		GROUP 5	GROUP 6				
		Boys	Boys				
Week 1	Tues 1	Performing at max levels (Field Athletics) (PDN)	Outwitting an opponent (Hockey) (RPE)				
Week 1	Wed 4	Outwitting an opponent (Hockey) (PDN)	Performing at max levels (Field Athletics) (RPE)				
Week 2	Tues 2	Performing at max levels (Field Athletics) (PDN)	Outwitting an opponent (Hockey) (RPE)				
WEER L	Thurs 2	Outwitting an opponent (Hockey) (PDN)	Performing at max levels (Field Athletics) (RPE)				
	OCTOBER ½ TERM HOLIDAY						
Week 1	Tues 1	Exercising safely & effectively (inside) (PDN)	Accurate replication (Gymnastics) (RPE)				
Week 1	Wed 4	Outwitting an opponent (Football) (PDN)	Outwitting an opponent (Rugby) (RPE)				
Week 2	Tues 2	Exercising safely & effectively (inside) (PDN)	Accurate replication (Gymnastics) (RPE)				
Week 2	Thurs 2	Outwitting an opponent (Football) (PDN)	Outwitting an opponent (Rugby) (RPE)				
	CHRIS	STMAS HOLIDAY					
Week 1	Tues 1	Exercising safely & effectively (outside) (PDN)	Exercising safely & effectively (inside) (RPE)				
Week 1	Wed 4	Outwitting an opponent (Rugby) (PDN)	Problem solving (OAA) (RPE)				
Week 2	Tues 2	Exercising safely & effectively (outside) (PDN)	Exercising safely & effectively (inside) (RPE)				
Week 2	Thurs 2	Outwitting an opponent (Rugby) (PDN)	Problem solving (OAA) (RPE)				
	FEBRUAR	Y 1 TERM HOLIDAY					
Week 1	Tues 1	Problem solving (OAA) (PDN)	Exercising safely & effectively (outside) (RPE)				
WEEK 1	Wed 4	Accurate replication (Gymnastics) (PDN)	Outwitting an opponent (Football) (RPE)				
Week 2	Tues 2	Problem solving (OAA) (PDN)	Exercising safely & effectively (outside) (RPE)				
,, 55N E	Thurs 2	Accurate replication (Gymnastics) (PDN)	Outwitting an opponent (Football) (RPE)				

GROUP 5	GROUP 6
Boys	Boys

### EASTER HOLIDAY

		Outwitting an opponent	Outwitting an opponent
	Tues 1	(Cricket)	(Tennis)
Week 1		(PDN)	(RPE)
Week 1		Performing at max levels	Outwitting an opponent
	Wed 4	(Track Athletics)	(Court)
		(PDN)	(RPE)
		Outwitting an opponent	Outwitting an opponent
	Tues 2	(Cricket)	(Tennis)
Week 2		(PDN)	(RPE)
week 2		Performing at max levels	Outwitting an opponent
	Thurs 2	(Track Athletics)	(Court)
		(PDN)	(RPE)

### MAY 1 TERM HOLIDAY

Week 1	Tues 1	Outwitting an opponent (Tennis) (PDN)	Outwitting an opponent (Cricket) (RPE)
Week 1	Wed 4	Outwitting an opponent (Court) (PDN)	Performing at max levels (Track Athletics) (RPE)
Work 2	Tues 2	Outwitting an opponent (Tennis) (PDN)	Outwitting an opponent (Cricket) (RPE)
Week 2	Thurs 2	Outwitting an opponent (Court) (PDN)	Performing at max levels (Track Athletics) (RPE)

## RULES

No jewellery is to be worn during your PE lessons.

Hair bands should be brought to tie back long hair - an elastic band will be provided

Letters from Parents/Guardians are only accepted if you have a medical condition/injury - PE Kit must still be brought to the lesson to assist in another role ie coach, official, leader

Always **try your best** no matter what the activity or your ability.

