG)	ideas <i>(Dance)</i>	(Tennis)
Week 2		(Fr)	(DPO)	(DWD)
Week 2		Fitness	Exploring & communicating	Outwitting an opponent
	Fri 3	(SG)	ideas <i>(Dance)</i>	(Tennis)
		(Fr)	(DPO)	(DWD)

MAY 1 TERM HOLIDAY

Wasta 4	Mon 5	Outwitting an opponent (Tennis) (Fr)	Outwitting an opponent (Cricket) (PDN)	Performing at max levels (Track Athletics) (DWD)
Week 1	Wed 5	Outwitting an opponent (Tennis) (Fr)	Outwitting an opponent (Cricket) (PDN)	Performing at max levels (Track Athletics) (DWD)
Week 2	Thurs 2	Outwitting an opponent (Cricket) (Fr)	Performing at max levels (Track Athletics) (PDN)	Exploring & communicating ideas (Dance) (DPO)
	Fri 3	Outwitting an opponent (Cricket) (Fr)	Performing at max levels (Track Athletics) (PDN)	Exploring & communicating ideas (Dance) (DPO)

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