# PE KIT

The appropriate PE Kit should be brought to **every** lesson:

### INDOOR LESSONS

<u>Gym/Dance:</u> White T-shirt, Black shorts/Black Leggings (optional)
<u>Court/Exercising Safely & Effectively/Trampolining:</u> White T-Shirt, Black
Shorts/Black Tracksuit Bottoms (optional)/ Black leggings (optional for
trampolining) Purple Socks, Trainers

#### **OUTDOOR LESSONS**

<u>Field/Football/Rugby:</u> Rugby Shirt, Black Shorts/Black Tracksuit bottoms (optional), Purple Socks, Football Boots, Shin Pads, Mouth guard (rugby)

<u>Netball/Healthy Active Lifestyles/Hockey/OAA:</u> Rugby Shirt, Black Shorts/

Black Tracksuit bottoms (optional), Purple Socks, Trainers, Shin pads &

Mouth guard (hockey)

Athletics,/Cricket/Rounders/Tennis: White T-Shirt, Black Shorts/Black Tracksuit Bottoms (optional), Purple Socks, Trainers (Up to Oct ½ term holiday & after Easter holiday: Rugby shirt optional)

# SANCTIONS - PER HALF TERM

3 PE Kit Marks = 15 min detention 4 PE Kit Marks = 30 min detention 5 PE Kit Marks = 1 hour afterschool detention

	PE CORRICOLOM 14/13						
		GROUP 1	GROUP 2	GROUP 3	GROUP 4		
		Girls	Girls	Girls	Girls		
			0.110	<b>5</b> 11 15	0.11.13		
		Exercising safely &	Performing at maxlevels	Accurate replication	Accurate replication		
	Tues 1	effectively (outside)	(Field Athletics)	(Gymnastics)	(Trampolining)		
Week		(Ct)	(DWD)	(LHN)	(Bf)		
1		Problem solving	Accurate replication	Exercising safely &	Outwitting an opponent		
_	Wed 4	(OAA)	(Trampolining)	effectively (inside)	(Netball)		
		(DWD)	(Ct)	(LHN))	(Bf)		
		Exercising safely &	Performing at maxlevels	Accurate replication	Accurate replication		
	Tues 2	effectively (outside)	(Field Athletics)	(Gymnastics)	(Trampolining)		
Week		(Ct)	(DWD)	(LHN)	(Bf)		
2		Problem solving	Accurate replication	Exercising safely &	Outwitting an opponent		
	Thurs 2	(OAA)	(Trampolining)	effectively (inside)	(Netball)		
		(DWD)	(Ct)	(Su)	(Bf)		
	T		TOBER 1 TERM HOLIC				
	- 4	Outwitting an opponent	Exercising safely &	Outwitting an opponent	Problem solving		
Mode	Tues 1	(Netball)	effectively (outside)	(Netball)	(OAA)		
Week		(Ct)	(DWD)	(LHN)	(Bf)		
1	14/0-1-4	Exercising safely &	Outwitting an opponent	Accurate replication	Outwitting an opponent		
	Wed 4	effectively (inside)	(Netball)	(Trampolining)	(Field)		
		(Ct)	(LHN)	(Bf)	(DWD)		
	Tues 2	Outwitting an opponent (Netball)	Exercising safely & effectively (outside)	Outwitting an opponent (Netball)	Problem solving (OAA)		
Week	Tues 2	(Nerbail)	(DWD)	(Nerball) (LHN)	(Bf)		
2		Exercising safely &	Outwitting an opponent	Accurate replication	Outwitting an opponent		
	Thurs 2	effectively (inside)	(Netball)	(Trampolining)	(Field)		
	Thuis E	(Ct)	(Su)	(Framponing)	(DWD)		
		(0.7	CHRISTMAS HOLIDAY		(0 0)		
		Outwitting an opponent	Accurate replication	Problem solving	Outwitting an opponent		
	Tues 1	(Field)	(Gymnastics)	(OAA)	(Hockey)		
Week		(Ct) ´	(LHN)	(DWD)	`(Bf)		
1		Accurate replication	Problem solving	Outwitting an opponent	Accurate replication		
_	Wed 4	(Trampolining)	(OAA)	(Hockey)	(Gymnastics)		
		(Ct)	(DWD)	(LHN)	(Bf)		
		Outwitting an opponent	Accurate replication	Problem solving	Outwitting an opponent		
	Tues 2	(Field)	(Gymnastics)	(OAA)	(Hockey)		
Week		(Ct)	(LHN)	(DWD)	(Bf)		
2		Accurate replication	Problem solving	Outwitting an opponent	Accurate replication		
	Thurs 2	(Trampolining)	(OAA)	(Hockey)	(Gymnastics)		
		(Ct)	(DWD)	(Su)	(Bf)		
			BRUARY 1 TERM HOLI				
	- 4	Accurate replication	Outwitting an opponent	Outwitting an opponent	Outwitting an opponent		
Week	Tues 1	(Gymnastics)	(Hockey)	(Field)	(Court)		
Week		(C†)	(DWD)	(LHN)	(Bf)		
1	\A/a-1 A	Outwitting an opponent	Outwitting an opponent	Outwitting an opponent	Exercising safely &		
	Wed 4	(Hockey) (Ct)	(Field) (DWD)	(Court) (LHN)	effectively (outside) (Bf)		
		Accurate replication	Outwitting an opponent	Outwitting an opponent	Outwitting an opponent		
	Tues 2	(Gymnastics)	(Hockey)	(Field)	(Court)		
Week	Tues 2	(Ct)	(DWD)	(LHN)	(Bf)		
2		Outwitting an opponent	Outwitting an opponent	Outwitting an opponent	Exercising safely &		
_	Thurs 2	(Hockey)	(Field)	(Court)	effectively (outside)		
	Thuis E	(riockey) (Ct)	(DWD)	(Su)	(Bf)		
		(51)	(5.70)	(54)	(51)		

GROUP 1	GROUP 2	GROUP 3	GROUP 4		
Girls	Girls	Girls	Girls		

### EASTER HOLIDAY

		Outwitting an opponent	Outwitting an opponent	Performing at maxlevels	Exercising safely &
	Tues 1	(Rounders)	(Court)	(Track Athletics)	effectively (inside)
Week		(C†)	(DWD)	(LHN)	(Bf)
1		Performing at maxlevels	Exercising safely &	Performing at maxlevels	Outwitting an opponent
_	Wed 4	(Athletics)	effectively (inside)	(Field Athletics)	(Rounders)
		(C†)	(LHN)	(DWD)	(Bf)
		Outwitting an opponent	Outwitting an opponent	Performing at maxlevels	Exercising safely &
	Tues 2	(Rounders)	(Court)	(Track Athletics)	effectively (inside)
Week		( <i>C</i> †)	(DWD)	(LHN)	(Bf)
2	Thurs	Performing at maxlevels	Exercising safely &	Performing at maxlevels	Outwitting an opponent
		(Athletics)	effectively (inside)	(Field Athletics)	(Rounders)
	2	(C†)	(Su)	(DWD)	(Bf)

### MAY 1 TERM HOLIDAY

		Outwitting an opponent	Performing at maxlevels	Outwitting an opponent	Performing at maxlevels
	Tues 1	(Court)	(Track Athletics)	(Rounders)	(Track Athletics)
Week		(Ct)	(DWD)	(LHN)	(Bf)
1		Outwitting an opponent	Outwitting an opponent	Exercising safely &	Performing at maxlevels
_	Wed 4	(Tennis)	(Rounders)	effectively (outside)	(Field Athletics)
		(Ct)	(LHN)	(DWD)	(Bf)
		Outwitting an opponent	Performing at maxlevels	Outwitting an opponent	Performing at maxlevels
	Tues 2	(Court)	/T.a la Aulal - u: - a\	(D d )	/T.a.ala AAlalaA:aa\
	I ues L	(Court)	(Track Athletics)	(Rounders)	(Track Athletics)
Week	Tues L	(Court) (Ct)	(DWD)	(Rounders) (LHN)	(Bf)
Week 2		•	,	, ,	1
-	Thurs	`(C†) ´	(DWD)	(LHN)	(Bf)

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